


September 2017 Assisted Living

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>Maritza Aguirre Life Enrichment Director @ the Ridge 800 Lantern Crest Way Santee, CA 92071 619-647-6392 Maritza.aguirre@lanterncrests.com</p> <p>Location Keys Art Room AR Art/Crafts AC BUS BUS Bistro BISR Card Room CR Lantern Crest Hall LCH Library L Lounge 1 L1 Lounge 2 L2 Montecito Dining Room MDR Ridge Courtyard RC Ridge Lobby RL Ridge Theatre RT Theater T</p>						
<p>Happy Birthday Archie Grecian 9-7 Willa Ramsay 9-21 Ace Cobb 9-23 Rosie Borregard 9-23 Jack Gottwig 9-24</p>	<p>Observe good faith and justice toward all nations. Cultivate peace and harmony with all. - George Washington</p>		<p>9:30 Walking Club [RL] 1 10:30 Shopping at TARGET [BUS] 1 11:00 Pick A Book And Meet @ The Courtyard 1:30 History Class w/Jeanette [L1] 2:30 Take a break and re-energize [L1] 3:00 Spades [CR] 4:30 No Sew Fleece Blanket Making [L2] 6:00 Friday Night Wii Sports [RL]</p>	<p>9:30 Team Volleyball [L1] 2 10:30 On this day in History Around the World and Fun Facts [L1] 2 11:00 "You decide the Verdict" [L1] 1:30 Sing Along with Myron [RT] 2:30 Let's Be Creative with Stamps from around the world. [AR] 3:30 Organize our Craft Area [AR] 4:00 Clean Our Art Room [L1] 6:00 Walking Club [L1]</p>		
<p>8:00 Guardian Angels Catholic Church [BUS] 3 8:45 Sunrise Church [BUS] 9:30 Exercise Class [L1] 10:00 Communion @ The Theater [RT] 10:30 Coffee Time & Love on a Leash [L1] 11:00 Library Social [L] 1:00 Wii Bowling [L1] 2:00 LCR Dice Games [AR] 3:00 Ice Cream Social @ Courtyard 3:30 Movie & Popcorn</p>	<p>9:30 Walking Club [RL] 4 10:00 Exercise Therapy w/Angie [L1] 4 10:30 Hydrate [L1] 11:00 Around The World Wheel of Fortune [L1] 1:30 The Pizarro Brothers @ The Pointe 2:00 Organize Art Room 3:00 Baking Goodies @ Lantern Crest Kitchen 6:00 Wii Bowling [L1]</p>	<p>9:30 Walking Club [RL] 5 10:00 Chair Yoga w/Robert [L1] 5 10:45 20 Questions ????? [L1] 1:30 Technology Class/Bring your devices [L] 2:30 Bocce Ball [L1] 4:30 Happy Hour w/"Broken Strings" [MDR] 6:00 Wii Sports [L1] 6:00 Walking Club</p>	<p>Santana Buddies 6 RESIDENT COUNCIL MEETING 6 9:30 Exercise with Brooke [L1] 11:00 Let's Travel Around the World [L1] 1:30 Bible Study w/Roger [L2] 3:00 Resident Council Meeting [T] 4:00 BINGO for Gift Cards [L1] 6:00 Walking Club [RL] 6:00 Wii Bowling</p>	<p>Santana Buddies 7 9:30 Walking Club [RL] 7 10:00 Get Ready for Lunch Outing [L1] 10:30 Lunch Outing: Okowa's * Sign up Please * [BUS] 1:30 Start our Fall Crafts [AR] 2:30 Organize Our Art Room [L1] 3:30 Black Jack [CR] 3:30 Wii Bowling [L1] 6:00 Crocheting/Knitting w/Jane [RL]</p>	<p>9:30 Walking Club [RL] 8 10:30 Shopping at WalMart/ Parkway Plaza-**Please sign up** [BUS] 8 11:00 Pick A Book And Meet @ The Courtyard 2:00 Bocce Ball [L1] 3:30 New Game-"Heads Up" 4:30 No Sew Fleece Blanket Making 6:00 Friday Night Wii Sports [RL]</p>	<p>9:30 Team Volleyball [L1] 9 10:00 Shadow Mountain [T] 9 11:00 You Be The Jury [L1] 1:30 Journey around the world with Art [AR] 2:30 Clean Our Art Room [AR] 3:30 You Pick Card Game [CR] 4:00 Wii Bowling 6:00 Walking Club [L1]</p>
<p>8:00 Guardian Angels Catholic Church [BUS] 10 8:45 Sunrise Church [BUS] 9:30 Exercise Class [L1] 10:00 Communion @ The Theater [RT] 10:30 Coffee Time & Love on a Leash [L1] 11:00 Library Social [L] 1:00 Wii Bowling [L1] 2:00 LCR Dice Games [AR] 3:00 Ice Cream Social @ Courtyard 3:30 Movie & Popcorn</p>	<p>9:30 Walking Club [RL] 11 10:00 Exercise Therapy w/Angie [L1] 11 10:30 Hydrate [L1] 11:00 Around The World Wheel of Fortune [L1] 1:00 Art Projects Of All Nations 2:00 Organizing Art Room 3:00 Baking Goodies @ Lantern Crest Kitchen 6:00 Wii Bowling [L1]</p>	<p>9:30 Walking Club [RL] 12 10:00 Chair Yoga w/Robert [L1] 12 10:45 You Decide the Verdict [L1] 1:30 Family Feud [L1] 2:30 Bocce Ball [L1] 4:30 Happy Hour w/Music Station [MDR] 6:00 Wii Sports [L1] 6:00 Walking Club</p>	<p>SANTANA BUDDIES 13 9:30 Exercise with Brooke [L1] 13 10:30 Crime and Puzzlement [L1] 1:30 Bible Study w/Roger [L2] 2:30 Make Your Own Sundae [L2] 3:00 Music with Trisha [RT] 4:00 BINGO for Gift Cards [L1] 6:00 Walking Club 6:00 Wii Sports [L1]</p>	<p>SANTANA BUDDIES 14 9:30 Walking Club [RL] 14 10:30 Get Ready for Lunch Outing-"Janet's", **Please sign up** [RL] 1:30 Let's Light the World with Stamps [AR] 2:30 Organize Our Art Supplies [AC] 3:30 Spades [CR] 3:30 Wii Bowling [L1] 6:00 Crocheting/Knitting w/Jane [RL]</p>	<p>9:30 Walking Club [RL] 15 10:30 Let's Take A Tour of Our City [BUS] 15 11:00 Pick a Book and meet at the Bistro [BISR] 1:30 Bocce Ball [L1] 2:30 Relax and Refreshments [L1] 3:00 7 Card No Peak Poker [CR] 4:00 1:1 visit's with new residents 4:30 No Sew Fleece Blanket Making [RL] 6:00 Friday Night Wii Sports [RL]</p>	<p>9:30 Team Volleyball [L1] 16 10:00 Sing along with Myron 11:00 Dominos [L1] 1:30 Bookmark Stamp Collage [AR] 2:30 Clean Our Art Room [AR] 3:30 Bunco [L1] 4:30 Wii Bowling 6:00 Walking Club [L1]</p>
<p>8:00 Guardian Angels Catholic Church [BUS] 17 8:45 Sunrise Church [BUS] 9:30 Exercise Class [L1] 10:00 Communion @ The Theater [RT] 10:30 Coffee Time & Love on a Leash [L1] 11:00 Library Social [L] 1:00 Wii Bowling [L1] 2:00 LCR Dice Games [AR] 3:00 Ice Cream Social @ Courtyard</p>	<p>9:30 Walking Club [RL] 18 10:00 Exercise Therapy w/Angie [L1] 18 10:30 Hydrate [L1] 11:00 Around The World Wheel of Fortune [L1] 1:00 Art Projects Of All Nations 2:00 Organizing Art Room 3:00 Baking Goodies @ Lantern Crest Kitchen 6:00 Wii Bowling [L1]</p>	<p>9:30 Walking Club [RL] 19 10:00 Chair Yoga w/Robert [L1] 19 10:45 20 Questions???? [L1] 1:30 Bring Your Devices/Technology Class [L] 2:30 Bocce Ball [L1] 4:30 Happy Hour w/Peter Seltser [MDR] 6:00 Walking Club 6:00 Wii Sports [L1]</p>	<p>SANTANA BUDDIES 20 9:30 Exercise with Brooke [L1] 20 10:30 You Be The Jury [L1] 10:30 Dear Abby/Horoscopes [L1] 1:30 Bible Study w/Roger [L2] 2:30 Let's have some fun in our Art Room [AR] 4:00 BINGO for Gift Cards [L1] 6:00 Wii Bowling [L1] 6:00 Walking Club</p>	<p>SANTANA BUDDIES 21 9:30 Walking Club [RL] 21 10:00 Get Ready for Lunch Outing [L1] 10:30 Lunch Outing: Picnic at Lake Murray [BUS] 2:00 Finish up our crafts [AC] 3:00 Clean Our Art Room [AC] 3:30 Five Card Poker [CR] 3:30 Wii Bowling [L1] 6:00 Crocheting/Knitting w/Jane [RL]</p>	<p>ALL STAFF MEETING 22 9:30 Walking Club [RL] 22 10:30 Shopping at Target [RL] 11:00 Pick a book and meet in the Courtyard [RC] 2:00 All Staff Meeting [LCH] 3:00 Bocce Ball [L1] 4:00 1:1 Visit with new Residents 4:30 No Sew Fleece Blanket Making [RL] 6:00 Friday Night Wii Sports [RL]</p>	<p>9:30 Team Volleyball [L1] 23 10:00 Crime and Puzzlement [L1] 23 11:00 This Day in History and Fun Facts 1:30 Craft Time [AR] 2:30 Lets organize our Art Room [AR] 3:30 Lets Clean Our Art Room [AR] 4:00 1:1 Visit New Residents [L2] 6:00 Walking Club [L1]</p>
<p>8:00 Guardian Angels Catholic Church [BUS] 24 8:45 Sunrise Church [BUS] 9:30 Exercise Class [L1] 10:00 Communion @ The Theater [RT] 10:30 Coffee Time & Love on a Leash [L1] 11:00 Library Social [L] 1:00 Faith Chapel Band [L1] 2:00 LCR Dice Games [AR] 3:00 Ice Cream Social @ Courtyard 3:30 Movie & Popcorn</p>	<p>9:30 Walking Club [RL] 25 10:00 Exercise Therapy w/Angie [L1] 25 10:30 Hydrate [L1] 11:00 Around The World Wheel of Fortune [L1] 1:00 Art Projects Of All Nations 2:00 Organizing Art Room 3:00 baking Goodies @ Lantern Crest Kitchen 6:00 Wii Bowling [L1]</p>	<p>9:30 Walking Club [RL] 26 10:00 Chair Yoga w/Robert [L1] 26 11:00 Wheel of Fortune [L1] 1:30 Technology Class [L] 2:30 Bocce Ball [L1] 4:30 Happy Hour w/Sylvia and Salvador [MDR] 6:00 Wii Sports [L1] 6:00 Walking Club</p>	<p>SANTANA BUDDIES 27 9:30 Exercise with Brooke [L1] 27 10:30 Heads Up [L1] 1:30 Bible Study w/Roger [L2] 3:00 Music with Trisha [RT] 4:00 BINGO for Gift Cards [L1] 6:00 Walking Club [RL] 6:00 Wii Bowling</p>	<p>SANTANA BUDDIES 28 9:30 Walking Club [RL] 28 10:00 Get Ready for Lunch Outing [L1] 10:30 Lunch Outing: Mimi's Café **Please sign up** [BUS] 1:30 Making Memories in Our Art Room [AR] 2:30 Clean Our Art Room [L1] 3:30 Wii Bowling 3:30 Blackjack [CR] 6:00 Crocheting/Knitting w/Jane [RL]</p>	<p>9:30 Walking Club [RL] 29 10:30 Shopping at Walmart [RL] 29 11:00 Pick a book and meet in the Courtyard 1:30 Bocce Ball [L1] 2:30 Relax and Refresh [L1] 2:45 Black Jack [CR] 2:45 Wii Bowling [L1] 4:00 1:1 Visit's with Resident's 6:00 Friday Night Wii Sports [RL]</p>	<p>9:30 Team Volleyball [L1] 30 10:00 Hollywood Squares [L1] 30 11:00 You Be the Jury [L1] 1:30 Fall Crafts [AR] 2:30 Lets Clean Our Art Room [AR] 3:00 Bunco [L1] 4:00 Wii Sports 6:00 Walking Club [L1]</p>