

May 2018

Lantern Crest Senior Living Horizons

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|--|--|---|---|---|--|
| <p>A MOTHER IS SHE WHO CAN TAKE THE PLACE OF ALL OTHERS BUT WHOSE PLACE NO ONE CAN TAKE.</p> | <p>Maritza Aguirre Life Enrichment Director @ The Ridge 800 Lantern Crest Way Santee, Ca 92071 Cell: (619) 569-5547 Maritza.aguirre@lanterncrestsantee.com</p> | <p>Happy May Day! 9:30 Daily Bread 10:00 Music Therapy w/ Instruments 10:30 Watering Garden Courtyard 1:00 Arts & Crafts w/ Flowers 1:30 Organizing Art Room 2:00 Walk The Halls 2:30 Library Social 3:00 Tunes & Ice Cream 6:00 Gentle Stretches</p> | <p>Santana Buddies 9:30 Chicken Soup from the Soul 10:00 Courtyard Exercises w/ Noodles 10:30 Hydration Station & Snacks 11:00 Lunch Outing Mariet's Mexican Restaurant 1:30 Baking Cookies & New Road Trip Games 2:00 Memories in the Making w/ Diane 3:00 Pretty Nail Care 3:30 Organizing Art Supplies 6:00 Mind Body & Soul Meditation</p> | <p>National Garden Meditation Day! Santana Buddies Chef Mario's Action Station 11am-1pm 9:30 Head To Toe Work Out 10:00 Bistro Social & Horoscopes 10:30 Bird Watching 1:00 Planting New Flowers Around Our Courtyard/ Ice Cream Bars 2:30 Maximum Fitness 3:00 Ladder Toss Games 4:00 Happy Hour w/ Broken Strings Band 6:00 Full Body Relaxation</p> | <p>National Bird Day! 9:30 News & Views 10:00 Lets Get Fit W/Zumba Class 10:30 Music Trivia & Recognizing Actors 1:00 Painting Wooden Bird Houses 2:00 Good Magazines Coffee & Manicures 2:30 4 Way Shut The Box Dice Games 3:00 Bingo Bonanza "Jackpot Prices" 6:00 Move to Music</p> | <p>Happy Cinco De Mayo 9:30 Cinco De Mayo History 10:00 Sittercise To Music 1:30 Sing-A-Long w/ Myron 2:00 "Cinco De May Celebration" Rhinestone Grannies 2:30 Watering Garden & Root Beer Floats 3:30 1:1 Room Visits 6:00 Range Of Motion</p> |
| <p>9:30 Exercise w/ Spiritual Music @ Theater 10:00 Communion At Theater 10:30 Coffee Time & Love on a Leash 11:00 1:1 Room Visits 1:00 Ice Cream Bar Social & Watering Garden 1:30 Racing Houses Family Games 2:30 Movie & Popcorn @ Sunroom 3:00 Coupon Clipping 6:00 Miscellaneous with Ellie</p> | <p>Santana Buddies 9:30 Horoscopes & Dear Abby 10:00 Bowling Games 10:30 Bistro Social & Looking For Airplanes 1:00 Courtyard Social & Family Talk Games 2:00 Chair Yoga & Relaxing 3:00 Bingo Extravaganza & Prizes 6:00 Aromatherapy</p> | <p>National No Socks Day! 9:30 Daily Bread 10:00 Music Therapy w/ Instruments 10:30 Watering Garden Courtyard 1:00 Arts & Crafts w/ Flowers 1:30 Organizing Art Room 2:00 Walk The Halls 2:30 Library Social 3:00 Tunes & Ice Cream 6:00 Gentle Stretches</p> | <p>Santana Buddies 9:30 Chicken Soup from the Soul 10:00 Courtyard Exercise w/ Noodles 10:30 Hydration Station & Snacks 11:00 Lunch Outing Mediterraneo "Alpine" 1:30 Baking Cookies & Road Trip Games 2:00 Memories in the Making w/ Diane 3:00 Pretty Nail Care 3:30 Organizing Art Supplies 6:00 Mind Body & Soul Meditation</p> | <p>Santana Buddies Chef Mario's Action Station 11am-1pm 9:30 Bible Study & Hymns w/ Pastor Bob 10:30 Bistro Social & Horoscopes 10:45 Lets Smell The Flowers 1:00 Modern Christian Music w/ Steve & Diane 2:00 Playing The Organ w/ Residents 2:30 Maximum Fitness 4:00 Happy Hour w/ Neal's Band 6:00 Full Body Relaxation</p> | <p>Eat What You Want Day! 9:30 News & Views 10:00 Lets Get Fit W/Zumba Class 10:30 Music Trivia & Recognizing Actors 1:00 Painting Wooden Bird Houses 2:00 Good Magazines Coffee & Manicures 2:30 4 Way Shut The Box Dices Games 3:00 Bingo Bonanza "Jackpot Prices" 6:00 Move to Music</p> | <p>9:30 News Paper Chat 10:00 Shadow Mountain Church 1:00 Banana Splits 1:30 Balloon Exercise 2:00 Getting Ready For Scenic Drive 2:00 Table Games w/ Care Staff 2:30 Mystery Bus Ride 3:30 1:1 Room Visits 6:00 Range Of Motion</p> |
| <p>Happy Mother's Day 9:30 Exercise w/ Spiritual Music @ Theater 10:00 Communion At Theater 10:30 Coffee Time & Love on a Leash 1:30 Mother's Day Tea For 2 2:30 Cleaning After Tea Party 3:00 Coupon Clipping 6:00 Miscellaneous with Ellie</p> | <p>Santana Buddies 9:30 Horoscopes & Dear Abby 10:00 Bowling Games 10:30 Bistro Social & Looking For Airplanes 1:00 Courtyard Social & Family Talk Games 2:00 Chair Yoga & Relaxing 3:00 Bingo Extravaganza & Prizes 6:00 Aromatherapy</p> | <p>National Chocolate Chip Day! 9:30 Daily Bread 10:00 Music Therapy w/ Instruments 10:30 Watering Garden Courtyard 1:00 Arts & Crafts w/ Flowers 1:30 Organizing Art Room 2:00 Walk The Halls 2:30 Library Social 3:00 Tunes & Ice Cream w/ Chocolate Chips 6:00 Gentle Stretches</p> | <p>Santana Buddies 9:30 Chicken Soup from the Soul 10:00 Courtyard Exercises w/ Noodles 10:30 Hydration Station & Snacks 11:00 Lunch Outing Habit 1:30 Baking Cookies & Road Trip Games 2:00 Memories in the Making w/ Diane 3:00 Pretty Nail Care 3:30 Organizing Art Supplies 6:00 Mind Body & Soul Meditation</p> | <p>Chef Mario's Action Station 11am-1pm Santana Buddies 9:30 Bible Study & Hymns w/ Pastor Bob 10:30 Bistro Social & Horoscopes 10:45 Looking At The Garden 1:00 Ice Cream Bar Social 1:30 Ladder Toss Games 2:30 Maximum Fitness 4:00 Happy Hour w/Cowboy Jack 6:00 Full Body Relaxation</p> | <p>9:30 News & Views 10:00 Lets Get Fit W/Zumba Class 10:30 Music Trivia & Recognizing Actors 1:00 Painting Wooden Bird Houses 2:00 Good Magazines Coffee & Manicures 2:30 4 Way Shut The Box Games 3:00 Bingo Bonanza "Jackpot Prices" 6:00 Move to Music</p> | <p>9:30 News Paper Chat 10:00 Sing-A-Long w/ Myron 1:00 Banana Splits 1:30 Balloon Exercise 2:00 Getting Ready For Scenic Drive 2:00 Table Games w/ Care Staff 2:30 Mystery Bus Ride 3:30 1:1 Room Visits 6:00 Range Of Motion</p> |
| <p>9:30 Exercise w/ Spiritual Music @ Theater 10:00 Communion At Theater 10:30 Coffee Time & Love on a Leash 1:00 Ice Cream Bar Social & Watering Garden 2:30 Movie & Popcorn @ Sunroom 3:00 Coupon Clipping 6:00 Miscellaneous with Ellie</p> | <p>Santana Buddies 9:30 Horoscopes & Dear Abby 10:00 Bowling Games 10:30 Bistro Social & Looking For Airplanes 1:00 Courtyard Social & Family Talk Games 2:00 Chair Yoga & Relaxing 3:00 Bingo Extravaganza & Prizes 6:00 Aromatherapy</p> | <p>9:30 Daily Bread 10:00 Music Therapy w/ Instruments 10:30 Watering Garden Courtyard 1:00 Arts & Crafts w/ Flowers 1:30 Organizing Art Room 2:00 Walk The Halls 2:30 Library Social 3:00 Tunes & Ice Cream 6:00 Gentle Stretches</p> | <p>Santana Buddies 9:30 Chicken Soup from the Soul 10:00 Courtyard Exercise w/ Noodles 10:30 Hydration Station & Snacks 11:00 Lunch Outing Janet's Montana Café "Alpine" 1:30 Baking Cookies & Road Trip Games 2:00 Memories in the Making w/ Diane 3:00 Pretty Nail Care 3:30 Organizing Art Supplies 6:00 Mind Body & Soul Meditation</p> | <p>Santana Buddies Chefs Mario's Action Station 11am-1pm 9:30 Head To Toe Work Out 10:00 Bistro Social & Horoscopes 10:30 Bird Watching 1:00 Modern Christian Music w/ Steve & Diane 2:00 Ice Cream Bar Social 2:30 Maximum Fitness 4:00 Happy Hour w/ Celia Lawley 6:00 Full Body Relaxation</p> | <p>9:30 News & Views 10:00 Lets Get Fit W/Zumba Class 10:30 Music Trivia & Recognizing Actors 1:00 Painting Wooden Bird Houses 2:00 Good Magazines Coffee & Manicures 2:30 4 Way Shut The Box Game 3:00 Bingo Bonanza "Jackpot Prices" 6:00 Move to Music</p> | <p>9:30 News Paper Chat 10:00 Sittercise To Music 10:30 Garden Social 1:00 Banana Splits 1:30 Balloon Exercise 2:00 Getting Ready For The Scenic Drive 2:00 Table Games w/ Care Staff 2:30 Mystery Bus Ride 6:00 Range Of Motion</p> |
| <p>9:30 Exercise w/ Spiritual Music @ Theater 10:00 Communion At Theater 10:30 Coffee Time & Love on a Leash 1:00 Ice Cream Bar Social & Watering Garden 2:30 Movie & Popcorn @ Sunroom 3:00 Coupon Clipping 6:00 Miscellaneous with Ellie</p> | <p>Santana Buddies 9:30 Horoscopes & Dear Abby 10:00 Bowling Games 10:30 Bistro Social & Looking For Airplanes 1:00 Courtyard Social & Family Talk Games 2:00 Chair Yoga & Relaxing 3:00 Bingo Extravaganza & Prizes 6:00 Aromatherapy</p> | <p>9:30 Daily Bread 10:00 Music Therapy w/ Instruments 10:30 Watering Garden Courtyard 1:00 Arts & Crafts w/ Flowers 1:30 Organizing Art Room 2:00 Walk The Halls 2:30 Library Social 3:00 Tunes & Ice Cream 6:00 Gentle Stretches</p> | <p>Santana Buddies 9:30 Chicken Soup from the Soul 10:00 Courtyard Exercises w/ Noodles 10:30 Hydration Station & Snacks 11:00 Lunch Outing @ Breakfast House 1:30 Baking Cookies & Road Trip Games 2:00 Memories in the Making w/ Diane 3:00 Pretty Nail Care 3:30 Organizing Art Supplies 6:00 Mind Body & Soul Meditation</p> | <p>Santana Buddies 9:30 Bible Study & Hymns w/ Pastor Bob 10:30 Bistro Social & Horoscopes 10:45 Bird Watching 1:00 Ice Cream Bar Social 1:30 Ladder Toss Games 2:30 Maximum Fitness 4:00 Happy Hour w/Sylvia & Salvador 6:00 Full Body Relaxation</p> | <p>Happy Birthday Charles Goldsmith 05/25 Joy Lozano 05/26 Dorothy Guthrie 05/26 Marcie Bertholet 05/30</p>  | |