June 2018 Lantern Crest Senior	· Living Horizons					created sign of the with
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Lantern Crest SENIOR LIVING	Maritza Aguirre Life Enrichment Director @ The Ridge 800 Lantern Crest Way Santee, Ca 92071 Cell: (619) 569-5547  Maritza.aguirre@lanterncrestsantee.com	HAPPY FATHER"S DAY "A DAD is someone who wants to catch you fall but instead picks you up, brushes youoff, and let you try again."	Happy Birthday Betty Stalcup 6/13 Martha Coxe 6/14	"The things we truly love stay with us always, locked in our hearts as long as life remains." — Josephine Baker	National Donuts Day 9:30 News & Views and Donut Social 10:00 Lets Get Fit W/Zumba Class 10:30 Music Trivia & Recognizing	9:30 On This Day In History  10:00 Sittercise To Music  10:30 Watering Flowers  1:30 Sing -A-Long w/ Myron  2:00 Mexican Train  2:30 Mystery Bus Rride  3:30 1:1 Room Visits  6:00 Range Of Motion
9:30 Exercise w/ Spiritual Music @ Theater  10:00 Communion Al Theater  10:30 Coffee Time & Love on a Leash  1:00 Ice Cream Bar Social & Watering Garden  1:30 Courtyard Basketball  2:30 Movie & Popcorn @ Sunroom  3:30 1:1 Visits  6:00 Miscellaneous with Ellie	9:30 Chicken Soup From The Soul  10:00 Bowling Games  10:30 Watering Garden & Beach Ball  1:00 Courtyard Social & Family Talk Games  1:30 Courtyard Basketball  2:00 Chair Yoga & Relaxing  3:00 Bingo Extravaganza & Prizes  6:00 Aromatherapy	Stretch To Music  10:45 Bird Watching & Hydration	9:30 On This Day In History 10:00 Courtyard Exercise w/ Noodles 10:30 Hydration Station & Snacks 11:00 Lunch Outing Casa De Pico 2:00 Memories in the Making w/ Diane 3:00 Pretty Nail Care 3:30 Organizing Art Room 6:00 Mind Body & Soul Meditation	9:30 Bible Study & Hymns w/ Pastor Bob  10:30 Bistro Social & Horoscopes  10:45 Lemonade and Bird Watching 1:00 Baking Sweets w/ Maritza 1:30 Ice Cream Bar Social 2:30 Maximum Fitness with Sheri 4:00 Happy Hour w/ Broken Strings 6:00 Full Body Relaxation	9:30 News & Views 10:00 Volleyball with Tracy & Jessica In AL 10:30 Music Trivia & Recognizing Actors 1:00 Friendship Bracelets w/ Jessica 2:00 Good Magazines Coffee & Manicures 3:00 Bingo Bonanza "Jackpot Prizes" 6:00 Move to Music	9:30 On This Day In History  10:00 Shadow Mountain Church  1:30 Sittercise To Music  2:00 Mexican Train  2:30 Mystery Bus Rride  3:30 1:1 Room Visits  6:00 Range Of Motion
9:30 Exercise w/ Spiritual Music @ Theater  10:00 Communion Al Theater  10:30 Coffee Time & Love on a Leash  1:00 Ice Cream Bar Social & Watering Garden  1:30 Courtyard Basketball  2:30 Movie & Popcorn @ Sunroom  3:30 1:1 Visits  6:00 Miscellaneous with Ellie	9:30 Chicken Soup From The Soul  10:00 Bowling Games  10:30 Watering Garden & Beach Ball  1:00 Courtyard Social & Family Talk Games  1:30 Father's Day Special w/ Blue Zone  2:30 Chair Yoga & Relaxing  3:30 Bingo Extravaganza & Prizes  6:00 Aromatherapy	National Peanut Butter Bay 9:30 Daily Bread 10:00 Twist Giggle & Stretch To Music 10:45 Bird Watching & Hydration Station 1:00 Arts & Crafts Under The Sea 1:30 Organizing Art Room & Peanut Butter and Jelly Sandwichs 2:30 Library Social 3:30 1:1 Visits 6:00 Gentle Stretches	9:30 On This Day In History 10:00 Courtyard Exercises w/ Noodles 10:30 Hydration Station & Snacks 11:00 Lunch Outing Boll Weevil's 2:00 Memories in the Making w/ Diane 3:00 Pretty Nail Care 3:30 Organizing Art Room 6:00 Mind Body & Soul Meditation	9:30 Bible Study & Hymns w/ Pastor Bob  10:30 Bistro Social & Horoscopes  10:45 Lemonade and Bird Watching  1:00 Baking Sweets w/ Maritza  1:30 Ice Cream Bar Social  4:00 Happy Hour w/Paul Nichols  6:00 Full Body Relaxation	National Photography Day 9:30 News & Views 10:00 Lets Get Fit W/Zumba Class 10:30 Music Trivia & Recognizing Actors 1:00 Photo Booth 1:30 Midway- City at Sea w/ Tom Dean 2:00 Good Magazines Coffee & Manicures 3:00 Bingo Bonanza "Jackpot Prizes" 6:00 Move to Music	9:30 On This Day In History  10:00 Sing -A-Long w/ Myron  1:30 Sittercise To Music  2:00 Mexican Train  2:30 Mystery Bus Rride  3:30 1:1 Room Visits  6:00 Range Of Motion
Sylvia & Salvador 11:30am-1:30pm  Happy Fathers Day  9:30 Exercise w/ Spiritual Music @ Theater  10:00 Communion Al Theater  10:30 Coffee Time & Love on a Leash  1:00 Ice Cream Bar Social & Watering Garden  1:30 Courtyard Basketball  2:30 Movie & Popcorn @ Sunroom  3:30 1:1 Visits  6:00 Miscellaneous with Ellie	9:30 Chicken Soup From The Soul 10:00 Bowling Games 10:30 Watering Garden & Beach Ball 1:00 Courtyard Social & Family Talk Games 1:30 Ring Toss Games 2:00 Chair Yoga & Relaxing 3:00 Bingo Extravaganza & Prizes 6:00 Aromatherapy	9:30 Daily Bread 10:00 Twist Giggle & Stretch To Music 10:45 Bird Watching & Hydration Station 1:00 Arts & Crafts Under The Sea 1:30 Organizing Art Room 2:30 Library Social 3:30 1:1 Visits 6:00 Gentle Stretches	9:30 On This Day In History 9:30 On This Day In History 10:00 Courtyard Exercise w/ Noodles 10:30 Hydration Station & Snacks 11:00 Lunch Outing Denny's for "Milkshake Day" 2:00 Memories in the Making w/ Diane 3:00 Pretty Nail Care 3:30 Organizing Art Room 6:00 Mind Body & Soul Meditation	9:30 Bible Study & Hymns w/ Pastor Bob  10:30 Bistro Social & Horoscopes  10:45 Lemonade and Bird Watching 1:00 Baking Sweets w/ Maritza 1:30 Ice Cream Bar Social 4:00 Happy Hour w/ Cowboy Jack 6:00 Full Body Relaxation	9:30 News & Views 10:00 Volleyball w/ Tracy & Jessica In AL 10:30 Music Trivia & Recognizing Actors 1:00 Decorating Wooden Bird Houses 2:00 Good Magazines Coffee & Manicures 3:00 Bingo Bonanza "Jackpot Prizes" 6:00 Move to Music	9:30 On This Day In History  10:00 Sittercise To Music  1:00 Jessica Novel Hour  2:00 Mexican Train  2:30 Mystery Bus Rride  3:30 1:1 Room Visits  6:00 Range Of Motion
9:30 Exercise w/ Spiritual Music @ Theater  10:00 Communion Al Theater  10:30 Coffee Time & Love on a Leash  1:00 Ice Cream Bar Social & Watering Garden  1:30 Courtyard Basketball  2:30 Movie & Popcorn @ Sunroom  3:30 1:1 Visits  6:00 Miscellaneous with Ellie	<ul> <li>10:00 Bowling Games</li> <li>10:30 Watering Garden &amp; Beach Ball</li> <li>1:00 Courtyard Social &amp; Family Talk Games</li> <li>1:30 Ring Toss Games</li> <li>2:00 Chair Yoga &amp; Relaxing</li> <li>3:00 Bingo Extravaganza &amp; Prizes</li> <li>6:00 Aromatherapy</li> </ul>	Stretch To Music 10:45 Bird Watching & Hydration	9:30 On This Day In History 10:00 Courtyard Exercises w/ Noodles 10:30 Hydration Station & Snacks 11:00 Lunch Outing Olive Garden 2:00 Memories in the Making w/ Diane 3:00 Pretty Nail Care 3:30 Organizing Art Room 6:00 Mind Body & Soul Meditation	9:30 Bible Study & Hymns w/ Pastor Bob  10:30 Bistro Social & Horoscopes  10:45 Lemonade and Bird Watching  1:00 Baking Sweets w/ Maritza  1:30 Ice Cream Bar Social  4:00 Happy Hour w/Bob  6:00 Full Body Relaxation	9:30 News & Views 10:00 Lets Get Fit W/Zumba Class 10:30 Music Trivia & Recognizing Actors 1:00 Decorating Wooden Bird Houses 2:00 Good Magazines Coffee & Manicures 3:00 Bingo Bonanza "Jackpot Prizes" 6:00 Move to Music	9:30 On This Day In History 10:00 Sittercise To Music 1:00 Jessica Novel Hour 2:00 Mexican Train 2:30 Mystery Bus Rride 3:30 1:1 Room Visits 6:00 Range Of Motion