

HAPPY BIRTHDAY AMERICA

★ July 2018

Lantern Crest Assisted Living

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
<p>8:00 Guardian Angels Catholic Church [BUS] 1</p> <p>8:45 Sonrise Church [BUS]</p> <p>10:00 Communion @ The Theater [RT]</p> <p>10:15 Exercise Class [L1]</p> <p>10:30 Coffee Time & Love on a Leash [L1]</p> <p>11:00 Come chat with Daniela from Culinary [MDR]</p> <p>1:30 Ukulele Class with Neal [L1]</p> <p>2:30 Ice Cream Social [L1]</p> <p>3:30 Movie and Popcorn [RT]</p>	<p>9:30 Self Led Walking Club [RL] 2</p> <p>10:00 Exercise Therapy w/ Angie [L1]</p> <p>10:30 Hydrate [L1]</p> <p>11:00 Wheel of Fortune [L1]</p> <p>1:00 Feeling Lucky Black Jack [CR]</p> <p>2:00 Bible Club with Dan [L2]</p> <p>3:00 Bingo for Prizes [L1]</p> <p>6:00 Wii Bowling [L1]</p>	<p>9:30 Self Led Walking Club 3</p> <p>10:00 Exercise with Robert [L1]</p> <p>10:30 Refreshments and Horoscopes</p> <p>11:00 Place Your Bets Horseracing</p> <p>1:30 Black Jack Tournament Continues [CR]</p> <p>2:30 Bocce Ball [L1]</p> <p>4:30 Happy Hour w/Blue Zone [MDR]</p> <p>6:00 Relax and Reminisce with Good Friends in the Courtyard [RC]</p>	<p>4th of July Barbecue 11:00 to 2:00 4</p> <p>Happy 4th of July</p> <p>9:30 Self Led Walking Club</p> <p>10:00 Maximum Fitness with Sheri [L1]</p> <p>11:00 4th of July Barbecue</p> <p>2:00 Artists at Work [AC]</p> <p>3:00 Puzzles and Fleece Blanket Making</p> <p>4:30 Art Room Cleanup</p> <p>6:00 Relax and Reminisce with Good Friends in the Courtyard [RT]</p>	<p>9:30 Self Led Walking Club [RL] 5</p> <p>10:30 Lunch Outing: Cheesecake Factory [BUS]</p> <p>11:30 Puzzles in the Art Room [AC]</p> <p>12:30 Lunch Visits with Pastor Bob</p> <p>2:00 Bible Study with Pastor Bob [L2]</p> <p>2:30 Take a break and Get Crafty [AC]</p> <p>3:00 Refreshments and Good Friends [AC]</p> <p>4:00 Bingo for Gift Cards [AC]</p> <p>6:00 Relax and Reminisce with Good Friends in the courtyard [RC]</p>	<p>9:30 Walking Club with Tracy [RL] 6</p> <p>10:00 Stretch with Noodles [L1]</p> <p>11:00 Vegetables-Why are they good for us? [L1]</p> <p>1:30 Just for Fun Lets Play UNO [CR]</p> <p>3:00 Bocce Ball [L1]</p> <p>4:30 Resident Visits</p> <p>5:30 Wii Sports [L1]</p> <p>6:00 Friday Night at the Movies: Bridges of Madison County [RT]</p>	<p>9:30 Self Led Walking Club [RL] 7</p> <p>10:00 Shopping and Walking for your Health [RL]</p> <p>11:00 Meet friends in the courtyard with a good book [RC]</p> <p>1:30 Summertime Arts and Crafts [AC]</p> <p>1:30 Sing -A-Long w/ Myron [RT]</p> <p>2:30 Crochet and Knitting</p> <p>3:00 Art Room Social and Refreshments [RL]</p> <p>4:00 Organize Our Art Supplies</p> <p>5:30 Reminisce with Good Friends in the Courtyard [RL]</p> <p>6:00 Wii Sports [RL]</p>		
<p>8:00 Guardian Angels Catholic Church [BUS] 8</p> <p>8:45 Sonrise Church [BUS]</p> <p>10:00 Communion @ The Theater [RT]</p> <p>10:15 Exercise Class [L1]</p> <p>10:30 Coffee Time & Love on a Leash [L1]</p> <p>11:00 Come chat with Daniela from Culinary [MDR]</p> <p>1:30 Ukulele Class with Neal [L1]</p> <p>2:30 Ice Cream Social [L1]</p> <p>3:30 Movie and Popcorn [RT]</p>	<p>9:30 Self Led Walking Club [RL] 9</p> <p>10:00 Exercise Therapy w/ Angie [L1]</p> <p>10:30 Hydrate [L1]</p> <p>11:00 Wheel of Fortune [L1]</p> <p>1:00 Feeling Lucky Black Jack [CR]</p> <p>2:00 Bible Club with Dan [L2]</p> <p>3:00 Bingo for Prizes [L1]</p> <p>6:00 Wii Bowling [L1]</p>	<p>9:30 Self Led Walking Club 10</p> <p>10:00 Exercise with Robert [L1]</p> <p>10:30 Refreshments, fruit and Horoscopes</p> <p>11:00 Place Your Bets Horseracing</p> <p>1:30 Black Jack Tournament Continues [CR]</p> <p>2:30 Bocce Ball [L1]</p> <p>4:30 Happy Hour w/Music Station [MDR]</p> <p>6:00 Relax and Reminisce with Good Friends in the Courtyard [RC]</p>	<p>Resident Council @ 3:00 11</p> <p>9:30 Self Led Walking Club</p> <p>10:00 Maximum Fitness with Sheri [L1]</p> <p>11:00 Which fruits are the most healthy?? [L1]</p> <p>1:30 Let's Get Craftin' [AC]</p> <p>3:00 Resident Council [AC]</p> <p>4:00 Check and water our Garden [RC]</p> <p>6:00 Join your neighbors for a good movie: Urban Cowboy [RT]</p>	<p>9:30 Self Led Walking Club [RL] 12</p> <p>10:30 Lunch Outing: Cafe Coyote in Old Town [BUS]</p> <p>11:30 Puzzles in the Art Room [AC]</p> <p>12:30 Lunch Visits with Pastor Bob</p> <p>1:30 Inspirational Music with Steve and Diane [RT]</p> <p>2:00 Bible Study with Pastor Bob [L2]</p> <p>3:00 Bunco for Prizes [AC]</p> <p>3:00 Refreshments and Good Friends [AC]</p> <p>4:00 Bingo for Gift Cards [AC]</p> <p>6:00 Relax and Reminisce with Good Friends in the courtyard [RC]</p>	<p>9:30 Walking Club with Tracy [RL] 13</p> <p>10:00 Volleyball w/ Tracy & Cyndi in AL [L1]</p> <p>11:00 Refreshments and Cool Down</p> <p>11:30 Check and water our Garden</p> <p>1:00 Seven card no peak poker [CR]</p> <p>2:00 IMAX movie: Flight of the Butterfly [RT]</p> <p>4:30 Resident Visits</p> <p>5:30 Wii Sports [L1]</p> <p>6:00 Friday Night at the Movies: Jack and Jill [RT]</p>	<p>9:30 Self Led Walking Club [RL] 14</p> <p>10:00 Shadow Mountain Shopping and Walking for your Health [RL]</p> <p>11:00 Meet friends in the courtyard with a good book [RC]</p> <p>1:30 Crafty Creations [AC]</p> <p>2:30 Puzzles and Fleece Blanket Making</p> <p>3:00 Art Room Social and Road Trip Game [RL]</p> <p>4:00 Plan our next art project</p> <p>5:30 Reminisce with Good Friends in the Courtyard</p> <p>6:00 Wii Sports [RL]</p>		
<p>8:00 Guardian Angels Catholic Church [BUS] 15</p> <p>8:45 Sonrise Church [BUS]</p> <p>10:00 Communion @ The Theater [RT]</p> <p>10:15 Exercise Class [L1]</p> <p>10:30 Coffee Time & Love on a Leash [L1]</p> <p>11:00 Come chat with Daniela from Culinary [MDR]</p> <p>1:30 Ukulele Class with Neal [L1]</p> <p>2:30 Ice Cream Social [L1]</p> <p>3:30 Movie and Popcorn [RT]</p>	<p>9:30 Self Led Walking Club [RL] 16</p> <p>10:00 Exercise Therapy w/ Angie [L1]</p> <p>10:30 Hydrate [L1]</p> <p>11:00 Wheel of Fortune [L1]</p> <p>1:00 Feeling Lucky Black Jack [CR]</p> <p>2:00 Bible Club with Dan [L2]</p> <p>3:00 Bingo for Prizes [L1]</p> <p>6:00 Wii Bowling [L1]</p>	<p>9:30 Self Led Walking Club 17</p> <p>10:00 Exercise with Robert [L1]</p> <p>10:30 Refreshments and Horoscopes</p> <p>11:00 New Bowling Dice Game</p> <p>1:30 Black Jack Tournament Continues [CR]</p> <p>2:30 Bocce Ball [L1]</p> <p>4:30 Happy Hour w/Cowboy Jack [MDR]</p> <p>6:00 Relax and Reminisce with Good Friends in the Courtyard [RC]</p>	<p>9:30 Self Led Walking Club 18</p> <p>10:00 Maximum Fitness with Sheri [L1]</p> <p>11:00 Refreshments and UNO [L1]</p> <p>1:30 Making Memories In Our Art Room [AC]</p> <p>2:30 Puzzles and Fleece Blanket Making</p> <p>3:00 Art Room Social and Gin Rummy [AC]</p> <p>4:30 Clean Up Our Art Area</p> <p>6:00 Join your neighbors for a good movie: Coco [RT]</p>	<p>Midway Presentation with Tom Dean 19</p> <p>9:30 Self Led Walking Club [RL]</p> <p>10:30 Lunch Outing: Mimi's Cafe [BUS]</p> <p>11:00 Meet your neighbor in the Library with a good book [L]</p> <p>11:30 Puzzles in the Art Room [AC]</p> <p>12:30 Lunch Visits with Pastor Bob</p> <p>2:00 Midway Presentation with Tom Dean [RT]</p> <p>4:00 Bingo for Gift Cards [AC]</p> <p>6:00 Relax and Reminisce with Good Friends in the courtyard [RC]</p>	<p>Staff Meeting @ 2:00 20</p> <p>9:30 Walking Club with Tracy [RL]</p> <p>10:00 Morning Stretch [L1]</p> <p>11:00 Bunco for Prizes</p> <p>1:00 Meet friends in the courtyard with a good book [CR]</p> <p>3:30 BlackJack [CR]</p> <p>4:30 Resident Visits</p> <p>5:30 Wii Sports [L1]</p> <p>6:00 Friday Night at the Movies: The Karate Kid [RT]</p>	<p>9:30 Self Led Walking Club [RL] 21</p> <p>10:00 Sing -A-Long w/ Myron [RT]</p> <p>10:00 Shopping and Walking for your Health [RL]</p> <p>11:00 Meet friends in the courtyard with a good book [RC]</p> <p>1:30 Anything Goes Crafts [AC]</p> <p>2:30 Crocheting/Knitting w/Jane</p> <p>3:00 Art Room Social : Restock our homemade peanut butter [RL]</p> <p>5:30 Reminisce with Good Friends in the Courtyard</p> <p>6:00 Wii Sports [RL]</p>		
<p>8:00 Guardian Angels Catholic Church [BUS] 22</p> <p>8:45 Sonrise Church [BUS]</p> <p>10:00 Communion @ The Theater [RT]</p> <p>10:15 Exercise Class [L1]</p> <p>10:30 Coffee Time & Love on a Leash [L1]</p> <p>11:00 Come chat with Daniela from Culinary [MDR]</p> <p>1:30 Ukulele Class with Neal [L1]</p> <p>2:30 Ice Cream Social [L1]</p> <p>3:30 Movie and Popcorn [RT]</p>	<p>9:30 Self Led Walking Club [RL] 23</p> <p>10:00 Exercise Therapy w/ Angie [L1]</p> <p>10:30 Hydrate [L1]</p> <p>11:00 Wheel of Fortune [L1]</p> <p>1:00 Feeling Lucky Black Jack [CR]</p> <p>2:00 Bible Club with Dan [L2]</p> <p>3:00 Bingo for Prizes [L1]</p> <p>6:00 Wii Bowling [L1]</p>	<p>9:30 Self Led Walking Club 24</p> <p>10:00 Exercise with Robert [L1]</p> <p>10:30 Refreshments, fruit and Horoscopes</p> <p>11:00 Place Your Bets Horseracing</p> <p>1:30 Black Jack Tournament Continues [CR]</p> <p>2:30 Bocce Ball [L1]</p> <p>4:30 Happy Hour w/Broken Strings [MDR]</p> <p>6:00 Relax and Reminisce with Good Friends in the Courtyard [RC]</p>	<p>9:30 Self Led Walking Club 25</p> <p>10:00 Maximum Fitness with Sheri [L1]</p> <p>11:00 Bowling Dice Game [L1]</p> <p>1:30 Let's Get Craftin' [AC]</p> <p>2:30 Puzzles and Fleece Blanket Making</p> <p>3:00 Art Room Social and Refreshments [AC]</p> <p>4:30 Clean Up Our Art Area</p> <p>6:00 Join your neighbors for a good movie: The Horse Whisperer [RT]</p>	<p>9:30 Self Led Walking Club [RL] 26</p> <p>10:30 Lunch Outing: Tom Ham's Lighthouse [BUS]</p> <p>11:30 Puzzles in the Art Room [AC]</p> <p>12:30 Lunch Visits with Pastor Bob</p> <p>1:30 Inspirational Music with Steve and Diane</p> <p>2:00 Bible Study with Pastor Bob [L2]</p> <p>3:00 Refreshments and Good Friends [AC]</p> <p>4:00 Bingo for Gift Cards [AC]</p> <p>6:00 Relax and Reminisce with Good Friends in the courtyard [RC]</p>	<p>9:30 Walking Club with Tracy [RL] 27</p> <p>10:00 Volleyball w/ Tracy & Cyndi in AL [L1]</p> <p>11:00 Refreshments and Cool Down</p> <p>11:30 Check and water our Garden</p> <p>1:00 Feeling Lucky 5 Card Stud [CR]</p> <p>2:00 IMAX Movie: Humpback Whales [RT]</p> <p>4:30 Resident Visits</p> <p>5:30 Wii Sports [L1]</p> <p>6:00 Friday Night at the Movies: Honey I Shrunk The Kids [RT]</p>	<p>9:30 Self Led Walking Club [RL] 28</p> <p>10:00 Shopping and Walking for your Health [RL]</p> <p>11:00 Meet friends in the courtyard with a good book [RC]</p> <p>1:30 Anything Goes Crafts [AC]</p> <p>2:30 Puzzles and Fleece Blanket Making</p> <p>3:00 Art Room Social and Refreshments [RL]</p> <p>5:30 Reminisce with Good Friends in the Courtyard [RL]</p> <p>6:00 Wii Sports [RL]</p>		
<p>8:00 Guardian Angels Catholic Church [BUS] 29</p> <p>8:45 Sonrise Church [BUS]</p> <p>10:00 Communion @ The Theater [RT]</p> <p>10:15 Exercise Class [L1]</p> <p>10:30 Coffee Time & Love on a Leash [L1]</p> <p>11:00 Come chat with Daniela from Culinary [MDR]</p> <p>1:30 Ukulele Class with Neal [L1]</p> <p>2:30 Ice Cream Social [L1]</p> <p>3:30 Movie and Popcorn [RT]</p>	<p>9:30 Self Led Walking Club [RL] 30</p> <p>10:00 Exercise Therapy w/ Angie [L1]</p> <p>10:30 Hydrate [L1]</p> <p>11:00 Wheel of Fortune [L1]</p> <p>1:00 Feeling Lucky Black Jack [CR]</p> <p>2:00 Bible Club with Dan [L2]</p> <p>3:00 Bingo for Prizes [L1]</p> <p>6:00 Wii Bowling [L1]</p>	<p>9:30 Self Led Walking Club 31</p> <p>10:00 Exercise with Robert [L1]</p> <p>10:30 Refreshments and Horoscopes</p> <p>11:00 Place Your Bets Horseracing</p> <p>1:30 Black Jack Tournament Continues [CR]</p> <p>2:30 Bocce Ball [L1]</p> <p>4:30 Happy Hour w/Sylvia and Salvador [MDR]</p> <p>6:00 Relax and Reminisce with Good Friends in the Courtyard [RC]</p>	 <p>Lantern Crest SENIOR LIVING</p>			<p>Maritza Aguirre Life Enrichment Director @ the Ridge 800 Lantern Crest Way Santee, CA 92071 619-647-6392 Maritza.aguirre@lanterncrestsantee.com</p>	<p>Resident Birthdays</p> <p>Marvin W. 7/1 Helen E. 7/14 Herbert S. 7/24</p>	<p>We are thankful FOR YOUR SERVICE</p>