


September 2018

Lantern Crest Assisted Living

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|--|---|---|---|--|
| September cont'd 30 8:00 Guardian Angels Catholic Church 8:45 Sunrise Church [BUS] 9:30 Good Morning w/Daily Chronicles 10:00 Communion @ The Theater [RT] 10:15 Exercise Class w/ Mario [L1] 10:30 Coffee Time & Love on a Leash [L1] 11:00 Come chat with Daniela from Culinary [MDR] 1:00 Black Jack [CR] 1:30 Ukulele Class with Neal [L1] 2:30 Ice Cream Social [L1] 3:30 Movie and Popcorn [RT] 6:00 Meet A Friend @ The Bistro |  | Maritza Aguirre Life Enrichment Director @ the Ridge 800 Lantern Crest Way Santee, CA 92071 619-647-6392 Maritza.aguirre@lanterncrestsantee.com | Resident Birthdays Argero G. 9/7 Edgar S. 9/11 Rosario B. 9/23 | Shopping days are Tuesdays @ 10:00am & 2:00pm Thursdays 3:00pm Please sign up. | <i>It's a new Season. A perfect Opportunity to do something. NEW Something BOLD Something Beautiful!</i> | 9:30 Good Morning w/Daily Chronicles 9:30 Self Led Walking Club [RL] 10:00 Ladder Ball [L1] 11:00 Water Our Garden and Check our Butterflies [RC] 1:30 Colors Of Fall Art [RL] 1:30 Sing Along with Myron [RT] 2:00 Crocheting/Knitting w/Jane [AC] 2:30 Card Game in the Art Room 3:00 Puzzles in the Art Room [AC] 4:00 Organize Our Art Supplies 6:00 Reminisce with Good Friends in the Courtyard |
| 2 8:00 Guardian Angels Catholic Church [BUS] 8:45 Sunrise Church [BUS] 9:30 Good Morning w/Daily Chronicles 10:00 Communion @ The Theater [RT] 10:15 Exercise Class [L1] 10:30 Coffee Time & Love on a Leash [L1] 11:00 Come chat with Daniela from Culinary [MDR] 1:00 Black Jack [CR] 1:30 Ukulele Class with Neal [L1] 2:30 Ice Cream Social [L1] 3:30 Movie and Popcorn [RT] 6:00 Meet A Friend @ The Bistro | 3 Happy Labor Day! 9:30 Good Morning w/Daily Chronicles 9:30 Self Led Walking Club [RL] 10:00 Exercise Therapy w/Angie [L1] 10:30 Hydrate/ Grandparents words of Wisdom [L1] 11:00 Wheel of Fortune [L1] 12:30 Blue Zone Band [CR] 12:30 Labor Day BBQ 12:30 to 1:30 2:00 Black Jack [CR] 3:00 Bingo for Prizes [L1] 4:00 Watering Garden [P] 6:30 Meet a Neighbor @ The Courtyard | 4 9:30 Good Morning w/Daily Chronicles 9:30 Self Led Walking Club 10:00 Yoga with Robert [L1] 10:30 News, Health and Horoscopes/ Grandparents are a Hoot [L1] 11:00 Word Unscramble [L1] 1:00 Watering Garden & Hydration [RC] 1:30 Nickel Black Jack [CR] 3:00 Bocce Ball [L1] 4:30 Happy Hour w/ Sylvia & Salvador [MDR] 6:00 Relax and Reminisce with Good Friends in the Courtyard [RC] | 5 11:30-1:30pm Action Station w/ Chef Mario Resident Council Meeting 9:30 Good Morning w/Daily Chronicles 9:30 Self Led Walking For your Health 10:00 Crock-Pot Baking Delights [AC] 10:30 Fitness with Sheri [L1] 11:30 You Be the Judge [L1] 1:30 Step into Fall Art [AC] 3:00 Resident Council Meeting [RT] 4:00 Clean Up Our Art Area [AC] 6:00 Come Enjoy Our Beautiful Flowers in The Courtyard | 6 9:30 Good Morning w/Daily Chronicles 9:30 Self Led Walking Club [RL] 10:30 Lunch Outing: Olive Garden [BUS] 11:00 Bistro Social & Good Book [BISR] 12:30 Lunch Visits with Pastor Bob 1:30 Inspirational Music w/ Steve & Diane [RT] 2:00 Bible Study with Pastor Bob [L2] 2:30 Penny Poker [CR] 3:30 Bingo for Gift Cards [AC] 6:00 Relax and Reminisce with Good Friends in the courtyard [RC] | 7 9:30 Good Morning w/Daily Chronicles 9:30 Walk for your Health [RL] 10:00 Early Riser Artists at Work [AC] 10:30 Manicures w/Tracy [AC] 11:30 Jigsaw Puzzles [AC] 1:30 Texas Hold Um' [CR] 3:00 Afternoon Movie and Popcorn "The Devil Wears Prada" [RT] 4:30 Resident Visits w/ Reading Supplies 6:00 Meet friends outside at the Bistro [BISR] | 8 9:30 Good Morning w/Daily Chronicles 9:30 Self Led Walking Club [RL] 10:00 Shadow Mountain Church Service [RT] 10:30 Exercise with Tracy [L1] 11:30 Laughter is The Best Medicine [L1] 1:30 Colors Of The Fall Art [AC] 2:00 Crocheting/Knitting w/Jane [AC] 2:30 Card Game in the Art Room 3:00 Puzzles in the Art Room [AC] 4:00 Organize Our Art Supplies 6:00 Meet For Coffee in the Lobby |
| 9 Happy Grandparents Day 8:00 Guardian Angels Catholic Church 8:45 Sunrise Church [BUS] 9:30 Good Morning w/Daily Chronicles 10:00 Communion @ The Theater [RT] 10:15 Exercise Class [L1] 10:30 Coffee Time & Love on a Leash [L1] 11:00 Come chat with Daniela from Culinary [MDR] 1:00 Black Jack [CR] 1:30 Ukulele Class with Neal [L1] 2:30 Ice Cream Social [L1] 3:30 Movie and Popcorn [RT] 6:00 Meet A Friend @ The Bistro | 10 9:30 Self Led Walking Club [RL] 10:00 Exercise Therapy w/Angie [L1] 10:30 Hydrate/ Grandparents words of Wisdom [L1] 11:00 Wheel of Fortune [L1] 1:00 Feeling Lucky Black Jack [CR] 3:00 Bingo for Prizes [L1] 4:00 Watering Garden [RC] 6:30 Meet a Neighbor in The Courtyard | 11 A Moment of silence @ 12 Noon in Memory of 9/11 9:30 Self Led Walking Club 10:00 Yoga with Robert [L1] 10:30 News, Health and Horoscopes [L1] 11:00 Let's Travel to Yosemite [L1] 1:00 Watering Garden [RC] 1:30 Nickel Black Jack [CR] 3:00 Basketball Tournament [L1] 4:30 Happy Hour w/ Music Station [MDR] 6:00 Relax and Reminisce with Good Friends in the Courtyard [RC] | 12 11:30-1:30pm Action Station w/ Chef Mario 9:30 Self Led Walking For your Health 10:00 Watering Flowers [RC] 10:30 Fitness with Sheri [L1] 11:30 What Would You Do? [L1] 1:30 Fall Art Projects [AC] 2:00 Fleece Blanket Making [AC] 2:30 Card Game in the Art Room [AC] 3:00 Puzzles in the Art Room [AC] 4:00 Clean Up Our Art Area [AC] 6:00 Lets Meet Up in The Courtyard | 13 9:30 Self Led Walking Club [RL] 10:30 Lunch Outing: Janet's (Alpine) [BUS] 11:00 Bistro Social & Good Book [BISR] 11:30 Puzzles in the Art Room [AC] 12:30 Lunch Visits with Pastor Bob 2:00 Bible Study with Pastor Bob [L2] 2:30 Penny Poker [CR] 3:30 Bingo for Gift Cards [AC] 6:00 Relax and Reminisce with Good Friends in the courtyard [RC] | 14 9:30 Walk for your Health [RL] 10:00 Early Riser Artists at Work [AC] 10:30 Manicures w/ Tracy [AC] 11:30 Jigsaw Puzzles [AC] 1:30 5 Card Stud For Nickels [CR] 3:00 Afternoon IMAX Movie and Popcorn "Yosemite" [RT] 4:30 Resident Visits w/ Reading Supplies 6:00 Meet friends outside at the Bistro [BISR] | 15 9:30 Good Morning w/Daily Chronicles 9:30 Self Led Walking Club [RL] 10:00 Sing-a-Long w/ Myron [RT] 11:00 Water Our Garden and Laughs in the Courtyard [RC] 1:30 Classic Movie: "Woman Of The Year" with Special Guest Actor George Kazes [RT] 3:30 Let's Meet In The Art Room 4:00 Organize Our Art Supplies 6:00 Meet For Coffee in The Lobby |
| 16 8:00 Guardian Angels Catholic Church 8:45 Sunrise Church [BUS] 9:30 Good Morning w/Daily Chronicles 10:00 Communion @ The Theater [RT] 10:15 Exercise Class [L1] 10:30 Coffee Time & Love on a Leash [L1] 11:00 Come chat with Daniela from Culinary [MDR] 1:00 Black Jack [CR] 1:30 Ukulele Class with Neal [L1] 2:30 Ice Cream Social [L1] 3:30 Movie and Popcorn [RT] | 17 9:30 Self Led Walking Club [RL] 10:00 Exercise Therapy w/Angie [L1] 10:30 Hydrate/ Grandparents words of Wisdom [L1] 11:00 Wheel of Fortune [L1] 1:00 Feeling Lucky Black Jack [CR] 3:00 Bingo for Prizes [L1] 4:00 Water Our Garden [RC] 6:30 Meet a Neighbor in The Courtyard | 18 9:30 Self Led Walking Club 10:00 Yoga with Robert [L1] 10:30 News, Health and Horoscopes [L1] 11:00 Yummy Corn On The Cob [RC] 1:30 Nickel Black Jack [CR] 2:30 Midway Presentation with Tom Dean [RT] 3:00 Bocce Ball [L1] 4:30 Happy Hour w/ Cowboy Jack [MDR] 6:00 Relax and Reminisce with Good Friends in the Courtyard [RC] | 19 11:30-1:30 Action Station w/ Chef Mario 9:30 Good Morning w/Daily Chronicles 9:30 Self Led Walking For your Health 10:00 Crock-Pot Baking Delights [AC] 10:30 Fitness with Sheri [L1] 11:30 Short Stories of Inspiration [L1] 1:00 Watering Flowers 1:30 Ready For Fall Art [AC] 2:30 Card Game in the Art Room [AC] 3:00 Puzzles in the Art Room [AC] 4:00 Clean Up Our Art Area [AC] 6:00 Courtyard Sunset | 20 9:30 Good Morning w/Daily Chronicles 9:30 Self Led Walking Club [RL] 10:30 Lunch Outing: Tio Leo's [BUS] 11:00 Bistro Social & Good Book [BISR] 11:30 Puzzles in the Art Room [AC] 12:30 Lunch Visits with Pastor Bob 1:30 Inspirational Music w/ Steve & Diane [RT] 2:00 Bible Study with Pastor Bob [L2] 2:00 Nickel Blackjack 3:30 Bingo for Gift Cards [AC] 6:00 Relax and Reminisce with Good Friends in the courtyard [RC] | 21 All Staff Meeting 9:30 Walk for your Health [RL] 10:00 Early Riser Artists at Work [AC] 10:30 Manicures w/ Tracy [AC] 11:30 Jigsaw Puzzles [AC] 1:30 Finishing Our Art Projects [AC] 2:00 All Staff Meeting 3:00 Afternoon IMAX Movie and Popcorn "Into The Woods" [RT] 4:30 Resident Visits w/ Reading Supplies 6:00 Meet friends outside at the Bistro [BISR] | 22 9:30 Good Morning w/Daily Chronicles 9:30 Self Led Walking Club [RL] 10:00 Ring Toss Game and Exercise [L1] 11:00 Jokes Out in The Courtyard [RC] 1:30 Shades of Fall Water Colors [AC] 2:00 Crocheting/Knitting w/Jane [AC] 2:30 Card Game in the Art Room 3:00 Puzzles in the Art Room [AC] 4:30 Reminiscing About UpComing Projects 6:00 Meet For Coffee in the Lobby |
| 23 8:00 Guardian Angels Catholic Church 8:45 Sunrise Church [BUS] 9:30 Good Morning w/Daily Chronicles 10:00 Communion @ The Theater [RT] 10:15 Exercise Class [L1] 10:30 Coffee Time & Love on a Leash [L1] 11:00 Come chat with Daniela from Culinary [MDR] 1:00 Black Jack [CR] 1:30 Ukulele Class with Neal [L1] 2:30 Ice Cream Social [L1] 3:30 Movie and Popcorn [RT] 6:00 Meet A Friend @ The Bistro | 24 9:30 Good Morning w/Daily Chronicles 9:30 Self Led Walking Club [RL] 10:00 Exercise Therapy w/Angie [L1] 10:30 Hydrate/ Grandparents words of Wisdom [L1] 11:00 Wheel of Fortune [L1] 1:00 Feeling Lucky Black Jack [CR] 3:00 Bingo for Prizes [L1] 4:00 Water Our Garden 6:30 Meet a Neighbor in The Courtyard | 25 9:30 Self Led Walking Club 10:00 Yoga with Robert [L1] 10:30 News, Health and Horoscopes [L1] 11:00 Travel to Yellowstone [L1] 1:30 Nickel Black Jack [CR] 3:00 Basketball Tournament [L1] 4:30 Happy Birthday Celebration / Happy Hour w/ Kemosabe Band [MDR] 6:00 Relax and Reminisce with Good Friends in the Courtyard [RC] | 26 11:30-1:30pm Action Station w/ Chef Mario 9:30 Good Morning w/Daily Chronicles 9:30 Self Led Walking For your Health 10:00 Watering Flowers [RC] 10:30 Fitness with Sheri [L1] 11:30 You Be the Judge [L1] 1:00 Fall Art [AC] 2:30 Puzzles and Fleece Blanket Making [AC] 3:00 Puzzles in the Art Room [AC] 4:00 Clean Up Our Art Area [AC] 6:00 Bring A Friend Out to the Courtyard | 27 9:30 Good Morning w/Daily Chronicles 9:30 Self Led Walking Club [RL] 10:30 Lunch Outing: Mimi's Café 11:00 Bistro Social & Good Book [BISR] 11:30 Puzzles in the Art Room [AC] 12:30 Lunch Visits with Pastor Bob 2:00 Bible Study with Pastor Bob [L2] 2:00 Penny Poker [CR] 3:30 Bingo for Gift Cards [AC] 6:00 Relax and Reminisce with Good Friends in the courtyard [RC] | 28 9:30 Walk for your Health [RL] 10:00 Early Riser Artists at Work [AC] 11:30 Jigsaw Puzzles [AC] 1:30 Penny Poker [CR] 3:00 Afternoon IMAX Movie and Popcorn "Yellowstone" [RT] 4:30 Resident Visits w/ Reading Supplies 6:00 Meet friends outside at the Bistro [BISR] | 29 9:30 Good Morning w/Daily Chronicles 9:30 Self Led Walking Club [RL] 10:00 Yoga w/ Tracy [L1] 11:00 Jokes Out in The Courtyard [RC] 1:30 Colors Of The Fall Crafts [AC] 2:00 Crocheting/Knitting w/Jane [AC] 2:30 Card Game in the Art Room 3:00 Puzzles in the Art Room [AC] 3:30 Planning For October [AC] 4:00 Brain Storming For The Holidays [AC] 6:00 Join A Friend Out Front |

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