

Sunday Monday Tuesday Wednesday Thursday Friday Saturday

LOCATION KEY

LP 1st Floor Lobby Pointe
LB32 2nd Floor Latitude 32 Bar
V 2nd Floor Veranda Dining
TD 2nd Floor Terrazza Dining
FS 2nd Floor Fitness Studio
G 2 2nd Floor Garden
PDP Pool Deck Patio
GR 3rd Floor Game Room
LL/P 3rd Floor Lantern Links/Patio
T 3rd Floor Theater
L 4th Floor Library
AC 4th Floor Art/Crafts



BRITTANY.FAY
@LanternCrestSantee.com
LIFE ENRICHMENT DIRECTOR

KATHY.LINDER
@LanternCrestSantee.com
ASSISTANT DIRECTOR
(619) 258-8886 X 5405

HAPPY BIRTHDAY
Claire Holmsen 8/3
Jane Turrill 8/8
Stanley Barlow 8/8
Clyde Harless 8/13
Alice Parsons 8/16
Deana Clinkenbeard 8/21
Tony Texeira 8/22
Marilyn Borges 8/26
Marie Bailey 8/27
Connie Kendrick 8/30
Madeline Koci 8/31

HAPPY ANNIVERSARY
Frank & Donna Tirpak 8/3
Ernest & Barbara Jones 8/4

MUST SIGN UP TO PARTICIPATE IN ALL OUTINGS!
ALL ACTIVITIES ARE SUBJECT TO CHANGE WITHOUT NOTICE
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CHECK DAILIES FOR UPDATES
DOCTOR DRIVES M/W/F

<p>8:00 ★ Guardian Angels Catholic Church [LP] 5</p> <p>8:45 ★ Sonrise Church [LP]</p> <p>9:30 ★ Communion: The Ridge [LP]</p> <p>11:30- BRUNCH [TD]</p> <p>1:00 ★ Bridge Club [FS]</p> <p>1:00 Matinee Movie: Sherlock Holmes - A Game of Shadows [T]</p> <p>1:00 ♥ Self-Led Walk the Halls [FS]</p> <p>2:30 \$1 Bingo [GR]</p> <p>6:30 Board Games [GR]</p>	<p>9:00 ♥ Intense Workout: Strength [FS] 6</p> <p>10:00 ♥ Water Aerobics w/ Roseann [P]</p> <p>10:30 ♥ Chair Zumba with Diana [FS]</p> <p>11:00 ♥ Chair Volleyball [FS]</p> <p>1:00 Penny Poker [GR]</p> <p>2:00 Scrabble [GR]</p> <p>3:15 Glee Club [TD]</p> <p>5:30 Glee Club Performance [TD]</p> <p>6:30 Poker [GR]</p> <p>7:00 Club Paw-a-Dise Social [PDP]</p>	<p>8:30 Morning Golf Club [LL]</p> <p>9:30 Bible Study with Pastor Jim from Sonrise Church [L] 7</p> <p>10:00 ♥ Chair Weights Exercise [FS]</p> <p>10:00 ★ Shopping: Sprouts, Walgreens, FedEx [LP]</p> <p>10:30 ♥ Better Balance [FS]</p> <p>1:00 \$1 Bingo [GR]</p> <p>2:00 ★ Shopping: Target Shopping Center [LP]</p> <p>2:30 Drama Club [T]</p> <p>6:00 ♥ Bocce Ball [LL]</p> <p>7:00 Classic Movie: Willy Wonka and The Chocolate Factory (1971) [T]</p>	<p>9:00 ♥ Intense Workout: Cardio [FS] 8</p> <p>9:30 Bible Study with Pastor Tim from Foothills Church [L]</p> <p>10:30 ♥ Therasize w/Angie [FS]</p> <p>11:15 Bunco [GR]</p> <p>12:00 Wii Bowling Wednesday [LB32]</p> <p>1:30 Resident Council Board Meeting [V]</p> <p>3:30 Happy Hour: Amber Duke [LB32]</p>	<p>9:00 ♥ Intense Workout: Cardio [FS] 9</p> <p>9:30 Bible Study with Pastor Tim from Foothills Church [L]</p> <p>10:30 ♥ Therasize w/Angie [FS]</p> <p>11:00 Travels with Galen: Indonesia [T]</p> <p>12:00 Bunco [GR]</p> <p>12:00 Wii Bowling Wednesday [LB32]</p> <p>1:30 All Resident Meeting [T]</p> <p>3:30 🎷 Happy Hour: Broken Strings Band [LB32]</p>	<p>10:00 ♥ Chair Exercise [FS]</p> <p>10:30 ♥ Better Balance [FS]</p> <p>11:15 Knit and Stitch [AC] 10</p> <p>11:30 ★ Veterans Luncheon [V]</p> <p>1:00 Nickel Black Jack [GR]</p> <p>1:30 ♥ Uni-Care Free Blood Pressure Check [LB32]</p> <p>2:00 Arts/Crafts: Luau Centerpieces / Craft [AC]</p> <p>3:00 New Resident Social with Don [L]</p> <p>4:30 Build Your Own Hamburger and Hotdog Night [LB32]</p> <p>5:30 ★ Santee Summer Concert: An Elvis Tribute [LP]</p> <p>6:00 Domino's with Friends [GR]</p>	<p>9:00 ♥ Intense Workout: Strength [FS] 11</p> <p>9:15 ★ Santee Library Breakfast and Books: Cheryl Cosart & Nancy Karp [LP]</p> <p>10:00 ♥ Water Aerobics w/Roseann [P]</p> <p>10:00 ♥ Yoga with Heidi [FS]</p> <p>10:30 Garden Club [G2]</p> <p>10:30 ♥ Stand up Balance [FS]</p> <p>11:00 Books on CD with Friends [L]</p> <p>1:00 ★ Bridge Club [FS]</p> <p>1:00 Penny Poker [GR]</p> <p>2:15 Mahjong [GR]</p> <p>3:00 ♥ Abbott Hearing Aid Clean and Check [LB32]</p> <p>6:00 ♥ Bocce Ball [LL]</p>	<p>7:30 ♥ Morning Walk [LP] 11</p> <p>10:00 ♥ Get Fit [FS]</p> <p>10:30 ♥ Balloon Exercise [FS]</p> <p>1:00 Brain Games [GR]</p> <p>1:30 Bunco [GR]</p> <p>2:00 Puzzles Around Lantern Crest</p> <p>3:00 Learning the Waltz with Ellyn [FS]</p> <p>7:00 Saturday Night at the Movies: Must Love Dogs [T]</p>
<p>8:00 ★ Guardian Angels Catholic Church [LP] 12</p> <p>8:45 ★ Sonrise Church [LP]</p> <p>9:30 ★ Communion: The Ridge [LP]</p> <p>11:30- BRUNCH [TD]</p> <p>1:00 ★ Bridge Club [FS]</p> <p>1:00 Matinee Movie: Must Love Dogs [T]</p> <p>1:00 ♥ Self-Led Walk the Halls [FS]</p> <p>2:30 \$1 Bingo [GR]</p> <p>6:30 Board Games [GR]</p>	<p>9:00 ♥ Intense Workout: Strength [FS] 13</p> <p>9:30 ★ Harry Griffen Dog Park Outing [LP]</p> <p>10:00 ♥ Water Aerobics w/Roseann [P]</p> <p>10:30 ♥ Chair Zumba with Diana [FS]</p> <p>11:00 ♥ Chair Volleyball [FS]</p> <p>11:00 History Trivia with Gary [T]</p> <p>1:00 Penny Poker [GR]</p> <p>2:00 Scrabble [GR]</p> <p>3:15 Glee Club [TD]</p> <p>6:30 Poker [GR]</p> <p>7:00 Club Paw-a-Dise Social [PDP]</p>	<p>8:30 Morning Golf Club [LL]</p> <p>10:00 ★ Barona Casino [LP] 14</p> <p>10:00 ♥ Chair Weights Exercise [FS]</p> <p>10:30 ♥ Better Balance [FS]</p> <p>11:00 ★ Okawa Steak House & Sushi [LP]</p> <p>1:00 \$1 Bingo [GR]</p> <p>2:30 Drama Club [T]</p> <p>3:00 ★ Shopping: Anywhere Shopping - Your Choice! [LP]</p> <p>6:00 ♥ Bocce Ball [LL]</p> <p>7:00 Classic Movie: Stormy Weather (1943) [T]</p>	<p>9:00 ♥ Intense Workout: Cardio [FS] 15</p> <p>9:30 Bible Study with Pastor Tim from Foothills Church [L]</p> <p>10:30 ♥ Therasize w/Angie [FS]</p> <p>11:00 Travels with Galen: Indonesia [T]</p> <p>12:00 Bunco [GR]</p> <p>12:00 Wii Bowling Wednesday [LB32]</p> <p>1:30 All Resident Meeting [T]</p> <p>3:30 🎷 Happy Hour: Broken Strings Band [LB32]</p>	<p>10:00 ♥ Chair Exercise [FS]</p> <p>10:30 ♥ Better Balance [FS]</p> <p>11:15 Knit and Stitch [AC] 16</p> <p>11:30 ★ Veterans Luncheon [V]</p> <p>1:00 Nickel Black Jack [GR]</p> <p>1:30 ♥ Uni-Care Free Blood Pressure Check [LB32]</p> <p>2:00 Arts/Crafts: Luau Centerpieces / Craft [AC]</p> <p>3:00 New Resident Social with Don [L]</p> <p>4:30 Build Your Own Hamburger and Hotdog Night [LB32]</p> <p>5:30 ★ Santee Summer Concert: An Elvis Tribute [LP]</p> <p>6:00 Domino's with Friends [GR]</p>	<p>9:00 ♥ Intense Workout: Strength [FS] 17</p> <p>9:15 ★ Santee Library Breakfast and Books: Cheryl Cosart & Nancy Karp [LP]</p> <p>10:00 ♥ Water Aerobics w/Roseann [P]</p> <p>10:00 ♥ Yoga with Heidi [FS]</p> <p>10:30 Garden Club [G2]</p> <p>10:30 ♥ Stand up Balance [FS]</p> <p>11:00 Books on CD with Friends [L]</p> <p>1:00 ★ Bridge Club [FS]</p> <p>1:00 Penny Poker [GR]</p> <p>2:15 Mahjong [GR]</p> <p>6:00 ♥ Bocce Ball [LL]</p>	<p>7:30 ♥ Morning Walk [LP] 18</p> <p>10:00 ♥ Get Fit [FS]</p> <p>10:30 ♥ Balloon Exercise [FS]</p> <p>1:00 Brain Games [GR]</p> <p>1:30 Bunco [GR]</p> <p>2:00 Puzzles Around Lantern Crest</p> <p>3:00 Learning the Waltz with Ellyn [FS]</p> <p>7:00 Saturday Night at the Movies: Lion [T]</p>	
<p>8:00 ★ Guardian Angels Catholic Church [LP] 19</p> <p>8:45 ★ Sonrise Church [LP]</p> <p>9:30 ★ Communion: The Ridge [LP]</p> <p>11:30- BRUNCH [TD]</p> <p>1:00 ★ Bridge Club [FS]</p> <p>1:00 Matinee Movie: Lion [T]</p> <p>1:00 ♥ Self-Led Walk the Halls [FS]</p> <p>2:30 \$1 Bingo [GR]</p> <p>6:30 Board Games [GR]</p>	<p>9:00 ♥ Intense Workout: Strength [FS] 20</p> <p>10:00 ♥ Water Aerobics w/Sheri [P]</p> <p>10:30 ♥ Chair Zumba with Diana [FS]</p> <p>11:00 ♥ Chair Volleyball [FS]</p> <p>1:00 Penny Poker [GR]</p> <p>2:00 Scrabble [GR]</p> <p>3:15 Glee Club [TD]</p> <p>6:30 Poker [GR]</p> <p>7:00 Club Paw-a-Dise Social [PDP]</p>	<p>National Senior Citizens Day</p> <p>8:30 Morning Golf Club [LL]</p> <p>9:30 Bible Study with Pastor Jim from Sonrise Church [L] 21</p> <p>10:00 ★ Banks and Post Office [LP]</p> <p>10:00 ♥ Chair Weights Exercise [FS]</p> <p>10:30 ♥ Better Balance [FS]</p> <p>11:30 Senior Citizen Appreciation Lemonade Social [PDP]</p> <p>1:00 \$1 Bingo [GR]</p> <p>2:00 ★ Shopping: Anywhere Shopping - Your Choice! [LP]</p> <p>2:30 Drama Club [T]</p> <p>6:00 ♥ Bocce Ball [LL]</p> <p>7:00 Classic Movie: Harold and Maude (1971) [T]</p>	<p>ALL STAFF MEETING, NO DOCTOR DRIVES AFTER 11AM 22</p> <p>9:00 ♥ Intense Workout: Cardio [FS]</p> <p>9:30 Bible Study with Pastor Tim from Foothills Church [L]</p> <p>10:30 ♥ Therasize w/Angie [FS]</p> <p>11:15 Bunco [GR]</p> <p>12:00 Wii Bowling Wednesday [LB32]</p> <p>3:30 Happy Hour: Gary Burt [LB32]</p>	<p>10:00 ♥ Chair Exercise [FS]</p> <p>10:30 ♥ Better Balance [FS]</p> <p>11:15 Medicare Bingo with Robin Miller [T] 23</p> <p>1:00 Nickel Black Jack [GR]</p> <p>2:00 Arts/Crafts: Luau Centerpieces / Craft [AC]</p> <p>3:00 ★ Club Paw-A-Dise: Growler's Subshack [LP]</p> <p>3:00 Learning the Ukulele with Neal [V]</p> <p>3:00 ★ Shopping: Wal*Mart or Costco [LP]</p> <p>3:30 Ukulele Sing A Long with Neal [V]</p> <p>4:30 Pasta Night [LB32]</p> <p>6:00 Domino's with Friends [GR]</p>	<p>9:00 ♥ Intense Workout: Strength [FS] 24</p> <p>10:00 ♥ Water Aerobics w/Sheri [P]</p> <p>10:00 ♥ Yoga with Heidi [FS]</p> <p>10:30 Garden Club [G2]</p> <p>11:00 Books on CD with Friends [L]</p> <p>11:00 ♥ Stand up Balance w/ Sheri [FS]</p> <p>1:00 ★ Bridge Club [FS]</p> <p>1:00 Penny Poker [GR]</p> <p>2:15 Mahjong [GR]</p> <p>6:00 ♥ Bocce Ball [LL]</p>	<p>7:30 ♥ Morning Walk [LP] 25</p> <p>10:00 ♥ Get Fit [FS]</p> <p>10:30 ♥ Balloon Exercise [FS]</p> <p>1:00 Brain Games [GR]</p> <p>1:30 Bunco [GR]</p> <p>2:00 Puzzles Around Lantern Crest</p> <p>3:00 Learning the Waltz with Ellyn [FS]</p> <p>7:00 Saturday Night at the Movies: Chicago [T]</p>	
<p>8:00 ★ Guardian Angels Catholic Church [LP] 26</p> <p>8:45 ★ Sonrise Church [LP]</p> <p>9:30 ★ Communion: The Ridge [LP]</p> <p>11:30- BRUNCH [TD]</p> <p>1:00 ★ Bridge Club [FS]</p> <p>1:00 Matinee Movie: Chicago [T]</p> <p>1:00 ♥ Self-Led Walk the Halls [FS]</p> <p>2:30 \$1 Bingo [GR]</p> <p>6:30 Board Games [GR]</p>	<p>LAST DAY TO SIGN UP FOR GOURMET LUAU PARTY 27</p> <p>9:00 ♥ Intense Workout: Strength [FS]</p> <p>10:00 ♥ Water Aerobics w/Sheri [P]</p> <p>10:30 ♥ Chair Zumba with Diana [FS]</p> <p>11:00 ♥ Chair Volleyball [FS]</p> <p>1:00 Penny Poker [GR]</p> <p>2:00 Scrabble [GR]</p> <p>3:15 Glee Club [TD]</p> <p>6:30 Poker [GR]</p> <p>7:00 Club Paw-a-Dise Social [PDP]</p>	<p>8:30 Morning Golf Club [LL]</p> <p>9:30 Bible Study with Pastor Jim from Sonrise Church [L] 28</p> <p>10:00 ♥ Chair Weights Exercise [FS]</p> <p>10:00 ★ Shopping: Parkway Plaza [LP]</p> <p>10:30 ♥ Better Balance [FS]</p> <p>11:00 ★ Murrieta's Mexican Food [LP]</p> <p>1:00 \$1 Bingo [GR]</p> <p>2:00 ★ Shopping: Grocery Outlet, 99 Cent Store, Petco [LP]</p> <p>2:30 Drama Club [T]</p> <p>6:00 ♥ Bocce Ball [LL]</p> <p>7:00 Classic Movie: The Three Stooges [T]</p>	<p>9:00 ♥ Intense Workout: Cardio [FS] 29</p> <p>9:30 Bible Study with Pastor Tim from Foothills Church [L]</p> <p>10:30 ♥ Therasize w/Angie [FS]</p> <p>11:15 Bunco [GR]</p> <p>11:45 ★ Padres Game [LP]</p> <p>12:00 Wii Bowling Wednesday [LB32]</p> <p>3:30 Happy Hour: Kemosabe [LB32]</p>	<p>10:00 ♥ Chair Exercise [FS]</p> <p>10:30 ♥ Better Balance [FS]</p> <p>11:15 Knit and Stitch [AC] 30</p> <p>1:00 Nickel Black Jack [GR]</p> <p>3:00 ★ Gourmet Luau [TD]</p> <p>6:00 Domino's with Friends [GR]</p>	<p>9:00 ♥ Intense Workout: Strength [FS] 31</p> <p>10:00 ♥ Water Aerobics w/Sheri [P]</p> <p>10:00 ♥ Yoga with Heidi [FS]</p> <p>10:30 Garden Club [G2]</p> <p>11:00 Books on CD with Friends [L]</p> <p>11:00 ♥ Stand up Balance w/ Sheri [FS]</p> <p>1:00 ★ Bridge Club [FS]</p> <p>1:00 Penny Poker [GR]</p> <p>2:15 Mahjong [GR]</p> <p>4:00 Book Club [L]</p> <p>6:00 ♥ Bocce Ball [LL]</p>	<p>♥ BE WELL 🎷 BIRTHDAY ★ RSVP</p>	