	Sunday	Monday	Tuesday	Wednesday	Thursday Friday	October 2018 te at Lantern Crest Saturday
LOCATION KEY		9:00 ♥ Stand Up	9:30 Bible Study with		10:00 ♥ Chair Exercise [FS] 9:00 ♥ Stand Up	7:30 ★ Morning
LP 1st Floor Lobby Pointe		Workout: Strength [FS]	Pastor Jim from Sonrise Church [L]	9:30 Bible Study with Pastor Tim from Foothills	10:30 ♥ Better Balance [FS]	Walk [LP]
LB32 2nd Floor Latitude 32 Bar		10:00 ♥ Water Aerobics w/ Sheri [P]	10:00 ♥ Chair Weights Exercise [FS]	Church [L] 10:00 Coffee with the Executive Director	1:00 Nickel Black Jack 10:00 ♥ Stand up Balance [GR] w/ Sheri [FS]	10:00 ♥ Get Fit [FS] 10:30 ♥ Balloon Exercise [FS]
V 2nd Floor Veranda Dining	● BE WELL	10:30 Chair Zumba w/ Diana [FS]	10:00 * Shopping: Anywhere	Kaan [LP]	2:30 Arts/Crafts: Painting- "Knock 'em Down" & "Ring Toss" Carnival 10:30 Water Aerobics w/Sheri [P]	1:00 Brain Games [GR]
TD 2nd Floor Terrazza Dining	₩ BIRTHDAY	11:00 ♥ Chair Volleyball [FS] 1:00 Penny Poker [GR]	Shopping - Your Choice! [LP] 10:30 ➡ Better Balance [FS]	11:15 Bunco [GR] 12:30 Wii Bowling Wednesday [LB32]	Game Prep [AC] 3:00 ★ Shopping: Orchards Gardens and 11:00 Garden Club [G2] 12:00 A History of San Diego's	1:30 Bunco [GR] 2:00 Puzzles Around
	★ RSVP	2:00 Mexican Train [GR] 3:15 Glee Club [TD]	1:00 \$1 Bingo [GR] 2:00 ★ Scenic Drive around Town	1:30 Resident Dining Committee Meeting [V] 3:30 Happy Hour: Broken Strings [LB32]	ALDI Grocery [LP] Waterfront [T] 4:00 Mini Golf 12:30 ★ Bridge Club [FS]	Lantern Crest
		4:30 Music w/Trevor Gibson [TD]	[LP] 2:30 Drama Club [T]	7:00 Theater Plays: CARRIER: Disk 1 [T]	4:30 BUILD YOUR OWN HAMBURGER 1:00 Penny Poker [GR]	7:00 Drama Cub Performance [T]
G 2 2nd Floor Garden		6:30 Poker [GR]	6:00 Musical Theater w/ Trevor		AND HOTDOG NIGHT [LB32] 6:00 Drama Club Dress Rehearsal [T] 6:30 Domino's with Friends [GR] 2:15 Mahjong [GR] 6:00 Bocce Ball [LL]	Performance [1]
PDP Pool Deck Patio	8:00 ★ Guardian Angels	Columbus Day	[T] 10:00 ★ Barona Resort	9:00 ♥ Stand Up Workout:	10:00 ♥ Chair Exercise [FS]	7:30 ★ Morning Walk [LP]
GR 3rd Floor Game Room	Catholic Church [LP] 8:45 ★ Sonrise Church [LP]	9:00 • Stand Up	& Casino [LP]	r==1	10:30 ♥ Better Balance Workout: Strength	10:00 ♥ Get Fit [FS]
LL/P 3rd Floor Lantern Links/Patio	9:30 Communion: The Ridge [LP]	Workout: Strength [FS]	10:00 ♥ Chair Weights Exercise [FS]	Pastor Tim from Foothills Church [L]	[FS] [FS] 11:15 Knit and Stitch [AC] 10:00 ♥ Stand up Balance	10:30 Balloon Exercise [FS]
T 3rd Floor Theater	11:30- BRUNCH [TD]	10:00 ♥ Water Aerobics w/Sheri [P] 10:30 ♥ Chair Zumba w/ Diana [FS]	10:30 ♥ Better Balance [FS]	10:30 Yoga with Heidi [FS] 11:15 Bunco [GR]	1:00 Nickel Black Jack [GR] w/ Sheri [FS] 2:30 Activity/Chef Chat [V] 10:30 ♥ Water Aerobics w/Sheri [P]	12:00 Halloween Decor around the Lantern Crest [AC]
L 4th Floor Library	12:30 ★ Bridge Club [FS] 12:30 Matinee Movie: Resident Pick [T]	11:00 History Trivia with Gary [T]	11:15 Banks and Post Office 1:00 \$1 Bingo [GR]	12:30 Wii Bowling Wednesday [LB32] 1:30 Resident Council Board Meeting	3:00 ★ Shopping: Wal*Mart or Costco [LP] Costco [LP] 11:00 Garden Club [G2] 12:00 Audio Books on the Patio w/	1:00 Brain Games [GR] 1:30 Bunco [GR]
AC 4th Floor Art/Crafts	1:00 FALCONS vs. STEELERS FOOTBALL [LB32]	2:00 Mexican Train [GR]	3:00 ★ Shopping: Dollar Store/ Dollar Tree [LP]	[V]	4:00 Mini Golf Ice Tea: Sycamore Row by	2:00 Puzzles Around Lantern Crest
LIADDY DIDTLIDAY	1:00 ♥ Self-Led Walk the Halls [FS] 2:30 \$1 Bingo [GR]	3:15 Glee Club [TD] 4:30 Music w/Trevor Gibson [TD]	3:30 Happy Hour:	2:00 Fall Lantern Decor around the Building [AC]	6:30 Domino's with Friends [GR] 12:30 ★ Bridge Club [FS]	7:00 Saturday Night at the Movies: HOCUS POCUS [T]
HAPPY BIRTHDAY	4:00 Drama Club Performance [T] 4:00 RAIDERS vs. CHARGERS [LB32]	6:30 Poker [GR]	MusicStation 6:00 Musical Theater w/	7:00 Theater Plays: CARRIER- Disk 2 [T]	1:00 Penny Poker [GR] 2:15 Mahjong [GR]	
Fred Dowde 10/1			Trevor [T]		6:00 ♥ Bocce Ball [LL]	
Steve Carnahan 10/4	8:00 ★ Guardian Angels Catholic Church [LP] 8:45 ★ Sonrise Church [LP]	9:00 ♥ Stand Up Workout: Strength	9:30 Bible Study with Pastor Jim from	9:00 ♥ Stand Up Workout: Cardio [FS]	10:00 Chair Exercise [FS] 10:30 Better Balance [FS] 11:00 Veterans Luncheon [V] 9:00 Stand Up Workout: Strength [FS] 9:15 Santee Library Breakfast	Alzheimer's San Diego; Walk for a Cure Balboa
Rosemary Hagemann 10/7	9:00 Morning Prayer w/Bill Bixby [L]	[FS] 10:00 ♥ Water Aerobics w/	Sonrise Church	9:30 Bible Study with Pastor Tim from	11:15 Knit and Stitch [AC] and Books: Author Linda	Park
Tom Ellery 10/13	9:30 Communion: The Ridge [LP] 11:30 BRUNCH [TD]	Sheri [P] 10:30 ♥ Chair Zumba w/ Diana [FS]	10:00 Chair Weights Exercise [FS]		1:00 Nickel Black Jack [GR] 1:30 ♥ Uni-Care Free Blood Pressure Check [LP] 1:30 WWII [LP] 1:30 Medicare Open Enrollment with Robin	10:00 ♥ Get Fit DVD [FS] 10:30 ♥ Balloon Exercise [FS]
Charles Clark 10/15	12:30 ★ Bridge Club [FS] 12:30 Matinee Movie: HOCUS POCUS [T]	11:00 Chair Volleyball [FS]	10:00 ★ Omas Pumpkin Patch [LP] 10:30 ♥ Better Balance [FS]	Sagittarius: Archer in the Sky [T]	2:30 Arts/Crafts: Tray Flavors for Halloween and Halloween Painting [AC] Miller [LP] 11:00 Garden Club [G2]	1:30 Bunco [GR] 2:00 Puzzles Around Lantern
Tom McDermott 10/21	1:00 SEAHAWKS vs. RAIDERS FOOTBALL [LB32]	1:00 Penny Poker [GR] 2:00 Mexican Train [GR]	1:00 \$1 Bingo [GR] 3:00 ★ Shopping: Santee Trolley	12:00 Bunco [GR] 12:30 Wii Bowling Wednesday [LB32]	3:00 New Resident Social with Don [L] 3:00 Shopping: Anywhere Shopping - Your 12:00 Audio Books on the Patio w/ Ice Tea: Sycamore Row by John Grisham [PDP]	Crest
	1:00 ♥ Self-Led Walk the Halls 2:30 \$1 Bingo [GR]	3:15 Glee Club [TD] 4:30 Music w/Trevor Gibson [TD]	Square Center [LP]	1:30 All Resident Meeting [T] 3:30 Happy Hour: Sylvia and Salvadore	Choice! [LP] 12:30 ★ Bridge Club [FS] 1:00 Penny Poker [GR]	7:00 Saturday Night at the Movies: A Mel Brooks
	4:00 Club Paw-a-Dise Social [FR4] 4:00 RAMS VS. BRONCOS FOOTBALL	6:30 Poker [GR]	6:00 Musical Theater w/ Trevor [T]	[LB32] 7:00 Theater Plays: CARRIER- Disk 3	4:30 PIZZA NIGHT [LB32] 2:15 Mahjong [GR] 6:30 Domino's with Friends [GR] 6:00 ♥ Bocce Ball [LL]	Film YOUNG FRANKENSTEIN [T]
	[LB32]			[7]		TRARKERSTEIN [1]
	8:00 ★ Guardian Angels Catholic Church [LP]	9:00 ♥ Stand Up Workout:	9:30 Bible Study with Pastor Jim	9:00 ♥ Stand Up Workout: Cardio	10:00 Chair Exercise [FS] 10:30 Better Balance [FS] 10:00 Stand Up Workout: Strength [FS] 10:00 Stand up Balance w/ Sheri	7:30 ★ Morning Walk 27
HAPPY ANNIVERSARY	8:45 ★ Sonrise Church [LP] 9:00 PANTHERS VS. EAGLES	Strength [FS]	from Sonrise	[FS] 9:30 Bible Study with	11:15 Knit and Stitch [AC] 1:00 Nickel Black Jack 10:00 ▼ Water Aerobics w/Sheri [P]	10:00 ♥ Get Fit [FS]
Stanley & Mindy Barlow 10/	FOOTBALL [LB32] 9:30 ★ Communion: The Ridge [LP] 9:30 TITANS VS. CHARGERS FOOTBALL	10:30 Chair Zumba w/ Diana [FS]	Church [L] 10:00	Pastor Tim from Foothills Church [L]	[GR] 11:00 Garden Club [G2] 2:30 Candy Apples and Halloween 12:00 Audio Books on the Patio w/ Ice Tea: Security Power P	10:30 ♥ Balloon Exercise [FS] 12:00 Coupons for the Soul [AC]
1	[LB32]	11:00 ♥ Chair Volleyball [FS] 1:00 Penny Poker [GR]	10:00 ♥ Chair Weights Exercise [FS]	10:30 ♥ Yoga with Heidi [FS]	Sycamore Row by John Grisham [PDP] Grave Pudding Cups [V] 3:00 Learning the Ukulele with Neal [V] 1:00 Penny Poker [GR]	1:00 Brain Games [GR] 1:30 Bunco [GR]
Paul & Susan Rosenberg 10/	12:30 ★ Bridge Club [FS] 12:30 Matinee Movie: A Mel Brooks Film	2:00 Mexican Train [GR]	10:30 ♥ Better Balance [FS]	11:15 Bunco [GR] 12:30 Wii Bowling Wednesday	3:00 ★ Shopping: Wal*Mart [LP] 2:15 Mahjong [GR] 3:30 Ilkulele Sing A Long with Neal [VI] 3:00 ◆ Abbott Hearing Aid Clean and Check [LB32]	2:00 Puzzles Around Lantern
6	YOUNG FRANKENSTEIN [T] 1:00 SAINTS VS. RAVEN FOOTBALL [LB32]	3:15 Glee Club [TD] 4:30 Music w/Trevor Gibson	1:00 \$1 Bingo [GR] 3:00 ★ Shopping: Smart & Final	[LB32] 3:30 Happy Hour: Kemosabe	4:00 Mini Golf 4:00 Book Club: Special Guest Librarian Cheryl Cosart [L]	Crest 7:00 Saturday Night at the
Carlos & Marina Gutierrez	1:00 Self-Led Walk the Halls 2:30 \$1 Bingo [GR]	[TD]	or Goodwill [LP]	[LB32]	AND HOTDOG NIGHT [LB32]	Movies: BEETLE JUICE [T]
10/25	4:00 Club Paw-a-Dise Social [FR4]	6:30 Poker [GR]	6:00 Musical Theater w/ Trevor [T]	7:00 Theater Plays: Tim Burton's THE CORPSE BRIDE [T]	6:30 Domino's with Friends [GR]	
ALL ACTIVITIES ARE SUBJECT	8:00 ★ Guardian Angels Catholic Church [LP]	9:00 Stand Up Workout:	9:30 Bible Study with	Halloween 21	BRITTANY.FAY	
TO CHANGE WITHOUT NOTICE	8:45 ★ Sonrise Church [LP] 9:30 ★ Communion: The Ridge	Strength [FS]	Pastor Jim from Sonrise	9:00 Stand Up Workout: Cardio	@LanternCrestSantee.com	
CHECK DAILIES FOR UPDATES	[LP] 9:30 EAGLES VS. JAGUARS FOOTBALL	10:00 ♥ Water Aerobics w/Sheri	Church [L] 10:00 ♥ Chair Weights Exercise	[FS] 9:30 Bible Study with Pastor Tim	LIFE ENRICHMENT DIRECTOR	
DOCTOR DRIVES M/W/F	[LB32] 11:30 BRUNCH [TD]	11:00 Chair Volleyball [FS]	[FS]	from Foothills Church [L] 10:30 Yoga with Heidi [FS]		[]]
9 AM - 4 PM	12:30 ★ Bridge Club [FS] 12:30 ★ Matinee Movie: BEETLE JUICE [T]	1:00 Penny Poker [GR] 2:00 Mexican Train [GR]	10:00 ★ Seaport Village [LP] 10:30 ♥ Better Balance [FS]	11:15 Bunco [GR]	KATHY.LINDER	Lantern Crest
	1:00 BRONCOS VS. CHIEFS FOOTBALL [LB32] 1:00 Self-Led Walk the Halls	3:15 Glee Club [TD]	1:00 \$1 Bingo [GR]	12:30 Wii Bowling Wednesday [LB32]	@LanternCrestSantee.com	SENIOR LIVING
	2:30 \$1 Bingo [GR] 4:00 Club Paw-a-Dise Social [FR4]	4:30 Music w/Trevor Gibson [TD]	3:00 ★ Shopping: Dollar Store/ Dollar Tree [LP]	3-5:30 Halloween Carnival [LP] 7:00 Theater Plays: Steven Kings	ASSISTANT DIRECTOR	
	4:25 PACKERS VS. RAMS [LB32]	6:30 Poker [GR]	6:00 Musical Theater w/ Trevor [T]	IT [T]	(619) 258-8886 X 5405	
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