

December 2018

Lantern Crest Assisted Living

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
December cont'd 30 8:00 Guardian Angels Catholic Church 8:45 Sonrise Church [BUS] 9:30 Good Morning w/ Daily Chronicles & Puzzles 10:00 Communion @ The Theater [RT] 10:45 Love on a Leash [L1] 11:15 Come chat with Daniela from Culinary [MDR] 1:00 Independent Artists at Work [AC] 2:30 Join Me for Hot Cocoa [L1] 3:00 Movie and Popcorn-"Phantom of the Opera" [RT]	New Year's Eve 31 9:30 Self Led Walking Club [RL] 10:00 Exercise with Leo [L1] 10:30 Daily Chronicles & Puzzles [L1] 1:00 New Year's Eve with Broken Strings [MDR] 1:00 Toast in the New Year [MDR] 2:00 Independent Artists at Work [L1] 6:00 Meet your neighbor at the Bistro		Maritza Aguirre Life Enrichment Director @ the Ridge 800 Lantern Crest Way Santee, CA 92071 619-647-6392 Maritza.aguirre@lanterncrestsantee.com	Resident Birthdays Kathleen "Kay" M. 12/8 Grasse T. 12/18 Imogene S. 12/20 David V. 12/22 Mary W. 12/29	Hope, joy, love and gladness Let all these be your guide this Holiday Season	9:30 Good Morning w/ Daily Chronicles & Puzzles 9:30 Self Led Walking Club [RL] 10:30 Music Makers & Christmas Cards for Residents [MDR] 1:30 Sing Along With Myron [RT] 1:30 Walker Decor for the Holidays [AC] 2:00 Crocheting/Knitting w/Jane [AC] 2:30 Cookie Baking [AC] 3:00 Refreshments and Friends [AC] 4:00 Organize Our Art Supplies 6:00 Relax and Reminisce with Good Friends at the Bistro [BISR]
2 8:00 Guardian Angels Catholic Church 8:45 Sonrise Church [BUS] 9:30 Good Morning w/ Daily Chronicles & Puzzles 10:00 Communion @ The Theater [RT] 10:45 Love on a Leash [L1] 11:15 Come chat with Daniela from Culinary [MDR] 1:00 Independent Artists at Work [AC] 2:30 Join Me for Hot Cocoa [L1] 3:00 Movie and Popcorn- "Deck the Halls" [RT]	3 9:30 Self Led Walking Club [RL] 10:00 Exercise with Leo [L1] 10:30 Daily Chronicles & Puzzles [L1] 11:00 20's 30's and 40's Trivia with Leo [L1] 11:30 Independent Artists at Work [AC] 1:30 Feeling Lucky Black Jack with Candy Canes [CR] 3:00 Bingo for Prizes [L1] 4:00 Water Our Garden [RC] 6:00 Meet your neighbor at the Bistro	4 9:30 Self Led Walking Club 10:00 Yoga and Exercise with Robert [L1] 10:30 News, Health, Horoscopes and the Daily Chronicle w/ Puzzles [L1] 11:00 December Fun Facts and Trivia [L1] 12:30 Independent Artists at Work [AC] 1:30 Five Card Stud with a Surprise [CR] 3:30 Bocce Ball [L1] 4:30 Happy Hour w/Blue Zone [MDR] 6:00 Relax and Reminisce with Good Friends at the Bistro [RC]	5 Mario's Action Station 11:30 to 1:30 Resident Council at 3:00 9:30 Self Led Walking For your Health 10:00 Good Morning w/Daily Chronicle & Puzzles [L1] 10:45 Maximum Fitness with Sheri [L1] 11:45 Cool Down and Refreshments [L1] 1:30 Snowman Wreaths [AC] 2:30 Fleece Blankets for Childrens Hospital [AC] 3:00 Resident Council [RT] 4:00 Clean Up Our Art Area [AC] 6:00 Relax and Reminisce with Good Friends at the Bistro [BISR]	6 9:30 Good Morning w/ Daily Chronicles & Puzzles 9:30 Self Led Walking Club [RL] 10:30 Lunch Outing: Marie Calendars [BUS] 11:00 Independent Artists at Work [AC] 11:30 Puzzles in the Art Room [AC] 12:30 Lunch Visits with Pastor Bob 1:30 Inspirational Music with Steve and Diane [RT] 2:00 BlackJack 2:30 Bible Study with Pastor Bob [L2] 3:30 Bingo for Gift Cards [AC] 6:00 Relax and Reminisce with Good Friends at the Bistro [BISR]	7 9:30 Walk for your Health [RL] 10:00 Good Morning w/ Daily Chronicles & Puzzles [AC] 10:15 Morning Stretch [AC] 10:30 Early Riser Artists at Work [AC] 11:00 Manicures with Tracy [AC] 11:30 Jigsaw Puzzles [AC] 1:00 Card Game Your Choice [CR] 1:30 Independent Artists at Work 3:00 Afternoon Movie and Popcorn-"Christmas Vacation" [RT] 4:30 Resident Visits w/ Reading Supplies 6:00 Meet For Coffee in the Lobby [RL]	8 9:30 Good Morning w/ Daily Chronicles & Puzzles 9:30 Self Led Walking Club [RL] 10:00 Shadow Mountain Church [RT] 10:00 Shopping With Tracy Resident's Choice [BUS] 1:30 Artists at Work [AC] 2:00 Crocheting/Knitting w/Jane [AC] 2:30 Cookie Baking [AC] 3:00 Refreshments and Friends [AC] 3:30 Puzzles in the Art Room [AC] 4:00 Organize Our Art Supplies 6:00 Relax and Reminisce with Good Friends at the Bistro [BISR]
9 8:00 Guardian Angels Catholic Church 8:45 Sonrise Church [BUS] 9:30 Good Morning w/ Daily Chronicles & Puzzles 10:00 Communion @ The Theater [RT] 10:45 Love on a Leash [L1] 11:15 Come chat with Daniela from Culinary [MDR] 1:00 Independent Artists at Work [AC] 1:30 Ukulele Class with Neal [L1] 2:00 Sounds of the Season at College Ave Baptist Church/Dinner will follow at Marie Calendars [BUS] 2:30 Join Me for Hot Cocoa [L1] 3:00 Movie and Popcorn-"Christmas of many colors" [RT] 3:15 Christmas Carols [RL]	10 9:30 Self Led Walking Club [RL] 10:00 Exercise with Leo [L1] 10:30 Daily Chronicles & Puzzles [L1] 11:00 Trivia with Maritza [L1] 11:30 Independent Artists at Work [AC] 1:30 Feeling Lucky Black Jack with Candy Canes [CR] 3:00 Bingo for Prizes [L1] 4:00 Water Our Garden [RC] 6:00 Meet your neighbor at the Bistro	11 9:30 Self Led Walking Club 10:00 Yoga and Exercise with Robert [L1] 10:30 News, Health, Horoscopes and the Daily Chronicle w/ Puzzles [L1] 11:00 Horse racing for prizes [L1] 12:30 Independent Artists at Work [AC] 1:30 Poker with a surprise [CR] 3:30 Bocce Ball [L1] 4:30 Happy Hour w/Spontaneous Combustion [MDR] 6:30 Holiday Music with The Alpine Coral [RT]	12 Mario's Action Station 11:30 to 1:30 9:30 Self Led Walking For your Health 10:00 Good Morning w/Daily Chronicle & Puzzles [L1] 10:45 Maximum Fitness with Sheri [L1] 11:45 Cool Down and Refreshments [L1] 1:30 Get Creative with Water Colors [AC] 2:00 Fleece Blankets for Childrens Hospital [AC] 2:30 Baking Cookies with Tracy [AC] 3:30 Puzzles in the Art Room [AC] 4:30 Chorus of Division 69 of California [RT] 6:00 Relax and Reminisce with Good Friends at the Bistro [BISR]	13 9:30 Good Morning w/ Daily Chronicles & Puzzles 9:30 Self Led Walking Club [RL] 10:30 Lunch Outing: Black Angus [BUS] 11:00 Independent Artists at Work [AC] 11:30 Puzzles in the Art Room [AC] 12:30 Lunch Visits with Pastor Bob 2:00 Bible Study with Pastor Bob [L2] 2:30 BlackJack 3:30 Bingo for Gift Cards [AC] 6:00 Relax and Reminisce with Good Friends at the Bistro [BISR]	14 9:30 Walk for your Health [RL] 10:00 Good Morning w/ Daily Chronicles & Puzzles [AC] 10:30 Early Riser Artists at Work [AC] 11:00 Manicures with Tracy [AC] 11:30 Jigsaw Puzzles [AC] 1:00 Card Game Your Choice [CR] 3:00 Afternoon Movie and Popcorn-"Miracle on 34th Street" [RT] 4:30 Resident Visits w/ Reading Supplies 6:00 Meet For Coffee in the Lobby [RL]	15 9:30 Good Morning w/ Daily Chronicles & Puzzles 9:30 Self Led Walking Club [RL] 10:00 Shopping with Tracy Resident's Choice [BUS] 10:00 Sing Along With Myron [RT] 11:00 Meet in the Library with a good book [L] 1:30 Finish Our Holiday Crafts [AC] 2:00 Crocheting/Knitting w/Jane [AC] 2:30 Cookie Baking [AC] 3:00 Refreshments and Friends [AC] 3:30 Puzzles in the Art Room [AC] 4:00 Organize Our Art Supplies 6:00 Relax and Reminisce with Good Friends at the Bistro [BISR]
16 8:00 Guardian Angels Catholic Church 8:45 Sonrise Church [BUS] 9:30 Good Morning w/ Daily Chronicles & Puzzles 10:00 Communion @ The Theater [RT] 10:45 Love on a Leash [L1] 11:15 Come chat with Daniela from Culinary [MDR] 1:00 Independent Artists at Work [AC] 1:00 Organ Pavilion Christmas Caroling [BUS] 1:30 Ukulele Class with Neal [L1] 2:30 Join Me for Hot Cocoa [L1] 3:00 Movie and Popcorn-"Prancer" [RT]	17 9:30 Self Led Walking Club [RL] 10:00 Exercise with Leo [L1] 10:30 Daily Chronicles & Puzzles [L1] 11:00 20's 30's and 40's Trivia with Leo [L1] 11:30 Independent Artists at Work [AC] 1:30 Feeling Lucky Black Jack with Candy Canes [CR] 3:00 Bingo for Prizes [L1] 4:00 Water Our Garden [RC] 6:00 Meet your neighbor at the Bistro	18 9:30 Self Led Walking Club 10:00 Yoga and Exercise with Robert [L1] 10:30 News, Health, Horoscopes and the Daily Chronicle w/ Puzzles [L1] 11:00 Let's learn how to play Rummy [L1] 12:30 Independent Artists at Work [AC] 2:30 Midway Presentation with Tom Dean [RT] 4:30 Happy Hour w/Cowboy Jack and December Birthday Celebration [MDR] 6:00 Christmas Lights, Cookies and Drinks [BUS]	19 Mario's Action Station 11:30 to 1:30 9:30 Self Led Walking For your Health 10:00 Good Morning w/Daily Chronicle & Puzzles [L1] 10:45 Maximum Fitness with Sheri [L1] 11:45 Beating the Holiday Blues [L1] 1:30 Styrofoam Christmas Trees [AC] 2:30 Baking Cookies with Tracy [AC] 3:30 Fleece Blankets for Childrens Hospital [AC] 4:00 Clean Up Our Art Area [AC] 6:00 Relax and Reminisce with Good Friends at the Bistro [BISR]	20 9:30 Good Morning w/ Daily Chronicles & Puzzles 9:30 Self Led Walking Club [RL] 10:30 Lunch Outing: Anthony's [BUS] 11:00 Independent Artists at Work [AC] 11:30 Puzzles in the Art Room [AC] 12:30 Lunch Visits with Pastor Bob 2:00 Bible Study with Pastor Bob [L2] 2:30 BlackJack 3:30 Bingo for Gift Cards [AC] 6:00 Relax and Reminisce with Good Friends at the Bistro [BISR]	21 All Staff Meeting @ 2:00 9:30 Walk for your Health [RL] 10:00 Good Morning w/ Daily Chronicles & Puzzles 10:30 Early Riser Artists at Work [AC] 11:00 Manicures with Tracy [AC] 11:30 Jigsaw Puzzles [AC] 1:00 Parasol Strutters [RT] 2:00 Independent Artists at Work [AC] 3:00 Afternoon Movie and Popcorn-"It's a Wonderful Life" [RT] 4:30 Resident Visits w/ Reading Supplies 6:00 Meet For Coffee in the Lobby [RL]	22 9:30 Self Led Walking Club [RL] 10:00 Good Morning w/ Daily Chronicles & Puzzles 10:30 Buncos for Prizes [L1] 11:30 Check and water our Garden [RC] 1:30 Button Art [AC] 2:00 Crocheting/Knitting w/Jane [AC] 2:30 Cookie Baking [AC] 3:00 Refreshments and Friends [AC] 3:30 Puzzles in the Art Room [AC] 4:30 Singing with Chapel Santee [RT] 6:00 Relax and Reminisce with Good Friends at the Bistro [BISR]
23 8:00 Guardian Angels Catholic Church 8:45 Sonrise Church [BUS] 9:30 Good Morning w/ Daily Chronicles & Puzzles 10:00 Communion @ The Theater [RT] 10:45 Love on a Leash [L1] 11:15 Come chat with Daniela from Culinary [MDR] 1:00 Independent Artists at Work [AC] 2:30 Join Me for Hot Cocoa [L1] 3:00 Movie and Popcorn-"Home Alone 2" [RT]	24 9:30 Self Led Walking Club [RL] 10:00 Exercise with Leo [L1] 10:00 Holiday Music with Steve and Diane [RT] 10:30 Daily Chronicles & Puzzles [L1] 11:30 Independent Artists at Work [AC] 1:30 Feeling Lucky Black Jack with Candy Canes [CR] 4:00 Water Our Garden [RC] 6:00 Meet your neighbor at the Bistro	25 Elves Gift Delivery at 12:30 Merry Christmas 9:30 Self Led Walking Club 10:00 Yoga and Exercise with Robert [L1] 10:30 News, Health, Horoscopes and the Daily Chronicle w/ Puzzles [L1] 12:00 Christmas Entertainment/Sylvia and Salvador [MDR] 2:00 Independent Artists at Work [AC] 6:00 Relax and Reminisce with Good Friends at the Bistro [RC]	26 Mario's Action Station 11:30 to 1:30 9:30 Self Led Walking For your Health 10:00 Good Morning w/Daily Chronicle & Puzzles [L1] 10:45 Maximum Fitness with Sheri [L1] 11:45 Cool Down and Refreshments [L1] 1:30 Faux stained glass [AC] 2:30 Baking Cookies with Tracy [AC] 3:30 Fleece Blankets for Childrens Hospital [AC] 4:00 Clean Up Our Art Area [AC] 6:00 Relax and Reminisce with Good Friends at the Bistro [BISR]	27 9:30 Good Morning w/ Daily Chronicles & Puzzles 9:30 Self Led Walking Club [RL] 10:30 Lunch Outing: Tio Leo's [BUS] 11:00 Independent Artists at Work [AC] 11:30 Puzzles in the Art Room [AC] 1:30 BlackJack 3:30 Bingo for Gift Cards [AC] 6:00 Relax and Reminisce with Good Friends at the Bistro [BISR]	28 9:30 Walk for your Health [RL] 10:00 Good Morning w/ Daily Chronicles & Puzzles 10:30 Early Riser Artists at Work [AC] 11:00 Manicures with Tracy [AC] 11:30 Jigsaw Puzzles [AC] 1:00 Card Game Your Choice [CR] 3:00 Afternoon Movie and Popcorn-"Four Christmases" [RT] 4:30 Resident Visits w/ Reading Supplies 6:00 Meet For Coffee in the Lobby [RL]	29 9:30 Self Led Walking Club [RL] 10:00 Good Morning w/ Daily Chronicles & Puzzles [L1] 11:00 New Years Resolutions and Fun Facts [L1] 1:30 Artists at work [AC] 2:30 Crocheting/Knitting w/Jane [AC] 3:00 Cookie Baking [AC] 3:00 Refreshments and Friends [AC] 3:30 Puzzles in the Art Room [AC] 4:00 Organize Our Art Supplies 6:00 Relax and Reminisce with Good Friends at the Bistro [BISR]

Continued at top