

February 2019

The Pointe at Lantern Crest

Sunday Monday Tuesday Wednesday Thursday Friday Saturday

LOCATION KEY

LP	1st Floor Lobby Pointe
LB32	2nd Floor Latitude 32 Bar
V	2nd Floor Veranda Dining
TD	2nd Floor Terrazza Dining
FS	2nd Floor Fitness Studio
G 2	2nd Floor Garden
PDP	Pool Deck Patio
GR	3rd Floor Game Room
LL/P	3rd Floor Lantern Links/Patio
T	3rd Floor Theater
L	4th Floor Library
AC	4th Floor Art/Crafts

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"Age is an issue of mind over matter. If you don't mind, it doesn't matter."
- Mark Twain

Wear Red for Heart Month!

10:00 ♥ Functional Boxing with Sheri [FS]

10:30 Garden Club: What to Plant in February [G2]

12:30 ♥ Balloon Exercise with Seleka [FS]

1:00 Bridge Club [FS]

1:00 Penny Poker [GR]

2:15 Mahjong [GR]

Groundhog Day

8:00 ★ Morning Walk [LP]

10:00 ♥ Living Well with Aarica [LB32]

11:30 Drama Club with Trevor [T]

1:00 Brain Games [GR]

1:30 Bunco [GR]

2:00 Puzzles Around Lantern Crest

2:30 Guest Speaker: Richard Lederer - The Joy of Names [T]

7:00 Lantern Crest Saturday Night at the Movies: Pride & Prejudice PG 2005 · Drama/Romance · 2h 15m [T]

HAPPY BIRTHDAY

Shirley Kennerly 2/6
Craig McKinnis 2/8
Judy Moore 2/9
Liz Jones 2/15
Madeline Koci 2/17
Elaine Gustafon 2/19
Carl Gunn 2/27

8:00 ★ Guardian Angels Catholic Church [LP] 3

8:30 ★ Shadow Mountain Church [LP]

9:30 ★ Communion: The Ridge [LP]

11:30- BRUNCH [TD]

12:30 ★ Bridge Club [FS]

12:30 ★ Lantern Crest Theater Matinee Movie: **Pride & Prejudice PG 2005** · Drama/Romance · 2h 15m [T]

1:00 ♥ Self-Led Walk the Halls

2:30 \$1 Bingo [GR]

3:30 SuperBowl LIII [LB32]

4:00 Club Paw-a-Dise Social [LL]

10:15 ★ Club Paw-A-Dise: A Movie and Lunch [LP] 4

10:30 ♥ Chair Zumba w/ Diana [FS]

11:00 ♥ Chair Volleyball [FS]

1:00 Penny Poker [GR]

2:00 Mexican Train/Card Games [GR]

2:30 ASL · American Sign Language [LB32]

3:15 Glee Club [TD]

4:30 Music w/Trevor Gibson [TD]

6:30 Poker [GR]

9:30 Bible Study with Pastor Jim from Sonrise Church [L] 5

10:00 ♥ Chair Weights Exercise [FS]

10:00 ★ Picnic at the Water Conservation Garden [LP]

10:30 ♥ Better Balance [FS]

1:00 \$1 Bingo [GR]

2:00 ★ Banks and Post Office [LP]

2:30 We're Too Old for This: Technology Help [L]

4:00 Word Search: LANTERN CREST [LP]

Happy Birthday Shirley Kennerly! 6

9:30 Bible Study with Pastor Tim from Foothills Church [L]

10:00 Coffee with the Executive Director Kaan [LP]

10:30 ♥ Chair Yoga with weights w/Heidi [FS]

11:15 Bunco [GR]

2:00 Girl Scout Cookie Sale [LB32]

3:30 Happy Hour: Blue Zone [LB32]

7:00 Lantern Crest Theater: The English Patient R 1996 · Drama/Romance · 2h 42m [T]

10:00 ♥ Chair Exercise [FS] 7

10:30 ♥ Better Balance [FS]

1:00 Nickel Black Jack [GR]

2:30 ★ Valentine's Day Flower Class with Lori [AC]

3:00 ★ Shopping: Farmers Market [LP]

4:00 Mini Golf

4:30 Culinary Action Night [V]

6:30 Domino's with Friends [GR]

7:00 Musical Theater w/ Trevor

Happy Birthday Craig McKinnis! 8

10:00 ♥ Stand up Balance w/ Sheri [FS]

12:30 ♥ Balloon Exercise with Seleka [FS]

1:00 Bridge Club [FS]

1:00 Penny Poker [GR]

2:15 Mahjong [GR]

10:30 Garden Club: What to Plant in February

Happy Birthday Judy Moore! 9

8:00 ★ Morning Walk [LP]

10:00 ♥ Living Well with Aarica [LB32]

11:30 Drama Club with Trevor [T]

1:00 Brain Games [GR]

1:30 Bunco [GR]

2:00 Puzzles Around Lantern Crest

4:00 ♥ Prayer in Prayer with Bill Bixby [L]

7:00 Lantern Crest Saturday Night at the Movies: La La Land PG-13 2016 · Drama/Romance · 2h 8m [T]

HAPPY ANNIVERSARY

No Anniversaries This Month

8:00 ★ Guardian Angels Catholic Church [LP] 10

8:30 ★ Shadow Mountain Church [LP]

9:30 ★ Communion: The Ridge [LP]

11:30- BRUNCH [TD]

12:30 ★ Bridge Club [FS]

12:30 ★ Lantern Crest Theater Matinee Movie: **La La Land PG-13 2016** · Drama/Romance · 2h 8m [T]

1:00 ♥ Self-Led Walk the Halls

2:30 \$1 Bingo [GR]

4:00 Club Paw-a-Dise Social [LL]

10:00 ♥ Tai Chi Demo with Peter Wu [FS] 11

10:30 ♥ Chair Zumba w/ Diana [FS]

11:00 ♥ Chair Volleyball [FS]

1:00 Penny Poker [GR]

2:00 Mexican Train/Card Games [GR]

2:30 ASL · American Sign Language [LB32]

3:15 Glee Club [TD]

5:30 Glee Club Performance [TD]

6:30 Poker [GR]

Last Day to Sign Up for Valentine's Day Plated Dinner 12

9:30 Lantern Crest Resident Art Show: Welcome Tony Juilian! [LP]

10:00 ♥ Chair Weights Exercise [FS]

10:00 ★ Sycuan Casino [LP]

10:30 ♥ Better Balance [FS]

1:00 \$1 Bingo [GR]

3:30 Happy Hour: Music Station [LB32]

4:00 Word Search: COLORS [LP]

4:30 Resident Dinner Mixer [LB32]

9:30 Bible Study with Pastor Tim from Foothills Church special guest Joyce Green and her inoperable brain tumor miracle [T] 13

10:30 ♥ Chair Yoga with weights w/Heidi [FS]

11:00 Armchair Astronomer [T]

12:15 Bunco [GR]

1:30 Resident Council Board Meeting [V]

2:30 ★ Shopping: Let's go Shopping w/ Brit & Kathy [LP]

7:00 Lantern Crest Theater: Love Actually (R) 2003 · Drama/Romance · 2h 25m [T]

Valentine's Day 14

10:00 ♥ Chair Exercise [FS]

10:30 ♥ Better Balance [FS]

1:00 Nickel Black Jack [GR]

2:30 Valentines Day Event Step Up [TD]

3:00 Cupid's Bash 3PM - 4:30PM [TD]

4:00 Mini Golf

4:30 ★ Valentine's Day Plated Dinner [TD]

6:30 Domino's with Friends [GR]

7:00 Musical Theater w/ Trevor

Happy Birthday Liz Jones! 15

9:15 ★ Santee Library Breakfast and Books: Linda Canada on US Executive Order 9066 & Japanese Internment [LP]

10:00 ♥ Functional Boxing with Sheri [FS]

10:30 Garden Club [G2]

12:30 ♥ Balloon Exercise with Seleka [FS]

1:00 Bridge Club [FS]

1:00 Penny Poker [GR]

2:15 Mahjong [GR]

8:00 ★ Morning Walk [LP] 16

10:00 ♥ Living Well with Aarica [LB32]

11:30 Drama Club with Trevor [T]

1:00 Brain Games [GR]

1:30 Bunco [GR]

2:00 Puzzles Around Lantern Crest

7:00 Lantern Crest Saturday Night at the Movies: The Greatest Showman PG 2017 · Drama/Romance · 1h 46m [T]

ALL ACTIVITIES ARE SUBJECT TO CHANGE WITHOUT NOTICE

CHECK DAILIES FOR UPDATES

DOCTOR DRIVES

Monday thru Friday
9 AM - 3 PM

9 AM- 1 PM for Hillcrest & La Jolla Appointments

Happy Birthday Madeline Koci! 17

8:00 ★ Guardian Angels Catholic Church [LP]

8:30 ★ Shadow Mountain Church [LP]

9:30 ★ Communion: The Ridge [LP]

11:30- BRUNCH [TD]

12:30 ★ Bridge Club [FS]

1:00 ♥ Self-Led Walk the Halls

1:30 Spotlight Dance Performance [T]

2:30 \$1 Bingo [GR]

4:00 Club Paw-a-Dise Social [LL]

Presidents' Day 18

10:30 ♥ Chair Zumba w/ Diana [FS]

11:00 ♥ Chair Volleyball [FS]

11:30 ♥ New-Triton with Barbara Grant [V]

1:00 Penny Poker [GR]

2:00 Mexican Train/Card Games [GR]

2:30 ASL · American Sign Language [LB32]

3:15 Glee Club [TD]

4:30 Music w/Trevor Gibson [TD]

6:30 Poker [GR]

Happy Birthday Elaine Gustafon! 19

9:30 Bible Study with Pastor Jim from Sonrise Church [L]

10:00 ♥ Chair Weights Exercise [FS]

10:30 ♥ Better Balance [FS]

11:15 ★ Shopping: Home Goods or Parkway Plaza [LP]

1:00 \$1 Bingo [GR]

2:00 ★ Shopping: Costco [LP]

2:30 We're Too Old for This: Technology Help [L]

4:00 Word Search: RESIDENTS NAMES [LP]

9:30 Bible Study with Pastor Tim from Foothills Church [L] 20

10:30 ♥ Chair Yoga with weights w/Heidi [FS]

11:15 Bunco [GR]

1:30 All Resident Meeting [T]

3:30 🎉 Happy Birthday Happy Hour Live Entertainment: Broken Strings [LB32]

7:00 Lantern Crest Theater: The Young Victoria PG 2009 · Drama/Docudrama · 1h 45m [T]

10:00 ♥ Chair Exercise [FS] 21

10:30 ♥ Better Balance [FS]

11:30 ★ Veterans Luncheon [V]

1:00 Nickel Black Jack [GR]

1:30 ♥ Uni-Care Free Blood Pressure Check [LB32]

2:00 Activity Chat

3:00 New Resident Social with Bill [V]

3:00 ★ Shopping: Dollar Store/ Dollar Tree [LP]

4:00 Mini Golf

6:30 Domino's with Friends [GR]

7:00 Musical Theater w/ Trevor

10:00 ♥ Stand up Balance w/ Sheri [FS] 22

10:30 Garden Club: Planting Day! [G2]

12:30 ♥ Balloon Exercise with Seleka [FS]

1:00 Bridge Club [FS]

1:00 Penny Poker [GR]

2:15 Mahjong [GR]

3:00 Grandpa John Sing-A-Long [V]

4:00 Book Club [L]

8:00 ★ Morning Walk [LP] 23

10:00 ♥ Living Well with Aarica [LB32]

11:30 Drama Club with Trevor [T]

1:00 Brain Games [GR]

1:30 Bunco [GR]

2:00 Puzzles Around Lantern Crest

7:00 Lantern Crest Saturday Night at the Movies: Seabiscuit PG-13 2003 · Drama/Sport · 2h 21m [T]

8:00 ★ Guardian Angels Catholic Church [LP] 24

8:30 ★ Shadow Mountain Church [LP]

9:30 ★ Communion: The Ridge [LP]

11:30- BRUNCH [TD]

12:30 ★ Bridge Club [FS]

12:30 ★ Lantern Crest Theater Matinee Movie: **Seabiscuit PG-13 2003** · Drama/Sport · 2h 21m [T]

1:00 ♥ Self-Led Walk the Halls

2:30 \$1 Bingo [GR]

4:00 Club Paw-a-Dise Social Meeting [LL]

10:30 ♥ Chair Zumba w/ Diana [FS] 25

11:00 ♥ Chair Volleyball [FS]

1:00 Penny Poker [GR]

2:00 Mexican Train/Card Games [GR]

2:30 ASL · American Sign Language [LB32]

3:15 Glee Club [TD]

4:30 Music w/Trevor Gibson [TD]

6:30 Poker [GR]

9:30 Bible Study with Pastor Jim from Sonrise Church [L] 26

10:00 ♥ Chair Weights Exercise [FS]

10:00 ★ Shopping: Parkway Plaza [LP]

10:30 ♥ Better Balance [FS]

1:00 \$1 Bingo [GR]

1:30 Dining Committee Meeting [V]

2:00 ★ Shopping: Costco [LP]

4:00 Word Search: Places to Live in San Diego [LP]

Happy Birthday Carl Gunn! 27

9:30 Bible Study with Pastor Tim from Foothills Church [L]

10:30 ♥ Chair Yoga with weights w/Heidi [FS]

11:00 ★ Dignity Memorial Lunch and Learn [V]

1:30 ★ The Palace Theater Feature Film [T]

2:30 Life Enrichment Committee Meeting [V]

3:30 Happy Hour Live Entertainment: Kemosabe [LB32]

7:00 Lantern Crest Theater: First Knight PG-13 1995 · Drama/Fantasy · 2h 14m [T]

10:00 ♥ Chair Exercise [FS] 28

10:30 ♥ Better Balance [FS]

1:00 Nickel Black Jack [GR]

2:30 Arts/Crafts Philanthropy Project: Eucalyptus Shower Melts [AC]

3:00 ♥ Abbott Hearing Aid Clean and Check [LB32]

3:00 ★ Anthony's Fish Grotto [LP]

4:00 Mini Golf

4:30 Culinary Action Night [V]

6:30 Domino's with Friends [GR]

7:00 Musical Theater w/ Trevor

♥ BE WELL

★ BIRTHDAY

★ RSVP