

# March 2019 Lantern Crest Assisted Living

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>March cont'd</b></p> <p><b>31</b></p> <p><i>Find a friend and take a walk</i> 8:00 Guardian Angels Catholic Church 8:45 Sunrise Church [BUS] 9:00 <i>Who or What is It Clue Game</i> 9:30 <i>Good Morning w/ Daily Chronicles &amp; Puzzles</i> 10:00 Communion @ The Theater [RT] 10:15 Left, Right, Center Game [L1] 10:45 <i>Love on a Leash [L1]</i> 11:15 <i>Come chat with Daniela from Culinary [L1]</i> 1:00 Independent Artists at Work [AC] 1:30 Card Game-Resident's Choice [CR] 3:00 <i>Movie and Popcorn- "The Bridges Of Madison County" [RT]</i></p>	<p><b>Maritza Aguirre</b> <b>Life Enrichment Director</b> <b>@ the Ridge</b> <b>800 Lantern Crest Way</b> <b>Santee, CA 92071</b> <b>619-647-6392</b> <b>Maritza.aguirre@lanterncrestsantee.com</b></p> 	<p><b>Resident Birthdays</b></p> <p>Theresa F. 3/3 Myra Gayle F. 3/4 Ilse S. 3/15 Izetta J. 3/20 Orla B. 3/22</p>	<p><b>Come and visit our greeting card station on the 2nd floor. Cards galore for your convenience.</b></p>	<p><i>Find a friend and take a walk</i> 9:30 <i>Who or What Is It Clue Game</i> 10:00 <i>Good Morning w/ Daily Chronicles &amp; Puzzles</i> 10:30 <i>Name That Tune [L1]</i> 11:30 Jigsaw Puzzles [AC] 1:00 <i>Card Game "31" [CR]</i> 2:00 <i>Afternoon Movie and Popcorn: It Could Happen To You [RT]</i> 4:30 <i>Piano Melodies with Trevor [MDR]</i> 6:00 <i>Meet For Coffee in the Lobby [RL]</i></p>	<p><i>Find a friend and take a walk</i> 9:30 <i>Who or What Is It Clue Game</i> 10:00 <i>Good Morning w/ Daily Chronicles &amp; Puzzles</i> 10:30 <i>Balloon Exercise-Hand &amp; Eye Coordination [L1]</i> 11:00 Hydration Station [L1] 11:30 Lets meet at the Bistro for a Jigsaw Puzzle [BISR] 1:30 <i>Sing Along with Myron [RT]</i> 1:30 <i>Watercolor Artists At Work [AC]</i> 2:30 <i>Crocheting/Knitting w/Jane [AC]</i> 3:30 Puzzles in the Art Room [AC] 4:00 Organize Our Art Supplies 6:00 <i>Relax and Reminisce with Good Friends at the Bistro [BISR]</i></p>	
<p><i>Find a friend and take a walk</i> <b>Happy Birthday Theresa</b> 8:00 Guardian Angels Catholic Church 8:45 Sunrise Church [BUS] 9:00 <i>Who or What is It Clue Game</i> 9:30 <i>Good Morning w/ Daily Chronicles &amp; Puzzles</i> 10:00 Communion @ The Theater [RT] 10:15 Left, Right, Center Game [L1] 10:45 <i>Love on a Leash [L1]</i> 11:15 <i>Come chat with Daniela from Culinary [L1]</i> 1:00 Independent Artists at Work [AC] 1:30 Card Game-Resident's Choice [CR] 3:00 <i>Movie and Popcorn- "It Runs in the Family" [RT]</i></p>	<p><i>Find a friend and take a walk</i> <b>Happy Birthday Gayle</b> 9:30 <i>Who or What Is It Clue Game</i> 9:45 <i>Daily Chronicles &amp; Puzzles [L1]</i> 10:00 <i>Exercise with Leo [L1]</i> 10:45 Take a break and Get a Drink 11:00 <i>Trivia with Leo [L1]</i> 11:30 <i>Independent Artists at Work [AC]</i> 1:30 Feeling Lucky Black Jack [CR] 3:00 Bingo for Prizes [L1] 4:00 <i>Meet your neighbor at the Bistro</i></p>	<p><i>Find a friend and take a walk</i> <b>Happy Mardi Gras Day</b> 9:30 <i>Who or What Is It Clue Game</i> 10:00 <i>News, Health, Horoscopes and the Daily Chronicle w/ Puzzles [L1]</i> 10:30 <i>Lunch Outing to: Boll Weevil's [BUS]</i> 11:30 Puzzles in the Bistro [BISR] 12:30 Independent Artists at Work [AC] 2:00 Card Game Your Choice [CR] 3:00 Bocce Ball 4:30 <i>Happy Hour w/Broken Strings [MDR]</i> 6:00 <i>Relax and Reminisce with Good Friends at the Bistro [RC]</i></p>	<p><b>Ash Wednesday</b> <i>Find a friend and take a walk</i> <i>Mario's Action Station 11:30 to 1:30</i> <i>Resident Council Today at 3:00</i> 9:30 <i>Who or What Is It Clue Game</i> 9:45 <i>Good Morning w/Daily Chronicle &amp; Puzzles [L1]</i> 10:00 <i>March Trivia and Fun Facts [L1]</i> 10:30 <i>Maximum Fitness with Sheri [L1]</i> 11:45 Cool Down and Refreshments [L1] 1:30 <i>Leprechaun Door Decor [AC]</i> 2:30 <i>Jewelry Creations for Alzheimer's [AC]</i> 3:00 <i>Resident Council [RT]</i> 3:30 Puzzles in the Art Room [AC] 4:00 Clean Up Our Art Area [AC] 6:00 <i>Relax and Reminisce with Good Friends at the Bistro [BISR]</i></p>	<p><i>Find a friend and take a walk</i> 9:30 <i>Who or What Is It Clue Game</i> 10:00 <i>Exercise with Tracy [L1]</i> 10:30 <i>Good Morning w/ Daily Chronicles &amp; Puzzles</i> 11:00 <i>Place Your Bets Horse Racing [L1]</i> 12:30 <i>Lunch Visits with Pastor Bob</i> 1:30 Five Card Stud Deuces Wild [CR] 2:00 <i>Bible Study with Pastor Bob [L2]</i> 3:00 <i>Bingo for Gift Cards [AC]</i> 6:00 <i>Relax and Reminisce with Good Friends at the Bistro [BISR]</i></p>	<p><i>Find a friend and take a walk</i> 10:00 <i>Good Morning w/ Daily Chronicles &amp; Puzzles</i> 10:00 <i>Let's Talk Hearing Aids with Wendy [L1]</i> 11:30 Jigsaw Puzzles [AC] 1:30 <i>Card Game "31" [CR]</i> 1:30 <i>Inspirational Music with Steve and Diane [AC]</i> 3:00 <i>Afternoon Movie and Popcorn: The Quiet Man [RT]</i> 4:30 Resident Visits with Reading Supplies 6:00 <i>Meet For Coffee in the Lobby [RL]</i></p>	<p><i>Find a friend and take a walk</i> 9:30 <i>Who or What Is It Clue Game</i> 10:00 <i>Good Morning w/ Daily Chronicles &amp; Puzzles</i> 10:00 <i>Shadow Mountain Church [RT]</i> 10:30 <i>Shopping- "Don't forget your bags" [L1]</i> 11:30 Lets meet at the Bistro for a Jigsaw Puzzle [BISR] 1:30 <i>Finish our Door Decor Project [AC]</i> 2:00 <i>Crocheting/Knitting w/Jane [AC]</i> 3:00 <i>Refreshments and Friends [AC]</i> 3:30 Puzzles in the Art Room [AC] 4:00 Organize Our Art Supplies 6:00 <i>Relax and Reminisce with Good Friends at the Bistro [BISR]</i></p>
<p><b>Daylight Savings Begins</b> <i>Find a friend and take a walk</i> 8:00 Guardian Angels Catholic Church 8:45 Sunrise Church [BUS] 9:00 <i>Who or What is It Clue Game</i> 9:30 <i>Good Morning w/ Daily Chronicles &amp; Puzzles</i> 10:00 Communion @ The Theater [RT] 10:15 Left, Right, Center Game [L1] 10:45 <i>Love on a Leash [L1]</i> 11:15 <i>Come chat with Daniela from Culinary [L1]</i> 1:00 Independent Artists at Work [AC] 1:30 Card Game-Resident's Choice [CR] 3:00 <i>Movie and Popcorn- "Phenomenon" [RT]</i> 3:45 <i>Prayer Service with Bob Bixby</i></p>	<p><i>Find a friend and take a walk</i> 9:30 <i>Who or What Is It Clue Game</i> 9:45 <i>Daily Chronicles &amp; Puzzles [L1]</i> 10:00 <i>Exercise with Leo [L1]</i> 10:45 Take a break and Get a Drink 11:00 <i>Hearing Aid Check and Cleaning [L1]</i> 11:30 <i>Independent Artists at Work [AC]</i> 1:30 Feeling Lucky Black Jack [CR] 3:00 Bingo for Prizes [L1] 4:00 <i>Meet your neighbor at the Bistro</i></p>	<p><i>Find a friend and take a walk</i> 9:30 <i>Who or What Is It Clue Game</i> 10:00 <i>News, Health, Horoscopes and the Daily Chronicle w/ Puzzles [L1]</i> 10:30 <i>Lunch Outing to: Marieta's [BUS]</i> 11:30 Puzzles in the Bistro [BISR] 12:30 Independent Artists at Work [AC] 2:00 <i>Card Game Your Choice [CR]</i> 3:00 Bocce Ball 4:30 <i>Happy Hour w/Music Station [MDR]</i> 6:00 <i>Relax and Reminisce with Good Friends at the Bistro [RC]</i></p>	<p><i>Find a friend and take a walk</i> <i>Mario's Action Station 11:30 to 1:30</i> 9:30 <i>Who or What Is It Clue Game</i> 9:45 <i>Good Morning w/Daily Chronicle &amp; Puzzles [L1]</i> 10:00 <i>Smart A** Trivia [L1]</i> 10:30 <i>Maximum Fitness with Sheri [L1]</i> 11:45 Cool Down and Refreshments [L1] 1:30 <i>Lets Make A Bowl with Coffee Filters [AC]</i> 2:00 <i>Baking Sweets with Tracy [AC]</i> 2:30 <i>Jewelry Creations for Alzheimer's [AC]</i> 3:00 Fleece Blankets for Childrens Hospital [AC] 3:30 Puzzles in the Art Room [AC] 4:00 Clean Up Our Art Area [AC] 6:00 <i>Relax and Reminisce with Good Friends at the Bistro [BISR]</i></p>	<p><i>Find a friend and take a walk</i> 9:30 <i>Who or What Is It Clue Game</i> 10:00 <i>Exercise with Tracy [L1]</i> 10:30 <i>Good Morning w/ Daily Chronicles &amp; Puzzles</i> 11:00 <i>Making Peanut Butter with Tracy [L1]</i> 12:30 <i>Lunch Visits with Pastor Bob</i> 1:30 <i>Butterfly Day! Fun Facts [BISR]</i> 2:00 <i>Bible Study with Pastor Bob [L2]</i> 3:00 <i>Bingo for Gift Cards [AC]</i> 6:00 <i>Relax and Reminisce with Good Friends at the Bistro [BISR]</i></p>	<p><i>Find a friend and take a walk</i> <b>Happy Birthday Ilse</b> 9:30 <i>Good Morning w/ Daily Chronicles &amp; Puzzles</i> 10:00 <i>Pumping Iron with Tracy [L1]</i> 11:00 <i>Finish the Saying [L1]</i> 11:30 Jigsaw Puzzles [AC] 1:30 <i>"Andy" The Puppeteer [CR]</i> 2:00 <i>Afternoon Movie and Popcorn: Open Range [RT]</i> 4:30 <i>Piano Melodies with Trevor [MDR]</i> 6:00 <i>Meet For Coffee in the Lobby [RL]</i></p>	<p><i>Find a friend and take a walk</i> 9:30 <i>Who or What Is It Clue Game</i> 10:00 <i>Good Morning w/ Daily Chronicles &amp; Puzzles</i> 10:30 <i>Balloon Exercise-Hand &amp; Eye Coordination [L1]</i> 11:00 Hydration Station [L1] 11:30 Lets meet at the Bistro for a Jigsaw Puzzle [BISR] 1:30 <i>Sing Along with Myron [RT]</i> 1:30 <i>Watercolor Artists At Work [AC]</i> 2:00 <i>Crocheting/Knitting w/Jane [AC]</i> 3:30 Puzzles in the Art Room [AC] 4:00 Organize Our Art Supplies 6:00 <i>Relax and Reminisce with Good Friends at the Bistro [BISR]</i></p>
<p><i>Find a friend and take a walk</i> <b>Happy St Patricks Day</b> 8:00 Guardian Angels Catholic Church 8:45 Sunrise Church [BUS] 9:00 <i>Who or What is It Clue Game</i> 9:30 <i>Good Morning w/ Daily Chronicles &amp; Puzzles</i> 10:00 Communion @ The Theater [RT] 10:15 Left, Right, Center Game [L1] 10:45 <i>Love on a Leash [L1]</i> 11:15 <i>Come chat with Daniela from Culinary [L1]</i> 12:00 <i>Keep An Eye Out For A Leprechaun &amp; George and Allan Jazz Duo [MDR]</i> 1:00 Independent Artists at Work [AC] 1:30 Card Game-Resident's Choice [CR] 3:00 <i>Movie and Popcorn- "Stand By Me" [RT]</i></p>	<p><i>Find a friend and take a walk</i> 9:30 <i>Who or What Is It Clue Game</i> 9:45 <i>Daily Chronicles &amp; Puzzles [L1]</i> 10:00 <i>Exercise with Leo [L1]</i> 10:45 Take a break and Get a Drink 11:00 <i>Trivia with Leo [L1]</i> 11:30 <i>Independent Artists at Work [AC]</i> 1:30 Feeling Lucky Black Jack [CR] 3:00 Bingo for Prizes [L1] 4:00 <i>Meet your neighbor at the Bistro</i></p>	<p><i>Find a friend and take a walk</i> 9:30 <i>Who or What Is It Clue Game</i> 10:00 <i>News, Health, Horoscopes and the Daily Chronicle w/ Puzzles [L1]</i> 10:30 <i>Lunch Outing to: Chili's Grill &amp; Bar [BUS]</i> 11:30 Puzzles in the Bistro [BISR] 12:30 Independent Artists at Work [AC] 2:00 <i>Card Game Your Choice [CR]</i> 3:00 <i>Activity Meeting</i> 4:30 <i>Happy Hour w/Blue Zone [MDR]</i> 6:00 <i>Relax and Reminisce with Good Friends at the Bistro [RC]</i></p>	<p><i>Find a friend and take a walk</i> <b>Happy Birthday Izetta</b> <i>Mario's Action Station 11:30 to 1:30</i> 9:30 <i>Good Morning w/Daily Chronicle, Puzzles and Clue Game [L1]</i> 10:00 <i>Trivia Galore [L1]</i> 10:30 <i>Maximum Fitness with Sheri [L1]</i> 11:45 Cool Down and Refreshments [L1] 1:30 <i>March Water Color Art [AC]</i> 2:00 <i>Baking Sweets with Tracy [AC]</i> 2:30 <i>Jewelry Creations for Alzheimer's [AC]</i> 3:00 Fleece Blankets for Childrens Hospital [AC] 3:30 Puzzles in the Art Room [AC] 4:30 <i>Piano Melodies w/ William Young [AC]</i> 6:00 <i>Relax and Reminisce with Good Friends at the Bistro [BISR]</i></p>	<p><i>Find a friend and take a walk</i> 9:30 <i>Who or What Is It Clue Game</i> 10:00 <i>Exercise with Tracy [L1]</i> 10:30 <i>Good Morning w/ Daily Chronicles &amp; Puzzles</i> 11:00 <i>Bunco for Prizes [L1]</i> 12:30 <i>Lunch Visits with Pastor Bob</i> 1:30 <i>Inspirational Music with Steve and Diane [RT]</i> 1:30 <i>National Fragrance Day- "What's Your Favorite Scent" [BISR]</i> 2:30 <i>Bible Study with Pastor Bob [L2]</i> 3:00 <i>Bingo for Gift Cards [AC]</i> 6:00 <i>Relax and Reminisce with Good Friends at the Bistro [BISR]</i></p>	<p><i>Find a friend and take a walk</i> <b>Happy Birthday Orla</b> <b>Mandatory Staff Meeting at 2:00</b> 9:30 <i>Good Morning w/ Daily Chronicles &amp; Puzzles</i> 10:00 <i>Early Riser Artists at Work</i> 11:30 Jigsaw Puzzles [AC] 1:30 <i>Independent Card Game- "You chose the dealer" [CR]</i> 2:30 <i>Independent Artists at Work [AC]</i> 3:00 <i>Afternoon Movie and Popcorn: The Intern [RT]</i> 4:30 Resident Visits with Reading Supplies 6:00 <i>Meet For Coffee in the Lobby [RL]</i></p>	<p><i>Find a friend and take a walk</i> 9:30 <i>Who or What Is It Clue Game</i> 10:00 <i>Good Morning w/ Daily Chronicles &amp; Puzzles</i> 10:30 <i>Balloon Exercise-Hand &amp; Eye Coordination [L1]</i> 11:00 Hydration Station [L1] 11:30 Lets meet at the Bistro for a Jigsaw Puzzle [BISR] 1:30 <i>Watercolor Artists At Work [AC]</i> 2:00 <i>Crocheting/Knitting w/Jane [AC]</i> 3:30 Puzzles in the Art Room [AC] 4:00 Organize Our Art Supplies 6:00 <i>Relax and Reminisce with Good Friends at the Bistro [BISR]</i></p>
<p><i>Find a friend and take a walk</i> 8:00 Guardian Angels Catholic Church 8:45 Sunrise Church [BUS] 9:00 <i>Who or What is It Clue Game</i> 9:30 <i>Good Morning w/ Daily Chronicles &amp; Puzzles</i> 10:00 Communion @ The Theater [RT] 10:15 Left, Right, Center Game [L1] 10:45 <i>Love on a Leash [L1]</i> 11:15 <i>Come chat with Daniela from Culinary [L1]</i> 1:00 Independent Artists at Work [AC] 1:30 Card Game-Resident's Choice [CR] 3:00 <i>Movie and Popcorn- "Seven Brides For Seven Brothers" [RT]</i></p>	<p><i>Find a friend and take a walk</i> 9:30 <i>Who or What Is It Clue Game</i> 9:45 <i>Daily Chronicles &amp; Puzzles [L1]</i> 10:00 <i>Exercise with Leo [L1]</i> 10:45 Take a break and Get a Drink 11:00 <i>Health Talk w/ Cheryl &amp; Lisa</i> 11:30 <i>Independent Artists at Work [AC]</i> 1:30 Feeling Lucky Black Jack [CR] 3:00 Bingo for Prizes [L1] 4:00 <i>Meet your neighbor at the Bistro</i></p>	<p><i>Find a friend and take a walk</i> <b>Happy Hour March Birthday Celebration</b> 9:30 <i>Who or What Is It Clue Game</i> 10:00 <i>News, Health, Horoscopes and the Daily Chronicle w/ Puzzles [L1]</i> 10:30 <i>Pizza Party at the Bistro [BUS]</i> 11:30 Puzzles in the Bistro [BISR] 12:30 Independent Artists at Work [AC] 2:00 <i>Card Game Your Choice [CR]</i> 3:00 Bocce Ball 4:30 <i>Happy Hour w/Kemosabe [MDR]</i> 6:00 <i>Relax and Reminisce with Good Friends at the Bistro [RC]</i></p>	<p><i>Find a friend and take a walk</i> <i>Mario's Action Station 11:30 to 1:30</i> 9:30 <i>Good Morning w/ Daily Chronicle, Puzzles and Clue Game [L1]</i> 10:00 <i>20 Questions [L1]</i> 10:30 <i>Maximum Fitness with Sheri [L1]</i> 11:45 Cool Down and Refreshments [L1] 2:00 <i>Baking Sweets with Tracy [AC]</i> 2:30 <i>Jewelry Creations for Alzheimer's [AC]</i> 3:00 Fleece Blankets for Childrens Hospital [AC] 3:30 Puzzles in the Art Room [AC] 4:00 Clean Up Our Art Area [AC] 6:00 <i>Relax and Reminisce with Good Friends at the Bistro [BISR]</i></p>	<p><i>Find a friend and take a walk</i> 9:30 <i>Who or What Is It Clue Game</i> 10:00 <i>Exercise with Tracy [L1]</i> 10:30 <i>Good Morning w/ Daily Chronicles &amp; Puzzles</i> 11:00 <i>Rummy Q [L1]</i> 12:30 <i>Lunch Visits with Pastor Bob</i> 1:30 <i>March Celebration of Life [BISR]</i> 3:00 <i>Bingo for Gift Cards [AC]</i> 6:00 <i>Relax and Reminisce with Good Friends at the Bistro [BISR]</i></p>	<p><i>Find a friend and take a walk</i> 9:30 <i>Good Morning w/ Daily Chronicles &amp; Puzzles</i> 10:30 <i>Exercise with Tracy [L1]</i> 11:00 <i>Let's Exercise Our Brain [L1]</i> 11:30 Jigsaw Puzzles [AC] 1:00 <i>Card Game "31" [CR]</i> 2:00 <i>Afternoon Movie and Popcorn: Father of the Bride [RT]</i> 4:30 <i>Piano Melodies with Trevor [MDR]</i> 6:00 <i>Meet For Coffee in the Lobby [RL]</i></p>	<p><i>Find a friend and take a walk</i> 9:30 <i>Who or What Is It Clue Game</i> 10:00 <i>Good Morning w/ Daily Chronicles &amp; Puzzles</i> 10:30 <i>Shopping - "Don't forget your bags" [L1]</i> 11:30 Lets meet at the Bistro for a Jigsaw Puzzle [BISR] 1:30 <i>String Easter Egg Wreaths [AC]</i> 2:00 <i>Crocheting/Knitting w/Jane [AC]</i> 3:00 <i>Refreshments and Friends [AC]</i> 3:30 Puzzles in the Art Room [AC] 4:00 Organize Our Art Supplies 6:00 <i>Relax and Reminisce with Good Friends at the Bistro [BISR]</i></p>

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