

April 2019 Lantern Crest Assisted Living

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday								
<p style="text-align: center;">Maritza Aguirre Life Enrichment Director @ the Ridge 800 Lantern Crest Way Santee, CA 92071 619-647-6392 Maritza.aguirre@lanterncrestsantee.com</p>	<p style="text-align: center;">1</p> <p><i>Take a Walk with Your Pedometer</i> 9:30 Who or What Is It Clue Game 9:45 Daily Chronicles & Puzzles [L1] 10:00 Exercise with Leo [L1] 10:45 Take a break and Get a Drink 11:00 Trivia with Leo [L1] 11:30 Independent Artists at Work [AC] 1:30 Feeling Lucky Black Jack [CR] 3:00 Bingo for Prizes [L1] 4:00 Meet your neighbor at the Bistro 6:00 Don't forget, check your steps at the front desk [RL]</p>	<p style="text-align: center;">2</p> <p><i>Take a Walk with Your Pedometer</i> 9:30 Who or What Is It Clue Game 10:00 News, Health, Horoscopes and the Daily Chronicle w/ Puzzles [L1] 10:30 Lunch Outing to: Anthony's [BUS] 11:30 Puzzles in the Bistro [BISR] 12:30 Independent Artists at Work [AC] 2:00 New Card Game "TRASH" [CR] 3:00 Bocce Ball 4:30 Happy Hour w/Sylvia and Salvador [MDR] 6:00 Don't forget, check your steps at the front desk [RL]</p>	<p style="text-align: center;">3</p> <p><i>Mario's Action Station 11:30 to 1:30</i> Resident Council @ 3:00 <i>Take a Walk with Your Pedometer</i> 9:30 Good Morning w/Daily Chronicle, Puzzles and Clue Game [L1] 10:00 New Game - "Fact or Foolery" [L1] 10:30 Maximum Fitness with Sheri [L1] 11:45 Cool Down and Refreshments [L1] 1:30 Chic Burlap Bunny Door Decor [AC] 2:00 Nifty Knitter's with Jane [AC] 2:30 Jewelry Creations for Alzheimer's [AC] 3:00 Resident Council [AC] 3:30 Puzzles in the Art Room [AC] 4:00 Clean Up Our Art Area [AC] 6:00 Don't forget, check your steps with the front desk [RL]</p>	<p style="text-align: center;">4</p> <p><i>Take a Walk with Your Pedometer</i> 9:30 Who or What Is It Clue Game 10:00 Good Morning w/ Daily Chronicles & Puzzles 10:30 Exercise with Tracy [L1] 11:00 Genealogy with Jim [L] 12:30 Lunch Visits with Pastor Bob 1:30 Five Card Stud Deuces Wild [CR] 1:30 Inspirational Music with Steve and Diane [RT] 2:00 Bible Study with Pastor Bob [L2] 3:00 Bingo for Gift Cards [AC] 6:00 Don't forget, check your steps with the front desk [RL]</p>	<p style="text-align: center;">5</p> <p><i>Take a Walk with Your Pedometer</i> 9:00 Good Morning w/ Daily Chronicles & Puzzles 9:30 Who or What Is It Clue Game 10:00 Green Thumb Club [BISR] 11:00 Water the Garden [BISR] 11:30 Jigsaw Puzzles [AC] 1:00 Feeling Lucky Black Jack [CR] 2:30 Netflix Afternoon Movie and Popcorn: Christopher Robin [RT] 4:00 Welcome New Resident's and Reading Supplies 4:30 Piano Music featuring "Trevor" [MDR] 6:00 Don't forget, check your steps with the front desk [RL]</p>	<p style="text-align: center;">6</p> <p><i>Take a Walk with Your Pedometer</i> 9:00 Good Morning w/ Daily Chronicles & Puzzles 9:30 Who or What Is It Clue Game 10:00 Shopping- Your Choice [BUS] 11:30 Lets meet at the Bistro for a Jigsaw Puzzle [BISR] 1:30 Get Crafty Club [AC] 1:30 Sing along with Myron [RT] 2:00 Decorating Pots and Birdhouses for Our Courtyard [AC] 2:30 Nifty Knitter's with Jane [AC] 3:30 Puzzles in the Art Room [AC] 4:00 Organize Our Art Supplies 6:00 Don't forget, check your steps with the front desk [RL]</p>								
<p style="text-align: center;">7</p> <p><i>Take a Walk with Your Pedometer</i> 8:00 Guardian Angels Catholic Church 8:45 Sunrise Church [BUS] 9:00 Who or What Is It Clue Game 9:30 Good Morning w/ Daily Chronicles & Puzzles 10:00 Communion @ The Theater [RT] 10:15 Left, Right, Center Game [L1] 10:45 Love on a Leash [L1] 11:15 Come chat with Daniela from Culinary [L1] 1:00 Independent Artists at Work [AC] 1:30 Card Game-Resident's Choice [CR] 3:00 Afternoon Netflix Movie -Your Choice [RT] 6:00 Don't forget, check your steps with the front desk [RL]</p>	<p style="text-align: center;">8</p> <p><i>Take a Walk with Your Pedometer</i> 9:30 Who or What Is It Clue Game 9:45 Daily Chronicles & Puzzles [L1] 10:00 Exercise with Leo [L1] 10:45 Take a break and Get a Drink 11:30 Independent Artists at Work [AC] 1:30 Feeling Lucky Black Jack [CR] 1:30 New Card Game "TRASH" [CR] 3:00 Bingo for Prizes [L1] 4:00 Meet your neighbor at the Bistro 6:00 Don't forget, check your steps at the front desk [RL]</p>	<p style="text-align: center;">9</p> <p><i>8 Hour Dementia Class for Staff</i> <i>Take a Walk with Your Pedometer</i> 9:30 Who or What Is It Clue Game 10:00 News, Health, Horoscopes and the Daily Chronicle w/ Puzzles 11:30 Puzzles in the Bistro [BISR] 12:30 Independent Artists at Work [AC] 1:30 Independent Card Game-"You chose the dealer" [CR] 4:30 Happy Hour w/Broken Strings [MDR] 6:00 Don't forget, check your steps at the front desk [RL]</p>	<p style="text-align: center;">10</p> <p><i>Mario's Action Station 11:30 to 1:30</i> <i>Take a Walk with Your Pedometer</i> 9:30 Good Morning w/Daily Chronicle, Puzzles and Clue Game [L1] 10:00 Word in a Word [L1] 10:30 Maximum Fitness with Sheri [L1] 11:45 Cool Down and Refreshments [L1] 1:30 "No Sew" Heating Pads [AC] 2:00 Baking Sweets with Tracy [AC] 2:30 Nifty Knitter's with Jane [AC] 3:00 Fleece Blankets for Childrens Hospital [AC] 3:30 Puzzles in the Art Room [AC] 4:00 Clean Up Our Art Area [AC] 4:30 Wine Down Wednesday w/William Young on the Piano [MDR] 6:00 Don't forget, check your steps with the front desk [RL]</p>	<p style="text-align: center;">11</p> <p><i>Take a Walk with Your Pedometer</i> 9:30 Who or What Is It Clue Game 10:00 Exercise with Tracy [L1] 10:30 Good Morning w/ Daily Chronicles & Puzzles 11:00 "Saddle Up" for some Horse Racing Game [L1] 12:30 Lunch Visits with Pastor Bob 1:30 Healing, Helping and Giving Club [L2] 2:00 Bible Study with Pastor Bob [L2] 3:00 Bingo for Gift Cards [AC] 6:00 Don't forget, check your steps with the front desk [RL]</p>	<p style="text-align: center;">12</p> <p><i>Take a Walk with Your Pedometer</i> 9:00 Good Morning w/ Daily Chronicles & Puzzles 9:30 Who or What Is It Clue Game 10:00 Green Thumb Club [BISR] 11:00 Water the Garden [BISR] 11:30 Jigsaw Puzzles [AC] 1:00 Card Game "31" [CR] 1:30 Balloon Exercise with Seleka [L1] 2:30 Afternoon Movie : "She Wore Silver Wings" starring our friend Jean. [RT] 4:00 Welcome New Resident's and Reading Supplies 4:30 Piano Music featuring "Trevor" [MDR] 6:00 Don't forget, check your steps with the front desk [RL]</p>	<p style="text-align: center;">13</p> <p><i>Take a Walk with Your Pedometer</i> 9:00 Good Morning w/ Daily Chronicles & Puzzles 9:30 Who or What Is It Clue Game 10:00 Shadow Mountain Church 10:00 Shopping-Your Choice [BUS] 11:30 Lets meet at the Bistro for a Jigsaw Puzzle [BISR] 1:30 Get Crafty Club [AC] 2:00 "No Sew" Heating Pads [AC] 2:30 Nifty Knitter's with Jane [AC] 3:30 Puzzles in the Art Room [AC] 4:00 Organize Our Art Supplies 6:00 Don't forget, check your steps with the front desk [RL]</p>								
<p style="text-align: center;">14</p> <p><i>Happy Birthday to Thelma and Gwen</i> <i>Take a Walk with Your Pedometer</i> 8:00 Guardian Angels Catholic Church 8:45 Sunrise Church [BUS] 9:00 Who or What Is It Clue Game 9:30 Good Morning w/ Daily Chronicles & Puzzles 10:00 Communion @ The Theater [RT] 10:15 Left, Right, Center Game [L1] 10:45 Love on a Leash [L1] 11:15 Come chat with Daniela from Culinary [L1] 1:00 Independent Artists at Work [AC] 1:30 Friends from TLC Ministries [L1] 3:00 Afternoon Netflix Movie -Your Choice [RT] 6:00 Don't forget, check your steps with the front desk [RL]</p>	<p style="text-align: center;">15</p> <p><i>Happy Birthday to Edna</i> <i>Take a Walk with Your Pedometer</i> 9:30 Who or What Is It Clue Game 9:45 Daily Chronicles & Puzzles [L1] 10:00 Exercise with Leo [L1] 10:45 Take a break and Get a Drink 11:00 Trivia with Leo [L1] 11:30 Independent Artists at Work [AC] 1:30 Feeling Lucky Black Jack [CR] 3:00 Bingo for Prizes [L1] 4:00 Meet your neighbor at the Bistro 6:00 Don't forget, check your steps at the front desk [RL]</p>	<p style="text-align: center;">16</p> <p><i>Take a Walk with Your Pedometer</i> 9:30 Who or What Is It Clue Game 10:30 News, Health, Horoscopes and the Daily Chronicle w/ Puzzles [L1] 11:30 Puzzles in the Bistro [BISR] 12:00 Lunch with Tracy at the Bistro featuring Kentucky Fried Chicken [BISR] 12:30 Independent Artists at Work [AC] 2:00 Five Card Stud Deuces Wild [CR] 3:00 Bocce Ball 4:30 Happy Hour w/Cowboy Jack [MDR] 6:00 Don't forget, check your steps at the front desk [RL]</p>	<p style="text-align: center;">17</p> <p><i>Mario's Action Station 11:30 to 1:30</i> <i>Take a Walk with Your Pedometer</i> 9:30 Good Morning w/Daily Chronicle, Puzzles and Clue Game [L1] 10:00 April Trivia and Fun Facts [AC] 10:30 Maximum Fitness with Sheri [L1] 11:45 Cool Down and Refreshments [L1] 1:30 Let's prepare for our "Art Show" [AC] 2:00 Nifty Knitter's with Jane [AC] 2:30 Jewelry Creations for Alzheimer's [AC] 3:00 Fleece Blankets for Childrens Hospital [AC] 3:30 Puzzles in the Art Room [AC] 4:00 Clean Up Our Art Area [AC] 6:00 Don't forget, check your steps with the front desk [RL]</p>	<p style="text-align: center;">18</p> <p><i>Take a Walk with Your Pedometer</i> 9:30 Who or What Is It Clue Game 10:00 Exercise with Tracy [L1] 10:30 Good Morning w/ Daily Chronicles & Puzzles 11:00 New Card Game "TRASH" [L1] 12:30 Lunch Visits with Pastor Bob 1:30 Inspirational Music with Steve and Diane [RT] 2:00 Bible Study with Pastor Bob [L2] 4:00 LC Alzheimer's Craft Fair [AC] 4:00 LC Craft Fair Entertainment with William Young [AC]</p>	<p style="text-align: center;">19</p> <p><i>Take a Walk with Your Pedometer</i> 9:00 Good Morning w/ Daily Chronicles & Puzzles 9:30 Who or What Is It Clue Game 10:00 Green Thumb Club [BISR] 11:00 Water the Garden [BISR] 11:30 Jigsaw Puzzles [AC] 1:00 Card Game "31" [CR] 1:30 Parasol Strutters [RT] 4:00 Welcome New Resident's and Reading Supplies 4:30 Piano Music featuring "Trevor" [MDR] 6:00 Don't forget, check your steps with the front desk [RL]</p>	<p style="text-align: center;">20</p> <p><i>Take a Walk with Your Pedometer</i> 9:00 Good Morning w/ Daily Chronicles & Puzzles 9:30 Who or What Is It Clue Game 10:00 Shopping- Your Choice [BUS] 11:30 Lets meet at the Bistro for a Jigsaw Puzzle [BISR] 1:30 Get Crafty Club [AC] 1:30 Sing along with Myron [AC] 2:00 Watercolor for beginners [AC] 2:30 Nifty Knitter's with Jane [AC] 3:30 Puzzles in the Art Room [AC] 4:00 Organize Our Art Supplies 6:00 Don't forget, check your steps with the front desk [RL]</p>								
<p style="text-align: center;">21</p> <p><i>Happy Easter with Special Guest" Easter Bunny"</i> <i>Take a Walk with Your Pedometer</i> 8:00 Guardian Angels Catholic Church 8:45 Sunrise Church [BUS] 9:00 Who or What is It Clue Game 9:30 Good Morning w/ Daily Chronicles & Puzzles 10:00 Communion @ The Theater [RT] 10:15 Left, Right, Center Game [L1] 10:45 Love on a Leash [L1] 11:15 Come chat with Daniela from Culinary [L1] 12:00 Easter Entertainment with George & Alan the Jazz Duo [MDR] 1:00 Independent Artists at Work [AC] 1:30 Card Game-Resident's Choice [CR] 3:00 Afternoon Netflix Movie -Your Choice [RT] 6:00 Don't forget, check your steps with the front desk [RL]</p>	<p style="text-align: center;">22</p> <p><i>Staff Meeting at 2:00</i> <i>Take a Walk with Your Pedometer</i> 9:30 Who or What Is It Clue Game 9:45 Daily Chronicles & Puzzles [L1] 10:00 Exercise with Leo [L1] 10:45 Take a break and Get a Drink 11:00 Healthy Brain with Lisa & Cheryl [L1] 1:30 Independent Artists at Work [AC] 2:00 Staff Meeting 3:00 Bingo for Prizes [L1] 4:00 Meet your neighbor at the Bistro 6:00 Don't forget, check your steps at the front desk [RL]</p>	<p style="text-align: center;">23</p> <p><i>Happy Birthday to Cynthia</i> <i>Take a Walk with Your Pedometer</i> 9:30 Who or What Is It Clue Game 10:00 News, Health, Horoscopes and the Daily Chronicle w/ Puzzles [L1] 10:30 Lunch Outing to: Janet's Cafe in Alpine [BUS] 11:30 Puzzles in the Bistro [BISR] 12:30 Independent Artists at Work [AC] 2:00 Feeling Lucky Black Jack [CR] 3:00 Activity Meeting for Staff 4:30 Happy Hour w/Blue Zone [MDR] 6:00 Don't forget, check your steps at the front desk [RL]</p>	<p style="text-align: center;">24</p> <p><i>Mario's Action Station 11:30 to 1:30</i> <i>Take a Walk with Your Pedometer</i> 9:30 Good Morning w/Daily Chronicle, Puzzles and Clue Game [L1] 10:30 Maximum Fitness with Sheri [L1] 11:45 Cool Down and Refreshments [L1] 1:30 Spring Wreath Door Decor [AC] 2:00 Baking Sweets with Tracy [AC] 2:00 Nifty Knitter's with Jane [AC] 2:30 Jewelry Creations for Alzheimer's [AC] 3:00 Fleece Blankets for Childrens Hospital [AC] 3:30 Puzzles in the Art Room [AC] 4:00 Clean Up Our Art Area [AC] 6:00 Don't forget, check your steps with the front desk [RL]</p>	<p style="text-align: center;">25</p> <p><i>Take a Walk with Your Pedometer</i> 9:30 Who or What Is It Clue Game 10:00 Exercise with Tracy [L1] 10:30 Good Morning w/ Daily Chronicles & Puzzles 11:00 Bunco for Prizes [L1] 12:30 Lunch Visits with Pastor Bob 1:30 Five Card Stud Deuces Wild [CR] 2:00 Bible Study with Pastor Bob [L2] 3:00 Bingo for Gift Cards [AC] 6:00 Don't forget, check your steps with the front desk [RL]</p>	<p style="text-align: center;">26</p> <p><i>Take a Walk with Your Pedometer</i> 9:00 Good Morning w/ Daily Chronicles & Puzzles 9:30 Who or What Is It Clue Game 10:00 Green Thumb Club [BISR] 11:00 Water the Garden [BISR] 11:30 Jigsaw Puzzles [AC] 1:00 Card Game "31" [CR] 1:30 Balloon Exercise with Seleka [L1] 3:00 Netflix Afternoon Movie and Popcorn: As Good As It Gets [RT] 4:00 Welcome New Resident's and Reading Supplies 4:30 Piano Music featuring "Trevor" [MDR] 6:00 Don't forget, check your steps with the front desk [RL]</p>	<p style="text-align: center;">27</p> <p><i>Take a Walk with Your Pedometer</i> 9:00 Good Morning w/ Daily Chronicles & Puzzles 9:30 Who or What Is It Clue Game 11:30 Lets meet at the Bistro for a Jigsaw Puzzle [BISR] 1:30 Get Crafty Club [AC] 2:00 Spring Wreath Door Decor [AC] 2:30 Nifty Knitter's with Jane [AC] 3:30 Puzzles in the Art Room [AC] 4:00 Organize Our Art Supplies 6:00 Don't forget, check your steps with the front desk [RL]</p>								
<p style="text-align: center;">28</p> <p><i>Take a Walk with Your Pedometer</i> 8:00 Guardian Angels Catholic Church 8:45 Sunrise Church [BUS] 9:00 Who or What Is It Clue Game 9:30 Good Morning w/ Daily Chronicles & Puzzles 10:00 Communion @ The Theater [RT] 10:15 Left, Right, Center Game [L1] 10:45 Love on a Leash [L1] 11:15 Come chat with Daniela from Culinary [L1] 1:00 Independent Artists at Work [AC] 1:30 Card Game-Resident's Choice [CR] 2:00 College Avenue Baptist Church Spring Concert and Dinner at Denny's [BUS] 6:00 Don't forget, check your steps with the front desk [RL]</p>	<p style="text-align: center;">29</p> <p><i>Take a Walk with Your Pedometer</i> 9:30 Who or What Is It Clue Game 9:45 Daily Chronicles & Puzzles [L1] 10:00 Exercise with Leo [L1] 10:45 Take a break and Get a Drink 11:00 Trivia with Leo [L1] 11:30 Independent Artists at Work [AC] 1:30 Feeling Lucky Black Jack [CR] 3:00 Bingo for Prizes [L1] 4:00 Meet your neighbor at the Bistro 6:00 Don't forget, check your steps at the front desk [RL]</p>	<p style="text-align: center;">30</p> <p><i>Happy Hour March Birthday Celebration</i> <i>Take a Walk with Your Pedometer</i> 9:30 Who or What Is It Clue Game 10:00 News, Health, Horoscopes and the Daily Chronicle w/ Puzzles [L1] 10:30 Lunch Outing to : Mediterraneo's in Alpine [BUS] 11:30 Puzzles in the Bistro [BISR] 12:30 Independent Artists at Work [AC] 2:00 New Card Game "TRASH" [CR] 3:00 Bocce Ball 4:30 Happy Hour w/Kemosabe [MDR] 5:00 Welcome & Introduce Our New Resident's [MDR] 6:00 Don't forget, check your steps at the front desk [RL]</p>		<p>Lantern Crest's Alzheimer's Craft Fair April 18th from 4:00pm to 6:00pm Arts and Crafts Room 2nd floor</p>	<p>Resident Birthdays</p> <table style="margin: auto;"> <tr><td>Thelma M.</td><td>4/14</td></tr> <tr><td>Gwen B.</td><td>4/14</td></tr> <tr><td>Edna I.</td><td>4/15</td></tr> <tr><td>Cynthia S.</td><td>4/23</td></tr> </table>	Thelma M.	4/14	Gwen B.	4/14	Edna I.	4/15	Cynthia S.	4/23	<p>Lunch Bunch 4/2 Anthony's 4/16 Lunch with Tracy at the Bistro 4/23 Janet's Cafe Alpine 4/30 Mediterraneo in Alpine</p>
Thelma M.	4/14													
Gwen B.	4/14													
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