

May 2019 Lantern Crest Assisted Living

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Maritza Aguirre Life Enrichment Director @ the Ridge 800 Lantern Crest Way Santee, CA 92071 619-647-6392 Maritza.aguirre@lanterncrestsantee.com</p>		<p>Resident Birthdays</p> <p>Joan W. 5/2 Willaim G. 5/6 Fern Evelyn B. 5/11 Anna D. 5/12</p>	<p>Mario's Action Station 11:30 to 1:30 <i>Resident Council Today</i></p> <p>1 Take a Walk with Your Pedometer 9:30 Delivery of Good Morning w/Daily Chronicle, Puzzles and Clue Game 10:00 This Day In History with Tracy [L1] 10:15 Happy May Day and Fun Facts [L1] 10:30 Maximum Fitness with Sheri [L1] 11:45 Cool Down and Refreshments [L1] 1:30 Dahlia Door Decor [AC] 2:00 Nifty Knitter's with Jane [AC] 2:30 Cheerios Day/Try Some New Flavors [AC] 3:00 Resident Council [RT] 3:30 Puzzles in the Art Room [AC] 4:00 Clean Up Our Art Area [AC] 6:00 Don't forget, check your steps with the front desk [RL]</p>	<p>2 Happy Birthday Joan Take a Walk with Your Pedometer 9:30 Delivery of Good Morning w/Daily Chronicle, Puzzles and Clue Game 10:00 Exercise with Tracy/Chair Swimming [L1] 10:30 This Day In History with Tracy [L1] 11:00 "Saddle Up" for some Horse Racing [L1] 12:30 Lunch Visits with Pastor Bob 1:30 Inspirational Music with Steve and Diane [RT] 1:30 Nickel Poker Deuces Wild [CR] 2:00 Bible Study with Pastor Bob [L2] 3:00 Bingo for Gift Cards [AC] 6:00 Don't forget, check your steps with the front desk [RL]</p>	<p>3 Take a Walk with Your Pedometer 9:30 Delivery of Good Morning w/Daily Chronicle, Puzzles and Clue Game 10:00 Water the Garden and Move to Music 10:30 Scenic Drive with Tracy [AC] 11:30 Jigsaw Puzzles [AC] 1:00 Card Game "31" [CR] 2:00 Afternoon Movie and Popcorn: "Founder" 1:55 [RT] 4:00 Welcome New Resident's and Reading Supplies 4:30 Piano Music featuring "Trevor" [MDR] 6:00 Don't forget, check your steps with the front desk [RL]</p>	<p>4 Take a Walk with Your Pedometer 9:30 Delivery of Good Morning w/Daily Chronicle, Puzzles and Clue Game 10:00 Shopping - Your Choice [BUS] 11:30 Lets meet at the Bistro with a good Book [BISR] 1:30 Independent Artists at Work [AC] 1:30 Sing along with Myron [RT] 2:00 Faith Chapel Community Orchestra Concert [BUS] 3:00 Water Color Pencil Art [AC] 3:30 Puzzles in the Art Room [AC] 4:00 Organize Our Art Supplies 6:00 Don't forget, check your steps with the front desk [RL]</p>
<p>5 Cinco de Mayo Take a Walk with Your Pedometer 8:00 Guardian Angels Catholic Church 8:45 Sunrise Church [BUS] 9:30 Delivery of Good Morning w/ Daily Chronicles, Puzzles and Clue Game 10:00 Communion @ The Theater [RT] 10:15 Left, Right, Center Game [L1] 10:45 Love on a Leash [L1] 11:15 Come chat with Daniela from Culinary [L1] 1:00 Cinco de Mayo Fiesta [RC] 1:30 Fiesta Pictures with "Hershey Kiss" the Mini Horse [RC] 3:00 Afternoon Netflix Movie -Your Choice [RT] 6:00 Don't forget, check your steps with the front desk [RL]</p>	<p>6 Happy Birthday William Take a Walk with Your Pedometer 9:45 Delivery of Good Morning w/ Daily Chronicles & Puzzles 10:00 Exercise with Leo [L1] 10:45 Take a break and Get a Drink 11:00 Trivia with Leo [L1] 11:30 Independent Artists at Work [AC] 1:15 Card Game-Resident's Choice [CR] 3:00 Bingo for Prizes [L1] 4:00 Meet your neighbor at the Bistro 6:00 Don't forget, check your steps at the front desk [RL]</p>	<p>7 Take a Walk with Your Pedometer 9:30 Delivery of Good Morning w/Daily Chronicle, Puzzles and Clue Game 10:00 This Day In History with Tracy [L1] 10:30 Bunco for Prizes [L1] 11:30 Puzzles in the Art Room [BISR] 12:00 Lunch at the Bistro featuring "Arbys". Please sign up! [BISR] 2:00 Five Card Stud Deuces Wild [CR] 3:00 Bocce Ball [L1] 4:30 Happy Hour w/George and Alan Jazz Duo [MDR] 6:00 Don't forget, check your steps at the front desk [RL]</p>	<p>8 Mario's Action Station 11:30 to 1:30 Take a Walk with Your Pedometer 9:30 Delivery of Good Morning w/Daily Chronicle, Puzzles and Clue Game 10:00 This Day in History with Tracy [L1] 10:30 Maximum Fitness with Sheri [L1] 11:00 Honey Tasting From Around the World [L1] 1:30 Finish our Dahlia Door Decor [AC] 2:00 Nifty Knitter's with Jane [AC] 2:30 Baking Sweets with Tracy [AC] 3:00 Decorate Birdhouses for the Bistro [AC] 3:30 Puzzles in the Art Room [AC] 4:00 Clean Up Our Art Area [AC] 6:00 Don't forget, check your steps with the front desk [RL]</p>	<p>9 Take a Walk with Your Pedometer 9:30 Delivery of Good Morning w/ Daily Chronicle, Puzzles and Clue Game 10:00 Exercise with Tracy [L1] 10:30 This Day In History with Tracy [L1] 11:00 Word in Word Game [L1] 12:30 Lunch Visits with Pastor Bob 1:30 Healing, Helping and Giving Club [L2] 2:00 Bible Study with Pastor Bob [L2] 3:00 Bingo for Gift Cards [AC] 6:00 Don't forget, check your steps with the front desk [RL]</p>	<p>10 Take a Walk with Your Pedometer 9:30 Delivery of Good Morning w/ Daily Chronicles & Puzzles 10:00 Water the Garden and Move to Music [RC] 11:00 Early Riser Artists at Work [BISR] 11:30 Jigsaw Puzzles [AC] 1:00 Poker Deuces Wild with a "Surprise" [CR] 3:00 Afternoon Movie and Popcorn: How To Make an American Quilt 1:56 [RT] 4:00 Welcome New Resident's and Reading Supplies 4:30 Piano Music featuring "Trevor" [MDR] 6:00 Don't forget, check your steps with the front desk [RL]</p>	<p>11 Happy Birthday Fern Take a Walk with Your Pedometer 9:30 Delivery of Good Morning w/Daily Chronicle, Puzzles and Clue Game 10:00 Shadow Mountain Church [RT] 10:00 Shopping - Your Choice [BUS] 11:30 Lets meet at the Bistro with a good Book [BISR] 1:00 Alpine Chorale [MDR] 2:00 Create Our Own Book Marks [AC] 2:30 Nifty Knitter's with Jane [AC] 3:30 Puzzles in the Art Room [AC] 4:00 Organize Our Art Supplies 6:00 Don't forget, check your steps with the front desk [RL]</p>
<p>12 Happy Birthday Anne Happy Mother's Day Take a Walk with Your Pedometer 8:00 Guardian Angels Catholic Church 8:45 Sunrise Church [BUS] 9:30 Delivery of Good Morning w/ Daily Chronicles, Puzzles and Clue Game 10:00 Communion @ The Theater [RT] 10:45 Love on a Leash [L1] 12:30 Mother's Day Tea Party w/ Sylvia & Salvador [L1] 1:30 Independent Artists at Work [AC] 3:00 Afternoon Netflix Movie -Your Choice [RT] 6:00 Don't forget, check your steps with the front desk [RL]</p>	<p>13 Take a Walk with Your Pedometer 9:45 Delivery of Good Morning w/ Daily Chronicles & Puzzles 10:00 Exercise with Leo [L1] 10:45 Take a break and Get a Drink 11:00 Hearing Aid [L1] 11:30 Independent Artists at Work [AC] 1:30 Card Game-Resident's Choice [CR] 3:00 Bingo for Prizes [L1] 4:00 Meet your neighbor at the Bistro 6:00 Don't forget, check your steps at the front desk [RL]</p>	<p>14 Take a Walk with Your Pedometer 9:30 Delivery of Good Morning w/ Daily Chronicle, Puzzles and Clue Game 10:30 Lunch Outing to: Marietta's Mexican [BUS] 11:30 Puzzles in the Art Room [BISR] 12:30 Independent Artists at Work [AC] 2:00 New Card Game "Suit Up" [CR] 3:00 Bocce Ball 4:30 Happy Hour w/Music Station [MDR] 6:00 Don't forget, check your steps at the front desk [RL]</p>	<p>15 Mario's Action Station 11:30 to 1:30 National Chocolate Chip Day Take a Walk with Your Pedometer 9:30 Delivery of Good Morning w/Daily Chronicle, Puzzles and Clue Game 10:00 This Day in History with Tracy [L1] 10:30 Maximum Fitness with Sheri [L1] 11:45 Cool Down and Refreshments [L1] 1:30 Watercolor Art 2:00 Nifty Knitter's with Jane [AC] 2:30 Join friends for Chocolate Chip Cookies [AC] 3:30 Puzzles in the Art Room [AC] 4:00 Clean Up Our Art Area [AC] 6:00 Don't forget, check your steps with the front desk [RL]</p>	<p>16 Take a Walk with Your Pedometer 9:30 Delivery of Good Morning w/ Daily Chronicles & Puzzles 10:00 This Day In History with Tracy [LCK] 10:30 Make our own Taco in a Bag [LCK] 11:00 Eat Our Taco in a Bag Creations [LCK] 12:30 Lunch Visits with Pastor Bob 1:30 Inspirational Music with Steve and Diane [RT] 1:30 Nickel Poker Deuces Wild [CR] 2:00 Bible Study with Pastor Bob [L2] 3:00 Bingo for Gift Cards [AC] 6:00 Don't forget, check your steps with the front desk [RL]</p>	<p>17 Take a Walk with Your Pedometer 9:30 Delivery of Good Morning w/Daily Chronicle, Puzzles and Clue Game 10:00 Water the Garden and Move to Music 10:30 Early Riser Artists at Work [AC] 11:30 Jigsaw Puzzles [AC] 1:00 Card Game "31" [CR] 2:30 Afternoon Movie and Popcorn: Mama Mia 1:48 [RT] 4:00 Welcome New Resident's and Reading Supplies 4:30 Piano Music featuring "Trevor" [MDR] 6:00 Don't forget, check your steps with the front desk [RL]</p>	<p>18 Take a Walk with Your Pedometer 9:30 Delivery of Good Morning w/Daily Chronicle, Puzzles and Clue Game 10:00 Shopping - Your Choice [BUS] 11:30 Lets meet at the Bistro with a good Book [BISR] 1:30 Sing along with Myron [RT] 1:30 Watercolor Seascape Sunset with a Twist [AC] 2:30 Nifty Knitter's with Jane [AC] 3:30 Puzzles in the Art Room [AC] 4:00 Organize Our Art Supplies 6:00 Don't forget, check your steps with the front desk [RL]</p>
<p>19 Take a Walk with Your Pedometer 8:00 Guardian Angels Catholic Church 8:45 Sunrise Church [BUS] 9:30 Delivery of Good Morning w/ Daily Chronicles, Puzzles and Clue Game 10:00 Communion @ The Theater [RT] 10:15 Left, Right, Center Game [L1] 10:45 Love on a Leash [L1] 11:15 Come chat with Daniela from Culinary [L1] 1:00 Independent Artists at Work [AC] 1:30 Card Game-Resident's Choice [CR] 3:00 Afternoon Netflix Movie -Your Choice [RT] 6:00 Don't forget, check your steps with the front desk [RL]</p>	<p>20 Take a Walk with Your Pedometer 9:45 Delivery of Good Morning w/ Daily Chronicles & Puzzles 10:00 Exercise with Leo [L1] 10:45 Take a break and Get a Drink 11:00 Trivia with Leo [L1] 1:30 Card Game-Resident's Choice [CR] 3:00 Bingo for Prizes [L1] 4:00 Meet your neighbor at the Bistro 6:00 Don't forget, check your steps at the front desk [RL]</p>	<p>21 Take a Walk with Your Pedometer 9:30 Delivery of Good Morning w/ Daily Chronicle, Puzzles and Clue Game 10:30 Lunch Outing to: Boll Weevil's [BUS] 11:30 Puzzles in the Art Room [BISR] 12:30 Independent Artists at Work [AC] 2:00 Penny Black Jack [CR] 3:00 Bocce Ball 4:30 Happy Hour w/Blue Zone [MDR] 6:00 Don't forget, check your steps at the front desk [RL]</p>	<p>22 All Staff Meeting @ 2:00 Art and Craft Fair for Alzheimer's at the Pointe Mario's Action Station 11:30 to 1:30 9:30 Delivery of Good Morning w/Daily Chronicle, Puzzles and Clue Game 10:00 Set Up for Craft Fair 10:30 Maximum Fitness with Sheri [L1] 11:00 AI Art and Craft Fair for Alzheimer's at the Pointe 11:45 Cool Down and Refreshments [L1] 1:30 Independent Artists at Work [AC] 2:00 Nifty Knitter's with Jane [AC] 3:30 Puzzles in the Art Room [AC] 4:00 Clean Up Our Art Area [AC] 6:00 Don't forget, check your steps with the front desk [RL]</p>	<p>23 Take a Walk with Your Pedometer 9:30 Delivery of Good Morning w/ Daily Chronicle, Puzzles and Clue Game 10:00 Exercise with Tracy [L1] 10:30 This Day In History with Tracy [L1] 11:00 Word in a Word [L1] 1:30 Healing, Helping and Giving Club [CR] 2:30 Puzzles in the Art Room 3:00 Bingo for Gift Cards [AC] 6:00 Don't forget, check your steps with the front desk [RL]</p>	<p>24 Take a Walk with Your Pedometer 9:30 Delivery of Good Morning w/Daily Chronicle, Puzzles and Clue Game 10:00 Water the Garden and Move to Music 10:30 Early Riser Artists at Work [BISR] 11:30 Jigsaw Puzzles [AC] 1:00 Card Game "31" [CR] 2:00 Afternoon Movie and Popcorn: The Kings Speech 1:58 [RT] 4:00 Welcome New Resident's and Reading Supplies 4:30 Piano Music featuring "Trevor" [MDR] 6:00 Don't forget, check your steps with the front desk [RL]</p>	<p>25 Take a Walk with Your Pedometer 9:30 Delivery of Good Morning w/Daily Chronicle, Puzzles and Clue Game 10:00 Shopping - Your Choice [BUS] 11:30 Lets meet at the Bistro with a good Book [BISR] 1:30 Twin Pop Door Decor [AC] 2:30 Nifty Knitter's with Jane [AC] 3:00 Baking Sweets with Tracy [AC] 3:30 Puzzles in the Art Room [AC] 4:00 Organize Our Art Supplies 6:00 Don't forget, check your steps with the front desk [RL]</p>
<p>26 Take a Walk with Your Pedometer 8:00 Guardian Angels Catholic Church 8:45 Sunrise Church [BUS] 9:30 Delivery of Good Morning w/ Daily Chronicles, Puzzles and Clue Game 10:00 Communion @ The Theater [RT] 10:15 Left, Right, Center Game [L1] 10:45 Love on a Leash [L1] 11:15 Come chat with Daniela from Culinary [L1] 1:00 Independent Artists at Work [AC] 1:30 Card Game-Resident's Choice [CR] 3:00 Afternoon Netflix Movie -Your Choice [RT] 6:00 Don't forget, check your steps with the front desk [RL]</p>	<p>27 Memorial Day Take a Walk with Your Pedometer 9:45 Delivery of Good Morning w/ Daily Chronicles & Puzzles 10:00 Exercise with Leo [L1] 10:45 Take a break and Get a Drink 11:30 Independent Artists at Work [AC] 12:00 Memorial Day Barbecue [MDR] 1:00 Retired Teachers Chorus [MDR] 1:30 Card Game-Resident's Choice [CR] 3:00 Bingo for Prizes [L1] 4:00 Meet your neighbor at the Bistro 6:00 Don't forget, check your steps at the front desk [RL]</p>	<p>28 Happy Hour May Birthday Celebration Take a Walk with Your Pedometer 9:30 Delivery of Good Morning w/Daily Chronicle, Puzzles and Clue Game 10:30 Lunch Outing to: Mimi's Cafe [BUS] 11:30 Puzzles in the Art Room [BISR] 12:30 Independent Artists at Work [AC] 2:00 Penny Black Jack [CR] 3:00 Bocce Ball 4:30 Happy Hour w/Kemosabe [MDR] 6:00 Don't forget, check your steps at the front desk [RL]</p>	<p>29 Mario's Action Station 11:30 to 1:30 Take a Walk with Your Pedometer 9:30 Delivery of Good Morning w/Daily Chronicle, Puzzles and Clue Game 10:00 This Day in History with Tracy [L1] 10:30 Maximum Fitness with Sheri [L1] 11:45 Cool Down and Refreshments [L1] 1:30 Popsicle Stick Flag/Wall Hanging for Flag Day In June [AC] 2:00 Nifty Knitter's with Jane [AC] 2:30 Baking Sweets with Tracy [AC] 3:30 Puzzles in the Art Room [AC] 4:00 Clean Up Our Art Area [AC] 6:00 Don't forget, check your steps with the front desk [RL]</p>	<p>30 Take a Walk with Your Pedometer 9:30 Delivery of Good Morning w/ Daily Chronicle, Puzzles and Clue Game 10:00 Exercise with Tracy [L1] 10:30 This Day In History with Tracy [L1] 11:00 Saddle Up for some Horse Racing [L1] 12:30 Lunch Visits with Pastor Bob 1:30 Nickel Poker Deuces Wild [CR] 2:00 Bible Study with Pastor Bob [L2] 3:00 Bingo for Gift Cards [AC] 6:00 Don't forget, check your steps with the front desk [RL]</p>	<p>31 Take a Walk with Your Pedometer 9:30 Delivery of Good Morning w/Daily Chronicle, Puzzles and Clue Game 10:00 Water the Garden and Move to Music 10:30 Scenic Drive with Tracy [BUS] 11:30 Jigsaw Puzzles [AC] 1:00 Card Game "31" [CR] 2:30 Afternoon Movie and Popcorn: Music and Lyrics 1:44 [RT] 4:00 Welcome New Resident's and Reading Supplies 4:30 Piano Music w/ William Young 6:00 Don't forget, check your steps with the front desk [RL]</p>	<p>All Activities are subject to change without notice. Please check dailies for all updates.</p>