

May 2019 Lantern Crest Senior Living Horizons



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Resident Birthdays
Dorothy G. 5/26
Joy L. 5/26

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<p>1:1 Activities Baskets Available 1</p> <p>9:30 Maximum Fitness w/ Shari</p> <p>10:30 Hydration Station & Snacks</p> <p>11:00 Lunch Outing "Breakfast House"</p> <p>1:30 Prep Art Room for Art Class</p> <p>2:00 Memories in the Making w/ Diane</p> <p>3:00 Pretty Nail Care & Hand Massage</p> <p>4:00 Daily Chronicle</p> <p>6:00 Movie of your Choice</p>	<p>11:30-1:30pm Action Station w/ Chef Mario 2</p> <p>1:1 Activities Baskets Available</p> <p>9:30 Bible Study & Hymns w/ Pastor Bob</p> <p>10:30 Bistro Social & Snacks</p> <p>11:00 Watering Garden Courtyard</p> <p>1:30 Inspirational Music w/ Steve & Diane</p> <p>2:30 Canvas Projects</p> <p>3:00 Balloon Exercise "Hand & Eye Coordination"</p> <p>4:00 Happy Hour w/William Young</p> <p>6:00 Full Body Relaxation</p>	<p>1:1 Activities Baskets Available 3</p> <p>9:45 Daily Chronicle</p> <p>10:00 Lets Get Fit W/Zumba Class in the Sunroom</p> <p>11:00 Courtyard Reminiscing</p> <p>1:00 Nail Care</p> <p>2:00 Bingo Extravaganza</p> <p>3:00 Photo Tinting & Miscellaneous Crafts</p> <p>4:00 Aromatherapy w/ Natural Oils & Yoga</p> <p>6:00 Move to Music</p>	<p>1:1 Activities Baskets Available 4</p> <p>9:45 Daily Chronicle</p> <p>10:00 Head -to-Toes Exercise</p> <p>11:00 I spy Guessing Game "Courtyard"</p> <p>1:30 Sing -a-long w/ Myron</p> <p>2:30 Movie & Popcorn</p> <p>6:00 Range Of Motion</p>
<p>1:1 Activities Baskets Available 5</p> <p>Happy Cinco De Mayo</p> <p>9:45 Daily Chronicle</p> <p>10:00 Communion At Theater</p> <p>10:00 Namaste Chair Yoga w/ Spiritual Music</p> <p>10:15 Love on a Leash in the Sunroom</p> <p>12:00 Cinco de Mayo Fiesta</p> <p>12:30 Fiesta Pictures w/ "Hershey Kiss" the Mini Hourse</p> <p>1:00 Ukulele Sing along with Bob</p> <p>2:00 Come Join us for a Movie & Popcorn</p> <p>4:00 Visit With Friends & The Daily Bread</p> <p>6:00 Miscellaneous Activities w/ "Activities Baskets"</p>	<p>1:1 Activities Baskets Available 6</p> <p>9:45 Daily Chronicle</p> <p>10:00 Exercise w/ Weights "Courtyard"</p> <p>11:00 Reminiscing @ the "Courtyard"</p> <p>1:00 1:1 Welcome New Residents</p> <p>1:30 Art Room "Miscellanies Crafts"</p> <p>2:00 Finish the Sentence "Mind Game"</p> <p>3:00 Bingo For Prices</p> <p>4:00 Stretch & Relax w/ Ocean Breeze Sounds [G2]</p> <p>6:00 Movie of your Choice</p>	<p>1:1 Activities Baskets Available 7</p> <p>9:45 Daily Chronicle</p> <p>10:00 Exercise w/ Noodles</p> <p>11:00 Conversational Question Game "Courtyard"</p> <p>1:00 1:1 Resident Visits w/ Magazines</p> <p>1:30 Prep Art Room for Art Class</p> <p>2:00 Door Wreaths Making</p> <p>3:30 Bird House Decor</p> <p>4:00 Improve Joint Function w/ Range of Motion</p> <p>6:00 Gentle Stretches</p>	<p>1:1 Activities Baskets Available 8</p> <p>9:30 Maximum Fitness w/ Shari</p> <p>10:30 Hydration Station & Snacks</p> <p>11:00 Lunch Outing "Casa Marieta's" [G2]</p> <p>1:30 Prep Art Room for Art Class</p> <p>2:00 Memories in the Making w/ Diane</p> <p>3:00 Pretty Nail Care & Hand Massage</p> <p>4:00 Daily Chronicle</p> <p>6:00 Movie of your Choice</p>	<p>11:30-1:30pm Action Station w/ Chef Mario 9</p> <p>1:1 Activities Baskets Available</p> <p>9:30 Bible Study & Hymns w/ Pastor Bob</p> <p>10:30 Bistro Social & Snacks</p> <p>11:00 Watering Garden Courtyard</p> <p>1:30 Ice Cream Cone Social</p> <p>2:30 Canvas Projects</p> <p>3:00 Balloon Exercise "Hand & Eye Coordination"</p> <p>4:00 Happy Hour w/ Broken Strings</p> <p>6:00 Full Body Relaxation</p>	<p>1:1 Activities Baskets Available 10</p> <p>9:45 Daily Chronicle</p> <p>10:00 Lets Get Fit W/Zumba Class in the Sunroom</p> <p>11:00 Courtyard Reminiscing</p> <p>1:00 Nail Care</p> <p>2:00 Bingo Extravaganza</p> <p>3:00 Photo Tinting & Miscellaneous Crafts</p> <p>4:00 Aromatherapy w/ Natural Oils & Yoga</p> <p>6:00 Move to Music</p>	<p>1:1 Activities Baskets Available 11</p> <p>9:45 Daily Chronicle</p> <p>10:00 Shadow Mountain Church</p> <p>11:00 I spy Guessing Game "Courtyard"</p> <p>1:00 Bowling</p> <p>2:30 Movie & Popcorn</p> <p>6:00 Range Of Motion</p>
<p>1:1 Activities Baskets Available 12</p> <p>Happy Mother's Day</p> <p>9:45 Daily Chronicle</p> <p>10:00 Communion At Theater</p> <p>10:00 Namaste Chair Yoga w/ Spiritual Music</p> <p>10:15 Love on a Leash in the Sunroom</p> <p>12:00 Happy Mother's Day w/ George & Alan</p> <p>1:00 Ukulele Sing along with Bob</p> <p>2:00 Come Join us for a Movie & Popcorn</p> <p>4:00 Visit With Friends & The Daily Bread</p> <p>6:00 Miscellaneous Activities w/ "Activities Baskets"</p>	<p>1:1 Activities Baskets Available 13</p> <p>9:45 Daily Chronicle</p> <p>10:00 Exercise w/ Weights "Courtyard"</p> <p>11:00 Reminiscing @ the "Courtyard"</p> <p>1:00 1:1 Welcome New Residents</p> <p>1:30 Art Room "Miscellanies Crafts"</p> <p>2:00 Finish the Sentence "Mind Game"</p> <p>3:00 Bingo For Prices</p> <p>4:00 Stretch & Relax w/ Ocean Breeze Sounds [G2]</p> <p>6:00 Movie of your Choice</p>	<p>1:1 Activities Baskets Available 14</p> <p>9:45 Daily Chronicle</p> <p>10:00 Exercise w/ Noodles</p> <p>11:00 Conversational Question Game "Courtyard"</p> <p>1:00 1:1 Resident Visits w/ Magazines</p> <p>1:30 Prep Art Room for Art Class</p> <p>2:00 Door Wreaths Making</p> <p>3:30 Bird House Decor</p> <p>4:00 Improve Joint Function w/ Range of Motion</p> <p>6:00 Gentle Stretches</p>	<p>1:1 Activities Baskets Available 15</p> <p>9:30 Maximum Fitness w/ Shari</p> <p>10:30 Hydration Station & Snacks</p> <p>11:00 Lunch Outing "Black Bear Dinner"</p> <p>1:30 Prep Art Room for Art Class</p> <p>2:00 Memories in the Making w/ Diane</p> <p>3:00 Pretty Nail Care & Hand Massage</p> <p>4:00 Daily Chronicle</p> <p>6:00 Movie of your Choice</p>	<p>11:30-1:30pm Action Station w/ Chef Mario 16</p> <p>1:1 Activities Baskets Available</p> <p>9:30 Bible Study & Hymns w/ Pastor Bob</p> <p>10:30 Bistro Social & Snacks</p> <p>11:00 Watering Garden Courtyard</p> <p>1:30 Inspirational Music w/ Steve & Diane</p> <p>2:30 Canvas Projects</p> <p>3:00 Balloon Exercise "Hand & Eye Coordination"</p> <p>4:00 Happy Hour w/ Blue Zone</p> <p>6:00 Full Body Relaxation</p>	<p>1:1 Activities Baskets Available 17</p> <p>9:45 Daily Chronicle</p> <p>10:00 Lets Get Fit W/Zumba Class in the Sunroom</p> <p>11:00 Courtyard Reminiscing</p> <p>1:00 Nail Care</p> <p>2:00 Bingo Extravaganza</p> <p>3:00 Photo Tinting & Miscellaneous Crafts</p> <p>4:00 Aromatherapy w/ Natural Oils & Yoga</p> <p>6:00 Move to Music</p>	<p>1:1 Activities Baskets Available 18</p> <p>9:45 Daily Chronicle</p> <p>10:00 Head -to-Toes Exercise</p> <p>11:00 I spy Guessing Game "Courtyard"</p> <p>1:30 Sing-a-long w/ Myron</p> <p>2:30 Movie & Popcorn</p> <p>6:00 Range Of Motion</p>
<p>1:1 Activities Baskets Available 19</p> <p>9:45 Daily Chronicle</p> <p>10:00 Communion At Theater</p> <p>10:00 Namaste Chair Yoga w/ Spiritual Music</p> <p>10:15 Love on a Leash in the Sunroom</p> <p>1:00 Ukulele Sing along with Bob</p> <p>2:00 Come Join us for a Movie & Popcorn</p> <p>4:00 Visit With Friends & The Daily Bread</p> <p>6:00 Miscellaneous Activities w/ "Activities Baskets"</p>	<p>1:1 Activities Baskets Available 20</p> <p>9:45 Daily Chronicle</p> <p>10:00 Exercise w/ Weights "Courtyard"</p> <p>11:00 Reminiscing @ the "Courtyard"</p> <p>1:00 1:1 Welcome New Residents</p> <p>1:30 Art Room "Miscellanies Crafts"</p> <p>2:00 Finish the Sentence "Mind Game"</p> <p>3:00 Bingo For Prices</p> <p>4:00 Stretch & Relax w/ Ocean Breeze Sounds [G2]</p> <p>6:00 Movie of your Choice</p>	<p>1:1 Activities Baskets Available 21</p> <p>9:45 Daily Chronicle</p> <p>10:00 Exercise w/ Noodles</p> <p>11:00 Conversational Question Game "Courtyard"</p> <p>1:00 1:1 Resident Visits w/ Magazines</p> <p>1:30 Prep Art Room for Art Class</p> <p>2:00 Door Wreaths Making</p> <p>3:30 Bird House Decor</p> <p>4:00 Improve Joint Function w/ Range of Motion</p> <p>6:00 Gentle Stretches</p>	<p>1:1 Activities Baskets Available 22</p> <p>9:30 Maximum Fitness w/ Shari</p> <p>10:30 Hydration Station & Snacks</p> <p>11:00 Lunch Outing "Marie Calendars"</p> <p>1:30 Prep Art Room for Art Class</p> <p>2:00 Memories in the Making w/ Diane</p> <p>3:00 Pretty Nail Care & Hand Massage</p> <p>4:00 Daily Chronicle</p> <p>6:00 Movie of your Choice</p>	<p>11:30-1:30pm Action Station w/ Chef Mario 23</p> <p>1:1 Activities Baskets Available</p> <p>9:30 Exercise Class</p> <p>10:30 Bistro Social & Snacks</p> <p>11:00 Watering Garden Courtyard</p> <p>1:30 Ice Cream Cone Social</p> <p>2:30 Canvas Projects</p> <p>3:00 Balloon Exercise "Hand & Eye Coordination"</p> <p>4:00 Happy Hour w/ Sylvia & Salvador</p> <p>6:00 Full Body Relaxation</p>	<p>1:1 Activities Baskets Available 24</p> <p>9:45 Daily Chronicle</p> <p>10:00 Lets Get Fit W/Zumba Class in the Sunroom</p> <p>11:00 Courtyard Reminiscing</p> <p>1:00 Nail Care</p> <p>2:00 Bingo Extravaganza</p> <p>3:00 Photo Tinting & Miscellaneous Crafts</p> <p>4:00 Aromatherapy w/ Natural Oils & Yoga</p> <p>6:00 Move to Music</p>	<p>1:1 Activities Baskets Available 25</p> <p>9:45 Daily Chronicle</p> <p>10:00 Head -to-Toes Exercise</p> <p>11:00 I spy Guessing Game "Courtyard"</p> <p>1:00 Bowling</p> <p>2:30 Movie & Popcorn</p> <p>6:00 Range Of Motion</p>
<p>1:1 Activities Baskets Available 26</p> <p>Happy Birthday Dorothy G. & Joy L.</p> <p>9:45 Daily Chronicle</p> <p>10:00 Communion At Theater</p> <p>10:00 Namaste Chair Yoga w/ Spiritual Music</p> <p>10:15 Love on a Leash in the Sunroom</p> <p>1:00 Nail Care & Hand Massages</p> <p>2:00 Come Join us for a Movie & Popcorn</p> <p>4:00 Visit With Friends & The Daily Bread</p> <p>6:00 Miscellaneous Activities w/ "Activities Baskets"</p>	<p>1:1 Activities Baskets Available 27</p> <p>Happy Memorial Day</p> <p>9:45 Daily Chronicle</p> <p>10:00 Exercise w/ Weights "Courtyard"</p> <p>11:00 Reminiscing @ the "Courtyard"</p> <p>12:00 Happy Memorial Day w/ "William Young"</p> <p>1:00 1:1 Welcome New Residents</p> <p>1:30 Art Room "Miscellanies Crafts"</p> <p>2:00 Finish the Sentence "Mind Game"</p> <p>3:00 Bingo For Prices</p> <p>4:00 Stretch & Relax w/ Ocean Breeze Sounds [G2]</p> <p>6:00 Movie of your Choice</p>	<p>1:1 Activities Baskets Available 28</p> <p>9:45 Daily Chronicle</p> <p>10:00 Exercise w/ Noodles</p> <p>11:00 Conversational Question Game "Courtyard"</p> <p>1:00 1:1 Resident Visits w/ Magazines</p> <p>1:30 Prep Art Room for Art Class</p> <p>2:00 Door Wreaths Making</p> <p>3:30 Bird House Decor</p> <p>4:00 Improve Joint Function w/ Range of Motion</p> <p>6:00 Gentle Stretches</p>	<p>1:1 Activities Baskets Available 29</p> <p>9:30 Maximum Fitness w/ Shari</p> <p>10:30 Hydration Station & Snacks</p> <p>11:00 Lunch Outing "Mimi's Cafe"</p> <p>1:30 Prep Art Room for Art Class</p> <p>2:00 Memories in the Making w/ Diane</p> <p>3:00 Pretty Nail Care & Hand Massage</p> <p>4:00 Daily Chronicle</p> <p>6:00 Movie of your Choice</p>	<p>11:30-1:30pm Action Station w/ Chef Mario 30</p> <p>1:1 Activities Baskets Available</p> <p>9:30 Bible Study & Hymns w/ Pastor Bob</p> <p>10:30 Bistro Social & Snacks</p> <p>11:00 Watering Garden Courtyard</p> <p>1:30 Ice Cream Cone Social</p> <p>2:30 Canvas Projects</p> <p>3:00 Balloon Exercise "Hand & Eye Coordination"</p> <p>4:00 Happy Hour w/ Bob Arii</p> <p>6:00 Full Body Relaxation</p>	<p>1:1 Activities Baskets Available 31</p> <p>9:45 Daily Chronicle</p> <p>10:00 Lets Get Fit W/Zumba Class in the Sunroom</p> <p>11:00 Courtyard Reminiscing</p> <p>1:00 Nail Care</p> <p>2:00 Bingo Extravaganza</p> <p>3:00 Photo Tinting & Miscellaneous Crafts</p> <p>4:00 Aromatherapy w/ Natural Oils & Yoga</p> <p>6:00 Move to Music</p>	<p>All Activities are subject change without notice. Please check dailies for all updates.</p>