

July 2019 Lantern Crest Assisted Living

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
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| <p style="text-align: center;">Maritza Aguirre Life Enrichment Director @ the Ridge 800 Lantern Crest Way Santee, CA 92071 619-647-6392 Maritza.aguirre@lanterncrestsantee.com</p> | <p style="text-align: right;">1</p> <p><i>Happy Birthday Marvin</i> 9:45 Delivery of Good Morning w/ Daily Chronicles & Puzzles 10:00 Exercise with Leo [L1] 10:45 Take a break and Get a Drink 11:30 Word in a Word [L1] 1:30 Card Game-Resident's Choice [CR] 3:00 Bingo for Prizes [L1] 4:00 Meet your neighbor at the Bistro 5:00 Take a Walk with Your Pedometer 6:00 Don't forget, check your steps at the front desk [RL]</p> | <p style="text-align: right;">2</p> <p>9:30 Delivery of Good Morning w/ Daily Chronicle, Puzzles and "Daily Gratitude" 10:30 Exercise with Tracy [L1] 11:00 Cool Down and Refreshments [L1] 11:15 20 Questions???? [L1] 12:30 Independent Artists at Work [AC] 1:30 Nickel Poker Deuces Wild [CR] 3:00 Bocce Ball [L1] 4:30 Happy Hour w/Blue Zone [MDR] 5:00 Take a Walk with Your Pedometer 6:00 Don't forget, check your steps at the front desk [RL]</p> | <p style="text-align: right;">3</p> <p style="text-align: center;"><i>Resident Council</i> 9:30 Delivery of Good Morning w/Daily Chronicle, Puzzles and "Daily Gratitude" 10:00 This Day In History and July Fun Facts [L1] 10:30 Maximum Fitness with Sheri [L1] 11:45 Cool Down and Refreshments [L1] 1:30 Clay Pot Solar Lights for the Courtyard [AC] 2:00 Bird Houses for the Bistro [AC] 2:30 Nifty Knitter's with Jane [AC] 3:00 Resident Council [RT] 4:00 Clean Up Our Art Area [AC] 5:00 Take a Walk with Your Pedometer 6:00 Don't forget, check your steps with the front desk [RL]</p> | <p style="text-align: right;">4</p> <p style="text-align: center;"><i>4th of July Party and Barbecue 11:00 to 1:00 - Ridge Parking Lot</i> 9:30 Delivery of Good Morning w/Daily Chronicle, Puzzles and "Daily Gratitude" 10:00 Exercise with Tracy [L1] 11:30 Lunch Visits with Pastor Bob 1:30 Inspirational Music with Steve and Diane [MDR] 2:00 Bible Study with Pastor Bob [L2] 3:00 Independent Artists at Work [AC] 5:00 Take a Walk with Your Pedometer 6:00 Don't forget, check your steps with the front desk [RL]</p> | <p style="text-align: right;">5</p> <p>9:30 Delivery of Good Morning w/Daily Chronicle, Puzzles and "Daily Gratitude" 10:00 Water the Garden & Exercise [RC] 10:30 Early Riser Artists at Work [AC] 11:30 Jigsaw Puzzles [AC] 1:30 Afternoon Movie and Popcorn: Phantom of the Opera 2:23 [RT] 4:00 Welcome New Resident's and Reading Supplies 4:30 Piano Music featuring William Young [MDR] 5:00 Take a Walk with Your Pedometer 6:00 Don't forget, check your steps with the front desk [RL]</p> | <p style="text-align: right;">6</p> <p>9:30 Delivery of Good Morning w/Daily Chronicle, Puzzles and "Daily Gratitude" 10:00 Shopping and Walking at Walmart [BUS] 11:30 Lets meet at the Bistro with a good Book [BISR] Sing Along With Myron 1:30 Wooden Trivet and Coaster [AC] 2:00 Fleece Blanket Making [AC] 2:30 Nifty Knitter's with Jane [AC] 3:30 Puzzles in the Art Room [AC] 4:00 Organize Our Art Supplies 5:00 Take a Walk with Your Pedometer 6:00 Don't forget, check your steps with the front desk [RL]</p> |
| <p style="text-align: right;">7</p> <p>8:00 Guardian Angels Catholic Church 8:45 Sunrise Church [BUS] 9:30 Delivery of Good Morning w/ Daily Chronicles, Puzzles and "Daily Gratitude" 10:00 Communion @ The Theater [RT] 10:15 Left, Right, Center Game [L1] 10:45 Love on a Leash [L1] 11:15 Come chat with Daniela from Culinary [L1] 1:00 Independent Artists at Work [AC] 1:30 Trash Board Games [CR] 3:00 Afternoon Movie Cart & Popcorn : Mister Roberts [RT] 5:00 Take a Walk with Your Pedometer 6:00 Don't forget, check your steps with the front desk [RL]</p> | <p style="text-align: right;">8</p> <p>9:45 Delivery of Good Morning w/ Daily Chronicles & Puzzles 10:00 Exercise with Leo [L1] 10:45 Take a break and Get a Drink 11:00 Trivia With Leo [L1] 1:30 Card Game-Resident's Choice [CR] 3:00 Bingo for Prizes [L1] 4:00 Meet your neighbor at the Bistro 5:00 Take a Walk with Your Pedometer 6:00 Don't forget, check your steps at the front desk [RL]</p> | <p style="text-align: right;">9</p> <p>9:30 Delivery of Good Morning w/Daily Chronicle, Puzzles and "Daily Gratitude" 10:30 Lunch Outing to Filippi's Pizza [BUS] 11:00 Meet a friend with a good book at the Bistro [BISR] 12:30 Independent Artists at Work [AC] 1:00 Puzzles at the Bistro with a friend [BISR] 2:00 Word in a Word [L1] 3:00 Bocce Ball [L1] 4:30 Happy Hour w/Music Station [MDR] 5:00 Take a Walk with Your Pedometer 6:00 Don't forget, check your steps at the front desk [RL]</p> | <p style="text-align: right;">10</p> <p style="text-align: center;"><i>Mario's Action Station 11:30 to 1:30</i> 9:30 Delivery of Good Morning w/Daily Chronicle, Puzzles and "Daily Gratitude" 10:00 Fact or Fiction Game [L1] 10:30 Exercise w/ Tracy [L1] 11:45 Cool Down and Refreshments [L1] 1:30 Finish Our Trivets and Coasters [AC] 2:30 Nifty Knitter's with Jane [AC] 3:00 Bird Houses for the Courtyard [AC] 3:30 Puzzles in the Art Room [AC] 4:00 Clean Up Our Art Area [AC] 5:00 Take a Walk with Your Pedometer 6:00 Don't forget, check your steps with the front desk [RL]</p> | <p style="text-align: right;">11</p> <p>9:30 Delivery of Good Morning w/ Daily Chronicle, Puzzles and "Daily Gratitude" 10:00 Exercise with Tracy [L1] 10:30 This Day In History with Tracy [L1] 11:00 Hot Seat Game [L1] 12:30 Lunch Visits with Pastor Bob 1:30 Healing, Helping and Giving Club [L2] 2:30 Bible Study with Pastor Bob [L2] 3:00 Bingo for Gift Cards [AC] 5:00 Take a Walk with Your Pedometer 6:00 Don't forget, check your steps with the front desk [RL]</p> | <p style="text-align: right;">12</p> <p>9:30 Delivery of Good Morning w/Daily Chronicle, Puzzles and "Daily Gratitude" 10:00 Scenic Drive with Tracy [BUS] 10:30 Independent Artists at Work [AC] 11:30 Jigsaw Puzzles [AC] 1:30 Movie Trivia [RT] 2:00 Afternoon Movie and Popcorn: La Bamba 1:49 [RT] 4:00 Welcome New Resident's and Reading Supplies 4:30 Piano Music featuring "Trevor" [MDR] 5:00 Take a Walk with Your Pedometer 6:00 Don't forget, check your steps with the front desk [RL]</p> | <p style="text-align: right;">13</p> <p>9:30 Delivery of Good Morning w/Daily Chronicle, Puzzles and "Daily Gratitude" 10:00 Shadow Mountain Church [RT] 11:30 Lets meet at the Bistro with a good Book [BISR] 1:30 Make Our Own Healthy Peanut Butter [AC] 2:30 Nifty Knitter's with Jane [AC] 3:00 Jewelry Making [AC] 3:30 Stretching and Breathing in our Art Room [AC] 4:00 Organize Our Art Supplies 5:00 Take a Walk with Your Pedometer 6:00 Don't forget, check your steps with the front desk [RL]</p> |
| <p style="text-align: right;">14</p> <p style="text-align: center;"><i>Happy Birthday Helen</i> 8:00 Guardian Angels Catholic Church 8:45 Sunrise Church [BUS] 9:30 Delivery of Good Morning w/ Daily Chronicles, Puzzles and "Daily Gratitude" 10:00 Communion @ The Theater [RT] 10:15 Left, Right, Center Game [L1] 10:45 Love on a Leash [L1] 11:15 Come chat with Daniela from Culinary [L1] 1:00 Independent Artists at Work [AC] 1:30 Trash Board Games [CR] 3:00 Afternoon Movie Cart & Popcorn: Kelly's Heros [RT] 5:00 Take a Walk with Your Pedometer 6:00 Don't forget, check your steps with the front desk [RL]</p> | <p style="text-align: right;">15</p> <p>9:45 Delivery of Good Morning w/ Daily Chronicles & Puzzles 10:00 Exercise with Leo [L1] 10:45 Take a break and Get a Drink 11:30 Word in a Word [L1] 1:30 Card Game-Resident's Choice [CR] 3:00 Bingo for Prizes [L1] 4:00 Meet your neighbor at the Bistro 5:00 Take a Walk with Your Pedometer 6:00 Don't forget, check your steps at the front desk [RL]</p> | <p style="text-align: right;">16</p> <p>9:30 Delivery of Good Morning w/ Daily Chronicle, Puzzles and "Daily Gratitude" 10:30 Exercise with Tracy [L1] 11:00 Saddle Up For Some Horse Racing [L1] 11:30 Puzzles in the Art Room [AC] 12:30 Independent Artists at Work [AC] 2:00 Crossword Puzzles [L1] 3:00 Bocce Ball [L1] 4:30 Happy Hour w/Broken Strings [MDR] 5:00 Take a Walk with Your Pedometer 6:00 Don't forget, check your steps at the front desk [RL]</p> | <p style="text-align: right;">17</p> <p style="text-align: center;"><i>Mario's Action Station 11:30 to 1:30</i> 9:30 Delivery of Good Morning w/Daily Chronicle, Puzzles and "Daily Gratitude" 10:00 You Be The Judge [L1] 10:30 Maximum Fitness with Sheri [L1] 11:45 Cool Down and Refreshments [L1] 1:30 Kindness Rock Painting [AC] 2:00 Baking Sweets with Tracy [AC] 2:30 Nifty Knitter's with Jane [AC] 3:00 Watercolor Art [AC] 3:30 Puzzles in the Art Room [AC] 4:00 Clean Up Our Art Area [AC] 5:00 Take a Walk with Your Pedometer 6:00 Don't forget, check your steps with the front desk [RL]</p> | <p style="text-align: right;">18</p> <p>9:30 Delivery of Good Morning w/ Daily Chronicle, Puzzles and "Daily Gratitude" 10:00 Exercise with Tracy [L1] 10:30 This Day In History with Tracy [L1] 12:30 Lunch Visits with Pastor Bob 1:30 Inspirational Music with Steve and Diane [RT] 2:00 Bible Study with Pastor Bob [L2] 3:00 Bingo for Gift Cards [AC] 5:00 Take a Walk with Your Pedometer 6:00 Don't forget, check your steps with the front desk [RL]</p> | <p style="text-align: right;">19</p> <p>9:30 Delivery of Good Morning w/Daily Chronicle, Puzzles and "Daily Gratitude" 10:00 Water the Garden & Exercise [RC] 10:30 Early Riser Artists at Work [AC] 11:30 Jigsaw Puzzles [AC] 1:30 Movie Trivia and Fun Facts [RT] 2:00 Afternoon Movie and Popcorn: New Mary Poppins 2:10 [RT] 4:00 Welcome New Resident's and Reading Supplies 4:30 Piano Music featuring "Trevor" [MDR] 5:00 Take a Walk with Your Pedometer 6:00 Don't forget, check your steps with the front desk [RL]</p> | <p style="text-align: right;">20</p> <p>9:30 Delivery of Good Morning w/Daily Chronicle, Puzzles and "Daily Gratitude" 10:00 Shopping and Walking at Walmart [BUS] 11:30 Lets meet at the Bistro with a good Book [BISR] 1:30 Faux Stained Glass [AC] 1:30 Sing Along With Myron 2:30 Nifty Knitter's with Jane [AC] 3:00 Bird Houses for the Bistro [AC] 4:00 Organize Our Art Supplies 5:00 Take a Walk with Your Pedometer 6:00 Don't forget, check your steps with the front desk [RL]</p> |
| <p style="text-align: right;">21</p> <p>8:00 Guardian Angels Catholic Church 8:45 Sunrise Church [BUS] 9:30 Delivery of Good Morning w/ Daily Chronicles, Puzzles and "Daily Gratitude" 10:00 Communion @ The Theater [RT] 10:15 Left, Right, Center Game [L1] 10:45 Love on a Leash [L1] 11:15 Come chat with Daniela from Culinary [L1] 1:00 Independent Artists at Work [AC] 1:30 Dominic Pizarro Piano Performances [CR] 3:00 Afternoon Movie Cart & Popcorn: Open Range [RT] 5:00 Take a Walk with Your Pedometer 6:00 Don't forget, check your steps with the front desk [RL]</p> | <p style="text-align: right;">22</p> <p>9:45 All Staff Meeting 9:45 Delivery of Good Morning w/ Daily Chronicles & Puzzles 10:00 Exercise with Leo [L1] 10:45 Take a break and Get a Drink 11:00 Trivia with Leo [L1] 2:00 All Staff Meeting 3:00 Bingo for Prizes [L1] 4:00 Meet your neighbor at the Bistro 5:00 Take a Walk with Your Pedometer 6:00 Don't forget, check your steps at the front desk [RL]</p> | <p style="text-align: right;">23</p> <p>9:30 Delivery of Good Morning w/Daily Chronicle, Puzzles and "Daily Gratitude" 10:30 Lunch Outing to: Marietta's Mexican [BUS] 11:00 Take Your Favorite Book and Meet in the Courtyard [RC] 11:30 Puzzles in the Art Room [AC] 12:30 Independent Artists at Work [AC] 2:00 "Hot Seat" [L1] 3:00 Bocce Ball [L1] 4:30 Happy Hour w/William Young [MDR] 5:00 Take a Walk with Your Pedometer 6:00 Don't forget, check your steps at the front desk [RL]</p> | <p style="text-align: right;">24</p> <p style="text-align: center;"><i>Happy Birthday Herb</i> Mario's Action Station 11:30 to 1:30 9:30 Delivery of Good Morning w/Daily Chronicle, Puzzles and "Daily Gratitude" 10:00 Weird Laws-True or False [L1] 10:30 Maximum Fitness with Sheri [L1] 11:45 Cool Down and Refreshments [L1] 1:30 Finish Our Stained Glass [AC] 2:30 Nifty Knitter's with Jane [AC] 3:30 Puzzles in the Art Room [AC] 4:00 Clean Up Our Art Area [AC] 5:00 Take a Walk with Your Pedometer 6:00 Don't forget, check your steps with the front desk [RL]</p> | <p style="text-align: right;">25</p> <p>9:30 Delivery of Good Morning w/Daily Chronicle, Puzzles and "Daily Gratitude" 10:00 Exercise with Tracy [L1] 10:30 This Day In History with Tracy [L1] 12:30 Lunch Visits with Pastor Bob 2:30 Bible Study with Pastor Bob [L2] 3:00 Bingo for Gift Cards [AC] 5:00 Take a Walk with Your Pedometer 6:00 Don't forget, check your steps with the front desk [RL]</p> | <p style="text-align: right;">26</p> <p>9:30 Delivery of Good Morning w/Daily Chronicle, Puzzles and "Daily Gratitude" 10:00 Scenic Drive with Tracy [BUS] 10:30 Independent Artists at Work [AC] 11:30 Jigsaw Puzzles [AC] 1:30 Guess the Actor?? [RT] 2:00 Afternoon Movie and Popcorn: Message In a Bottle 2:11 [RT] 4:00 Welcome New Resident's and Reading Supplies 4:30 Piano Music featuring "Trevor" [MDR] 5:00 Take a Walk with Your Pedometer 6:00 Don't forget, check your steps with the front desk [RL]</p> | <p style="text-align: right;">27</p> <p>9:30 Delivery of Good Morning w/Daily Chronicle, Puzzles and "Daily Gratitude" 10:00 Shopping and Walking at Walmart [BUS] 11:30 Lets meet at the Bistro with a good Book [BISR] 1:30 Water Color Pencil Art [AC] 2:30 Ice Cream Social and Art [AC] 3:00 Nifty Knitter's with Jane [AC] 4:00 Organize Our Art Supplies 5:00 Take a Walk with Your Pedometer 6:00 Don't forget, check your steps with the front desk [RL]</p> |
| <p style="text-align: right;">28</p> <p>8:00 Guardian Angels Catholic Church 8:45 Sunrise Church [BUS] 9:30 Delivery of Good Morning w/ Daily Chronicles, Puzzles and "Daily Gratitude" 10:00 Communion @ The Theater [RT] 10:15 Left, Right, Center Game [L1] 10:45 Love on a Leash [L1] 11:15 Come chat with Daniela from Culinary [L1] 1:00 Independent Artists at Work [AC] 1:30 Trash Board Games [CR] 3:00 Afternoon Movie Cart & Popcorn: The 42 Jackie Robinson Story [RT] 5:00 Take a Walk with Your Pedometer 6:00 Don't forget, check your steps with the front desk [RL]</p> | <p style="text-align: right;">29</p> <p>9:45 Delivery of Good Morning w/ Daily Chronicles & Puzzles 10:00 Exercise with Leo [L1] 10:45 Take a break and Get a Drink 11:30 Word in a Word [L1] 1:30 Card Game-Resident's Choice [CR] 3:00 Bingo for Prizes [L1] 4:00 Meet your neighbor at the Bistro 5:00 Take a Walk with Your Pedometer 6:00 Don't forget, check your steps at the front desk [RL]</p> | <p style="text-align: right;">30</p> <p style="text-align: center;"><i>Happy Hour July Birthday Celebration</i> 9:30 Delivery of Good Morning w/Daily Chronicle, Puzzles and "Daily Gratitude" 10:30 Exercise with Tracy [L1] 11:00 Cool Down and Refreshments [L1] 11:15 Bunco for Prizes [L1] 11:30 Puzzles in the Art Room [AC] 12:30 Independent Artists at Work [AC] 1:30 Nickel Poker Deuces Wild [CR] 3:00 Bocce Ball [L1] 4:30 Happy Hour w/Kemosabe [MDR] 5:00 Take a Walk with Your Pedometer 6:00 Don't forget, check your steps at the front desk [RL]</p> | <p style="text-align: right;">31</p> <p style="text-align: center;"><i>Mario's Action Station 11:30 to 1:30</i> 9:30 Delivery of Good Morning w/Daily Chronicle, Puzzles and "Daily Gratitude" 10:00 This Day In History with Tracy [L1] 10:30 Maximum Fitness with Sheri [L1] 11:45 Cool Down and Refreshments [L1] 1:30 Finish Our Stained Glass [L1] 2:30 Nifty Knitter's with Jane [AC] 3:30 Puzzles in the Art Room [AC] 4:00 Clean Up Our Art Area [AC] 5:00 Take a Walk with Your Pedometer 6:00 Don't forget, check your steps with the front desk [RL]</p> | <div style="display: flex; justify-content: center; align-items: center;"> <div style="margin-left: 20px;"> <p style="font-size: 24px; font-weight: bold;">Resident Birthdays</p> <p>Marvin W. 7/1</p> <p>Helen E. 7/14</p> <p>Herbert S. 7/24</p> </div> </div> | | <p style="font-size: 24px; font-weight: bold;">All Activities are subject to change without notice. Please check dailies for all updates.</p> |