

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
	1:1 Activities Baskets Available 1 9:45 Daily Chronicle 10:00 Exercise Class 11:00 Reminiscing @ the "Courtyard" 1:30 Finish the Sentence "Mind Game" 2:00 Dominoes Games 3:00 Bingo For Prizes 4:00 Stretch & Relax w/ Ocean Breeze Sounds [G2] 5:30 Sports on T.V 6:00 Movie of your Choice	1:1 Activities Baskets Available 2 Happy Birthday "Gloria B" 9:45 Daily Chronicle 10:00 Exercise w/ Noodles 11:00 Parachute 1:30 Bingo for Prizes 2:30 Ice Cream Sundae 3:30 Wood-Shop/ Wood Painting 4:00 Improve Joint Function w/ Range of Motion 5:30 Sports on T.V 6:00 Gentle Stretches	9:30 Maximum Fitness w/ Shari 3 10:30 Hydration Station & Snacks 11:00 Visit With Friends in the Courtyard 1:30 Prep Art Room for Art Class 2:00 Memories in the Making w/ Diane 3:00 Pretty Nail Care & Hand Massage 4:00 Daily Chronicle 5:30 Sports on T.V 6:00 Movie of your Choice	1:1 Activities Baskets Available 4 Happy 4th of July 9:30 Bible Study & Hymns w/ Pastor Bob 10:30 Bistro Social & Snacks 11:00 4th of July BBQ 1:30 Inspirational Music w/Steve & Diane 2:30 Bingo Extravaganza 3:00 Balloon Exercise "Hand & Eye Coordination" 4:00 Happy Hour w/Broken Strings 5:30 Sports on T.V 6:00 Full Body Relaxation	1:1 Activities Baskets Available 5 9:45 Daily Chronicle 10:00 Lets Get Fit Exercise Class 11:00 Courtyard Reminiscing "Family Talk" 1:00 Nail Care 2:00 Bingo Extravaganza 3:00 Welcome New Resident Social & Root Beer Float's 4:00 Aromatherapy w/ Natural Oils & Yoga 5:30 Sports on T.V 6:00 Move to Music	1:1 Activities Baskets Available 6 9:45 Daily Chronicle 10:00 Head -to-Toes Exercise 11:00 I spy Guessing Game "Courtyard" 11:30 Courtyard Social 1:30 Sing-a-long w/ Myron 2:30 Movie & Popcorn 5:30 Sports on T.V 6:00 Range Of Motion	
	1:1 Activities Baskets Available 7 Happy Birthday "Juanita P" 9:45 Daily Chronicle 10:00 Communion At Theater 10:00 Namaste Chair Yoga w/ Spiritual Music 10:15 Love on a Leash in the Sunroom 1:00 Ukulele Sing along with Bob 2:00 Come Join us for a Movie & Popcorn 4:00 Visit With Friends & The Daily Bread 5:30 Sports on T.V 6:00 Miscellaneous Activities w/ "Activities Baskets"	1:1 Activities Baskets Available 8 9:45 Daily Chronicle 10:00 Exercise Class 11:00 Reminiscing @ the "Courtyard" 1:30 Finish the Sentence "Mind Game" 2:00 Dominoes Games 3:00 Bingo For Prizes 4:00 Stretch & Relax w/ Ocean Breeze Sounds [G2] 5:30 Sports on T.V 6:00 Movie of your Choice	1:1 Activities Baskets Available 9 9:45 Daily Chronicle 10:00 Exercise w/ Noodles 11:00 Parachute 1:30 Bingo for Prizes 2:30 Ice Cream Sundae 3:30 Wood-Shop/ Wood Painting 4:00 Improve Joint Function w/ Range of Motion 5:30 Sports on T.V 6:00 Gentle Stretches	1:1 Activities Baskets Available 10 9:30 Exercise Class 10:30 Hydration Station & Snacks 11:00 Lunch Outing Terrazza Restaurant 1:30 Prep Art Room for Art Class 2:00 Memories in the Making w/ Diane 3:00 Pretty Nail Care & Hand Massage 4:00 Daily Chronicle 5:30 Sports on T.V 6:00 Movie of your Choice	11:30-1:30pm Action Station w/ Chef Mario 11 1:1 Activities Baskets Available 9:30 Bible Study & Hymns w/ Pastor Bob 10:30 Bistro Social & Snacks 11:00 Watering Garden Courtyard/ Daily Chronicle 1:30 Ice Cream Cone Social 2:30 Bingo Extravaganza 3:00 Balloon Exercise "Hand & Eye Coordination" 4:00 Happy Hour w/Blue Zone 5:30 Sports on T.V 6:00 Full Body Relaxation	1:1 Activities Baskets Available 12 9:45 Daily Chronicle 10:00 Lets Get Fit Exercise Class 11:00 Courtyard Reminiscing "Family Talk" 1:00 Nail Care 2:00 Bingo Extravaganza 3:00 Welcome New Resident Social & Root Beer Float's 4:00 Aromatherapy w/ Natural Oils & Yoga 5:30 Sports on T.V 6:00 Move to Music	1:1 Activities Baskets Available 13 9:45 Daily Chronicle 10:00 Shadow Mountain Church in the AL Theater 11:00 I spy Guessing Game "Courtyard" 11:30 Courtyard Social 1:30 Head -to-Toes Exercise 2:30 Movie & Popcorn 3:30 Bowling 5:30 Sports on T.V 6:00 Range Of Motion
	1:1 Activities Baskets Available 14 9:45 Daily Chronicle 10:00 Communion At Theater 10:00 Namaste Chair Yoga w/ Spiritual Music 10:15 Love on a Leash in the Sunroom 1:00 Ukulele Sing along with Bob 2:00 Come Join us for a Movie & Popcorn 4:00 Visit With Friends & The Daily Bread 5:30 Sports on T.V 6:00 Miscellaneous Activities w/ "Activities Baskets"	1:1 Activities Baskets Available 15 9:45 Daily Chronicle 10:00 Exercise Class 11:00 Reminiscing @ the "Courtyard" 1:30 Finish the Sentence "Mind Game" 2:00 Dominoes Games 3:00 Bingo For Prizes 4:00 Stretch & Relax w/ Ocean Breeze Sounds [G2] 5:30 Sports on T.V 6:00 Movie of your Choice	1:1 Activities Baskets Available 16 9:45 Daily Chronicle 10:00 Exercise w/ Noodles 11:00 Parachute 1:30 Bingo for Prizes 2:30 Ice Cream Sundae 3:30 Wood-Shop/ Wood Painting 4:00 Improve Joint Function w/ Range of Motion 5:30 Sports on T.V 6:00 Gentle Stretches	1:1 Activities Baskets Available 17 9:30 Maximum Fitness w/ Shari 10:30 Hydration Station & Snacks 11:00 Lunch Outing Terrazza Restaurant 1:30 Prep Art Room for Art Class 2:00 Memories in the Making w/ Diane 3:00 Pretty Nail Care & Hand Massage 4:00 Daily Chronicle 5:30 Sports on T.V 6:00 Movie of your Choice	11:30-1:30pm Action Station w/ Chef Mario 18 1:1 Activities Baskets Available 9:30 Bible Study & Hymns w/ Pastor Bob 10:30 Bistro Social & Snacks 11:00 Watering Garden Courtyard/ Daily Chronicle 1:30 Inspirational Music w/ Steve & Diane 2:30 Bingo Extravaganza 3:00 Balloon Exercise "Hand & Eye Coordination" 4:00 Happy Hour w/Sylvia and Salvador 5:30 Sports on T.V 6:00 Full Body Relaxation	1:1 Activities Baskets Available 19 9:45 Daily Chronicle 10:00 Lets Get Fit Exercise Class 11:00 Courtyard Reminiscing "Family Talk" 1:00 Nail Care 2:00 Bingo Extravaganza 3:00 Welcome New Resident Social & Root Beer Float's 4:00 Aromatherapy w/ Natural Oils & Yoga 5:30 Sports on T.V 6:00 Move to Music	1:1 Activities Baskets Available 20 9:45 Daily Chronicle 10:00 Head -to-Toes Exercise 11:00 I spy Guessing Game "Courtyard" 11:30 Courtyard Social 1:30 Sing-a-long w/ Myron 2:30 Movie & Popcorn 3:30 Bowling 5:30 Sports on T.V 6:00 Courtyard Social 6:00 Range Of Motion
	1:1 Activities Baskets Available 21 9:45 Daily Chronicle 10:00 Communion At Theater 10:00 Namaste Chair Yoga w/ Spiritual Music 10:15 Love on a Leash in the Sunroom 1:30 Dominic Pizarro Piano Performances 2:30 Ukulele Sing along with Bob 4:00 Visit With Friends & The Daily Bread 5:30 Sports on T.V 6:00 Miscellaneous Activities w/ "Activities Baskets"	1:1 Activities Baskets Available 22 All Staff Meeting 9:45 Daily Chronicle 10:00 Exercise Class 11:00 Reminiscing @ the "Courtyard" 1:30 Finish the Sentence "Mind Game" 3:00 Bingo For Prizes 4:00 Stretch & Relax w/ Ocean Breeze Sounds [G2] 5:30 Sports on T.V 6:00 Movie of your Choice	1:1 Activities Baskets Available 23 9:45 Daily Chronicle 10:00 Exercise w/ Noodles 11:00 Parachute 1:30 Bingo for Prizes 2:30 Ice Cream Sundae 3:30 Wood-Shop/ Wood Painting 4:00 Improve Joint Function w/ Range of Motion 5:30 Sports on T.V 6:00 Gentle Stretches	1:1 Activities Baskets Available 24 9:30 Maximum Fitness w/ Shari 10:30 Hydration Station & Snacks 11:00 Lunch Outing Montecito Restaurant 1:30 Prep Art Room for Art Class 2:00 Memories in the Making w/ Diane 3:00 Pretty Nail Care & Hand Massage 4:00 Daily Chronicle 5:30 Sports on T.V 6:00 Movie of your Choice	11:30-1:30pm Action Station w/ Chef Mario 25 1:1 Activities Baskets Available 9:30 Bible Study & Hymns w/ Pastor Bob 10:30 Bistro Social & Snacks 11:00 Watering Garden Courtyard/ Daily Chronicle 1:30 Ice Cream Cone Social 2:30 Bingo Extravaganza 3:00 Balloon Exercise "Hand & Eye Coordination" 4:00 Happy Birthday Celebration & Happy Hour w/ Bob 5:30 Sports on T.V 6:00 Full Body Relaxation	1:1 Activities Baskets Available 26 9:45 Daily Chronicle 10:00 Lets Get Fit Exercise Class 11:00 Courtyard Reminiscing "Family Talk" 1:00 Nail Care 2:00 Bingo Extravaganza 3:00 Welcome New Resident Social & Root Beer Float's 4:00 Aromatherapy w/ Natural Oils & Yoga 5:30 Sports on T.V 6:00 Move to Music	1:1 Activities Baskets Available 27 9:45 Daily Chronicle 10:00 Head -to-Toes Exercise 11:00 I spy Guessing Game "Courtyard" 11:30 Courtyard Social 1:30 Bingo Bonanza 2:30 Movie & Popcorn 3:30 Bowling 5:30 Sports on T.V 6:00 Range Of Motion
	1:1 Activities Baskets Available 28 9:45 Daily Chronicle 10:00 Communion At Theater 10:00 Namaste Chair Yoga w/ Spiritual Music 10:15 Love on a Leash in the Sunroom 1:00 Ukulele Sing along with Bob 2:00 Come Join us for a Movie & Popcorn 4:00 Visit With Friends & The Daily Bread 5:30 Sports on T.V 6:00 Miscellaneous Activities w/ "Activities Baskets"	1:1 Activities Baskets Available 29 9:45 Daily Chronicle 10:00 Exercise Class 11:00 Reminiscing @ the "Courtyard" 1:30 Finish the Sentence "Mind Game" 2:00 Dominoes Games 3:00 Bingo For Prizes 4:00 Stretch & Relax w/ Ocean Breeze Sounds [G2] 5:30 Sports on T.V 6:00 Movie of your Choice	1:1 Activities Baskets Available 30 9:45 Daily Chronicle 10:00 Exercise w/ Noodles 11:00 Parachute 1:30 Bingo for Prizes 2:30 Ice Cream Sundae 3:30 Wood-Shop/ Wood Painting 4:00 Improve Joint Function w/ Range of Motion 5:30 Sports on T.V 6:00 Gentle Stretches	1:1 Activities Baskets Available 31 9:30 Maximum Fitness w/ Shari 10:30 Hydration Station & Snacks 11:00 Lunch Outing Montecito Restaurant 1:30 Prep Art Room for Art Class 2:00 Memories in the Making w/ Diane 3:00 Pretty Nail Care & Hand Massage 4:00 Daily Chronicle 5:30 Sports on T.V 6:00 Movie of your Choice	All Activities are subject change without notice. Please check dailies for all updates.		Resident Birthdays Gloria B. 7/2 Juanita K P. 7/7
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