


<p>June cont'd</p> <p>30</p> <p>Take a Walk with Your Pedometer 8:00 Guardian Angels Catholic Church 8:45 Sunrise Church [BUS] 9:30 Delivery of Good Morning w/ Daily Chronicles, Puzzles and "Daily Gratitude" 10:00 Communion @ The Theater [RT] 10:15 Left, Right, Center Game [L1] 10:45 Love on a Leash [L1] 11:15 Come chat with Daniela from Culinary [L1] 1:00 Independent Artists at Work [AC] 1:30 Trash Board Games [CR] 3:00 Afternoon Movie Cart & Popcorn w/ "POPS" [RT] 6:00 Don't forget, check your steps with the front desk [RL]</p>	<p>Maritza Aguirre Life Enrichment Director @ the Ridge 800 Lantern Crest Way Santee, CA 92071 619-647-6392 Maritza.aguirre@lanterncrestsantee.com</p> 		<p>Resident Birthdays</p> <p>Betty B. 6/14 Lillian P. 6/23 Evelyn B. 6/27</p>	<p>All Activities are subject to change without notice. Please check dailies for all updates.</p>	<p>Lunch Bunch 6/4 Black Bear Diner 6/11 KFC at the Bistro 6/18 Jimmy's</p>	<p>Take a Walk with Your Pedometer 9:30 Delivery of Good Morning w/Daily Chronicle, Puzzles and "Daily Gratitude" 10:00 Shopping - Your Choice [BUS] 11:30 Lets meet at the Bistro with a good Book [BISR] 1:30 June Watercolor Art [AC] 1:30 Sing along with Myron 2:00 Birdhouses for our Garden [AC] 2:30 Nifty Knitter's with Jane [AC] 3:00 Create your Own Bookmark [AC] 3:30 Puzzles in the Art Room [AC] 4:00 Organize Our Art Supplies 6:00 Don't forget, check your steps with the front desk [RL]</p> <p>1</p>
<p>2</p> <p>Take a Walk with Your Pedometer 8:00 Guardian Angels Catholic Church 8:45 Sunrise Church [BUS] 9:30 Delivery of Good Morning w/ Daily Chronicles, Puzzles and "Daily Gratitude" 10:00 Communion @ The Theater [RT] 10:15 Left, Right, Center Game [L1] 10:45 Love on a Leash [L1] 11:15 Come chat with Daniela from Culinary [L1] 1:00 Independent Artists at Work [AC] 1:30 Trash Board Games [CR] 3:00 Afternoon Movie Cart & Popcorn w/ "POPS" [RT] 6:00 Don't forget, check your steps with the front desk [RL]</p>	<p>3</p> <p>Take a Walk with Your Pedometer 9:45 Delivery of Good Morning w/ Daily Chronicles & Puzzles 10:00 Exercise with Leo [L1] 10:45 Take a break and Get a Drink 11:00 Trivia w/ Leo 11:30 Independent Artists at Work [AC] 1:30 Card Game-Resident's Choice [CR] 3:00 Bingo for Prizes w/ Kathy [L1] 4:00 Meet your neighbor at the Bistro 6:00 Don't forget, check your steps at the front desk [RL]</p>	<p>4</p> <p>Take a Walk with Your Pedometer 9:30 Delivery of Good Morning w/ Daily Chronicle, Puzzles and "Daily Gratitude" 10:30 Lunch Outing to: Black Bear Diner [BUS] 11:30 Puzzles in the Art Room [AC] 12:30 Independent Artists at Work [AC] 2:00 Brain Games/Large Crossword Puzzles [L1] 3:00 Bocce Ball 4:30 Happy Hour w/Broken Strings [MDR] 6:00 Don't forget, check your steps at the front desk [RL]</p>	<p>5</p> <p>Mario's Action Station 11:30 to 1:30 Resident Council Today Take a Walk with Your Pedometer 9:30 Delivery of Good Morning w/Daily Chronicle, Puzzles and "Daily Gratitude" 10:00 This Day in History with Tracy [L1] 10:30 Exercise with Tracy [L1] 11:45 Cool Down and Refreshments [L1] 1:30 Summertime Door Decor [AC] 3:00 Resident Council [RT] 3:30 Puzzles in the Art Room [AC] 4:00 Clean Up Our Art Area [AC] 6:00 Don't forget, check your steps with the front desk [RL]</p>	<p>6</p> <p>Take a Walk with Your Pedometer 9:30 Delivery of Good Morning w/ Daily Chronicle, Puzzles and "Daily Gratitude" 10:00 Find a friend and take a walk [RL] 10:30 Del Mar Fair [BUS] 1:30 Inspirational Music with Steve and Diane [RT] 2:30 Independent Artists at Work [AC] 3:30 Puzzles in the Art Room [AC] 6:00 Don't forget, check your steps with the front desk [RL]</p>	<p>7</p> <p>Take a Walk with Your Pedometer 9:30 Delivery of Good Morning w/Daily Chronicle, Puzzles and "Daily Gratitude" 10:00 Water the Garden 10:30 Scenic Drive with Tracy [BUS] 11:30 Jigsaw Puzzles [AC] 1:30 Nickel Poker Deuces Wild [CR] 3:00 Afternoon Movie and Popcorn: League of Their Own [RT] 4:00 Welcome New Resident's and Reading Supplies 4:30 Piano Music featuring "Trevor" [MDR] 6:00 Don't forget, check your steps with the front desk [RL]</p>	<p>8</p> <p>Take a Walk with Your Pedometer 9:30 Delivery of Good Morning w/Daily Chronicle, Puzzles and "Daily Gratitude" 10:00 Shadow Mountain Church [RT] 11:00 Fathers Day Car Show at the Pointe [BUS] 11:30 Lets meet at the Bistro with a good Book [BISR] 1:30 Finish our Summertime Door Decor [AC] 2:30 Nifty Knitter's with Jane [AC] 3:30 Puzzles in the Art Room [AC] 4:00 Organize Our Art Supplies 6:00 Don't forget, check your steps with the front desk [RL]</p>
<p>9</p> <p>Take a Walk with Your Pedometer 8:00 Guardian Angels Catholic Church 8:45 Sunrise Church [BUS] 9:30 Delivery of Good Morning w/ Daily Chronicles, Puzzles and "Daily Gratitude" 10:00 Communion @ The Theater [RT] 10:15 Left, Right, Center Game [L1] 10:45 Love on a Leash [L1] 11:15 Come chat with Daniela from Culinary [L1] 1:00 Independent Artists at Work [AC] 1:30 Trash Board Games [CR] 3:00 Afternoon Movie Cart & Popcorn w/ "POPS" [RT] 6:00 Don't forget, check your steps with the front desk [RL]</p>	<p>10</p> <p>Take a Walk with Your Pedometer 9:45 Delivery of Good Morning w/ Daily Chronicles & Puzzles 10:00 Exercise with Leo [L1] 10:45 Take a break and Get a Drink 11:30 Independent Artists at Work [AC] 1:30 Card Game-Resident's Choice [CR] 3:00 Bingo for Prizes w/ Kathy [L1] 4:00 Meet your neighbor at the Bistro 6:00 Don't forget, check your steps at the front desk [RL]</p>	<p>11</p> <p>Take a Walk with Your Pedometer 9:30 Delivery of Good Morning w/ Daily Chronicle, Puzzles and "Daily Gratitude" 11:30 Lunch Outing to: KFC at the Bistro 11:30 Puzzles in the Art Room [AC] 12:30 Independent Artists at Work [AC] 2:00 Brain Games/20 Questions 3:00 Bocce Ball 4:30 Happy Hour w/Blue Zone [MDR] 6:00 Don't forget, check your steps at the front desk [RL]</p>	<p>12</p> <p>Mario's Action Station 11:30 to 1:30 Take a Walk with Your Pedometer 9:30 Delivery of Good Morning w/Daily Chronicle, Puzzles and "Daily Gratitude" 10:00 Crossword Puzzles with Tracy [L1] 10:30 Maximum Fitness with Sheri [L1] 11:45 Cool Down and Refreshments [L1] 1:30 Independent Artists at Work [AC] 2:00 "She Wore Silver Wings" Movie featuring our own Jean Landis [RT] 3:30 Puzzles in the Art Room [AC] 4:00 Clean Up Our Art Area [AC] 6:00 Don't forget, check your steps with the front desk [RL]</p>	<p>13</p> <p>Take a Walk with Your Pedometer 9:30 Delivery of Good Morning w/ Daily Chronicle, Puzzles and "Daily Gratitude" 10:00 Exercise with Tracy [L1] 10:30 This Day In History with Tracy [L1] 11:00 Bunco for Prizes [L1] 12:30 Lunch Visits with Pastor Bob 1:00 Healing, Helping and Giving Club [L2] 2:00 Bible Study with Pastor Bob [L2] 3:00 Bingo for Gift Cards [AC] 6:00 Don't forget, check your steps with the front desk [RL]</p>	<p>14</p> <p>Flag Day Happy Birthday Betty Take a Walk with Your Pedometer 9:30 Delivery of Good Morning w/Daily Chronicle, Puzzles and "Daily Gratitude" 10:00 Water the Garden 10:30 Early Riser Artists at Work [AC] 11:30 Jigsaw Puzzles [AC] 1:30 Nickel Poker Deuces Wild [CR] 2:00 Afternoon Movie and Popcorn: Back To The Future [RT] 4:00 Welcome New Resident's and Reading Supplies 4:30 Piano Music w/ William Young [MDR] 6:00 Don't forget, check your steps with the front desk [RL]</p>	<p>15</p> <p>Take a Walk with Your Pedometer 9:30 Delivery of Good Morning w/Daily Chronicle, Puzzles and "Daily Gratitude" 10:00 Shopping - Your Choice [BUS] 11:30 Lets meet at the Bistro with a good Book [BISR] 1:30 Make your Own Gel Air Freshener [AC] 1:30 Sing along with Myron [RT] 2:30 Nifty Knitter's with Jane [AC] 3:30 Puzzles in the Art Room [AC] 4:00 Organize Our Art Supplies 6:00 Don't forget, check your steps with the front desk [RL]</p>
<p>Happy Father's Day</p> <p>16</p> <p>Take a Walk with Your Pedometer 8:00 Guardian Angels Catholic Church 8:45 Sunrise Church [BUS] 9:30 Delivery of Good Morning w/ Daily Chronicles, Puzzles and "Daily Gratitude" 10:00 Communion @ The Theater [RT] 10:15 Left, Right, Center Game [L1] 10:45 Love on a Leash [L1] 11:15 Come chat with Daniela from Culinary [L1] 12:00 Piano Music with William Young [MDR] 1:00 Independent Artists at Work [AC] 1:30 Trash Board Games [CR] 3:00 Afternoon Movie Cart & Popcorn w/ "POPS" [RT] 6:00 Don't forget, check your steps with the front desk [RL]</p>	<p>17</p> <p>Take a Walk with Your Pedometer 9:45 Delivery of Good Morning w/ Daily Chronicles & Puzzles 10:00 Exercise with Leo [L1] 10:45 Take a break and Get a Drink 11:00 Trivia w/ Leo 11:30 Independent Artists at Work [AC] 1:30 Card Game-Resident's Choice [CR] 3:00 Bingo for Prizes w/ Kathy [L1] 4:00 Meet your neighbor at the Bistro 6:00 Don't forget, check your steps at the front desk [RL]</p>	<p>18</p> <p>Take a Walk with Your Pedometer 9:30 Delivery of Good Morning w/ Daily Chronicle, Puzzles and "Daily Gratitude" 10:30 Lunch Outing to: Jimmy's [BUS] 11:30 Puzzles in the Art Room [AC] 12:30 Independent Artists at Work [AC] 1:30 New Game- "Hot Seat" [L1] 3:00 Bocce Ball 4:30 Happy Hour w/Cowboy Jack [MDR] 6:00 Don't forget, check your steps at the front desk [RL]</p>	<p>19</p> <p>Mario's Action Station 11:30 to 1:30 Take a Walk with Your Pedometer 9:30 Delivery of Good Morning w/Daily Chronicle, Puzzles and "Daily Gratitude" 10:00 Fact or Fiction Game [L1] 10:00 This Day in History with Tracy [L1] 10:30 Maximum Fitness with Sheri [L1] 11:45 Cool Down and Refreshments [L1] 1:30 Watercolor Pencil Art [AC] 2:30 Bird Houses for our Garden [AC] 3:30 Puzzles in the Art Room [AC] 4:00 Clean Up Our Art Area [AC] 6:00 Don't forget, check your steps with the front desk [RL]</p>	<p>20</p> <p>Take a Walk with Your Pedometer 9:30 Delivery of Good Morning w/Daily Chronicle, Puzzles and "Daily Gratitude" 10:00 Exercise with Tracy [L1] 10:30 This Day In History with Tracy [L1] 11:00 Saddle Up for some Horse Racing [L1] 12:30 Lunch Visits with Pastor Bob 1:30 Inspirational Music with Steve and Diane [RT] 1:30 Nickel Poker Deuces Wild [CR] 2:00 Bible Study with Pastor Bob [L2] 3:00 Bingo for Gift Cards [AC] 6:00 Don't forget, check your steps with the front desk [RL]</p>	<p>21</p> <p>All Staff Meeting at 2:00 Take a Walk with Your Pedometer 9:30 Delivery of Good Morning w/Daily Chronicle, Puzzles and "Daily Gratitude" 10:00 Water the Garden 11:30 Jigsaw Puzzles [AC] 2:00 Afternoon Movie and Popcorn: 9 to 5 [RT] 2:00 All staff meeting 4:00 Welcome New Resident's and Reading Supplies 4:30 Piano Music featuring "Trevor" [MDR] 6:00 Don't forget, check your steps with the front desk [RL]</p>	<p>22</p> <p>Take a Walk with Your Pedometer 9:30 Delivery of Good Morning w/Daily Chronicle, Puzzles and "Daily Gratitude" 10:00 Shopping - Your Choice [BUS] 11:30 Lets meet at the Bistro with a good Book [BISR] 1:30 Make Our Own Bookmarks [AC] 2:30 Birdhouses for our Courtyard [AC] 2:30 Nifty Knitter's with Jane [AC] 3:30 Puzzles in the Art Room [AC] 4:00 Organize Our Art Supplies 6:00 Don't forget, check your steps with the front desk [RL]</p>
<p>Happy Birthday Lillian</p> <p>23</p> <p>Take a Walk with Your Pedometer 8:00 Guardian Angels Catholic Church 8:45 Sunrise Church [BUS] 9:30 Delivery of Good Morning w/ Daily Chronicles, Puzzles and "Daily Gratitude" 10:00 Communion @ The Theater [RT] 10:15 Left, Right, Center Game [L1] 10:45 Love on a Leash [L1] 11:15 Come chat with Daniela from Culinary [L1] 1:00 Independent Artists at Work [AC] 1:30 Trash Board Games [CR] 3:00 Afternoon Movie Cart & Popcorn w/ "POPS" [RT] 6:00 Don't forget, check your steps with the front desk [RL]</p>	<p>24</p> <p>Take a Walk with Your Pedometer 9:45 Delivery of Good Morning w/ Daily Chronicles & Puzzles 10:00 Exercise with Leo [L1] 10:45 Take a break and Get a Drink 11:30 Independent Artists at Work [AC] 1:30 Card Game-Resident's Choice [CR] 3:00 Bingo for Prizes w/ Kathy [L1] 4:00 Meet your neighbor at the Bistro 6:00 Don't forget, check your steps at the front desk [RL]</p>	<p>Happy Hour June Birthday Celebration</p> <p>25</p> <p>Take a Walk with Your Pedometer 9:30 Delivery of Good Morning w/Daily Chronicle, Puzzles and "Daily Gratitude" 10:30 Gentle Stretches [L1] 11:30 Puzzles in the Art Room [AC] 12:30 Independent Artists at Work [AC] 1:30 Word in a Word [L1] 3:00 Bocce Ball 4:30 Happy Hour w/Kemosabe [MDR] 6:00 Don't forget, check your steps at the front desk [RL]</p>	<p>Mario's Action Station 11:30 to 1:30</p> <p>26</p> <p>Take a Walk with Your Pedometer 9:30 Delivery of Good Morning w/Daily Chronicle, Puzzles and "Daily Gratitude" 10:00 This Day in History [L1] 10:30 Maximum Fitness with Sheri [L1] 11:45 Cool Down and Refreshments [L1] 1:30 Artists at Work [AC] 2:00 Card Game-Resident's Choice [CR] 3:30 Puzzles in the Art Room [AC] 4:00 Clean Up Our Art Area [AC] 6:00 Don't forget, check your steps with the front desk [RL]</p>	<p>Happy Birthday Evelyn</p> <p>27</p> <p>Take a Walk with Your Pedometer 9:30 Delivery of Good Morning w/ Daily Chronicle, Puzzles and "Daily Gratitude" 10:00 Balloon Exercise [L1] 10:30 This Day In History with Tracy [L1] 12:30 Lunch Visits with Pastor Bob 1:00 Healing, Helping and Giving Club [L2] 2:00 Bible Study with Pastor Bob [L2] 3:00 Bingo for Gift Cards [AC] 6:00 Don't forget, check your steps with the front desk [RL]</p>	<p>28</p> <p>Take a Walk with Your Pedometer 9:30 Delivery of Good Morning w/Daily Chronicle, Puzzles and "Daily Gratitude" 10:00 Gentle Stretching [L1] 11:00 Water the Garden 11:30 Jigsaw Puzzles [AC] 1:30 Card Game-Resident's Choice [CR] 3:00 Afternoon Movie and Popcorn: Steel Magnolias [RT] 4:00 Welcome New Resident's and Reading Supplies 4:30 Piano Music featuring "Trevor" [MDR] 6:00 Don't forget, check your steps with the front desk [RL]</p>	<p>29</p> <p>Take a Walk with Your Pedometer 9:30 Delivery of Good Morning w/Daily Chronicle, Puzzles and "Daily Gratitude" 10:00 Balloon Exercise [L1] 10:30 Word in a Word Game [L1] 11:30 Lets meet at the Bistro with a good Book [BISR] 1:30 Independent Artists at Work [AC] 2:30 Independent Knitters and Crocheters [AC] 3:30 Puzzles in the Art Room [AC] 4:00 Organize Our Art Supplies 6:00 Don't forget, check your steps with the front desk [RL]</p>