

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>Maritza Aguirre</div> <div>Life Enrichment Director</div> <div>@ the Ridge</div> <div>800 Lantern Crest Way</div> <div>Santee, CA 92071</div> <div>619-647-6392</div> <div>Maritza.aguirre@lanterncrestsantee.com</div>	<div></div>	<div>Resident Birthdays</div> <div>Patricia K. 8/10</div> <div>Theresa P. 8/11</div>	<div>All Activities</div> <div>are subject to change</div> <div>without notice.</div> <div>Please check dailies</div> <div>for all updates.</div>	<div>9:30 Delivery of Good Morning w/Daily Chronicle, Puzzles and "Daily Gratitude"</div> <div>10:00 Exercise with Tracy [L1]</div> <div>10:30 News, History and Horoscopes [L1]</div> <div>11:00 Saddle Up For Some Horse Racing [L1]</div> <div>12:30 Lunch Visits with Pastor Bob</div> <div>1:30 Card Game-Resident's Choice [CR]</div> <div>1:30 Inspirational Music with Steve and Diane [RT]</div> <div>2:00 Bible Study with Pastor Bob [L2]</div> <div>3:00 Bingo for Gift Cards [AC]</div> <div>5:00 Take a Walk with Your Pedometer</div> <div>6:00 Don't forget, check your steps with the front desk [RL]</div>	<div>9:30 Delivery of Good Morning w/Daily Chronicle, Puzzles and "Daily Gratitude"</div> <div>10:00 Water the Plants in the Courtyard and Bistro [RC]</div> <div>10:30 Early Riser Artists at Work [AC]</div> <div>11:30 Jigsaw Puzzles [AC]</div> <div>1:00 Black Jack [CR]</div> <div>2:30 Afternoon Movie and Popcorn: The Sandlot [RT]</div> <div>4:00 Welcome New Resident's and Reading Supplies</div> <div>4:30 Piano Music featuring "Trevor" [MDR]</div> <div>5:00 Take a Walk with Your Pedometer</div> <div>6:00 Don't forget, check your steps with the front desk [RL]</div>	<div>9:30 Delivery of Good Morning w/ Daily Chronicle, Puzzles and "Daily Gratitude"</div> <div>10:00 Shopping and Walking</div> <div>11:30 Lets meet at the Bistro with a good Book [BISR]</div> <div>1:30 Crafts for our Art Show [AC]</div> <div>1:30 Sing Along with Myron</div> <div>2:30 Nifty Knitter's with Jane [AC]</div> <div>4:00 Organize Our Art Supplies</div> <div>5:00 Take a Walk with Your Pedometer</div> <div>6:00 Don't forget, check your steps with the front desk [RL]</div>
<div>8:00 Guardian Angels Catholic Church</div> <div>8:45 Sonrise Church [BUS]</div> <div>9:30 Delivery of Good Morning w/ Daily Chronicles, Puzzles and "Daily Gratitude"</div> <div>10:00 Communion @ The Theater [RT]</div> <div>10:15 Left, Right, Center Game [L1]</div> <div>10:45 Love on a Leash [L1]</div> <div>11:15 Come chat with Daniela from Culinary [L1]</div> <div>1:00 Independent Artists at Work [AC]</div> <div>1:30 Trash Board Games [CR]</div> <div>3:00 Afternoon Movie Cart & Popcorn - Driving Miss Daisy [RT]</div> <div>5:00 Take a Walk with Your Pedometer</div> <div>6:00 Don't forget, check your steps with the front desk [RL]</div>	<div>9:45 Delivery of Good Morning w/ Daily Chronicles & Puzzles</div> <div>10:00 Exercise with Leo [L1]</div> <div>10:45 Take a break and Get a Drink</div> <div>11:00 Word in a Word [L1]</div> <div>1:30 Card Game-Resident's Choice [CR]</div> <div>3:00 Bingo for Prizes [L1]</div> <div>4:00 Meet your neighbor at the Bistro</div> <div>5:00 Take a Walk with Your Pedometer</div> <div>6:00 Don't forget, check your steps at the front desk [RL]</div>	<div>9:30 Delivery of Good Morning w/Daily Chronicle, Puzzles and "Daily Gratitude"</div> <div>10:30 Try Something New - Spaghetti Squash/Prep and cook [LCK]</div> <div>11:00 Let's try our Spaghetti Squash [LCK]</div> <div>11:30 Clean Up the Kitchen [LCK]</div> <div>12:30 Independent Artists at Work [AC]</div> <div>2:00 Nickel Poker [CR]</div> <div>3:00 Bocce Ball [L1]</div> <div>4:30 Happy Hour w/Broken Strings [MDR]</div> <div>5:00 Take a Walk with Your Pedometer</div> <div>6:00 Don't forget, check your steps at the front desk [RL]</div>	<div>Mario's Action Station 11:30 to 1:30</div> <div>Resident Council Today @ 3:00</div> <div>9:30 Delivery of Good Morning w/Daily Chronicle, Puzzles and "Daily Gratitude"</div> <div>10:00 You Be The Judge [L1]</div> <div>10:30 Maximum Fitness with Sheri [L1]</div> <div>11:45 Cool Down and Refreshments [L1]</div> <div>1:30 Fall Crafts in August [AC]</div> <div>2:00 Nifty Knitter's with Jane [AC]</div> <div>2:30 Art Room Social and Refreshments [AC]</div> <div>3:30 Puzzles in the Art Room [AC]</div> <div>4:00 Clean Up Our Art Area [AC]</div> <div>5:00 Take a Walk with Your Pedometer</div> <div>6:00 Don't forget, check your steps with the front desk [RL]</div>	<div>9:30 Delivery of Good Morning w/ Daily Chronicle, Puzzles and "Daily Gratitude"</div> <div>10:00 Exercise with Tracy [L1]</div> <div>10:30 News, History and Horoscopes [L1]</div> <div>11:00 Left, Right, Center Game [L1]</div> <div>12:30 Lunch Visits with Pastor Bob</div> <div>1:30 Healing, Giving, Friends Club [L2]</div> <div>2:00 Bible Study with Pastor Bob [L2]</div> <div>3:00 Bingo for Gift Cards [AC]</div> <div>5:00 Take a Walk with Your Pedometer</div> <div>6:00 Don't forget, check your steps with the front desk [RL]</div>	<div>9:30 Delivery of Good Morning w/Daily Chronicle, Puzzles and "Daily Gratitude"</div> <div>10:00 Scenic Drive and Learn about Our City</div> <div>10:30 Independent Artists at Work [AC]</div> <div>11:30 Jigsaw Puzzles [AC]</div> <div>1:30 Afternoon Movie and Popcorn: Fiddler On The Roof 3:00 [RT]</div> <div>4:00 Welcome New Resident's and Reading Supplies</div> <div>4:30 Piano Music featuring "Trevor" [MDR]</div> <div>5:00 Take a Walk with Your Pedometer</div> <div>6:00 Don't forget, check your steps with the front desk [RL]</div>	<div>Happy Birthday Pat!</div> <div>9:30 Delivery of Good Morning w/Daily Chronicle, Puzzles and "Daily Gratitude"</div> <div>10:00 Shadow Mountain Church [RT]</div> <div>11:00 Water the Garden</div> <div>11:30 Lets meet at the Bistro with a good Book [BISR]</div> <div>1:30 Hawaiian Door Decor [AC]</div> <div>2:00 Plastic Canvas Art [AC]</div> <div>2:30 Nifty Knitter's with Jane [AC]</div> <div>4:00 Organize Our Art Supplies</div> <div>5:00 Take a Walk with Your Pedometer</div> <div>6:00 Don't forget, check your steps with the front desk [RL]</div>
<div>Happy Birthday Theresa P.</div> <div>8:00 Guardian Angels Catholic Church</div> <div>8:45 Sonrise Church [BUS]</div> <div>9:30 Delivery of Good Morning w/ Daily Chronicles, Puzzles and "Daily Gratitude"</div> <div>10:00 Communion @ The Theater [RT]</div> <div>10:15 Left, Right, Center Game [L1]</div> <div>10:45 Love on a Leash [L1]</div> <div>11:15 Come chat with Daniela from Culinary [L1]</div> <div>1:00 Independent Artists at Work [AC]</div> <div>1:30 Trash Board Games [CR]</div> <div>3:00 Afternoon Movie Cart & Popcorn - Forrest Gump [RT]</div> <div>5:00 Take a Walk with Your Pedometer</div> <div>6:00 Don't forget, check your steps with the front desk [RL]</div>	<div>9:45 Delivery of Good Morning w/ Daily Chronicles & Puzzles</div> <div>10:00 Exercise with Leo [L1]</div> <div>10:45 Take a break and Get a Drink</div> <div>11:00 Word in a Word [L1]</div> <div>1:30 Connect Hearing-Hearing Aid Checks [L1]</div> <div>3:00 Bingo for Prizes [L1]</div> <div>4:00 Meet your neighbor at the Bistro</div> <div>5:00 Take a Walk with Your Pedometer</div> <div>6:00 Don't forget, check your steps at the front desk [RL]</div>	<div>9:30 Delivery of Good Morning w/ Daily Chronicle, Puzzles and "Daily Gratitude"</div> <div>10:30 Lunch At The Pointe Terrazza Restaurant [BUS]</div> <div>11:30 Puzzles in the Art Room [LCK]</div> <div>12:30 Independent Artists at Work [AC]</div> <div>2:00 Crossword Puzzles [L1]</div> <div>3:00 Bocce Ball [L1]</div> <div>4:30 Happy Hour w/Blue Zone [MDR]</div> <div>5:00 Take a Walk with Your Pedometer</div> <div>6:00 Don't forget, check your steps at the front desk [RL]</div>	<div>Mario's Action Station 11:30 to 1:30</div> <div>9:30 Delivery of Good Morning w/Daily Chronicle, Puzzles and "Daily Gratitude"</div> <div>10:00 States With Funny Laws [L1]</div> <div>10:30 Maximum Fitness with Sheri [L1]</div> <div>11:45 Cool Down and Refreshments [L1]</div> <div>1:30 Crafts for our Art Show [AC]</div> <div>2:00 Nifty Knitter's with Jane [AC]</div> <div>2:30 Popsicle's [AC]</div> <div>3:30 Puzzles in the Art Room [AC]</div> <div>4:00 Special Event w/ Dominic Pizarro & Friends [MDR]</div> <div>5:00 Take a Walk with Your Pedometer</div> <div>6:00 Don't forget, check your steps with the front desk [RL]</div>	<div>9:30 Delivery of Good Morning w/Daily Chronicle, Puzzles and "Daily Gratitude"</div> <div>10:00 Exercise with Tracy [L1]</div> <div>10:30 News, History and Horoscopes [L1]</div> <div>11:00 Make and Sample Healthy Smoothies [L1]</div> <div>12:30 Lunch Visits with Pastor Bob</div> <div>1:30 Inspirational Music with Steve and Diane [RT]</div> <div>1:30 Nickel Poker [CR]</div> <div>2:00 Bible Study with Pastor Bob [L2]</div> <div>3:00 Bingo for Gift Cards [AC]</div> <div>5:00 Take a Walk with Your Pedometer</div> <div>6:00 Don't forget, check your steps with the front desk [RL]</div>	<div>9:30 Delivery of Good Morning w/Daily Chronicle, Puzzles and "Daily Gratitude"</div> <div>10:30 Early Riser Artists at Work [AC]</div> <div>11:30 Jigsaw Puzzles [AC]</div> <div>1:30 Movie and Hollywood Trivia [RT]</div> <div>2:00 Afternoon Movie and Popcorn: Working Girl 1:49 [RT]</div> <div>4:00 Welcome New Resident's and Reading Supplies</div> <div>4:30 Piano Music featuring "Trevor" [MDR]</div> <div>5:00 Take a Walk with Your Pedometer</div> <div>6:00 Don't forget, check your steps with the front desk [RL]</div>	<div>9:30 Delivery of Good Morning w/Daily Chronicle, Puzzles and "Daily Gratitude"</div> <div>10:00 Shopping - Your Choice</div> <div>11:30 Lets meet at the Bistro with a good Book [BISR]</div> <div>1:30 Crafts for our Art Show [AC]</div> <div>1:30 Sing Along with Myron</div> <div>2:00 Nifty Knitter's with Jane [AC]</div> <div>2:30 Ice Cream and Root Beer Floats [AC]</div> <div>2:30 Nifty Knitter's with Jane [AC]</div> <div>4:00 Organize Our Art Supplies</div> <div>5:00 Take a Walk with Your Pedometer</div> <div>6:00 Don't forget, check your steps with the front desk [RL]</div>
<div>8:00 Guardian Angels Catholic Church</div> <div>8:45 Sonrise Church [BUS]</div> <div>9:30 Delivery of Good Morning w/ Daily Chronicles, Puzzles and "Daily Gratitude"</div> <div>10:00 Communion @ The Theater [RT]</div> <div>10:15 Left, Right, Center Game [L1]</div> <div>10:45 Love on a Leash [L1]</div> <div>11:15 Come chat with Daniela from Culinary [L1]</div> <div>1:00 Independent Artists at Work [AC]</div> <div>1:30 Trash Board Games [CR]</div> <div>3:00 Afternoon Movie Cart & Popcorn - The Birds [RT]</div> <div>5:00 Take a Walk with Your Pedometer</div> <div>6:00 Don't forget, check your steps with the front desk [RL]</div>	<div>9:45 Delivery of Good Morning w/ Daily Chronicles & Puzzles</div> <div>10:00 Exercise with Leo [L1]</div> <div>10:45 Take a break and Get a Drink</div> <div>11:00 Word in a Word [L1]</div> <div>1:30 Card Game-Resident's Choice [CR]</div> <div>3:00 Bingo for Prizes [L1]</div> <div>4:00 Meet your neighbor at the Bistro</div> <div>5:00 Take a Walk with Your Pedometer</div> <div>6:00 Don't forget, check your steps at the front desk [RL]</div>	<div>9:30 Delivery of Good Morning w/ Daily Chronicle, Puzzles and "Daily Gratitude"</div> <div>10:30 Lunch Outing to: Boll Weevil's for a good old fashioned burger [BUS]</div> <div>11:30 Puzzles in the Art Room [LCK]</div> <div>12:30 Independent Artists at Work [AC]</div> <div>2:00 Black Jack [CR]</div> <div>3:00 Bocce Ball [L1]</div> <div>4:30 Happy Hour w/Cowboy Jack [MDR]</div> <div>5:00 Take a Walk with Your Pedometer</div> <div>6:00 Don't forget, check your steps at the front desk [RL]</div>	<div>Mario's Action Station 11:30 to 1:30</div> <div>9:30 Delivery of Good Morning w/Daily Chronicle, Puzzles and "Daily Gratitude"</div> <div>10:00 Foods That Are Good for Our Eyes [L1]</div> <div>10:30 Maximum Fitness with Sheri [L1]</div> <div>11:45 Cool Down and Refreshments [L1]</div> <div>12:00 Lunch Visits with Richard Lederer [MDR]</div> <div>1:30 Speaker-Richard Lederer "The Gift of Age" [RT]</div> <div>3:00 Cheese and Wine Social [AC]</div> <div>3:30 Puzzles in the Art Room [AC]</div> <div>4:00 Clean Up Our Art Area [AC]</div> <div>5:00 Take a Walk with Your Pedometer</div> <div>6:00 Don't forget, check your steps with the front desk [RL]</div>	<div>All Staff Meeting at 2:00</div> <div>9:30 Delivery of Good Morning w/Daily Chronicle, Puzzles and "Daily Gratitude"</div> <div>10:00 Exercise with Tracy [L1]</div> <div>10:30 News, History and Horoscopes [L1]</div> <div>11:00 Bunco for prizes [L1]</div> <div>12:30 Lunch Visits with Pastor Bob</div> <div>1:30 Healing, Giving, Friends Club [L2]</div> <div>2:00 Bible Study with Pastor Bob [L2]</div> <div>3:00 Bingo for Gift Cards [AC]</div> <div>5:00 Take a Walk with Your Pedometer</div> <div>6:00 Don't forget, check your steps with the front desk [RL]</div>	<div>9:30 Delivery of Good Morning w/Daily Chronicle, Puzzles and "Daily Gratitude"</div> <div>10:00 Scenic Drive and Learn about Our City</div> <div>10:30 Independent Artists at Work [AC]</div> <div>11:30 Jigsaw Puzzles [AC]</div> <div>1:00 Card Game Your Choice [CR]</div> <div>2:30 Afternoon Movie and Popcorn: My Big Fat Greek Wedding 1:35 [RT]</div> <div>4:00 Welcome New Resident's and Reading Supplies</div> <div>4:30 Piano Music featuring "Trevor" [MDR]</div> <div>5:00 Take a Walk with Your Pedometer</div> <div>6:00 Don't forget, check your steps with the front desk [RL]</div>	<div>9:30 Delivery of Good Morning w/ Daily Chronicle, Puzzles and "Daily Gratitude"</div> <div>10:00 Shopping - Your Choice</div> <div>11:30 Lets meet at the Bistro with a good Book [BISR]</div> <div>1:30 Crafts for our Art Show [AC]</div> <div>2:30 Nifty Knitter's with Jane [AC]</div> <div>3:00 Art Room Social and Refreshments [AC]</div> <div>4:00 Organize Our Art Supplies</div> <div>5:00 Take a Walk with Your Pedometer</div> <div>6:00 Don't forget, check your steps with the front desk [RL]</div>
<div>8:00 Guardian Angels Catholic Church</div> <div>8:45 Sonrise Church [BUS]</div> <div>9:30 Delivery of Good Morning w/ Daily Chronicles, Puzzles and "Daily Gratitude"</div> <div>10:00 Communion @ The Theater [RT]</div> <div>10:15 Left, Right, Center Game [L1]</div> <div>10:45 Love on a Leash [L1]</div> <div>11:15 Come chat with Daniela from Culinary [L1]</div> <div>1:00 Independent Artists at Work [AC]</div> <div>1:30 Trash Board Games [CR]</div> <div>3:00 Afternoon Movie Cart & Popcorn - Hello, Dolly! [RT]</div> <div>5:00 Take a Walk with Your Pedometer</div> <div>6:00 Don't forget, check your steps with the front desk [RL]</div>	<div>9:45 Delivery of Good Morning w/ Daily Chronicles & Puzzles</div> <div>10:00 Exercise with Leo [L1]</div> <div>10:45 Take a break and Get a Drink</div> <div>11:00 Word in a Word [L1]</div> <div>1:30 Card Game-Resident's Choice [CR]</div> <div>3:00 Bingo for Prizes [L1]</div> <div>4:00 Meet your neighbor at the Bistro</div> <div>5:00 Take a Walk with Your Pedometer</div> <div>6:00 Don't forget, check your steps at the front desk [RL]</div>	<div>Happy Hour Birthday Celebrations for August</div> <div>9:30 Delivery of Good Morning w/Daily Chronicle, Puzzles and "Daily Gratitude"</div> <div>10:30 Lunch At The Pointe Terrazza Restaurant [BUS]</div> <div>11:30 Puzzles in the Art Room [LCK]</div> <div>12:30 Independent Artists at Work [AC]</div> <div>2:00 Black Jack [CR]</div> <div>3:00 Bocce Ball [L1]</div> <div>4:30 Happy Hour w/Kemosabe [MDR]</div> <div>5:00 Take a Walk with Your Pedometer</div> <div>6:00 Don't forget, check your steps at the front desk [RL]</div>	<div>Luau at the Ridge 3:00 to 6:00pm</div> <div>9:30 Delivery of Good Morning w/Daily Chronicle, Puzzles and "Daily Gratitude"</div> <div>10:00 Luau Fun Facts [L1]</div> <div>10:30 Maximum Fitness with Sheri [L1]</div> <div>11:45 Cool Down and Refreshments [L1]</div> <div>3:00 Luau</div> <div>4:00 Clean Up Our Art Area [AC]</div> <div>5:00 Take a Walk with Your Pedometer</div> <div>6:00 Don't forget, check your steps with the front desk [RL]</div>	<div>9:30 Delivery of Good Morning w/Daily Chronicle, Puzzles and "Daily Gratitude"</div> <div>10:00 Exercise with Tracy [L1]</div> <div>10:30 News, History and Horoscopes [L1]</div> <div>11:00 Word in a Word [L1]</div> <div>12:30 Lunch Visits with Pastor Bob</div> <div>2:00 Bible Study with Pastor Bob [L2]</div> <div>3:00 Bingo for Gift Cards [AC]</div> <div>5:00 Take a Walk with Your Pedometer</div> <div>6:00 Don't forget, check your steps with the front desk [RL]</div>	<div>9:30 Delivery of Good Morning w/Daily Chronicle, Puzzles and "Daily Gratitude"</div> <div>10:00 Water the Plants in the Courtyard and Bistro [RC]</div> <div>10:30 Early Riser Artists at Work [AC]</div> <div>11:30 Jigsaw Puzzles [AC]</div> <div>1:00 Card Game-Resident's Choice [CR]</div> <div>2:30 Afternoon Movie and Popcorn: Hope Floats 1:54 [RT]</div> <div>4:00 Welcome New Resident's and Reading Supplies</div> <div>5:00 Take a Walk with Your Pedometer</div> <div>6:00 Don't forget, check your steps with the front desk [RL]</div>	<div>9:30 Delivery of Good Morning w/ Daily Chronicle, Puzzles and "Daily Gratitude"</div> <div>10:00 Shopping - Your Choice</div> <div>11:30 Lets meet at the Bistro with a good Book [BISR]</div> <div>1:30 Crafts for our Art Show</div> <div>2:00 Plastic Canvas Art [AC]</div> <div>2:30 Nifty Knitter's with Jane [AC]</div> <div>4:00 Organize Our Art Supplies</div> <div>5:00 Take a Walk with Your Pedometer</div> <div>6:00 Don't forget, check your steps with the front desk [RL]</div>