

# October 2019 Lantern Crest Assisted Living

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p><b>Special Event</b> <b>Rhinestone Grannies!</b> Dance, Comedy, Song with John James of The Platters Friday, October 18 at 2:00pm Lantern Crest Hall</p> <p><b>Senior Portraits</b> Right Here, at Lantern Crest Tuesday, October 15th Be Sure to schedule your appointment time with Maritza</p> <p><b>Doctor Drives</b> Monday thru Friday 9AM -3PM</p> <p>All Activities are subject to change without notice. Please check the dailies for all updates.</p>	 <p><b>Maritza Aguirre</b> <b>Life Enrichment Director</b> <b>@ the Ridge</b> <b>800 Lantern Crest Way</b> <b>Santee, CA 92071</b> <b>619-647-6392</b> Martiza.aguirre@lanterncrestsantee.com</p>	<p><b>1</b> 9:30 Delivery of The Daily Chronicle and Puzzles 10:00 Bake Your Cake &amp; Eat It Too! Club [LCK] 10:30 Baking Our Sweets [LCK] 11:00 Share Our Baked Goods with Friends [LCK] 11:30 Puzzles at the Bistro [BISR] 12:30 Independent Artists at Work [AC] 2:30 Card Game-Resident's Choice [CR] 4:30 Happy Hour w/Broken Strings [MDR] 5:00 Take a Walk with Your Pedometer 6:00 Meet your neighbor at the Bistro [BISR]</p>	<p><b>2</b> Mario's Action Station 11:30 to 1:30 9:30 Delivery of The Daily Chronicle and Puzzles 10:00 Who or What is It Clue Game [L1] 10:30 Maximum Fitness with Sheri [L1] 11:45 Cool Down and Refreshments [L1] 1:30 Autumn Leaf Candy or Jewelry Dish [AC] 2:00 Nifty Knitter's with Jane [AC] 3:00 Resident Council Meeting 3:30 Puzzles in the Art Room [AC] 4:00 Clean Up Our Art Area [AC] 5:00 Take a Walk with Your Pedometer 6:00 Meet your neighbor at the Bistro [BISR]</p>	<p><b>3</b> 9:30 Delivery of The Daily Chronicle and Puzzles 10:00 Exercise with Tracy [L1] 10:30 Cool Down and Refreshments [L1] 11:00 Chicken Foot Domino Game [L1] 12:30 Lunch Visits with Pastor Bob 1:30 Inspirational Music with Steve and Diane [RT] 2:30 Bible Study with Pastor Bob [L2] 3:00 Bingo for Gift Cards [AC] 5:00 Take a Walk with Your Pedometer 6:00 Meet your neighbor at the Bistro [BISR]</p>	<p><b>4</b> 9:30 Delivery of The Daily Chronicle and Puzzles 10:00 Scenic Drive and Learn about Our City [BUS] 11:00 Independent Artists at Work [AC] 11:30 Jigsaw Puzzles [AC] 1:00 Black Jack Tournament Begins [CR] 2:30 Afternoon Movie and Popcorn: "When Harry Met Sally" Run Time 1hr33min [RT] 4:00 Evening Prayer with Bill Bixby [L1] 4:30 Piano Music featuring "Trevor" [MDR] 5:00 Take a Walk with Your Pedometer 6:00 Meet your neighbor at the Bistro [BISR]</p>	<p><b>5</b> 9:30 Delivery of The Daily Chronicle and Puzzles 10:00 Shopping - Your Choice [BUS] 11:30 Meet a Friend in the Courtyard [BISR] 1:30 Finish Our Leaf Candy Dish [AC] 1:30 Sing Along with Myron [RT] 2:30 Learn a New Technique-Brushless - Painting [AC] 3:00 Nifty Knitter's with Jane [AC] 4:00 Organize Our Art Supplies 5:00 Take a Walk with Your Pedometer 6:00 Meet your neighbor at the Bistro [RL]</p>	
	<p><b>6</b> 8:00 Guardian Angels Catholic Church 8:45 Sunrise Church [BUS] 9:30 Delivery of Daily Chronicle, Puzzles and "Daily Inspiration" 10:00 Communion @ The Theater [RT] 10:15 Left, Right, Center Game [L1] 10:45 Love on a Leash [L1] 11:15 Come chat with Daniela from Culinary [L1] 1:00 Independent Artists at Work [AC] 1:30 Trash Board Games [CR] 3:00 Afternoon Movie Cart &amp; Popcorn: "The Devil Wears Prada" [RT] 5:00 Take a Walk with Your Pedometer 6:00 Sports on TV [L1]</p>	<p><b>7</b> 9:45 Delivery of Daily Chronicle, Puzzles and "Daily Inspiration" 10:00 Exercise with Leo [L1] 10:45 Take a break and Get a Drink 11:00 Bunco [L1] 1:30 Card Game-Resident's Choice [CR] 3:00 Bingo for Prizes [L1] 4:00 Meet your neighbor at the Bistro 5:00 Take a Walk with Your Pedometer 6:00 Sports on TV [L1]</p>	<p><b>8</b> 9:30 Delivery of The Daily Chronicle and Puzzles 10:00 Bake Your Cake &amp; Eat It Too! Club [LCK] 10:30 Baking Our Sweets [LCK] 11:00 Share Our Baked Goods with Friends [LCK] 11:30 Puzzles at the Bistro [BISR] 12:30 Meet a Friend in the Courtyard [RC] 1:30 Independent Artists at Work [AC] 2:00 Mindful Motion For Graceful Aging [L1] 4:30 Happy Hour w/Sylvia and Salvador [MDR] 5:00 Take a Walk with Your Pedometer 6:00 Meet your neighbor at the Bistro [BISR]</p>	<p><b>9</b> Mario's Action Station 11:30 to 1:30 9:30 Delivery of The Daily Chronicle and Puzzles 10:00 Twenty Questions [L1] 10:30 Maximum Fitness with Sheri [L1] 11:45 Cool Down and Refreshments [L1] 1:30 Make Our Own Pumpkin Pins [AC] 2:00 Nifty Knitter's with Jane [AC] 3:30 Puzzles in the Art Room [AC] 4:00 Clean Up Our Art Area [AC] 5:00 Take a Walk with Your Pedometer 6:00 Meet your neighbor at the Bistro [BISR]</p>	<p><b>10</b> Happy Birthday Friday 9:30 Delivery of The Daily Chronicle and Puzzles 10:00 Exercise with Tracy [L1] 10:30 Cool Down and Refreshments [L1] 11:00 Halloween Bingo [L1] 12:30 Lunch Visits with Pastor Bob 1:30 Healing, Giving and Friends Club with Pastor Bob and Tracy [L2] 3:00 Bingo for Gift Cards [AC] 5:00 Take a Walk with Your Pedometer 6:00 Meet your neighbor at the Bistro [BISR]</p>	<p><b>11</b> 9:30 Delivery of The Daily Chronicle and Puzzles 10:00 Donuts and Friends [L1] 11:30 Jigsaw Puzzles [AC] 1:00 Black Jack Tournament [CR] 2:30 Afternoon Movie and Popcorn: "Planes, Trains and Automobiles / Run Time 1hr 33min [RT] 4:00 Welcome New Resident's and Reading Supplies 4:30 Piano Music featuring "Trevor" [MDR] 5:00 Take a Walk with Your Pedometer 6:00 Meet your neighbor at the Bistro [BISR]</p>	<p><b>12</b> 9:30 Delivery of The Daily Chronicle and Puzzles 10:00 Shadow Mountain Church [RT] 11:00 Graceful Chair Yoga [L1] 1:30 Rock Art [AC] 2:30 Nifty Knitter's with Jane [AC] 3:00 Art Projects Your Choice [AC] 4:00 Organize Our Art Supplies 5:00 Take a Walk with Your Pedometer 6:00 Meet your neighbor at the Bistro [RL]</p>
	<p><b>13</b> 8:00 Guardian Angels Catholic Church 8:45 Sunrise Church [BUS] 9:30 Delivery of Daily Chronicle, Puzzles and "Daily Inspiration" 10:00 Communion @ The Theater [RT] 10:15 Left, Right, Center Game [L1] 10:45 Love on a Leash [L1] 11:15 Come chat with Daniela from Culinary [L1] 1:00 Independent Artists at Work [AC] 1:30 Trash Board Games [CR] 3:00 Afternoon Movie Cart &amp; Popcorn: "Back To The Future" [RT] 5:00 Take a Walk with Your Pedometer 6:00 Sports on TV [L1]</p>	<p><b>14</b> 9:45 Delivery of Daily Chronicle, Puzzles and "Daily Inspiration" 10:00 Exercise with Leo [L1] 10:45 Take a break and Get a Drink 11:00 Bunco [L1] 1:30 Card Game-Resident's Choice [CR] 3:00 Bingo for Prizes [L1] 4:00 Meet your neighbor at the Bistro 5:00 Take a Walk with Your Pedometer 6:00 Sports on TV [L1]</p>	<p><b>15</b> Senior Portraits 9:00 to 9:30 9:30 Delivery of The Daily Chronicle and Puzzles 10:00 News, History and Horoscopes [L1] 10:30 Travel Club-Traveling in Our Own Backyard [L1] 11:30 Puzzles at the Bistro [BISR] 12:30 Meet a Friend in the Courtyard [RC] 1:30 Independent Artists at Work [AC] 2:30 Bocce Ball [L1] 4:30 Happy Hour w/Cowboy Jack [MDR] 5:00 Take a Walk with Your Pedometer 6:00 Meet your neighbor at the Bistro [BISR]</p>	<p><b>16</b> Mario's Action Station 11:30 to 1:30 9:30 Delivery of The Daily Chronicle and Puzzles 10:00 News, History and Horoscopes [L1] 10:30 Maximum Fitness with Sheri [L1] 11:45 Cool Down and Refreshments [L1] 1:30 Rock Artists At Work [AC] 2:00 Nifty Knitter's with Jane [AC] 3:30 Puzzles in the Art Room [AC] 4:00 Clean Up Our Art Area [AC] 5:00 Take a Walk with Your Pedometer 6:00 Meet your neighbor at the Bistro [BISR]</p>	<p><b>17</b> 9:30 Delivery of The Daily Chronicle and Puzzles 10:00 Exercise with Tracy [L1] 10:30 Cool Down and Refreshments [L1] 11:00 Getting To Know You Game [L1] 12:30 Lunch Visits with Pastor Bob 1:30 Inspirational Music With Steve and Diane [RT] 2:30 Bible Study with Pastor Bob [L2] 3:00 Bingo for Gift Cards [AC] 5:00 Take a Walk with Your Pedometer 6:00 Meet your neighbor at the Bistro [BISR]</p>	<p><b>18</b> Special Event: Rhinestone Grannies @ 2:00 9:30 Delivery of The Daily Chronicle and Puzzles 10:00 Water the Plants in the Courtyard and Bistro [RC] 10:30 Early Riser Artists at Work [AC] 11:30 Jigsaw Puzzles [AC] 12:00 Rhinestone Grannies Performance [LCH] 3:30 Welcome New Resident's and Reading Supplies 4:30 Piano Music featuring "Trevor" [MDR] 5:00 Take a Walk with Your Pedometer 6:00 Meet your neighbor at the Bistro [BISR]</p>	<p><b>19</b> Balboa Park Alzheimer's Walk 9:30 Delivery of The Daily Chronicle and Puzzles 10:30 Meet a Friend in the Courtyard [BISR] 1:00 Card Game - You Chose the Dealer [CR] 1:30 Sing Along with Myron [RT] 2:00 Independent Artists at Work [AC] 3:00 Independent Knitters and Crocheters [AC] 4:00 Organize Our Art Supplies 5:00 Take a Walk with Your Pedometer 6:00 Meet your neighbor at the Bistro [RL]</p>
<p><b>20</b> 8:00 Guardian Angels Catholic Church 8:45 Sunrise Church [BUS] 9:30 Delivery of Daily Chronicle, Puzzles and "Daily Inspiration" 10:00 Communion @ The Theater [RT] 10:15 Left, Right, Center Game [L1] 10:45 Love on a Leash [L1] 11:15 Come chat with Daniela from Culinary [L1] 1:00 Independent Artists at Work [AC] 1:30 Trash Board Games [CR] 3:00 Afternoon Movie Cart &amp; Popcorn: "Finding Neverland" [RT] 5:00 Take a Walk with Your Pedometer 6:00 Sports on TV [L1]</p>	<p><b>21</b> 9:45 Delivery of Daily Chronicle, Puzzles and "Daily Inspiration" 10:00 Exercise with Leo [L1] 10:45 Take a break and Get a Drink 11:00 Bunco [L1] 1:30 Card Game-Resident's Choice [CR] 3:00 Bingo for Prizes [L1] 4:00 Meet your neighbor at the Bistro 5:00 Take a Walk with Your Pedometer 6:00 Sports on TV [L1]</p>	<p><b>22</b> All Staff Meeting @ 2:00 9:30 Delivery of The Daily Chronicle and Puzzles 10:00 Bake Your Cake And Eat It Too Club [LCK] 10:30 Baking Our Sweets [LCK] 11:00 Share Our Baked Goods With Friends [LCK] 11:30 Independent Artists at Work [AC] 12:30 Meet a Friend in the Courtyard [RC] 1:30 Independent Card Game-Your Choice [CR] 2:00 Meeting For Staff Only 4:30 Happy Hour w/Blue Zone [MDR] 5:00 Take a Walk with Your Pedometer 6:00 Meet your neighbor at the Bistro [BISR]</p>	<p><b>23</b> Mario's Action Station 11:30 to 1:30 9:30 Delivery of The Daily Chronicle and Puzzles 10:00 News, History and Horoscopes [L1] 10:30 Maximum Fitness with Sheri [L1] 11:45 Cool Down and Refreshments [L1] 1:30 Independent Artists at Work [AC] 2:30 Independent Knitters and Crocheters [AC] 3:30 Puzzles in the Art Room [AC] 4:00 Clean Up Our Art Area [AC] 5:00 Take a Walk with Your Pedometer 6:00 Meet your neighbor at the Bistro [BISR]</p>	<p><b>24</b> 9:30 Delivery of The Daily Chronicle and Puzzles 10:00 Exercise with Tracy [L1] 10:30 Cool Down and Refreshments [L1] 11:00 Halloween Bingo [L1] 12:30 Lunch Visits with Pastor Bob 1:30 Water the Plants in the Courtyard and Bistro 2:00 Bible Study with Pastor Bob [L2] 3:00 Bingo for Gift Cards [AC] 5:00 Take a Walk with Your Pedometer 6:00 Meet your neighbor at the Bistro [BISR]</p>	<p><b>25</b> 9:30 Delivery of The Daily Chronicle and Puzzles 10:00 Morning Stretch [L1] 10:30 Early Riser Artists at Work [AC] 11:30 Jigsaw Puzzles [AC] 1:00 Black Jack Tournament [CR] 2:30 Afternoon Movie and Popcorn: "Romancing the Stone" / Run Time 1hr 45 min [RT] 4:00 Welcome New Resident's and Reading Supplies 4:30 Piano Music featuring "Trevor" [MDR] 5:00 Take a Walk with Your Pedometer 6:00 Meet your neighbor at the Bistro [BISR]</p>	<p><b>26</b> 9:30 Delivery of The Daily Chronicle and Puzzles 10:00 Water the Garden and Move to Music [RC] 10:30 Horse Racing [L1] 11:30 Meet a Friend in the Courtyard [BISR] 1:30 Independent Artists at Work [AC] 2:30 Ice Cream Social [AC] 3:30 Independent Knitters and Crocheters [AC] 4:00 Organize Our Art Supplies 5:00 Take a Walk with Your Pedometer 6:00 Meet your neighbor at the Bistro [RL]</p>	
<p><b>27</b> 8:00 Guardian Angels Catholic Church 8:45 Sunrise Church [BUS] 9:30 Delivery of Daily Chronicle, Puzzles and "Daily Inspiration" 10:00 Communion @ The Theater [RT] 10:15 Left, Right, Center Game [L1] 10:45 Love on a Leash [L1] 11:15 Come chat with Daniela from Culinary [L1] 1:00 Independent Artists at Work [AC] 1:30 Trash Board Games [CR] 3:00 Afternoon Movie Cart &amp; Popcorn: "The Glenn Miller Story" [RT] 5:00 Take a Walk with Your Pedometer 6:00 Sports on TV [L1]</p>	<p><b>28</b> Happy Birthday Jimmy 9:45 Delivery of Daily Chronicle, Puzzles and "Daily Inspiration" 10:00 Exercise with Leo [L1] 10:45 Take a break and Get a Drink 11:00 Bunco [L1] 1:30 Card Game-Resident's Choice [CR] 3:00 Bingo for Prizes [L1] 4:00 Meet your neighbor at the Bistro 5:00 Take a Walk with Your Pedometer 6:00 Sports on TV [L1]</p>	<p><b>29</b> Happy Birthday Ed October Birthday Celebration 9:30 Delivery of The Daily Chronicle and Puzzles 10:30 Exercise and Morning Stretch [L1] 11:00 Saddle Up For Some Horse Racing [L1] 12:30 Independent Artists at Work [AC] 1:30 Affogato al Cafe (coffee &amp; Ice Cream) [L1] 2:30 Bocce Ball [L1] 4:30 Happy Hour w/Kemosabe [MDR] 5:00 Take a Walk with Your Pedometer 6:00 Meet your neighbor at the Bistro [BISR]</p>	<p><b>30</b> Mario's Action Station 11:30 to 1:30 9:30 Delivery of The Daily Chronicle and Puzzles 10:30 Maximum Fitness with Sheri [L1] 11:00 Cool Down and Refreshments [L1] 11:30 History Lady Is Back! [RT] 1:30 Independent Artists at Work [AC] 2:30 Left, Right, Center Game [L1] 3:30 Puzzles in the Art Room [AC] 4:00 Clean Up Our Art Area [AC] 5:00 Take a Walk with Your Pedometer 6:00 Meet your neighbor at the Bistro [BISR]</p>	<p><b>31</b> Happy Halloween Oktoberfest Celebration 9:30 Delivery of The Daily Chronicle and Puzzles 10:00 Exercise with Tracy [L1] 10:30 Cool Down and Refreshments [L1] 10:30 Halloween Bingo [L1] 12:30 Lunch Visits with Pastor Bob 2:30 Bible Study with Pastor Bob [L2] 4:30 Oktoberfest with Blue Zone [MDR] 5:00 Take a Walk with Your Pedometer 6:00 Meet your neighbor at the Bistro [BISR]</p>	<p><b>Resident Birthdays</b> Mary K. 10/10 Jimmy R. 10/28 Ed E. 10/29</p>	<p>AC Art and Craft Room BISR Bistro CR Card Room L1 &amp; L2 Lounge 1 and 2 MDR Dining Room RC Ridge Courtyard RL Ridge Lobby RT Ridge Theater</p>	