

# September 2019

## Lantern Crest Assisted Living

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p><b>REMEMBERING 9/11</b></p>	<p>8:00 Guardian Angels Catholic Church</p> <p>8:45 Sunrise Church [BUS]</p> <p>9:30 Delivery of Daily Chronicle, Puzzles and "Daily Inspiration"</p> <p>10:00 Communion @ The Theater [RT]</p> <p>10:15 Left, Right, Center Game [L1]</p> <p>10:45 Love on a Leash [L1]</p> <p>11:15 Come chat with Daniela from Culinary [L1]</p> <p>1:00 Independent Artists at Work [AC]</p> <p>1:30 Trash Board Games [CR]</p> <p>3:00 Afternoon Movie Cart &amp; Popcorn: "A Few Good Men" [RT]</p> <p>5:00 Take a Walk with Your Pedometer</p> <p>6:00 Sports on TV [L1]</p>	<p>9:45 Delivery of Daily Chronicle, Puzzles and "Daily Inspiration"</p> <p>10:00 Exercise with Leo [L1]</p> <p>10:45 Take a break and Get a Drink</p> <p>11:00 Trivia with Leo [L1]</p> <p>1:30 Card Game-Resident's Choice [CR]</p> <p>3:00 Bingo for Prizes [L1]</p> <p>4:00 Meet your neighbor at the Bistro</p> <p>5:00 Take a Walk with Your Pedometer</p> <p>6:00 Sports on TV [L1]</p>	<p>9:30 Delivery of Daily Chronicle, Puzzles and "Daily Inspiration"</p> <p>10:30 Lunch Outing: Terrazza Restaurant at the Pointe [BUS]</p> <p>11:30 Puzzles at the Bistro [BISR]</p> <p>12:30 Independent Artists at Work [AC]</p> <p>2:30 Nickel Poker Deuces Wild [CR]</p> <p>4:30 Happy Hour w/Sylvia and Salvador [MDR]</p> <p>5:00 Take a Walk with Your Pedometer</p> <p>6:00 Sports on TV [L1]</p>	<p>Mario's Action Station 11:30 to 1:30</p> <p>9:30 Delivery of Daily Chronicle, Puzzles and "Daily Inspiration"</p> <p>10:00 Resident Council Today at 3:00</p> <p>10:30 Delivery of Daily Chronicle, Puzzles and "Daily Inspiration"</p> <p>11:00 Who or What is It Clue Game [L1]</p> <p>10:30 Maximum Fitness with Sheri [L1]</p> <p>11:45 Cool Down and Refreshments [L1]</p> <p>1:30 Make Our Travel Passport Books [AC]</p> <p>2:00 Nifty Knitter's with Jane [AC]</p> <p>3:00 Resident Council [RT]</p> <p>4:00 Clean Up Our Art Area [AC]</p> <p>5:00 Take a Walk with Your Pedometer</p> <p>6:00 Sports on TV [L1]</p>	<p>9:30 Delivery of Daily Chronicle, Puzzles and "Daily Inspiration"</p> <p>10:00 Baking "Wacky Cake" with Tracy [LCK]</p> <p>10:30 News, History and Horoscopes [L1]</p> <p>11:00 Try Our Wacky Cake and Clean Up [LCK]</p> <p>12:30 Lunch Visits with Pastor Bob</p> <p>1:30 Inspirational Music with Steve and Diane [RT]</p> <p>3:00 Bingo for Gift Cards [AC]</p> <p>5:00 Take a Walk with Your Pedometer</p> <p>6:00 Sports on TV [L1]</p>	<p>9:30 Delivery of Daily Chronicle, Puzzles and "Daily Inspiration"</p> <p>10:00 Scenic Drive with Tracy [BUS]</p> <p>10:30 Early Riser Artists at Work [AC]</p> <p>11:00 Water Color Pencil Art [AC]</p> <p>11:30 Jigsaw Puzzles [AC]</p> <p>1:30 Black Jack [CR]</p> <p>3:00 Afternoon Movie and Popcorn: "Goodbye Girl" 1hr 51min [RT]</p> <p>4:00 Welcome New Resident's and Reading Supplies</p> <p>4:30 Piano Music featuring "Trevor" [MDR]</p> <p>5:00 Take a Walk with Your Pedometer</p> <p>6:00 Sports on TV [L1]</p>	<p>Happy Birthday Archie</p> <p>9:30 Delivery of Daily Chronicle, Puzzles and "Daily Inspiration"</p> <p>10:00 Shopping and Walking for Our Health [BUS]</p> <p>11:30 Lets meet at the Bistro with a good Book [BISR]</p> <p>1:30 Finish Our Travel Club Passport Books [AC]</p> <p>2:30 Popsicle Stick Scarecrow [AC]</p> <p>3:30 Nifty Knitter's with Jane [AC]</p> <p>4:00 Organize Our Art Supplies</p> <p>5:00 Take a Walk with Your Pedometer</p> <p>6:00 Sports on TV [RL]</p>
	<p>8:00 Guardian Angels Catholic Church</p> <p>8:45 Sunrise Church [BUS]</p> <p>9:30 Delivery of Daily Chronicle, Puzzles and "Daily Inspiration"</p> <p>10:00 Communion @ The Theater [RT]</p> <p>10:15 Left, Right, Center Game [L1]</p> <p>10:45 Love on a Leash [L1]</p> <p>11:15 Come chat with Daniela from Culinary [L1]</p> <p>1:00 Independent Artists at Work [AC]</p> <p>1:30 Trash Board Games [CR]</p> <p>3:00 Afternoon Movie Cart &amp; Popcorn: "Aviator" [RT]</p> <p>5:00 Take a Walk with Your Pedometer</p> <p>6:00 Sports on TV [L1]</p>	<p>9:45 Delivery of Daily Chronicle, Puzzles and "Daily Inspiration"</p> <p>10:00 Exercise with Leo [L1]</p> <p>10:45 Take a break and Get a Drink</p> <p>11:00 Hearing Aid Checks [L1]</p> <p>1:30 Card Game-Resident's Choice [CR]</p> <p>3:00 Bingo for Prizes [L1]</p> <p>4:00 Meet your neighbor at the Bistro</p> <p>5:00 Take a Walk with Your Pedometer</p> <p>6:00 Sports on TV [L1]</p>	<p>9:30 Delivery of Daily Chronicle, Puzzles and "Daily Inspiration"</p> <p>10:30 Lunch Outing: Picnic at Lake Murray [BUS]</p> <p>11:30 Puzzles at the Bistro [BISR]</p> <p>12:30 Independent Artists at Work [AC]</p> <p>2:30 Learn a new game! Win some prizes!! [L1]</p> <p>4:30 Happy Hour w/Music Station [MDR]</p> <p>5:00 Take a Walk with Your Pedometer</p> <p>6:00 Sports on TV [L1]</p>	<p>Mario's Action Station 11:30 to 1:30</p> <p>9:30 Delivery of Daily Chronicle, Puzzles and "Daily Inspiration"</p> <p>10:00 September Fun Facts and Trivia [L1]</p> <p>10:30 Maximum Fitness with Sheri [L1]</p> <p>11:45 Cool Down and Refreshments [L1]</p> <p>12:00 Patriot Day "Remembering 9/11" with Musical Guest Broken Strings [MDR]</p> <p>1:30 Clay Pot Scarecrows [AC]</p> <p>2:00 Nifty Knitter's with Jane [AC]</p> <p>3:00 Jewelry Making with Joan [AC]</p> <p>3:30 Puzzles in the Art Room [AC]</p> <p>4:00 Clean Up Our Art Area [AC]</p> <p>5:00 Take a Walk with Your Pedometer</p> <p>6:00 Sports on TV [L1]</p>	<p>9:30 Delivery of Daily Chronicle, Puzzles and "Daily Inspiration"</p> <p>10:00 Exercise with Tracy [L1]</p> <p>10:30 News, History and Horoscopes [L1]</p> <p>11:00 Travel Club: Dancing Through Argentina/Don't forget your Passport [L1]</p> <p>12:30 Lunch Visits with Pastor Bob</p> <p>1:30 Healing, Giving and Friends Club with Pastor Bob and Tracy [L2]</p> <p>3:00 Bingo for Gift Cards [AC]</p> <p>5:00 Take a Walk with Your Pedometer</p> <p>6:00 Sports on TV [L1]</p>	<p>9:30 Delivery of Daily Chronicle, Puzzles and "Daily Inspiration"</p> <p>10:00 Donut Hole Club-Stop by for a Donut [L1]</p> <p>10:30 Early Riser Artists at Work [AC]</p> <p>11:00 Making Jewelry with Joan [AC]</p> <p>11:30 Jigsaw Puzzles [AC]</p> <p>1:30 Learn a new game! Win some prizes!! [L1]</p> <p>3:00 Afternoon Movie and Popcorn: "Tootsie" 1hr 56min [RT]</p> <p>4:00 Welcome New Resident's and Reading Supplies</p> <p>4:30 Piano Music featuring "Trevor" [MDR]</p> <p>5:00 Take a Walk with Your Pedometer</p> <p>6:00 Sports on TV [L1]</p>	<p>9:30 Delivery of Daily Chronicle, Puzzles and "Daily Inspiration"</p> <p>10:00 Shadow Mountain Church [RT]</p> <p>10:00 Shopping at Barnes and Noble and Coffee [BUS]</p> <p>11:30 Lets meet at the Bistro with a good Book [BISR]</p> <p>1:30 Finish Our Clay Pot Scarecrows [AC]</p> <p>2:30 Nifty Knitter's with Jane [AC]</p> <p>3:00 Crafts for our Art Show [AC]</p> <p>4:00 Organize Our Art Supplies</p> <p>5:00 Take a Walk with Your Pedometer</p> <p>6:00 Sports on TV [RL]</p>
<p><b>Patriot Day</b></p> <p><b>"Remembering 9-11"</b></p> <p><b>Musical Guest</b></p> <p><b>"Broken Strings"</b></p> <p><b>12:00 to 1:00</b></p> <p><b>Monticito Dining</b></p>	<p>8:00 Guardian Angels Catholic Church</p> <p>8:45 Sunrise Church [BUS]</p> <p>9:30 Delivery of Daily Chronicle, Puzzles and "Daily Inspiration"</p> <p>10:00 Communion @ The Theater [RT]</p> <p>10:15 Left, Right, Center Game [L1]</p> <p>10:45 Love on a Leash [L1]</p> <p>11:15 Come chat with Daniela from Culinary [L1]</p> <p>1:00 Independent Artists at Work [AC]</p> <p>1:30 Musical Guests-Dominic Pizzaro &amp; Friends [MDR]</p> <p>3:00 Afternoon Movie Cart &amp; Popcorn: "Shenandoah" [RT]</p> <p>5:00 Take a Walk with Your Pedometer</p> <p>6:00 Sports on TV [L1]</p>	<p>9:45 Delivery of Daily Chronicle, Puzzles and "Daily Inspiration"</p> <p>10:00 Exercise with Leo [L1]</p> <p>10:45 Take a break and Get a Drink</p> <p>11:00 Trivia with Leo [L1]</p> <p>1:30 Card Game-Resident's Choice [CR]</p> <p>3:00 Bingo for Prizes [L1]</p> <p>4:00 Meet your neighbor at the Bistro</p> <p>5:00 Take a Walk with Your Pedometer</p> <p>6:00 Sports on TV [L1]</p>	<p>9:30 Delivery of Daily Chronicle, Puzzles and "Daily Inspiration"</p> <p>10:30 Lunch Outing: Terrazza Restaurant at the Pointe [BUS]</p> <p>11:30 Puzzles at the Bistro [BISR]</p> <p>12:30 Independent Artists at Work [AC]</p> <p>2:30 Nickel Poker Deuces Wild [CR]</p> <p>4:30 Happy Hour w/George and Alan Jazz Duo [MDR]</p> <p>5:00 Take a Walk with Your Pedometer</p> <p>6:00 Sports on TV [L1]</p>	<p>Mario's Action Station 11:30 to 1:30</p> <p>9:30 Delivery of Daily Chronicle, Puzzles and "Daily Inspiration"</p> <p>10:00 Humor is the Best Medicine [L1]</p> <p>10:30 Maximum Fitness with Sheri [L1]</p> <p>11:45 Cool Down and Refreshments [L1]</p> <p>1:30 Pumpkin Door Decor [AC]</p> <p>2:00 Nifty Knitter's with Jane [AC]</p> <p>2:30 Come Join Us for Refreshments in the Art/Craft Room [AC]</p> <p>3:30 Puzzles in the Art Room [AC]</p> <p>4:00 Clean Up Our Art Area [AC]</p> <p>5:00 Take a Walk with Your Pedometer</p> <p>6:00 Sports on TV [L1]</p>	<p>9:30 Delivery of Daily Chronicle, Puzzles and "Daily Inspiration"</p> <p>10:00 Exercise with Tracy [L1]</p> <p>10:30 Remembering Gershwin Tunes [L1]</p> <p>11:00 Can You Name That Tune? [L1]</p> <p>12:30 Lunch Visits with Pastor Bob</p> <p>1:30 Inspirational Music with Steve and Diane [RT]</p> <p>3:00 Bingo for Gift Cards [AC]</p> <p>5:00 Take a Walk with Your Pedometer</p> <p>6:00 Sports on TV [L1]</p>	<p>All Staff Meeting @ 2:00</p> <p>9:30 Delivery of Daily Chronicle, Puzzles and "Daily Inspiration"</p> <p>10:00 Scenic Drive with Tracy [BUS]</p> <p>10:30 Early Riser Artists at Work [AC]</p> <p>11:30 Jigsaw Puzzles [AC]</p> <p>2:00 Meeting for All Staff only</p> <p>3:00 Afternoon Movie and Popcorn: "Because I Said So" 1hr 42min [RT]</p> <p>4:00 Welcome New Resident's and Reading Supplies</p> <p>4:30 Piano Music featuring "Trevor" [MDR]</p> <p>5:00 Take a Walk with Your Pedometer</p> <p>6:00 Sports on TV [L1]</p>	<p>Happy Birthday Muriel</p> <p>9:30 Delivery of Daily Chronicle, Puzzles and "Daily Inspiration"</p> <p>10:00 Shopping and Walking for Our Health [BUS]</p> <p>11:30 Lets meet at the Bistro with a good Book [BISR]</p> <p>1:30 Finish Our Pumpkin Door Decor [AC]</p> <p>1:30 Sing Along with Myron [RT]</p> <p>2:30 Nifty Knitter's with Jane [AC]</p> <p>3:00 Water Color Pencil Art [AC]</p> <p>4:00 Organize Our Art Supplies</p> <p>5:00 Take a Walk with Your Pedometer</p> <p>6:00 Sports on TV [RL]</p>
	<p>8:00 Guardian Angels Catholic Church</p> <p>8:45 Sunrise Church [BUS]</p> <p>9:30 Delivery of Daily Chronicle, Puzzles and "Daily Inspiration"</p> <p>10:00 Communion @ The Theater [RT]</p> <p>10:15 Left, Right, Center Game [L1]</p> <p>10:45 Love on a Leash [L1]</p> <p>11:15 Come chat with Daniela from Culinary [L1]</p> <p>1:00 Independent Artists at Work [AC]</p> <p>1:30 Trash Board Games [CR]</p> <p>3:00 Afternoon Movie Cart &amp; Popcorn: "One Fine Day" [RT]</p> <p>5:00 Take a Walk with Your Pedometer</p> <p>6:00 Sports on TV [L1]</p>	<p>Happy Birthday Rosie</p> <p>9:45 Delivery of Daily Chronicle, Puzzles and "Daily Inspiration"</p> <p>10:00 Exercise with Leo [L1]</p> <p>10:45 Take a break and Get a Drink</p> <p>11:00 Word in a Word [L1]</p> <p>1:30 Card Game-Resident's Choice [CR]</p> <p>3:00 Bingo for Prizes [L1]</p> <p>4:00 Meet your neighbor at the Bistro</p> <p>5:00 Take a Walk with Your Pedometer</p> <p>6:00 Sports on TV [L1]</p>	<p>Happy Hour with September Birthday Celebration</p> <p>9:30 Delivery of Daily Chronicle, Puzzles and "Daily Inspiration"</p> <p>10:30 Lunch At The Pointe Terrazza Restaurant [BUS]</p> <p>11:30 Puzzles at the Bistro [BISR]</p> <p>12:30 Independent Artists at Work [AC]</p> <p>1:00 Fall Prevention [L1]</p> <p>2:00 Nickel Poker Deuces Wild [L1]</p> <p>3:00 Bocce Ball [L1]</p> <p>4:30 Happy Hour w/Kemosabe [MDR]</p> <p>5:00 Take a Walk with Your Pedometer</p> <p>6:00 Sports on TV [L1]</p>	<p>Mario's Action Station 11:30 to 1:30</p> <p>9:30 Delivery of Daily Chronicle, Puzzles and "Daily Inspiration"</p> <p>10:00 Who or What Is It Clue Game [L1]</p> <p>10:30 Maximum Fitness with Sheri [L1]</p> <p>11:45 Cool Down and Refreshments [L1]</p> <p>1:30 Crafts for our Art Show [AC]</p> <p>2:00 Nifty Knitter's with Jane [AC]</p> <p>3:30 Puzzles in the Art Room [AC]</p> <p>4:00 Clean Up Our Art Area [AC]</p> <p>5:00 Take a Walk with Your Pedometer</p> <p>6:00 Sports on TV [L1]</p>	<p>9:30 Delivery of Daily Chronicle, Puzzles and "Daily Inspiration"</p> <p>10:00 News, History and Horoscopes [L1]</p> <p>10:30 Music Therapy with Celia [L1]</p> <p>11:30 Word in a Word [L1]</p> <p>12:30 Lunch Visits with Pastor Bob</p> <p>1:30 Healing, Giving and Friends Club with Pastor Bob and Tracy [L2]</p> <p>3:00 Bingo for Gift Cards [AC]</p> <p>5:00 Take a Walk with Your Pedometer</p> <p>6:00 Sports on TV [L1]</p>	<p>9:30 Delivery of Daily Chronicle, Puzzles and "Daily Inspiration"</p> <p>10:00 Watering Garden &amp; Hydration [RC]</p> <p>10:30 Early Riser Artists at Work [AC]</p> <p>11:00 Set Up for Arts and Craft Fair [AC]</p> <p>11:30 Jigsaw Puzzles [AC]</p> <p>1:30 Meet a Friend in the Courtyard with a good book [RC]</p> <p>2:30 Afternoon Movie and Popcorn: The Best Exotic Marigold Hotel - 2hours [RT]</p> <p>4:00 Welcome New Resident's and Reading Supplies</p> <p>4:30 Piano Music featuring "Trevor" [MDR]</p> <p>5:00 Take a Walk with Your Pedometer</p> <p>6:00 Sports on TV [L1]</p>	<p>Art and Craft Fair For Alzheimer's 1:00-3:00</p> <p>Happy Birthday Jean</p> <p>9:30 Delivery of Daily Chronicle, Puzzles and "Daily Inspiration"</p> <p>10:30 Organize and Set Up for Craft Fair</p> <p>11:30 Lets meet at the Bistro with a good Book [BISR]</p> <p>1:00 Craft Fair for Alzheimer's [AC]</p> <p>3:30 Clean Up and Organize Art Room [AC]</p> <p>5:00 Take a Walk with Your Pedometer</p> <p>6:00 Sports on TV [RL]</p>
<p>8:00 Guardian Angels Catholic Church</p> <p>8:45 Sunrise Church [BUS]</p> <p>9:30 Delivery of Daily Chronicle, Puzzles and "Daily Inspiration"</p> <p>10:00 Communion @ The Theater [RT]</p> <p>10:15 Left, Right, Center Game [L1]</p> <p>10:45 Love on a Leash [L1]</p> <p>11:15 Come chat with Daniela from Culinary [L1]</p> <p>1:00 Patriot Guard Riders Honoring Our Veterans [L1]</p> <p>3:00 Afternoon Movie Cart &amp; Popcorn: "Patch Adams" [RT]</p> <p>5:00 Take a Walk with Your Pedometer</p> <p>6:00 Sports on TV [L1]</p>	<p>9:45 Delivery of Daily Chronicle, Puzzles and "Daily Inspiration"</p> <p>10:00 Exercise with Leo [L1]</p> <p>10:45 Take a break and Get a Drink</p> <p>11:00 Word in a Word [L1]</p> <p>1:30 Card Game-Resident's Choice [CR]</p> <p>3:00 Bingo for Prizes [L1]</p> <p>4:00 Meet your neighbor at the Bistro</p> <p>5:00 Take a Walk with Your Pedometer</p> <p>6:00 Sports on TV [L1]</p>	<p><b>Maritza Aguirre</b></p> <p><b>Life Enrichment Director</b></p> <p><b>@ the Ridge</b></p> <p><b>800 Lantern Crest Way</b></p> <p><b>Santee, CA 92071</b></p> <p><b>619-647-6392</b></p> <p>Maritza.aguirre@lanterncrestsantee.com</p>		<p><b>Resident Birthdays</b></p> <p>Argero G. 9/7</p> <p>Muriel M. 9/21</p> <p>Rosario B. 9/23</p> <p>Jean L. 9/28</p>		<p>AC Art and Craft Room</p> <p>BISR Bistro</p> <p>CR Card Room</p> <p>L1 &amp; L2 Lounge 1 and 2</p> <p>MDR Dining Room</p> <p>RC Ridge Courtyard</p> <p>RL Ridge Lobby</p> <p>RT Ridge Theater</p>	<p><b>All Activities are subject to change without notice. Please check dailies for all updates.</b></p>