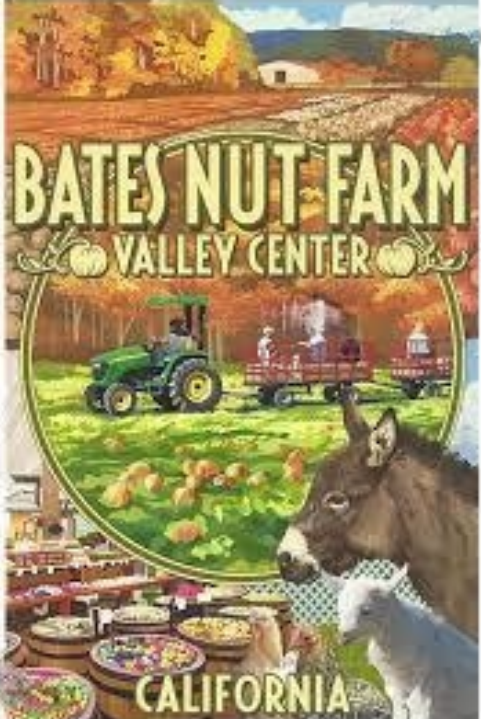



# November 2019 Lantern Crest Assisted Living

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p><b>Bates Nut Farm</b> November 5th Happy Veterans Day November 11th "Turkey Blue" is back November 14th</p>	 <p><b>Lantern Crest</b> SENIOR LIVING</p>	<p><b>Maritza Aguirre</b> Life Enrichment Director @ the Ridge 800 Lantern Crest Way Santee, CA 92071 619-647-6392</p> <p>Martiza.aguirre@lanterncrestsantee.com</p>	<p><b>Resident Birthdays</b> Helen H. 11/10</p>	<p>AC Art and Craft Room BISR Bistro CR Card Room L1 &amp; L2 Lounge 1 and 2 MDR Dining Room RC Ridge Courtyard RL Ridge Lobby RT Ridge Theater</p>	<p><b>All Activities are subject to change without notice. Please check dailies for all updates.</b></p>	<p>9:30 Delivery of The Daily Chronicle, Puzzles and Thankful Quotes <b>1</b></p> <p>10:00 Help Decorate Lounge 1 Board/Turkey Bandit [L1]</p> <p>10:30 Early Riser Artists at Work [AC]</p> <p>11:30 Jigsaw Puzzles [AC]</p> <p>1:00 Black Jack Tournament [CR]</p> <p>2:30 Afternoon Movie and Popcorn: Stand By Me 1hr 28mins [RT]</p> <p>4:00 Welcome New Resident's and Reading Supplies</p> <p>4:30 Piano Music featuring "Trevor" [MDR]</p> <p>5:00 Take a Walk and find the "Turkey Bandit" (New Game)</p> <p>6:00 Meet A Friend for An Evening Stretch [L1]</p>	<p>9:30 Delivery of The Daily Chronicle, Puzzles and Thankful Quotes <b>2</b></p> <p>10:00 Shopping at Walmart [BUS]</p> <p>11:00 Meet a Friend in the Courtyard [RC]</p> <p>1:30 Artists At Work [AC]</p> <p>1:30 Sing Along With Myron [RT]</p> <p>2:00 Turkey Painting [AC]</p> <p>2:30 Refreshments and Friends [AC]</p> <p>3:00 Nifty Knitter's with Jane [AC]</p> <p>4:00 Organize Our Art Supplies</p> <p>5:00 Take a Walk and find the "Turkey Bandit" (New Game)</p> <p>6:00 Meet A Friend for An Evening Stretch [L1]</p>
	<p>Daylight Saving Time Ends</p> <p>8:00 Guardian Angels Catholic Church <b>3</b></p> <p>8:45 Sunrise Church [BUS]</p> <p>9:30 Delivery of Daily Chronicle, Puzzles and Thankful Quotes</p> <p>10:00 Communion @ The Theater [RT]</p> <p>10:15 Left, Right, Center Game [L1]</p> <p>10:45 Love on a Leash [L1]</p> <p>11:15 Come chat with Daniela from Culinary [L1]</p> <p>1:00 Independent Artists at Work [AC]</p> <p>1:30 Trash Board Games [CR]</p> <p>2:00 Afternoon Movie Cart &amp; Popcorn: Liar Liar [RT]</p> <p>5:00 Take a Walk and find the "Turkey Bandit"</p> <p>6:00 Meet A Friend for An Evening Stretch [L1]</p>	<p>9:45 Delivery of Daily Chronicle, Puzzles and Thankful Quotes <b>4</b></p> <p>10:00 Exercise with Leo [L1]</p> <p>10:45 Take a break and Get a Drink Bunco [L1]</p> <p>11:00 Card Game-Resident's Choice [CR]</p> <p>3:00 Bingo for Prizes [L1]</p> <p>4:00 Meet your neighbor at the Bistro</p> <p>5:00 Take a Walk and find the "Turkey Bandit"</p> <p>6:00 Meet A Friend for An Evening Stretch [L1]</p>	<p>9:30 Delivery of The Daily Chronicle, Puzzles and Thankful Quotes <b>5</b></p> <p>10:00 Outing to: Bates Nut Farm [BUS]</p> <p>11:30 Puzzles at the Bistro [BISR]</p> <p>12:30 Independent Artists at Work [AC]</p> <p>2:30 Independent Card Game-You Be the Dealer [CR]</p> <p>4:30 Happy Hour w/Sylvia and Salvador [MDR]</p> <p>5:00 Take a Walk and find the "Turkey Bandit"</p> <p>6:00 Meet A Friend for An Evening Stretch [L1]</p>	<p>Mario's Action Station 11:30 to 1:30 <b>6</b></p> <p>Resident Council @ 3:00</p> <p>9:30 Delivery of The Daily Chronicle, Puzzles and Thankful Quotes</p> <p>10:00 What Was Your Job?? [L1]</p> <p>10:30 Maximum Fitness with Sheri [L1]</p> <p>11:45 Cool Down and Refreshments [L1]</p> <p>1:30 Turkey Painting [AC]</p> <p>2:00 Nifty Knitter's with Jane [AC]</p> <p>2:30 Make Christmas Cards for Our Fire Fighters and Friends [AC]</p> <p>3:00 Resident Council [RT]</p> <p>5:00 Take a Walk and find the "Turkey Bandit"</p> <p>6:00 Meet A Friend for An Evening Stretch [L1]</p>	<p>9:30 Delivery of The Daily Chronicle, Puzzles and Thankful Quotes <b>7</b></p> <p>10:00 Baking with Tracy [LCK]</p> <p>11:00 Truth or Turkey Trivia Game [LCK]</p> <p>12:30 Lunch Visits with Pastor Bob</p> <p>1:30 Inspirational Music Steve &amp; Diane [RT]</p> <p>2:00 Gather Together Give Thanks and Eat Pie [AC]</p> <p>2:30 Bible Study with Pastor Bob [L2]</p> <p>3:00 Bingo for Gift Cards [AC]</p> <p>5:00 Take a Walk and find the "Turkey Bandit"</p> <p>6:00 Meet A Friend for An Evening Stretch [L1]</p>	<p>9:30 Delivery of The Daily Chronicle, Puzzles and Thankful Quotes <b>8</b></p> <p>10:00 Technology Class -Don't forget your device [L1]</p> <p>11:00 Work On Our Christmas Cards for Our Friends and Fire Fighters [AC]</p> <p>11:30 Jigsaw Puzzles [AC]</p> <p>1:30 Black Jack Tournament [CR]</p> <p>2:30 Afternoon Movie and Popcorn: Grumpy Old Men 1hr 33mins [RT]</p> <p>4:00 Welcome New Resident's and Reading Supplies</p> <p>4:30 Piano Music featuring "Trevor" [MDR]</p> <p>5:00 Take a Walk and find the "Turkey Bandit"</p> <p>6:00 Meet A Friend for An Evening Stretch [L1]</p>	<p>9:30 Delivery of The Daily Chronicle, Puzzles and Thankful Quotes <b>9</b></p> <p>10:00 Graceful Chair Yoga with Lude [L1]</p> <p>10:00 Shadow Mountain Church [RT]</p> <p>11:00 Meet a Friend in the Courtyard [RC]</p> <p>1:30 Poinsettia Pins [AC]</p> <p>1:45 Finish Painting Our Turkeys [AC]</p> <p>2:00 Baking Sweets with Tracy [AC]</p> <p>2:30 Nifty Knitter's with Jane [AC]</p> <p>3:00 Work On Our Christmas Cards for Our Friends and Fire Fighters [AC]</p> <p>3:30 Jigsaw Puzzles [AC]</p> <p>4:00 Organize Our Art Supplies</p> <p>5:00 Take a Walk and find the "Turkey Bandit"</p> <p>6:00 Meet A Friend for An Evening Stretch [L1]</p>
<p><b>Happy Birthday Helen</b></p> <p>8:00 Guardian Angels Catholic Church <b>10</b></p> <p>8:45 Sunrise Church [BUS]</p> <p>9:30 Delivery of Daily Chronicle, Puzzles and Thankful Quotes</p> <p>10:00 Communion @ The Theater [RT]</p> <p>10:15 Left, Right, Center Game [L1]</p> <p>10:45 Love on a Leash [L1]</p> <p>11:15 Come chat with Daniela from Culinary [L1]</p> <p>1:00 Independent Artists at Work [AC]</p> <p>1:30 Trash Board Games [CR]</p> <p>2:00 Afternoon Movie Cart &amp; Popcorn: Hello Dolly [RT]</p> <p>5:00 Take a Walk and find the "Turkey Bandit"</p> <p>6:00 Meet A Friend for An Evening Stretch [L1]</p>	<p><b>HAPPY VETERANS DAY</b></p> <p>9:45 Delivery of Daily Chronicle, Puzzles and Thankful Quotes <b>11</b></p> <p>10:00 Exercise with Leo [L1]</p> <p>10:45 Take a break and Get a Drink</p> <p>11:00 Hearing Aids Checks [L1]</p> <p>1:30 Card Game-Resident's Choice [CR]</p> <p>3:00 Bingo for Prizes [L1]</p> <p>4:00 Meet your neighbor at the Bistro</p> <p>5:00 Take a Walk and find the "Turkey Bandit"</p> <p>6:00 Meet A Friend for An Evening Stretch [L1]</p>	<p>9:30 Delivery of The Daily Chronicle, Puzzles and Thankful Quotes <b>12</b></p> <p>10:30 Coffee Bar, News and Good Friends [L1]</p> <p>11:30 Puzzles at the Bistro [BISR]</p> <p>12:30 Independent Artists at Work [AC]</p> <p>1:30 Gardening Club Set Up [RC]</p> <p>2:00 Design Your Mini Garden [RC]</p> <p>3:00 Flowers, Succulents, It's Your Choice [RC]</p> <p>4:30 Happy Hour w/Music Station [MDR]</p> <p>5:00 Take a Walk and find the "Turkey Bandit"</p> <p>6:00 Meet A Friend for An Evening Stretch [L1]</p>	<p>Mario's Action Station 11:30 to 1:30 <b>13</b></p> <p>9:30 Delivery of The Daily Chronicle, Puzzles and Thankful Quotes</p> <p>10:00 Who or What is It Clue Game [L1]</p> <p>10:30 Maximum Fitness with Sheri [L1]</p> <p>11:45 Cool Down and Refreshments [L1]</p> <p>1:30 Evergreen Necklace [AC]</p> <p>2:00 Nifty Knitter's with Jane [AC]</p> <p>3:00 Talent Show from Inspire Home School [MDR]</p> <p>3:30 Puzzles in the Art Room [AC]</p> <p>4:00 Clean Up Our Art Area [AC]</p> <p>5:00 Take a Walk and find the "Turkey Bandit"</p> <p>6:00 Meet A Friend for An Evening Stretch [L1]</p>	<p>9:30 Delivery of The Daily Chronicle, Puzzles and Thankful Quotes <b>14</b></p> <p>10:00 Baking with Tracy [LCK]</p> <p>11:00 Share Our Baked Goods with Friends [LCK]</p> <p>12:30 Lunch Visits with Pastor Bob</p> <p>1:30 Play the number game with "Turkey Blue" and Win A Gift Card [LCH]</p> <p>3:00 Bingo for Gift Cards [AC]</p> <p>5:00 Take a Walk and find the "Turkey Bandit"</p> <p>6:00 Meet A Friend for An Evening Stretch [L1]</p>	<p>Ken's "Donut Club" [L1]</p> <p>9:30 Delivery of The Daily Chronicle, Puzzles and Thankful Quotes <b>15</b></p> <p>10:00 Get To Know Your Neighbor [L1]</p> <p>10:30 Travel Club to Adelaide, Australia [L1]</p> <p>11:00 Update Our Passports [L1]</p> <p>1:30 "Wellness tips for the holidays" with Lude [L1]</p> <p>2:30 Afternoon Movie and Popcorn: Rooster Cogburn 1hr 48mins [RT]</p> <p>4:00 Welcome New Resident's and Reading Supplies</p> <p>4:30 Piano Music featuring "Trevor" [MDR]</p> <p>5:00 Take a Walk and find the "Turkey Bandit"</p> <p>6:00 Meet A Friend for An Evening Stretch [L1]</p>	<p>9:30 Delivery of The Daily Chronicle, Puzzles and Thankful Quotes <b>16</b></p> <p>10:00 Shopping at Target [BUS]</p> <p>11:00 Meet a Friend in the Courtyard [RC]</p> <p>1:30 Light Up Your Candy Cane Craft [AC]</p> <p>1:30 Sing Along with Myron [RT]</p> <p>2:00 Baking Sweets with Tracy [AC]</p> <p>2:30 Knitting and Crocheting with Jane [AC]</p> <p>3:00 Work on Christmas Cards for Our Friends and Fire Fighters [AC]</p> <p>3:30 Puzzles in the Art Room [AC]</p> <p>4:00 Organize Our Art Supplies</p> <p>5:00 Take a Walk and find the "Turkey Bandit"</p> <p>6:00 Meet A Friend for An Evening Stretch [L1]</p>	
<p><b>THANK YOU</b></p> <p>8:00 Guardian Angels Catholic Church <b>17</b></p> <p>8:45 Sunrise Church [BUS]</p> <p>9:30 Delivery of Daily Chronicle, Puzzles and Thankful Quotes</p> <p>10:00 Communion @ The Theater [RT]</p> <p>10:15 Left, Right, Center Game [L1]</p> <p>10:45 Love on a Leash [L1]</p> <p>11:15 Come chat with Daniela from Culinary [L1]</p> <p>1:00 Independent Artists at Work [AC]</p> <p>1:30 Trash Board Games [CR]</p> <p>2:00 Afternoon Movie Cart &amp; Popcorn: Honey I Shrunk The Kids [RT]</p> <p>5:00 Take a Walk and find the "Turkey Bandit"</p> <p>6:00 Meet A Friend for An Evening Stretch [L1]</p>	<p>9:45 Delivery of Daily Chronicle, Puzzles and Thankful Quotes <b>18</b></p> <p>10:00 Exercise with Leo [L1]</p> <p>10:45 Take a break and Get a Drink Bunco [L1]</p> <p>11:00 Card Game-Resident's Choice [CR]</p> <p>3:00 Bingo for Prizes [L1]</p> <p>4:00 Meet your neighbor at the Bistro</p> <p>5:00 Take a Walk and find the "Turkey Bandit"</p> <p>6:00 Meet A Friend for An Evening Stretch [L1]</p>	<p>9:30 Delivery of The Daily Chronicle, Puzzles and Thankful Quotes <b>19</b></p> <p>10:00 News, History and Horoscopes [L1]</p> <p>11:30 Puzzles at the Bistro [BISR]</p> <p>12:30 Meet a Friend in the Courtyard [RC]</p> <p>1:30 Independent Artists at Work [AC]</p> <p>3:00 Bocce Ball [L1]</p> <p>4:30 Happy Hour w/Blue Zone [MDR]</p> <p>5:00 Take a Walk and find the "Turkey Bandit"</p> <p>6:00 Meet A Friend for An Evening Stretch [L1]</p>	<p>Mario's Action Station 11:30 to 1:30 <b>20</b></p> <p>9:30 Delivery of The Daily Chronicle, Puzzles and Thankful Quotes</p> <p>10:00 Turkey Ticklers [L1]</p> <p>10:30 Maximum Fitness with Sheri [L1]</p> <p>11:45 Cool Down and Refreshments [L1]</p> <p>1:30 Quilted No Sew Wreath [AC]</p> <p>2:00 Nifty Knitter's with Jane [AC]</p> <p>2:30 Work on Christmas Cards for Our Friends and Fire Fighters [AC]</p> <p>3:30 Puzzles in the Art Room [AC]</p> <p>4:00 Clean Up Our Art Area [AC]</p> <p>5:00 Take a Walk and find the "Turkey Bandit"</p> <p>6:00 Meet A Friend for An Evening Stretch [L1]</p>	<p>9:30 Delivery of The Daily Chronicle, Puzzles and Thankful Quotes <b>21</b></p> <p>10:00 Baking with Tracy [LCK]</p> <p>11:00 Share Our Baked Goods with Friends [LCK]</p> <p>12:30 Lunch Visits with Pastor Bob</p> <p>1:30 Inspirational Music with Steve and Diane [RT]</p> <p>2:00 Gather Together Give Thanks and Eat Pie [AC]</p> <p>2:30 Bible Study with Pastor Bob [L2]</p> <p>3:00 Bingo for Gift Cards [AC]</p> <p>5:00 Take a Walk and find the "Turkey Bandit"</p> <p>6:00 Meet A Friend for An Evening Stretch [L1]</p>	<p>Employee All Staff Meeting at 2:00</p> <p>9:30 Delivery of The Daily Chronicle, Puzzles and Thankful Quotes <b>22</b></p> <p>10:00 Water the Plants in the Courtyard and Bistro</p> <p>10:30 Early Riser Artists at Work [AC]</p> <p>11:00 Work on Christmas Cards for Our Friends and Fire Fighters [AC]</p> <p>11:30 Jigsaw Puzzles [AC]</p> <p>2:30 Afternoon Movie and Popcorn: Hannah and Her Sisters 1hr 47mins [RT]</p> <p>4:00 Welcome New Resident's and Reading Supplies</p> <p>4:30 Piano Music featuring "Trevor" [MDR]</p> <p>5:00 Take a Walk and find the "Turkey Bandit"</p> <p>6:00 Meet A Friend for An Evening Stretch [L1]</p>	<p>9:30 Delivery of The Daily Chronicle, Puzzles and Thankful Quotes <b>23</b></p> <p>10:00 Shopping at Walmart [BUS]</p> <p>11:00 Meet a Friend in the Courtyard [RC]</p> <p>1:30 Finish Our Many Art Projects [AC]</p> <p>2:00 Work on Christmas Cards for Our Friends and Fire Fighters [AC]</p> <p>2:30 Nifty Knitter's with Jane [AC]</p> <p>3:30 Puzzles in the Art Room [AC]</p> <p>4:00 Organize Our Art Supplies</p> <p>5:00 Take a Walk and find the "Turkey Bandit"</p> <p>6:00 Meet A Friend for An Evening Stretch [L1]</p>	
<p><b>73rd Annual Mother Goose Parade 2019</b></p> <p>8:00 Guardian Angels Catholic Church <b>24</b></p> <p>8:45 Sunrise Church [BUS]</p> <p>9:30 Delivery of Daily Chronicle, Puzzles and Thankful Quotes</p> <p>10:00 Communion @ The Theater [RT]</p> <p>10:15 Left, Right, Center Game [L1]</p> <p>10:45 Love on a Leash [L1]</p> <p>11:15 Come chat with Daniela from Culinary [L1]</p> <p>1:00 Independent Artists at Work [AC]</p> <p>1:30 Trash Board Games [CR]</p> <p>2:00 Afternoon Movie Cart &amp; Popcorn: Anchors Aweigh [RT]</p> <p>5:00 Take a Walk and find the "Turkey Bandit"</p> <p>6:00 Meet A Friend for An Evening Stretch [L1]</p>	<p>9:45 Delivery of Daily Chronicle, Puzzles and Thankful Quotes <b>25</b></p> <p>10:00 Exercise with Leo [L1]</p> <p>10:45 Take a break and Get a Drink Bunco [L1]</p> <p>11:00 Card Game-Resident's Choice [CR]</p> <p>3:00 Bingo for Prizes [L1]</p> <p>4:00 Meet your neighbor at the Bistro</p> <p>5:00 Take a Walk and find the "Turkey Bandit"</p> <p>6:00 Meet A Friend for An Evening Stretch [L1]</p>	<p>November Happy Hour Birthday Celebration!!</p> <p>9:30 Delivery of The Daily Chronicle, Puzzles and Thankful Quotes <b>26</b></p> <p>10:30 Lunch Outing to: Marietta's Mexican [BUS]</p> <p>11:30 Puzzles at the Bistro [BISR]</p> <p>12:30 Independent Artists at Work [AC]</p> <p>2:00 Nickel Poker Deuces Wild [CR]</p> <p>3:00 Bocce Ball [L1]</p> <p>4:30 Happy Hour w/Kemosabe [MDR]</p> <p>5:00 Take a Walk and find the "Turkey Bandit"</p> <p>6:00 Meet A Friend for An Evening Stretch [L1]</p>	<p>Mario's Action Station 11:30 to 1:30 <b>27</b></p> <p>9:30 Delivery of The Daily Chronicle, Puzzles and Thankful Quotes</p> <p>10:00 Thanksgiving Fun Facts [L1]</p> <p>10:30 Maximum Fitness with Sheri [L1]</p> <p>11:45 Cool Down and Refreshments [L1]</p> <p>1:30 Santa Pants Flower Pots [AC]</p> <p>2:00 Nifty Knitter's with Jane [AC]</p> <p>2:30 Work on Christmas Cards for Our Friends and Fire Fighters [AC]</p> <p>3:30 Puzzles in the Art Room [AC]</p> <p>4:00 Clean Up Our Art Area [AC]</p> <p>5:00 Take a Walk and find the "Turkey Bandit"</p> <p>6:00 Meet A Friend for An Evening Stretch [L1]</p>	<p><b>Happy Thanksgiving</b></p> <p>9:30 Delivery of The Daily Chronicle, Puzzles and Thankful Quotes <b>28</b></p> <p>10:30 News, History, Thanksgiving and Turkey Trivia [L1]</p> <p>12:00 Thanksgiving Lunch w/ William Young [MDR]</p> <p>2:00 Independent Artists at Work [AC]</p> <p>5:00 Take a Walk and find the "Turkey Bandit"</p> <p>6:00 Meet A Friend for An Evening Stretch [L1]</p>	<p>9:30 Delivery of The Daily Chronicle, Puzzles and Thankful Quotes <b>29</b></p> <p>10:00 Water the Plants in the Courtyard and Bistro [L1]</p> <p>10:30 Early Riser Artists at Work [AC]</p> <p>11:30 Jigsaw Puzzles [AC]</p> <p>1:30 Black Jack Tournament [CR]</p> <p>2:30 Afternoon Movie and Popcorn: North By Northwest 2 hours [RT]</p> <p>4:00 Welcome New Resident's and Reading Supplies</p> <p>4:30 Piano Music featuring "Trevor" [MDR]</p> <p>5:00 Take a Walk and find the "Turkey Bandit"</p> <p>6:00 Meet A Friend for An Evening Stretch [L1]</p>	<p>9:30 Delivery of The Daily Chronicle, Puzzles and Thankful Quotes <b>30</b></p> <p>10:00 Graceful Yoga with Lude [L1]</p> <p>10:30 Decorate Lounge One Board [L1]</p> <p>11:00 Meet a Friend in the Courtyard [RC]</p> <p>1:30 Rock Art [AC]</p> <p>2:30 Nifty Knitter's with Jane [AC]</p> <p>3:00 Decorate Our Art Room Tree [AC]</p> <p>4:00 Organize Our Art Supplies</p> <p>5:00 Take a Walk and find the "Turkey Bandit"</p> <p>6:00 Meet A Friend for An Evening Stretch [L1]</p>	