

# October 2019

## The Pointe at Lantern Crest

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>LOCATION KEY</b></p> <p>LP 1st Floor Lobby Pointe</p> <p>LB32 2nd Floor Latitude 32 Bar</p> <p>V 2nd Floor Veranda Dining</p> <p>TD 2nd Floor Terrazza Dining</p> <p>FS 2nd Floor Fitness Studio</p> <p>G 2 2nd Floor Garden</p> <p>PDP Pool Deck Patio</p> <p>GR 3rd Floor Game Room</p> <p>LL/P 3rd Floor Lantern Links</p> <p>T 3rd Floor Theater</p> <p>FR4 Fitness Studio 4th Floor</p> <p>L 4th Floor Library</p> <p>AC 4th Floor Art/Crafts</p> <p><b>HAPPY BIRTHDAY</b></p> <p>Fred Dowde 10/1</p> <p>Margaret Dyke 10/2</p> <p>Roland Fornataro 10/3</p> <p>Steve Carnahan 10/4</p> <p>Rosemary Hagemann 10/7</p> <p>Pat Brennan 10/28</p> <p>Janie Dunn 10/30</p> <p>Tom Ellery 10/31</p> <p>Gladis Andrejaukas 10/31</p> <p><b>HAPPY ANNIVERSARY</b></p> <p>The Barlow's 10/1</p> <p>The Rosenberg's 10/6</p> <p>The Lemkau's 10/22</p> <p>The Gutierrez's 10/25</p> <p><b>DOCTOR DRIVES</b></p> <p>Monday thru Friday</p> <p>9 AM - 3 PM</p> <p>9 AM- 1 PM for Appts Further than 15 Miles &amp; Additional Charges ~ 22nd of Each Month, No Appts After 12PM for Staff Training</p>	<p><b>and all at once, summer collapsed into fall</b></p> <p>OSCAR WILDE</p>	<p><b>BE WELL BIRTHDAY RSVP</b></p>	<p><b>Happy Birthday Fred Dowde!! 1</b></p> <p>9:00 Water Our Garden [G2]</p> <p>10:00 Chair Weights Exercise [FS]</p> <p>10:30 Better Balance [FS]</p> <p>11:30 Crosswords in the Bar [LB32]</p> <p>1:00 \$1 Bingo [GR]</p> <p>2:15 Mexican Train [GR]</p> <p>2:30 Shopping: Dollar Store [LP]</p> <p>3:00 We're Too Old for This: Technology Help [LB32]</p> <p>6:30 Hand and Foot- Card Game with Emma [GR]</p>	<p><b>Happy Birthday Margaret Dyke!! 2</b></p> <p>9:00 Water Our Garden [G2]</p> <p>10:30 Chair Yoga and Weights w/Heidi [FS]</p> <p>11:15 Bunco [GR]</p> <p>11:30 Water Aerobics w/Kathy [P]</p> <p>12:00 Uni-Care Free Blood Pressure Check [LB32]</p> <p>3:30 Happy Hour Live Entertainment: Sylvia and Salvador [LP]</p> <p>7:00 Lantern Crest Theater: The Student Prince 1954 - Romance/Musical - 1h 47m [T]</p>	<p><b>Happy Birthday Roland Fornataro!! 3</b></p> <p>9:00 Water Our Garden [G2]</p> <p>10:00 Chair Exercise [FS]</p> <p>10:30 Better Balance [FS]</p> <p>1:00 Nickel Black Jack [GR]</p> <p>2:00 Mini Golf [LL]</p> <p>2:30 Shopping: Target [LP]</p> <p>4:30 Culinary Action Night: Italian Buffet ~ \$14.50 [V]</p> <p>6:30 Mexican Train [GR]</p>	<p><b>Happy Birthday Steve Carnahan!! 4</b></p> <p>10:00 Strength and Balance with Sheri [FS]</p> <p>10:30 Garden Club: Plant Shopping [G2]</p> <p>11:00 Water Aerobics w/Sheri [P]</p> <p>12:30 Bridge Club [FS]</p> <p>1:00 Penny Poker [GR]</p> <p>3:00 Bocce Ball [3PP]</p> <p>6:30 Rummy [GR]</p>	<p><b>5</b></p> <p>8:00 Morning Walk at Parkway Plaza [LP]</p> <p>9:00 Water Our Garden [G2]</p> <p>10:00 Newspaper Talk and Coffee [LP]</p> <p>10:30 Balloon Exercise [FS]</p> <p>10:30 Drama Club with Trevor [T]</p> <p>1:00 Brain Games: Words in a Word [GR]</p> <p>1:30 Bunco [GR]</p> <p>2:00 Puzzles Around Lantern Crest</p> <p>7:00 Lantern Crest Saturday Night at the Movies: P.S. I Love You PG-13 2007 - Drama/Romance - 2h 6m [T]</p>
	<p><b>6</b></p> <p>7:30 Sunday Morning News and Coffee</p> <p>8:00 Guardian Angels Catholic Church [LP]</p> <p>8:45 Sunrise Church [LP]</p> <p>9:45 Communion: The Ridge [LP]</p> <p>11:30 BRUNCH [TD]</p> <p>12:30 Bridge Club [FS]</p> <p>1:00 Self-Led Walk the Halls</p> <p>2:30 \$1 Bingo [GR]</p> <p>3:30 Key of She Performance [TD]</p> <p>4:00 Lantern Crest Theater Matinee Movie: P.S. I Love You PG-13 2007 - Drama/Romance - 2h 6m [T]</p>	<p><b>7</b></p> <p>9:00 CVS No-Cost Flu Shot (unless required by Plan) [LP]</p> <p>9:30 Bible Study with Pastor Jim from Sunrise Church [L]</p> <p>10:30 Tai Chi with Peter Wu [FS]</p> <p>11:00 Chair Volleyball [FS]</p> <p>11:30 Netflix: Our Planet [LP]</p> <p>1:00 Penny Poker [GR]</p> <p>2:15 Mexican Train [GR]</p> <p>3:15 Glee Club [TD]</p> <p>3:30 LET'S PLAY Wii BOWLING! [LB32]</p> <p>4:30 Music with Trevor [TD]</p> <p>6:30 Poker [GR]</p>	<p><b>8</b></p> <p>9:00 Water Our Garden [G2]</p> <p>10:00 Chair Weights Exercise [FS]</p> <p>10:30 Better Balance [FS]</p> <p>11:30 Crosswords in the Bar [LB32]</p> <p>1:00 \$1 Bingo [GR]</p> <p>2:15 Mexican Train [GR]</p> <p>3:30 Happy Hour Live Entertainment: The Band MusicStation [LB32]</p> <p>6:30 Hand and Foot- Card Game with Emma [GR]</p>	<p><b>9</b></p> <p>9:00 Water Our Garden [G2]</p> <p>10:00 Sycuan Casino [LP]</p> <p>10:30 Chair Yoga and Weights w/Heidi [FS]</p> <p>11:00 Armchair Astronomer: Magellan: Clouds, Channel, Cruise</p> <p>11:15 Bunco [GR]</p> <p>11:30 Water Aerobics w/Kathy [P]</p> <p>12:00 Uni-Care Free Blood Pressure Check [LB32]</p> <p>1:30 Resident Council Board Meeting [V]</p> <p>2:30 Activity Chat/Chef Chat [V]</p> <p>7:00 Lantern Crest Theater: Everything Is Copy 2015 - Documentary - 1h 29m [T]</p>	<p><b>10</b></p> <p>9:00 Prayers with Bill Bixby [L]</p> <p>10:00 ADVANCE WATER PURIFICATION DEMONSTRATION FACILITY [LP]</p> <p>10:00 Chair Exercise [FS]</p> <p>10:30 Better Balance [FS]</p> <p>1:00 Nickel Black Jack [GR]</p> <p>2:00 Mini Golf [LL]</p> <p>2:30 Shopping: Parkway Plaza [LP]</p> <p>4:30 Culinary Action Night: Mexican Buffet ~ \$14.50 [V]</p> <p>6:30 Mexican Train [GR]</p>	<p><b>11</b></p> <p>10:00 Strength and Balance with Sheri [FS]</p> <p>10:30 Garden Club: Planting Day! [G2]</p> <p>11:00 Water Aerobics w/Sheri [P]</p> <p>12:30 Bridge Club [FS]</p> <p>1:00 Penny Poker [GR]</p> <p>3:00 Bocce Ball [3PP]</p> <p>3:00 Book Club: Book Discussion [L]</p> <p>6:30 Rummy [GR]</p>	<p><b>12</b></p> <p>8:00 Morning Walk at Parkway Plaza [LP]</p> <p>9:00 Water Our Garden [G2]</p> <p>10:00 Newspaper Talk and Coffee [LP]</p> <p>10:30 Balloon Exercise [FS]</p> <p>10:30 Drama Club with Trevor [T]</p> <p>11AM Ask Vickie Questions About Medicare! [LB32]</p> <p>1:00 Brain Games: Sudoku [GR]</p> <p>1:30 Bunco [GR]</p> <p>2:00 Puzzles Around Lantern Crest</p> <p>7:00 Lantern Crest Saturday Night at the Movies: Mona Lisa Smile PG-13 2003 - Drama/Romance - 1h 57m [T]</p>
	<p><b>13</b></p> <p>7:30 Sunday Morning News and Coffee</p> <p>8:00 Guardian Angels Catholic Church [LP]</p> <p>8:45 Sunrise Church [LP]</p> <p>9:45 Communion: The Ridge [LP]</p> <p>11:30 BRUNCH [TD]</p> <p>12:30 Bridge Club [FS]</p> <p>1:00 Self-Led Walk the Halls</p> <p>2:30 \$1 Bingo [GR]</p> <p>4:00 Lantern Crest Theater Matinee Movie: Mona Lisa Smile PG-13 2003 - Drama/Romance - 1h 57m [T]</p>	<p><b>14</b></p> <p>9:00 Columbus Day</p> <p>9:00 Water Our Garden [G2]</p> <p>10:30 Chair Zumba with Sheri [FS]</p> <p>11:15 SD Prosthodontist Dental Group [T]</p> <p>11:30 Netflix: Our Planet [LP]</p> <p>1:00 Penny Poker [GR]</p> <p>2:15 Mexican Train [GR]</p> <p>3:15 Glee Club [TD]</p> <p>3:30 LET'S PLAY Wii BOWLING! [LB32]</p> <p>4:30 Music with Trevor [TD]</p> <p>5:30 GLEE CLUB PERFORMANCE [TD]</p> <p>6:30 Poker [GR]</p>	<p><b>15</b></p> <p>9:00 Water Our Garden [G2]</p> <p>10:00 Chair Weights Exercise [FS]</p> <p>10:30 Better Balance [FS]</p> <p>11:30 Crosswords in the Bar [LB32]</p> <p>1:00 \$1 Bingo [GR]</p> <p>2:15 Mexican Train [GR]</p> <p>2:30 Shopping: Sprouts [LP]</p> <p>3:00 We're Too Old for This: Technology Help [LB32]</p> <p>6:30 Hand and Foot- Card Game with Emma [GR]</p>	<p><b>16</b></p> <p>9:00 Water Our Garden [G2]</p> <p>10:00 Lecture and Breakfast with Dr. Hirsch Mehta, MD Cardiologist [T]</p> <p>10:30 Chair Yoga and Weights w/Heidi [FS]</p> <p>11:15 Bunco [GR]</p> <p>11:30 Water Aerobics w/Kathy [P]</p> <p>12:00 Uni-Care Free Blood Pressure Check [LB32]</p> <p>1:30 All Resident Meeting [T]</p> <p>3:30 Happy Hour Live Entertainment: Broken Strings [LP]</p> <p>7:00 Lantern Crest Theater: Veronica Guerin 2003 - Crime/Thriller - 1h 38m [T]</p>	<p><b>17</b></p> <p>9:00 Water Our Garden [G2]</p> <p>10:00 Chair Exercise [FS]</p> <p>10:00 Ferry Ride Peohe's Restaurant [LP]</p> <p>10:30 Better Balance [FS]</p> <p>1:00 Self-Led Nickel Black Jack [GR]</p> <p>2:00 Mini Golf [LL]</p> <p>3:00 New Resident Social with Bill [L]</p> <p>4:30 Culinary Action Night: Mediterranean Buffet ~ \$16.50 [V]</p> <p>6:30 Mexican Train [GR]</p>	<p><b>18</b></p> <p>10:00 Strength and Balance with Sheri [FS]</p> <p>10:30 Garden Club [G2]</p> <p>11:00 The Plaza's Pharmacy Team Seminar [T]</p> <p>11:00 Water Aerobics w/Sheri [P]</p> <p>12:30 Bridge Club [FS]</p> <p>1:00 Penny Poker [GR]</p> <p>3:00 Bocce Ball [3PP]</p> <p>6:30 Rummy [GR]</p>	<p><b>19</b></p> <p>7:15 Alzheimers Walk [LP]</p> <p>9:00 Water Our Garden [G2]</p> <p>10:00 Newspaper Talk and Coffee [LP]</p> <p>10:30 Drama Club with Trevor [T]</p> <p>1:30 Bunco [GR]</p> <p>2:00 Puzzles Around Lantern Crest</p> <p>6:00 Lantern Crest Saturday Night at the Movies: Vera Drake 2004 - Drama/Crime - 2h 12m [T]</p>
	<p><b>20</b></p> <p>7:30 Sunday Morning News and Coffee</p> <p>8:00 Guardian Angels Catholic Church [LP]</p> <p>8:45 Sunrise Church [LP]</p> <p>9:45 Communion: The Ridge [LP]</p> <p>11:30 BRUNCH [TD]</p> <p>12:30 Bridge Club [FS]</p> <p>1:00 Self-Led Walk the Halls</p> <p>2:30 \$1 Bingo [GR]</p> <p>4:00 Lantern Crest Theater Matinee Movie: Vera Drake 2004 - Drama/Crime - 2h 12m [T]</p>	<p><b>21</b></p> <p>9:00 Water Our Garden [G2]</p> <p>9:30 Bible Study with Pastor Jim from Sunrise Church [L]</p> <p>10:30 Tai Chi with Peter Wu [FS]</p> <p>11:00 Self-Led Balloon Exercise [FS]</p> <p>11:30 Netflix: Our Planet [LP]</p> <p>11:30 New-Triton with Barbara Grant [V]</p> <p>1:00 Penny Poker [GR]</p> <p>2:15 Mexican Train [GR]</p> <p>3:15 Glee Club [TD]</p> <p>3:30 LET'S PLAY Wii BOWLING! [LB32]</p> <p>4:30 Music with Trevor [TD]</p> <p>6:30 Poker [GR]</p>	<p><b>22</b></p> <p>All Doctor Appointments Before 12PM</p> <p>9:00 Water Our Garden [G2]</p> <p>10:00 Chair Weights Exercise [FS]</p> <p>10:30 Better Balance [FS]</p> <p>11:30 Crosswords in the Bar [LB32]</p> <p>1:00 \$1 Bingo [GR]</p> <p>2:15 Mexican Train [GR]</p> <p>3:00 We're Too Old for This: Technology Help [LB32]</p> <p>6:30 Hand and Foot- Card Game with Emma [GR]</p>	<p><b>23</b></p> <p>9:00 Water Our Garden [G2]</p> <p>10:30 Chair Yoga and Weights w/Heidi [FS]</p> <p>11:15 Bunco [GR]</p> <p>11:30 Water Aerobics w/Kathy [P]</p> <p>12:00 Uni-Care Free Blood Pressure Check [LB32]</p> <p>2:00 Life Enrichment Committee Meeting [V]</p> <p>3:30 Happy Hour OKTOBERFEST Live Entertainment: Blue Zone [LP]</p> <p>7:00 Lantern Crest Theater: Mad Money PG-13 2008 - Caper story/Action - 2h 6m [T]</p>	<p><b>24</b></p> <p>9:00 Water Our Garden [G2]</p> <p>10:00 Chair Exercise [FS]</p> <p>10:00 Shopping: Chico's-Women Fashion and Accessories [LP]</p> <p>10:30 Better Balance [FS]</p> <p>1:00 Nickel Black Jack [GR]</p> <p>2:00 Mini Golf [LL]</p> <p>2:30 Shopping: Grocery Outlet, 99 Cent Store and BevMo [LP]</p> <p>3:00 Abbott Hearing Aid Clean and Check [LB32]</p> <p>4:30 Culinary Action Night: German Buffet ~ \$15.50 [V]</p> <p>6:30 Mexican Train [GR]</p>	<p><b>25</b></p> <p>Final Day to Sign Up for San Diego Symphony</p> <p>10:00 Strength and Balance with Sheri [FS]</p> <p>10:30 Garden Club [G2]</p> <p>11:00 Water Aerobics w/Sheri [P]</p> <p>12:30 Bridge Club [FS]</p> <p>1:00 Penny Poker [GR]</p> <p>3:00 Bocce Ball [3PP]</p> <p>3:00 Book Club: Book Discussion [L]</p> <p>6:30 Rummy [GR]</p>	<p><b>26</b></p> <p>8:00 Morning Walk at Parkway Plaza [LP]</p> <p>9:00 Water Our Garden [G2]</p> <p>10:00 Newspaper Talk and Coffee [LP]</p> <p>10:30 Balloon Exercise [FS]</p> <p>10:30 Brain Games: Giant Crossword Puzzle [GR]</p> <p>10:30 Drama Club with Trevor [T]</p> <p>1:30 Bunco [GR]</p> <p>2:00 Puzzles Around Lantern Crest</p> <p>7:00 Lantern Crest Saturday Night at the Movies: The Sixth Sense ~ 2h 10m [T]</p>
	<p><b>27</b></p> <p>7:30 Sunday Morning News and Coffee</p> <p>8:00 Guardian Angels Catholic Church [LP]</p> <p>8:45 Sunrise Church [LP]</p> <p>9:00 Water Our Garden [G2]</p> <p>9:45 Communion: The Ridge [LP]</p> <p>11:30 BRUNCH [TD]</p> <p>12:30 Bridge Club [FS]</p> <p>1:00 Self-Led Walk the Halls</p> <p>2:30 \$1 Bingo [GR]</p> <p>4:00 Lantern Crest Theater Matinee Movie: The Sixth Sense ~ 2h 10m [T]</p>	<p><b>28</b></p> <p>Happy Birthday Pat Brennan!!</p> <p>9:00 Water Our Garden [G2]</p> <p>9:30 Bible Study with Pastor Jim from Sunrise Church [L]</p> <p>9:30 CVS No-Cost Flu Shot (unless required by plan) [LP]</p> <p>10:30 Chair Zumba w/ Diana [FS]</p> <p>11:00 Chair Volleyball [FS]</p> <p>11:30 Netflix: Our Planet [LP]</p> <p>1:00 Penny Poker [GR]</p> <p>2:15 Mexican Train [GR]</p> <p>3:15 Glee Club [TD]</p> <p>3:30 LET'S PLAY Wii BOWLING! [LB32]</p> <p>4:30 Music w/Trevor Gibson</p> <p>4:30 Music with Trevor [TD]</p> <p>6:30 Poker [GR]</p>	<p><b>29</b></p> <p>9:00 Water Our Garden [G2]</p> <p>10:00 Chair Weights Exercise [FS]</p> <p>10:30 Better Balance [FS]</p> <p>11:00 Kristen Fritz- Legal Issues Affecting Seniors Today [T]</p> <p>11:30 Crosswords in the Bar [LB32]</p> <p>1:00 \$1 Bingo [GR]</p> <p>1:30 Dining Committee Meeting [V]</p> <p>2:15 Mexican Train [GR]</p> <p>2:30 Shopping: Wal-Mart or Costco [LP]</p> <p>3:00 We're Too Old for This: Technology Help [LB32]</p> <p>6:30 Hand and Foot- Card Game with Emma [GR]</p>	<p><b>30</b></p> <p>Happy Birthday Janie Dunn!!</p> <p>9:00 Water Our Garden [G2]</p> <p>10:30 Chair Yoga and Weights w/Heidi [FS]</p> <p>11:15 Bunco [GR]</p> <p>11:30 Water Aerobics w/Kathy [P]</p> <p>12:00 Uni-Care Free Blood Pressure Check [LB32]</p> <p>3:00 LET'S "WIG" OUT!! Wear a Fun Wig to Happy Hour with Kemosabe!! [LB32]</p> <p>7:00 Lantern Crest Theater: The Village ~ 1h 49m [T]</p>	<p><b>31</b></p> <p>Halloween</p> <p>Happy Birthday Gladis Andrejaukas!!</p> <p>Happy Birthday Tom Ellery!!</p> <p>9:00 Water Our Garden [G2]</p> <p>10:00 Chair Exercise [FS]</p> <p>10:30 Better Balance [FS]</p> <p>1:30 Halloween BooFest!! 1:30PM - 3:30PM</p> <p>4:30 Culinary Action Night: Spooktacular Buffet ~ \$16.50 [V]</p> <p>6:30 Mexican Train [GR]</p> <p>7:00 Halloween Movie Special: Alfred Hitchcock's "Psycho" [T]</p>	<p><b>BRITTANY.FAY</b></p> <p>@LanternCrestSantee.com</p> <p><b>LIFE ENRICHMENT DIRECTOR</b></p> <p><b>KATHY.LINDER</b></p> <p>@LanternCrestSantee.com</p> <p><b>ASSISTANT DIRECTOR</b></p> <p>(619) 258-8886 X 5405</p>	