


December 2019 Lantern Crest Assisted Living

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p>8:00 Guardian Angels Catholic Church</p> <p>8:45 Sunrise Church [BUS]</p> <p>9:30 Delivery of Daily Chronicle and Puzzles</p> <p>10:00 Communion @ The Theater [RT]</p> <p>10:15 Christmas Trivia [L1]</p> <p>10:45 Love on a Leash [L1]</p> <p>11:15 Come chat with Daniela from Culinary [L1]</p> <p>1:00 Independent Artists at Work [AC]</p> <p>1:30 Trash Board Games [CR]</p> <p>3:00 Afternoon Movie & Popcorn: "Deck the Halls" 1hr 33min [RT]</p> <p>5:00 Take a Walk and find the "Elf"</p> <p>6:00 Meet A Friend for An Evening Stretch [L1]</p>	<p>9:45 Delivery of Daily Chronicle and Puzzles</p> <p>10:00 Morning Stretch and Exercise [L1]</p> <p>10:45 Take a break and Get a Drink</p> <p>11:00 Bunco [L1]</p> <p>1:30 Card Game-Resident's Choice [CR]</p> <p>3:00 Bingo for Prizes [L1]</p> <p>4:00 Meet your neighbor at the Bistro</p> <p>5:00 Take a Walk and find the "Elf"</p> <p>6:00 Meet A Friend for An Evening Stretch [L1]</p>	<p>9:30 Delivery of The Daily Chronicle and Puzzles</p> <p>10:30 News, Health and Horoscopes and the Daily Chronicle [BISR]</p> <p>11:30 Pizza Party at the Bistro for the "Turkey Bandit" [BISR]</p> <p>12:30 Independent Artists at Work [AC]</p> <p>1:30 Meet a Friend in the Courtyard with a good book [RC]</p> <p>2:00 Poker-Deuces Wild [CR]</p> <p>4:30 Happy Hour w/Broken Strings [MDR]</p> <p>5:00 Take a Walk and find the "Elf"</p> <p>5:30 Christmas Lights Tour and Cocoa [BUS]</p> <p>6:00 Meet A Friend for An Evening Stretch [L1]</p>	<p>Chef's Corner 11:30 to 1:30 Resident Council Today at 3:00</p> <p>9:30 Delivery of The Daily Chronicle and Puzzles</p> <p>10:00 Who or What is It Clue Game [L1]</p> <p>10:30 Maximum Fitness with Sheri [L1]</p> <p>11:45 Cool Down and Refreshments [L1]</p> <p>1:30 Book Club-New Best Seller List [L1]</p> <p>3:00 Resident Council [RT]</p> <p>3:30 Puzzles in the Art Room [AC]</p> <p>5:00 Take a Walk and find the "Elf"</p> <p>6:00 Meet A Friend for An Evening Stretch [L1]</p>	<p>9:30 Delivery of The Daily Chronicle and Puzzles</p> <p>10:00 Bocce Ball with the Santana Buddies [L1]</p> <p>11:00 Word Games and Trivia with Prizes [L1]</p> <p>12:30 Lunch Visits with Pastor Bob</p> <p>1:30 Card Game-Your Choice [CR]</p> <p>1:30 Music with Steve and Diane [RT]</p> <p>2:00 Bible Study with Pastor Bob [L2]</p> <p>3:00 Bingo for Gift Cards [AC]</p> <p>5:00 Take a Walk and find the "Elf"</p> <p>6:00 Meet A Friend for An Evening Stretch [L1]</p>	<p>9:30 Delivery of The Daily Chronicle and Puzzles</p> <p>10:00 Shopping and Walking for your Health [BUS]</p> <p>10:30 Early Riser Artists at Work [AC]</p> <p>11:30 Jigsaw Puzzles [AC]</p> <p>1:30 Black Jack Tournament [CR]</p> <p>2:30 Afternoon Movie and Popcorn: "Four Christmases" 1hr 28min [RT]</p> <p>4:00 Welcome New Resident's and Reading Supplies</p> <p>4:30 Piano Music featuring "Trevor" [MDR]</p> <p>5:00 Take a Walk and find the "Elf"</p> <p>6:00 Meet A Friend for An Evening Stretch [L1]</p>	<p>9:30 Delivery of The Daily Chronicle and Puzzles</p> <p>10:00 Yoga with Lude [L1]</p> <p>11:00 Healthy Food Talk/Brain Foods [L1]</p> <p>1:30 Christmas Ball Framed Art [AC]</p> <p>1:30 Sing Along with Myron [RT]</p> <p>2:00 Nifty Knitter's with Jane [AC]</p> <p>3:00 Refreshments and Good Friends [AC]</p> <p>4:00 Organize Our Art Supplies</p> <p>5:00 Take a Walk and find the "Elf"</p> <p>6:00 Meet A Friend for An Evening Stretch [L1]</p>
	<p>8:00 Guardian Angels Catholic Church</p> <p>8:45 Sunrise Church [BUS]</p> <p>9:30 Delivery of Daily Chronicle and Puzzles</p> <p>10:00 Communion @ The Theater [RT]</p> <p>10:15 Christmas Trivia [L1]</p> <p>10:45 Love on a Leash [L1]</p> <p>11:15 Come chat with Daniela from Culinary [L1]</p> <p>1:00 Independent Artists at Work [AC]</p> <p>1:30 Trash Board Games [CR]</p> <p>3:00 Afternoon Movie & Popcorn: "Miracle on 34th Street 1hr 36min [RT]</p> <p>5:00 Take a Walk and find the "Elf"</p> <p>6:00 Meet A Friend for An Evening Stretch [L1]</p>	<p>9:45 Delivery of Daily Chronicle and Puzzles</p> <p>10:00 Morning Stretch and Exercise [L1]</p> <p>10:45 Take a break and Get a Drink</p> <p>11:00 Bunco [L1]</p> <p>1:30 Card Game-Resident's Choice [CR]</p> <p>3:00 Bingo for Prizes [L1]</p> <p>4:00 Meet your neighbor at the Bistro</p> <p>5:00 Take a Walk and find the "Elf"</p> <p>6:00 Meet A Friend for An Evening Stretch [L1]</p>	<p>9:30 Delivery of The Daily Chronicle and Puzzles</p> <p>10:00 This Day in History/ Chronicle Review [L1]</p> <p>10:30 The History Lady Is Back!! [L1]</p> <p>11:30 Puzzles at the Bistro [BISR]</p> <p>12:30 Independent Artists at Work [AC]</p> <p>1:30 Meet a Friend in the Courtyard with a good book [RC]</p> <p>2:00 Poker-Deuces Wild [CR]</p> <p>4:30 Happy Hour w/George and Alan Jazz Duo [MDR]</p> <p>5:00 Take a Walk and find the "Elf"</p> <p>5:30 Christmas Lights Tour and Cocoa [BUS]</p> <p>6:00 Meet A Friend for An Evening Stretch [L1]</p>	<p>Chef's Corner 11:30 to 1:30</p> <p>9:30 Delivery of The Daily Chronicle and Puzzles</p> <p>10:00 Five Question Clue Game [L1]</p> <p>10:30 Maximum Fitness with Sheri [L1]</p> <p>11:45 Cool Down and Refreshments [L1]</p> <p>1:00 Retired Teachers Choir [MDR]</p> <p>2:30 Potpourri Lighted Jars [AC]</p> <p>3:00 Knitting and Crocheting with Jane [AC]</p> <p>3:30 Puzzles in the Art Room [AC]</p> <p>4:00 Clean Up Our Art Area [AC]</p> <p>5:00 Take a Walk and find the "Elf"</p> <p>6:00 Meet A Friend for An Evening Stretch [L1]</p>	<p>9:30 Delivery of The Daily Chronicle and Puzzles</p> <p>10:00 Bocce Ball with the Santana Buddies [L1]</p> <p>11:00 Word Games and Trivia with Prizes [L1]</p> <p>12:30 Lunch Visits with Pastor Bob</p> <p>1:30 "Good Grief" Club/Getting Through Change [L2]</p> <p>2:00 Bible Study with Pastor Bob [L2]</p> <p>2:30 Inspirational Songs with Pastor Bob [L2]</p> <p>3:00 Bingo for Gift Cards [AC]</p> <p>5:00 Take a Walk and find the "Elf"</p> <p>6:00 Meet A Friend for An Evening Stretch [L1]</p>	<p>9:30 Delivery of The Daily Chronicle and Puzzles</p> <p>10:00 Shopping and Walking for your Health [BUS]</p> <p>10:30 Early Riser Artists at Work [AC]</p> <p>11:30 Jigsaw Puzzles [AC]</p> <p>1:30 Black Jack Tournament [CR]</p> <p>2:00 Afternoon Movie and Popcorn: "It's a Wonderful Life" 2hr 10mins [RT]</p> <p>4:00 Welcome New Resident's and Reading Supplies</p> <p>4:30 Piano Music featuring "Trevor" [MDR]</p> <p>5:00 Take a Walk and find the "Elf"</p> <p>6:00 Meet A Friend for An Evening Stretch [L1]</p>	<p>9:30 Delivery of The Daily Chronicle and Puzzles</p> <p>10:00 Shadow Mountain Church [RT]</p> <p>11:00 Meet a Friend in the Courtyard [RC]</p> <p>11:30 Jigsaw Puzzles [BISR]</p> <p>1:30 Independent Artists at Work [AC]</p> <p>2:00 SD Festival Chorus & Orchestra at Faith Chapel [BUS]</p> <p>3:00 Independent Board Games and Dominoes [L1]</p> <p>5:00 Take a Walk and find the "Elf"</p> <p>6:00 Meet A Friend for An Evening Stretch [L1]</p>
<p>Tuesday the 24th at 4:30 pm Christmas Eve Happy Hour with Sounds of the Season Featuring Sylvia and Salvador 5:00 pm Gift Delivery with Santa's Elves</p>	<p>8:00 Guardian Angels Catholic Church</p> <p>8:45 Sunrise Church [BUS]</p> <p>9:30 Delivery of Daily Chronicle and Puzzles</p> <p>10:00 Communion @ The Theater [RT]</p> <p>10:15 Christmas Trivia [L1]</p> <p>10:45 Love on a Leash [L1]</p> <p>11:15 Come chat with Daniela from Culinary [L1]</p> <p>1:00 Independent Artists at Work [AC]</p> <p>1:30 Trash Board Games [CR]</p> <p>3:00 Afternoon Movie & Popcorn: "Elf" 1hr 37min [RT]</p> <p>5:00 Take a Walk and find the "Elf"</p> <p>6:00 Meet A Friend for An Evening Stretch [L1]</p>	<p>9:45 Delivery of Daily Chronicle and Puzzles</p> <p>10:00 Morning Stretch and Exercise [L1]</p> <p>10:45 Take a break and Get a Drink</p> <p>11:00 Bunco [L1]</p> <p>1:30 Card Game-Resident's Choice [CR]</p> <p>3:00 Bingo for Prizes [L1]</p> <p>4:00 Meet your neighbor at the Bistro</p> <p>5:00 Take a Walk and find the "Elf"</p> <p>6:00 Meet A Friend for An Evening Stretch [L1]</p>	<p>9:30 Delivery of The Daily Chronicle and Puzzles</p> <p>10:30 Exercise and Morning Stretch [L1]</p> <p>11:30 Lunch Outing at the Bistro with KFC/ Please sign up [BISR]</p> <p>12:30 Independent Artists at Work [AC]</p> <p>1:30 Meet a Friend in the Courtyard with a good book [RC]</p> <p>2:00 Poker-Deuces Wild [CR]</p> <p>4:30 Happy Hour w/Cowboy Jack [MDR]</p> <p>4:30 Holiday Pictures with Santa Clause [MDR]</p> <p>5:00 Take a Walk and find the "Elf"</p> <p>5:30 Christmas Lights Tour and Cocoa [BUS]</p> <p>6:00 Meet A Friend for An Evening Stretch [L1]</p>	<p>Chef's Corner 11:30 to 1:30</p> <p>9:30 Delivery of The Daily Chronicle and Puzzles</p> <p>10:00 Five Clues-What is it?? [L1]</p> <p>10:30 Maximum Fitness with Sheri [L1]</p> <p>11:45 Cool Down and Refreshments [L1]</p> <p>1:30 Finish Our Holiday Art Projects [AC]</p> <p>2:00 Nifty Knitter's with Jane [AC]</p> <p>3:30 Puzzles in the Art Room [AC]</p> <p>4:00 Clean Up Our Art Area [AC]</p> <p>5:00 Take a Walk and find the "Elf"</p> <p>6:00 Meet A Friend for An Evening Stretch [L1]</p>	<p>9:30 Delivery of The Daily Chronicle and Puzzles</p> <p>10:00 Bocce Ball with the Santana Buddies [L1]</p> <p>11:00 Word Games and Trivia with Prizes [L1]</p> <p>12:30 Lunch Visits with Pastor Bob</p> <p>1:30 Men's Group with Pastor Bob [L1]</p> <p>1:30 Music with Steve and Diane [RT]</p> <p>2:30 Bible Study with Pastor Bob [L2]</p> <p>3:00 Bingo for Gift Cards [AC]</p> <p>5:00 Take a Walk and find the "Elf"</p> <p>6:00 Meet A Friend for An Evening Stretch [L1]</p>	<p>9:30 Delivery of The Daily Chronicle and Puzzles</p> <p>10:00 Shopping and Walking for your Health [BUS]</p> <p>10:30 Early Riser Artists at Work [AC]</p> <p>11:30 Jigsaw Puzzles [AC]</p> <p>1:30 Meet friends in the courtyard with a good book [RC]</p> <p>3:00 Healthy Resolutions for 2020 with Lude [L1]</p> <p>4:30 Piano Music featuring "Trevor" [MDR]</p> <p>5:00 Take a Walk and find the "Elf"</p> <p>6:00 Meet A Friend for An Evening Stretch [L1]</p>	<p>9:30 Delivery of The Daily Chronicle and Puzzles</p> <p>10:30 Morning Stretch with Tracy [L1]</p> <p>11:00 Saddle Up For Some Horse Racing [L1]</p> <p>11:30 Meet a Friend in the Courtyard [RC]</p> <p>1:30 Holiday on Canvas [AC]</p> <p>1:30 Sing Along with Myron [RT]</p> <p>2:00 Nifty Knitter's with Jane [AC]</p> <p>2:30 Watercolor Pencil Art [AC]</p> <p>3:00 Refreshments and Good Friends [AC]</p> <p>4:00 Organize Our Art Supplies</p> <p>5:00 Take a Walk and find the "Elf"</p> <p>6:00 Meet A Friend for An Evening Stretch [L1]</p>
	<p>Happy Hanukkah</p> <p>8:00 Guardian Angels Catholic Church</p> <p>8:45 Sunrise Church [BUS]</p> <p>9:30 Delivery of Daily Chronicle and Puzzles</p> <p>10:00 Communion @ The Theater [RT]</p> <p>10:15 Christmas Trivia [L1]</p> <p>10:45 Love on a Leash [L1]</p> <p>11:15 Come chat with Daniela from Culinary [L1]</p> <p>1:00 Independent Artists at Work [AC]</p> <p>1:30 Trash Board Games [CR]</p> <p>3:00 Afternoon Movie & Popcorn: "Prancer" 1hr 43min [RT]</p> <p>4:00 Light the Menorah [RL]</p> <p>5:00 Take a Walk and find the "Elf"</p> <p>6:00 Meet A Friend for An Evening Stretch [L1]</p>	<p>All Staff Meeting for Staff Only @ 2:00</p> <p>9:45 Delivery of Daily Chronicle and Puzzles</p> <p>10:00 Morning Stretch and Exercise [L1]</p> <p>10:45 Take a break and Get a Drink</p> <p>11:00 Bunco [L1]</p> <p>1:30 Meet friends in the courtyard with a good book [RC]</p> <p>3:30 Bingo for Prizes [L1]</p> <p>4:00 Meet your neighbor at the Bistro</p> <p>5:00 Take a Walk and find the "Elf"</p> <p>6:00 Meet A Friend for An Evening Stretch [L1]</p>	<p>Christmas Eve</p> <p>9:30 Delivery of The Daily Chronicle and Puzzles</p> <p>10:00 Baking with Tracy/Gluten Free Oatmeal Cookies [LCK]</p> <p>11:30 Puzzles at the Bistro [BISR]</p> <p>12:30 Independent Artists at Work [AC]</p> <p>1:30 Meet a Friend in the Courtyard with a good book [RC]</p> <p>2:00 Poker-Deuces Wild [CR]</p> <p>4:30 Happy Hour w/Sylvia and Salvador "Sounds of the Season" [MDR]</p> <p>5:00 Santa's Elves Gift Delivery [MDR]</p> <p>5:30 Take a Walk and find the "Elf"</p> <p>6:00 Meet A Friend for An Evening Stretch [L1]</p>	<p>Christmas Lunch 11:00 to 2:30</p> <p>Merry Christmas</p> <p>9:30 Delivery of The Daily Chronicle and Puzzles</p> <p>10:00 Christmas Trivia [L1]</p> <p>11:00 Christmas Lunch [MDR]</p> <p>2:00 Join a Friend for a Hallmark Christmas Movie [L1]</p> <p>3:30 Puzzles in the Art Room [AC]</p> <p>5:00 Take a Walk and find the "Elf"</p> <p>6:00 Meet A Friend for An Evening Stretch [L1]</p>	<p>9:30 Delivery of The Daily Chronicle and Puzzles</p> <p>10:00 Travel Club - Lets explore Alaska! [L1]</p> <p>11:00 Word Games and Trivia with Prizes [L1]</p> <p>12:30 Lunch Visits with Pastor Bob</p> <p>1:30 Card Game-Resident's Choice [CR]</p> <p>2:00 Bible Study with Pastor Bob [L2]</p> <p>3:00 Bingo for Gift Cards [AC]</p> <p>5:00 Take a Walk and find the "Elf"</p> <p>6:00 Meet A Friend for An Evening Stretch [L1]</p>	<p>9:30 Delivery of The Daily Chronicle and Puzzles</p> <p>10:30 Early Riser Artists at Work [AC]</p> <p>11:30 Jigsaw Puzzles [AC]</p> <p>1:30 Black Jack Tournament [CR]</p> <p>2:30 Afternoon Movie and Popcorn: "A Christmas Story" 1hr 34mins [RT]</p> <p>4:00 Welcome New Resident's and Reading Supplies</p> <p>4:30 Piano Music featuring "Trevor" [MDR]</p> <p>5:00 Take a Walk and find the "Elf"</p> <p>6:00 Meet A Friend for An Evening Stretch [L1]</p>	<p>9:30 Delivery of The Daily Chronicle and Puzzles</p> <p>10:30 Morning Stretch with Tracy [L1]</p> <p>11:00 Bunco for Prizes [L1]</p> <p>11:30 Meet a Friend in the Courtyard [RC]</p> <p>1:30 Plan Our Art Projects for the New Year [AC]</p> <p>2:00 Nifty Knitter's with Jane [AC]</p> <p>3:00 Refreshments and Good Friends [AC]</p> <p>4:00 Organize Our Art Supplies</p> <p>5:00 Take a Walk and find the "Elf"</p> <p>6:00 Meet A Friend for An Evening Stretch [L1]</p>
<p>December 22nd Hanukkah Begins at Sunset</p> <p>.....</p> <p>December 30th Hanukkah Ends at Sunset</p>	<p>8:00 Guardian Angels Catholic Church</p> <p>8:45 Sunrise Church [BUS]</p> <p>9:30 Delivery of Daily Chronicle and Puzzles</p> <p>10:00 Communion @ The Theater [RT]</p> <p>10:15 Christmas Trivia [L1]</p> <p>10:45 Love on a Leash [L1]</p> <p>11:15 Come chat with Daniela from Culinary [L1]</p> <p>1:00 Independent Artists at Work [AC]</p> <p>1:30 Trash Board Games [CR]</p> <p>3:00 Afternoon Movie & Popcorn: "Coat of Many Colors" 1hr 21min [RT]</p> <p>5:00 Take a Walk and find the "Elf"</p> <p>6:00 Meet A Friend for An Evening Stretch [L1]</p>	<p>Hanukkah Ends At Sunset</p> <p>9:45 Delivery of Daily Chronicle and Puzzles</p> <p>10:00 Morning Stretch and Exercise [L1]</p> <p>10:45 Take a break and Get a Drink</p> <p>11:00 Bunco [L1]</p> <p>1:30 Card Game-Resident's Choice [CR]</p> <p>3:00 Bingo for Prizes [L1]</p> <p>4:00 Meet your neighbor at the Bistro</p> <p>5:00 Take a Walk and find the "Elf"</p> <p>6:00 Meet A Friend for An Evening Stretch [L1]</p>	<p>9:30 Delivery of The Daily Chronicle and Puzzles</p> <p>10:30 Look Back At 2019 [L1]</p> <p>11:00 Trivia from 2019 and Prizes [L1]</p> <p>11:30 Puzzles at the Bistro [BISR]</p> <p>12:00 Welcome 2020 Noon Years Toast with Sylvia and Salvador [MDR]</p> <p>1:30 Meet a Friend in the Courtyard with a good book [RC]</p> <p>2:30 Independent Artists at Work [AC]</p> <p>3:30 Watercolor Pencil Art [AC]</p> <p>5:00 Take a Walk and find the "Elf"</p> <p>6:00 Meet A Friend for An Evening Stretch [L1]</p>	<p>Maritza Aguirre Life Enrichment Director @ the Ridge 800 Lantern Crest Way Santee, CA 92071 619-647-6392</p> <p>Martiza.aguirre@lanterncrestsantee.com</p>	<p>Resident Birthdays</p> <p>Kathleen "Kay" M. 12/8</p> <p>Verna I. 12/16</p> <p>Theresa G. 12/18</p> <p>Patricia G. 12/18</p> <p>Imogene S. 12/20</p> <p>David V. 12/22</p>	<p>AC Art and Craft Room</p> <p>BISR Bistro</p> <p>CR Card Room</p> <p>L1 & L2 Lounge 1 and 2</p> <p>MDR Dining Room</p> <p>RC Ridge Courtyard</p> <p>RL Ridge Lobby</p> <p>RT Ridge Theater</p>	