



October 2020 Lantern Crest Assisted Living

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Maritza Aguirre Life Enrichment Director @ The Ridge 800 lantern Crest Santee, Ca 92071 Cell: (619) 495-5666</p>		<p>Resident Birthdays Mary K. 10/10 Harriett C. 10/17</p>		<p>Bingo Numbers Every Day - GOOD LUCK!!! 1</p> <p>9:30 1:1 Visits with Daily Chronicle, Puzzles, Jokes, Daily Bread</p> <p>10:00 Mornings with Tracy at "Cafe de' Crest" - Hot Coffee, Sweets, Gardening and Sunbathing [BISR]</p> <p>11:00 Easy Stretch, Relaxing and Essential Oils [BISR]</p> <p>1:00 Bingo for Gift Cards [L1]</p> <p>2:00 Bingo for Gift Cards [AC]</p> <p>3:30 Delivery of Activity Daily</p> <p>4:30 Take a Walk and find the "Witch"</p> <p>5:00 Afternoon Hallmark Movies/Channel 74</p>	<p>Bingo Numbers Every Day - GOOD LUCK!!! 2</p> <p>9:30 1:1 Visits with Daily Chronicle, Puzzles, Jokes, Daily Bread</p> <p>10:00 Morning Stretch with Tracy [L1]</p> <p>10:45 Morning Stretch with Tracy [AC]</p> <p>1:30 Afternoon Movie and Popcorn [T]</p> <p>2:30 Black jack [L1]</p> <p>3:30 Delivery of Activity Daily</p> <p>4:30 Take a Walk and find the "Witch"</p> <p>5:00 Afternoon Hallmark Movies/Channel 74</p>	<p>Bingo Numbers Every Day - GOOD LUCK!!! 3</p> <p>9:30 1:1 Visits with Daily Chronicle, Puzzles, Jokes, Daily Bread</p> <p>10:00 Mornings with Tracy at "Cafe de' Crest" - Hot Coffee, Sweets, Gardening and Sunbathing [BISR]</p> <p>11:00 Easy Stretch, Relaxing and Essential Oils [BISR]</p> <p>1:00 Artists at work! [AC]</p> <p>1:30 Water Color Art For Fall [AC]</p> <p>2:30 Come Join Us in the Art Room for some Fresh Coffee and Baileys [AC]</p> <p>3:30 Delivery of Activity Daily</p> <p>4:30 Take a Walk and find the "Witch"</p> <p>5:00 Afternoon Hallmark Movies/Channel 74</p>
<p>Bingo Numbers Every Day - GOOD LUCK!!! 4</p> <p>9:30 1:1 Visits with Daily Chronicle, Puzzles, Jokes, Daily Bread</p> <p>9:45 Horseracing [L1]</p> <p>10:30 Horseracing [AC]</p> <p>1:30 Sunday Matinee with refreshments and popcorn [RT]</p> <p>3:30 Delivery of Activity Daily</p> <p>4:30 Take a Walk and find the "Witch"</p> <p>5:00 Afternoon Hallmark Movies/Channel 74</p>	<p>Bingo Numbers Every Day - GOOD LUCK!!! 5</p> <p>9:30 1:1 Visits with Daily Chronicle, Puzzles, Jokes, Daily Bread</p> <p>10:00 Exercise with Maritza [L1]</p> <p>11:00 Exercise with Maritza [AC]</p> <p>1:00 Bingo for Prizes [L1]</p> <p>2:00 Bingo for Prizes [AC]</p> <p>3:30 Delivery of Activity Daily</p> <p>4:30 Take a Walk and find the "Witch"</p> <p>5:00 Afternoon Hallmark Movies/Channel 74</p>	<p>Bingo Numbers Every Day - GOOD LUCK!!! 6</p> <p>Oktoberfest Happy Hour</p> <p>9:30 1:1 Visits with Daily Chronicle, Puzzles, Jokes, Daily Bread</p> <p>10:00 October Fun Facts/Traveling to Germany [L1]</p> <p>11:00 October Fun Facts and Travel to Germany [AC]</p> <p>1:30 Take a Walk and find the "Witch"</p> <p>3:30 Delivery of Activity Daily</p> <p>4:30 Oktoberfest Happy Hour/"Don't forget your Lederhosen" [MDR]</p> <p>5:30 Oktoberfest Happy Hour/"Don't forget your Lederhosen" [MDR]</p>	<p>Bingo Numbers Every Day - GOOD LUCK!!! 7</p> <p>Delivery of Resident Council</p> <p>9:30 1:1 Visits with Daily Chronicle, Puzzles, Jokes, Daily Bread</p> <p>10:00 Exercise with Tracy [L1]</p> <p>10:45 Exercise with Tracy [AC]</p> <p>1:00 October Art and Crafts [AC]</p> <p>2:30 Delicious Treats and Art [AC]</p> <p>3:30 Delivery of Activity Daily</p> <p>4:30 Take a Walk and find the "Witch"</p> <p>5:00 Afternoon Hallmark Movies/Channel 74</p>	<p>Bingo Numbers Every Day - GOOD LUCK!!! 8</p> <p>9:30 1:1 Visits with Daily Chronicle, Puzzles, Jokes, Daily Bread</p> <p>10:00 Mornings with Tracy at "Cafe de' Crest" - Hot Coffee, Sweets, Gardening and Sunbathing [BISR]</p> <p>11:00 Easy Stretch, Relaxing and Essential Oils [BISR]</p> <p>1:00 Bingo for Gift Cards [L1]</p> <p>2:00 Bingo for Gift Cards [AC]</p> <p>3:30 Delivery of Activity Daily</p> <p>5:00 Afternoon Hallmark Movies/Channel 74</p>	<p>Bingo Numbers Every Day - GOOD LUCK!!! 9</p> <p>9:30 1:1 Visits with Daily Chronicle, Puzzles, Jokes, Daily Bread</p> <p>10:00 Morning Stretch with Tracy [L1]</p> <p>10:45 Morning Stretch with Tracy [AC]</p> <p>1:30 Afternoon Movie and Popcorn [T]</p> <p>2:30 Black jack [L1]</p> <p>3:30 Delivery of Activity Daily</p> <p>4:30 Take a Walk and find the "Witch"</p> <p>5:00 Afternoon Hallmark Movies/Channel 74</p>	<p>Bingo Numbers Every Day - GOOD LUCK!!! 10</p> <p>Happy Birthday "Friday"</p> <p>9:30 1:1 Visits with Daily Chronicle, Puzzles, Jokes, Daily Bread</p> <p>11:00 Easy Stretch, Relaxing and Essential Oils [BISR]</p> <p>1:00 Artists at work! [AC]</p> <p>2:30 Come Join Us for an "Baileys Apple Pie Sundae" [AC]</p> <p>3:30 Delivery of Activity Daily</p> <p>4:30 Take a Walk and find the "Witch"</p> <p>5:00 Afternoon Hallmark Movies/Channel 74</p>
<p>Bingo Numbers Every Day - GOOD LUCK!!! 11</p> <p>9:30 1:1 Visits with Daily Chronicle, Puzzles, Jokes, Daily Bread</p> <p>9:45 Horseracing [L1]</p> <p>10:30 Horseracing [AC]</p> <p>1:15 Sunday Matinee with Popcorn [RT]</p> <p>1:30 Black jack [L1]</p> <p>3:30 Delivery of Activity Daily</p> <p>4:30 Take a Walk and find the "Witch"</p> <p>5:00 Afternoon Hallmark Movies/Channel 74</p>	<p>Bingo Numbers Every Day - GOOD LUCK!!! 12</p> <p>Columbus Day</p> <p>9:30 1:1 Visits with Daily Chronicle, Puzzles, Jokes, Daily Bread</p> <p>10:00 Exercise with Maritza [L1]</p> <p>11:00 Exercise with Maritza [AC]</p> <p>1:00 Bingo for Prizes [L1]</p> <p>2:00 Bingo for Prizes [AC]</p> <p>3:30 Delivery of Activity Daily</p> <p>4:30 Take a Walk and find the "Witch"</p> <p>5:00 Afternoon Hallmark Movies/Channel 74</p>	<p>Bingo Numbers Every Day - GOOD LUCK!!! 13</p> <p>9:30 1:1 Visits with Daily Chronicle, Puzzles, Jokes, Daily Bread</p> <p>10:00 Bunco for Prizes [L1]</p> <p>11:00 Bunco for Prizes [AC]</p> <p>1:30 Take a Walk and find the "Witch"</p> <p>3:30 Delivery of Activity Daily</p> <p>4:30 "BEE SCARY" Happy Hour /Don't forget to wear your "BEE GEAR" [MDR]</p> <p>5:30 "BEE SCARY" Happy Hour /Don't forget to wear your "BEE GEAR" [MDR]</p>	<p>Bingo Numbers Every Day - GOOD LUCK!!! 14</p> <p>9:30 1:1 Visits with Daily Chronicle, Puzzles, Jokes, Daily Bread</p> <p>10:00 Exercise with Tracy [L1]</p> <p>10:45 Exercise with Tracy [AC]</p> <p>1:00 October Art and Crafts [AC]</p> <p>2:30 Delicious Treats and Art [AC]</p> <p>3:30 Delivery of Activity Daily</p> <p>4:30 Take a Walk and find the "Witch"</p> <p>5:00 Afternoon Hallmark Movies/Channel 74</p>	<p>Bingo Numbers Every Day - GOOD LUCK!!! 15</p> <p>9:30 1:1 Visits with Daily Chronicle, Puzzles, Jokes, Daily Bread</p> <p>10:00 Mornings with Tracy at "Cafe de' Crest" - Hot Coffee, Sweets, Gardening and Sunbathing [BISR]</p> <p>11:00 Easy Stretch, Relaxing and Essential Oils [BISR]</p> <p>1:00 Bingo for Gift Cards [L1]</p> <p>2:00 Bingo for Gift Cards [AC]</p> <p>3:30 Delivery of Activity Daily</p> <p>4:30 Take a Walk and find the "Witch"</p> <p>5:00 Afternoon Hallmark Movies/Channel 74</p>	<p>Bingo Numbers Every Day - GOOD LUCK!!! 16</p> <p>9:30 1:1 Visits with Daily Chronicle, Puzzles, Jokes, Daily Bread</p> <p>10:00 Morning Stretch with Tracy [L1]</p> <p>10:45 Morning Stretch with Tracy [AC]</p> <p>1:30 Afternoon Movie and Popcorn [T]</p> <p>2:30 Black jack [L1]</p> <p>3:30 Delivery of Activity Daily</p> <p>4:30 Take a Walk and find the "Witch"</p> <p>5:00 Afternoon Hallmark Movies/Channel 74</p>	<p>Bingo Numbers Every Day - GOOD LUCK!!! 17</p> <p>Happy Birthday Harriett!</p> <p>9:30 1:1 Visits with Daily Chronicle, Puzzles, Jokes, Daily Bread</p> <p>11:00 Easy Stretch, Relaxing and Essential Oils [BISR]</p> <p>1:00 Artists at work! [AC]</p> <p>2:30 Come Join us for Baileys Hot Cocoa and Marshmallows [AC]</p> <p>3:30 Delivery of Activity Daily</p> <p>4:30 Take a Walk and find the "Witch"</p> <p>5:00 Afternoon Hallmark Movies/Channel 74</p>
<p>Bingo Numbers Every Day - GOOD LUCK!!! 18</p> <p>9:30 1:1 Visits with Daily Chronicle, Puzzles, Jokes, Daily Bread</p> <p>9:45 Horseracing [L1]</p> <p>10:30 Horseracing [AC]</p> <p>1:15 Sunday Matinee with Popcorn [RT]</p> <p>1:30 Black jack [L1]</p> <p>3:30 Delivery of Activity Daily</p> <p>4:30 Take a Walk and find the "Witch"</p> <p>5:00 Afternoon Hallmark Movies/Channel 74</p>	<p>Bingo Numbers Every Day - GOOD LUCK!!! 19</p> <p>9:30 1:1 Visits with Daily Chronicle, Puzzles, Jokes, Daily Bread</p> <p>10:00 Exercise with Maritza [L1]</p> <p>11:00 Exercise with Maritza [AC]</p> <p>1:00 Bingo for Prizes [L1]</p> <p>2:00 Bingo for Prizes [AC]</p> <p>3:30 Delivery of Activity Daily</p> <p>4:30 Take a Walk and find the "Witch"</p> <p>5:00 Afternoon Hallmark Movies/Channel 74</p>	<p>Bingo Numbers Every Day - GOOD LUCK!!! 20</p> <p>9:30 1:1 Visits with Daily Chronicle, Puzzles, Jokes, Daily Bread</p> <p>10:00 New!! "Lucky Dog Card Game" [L1]</p> <p>11:00 New!! "Lucky Dog Card Game" [AC]</p> <p>1:30 Take a Walk and find the "Witch"</p> <p>3:30 Delivery of Activity Daily</p> <p>4:30 Happy Hour-"Hocus Pocus I need Wine to Focus" [MDR]</p> <p>5:00 Afternoon Hallmark Movies/Channel 74</p> <p>5:30 Happy Hour - "Hocus Pocus I Need Wine To Focus"</p>	<p>Bingo Numbers Every Day - GOOD LUCK!!! 21</p> <p>9:30 1:1 Visits with Daily Chronicle, Puzzles, Jokes, Daily Bread</p> <p>10:00 Exercise with Tracy [L1]</p> <p>10:45 Exercise with Tracy [AC]</p> <p>1:00 October Art and Crafts [AC]</p> <p>2:30 Delicious Treats and Art [AC]</p> <p>3:30 Delivery of Activity Daily</p> <p>4:30 Take a Walk and find the "Witch"</p> <p>5:00 Afternoon Hallmark Movies/Channel 74</p>	<p>Bingo Numbers Every Day - GOOD LUCK!!! 22</p> <p>9:30 1:1 Visits with Daily Chronicle, Puzzles, Jokes, Daily Bread</p> <p>10:00 Mornings with Tracy at "Cafe de' Crest" - Hot Coffee, Sweets, Gardening and Sunbathing [BISR]</p> <p>11:00 Easy Stretch, Relaxing and Essential Oils [BISR]</p> <p>1:00 Bingo for Gift Cards [L1]</p> <p>2:00 Bingo for Gift Cards [AC]</p> <p>3:30 Delivery of Activity Daily</p> <p>4:30 Take a Walk and find the "Witch"</p> <p>5:00 Afternoon Hallmark Movies/Channel 74</p>	<p>Bingo Numbers Every Day - GOOD LUCK!!! 23</p> <p>9:30 1:1 Visits with Daily Chronicle, Puzzles, Jokes, Daily Bread</p> <p>10:00 Morning Stretch with Tracy [L1]</p> <p>10:45 Morning Stretch with Tracy [AC]</p> <p>1:30 Afternoon Movie and Popcorn [T]</p> <p>2:30 Black jack [L1]</p> <p>3:30 Delivery of Activity Daily</p> <p>4:30 Take a Walk and find the "Witch"</p> <p>5:00 Afternoon Hallmark Movies/Channel 74</p>	<p>Bingo Numbers Every Day - GOOD LUCK!!! 24</p> <p>9:30 1:1 Visits with Daily Chronicle, Puzzles, Jokes, Daily Bread</p> <p>11:00 Easy Stretch, Relaxing and Essential Oils [BISR]</p> <p>1:00 Artists at work! [AC]</p> <p>2:30 Come Join Us for Fresh Baked Cookies and Coffee with Baileys [AC]</p> <p>3:30 Delivery of Activity Daily</p> <p>4:30 Take a Walk and find the "Witch"</p> <p>5:00 Afternoon Hallmark Movies/Channel 74</p>
<p>Bingo Numbers Every Day - GOOD LUCK!!! 25</p> <p>9:30 1:1 Visits with Daily Chronicle, Puzzles, Jokes, Daily Bread</p> <p>9:45 Horseracing [L1]</p> <p>10:30 Horseracing [AC]</p> <p>1:15 Sunday Matinee with Popcorn [RT]</p> <p>1:30 Black jack [L1]</p> <p>3:30 Delivery of Activity Daily</p> <p>4:30 Take a Walk and find the "Witch"</p> <p>5:00 Afternoon Hallmark Movies/Channel 74</p>	<p>Bingo Numbers Every Day - GOOD LUCK!!! 26</p> <p>9:30 1:1 Visits with Daily Chronicle, Puzzles, Jokes, Daily Bread</p> <p>10:00 Exercise with Maritza [L1]</p> <p>11:00 Exercise with Maritza [AC]</p> <p>1:00 Bingo for Prizes [L1]</p> <p>2:00 Bingo for Prizes [AC]</p> <p>3:30 Delivery of Activity Daily</p> <p>4:30 Take a Walk and find the "Witch"</p> <p>5:00 Afternoon Hallmark Movies/Channel 74</p>	<p>Bingo Numbers Every Day - GOOD LUCK!!! 27</p> <p>Don't forget to wear your tie dye t shirts to Happy Hour</p> <p>9:30 1:1 Visits with Daily Chronicle, Puzzles, Jokes, Daily Bread</p> <p>10:00 Bunco for Prizes [L1]</p> <p>1:30 Take a Walk and find the "Witch"</p> <p>3:30 Delivery of Activity Daily</p> <p>4:30 Happy Hour - "Let In the Clowns" Birthday Celebration and Welcome New Residents [MDR]</p> <p>5:00 Afternoon Hallmark Movies/Channel 74</p> <p>5:30 Happy Hour - "Let In the Clowns" Birthday Celebration and Welcome New Residents [MDR]</p>	<p>Bingo Numbers Every Day - GOOD LUCK!!! 28</p> <p>9:30 1:1 Visits with Daily Chronicle, Puzzles, Jokes, Daily Bread</p> <p>10:00 Exercise with Tracy [L1]</p> <p>10:45 Exercise with Tracy [AC]</p> <p>1:00 October Art and Crafts [AC]</p> <p>2:30 Delicious Treats and Art [AC]</p> <p>3:30 Delivery of Activity Daily</p> <p>4:30 Take a Walk and find the "Witch"</p> <p>5:00 Afternoon Hallmark Movies/Channel 74</p>	<p>Bingo Numbers Every Day - GOOD LUCK!!! 29</p> <p>9:30 1:1 Visits with Daily Chronicle, Puzzles, Jokes, Daily Bread</p> <p>10:00 Mornings with Tracy at "Cafe de' Crest" - Hot Coffee, Sweets, Gardening and Sunbathing [BISR]</p> <p>11:00 Easy Stretch, Relaxing and Essential Oils [BISR]</p> <p>1:00 Bingo for Gift Cards [L1]</p> <p>2:00 Bingo for Gift Cards [AC]</p> <p>3:30 Delivery of Activity Daily</p> <p>4:30 Take a Walk and find the "Witch"</p> <p>5:00 Afternoon Hallmark Movies/Channel 74</p>	<p>Bingo Numbers Every Day - GOOD LUCK!!! 30</p> <p>9:30 1:1 Visits with Daily Chronicle, Puzzles, Jokes, Daily Bread</p> <p>10:00 Morning Stretch with Tracy [L1]</p> <p>10:45 Morning Stretch with Tracy [AC]</p> <p>1:30 Afternoon Movie and Popcorn [T]</p> <p>2:30 Black jack [L1]</p> <p>3:30 Delivery of Activity Daily</p> <p>4:30 Take a Walk and find the "Witch"</p> <p>5:00 Afternoon Hallmark Movies/Channel 74</p>	<p>Bingo Numbers Every Day - GOOD LUCK!!! 31</p> <p>Happy Halloween</p> <p>9:30 1:1 Visits with Daily Chronicle, Puzzles, Jokes, Daily Bread</p> <p>11:00 Easy Stretch, Relaxing and Essential Oils [BISR]</p> <p>1:00 Artists at work! [AC]</p> <p>2:30 Trick or Treats [AC]</p> <p>3:30 Delivery of Activity Daily</p> <p>4:30 Take a Walk and find the "Witch"</p> <p>5:00 Afternoon Hallmark Movies/Channel 74</p>