October 2020
Lantern Crest Horizons

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Maritza Aguirre ***Life Enrichment Director*** ***@ The Ridge*** 800 lantern Crest Santee, Ca 92071 ***Cell: (619) 495-5666*** *Maritza.aguirre@lanterncrestsantee.com*	Lantern Crest SENIOR LIVING	**Resident Birthdays** Robert T. 10/1 Harold E. S. 10/5 Juanita A. 10/10 Maryanne H. 10/23 Mary M. 10/26		1 *10am - 3pm Schedule Face-Time or Zoom Calls w/ Maritza or Tracy* *Happy Birthday Robert T* *Life Enrichment will Help Pastor Bob with Face-Time or Calls* 9:30 *Visits with Daily Chronicle and Daily Bread* 10:00 *Exercise Class with Maritza* 11:00 *Courtyard Social & Relaxing / "Watering Gardening"* 12:30 *Essential Oils "Snikerdoole" Orange, Cinnamon and Clove* 1:00 *Men's Group & Rock Art Projects* 2:30 Snacks and Refreshments 2:30 *Variety of Fall Arts & Crafts Projects*	2 *10am - 3pm Schedule Face-Time or Zoom Calls w/ Maritza or Tracy* *Life Enrichment will Help Pastor Bob with Face-Time or Calls* 9:30 *Visits with Daily Chronicle and Daily Bread* 10:00 *Exercise Class with Brenda* 11:00 *Courtyard Social & Inspirational Quotes* 12:30 *Essential Oils "Fall Leaves" Orange, Patchouli and Ginger* 1:00 *Bingo for Prizes* 2:30 Snacks and Refreshments 2:30 *Variety of Fall Arts & Crafts Projects*	3 *10am - 3pm Schedule Face-Time or Zoom Calls w/ Maritza or Tracy* *Life Enrichment will Help Pastor Bob with Face-Time or Calls* 9:30 *Visits with Daily Chronicle and Daily Bread* 10:00 *Exercise Class with Brenda* 11:00 *Courtyard Social & Refreshments* 12:30 *Essential Oils "Campfire" Cypress, Orange and Frankincense* 1:00 *Visits with Buddy our Furry Friend* 2:30 Snacks and Refreshments 2:30 *Variety of Fall Arts & Crafts Projects*
4 *10am - 3pm Schedule Face-Time or Zoom Calls w/ Maritza or Tracy* *Life Enrichment will Help Pastor Bob with Face-Time or Calls* 9:30 *Visits with Daily Chronicle and Daily Bread* 10:00 *Exercise Class with Brenda* 12:30 *Essential Oils "Cozy Afternoon" Thieves, Peppermint and Orange* 1:00 *Courtyard Social & Relaxing / "Watering Gardening"* 1:00 *Movie and Popcorn in the Sun-Room* 2:30 Snacks and Refreshments 2:30 *Variety of Fall Arts & Crafts Projects*	5 *10am - 3pm Schedule Face-Time or Zoom Calls w/ Maritza or Tracy* *Happy Birthday Harold E.S.* *Life Enrichment will Help Pastor Bob with Face-Time or Calls* 9:30 *Visits with Daily Chronicle and Daily Bread* 10:00 *Exercise Class with Brenda* 11:00 *Courtyard Social and This Day in History* 12:30 *Essential Oils "Spiced Chai" Cardamom, Clove and Ginger* 1:00 *Horse Racing " Men's Group"* 2:30 Snacks and Refreshments 2:30 *Variety of Fall Arts & Crafts Projects*	6 *10am - 3pm Schedule Face-Time or Zoom Calls w/ Maritza or Tracy* *Life Enrichment will Help Pastor Bob with Face-Time or Calls* 9:30 *Visits with Daily Chronicle and Daily Bread* 10:00 *Exercise Class with Brenda* 11:00 *Courtyard Social and Dear Abby* 12:30 *Essential Oils "Fall Woods" Lemon, Eucalyptus and Sandlewood* 1:00 *Happy Hour Celebrating Oktoberfest* 1:30 *Bingo Extravaganza* 2:30 *Variety of Fall Arts & Crafts Projects*	7 *10am - 3pm Schedule Face-Time or Zoom Calls w/ Maritza or Tracy* *Life Enrichment will Help Pastor Bob with Face-Time or Calls* 9:30 *Visits with Daily Chronicle and Daily Bread* 10:00 *Exercise Class with Maritza* 12:30 *Essential Oils "Spiced Cider" Orange, Cinnamon and Ginger* 1:00 *Nail Care and Hand Massage* 2:30 Snacks and Refreshments 2:30 *Variety of Fall Arts & Crafts Projects*	8 *10am - 3pm Schedule Face-Time or Zoom Calls w/ Maritza or Tracy* *Life Enrichment will Help Pastor Bob with Face-Time or Calls* 9:30 *Visits with Daily Chronicle and Daily Bread* 10:00 *Exercise Class with Maritza* 11:00 *Courtyard Social & Relaxing / "Watering Gardening"* 12:30 *Essential Oils "Snikerdoole" Orange, Cinnamon and Clove* 1:00 *Men's Group & Rock Art Projects* 2:30 Snacks and Refreshments 2:30 *Variety of Fall Arts & Crafts Projects*	9 *10am - 3pm Schedule Face-Time or Zoom Calls w/ Maritza or Tracy* *Life Enrichment will Help Pastor Bob with Face-Time or Calls* 9:30 *Visits with Daily Chronicle and Daily Bread* 10:00 *Exercise Class with Brenda* 11:00 *Courtyard Social & Inspirational Quotes* 12:30 *Essential Oils "Fall Leaves" Orange, Patchouli and Ginger* 1:00 *Bingo for Prizes* 2:30 Snacks and Refreshments 2:30 *Variety of Fall Arts & Crafts Projects*	10 *10am - 3pm Schedule Face-Time or Zoom Calls w/ Maritza or Tracy* *Happy Birthday Juanita A.* *Life Enrichment will Help Pastor Bob with Face-Time or Calls* 9:30 *Visits with Daily Chronicle and Daily Bread* 10:00 *Exercise Class with Brenda* 11:00 *Courtyard Social & Refreshments* 12:30 *Essential Oils "Campfire" Cypress, Orange and Frankincense* 1:00 *Visits with Buddy our Furry Friend* 2:30 Snacks and Refreshments 2:30 *Variety of Fall Arts & Crafts Projects*
11 *10am - 3pm Schedule Face-Time or Zoom Calls w/ Maritza or Tracy* *Life Enrichment will Help Pastor Bob with Face-Time or Calls* 9:30 *Visits with Daily Chronicle and Daily Bread* 10:00 *Exercise Class with Brenda* 12:30 *Essential Oils "Cozy Afternoon" Thieves, Peppermint and Orange* 1:00 *Courtyard Social & Relaxing / "Watering Gardening"* 1:00 *Movie and Popcorn in the Sun-Room* 2:30 Snacks and Refreshments 2:30 *Variety of Fall Arts & Crafts Projects*	12 *10am - 3pm Schedule Face-Time or Zoom Calls w/ Maritza or Tracy* *Columbus Day!!!* *Life Enrichment will Help Pastor Bob with Face-Time or Calls* 9:30 *Visits with Daily Chronicle and Daily Bread* 10:00 *Exercise Class with Brenda* 11:00 *Courtyard Social and This Day in History* 12:30 *Essential Oils "Spiced Chai" Cardamom, Clove and Ginger* 1:00 *Horse Racing " Men's Group"* 2:30 Snacks and Refreshments 2:30 *Variety of Fall Arts & Crafts Projects*	13 *10am - 3pm Schedule Face-Time or Zoom Calls w/ Maritza or Tracy* *Life Enrichment will Help Pastor Bob with Face-Time or Calls* 9:30 *Visits with Daily Chronicle and Daily Bread* 10:00 *Exercise Class with Brenda* 11:00 *Courtyard Social and Dear Abby* 12:30 *Essential Oils "Fall Woods" Lemon, Eucalyptus and Sandlewood* 1:00 *Happy Hour and "BEE SCARY" & Welcome New Residents* 1:30 *Bingo Extravaganza* 2:30 *Variety of Fall Arts & Crafts Projects*	14 *10am - 3pm Schedule Face-Time or Zoom Calls w/ Maritza or Tracy* *Life Enrichment will Help Pastor Bob with Face-Time or Calls* 9:30 *Visits with Daily Chronicle and Daily Bread* 10:00 *Exercise Class with Maritza* 12:30 *Essential Oils "Spiced Cider" Orange, Cinnamon and Ginger* 1:00 *Nail Care and Hand Massage* 2:30 Snacks and Refreshments 2:30 *Variety of Fall Arts & Crafts Projects*	15 *10am - 3pm Schedule Face-Time or Zoom Calls w/ Maritza or Tracy* *Life Enrichment will Help Pastor Bob with Face-Time or Calls* 9:30 *Visits with Daily Chronicle and Daily Bread* 10:00 *Exercise Class with Maritza* 11:00 *Courtyard Social & Relaxing / "Watering Gardening"* 12:30 *Essential Oils "Snikerdoole" Orange, Cinnamon and Clove* 1:00 *Men's Group & Rock Art Projects* 2:30 Snacks and Refreshments 2:30 *Variety of Fall Arts & Crafts Projects*	16 *10am - 3pm Schedule Face-Time or Zoom Calls w/ Maritza or Tracy* *Life Enrichment will Help Pastor Bob with Face-Time or Calls* 9:30 *Visits with Daily Chronicle and Daily Bread* 10:00 *Exercise Class with Brenda* 11:00 *Courtyard Social & Inspirational Quotes* 12:30 *Essential Oils "Fall Leaves" Orange, Patchouli and Ginger* 1:00 *Bingo for Prizes* 2:30 Snacks and Refreshments 2:30 *Variety of Fall Arts & Crafts Projects*	17 *10am - 3pm Schedule Face-Time or Zoom Calls w/ Maritza or Tracy* *Life Enrichment will Help Pastor Bob with Face-Time or Calls* 9:30 *Visits with Daily Chronicle and Daily Bread* 10:00 *Exercise Class with Brenda* 11:00 *Courtyard Social & Refreshments* 12:30 *Essential Oils "Campfire" Cypress, Orange and Frankincense* 1:00 *Visits with Buddy our Furry Friend* 2:30 Snacks and Refreshments 2:30 *Variety of Fall Arts & Crafts Projects*
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