

November 2020

Lantern Crest Senior Living Horizons

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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<p>10am - 3pm Schedule Face-Time or Zoom Calls w/Maritza</p> <p>Daylight Savings Time Begins</p> <p>Life Enrichment will Help Pastor Bob with Face-Time or Calls</p> <p>9:30 Visits with Daily Chronicle and Daily Bread</p> <p>10:00 Chair Yoga with Spiritual Music</p> <p>11:00 Courtyard Social & Relaxing / "Watering Gardening"</p> <p>12:30 Essential Oils "Cozy Afternoon" Thieves, Peppermint and Orange</p> <p>1:00 Movie and Popcorn in the Sun-Room</p> <p>2:30 Crafts Projects with Pumpkin Seeds</p> <p>3:00 Hot Apple Cider & Reminiscing</p> <p>3:30 1:1 Visits with Brenda</p> <p>4:30 Sports on T.V.</p>	<p>10am - 3pm Schedule Face-Time or Zoom Calls w/Maritza</p> <p>All Souls Day</p> <p>Happy Birthday Charles T.</p> <p>Life Enrichment will Help Pastor Bob with Face-Time or Calls</p> <p>9:30 Visits with Daily Chronicle and Daily Bread</p> <p>10:00 Exercise Class with Brenda</p> <p>11:00 Courtyard Social and This Day in History</p> <p>12:30 Essential Oils "Spiced Chai" Cardamom, Clove and Ginger</p> <p>1:00 Baking Cookies</p> <p>1:00 Visits with Buddy our Furry Friend</p> <p>3:30 1:1 Visits with Brenda</p> <p>4:30 Sports on T.V.</p>	<p>10am - 3pm Schedule Face-Time or Zoom Calls w/Maritza</p> <p>Election Day</p> <p>Life Enrichment will Help Pastor Bob with Face-Time or Calls</p> <p>9:30 Visits with Daily Chronicle and Daily Bread</p> <p>10:00 Exercise Class with Noodles</p> <p>11:00 Courtyard Social and Dear Abby</p> <p>12:30 Essential Oils "Fall Woods" Lemon, Eucalyptus and Sandlewood</p> <p>1:00 "Giving Thanks" Card Making & Autumn Coffee Bar</p> <p>1:30 Color me Calm</p> <p>2:00 Uncle Sam and Live Music with "Broken String Band"</p> <p>3:30 1:1 Visits with Brenda</p> <p>4:30 Sports on T.V.</p>	<p>10am - 3pm Schedule Face-Time or Zoom Calls w/Maritza</p> <p>Life Enrichment will Help Pastor Bob with Face-Time or Calls</p> <p>9:30 Visits with Daily Chronicle and Daily Bread</p> <p>10:00 Exercise Class with Maritza</p> <p>11:00 Courtyard Sing-a-long</p> <p>12:30 Essential Oils "Spiced Cider" Orange, Cinnamon and Ginger</p> <p>1:00 Men's Group Gather Together and Eat Pie</p> <p>2:30 Holiday Poinsettia Pin Making & Hot Cocoa</p> <p>3:30 1:1 Visits with Maritza</p> <p>4:30 Sports on T.V.</p>	<p>10am - 3pm Schedule Face-Time or Zoom Calls w/Maritza</p> <p>Life Enrichment will Help Pastor Bob with Face-Time or Calls</p> <p>9:30 Visits with Daily Chronicle and Daily Bread</p> <p>10:00 Lets Get Fit Exercise Class</p> <p>11:00 Courtyard Social & Relaxing / "Watering Gardening"</p> <p>12:30 Essential Oils "Snikerdoole" Orange, Cinnamon and Clove</p> <p>1:00 Nail Care/ Massage & Hot Tea</p> <p>2:00 Crafts with Stamps from Around the World</p> <p>3:30 1:1 Visits with Maritza</p> <p>4:30 Sports on T.V.</p>	<p>10am - 3pm Schedule Face-Time or Zoom Calls w/Maritza</p> <p>Life Enrichment will Help Pastor Bob with Face-Time or Calls</p> <p>9:30 Visits with Daily Chronicle and Daily Bread</p> <p>10:00 Exercise with Zumba Music</p> <p>11:00 Courtyard Social & Inspirational Quotes</p> <p>12:30 Essential Oils "Fall Leaves" Orange, Patchouli and Ginger</p> <p>1:00 Baking Cookies</p> <p>2:00 Bingo Extravaganza</p> <p>3:30 1:1 Visits with Brenda</p> <p>4:30 Sports on T.V.</p>	<p>10am - 3pm Schedule Face-Time or Zoom Calls w/Maritza</p> <p>Life Enrichment will Help Pastor Bob with Face-Time or Calls</p> <p>9:30 Visits with Daily Chronicle and Daily Bread</p> <p>10:00 Head to Toe Exersice</p> <p>11:00 Courtyard Social & Refreshments</p> <p>12:30 Essential Oils "Campfire" Cypress, Orange and Frankincense</p> <p>1:00 Craft Project with Buttons</p> <p>2:00 Taste of the Holidays with Eggnog</p> <p>3:30 1:1 Visits with Brenda</p> <p>4:30 Sports on T.V.</p>
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<p>10am - 3pm Schedule Face-Time or Zoom Calls w/Maritza</p> <p>Happy Birthday Gloria E.</p> <p>Life Enrichment will Help Pastor Bob with Face-Time or Calls</p> <p>9:30 Visits with Daily Chronicle and Daily Bread</p> <p>10:00 Chair Yoga with Spiritual Music</p> <p>11:00 Courtyard Social & Relaxing / "Watering Gardening"</p> <p>12:30 Essential Oils "Cozy Afternoon" Thieves, Peppermint and Orange</p> <p>1:00 Movie and Popcorn in the Sun-Room</p> <p>2:30 Crafts Projects with Pumpkin Seeds</p> <p>3:00 Hot Apple Cider & Reminiscing</p> <p>3:30 1:1 Visits with Brenda</p> <p>4:30 Sports on T.V.</p>	<p>10am - 3pm Schedule Face-Time or Zoom Calls w/Maritza</p> <p>Life Enrichment will Help Pastor Bob with Face-Time or Calls</p> <p>9:30 Visits with Daily Chronicle and Daily Bread</p> <p>10:00 Exercise Class with Brenda</p> <p>11:00 Courtyard Social and This Day in History</p> <p>12:30 Essential Oils "Spiced Chai" Cardamom, Clove and Ginger</p> <p>1:00 Baking Cookies</p> <p>1:00 Visits with Buddy our Furry Friend</p> <p>3:30 1:1 Visits with Brenda</p> <p>4:30 Sports on T.V.</p>	<p>10am - 3pm Schedule Face-Time or Zoom Calls w/Maritza</p> <p>Life Enrichment will Help Pastor Bob with Face-Time or Calls</p> <p>9:30 Visits with Daily Chronicle and Daily Bread</p> <p>10:00 Exercise Class with Noodles</p> <p>11:00 Courtyard Social and Dear Abby</p> <p>12:30 Essential Oils "Fall Woods" Lemon, Eucalyptus and Sandlewood</p> <p>1:00 "Giving Thanks" Card Making & Autumn Coffee Bar</p> <p>1:30 Color me Calm</p> <p>2:00 Birthday Celebration and Live Music with Sylvia & Salvador</p> <p>3:30 1:1 Visits with Brenda</p> <p>4:30 Sports on T.V.</p>	<p>10am - 3pm Schedule Face-Time or Zoom Calls w/Maritza</p> <p>Life Enrichment will Help Pastor Bob with Face-Time or Calls</p> <p>9:30 Visits with Daily Chronicle and Daily Bread</p> <p>10:00 Exercise Class with Maritza</p> <p>11:00 Courtyard Sing-a-long</p> <p>12:30 Essential Oils "Spiced Cider" Orange, Cinnamon and Ginger</p> <p>1:00 Men's Group Gather Together and Eat Pie</p> <p>2:30 Holiday Poinsettia Pin Making & Hot Cocoa</p> <p>3:30 1:1 Visits with Maritza</p> <p>4:30 Sports on T.V.</p>	<p>10am - 3pm Schedule Face-Time or Zoom Calls w/Maritza</p> <p>Happy Thanksgiving</p> <p>Life Enrichment will Help Pastor Bob with Face-Time or Calls</p> <p>9:30 Visits with Daily Chronicle and Daily Bread</p> <p>10:00 Lets Get Fit Exercise Class</p> <p>11:00 Courtyard Social & Relaxing / "Watering Gardening"</p> <p>12:30 Essential Oils "Snikerdoole" Orange, Cinnamon and Clove</p> <p>12:30 Houston Texans at Detroit Lions, CBS.</p> <p>4:30 Sports on T.V.</p> <p>4:30 Washington Football Team at Dallas Cowboys, FOX.</p>	<p>10am - 3pm Schedule Face-Time or Zoom Calls w/Maritza</p> <p>Life Enrichment will Help Pastor Bob with Face-Time or Calls</p> <p>9:30 Visits with Daily Chronicle and Daily Bread</p> <p>10:00 Exercise with Zumba Music</p> <p>11:00 Courtyard Social & Inspirational Quotes</p> <p>12:30 Essential Oils "Fall Leaves" Orange, Patchouli and Ginger</p> <p>1:00 Baking Cookies</p> <p>2:00 Bingo Extravaganza</p> <p>3:30 1:1 Visits with Brenda</p> <p>4:30 Sports on T.V.</p>	<p>10am - 3pm Schedule Face-Time or Zoom Calls w/Maritza</p> <p>Life Enrichment will Help Pastor Bob with Face-Time or Calls</p> <p>9:30 Visits with Daily Chronicle and Daily Bread</p> <p>10:00 Head to Toe Exersice</p> <p>11:00 Courtyard Social & Refreshments</p> <p>12:30 Essential Oils "Campfire" Cypress, Orange and Frankincense</p> <p>1:00 Craft Project with Buttons</p> <p>2:00 Taste of the Holidays with Eggnog</p> <p>3:30 1:1 Visits with Brenda</p> <p>4:30 Sports on T.V.</p>

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 Maritza.aguirre@lanterncrestsantee.com



Resident Birthdays
 Charles T. 11/2
 Gloria E. 11/22

