

April 2021

Lantern Crest Horizons

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p>Resident Birthdays</p> <p>Thomas Y. 4/14 Eldora L. 4/16 Maurine V. 4/17 Gloria E.G. 4/19</p>		<p>Maritza Aguirre Life Enrichment Director @ The Ridge 800 Lantern Crest Santee, Ca 92071 Cell: (619) 495-5666 <i>Maritza.aguirre@lanterncrestsantee.com</i></p>	<p>10am - 3pm Schedule Face-Time or Zoom Calls w/Maritza April Fool's Day!!! 9:30 Visits with Daily Chronicle and Inspirational Quotes 10:00 Lets Get Fit Exercise Class 10:30 Bistro Social & April Fool's Day Trivia 11:00 1:1 Soothing Visits 12:45 Essential Oils and Relaxing Music 1:00 Nail Care/ Massage & Hot Tea 2:00 Miscellaneous Arts and Crafts/Working on Door Décor 4:30 Sports on T.V</p>	<p>2 10am - 3pm Schedule Face-Time or Zoom Calls w/Maritza 9:30 Visits with Daily Chronicle and Inspirational Quotes 10:00 Healthy Aging Exercise Class 10:30 Bistro Social & April Fool's Day Trivia 11:00 1:1 Soothing Visits 12:45 Essential Oils and Relaxing Music 1:00 Men's Group & Bowling 1:30 Chocolate Chip Ice Cream Sandwich 2:30 Easter Bingo for Shopping Cart Prizes 4:30 Sports on T.V</p>	<p>3 10am - 3pm Schedule Face-Time or Zoom Calls w/Maritza 9:30 Visits with Daily Chronicle and Inspirational Quotes 10:00 Zumba Exercise 10:30 Bistro Social & April Fool's Day Trivia 11:00 1:1 Soothing Visits 12:45 Essential Oils and Relaxing Music 1:00 Miscellaneous Activities/ Puzzles and Magazines 2:00 Spring Bird House Project 2:30 Shadow Box Crafts 4:30 Sports on T.V</p>
<p>4 10am - 3pm Schedule Face-Time or Zoom Calls w/Maritza Happy Easter Look Out For the Easter Bunny from Noon to 2:00pm 9:30 Visits with Daily Chronicle and Inspirational Quotes 9:45 Exercise with Frank, our Mobile Therapist 10:30 Bistro Social & April Fool's Day Trivia 11:00 1:1 Soothing Visits 12:45 Essential Oils and Relaxing Music 1:00 Movie and Popcorn in the Sun-Room "PAY IT FORWARD" 3:00 Painting with Coco 4:30 Sports on T.V</p>	<p>5 10am - 3pm Schedule Face-Time or Zoom Calls w/Maritza 9:30 Visits with Daily Chronicle and Inspirational Quotes 10:00 Stretch & Strength 10:30 Bistro Social & April Fool's Day Trivia 11:00 1:1 Soothing Visits 12:45 Essential Oils and Relaxing Music 1:00 Old Commercial Social & Strawberry Cream Floats 2:30 Visits with Buddy our Furry Friend 4:30 Sports on T.V</p>	<p>6 10am - 3pm Schedule Face-Time or Zoom Calls w/Maritza 9:30 Visits with Daily Chronicle and Inspirational Quotes 10:00 Exercise Class with Noodles 10:30 Bistro Social & April Fool's Day Trivia 11:00 1:1 Soothing Visits 12:45 Essential Oils and Relaxing Music 1:00 Baby Sorting & Organizing 1:30 Puzzles and Magazine 2:00 Name that Tune Courtyard social 3:30 Happy Hour with Life Enrichment Team 4:30 Sports on T.V</p>	<p>7 10am - 3pm Schedule Face-Time or Zoom Calls w/Maritza 9:30 Visits with Daily Chronicle and Inspirational Quotes 10:00 Head -to-Toes Exercise 10:30 Bistro Social & April Fool's Day Trivia 11:00 1:1 Soothing Visits 12:45 Essential Oils and Relaxing Music 1:00 Reminiscing Coffee & Donut Social 2:30 Easter Bingo 4:30 Sports on T.V</p>	<p>8 10am - 3pm Schedule Face-Time or Zoom Calls w/Maritza 9:30 Visits with Daily Chronicle and Inspirational Quotes 10:00 Lets Get Fit Exercise Class 10:30 Bistro Social & Trivia 11:00 1:1 Soothing Visits 12:45 Essential Oils and Relaxing Music 1:00 Nail Care/ Massage & Hot Tea 2:00 Miscellaneous Arts and Crafts/ Working on Door Décor 4:30 Sports on T.V</p>	<p>9 10am - 3pm Schedule Face-Time or Zoom Calls w/Maritza 9:30 Visits with Daily Chronicle and Inspirational Quotes 10:00 Healthy Aging Exercise Class 11:00 1:1 Soothing Visits 12:45 Essential Oils and Relaxing Music 1:00 Men's Group & Bowling 1:30 Sugar Cookie Ice Cream Sandwich 2:30 Easter Bingo for Shopping Cart Prizes 4:30 Sports on T.V</p>	<p>10 10am - 3pm Schedule Face-Time or Zoom Calls w/Maritza 9:30 Visits with Daily Chronicle and Inspirational Quotes 10:00 Zumba Exercise 11:00 1:1 Soothing Visits 12:45 Essential Oils and Relaxing Music 1:00 Miscellaneous Activities/ Puzzles and Magazines 2:00 Spring Bird House Project 2:30 Shadow Box Crafts 4:30 Sports on T.V</p>
<p>11 10am - 3pm Schedule Face-Time or Zoom Calls w/Maritza 9:30 Visits with Daily Chronicle and Inspirational Quotes 10:00 Exercise Class 11:00 1:1 Soothing Visits 12:45 Essential Oils and Relaxing Music 1:00 Movie & Popcorn in the Sun-Room "CAROUSEL" 3:00 Painting with Coco 4:30 Sports on T.V</p>	<p>12 10am - 3pm Schedule Face-Time or Zoom Calls w/Maritza 9:30 Visits with Daily Chronicle and Inspirational Quotes 10:00 Stretch & Strength 11:00 1:1 Soothing Visits 12:45 Essential Oils and Relaxing Music 1:00 What's in the Bag & Orange Creamsicle Floats 2:30 Visits with Buddy our Furry Friend 4:30 Sports on T.V</p>	<p>13 10am - 3pm Schedule Face-Time or Zoom Calls w/Maritza 9:30 Visits with Daily Chronicle and Inspirational Quotes 10:00 Exercise Class with Noodles 11:00 1:1 Soothing Visits 12:45 Essential Oils and Relaxing Music 1:00 Baby Sorting & Organizing 1:30 Puzzles and Magazine 2:00 Name that Tune Courtyard social 3:30 Happy Hour with Life Enrichment Team 4:30 Sports on T.V</p>	<p>14 10am - 3pm Schedule Face-Time or Zoom Calls w/Maritza Happy Birthday Thomas Y. 9:30 Visits with Daily Chronicle and Inspirational Quotes 10:00 Head -to-Toes Exercise 11:00 1:1 Soothing Visits 12:45 Essential Oils and Relaxing Music 1:00 Reminiscing Coffee & Donut Social 2:30 Easter Bingo 4:30 Sports on T.V</p>	<p>15 10am - 3pm Schedule Face-Time or Zoom Calls w/Maritza 9:30 Visits with Daily Chronicle and Inspirational Quotes 10:00 Lets Get Fit Exercise Class 10:30 Bistro Social & Trivia 11:00 1:1 Soothing Visits 12:45 Essential Oils and Relaxing Music 1:00 Nail Care/ Massage & Hot Tea 2:00 Miscellaneous Arts and Crafts/ Working on Door Décor 4:30 Sports on T.V</p>	<p>16 10am - 3pm Schedule Face-Time or Zoom Calls w/Maritza Happy Birthday Eldora L. 9:30 Visits with Daily Chronicle and Inspirational Quotes 10:00 Healthy Aging Exercise Class 11:00 1:1 Soothing Visits 12:45 Essential Oils and Relaxing Music 1:00 Men's Group & Bowling 1:30 Neapolitan Delight Sundae 2:30 Easter Bingo for Shopping Cart Prizes 4:30 Sports on T.V</p>	<p>17 10am - 3pm Schedule Face-Time or Zoom Calls w/Maritza Happy Birthday Maurine V. 9:30 Visits with Daily Chronicle and Inspirational Quotes 10:00 Zumba Exercise 11:00 1:1 Soothing Visits 12:45 Essential Oils and Relaxing Music 1:00 Miscellaneous Activities/ Puzzles and Magazines 2:00 Spring Bird House Project 2:30 Shadow Box Crafts 4:30 Sports on T.V</p>
<p>18 10am - 3pm Schedule Face-Time or Zoom Calls w/Maritza 9:30 Visits with Daily Chronicle and Inspirational Quotes 9:45 Exercise with Frank, our Mobile Therapist 11:00 1:1 Soothing Visits 12:45 Essential Oils and Relaxing Music 1:00 Movie & Popcorn in the Sun-Room "SISTER ACT" 3:00 Painting with Coco 4:30 Sports on T.V</p>	<p>19 10am - 3pm Schedule Face-Time or Zoom Calls w/Maritza Happy Birthday Gloria E.G. 9:30 Visits with Daily Chronicle and Inspirational Quotes 10:00 Stretch & Strength 11:00 1:1 Soothing Visits 12:45 Essential Oils and Relaxing Music 1:00 Famous Duos & A&W Root Beer Floats 2:30 Visits with Buddy our Furry Friend 4:30 Sports on T.V</p>	<p>20 10am - 3pm Schedule Face-Time or Zoom Calls w/Maritza 9:30 Visits with Daily Chronicle and Inspirational Quotes 10:00 Exercise Class with Noodles 11:00 1:1 Soothing Visits 12:45 Essential Oils and Relaxing Music 1:00 Baby Sorting & Organizing 1:30 Puzzles and Magazine 2:00 Name that Tune Courtyard social 3:30 Happy Hour with Life Enrichment Team 4:30 Sports on T.V</p>	<p>21 10am - 3pm Schedule Face-Time or Zoom Calls w/Maritza 9:30 Visits with Daily Chronicle and Inspirational Quotes 10:00 Head -to-Toes Exercise 11:00 1:1 Soothing Visits 12:45 Essential Oils and Relaxing Music 1:00 Reminiscing Coffee & Donut Social 2:30 Easter Bingo 4:30 Sports on T.V</p>	<p>22 10am - 3pm Schedule Face-Time or Zoom Calls w/Maritza Earth Day 9:30 Visits with Daily Chronicle and Inspirational Quotes 10:00 Lets Get Fit Exercise Class 10:30 Bistro Social & Trivia 11:00 1:1 Soothing Visits 12:45 Essential Oils and Relaxing Music 1:00 Nail Care/ Massage & Hot Tea 2:00 Planting a Tree for Earth Day 4:30 Sports on T.V</p>	<p>23 10am - 3pm Schedule Face-Time or Zoom Calls w/Maritza 9:30 Visits with Daily Chronicle and Inspirational Quotes 10:00 Healthy Aging Exercise Class 11:00 1:1 Soothing Visits 12:45 Essential Oils and Relaxing Music 1:00 Men's Group & Bowling 1:30 Nutter Butter Sundae 2:30 Easter Bingo for Shopping Cart Prizes 4:30 Sports on T.V</p>	<p>24 10am - 3pm Schedule Face-Time or Zoom Calls w/Maritza 9:30 Visits with Daily Chronicle and Inspirational Quotes 10:00 Zumba Exercise 11:00 1:1 Soothing Visits 12:45 Essential Oils and Relaxing Music 1:00 Miscellaneous Activities/ Puzzles and Magazines 2:00 Spring Bird House Project 2:30 Shadow Box Crafts 4:30 Sports on T.V</p>
<p>25 10am - 3pm Schedule Face-Time or Zoom Calls w/Maritza 9:30 Visits with Daily Chronicle and Inspirational Quotes 10:00 Exercise Class 11:00 1:1 Soothing Visits 12:45 Essential Oils and Relaxing Music 1:00 Movie & Popcorn in the Sun-Room "THE BENNY GOODMAN STORY" [G2] 3:00 Painting Class 4:30 Sports on T.V</p>	<p>26 10am - 3pm Schedule Face-Time or Zoom Calls w/Maritza 9:30 Visits with Daily Chronicle and Inspirational Quotes 10:00 Stretch & Strength 11:00 1:1 Soothing Visits 12:45 Essential Oils and Relaxing Music 1:00 Water Color Pictures & Cherry Coke Floats 2:30 Visits with Buddy our Furry Friend 4:30 Sports on T.V</p>	<p>27 10am - 3pm Schedule Face-Time or Zoom Calls w/Maritza 9:30 Visits with Daily Chronicle and Inspirational Quotes 10:00 Exercise Class with Noodles 11:00 1:1 Soothing Visits 12:45 Essential Oils and Relaxing Music 1:00 Baby Sorting & Organizing 1:30 Puzzles and Magazine 2:00 Name that Tune Courtyard social 3:30 Happy Hour with Life Enrichment Team 4:30 Sports on T.V</p>	<p>28 10am - 3pm Schedule Face-Time or Zoom Calls w/Maritza 9:30 Visits with Daily Chronicle and Inspirational Quotes 10:00 Head -to-Toes Exercise 11:00 1:1 Soothing Visits 12:45 Essential Oils and Relaxing Music 1:00 Reminiscing Coffee & Donut Social 2:30 Easter Bingo 4:30 Sports on T.V</p>	<p>29 10am - 3pm Schedule Face-Time or Zoom Calls w/Maritza 9:30 Visits with Daily Chronicle and Inspirational Quotes 10:00 Lets Get Fit Exercise Class 10:30 Bistro Social & Trivia 11:00 1:1 Soothing Visits 12:45 Essential Oils and Relaxing Music 1:00 Nail Care/ Massage & Hot Tea 2:00 Miscellaneous Arts and Crafts/ Working on Door Décor 4:30 Sports on T.V</p>	<p>30 10am - 3pm Schedule Face-Time or Zoom Calls w/Maritza 9:30 Visits with Daily Chronicle and Inspirational Quotes 10:00 Healthy Aging Exercise Class 11:00 1:1 Soothing Visits 12:45 Essential Oils and Relaxing Music 1:00 Men's Group & Bowling 1:30 Oreo Cookie Sundae 2:30 Easter Bingo for Shopping Cart Prizes 4:30 Sports on T.V</p>	