


# Lantern Crest Assisted Living

# May 2021

| Sunday  | Monday  | Tuesday  | Wednesday  | Thursday  | Friday  | Saturday   |
|---|---|--|--|---|---|--|
| <p><b>May cont'd</b> <b>30</b></p> <p>9:30 <b>1:1 Visits with Daily Chronicle and Fun Extras</b></p> <p>10:00 <b>Word in a Word [L1]</b></p> <p>10:45 <b>Love on a Leash [L1]</b></p> <p>11:15 <b>1:1 Resident visits</b></p> <p>1:30 <b>Black jack [L1]</b></p> <p>1:30 <b>Sunday Matinee with Popcorn</b></p> <p>4:30 <b>Take a Walk and Find the "Chihuahua Amigos"</b></p> <p>5:00 <b>Evening Chat with a Friend in the Courtyard [RC]</b></p>        | <p><b>Memorial Day</b> <b>31</b></p> <p>9:30 <b>1:1 Visits with Daily Chronicle and Fun Extras</b></p> <p>10:00 <b>Exercise Class with Maritza [L1]</b></p> <p>10:35 <b>Bingo for Prizes [AC]</b></p> <p>11:15 <b>1:1 Resident visits</b></p> <p>1:00 <b>Memorial Day Celebration with Broken Strings Band [MDR]</b></p> <p>2:00 <b>Bingo for Prizes [AC]</b></p> <p>4:30 <b>Take a Walk and Find the "Chihuahua Amigos"</b></p> <p>5:00 <b>Evening Chat with a Friend in the Courtyard [RC]</b></p>                      | <p><b>Maritza Aguirre</b><br/><b>Life Enrichment Director</b><br/><b>@ The Ridge</b></p> <p>800 Lantern Crest<br/>Santee, Ca 92071<br/><b>Cell: (619) 495-5666</b></p> <p><a href="mailto:Maritza.aguirre@lanterncrestsantee.com">Maritza.aguirre@lanterncrestsantee.com</a></p>   |   | <p><b>Resident Birthdays</b></p> <p>Joan W. 5/2</p> <p>Marjorie M. 5/8</p> <p>Fern Evelyn B. 5/11</p> <p>Geri C. 5/17</p> <p>Marilyn F. 5/23</p>  | <p>All Activities are subject to change without notice. Please check dailies for all updates. Thank you!</p>  | <p>9:30 <b>1:1 Visits with Daily Chronicle and Fun Extras</b></p> <p>10:00 <b>Mornings with Tracy at "Cafe de' Crest" - Coffee, Laughter and Good Friends [BISR]</b></p> <p>11:00 <b>Water Our Bistro Plants [BISR]</b></p> <p>1:00 <b>Milkshakes and Music at the Bel Air Diner RSVP with Tracy</b></p> <p>2:30 <b>Afternoon Movie and Popcorn [RT]</b></p> <p>3:30 <b>Color Your Cares Away [AC]</b></p> <p>4:30 <b>Take a Walk and Find the "Chihuahua Amigos"</b></p> <p>5:00 <b>Evening Chat with a Friend in the Courtyard [RC]</b></p>  |
| <p><b>HAPPY BIRTHDAY JOAN W</b> <b>2</b></p> <p>9:30 <b>1:1 Visits with Daily Chronicle and Fun Extras</b></p> <p>10:00 <b>Word in a Word [L1]</b></p> <p>10:45 <b>Love on a Leash</b></p> <p>11:15 <b>1:1 Resident visits</b></p> <p>1:30 <b>Black jack [L1]</b></p> <p>1:30 <b>Sunday Matinee with Popcorn</b></p> <p>4:30 <b>Take a Walk and Find the "Chihuahua Amigos"</b></p> <p>5:00 <b>Evening Chat with a Friend in the Courtyard [RC]</b></p>   | <p><b>3</b></p> <p>9:30 <b>1:1 Visits with Daily Chronicle and Fun Extras</b></p> <p>10:00 <b>Exercise Class with Maritza [L1]</b></p> <p>10:30 <b>Chaplin Scott Nelson [L1]</b></p> <p>10:35 <b>Bingo for Prizes [AC]</b></p> <p>11:15 <b>1:1 Resident visits</b></p> <p>1:00 <b>Drum Fit with Seri [L1]</b></p> <p>2:00 <b>Bingo for Prizes [AC]</b></p> <p>4:30 <b>Take a Walk and Find the "Chihuahua Amigos"</b></p> <p>5:00 <b>Evening Chat with a Friend in the Courtyard [RC]</b></p>                             | <p><b>4</b></p> <p>9:30 <b>1:1 Visits with Daily Chronicle and Fun Extras</b></p> <p>10:00 <b>News, Views, Health and Horoscopes [L1]</b></p> <p>10:15 <b>Old Farmers 2021 Almanac [L1]</b></p> <p>10:30 <b>Extra-Extra Good News !! [L1]</b></p> <p>11:15 <b>1:1 Resident visits</b></p> <p>1:00 <b>Craftin Around with a Friend [AC]</b></p> <p>1:30 <b>Chat with our Sous Chef Daniella [AC]</b></p> <p>2:00 <b>Black Jack [CR]</b></p> <p>3:30 <b>Take a Walk and Find the "Chihuahua Amigos"</b></p> <p>4:30 <b>Happy Hour/Welcome Back "Blue Zone" [MDR]</b></p> <p>5:00 <b>Evening Chat with a Friend in the Courtyard [RC]</b></p>                       | <p><b>5</b></p> <p>9:30 <b>1:1 Visits with Daily Chronicle and Fun Extras</b></p> <p>10:00 <b>Exercise with Tracy [L1]</b></p> <p>10:30 <b>Bible Study &amp; Hymns w/ Pastor Bob [L1]</b></p> <p>11:15 <b>1:1 Resident visits</b></p> <p>1:30 <b>Meet a Friend at the Bistro [BISR]</b></p> <p>2:30 <b>Cinco de Mayo Fiesta with Brown Sugar Oldies and Cabetos Pops [AC]</b></p> <p>4:30 <b>Take a Walk and Find the "Chihuahua Amigos"</b></p> <p>5:00 <b>Evening Chat with a Friend in the Courtyard [RC]</b></p>   | <p><b>6</b></p> <p>9:30 <b>1:1 Visits with Daily Chronicle and Fun Extras</b></p> <p>10:00 <b>Bocce Ball Is Back! Green Machine vs Red Warriors [L1]</b></p> <p>11:15 <b>1:1 Resident visits</b></p> <p>1:00 <b>Bingo for Gift Cards [L1]</b></p> <p>2:00 <b>Inspirational Music with Steve and Diane</b></p> <p>4:30 <b>Take a Walk and Find the "Chihuahua Amigos"</b></p> <p>5:00 <b>Evening Chat with a Friend in the Courtyard [RC]</b></p>                          | <p><b>7</b></p> <p>9:30 <b>1:1 Visits with Daily Chronicle and Fun Extras</b></p> <p>10:00 <b>Stretch and Strength with Tracy [L1]</b></p> <p>10:45 <b>Cool Down and Refreshments [L1]</b></p> <p>11:15 <b>1:1 Resident visits</b></p> <p>1:00 <b>Memories in the Making with Jane-Painting with String [AC]</b></p> <p>2:00 <b>Creative Art with Watercolor Pencils [AC]</b></p> <p>3:00 <b>Meet a Friend in the Courtyard Before Dinner [RC]</b></p> <p>3:30 <b>Take a Walk and Find the "Chihuahua Amigos"</b></p> <p>4:30 <b>Friday Night Live with William Young</b></p>                         | <p><b>HAPPY BIRTHDAY MARJORIE</b> <b>8</b></p> <p>9:30 <b>1:1 Visits with Daily Chronicle and Fun Extras</b></p> <p>10:00 <b>Mornings with Tracy at "Cafe de' Crest" - Coffee, Laughter and Good Friends [BISR]</b></p> <p>11:00 <b>Water Our Bistro Plants [BISR]</b></p> <p>11:15 <b>1:1 Resident visits</b></p> <p>1:00 <b>Milkshakes and Music at the Bel Air Diner RSVP with Tracy</b></p> <p>2:30 <b>Afternoon Movie and Popcorn [RT]</b></p> <p>3:30 <b>Color Your Cares Away [AC]</b></p> <p>4:30 <b>Take a Walk and Find the "Chihuahua Amigos"</b></p> <p>5:00 <b>Evening Chat with a Friend in the Courtyard [RC]</b></p> |
| <p><b>Happy Mother's Day</b> <b>9</b></p> <p>9:30 <b>1:1 Visits with Daily Chronicle and Fun Extras</b></p> <p>10:00 <b>Word in a Word [L1]</b></p> <p>10:45 <b>Love on a Leash</b></p> <p>11:15 <b>1:1 Resident visits</b></p> <p>2:00 <b>Happy Mother's Day with Darline The Tea Lady [MDR]</b></p> <p>4:30 <b>Take a Walk and Find the "Chihuahua Amigos"</b></p> <p>5:00 <b>Evening Chat with a Friend in the Courtyard [RC]</b></p>                  | <p><b>10</b></p> <p>9:30 <b>1:1 Visits with Daily Chronicle and Fun Extras</b></p> <p>10:00 <b>Exercise Class with Maritza [L1]</b></p> <p>10:35 <b>Bingo for Prizes [AC]</b></p> <p>11:15 <b>1:1 Resident visits</b></p> <p>1:00 <b>Drum Fit with Seri [L1]</b></p> <p>2:00 <b>Bingo for Prizes [AC]</b></p> <p>4:30 <b>Take a Walk and Find the "Chihuahua Amigos"</b></p> <p>5:00 <b>Evening Chat with a Friend in the Courtyard [RC]</b></p>  | <p><b>HAPPY BIRTHDAY FERN</b> <b>11</b></p> <p>9:30 <b>1:1 Visits with Daily Chronicle and Fun Extras</b></p> <p>10:00 <b>News, Views, Health and Horoscopes [L1]</b></p> <p>10:30 <b>Bell Ringers Bunco [L1]</b></p> <p>11:15 <b>1:1 Resident visits</b></p> <p>1:00 <b>Craftin Around with a Friend [AC]</b></p> <p>2:00 <b>Black Jack [CR]</b></p> <p>2:30 <b>Creative Art with Watercolor Pencils [AC]</b></p> <p>3:30 <b>Take a Walk and Find the "Chihuahua Amigos"</b></p> <p>4:30 <b>Happy Hour and Welcome New Residents/ Welcome Back "Music Station" [MDR]</b></p> <p>5:00 <b>Evening Chat with a Friend in the Courtyard [RC]</b></p>                | <p><b>Resident Council Today at 3:00</b> <b>12</b></p> <p>9:30 <b>1:1 Visits with Daily Chronicle and Fun Extras</b></p> <p>10:00 <b>Exercise with Tracy [L1]</b></p> <p>10:30 <b>Bible Study &amp; Hymns w/ Pastor Bob [L1]</b></p> <p>11:15 <b>1:1 Resident visits</b></p> <p>1:00 <b>Creative Artists at Work [AC]</b></p> <p>2:30 <b>Color Your Cares Away [AC]</b></p> <p>3:00 <b>Resident Council [MDR]</b></p> <p>3:30 <b>Take a Walk and Find the "Chihuahua Amigos"</b></p> <p>4:30 <b>Wine Wednesday with Piano Music Featuring "Trevor" [MDR]</b></p> <p>5:00 <b>Evening Chat with a Friend in the Courtyard [RC]</b></p> | <p><b>13</b></p> <p>9:30 <b>1:1 Visits with Daily Chronicle and Fun Extras</b></p> <p>10:00 <b>Bocce Ball Is Back! Green Machine vs Red Warriors [L1]</b></p> <p>11:15 <b>1:1 Resident visits</b></p> <p>11:30 <b>Chefs Corner [MDR]</b></p> <p>1:00 <b>Bingo for Gift Cards [L1]</b></p> <p>2:00 <b>Bingo for Gift Cards [AC]</b></p> <p>4:30 <b>Take a Walk and Find the "Chihuahua Amigos"</b></p> <p>5:00 <b>Evening Chat with a Friend in the Courtyard [RC]</b></p> | <p><b>14</b></p> <p>9:30 <b>1:1 Visits with Daily Chronicle and Fun Extras</b></p> <p>10:00 <b>Drum Exercise with Tracy [L1]</b></p> <p>10:45 <b>Cool Down and Refreshments [L1]</b></p> <p>11:15 <b>1:1 Resident visits</b></p> <p>1:00 <b>Memories in the Making with Jane [AC]</b></p> <p>1:30 <b>Crystal Decor Sun Catchers [AC]</b></p> <p>2:00 <b>Creative Art with Watercolor Pencils [AC]</b></p> <p>3:00 <b>Meet a Friend in the Courtyard Before Dinner [RC]</b></p> <p>3:30 <b>Take a Walk and Find the "Chihuahua Amigos"</b></p> <p>4:30 <b>Friday Night Live with William Young</b></p> | <p><b>15</b></p> <p>9:30 <b>1:1 Visits with Daily Chronicle and Fun Extras</b></p> <p>10:00 <b>Mornings with Tracy at "Cafe de' Crest" - Coffee, Laughter and Good Friends [BISR]</b></p> <p>11:00 <b>Water Our Bistro Plants [BISR]</b></p> <p>11:15 <b>1:1 Resident visits</b></p> <p>1:00 <b>Milkshakes and Music at the Bel Air Diner RSVP with Tracy</b></p> <p>2:30 <b>Afternoon Movie and Popcorn [RT]</b></p> <p>3:30 <b>Color Your Cares Away [AC]</b></p> <p>4:30 <b>Take a Walk and Find the "Chihuahua Amigos"</b></p> <p>5:00 <b>Evening Chat with a Friend in the Courtyard [RC]</b></p>                               |
| <p><b>16</b></p> <p>9:30 <b>1:1 Visits with Daily Chronicle and Fun Extras</b></p> <p>10:00 <b>Word in a Word [L1]</b></p> <p>10:45 <b>Love on a Leash</b></p> <p>11:15 <b>1:1 Resident visits</b></p> <p>1:30 <b>Black jack [L1]</b></p> <p>1:30 <b>Sunday Matinee with Popcorn</b></p> <p>4:30 <b>Take a Walk and Find the "Chihuahua Amigos"</b></p> <p>5:00 <b>Evening Chat with a Friend in the Courtyard [RC]</b></p>                               | <p><b>HAPPY BIRTHDAY GERI</b> <b>17</b></p> <p>9:30 <b>1:1 Visits with Daily Chronicle and Fun Extras</b></p> <p>10:00 <b>Exercise Class with Maritza [L1]</b></p> <p>10:30 <b>Chaplin Scott Nelson [L1]</b></p> <p>10:35 <b>Bingo for Prizes [AC]</b></p> <p>11:15 <b>1:1 Resident visits</b></p> <p>1:00 <b>Drum Fit with Seri [L1]</b></p> <p>2:00 <b>Bingo for Prizes [AC]</b></p> <p>4:30 <b>Take a Walk and Find the "Chihuahua Amigos"</b></p> <p>5:00 <b>Evening Chat with a Friend in the Courtyard [RC]</b></p> | <p><b>18</b></p> <p>9:30 <b>1:1 Visits with Daily Chronicle and Fun Extras</b></p> <p>10:00 <b>News, Views, Health and Horoscopes [L1]</b></p> <p>10:30 <b>Off to the Races-Horse Racing Game [L1]</b></p> <p>11:15 <b>1:1 Resident visits</b></p> <p>1:00 <b>Craftin Around with a Friend [AC]</b></p> <p>1:30 <b>Chat with our Sous Chef Daniella [AC]</b></p> <p>2:00 <b>Black Jack [CR]</b></p> <p>2:30 <b>Creative Art with Watercolor Pencils [AC]</b></p> <p>3:30 <b>Take a Walk and Find the "Chihuahua Amigos"</b></p> <p>4:30 <b>Happy Hour with "Brown Sugar Oldies" [L1]</b></p> <p>5:00 <b>Evening Chat with a Friend in the Courtyard [RC]</b></p> | <p><b>19</b></p> <p>9:30 <b>1:1 Visits with Daily Chronicle and Fun Extras</b></p> <p>10:00 <b>Exercise with Tracy [L1]</b></p> <p>10:30 <b>You Be The Judge [L1]</b></p> <p>11:15 <b>1:1 Resident visits</b></p> <p>1:00 <b>Memories in the Making with Jane/Eyedropper Art [AC]</b></p> <p>2:30 <b>Color Your Cares Away [AC]</b></p> <p>4:30 <b>Take a Walk and Find the "Chihuahua Amigos"</b></p> <p>5:00 <b>Evening Chat with a Friend in the Courtyard [RC]</b></p>   | <p><b>20</b></p> <p>9:30 <b>1:1 Visits with Daily Chronicle and Fun Extras</b></p> <p>10:00 <b>Bocce Ball Is Back! Green Machine vs Red Warriors [L1]</b></p> <p>11:15 <b>1:1 Resident visits</b></p> <p>1:00 <b>Bingo for Gift Cards [L1]</b></p> <p>2:00 <b>Bingo for Gift Cards [AC]</b></p> <p>4:30 <b>Take a Walk and Find the "Chihuahua Amigos"</b></p> <p>5:00 <b>Evening Chat with a Friend in the Courtyard [RC]</b></p>  | <p><b>21</b></p> <p>9:30 <b>1:1 Visits with Daily Chronicle and Fun Extras</b></p> <p>10:00 <b>Stretch and Strength with Tracy [L1]</b></p> <p>10:45 <b>Cool Down and Refreshments [L1]</b></p> <p>11:15 <b>1:1 Resident visits</b></p> <p>1:00 <b>Memories in the Making with Jane/Summer Clothespin Door Decor [AC]</b></p> <p>2:00 <b>Creative Art with Watercolor Pencils [AC]</b></p> <p>3:00 <b>Meet a Friend in the Courtyard Before Dinner [RC]</b></p> <p>3:30 <b>Take a Walk and Find the "Chihuahua Amigos"</b></p> <p>4:30 <b>Friday Night Live with William Young</b></p>                | <p><b>22</b></p> <p>9:30 <b>1:1 Visits with Daily Chronicle and Fun Extras</b></p> <p>10:00 <b>Mornings with Tracy at "Cafe de' Crest" - Coffee, Laughter and Good Friends [BISR]</b></p> <p>11:00 <b>Water Our Bistro Plants [BISR]</b></p> <p>11:15 <b>1:1 Resident visits</b></p> <p>1:00 <b>Milkshakes and Music at the Bel Air Diner RSVP with Tracy</b></p> <p>2:30 <b>Afternoon Movie and Popcorn [RT]</b></p> <p>3:30 <b>Color Your Cares Away [AC]</b></p> <p>4:30 <b>Take a Walk and Find the "Chihuahua Amigos"</b></p> <p>5:00 <b>Evening Chat with a Friend in the Courtyard [RC]</b></p>                               |
| <p><b>HAPPY BIRTHDAY MARILYN</b> <b>23</b></p> <p>9:30 <b>1:1 Visits with Daily Chronicle and Fun Extras</b></p> <p>10:00 <b>Word in a Word [L1]</b></p> <p>10:45 <b>Love on a Leash</b></p> <p>11:15 <b>1:1 Resident visits</b></p> <p>1:30 <b>Black jack [L1]</b></p> <p>1:30 <b>Sunday Matinee with Popcorn</b></p> <p>4:30 <b>Take a Walk and Find the "Chihuahua Amigos"</b></p> <p>5:00 <b>Evening Chat with a Friend in the Courtyard [RC]</b></p> | <p><b>24</b></p> <p>9:30 <b>1:1 Visits with Daily Chronicle and Fun Extras</b></p> <p>10:00 <b>Exercise Class with Maritza [L1]</b></p> <p>10:35 <b>Bingo for Prizes [AC]</b></p> <p>11:15 <b>1:1 Resident visits</b></p> <p>1:00 <b>Drum Fit with Seri [L1]</b></p> <p>2:00 <b>Bingo for Prizes [AC]</b></p> <p>4:30 <b>Take a Walk and Find the "Chihuahua Amigos"</b></p> <p>5:00 <b>Evening Chat with a Friend in the Courtyard [RC]</b></p>  | <p><b>25</b></p> <p>9:30 <b>1:1 Visits with Daily Chronicle and Fun Extras</b></p> <p>10:00 <b>News, Views, Health and Horoscopes [L1]</b></p> <p>10:30 <b>Team Jeopardy [L1]</b></p> <p>11:15 <b>1:1 Resident visits</b></p> <p>1:00 <b>Craftin Around with a Friend [AC]</b></p> <p>2:00 <b>Black Jack [CR]</b></p> <p>2:30 <b>Creative Art with Watercolor Pencils [AC]</b></p> <p>3:30 <b>Take a Walk and Find the "Chihuahua Amigos"</b></p> <p>4:30 <b>Happy Hour May Birthday Celebration/ Welcome Back "Kemosabe" [MDR]</b></p> <p>5:00 <b>Evening Chat with a Friend in the Courtyard [RC]</b></p>  | <p><b>26</b></p> <p>9:30 <b>1:1 Visits with Daily Chronicle and Fun Extras</b></p> <p>10:00 <b>Exercise with Tracy [L1]</b></p> <p>10:30 <b>Bible Study &amp; Hymns w/ Pastor Bob</b></p> <p>11:15 <b>1:1 Resident visits</b></p> <p>1:00 <b>Memories in the Making with Jane [AC]</b></p> <p>2:30 <b>Color Your Cares Away [AC]</b></p> <p>3:30 <b>Take a Walk and Find the "Chihuahua Amigos"</b></p> <p>4:30 <b>Wine Wednesday and Piano Music with Trevor [MDR]</b></p> <p>5:00 <b>Evening Chat with a Friend in the Courtyard [RC]</b></p>  | <p><b>27</b></p> <p>9:30 <b>1:1 Visits with Daily Chronicle and Fun Extras</b></p> <p>10:00 <b>Bocce Ball Is Back! Green Machine vs Red Warriors [L1]</b></p> <p>11:15 <b>1:1 Resident visits</b></p> <p>11:30 <b>Chefs Corner [MDR]</b></p> <p>1:00 <b>Bingo for Gift Cards [L1]</b></p> <p>2:00 <b>Bingo for Gift Cards [AC]</b></p> <p>4:30 <b>Take a Walk and Find the "Chihuahua Amigos"</b></p> <p>5:00 <b>Evening Chat with a Friend in the Courtyard [RC]</b></p> | <p><b>28</b></p> <p>9:30 <b>1:1 Visits with Daily Chronicle and Fun Extras</b></p> <p>10:00 <b>Drum Exercise with Tracy [L1]</b></p> <p>10:45 <b>Cool Down and Refreshments [L1]</b></p> <p>11:15 <b>1:1 Resident visits</b></p> <p>1:00 <b>Memories in the Making with Jane [AC]</b></p> <p>2:00 <b>Creative Art with Watercolor Pencils [AC]</b></p> <p>3:00 <b>Meet a Friend in the Courtyard Before Dinner [RC]</b></p> <p>3:30 <b>Take a Walk and Find the "Chihuahua Amigos"</b></p> <p>4:30 <b>Friday Night Live with William Young</b></p>  | <p><b>29</b></p> <p>9:30 <b>1:1 Visits with Daily Chronicle and Fun Extras</b></p> <p>10:00 <b>Mornings with Tracy at "Cafe de' Crest" - Coffee, Laughter and Good Friends [BISR]</b></p> <p>11:00 <b>Water Our Bistro Plants [BISR]</b></p> <p>11:15 <b>1:1 Resident visits</b></p> <p>1:00 <b>Milkshakes and Music at the Bel Air Diner RSVP with Tracy</b></p> <p>2:30 <b>Afternoon Movie and Popcorn [RT]</b></p> <p>3:30 <b>Color Your Cares Away [AC]</b></p> <p>4:30 <b>Take a Walk and Find the "Chihuahua Amigos"</b></p> <p>5:00 <b>Evening Chat with a Friend in the Courtyard [RC]</b></p>                               |