

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>May cont'd</b></p> <p><b>30</b></p> <p>10am - 3pm Schedule Face-Time or Zoom Calls w/Maritz</p> <p>9:30 Visits with Daily Chronicle and Inspirational Quotes</p> <p>10:15 <b>LOVE ON A LEASH</b></p> <p>11:00 1:1 Soothing Visits</p> <p>12:45 Essential Oils and Relaxing Music</p> <p>1:00 <b>MOVE &amp; POPCORN</b></p> <p>2:30 <b>COUPON CLIPPING</b></p> <p>4:30 Sports on T.V</p>	<p><b>31</b></p> <p>10am - 3pm Schedule Face-Time or Zoom Calls w/Maritz</p> <p><i>Memorial Day</i></p> <p>9:30 Visits with Daily Chronicle and Inspirational Quotes</p> <p>10:00 <b>Balloon Exercise for Hand and Eye Coordination</b></p> <p>10:30 <b>Courtyard Social &amp; This Day in History</b></p> <p>11:30 <b>MEMORIAL DAY CELEBRATION WITH BROWN SUGAR OLDIES</b></p> <p>12:45 Essential Oils and Relaxing Music</p> <p>1:35 <b>STAY FIT WITH SHERI</b></p> <p>2:30 <b>BRUSH TO CANVAS ART CLASS</b></p> <p>4:30 Sports on T.V</p>	<p><b>Maritza Aguirre</b> <i>Life Enrichment Director</i> <b>@ The Ridge</b> 800 Lantern Crest Santee, Ca 92071 <i>Cell: (619) 495-5666</i> <i>Maritza.aguirre@lanterncrestsantee.com</i></p>		<p><b>Resident Birthdays</b></p> <p>Anna D. 5/12</p> <p>Louise C. 5/18</p> <p>Timothy D. R. 5/19</p> <p>Norma R. 5/24</p> <p>C. Gail M. 5/24</p> <p>William A. 5/28</p>	<p>All Activities are subject to change without notice.</p> <p>Thank you!</p>	<p><b>1</b></p> <p>10am - 3pm Schedule Face-Time or Zoom Calls w/Maritz</p> <p>9:30 Visits with Daily Chronicle and Inspirational Quotes</p> <p>10:00 <b>Exercise Class</b></p> <p>11:00 1:1 Soothing Visits</p> <p>12:45 Essential Oils and Relaxing Music</p> <p>1:00 <b>Miscellaneous Activities/ Puzzles and Magazines</b></p> <p>2:00 <b>Movie of your Choice</b></p> <p>4:30 Sports on T.V</p>
<p><b>2</b></p> <p>10am - 3pm Schedule Face-Time or Zoom Calls w/Maritz</p> <p>9:30 Visits with Daily Chronicle and Inspirational Quotes</p> <p>10:15 <b>LOVE ON A LEASH</b></p> <p>11:00 1:1 Soothing Visits</p> <p>12:45 Essential Oils and Relaxing Music</p> <p>1:00 <b>MOVE &amp; POPCORN</b></p> <p>2:30 <b>COUPON CLIPPING</b></p> <p>4:30 Sports on T.V</p>	<p><b>3</b></p> <p>10am - 3pm Schedule Face-Time or Zoom Calls w/Maritz</p> <p>9:30 Visits with Daily Chronicle and Inspirational Quotes</p> <p>10:00 <b>Balloon Exercise for Hand and Eye Coordination</b></p> <p>10:30 <b>Courtyard Social &amp; This Day in History</b></p> <p>11:00 1:1 Soothing Visits</p> <p>12:45 Essential Oils and Relaxing Music</p> <p>1:35 <b>STAY FIT WITH SHERI</b></p> <p>2:30 <b>BRUSH TO CANVAS ART CLASS</b></p> <p>4:30 Sports on T.V</p>	<p><b>4</b></p> <p>10am - 3pm Schedule Face-Time or Zoom Calls w/Maritz</p> <p>9:30 Visits with Daily Chronicle and Inspirational Quotes</p> <p>10:00 <b>Exercise Class with Noodles</b></p> <p>11:00 1:1 Soothing Visits</p> <p>12:45 Essential Oils and Relaxing Music</p> <p>1:00 <b>Baby Sorting &amp; Organizing</b></p> <p>1:30 <b>Puzzles and Magazine</b></p> <p>2:00 <b>FAMILY TALK GAME</b></p> <p>3:30 <b>HAPPY HOUR FEATURING WILLIAM YOUNG</b></p> <p>4:30 Sports on T.V</p>	<p><b>5</b></p> <p>10am - 3pm Schedule Face-Time or Zoom Calls w/Maritz</p> <p><b>HAPPY CINCO DE MAYO</b></p> <p>9:30 Visits with Daily Chronicle and Inspirational Quotes</p> <p>9:35 <b>BIBLE STUDY WITH PASTOR BOB</b></p> <p>11:30 <b>CINCO DE MAYO FIESTA FEATURING Sylvia &amp; Salvador</b></p> <p>12:45 Essential Oils and Relaxing Music</p> <p>1:00 <b>SORTING AND ORGANIZING</b></p> <p>2:30 <b>MEMORIES IN THE MAKING WITH DIANE HOW</b></p> <p>4:30 Sports on T.V</p>	<p><b>6</b></p> <p>10am - 3pm Schedule Face-Time or Zoom Calls w/Maritz</p> <p>9:30 Visits with Daily Chronicle and Inspirational Quotes</p> <p>10:00 <b>Lets Get Fit Exercise Class</b></p> <p>10:30 <b>Bistro Social &amp; Trivia</b></p> <p>11:00 1:1 Soothing Visits</p> <p>12:45 Essential Oils and Relaxing Music</p> <p>1:00 <b>Nail Care/ Massage &amp; Hot Tea</b></p> <p>2:00 <b>Miscellaneous Arts and Crafts/ Working on Door Décor</b></p> <p>4:30 Sports on T.V</p>	<p><b>7</b></p> <p>10am - 3pm Schedule Face-Time or Zoom Calls w/Maritz</p> <p>9:30 Visits with Daily Chronicle and Inspirational Quotes</p> <p>10:00 <b>Healthy Aging Exercise Class</b></p> <p>11:00 1:1 Soothing Visits</p> <p>12:45 Essential Oils and Relaxing Music</p> <p>1:00 <b>MEN'S GROUP &amp; BASKETBALL GAME</b></p> <p>2:30 <b>Bingo for Shopping Cart Prizes</b></p> <p>4:30 Sports on T.V</p>	<p><b>8</b></p> <p>10am - 3pm Schedule Face-Time or Zoom Calls w/Maritz</p> <p>9:30 Visits with Daily Chronicle and Inspirational Quotes</p> <p>10:00 <b>Exercise Class</b></p> <p>11:00 1:1 Soothing Visits</p> <p>12:45 Essential Oils and Relaxing Music</p> <p>1:00 <b>Miscellaneous Activities/ Puzzles and Magazines</b></p> <p>2:00 <b>Movie of your Choice</b></p> <p>4:30 Sports on T.V</p>
<p><b>9</b></p> <p>10am - 3pm Schedule Face-Time or Zoom Calls w/Maritz</p> <p><b>HAPPY MOTHER'S DAY</b></p> <p>9:30 Visits with Daily Chronicle and Inspirational Quotes</p> <p>10:15 <b>LOVE ON A LEASH</b></p> <p>11:30 <b>MOTHER'S DAY CELEBRATION WITH KEMOSABE BAND</b></p> <p>12:45 Essential Oils and Relaxing Music</p> <p>1:00 <b>MOVE &amp; POPCORN</b></p> <p>2:30 <b>COUPON CLIPPING</b></p> <p>4:30 Sports on T.V</p>	<p><b>10</b></p> <p>10am - 3pm Schedule Face-Time or Zoom Calls w/Maritz</p> <p>9:30 Visits with Daily Chronicle and Inspirational Quotes</p> <p>10:00 <b>Balloon Exercise for Hand and Eye Coordination</b></p> <p>10:30 <b>CHAPLIN SCOTT NELSON FROM BRISTOL HOSPICE</b></p> <p>11:00 1:1 Soothing Visits</p> <p>12:45 Essential Oils and Relaxing Music</p> <p>1:35 <b>STAY FIT WITH SHERI</b></p> <p>2:30 <b>BRUSH TO CANVAS ART CLASS</b></p> <p>4:30 Sports on T.V</p>	<p><b>11</b></p> <p>10am - 3pm Schedule Face-Time or Zoom Calls w/Maritz</p> <p>9:30 Visits with Daily Chronicle and Inspirational Quotes</p> <p>10:00 <b>Exercise Class with Noodles</b></p> <p>11:00 1:1 Soothing Visits</p> <p>12:45 Essential Oils and Relaxing Music</p> <p>1:00 <b>Baby Sorting &amp; Organizing</b></p> <p>1:30 <b>Puzzles and Magazine</b></p> <p>2:00 <b>FAMILY TALK GAME</b></p> <p>3:30 <b>HAPPY HOUR FEATURING BOB ARII &amp; WELCOMING NEW RESIDENTS</b></p> <p>4:30 Sports on T.V</p>	<p><b>12</b></p> <p>10am - 3pm Schedule Face-Time or Zoom Calls w/Maritz</p> <p><b>HAPPY BIRTHDAY ANNA D.</b></p> <p>9:30 Visits with Daily Chronicle and Inspirational Quotes</p> <p>9:35 <b>BIBLE STUDY WITH PASTOR BOB</b></p> <p>11:00 1:1 Soothing Visits</p> <p>12:45 Essential Oils and Relaxing Music</p> <p>1:00 <b>SORTING AND ORGANIZING</b></p> <p>2:30 <b>MEMORIES IN THE MAKING WITH DIANE HOW</b></p> <p>4:30 Sports on T.V</p>	<p><b>13</b></p> <p>10am - 3pm Schedule Face-Time or Zoom Calls w/Maritz</p> <p>9:30 Visits with Daily Chronicle and Inspirational Quotes</p> <p>10:00 <b>Lets Get Fit Exercise Class</b></p> <p>10:30 <b>Bistro Social &amp; Trivia</b></p> <p>11:00 1:1 Soothing Visits</p> <p>12:45 Essential Oils and Relaxing Music</p> <p>1:00 <b>Nail Care/ Massage &amp; Hot Tea</b></p> <p>2:00 <b>Miscellaneous Arts and Crafts/ Working on Door Décor</b></p> <p>4:30 Sports on T.V</p>	<p><b>14</b></p> <p>10am - 3pm Schedule Face-Time or Zoom Calls w/Maritz</p> <p>9:30 Visits with Daily Chronicle and Inspirational Quotes</p> <p>10:00 <b>Healthy Aging Exercise Class</b></p> <p>11:00 1:1 Soothing Visits</p> <p>12:45 Essential Oils and Relaxing Music</p> <p>1:00 <b>MEN'S GROUP &amp; BASKETBALL GAME</b></p> <p>2:30 <b>Bingo for Shopping Cart Prizes</b></p> <p>4:30 Sports on T.V</p>	<p><b>15</b></p> <p>10am - 3pm Schedule Face-Time or Zoom Calls w/Maritz</p> <p>9:30 Visits with Daily Chronicle and Inspirational Quotes</p> <p>10:00 <b>Exercise Class</b></p> <p>11:00 1:1 Soothing Visits</p> <p>12:45 Essential Oils and Relaxing Music</p> <p>1:00 <b>Miscellaneous Activities/ Puzzles and Magazines</b></p> <p>2:00 <b>Movie of your Choice</b></p> <p>4:30 Sports on T.V</p>
<p><b>16</b></p> <p>10am - 3pm Schedule Face-Time or Zoom Calls w/Maritz</p> <p>9:30 Visits with Daily Chronicle and Inspirational Quotes</p> <p>10:15 <b>LOVE ON A LEASH</b></p> <p>11:00 1:1 Soothing Visits</p> <p>12:45 Essential Oils and Relaxing Music</p> <p>1:00 <b>MOVE &amp; POPCORN</b></p> <p>2:30 <b>COUPON CLIPPING</b></p> <p>4:30 Sports on T.V</p>	<p><b>17</b></p> <p>10am - 3pm Schedule Face-Time or Zoom Calls w/Maritz</p> <p>9:30 Visits with Daily Chronicle and Inspirational Quotes</p> <p>10:00 <b>Balloon Exercise for Hand and Eye Coordination</b></p> <p>10:30 <b>Courtyard Social &amp; This Day in History</b></p> <p>11:00 1:1 Soothing Visits</p> <p>12:45 Essential Oils and Relaxing Music</p> <p>1:35 <b>STAY FIT WITH SHERI</b></p> <p>2:30 <b>BRUSH TO CANVAS ART CLASS</b></p> <p>4:30 Sports on T.V</p>	<p><b>18</b></p> <p>10am - 3pm Schedule Face-Time or Zoom Calls w/Maritz</p> <p><b>HAPPY BIRTHDAY LOUISE C.</b></p> <p>9:30 Visits with Daily Chronicle and Inspirational Quotes</p> <p>10:00 <b>Exercise Class with Noodles</b></p> <p>11:00 1:1 Soothing Visits</p> <p>12:45 Essential Oils and Relaxing Music</p> <p>1:00 <b>Baby Sorting &amp; Organizing</b></p> <p>1:30 <b>Puzzles and Magazine</b></p> <p>2:00 <b>FAMILY TALK GAME</b></p> <p>3:30 <b>HAPPY HOUR FEATURING TREVOR</b></p> <p>4:30 Sports on T.V</p>	<p><b>19</b></p> <p>10am - 3pm Schedule Face-Time or Zoom Calls w/Maritz</p> <p><b>HAPPY BIRTHDAY TIMOTHY R.</b></p> <p>9:30 Visits with Daily Chronicle and Inspirational Quotes</p> <p>9:35 <b>EXERCISE CLASS</b></p> <p>11:00 1:1 Soothing Visits</p> <p>12:45 Essential Oils and Relaxing Music</p> <p>1:00 <b>SORTING AND ORGANIZING</b></p> <p>2:30 <b>MEMORIES IN THE MAKING WITH DIANE HOW</b></p> <p>4:30 Sports on T.V</p>	<p><b>20</b></p> <p>10am - 3pm Schedule Face-Time or Zoom Calls w/Maritz</p> <p>9:30 Visits with Daily Chronicle and Inspirational Quotes</p> <p>10:00 <b>Lets Get Fit Exercise Class</b></p> <p>10:30 <b>Bistro Social &amp; Trivia</b></p> <p>11:00 1:1 Soothing Visits</p> <p>12:45 Essential Oils and Relaxing Music</p> <p>1:00 <b>Nail Care/ Massage &amp; Hot Tea</b></p> <p>2:00 <b>INSPIRATIONAL MUSIC WITH STEVE &amp; DIANE</b></p> <p>4:30 Sports on T.V</p>	<p><b>21</b></p> <p>10am - 3pm Schedule Face-Time or Zoom Calls w/Maritz</p> <p>9:30 Visits with Daily Chronicle and Inspirational Quotes</p> <p>10:00 <b>Healthy Aging Exercise Class</b></p> <p>11:00 1:1 Soothing Visits</p> <p>12:45 Essential Oils and Relaxing Music</p> <p>1:00 <b>MEN'S GROUP &amp; BASKETBALL GAME</b></p> <p>2:30 <b>Bingo for Shopping Cart Prizes</b></p> <p>4:30 Sports on T.V</p>	<p><b>22</b></p> <p>10am - 3pm Schedule Face-Time or Zoom Calls w/Maritz</p> <p>9:30 Visits with Daily Chronicle and Inspirational Quotes</p> <p>10:00 <b>Exercise Class</b></p> <p>11:00 1:1 Soothing Visits</p> <p>12:45 Essential Oils and Relaxing Music</p> <p>1:00 <b>Miscellaneous Activities/ Puzzles and Magazines</b></p> <p>2:00 <b>Movie of your Choice</b></p> <p>4:30 Sports on T.V</p>
<p><b>23</b></p> <p>10am - 3pm Schedule Face-Time or Zoom Calls w/Maritz</p> <p>9:30 Visits with Daily Chronicle and Inspirational Quotes</p> <p>10:15 <b>LOVE ON A LEASH</b></p> <p>11:00 1:1 Soothing Visits</p> <p>12:45 Essential Oils and Relaxing Music</p> <p>1:00 <b>MOVE &amp; POPCORN</b></p> <p>2:30 <b>COUPON CLIPPING</b></p> <p>4:30 Sports on T.V</p>	<p><b>24</b></p> <p>10am - 3pm Schedule Face-Time or Zoom Calls w/Maritz</p> <p><b>HAPPY BIRTHDAY GAIL M. HAPPY BIRTHDAY NORMA R.</b></p> <p>9:30 Visits with Daily Chronicle and Inspirational Quotes</p> <p>10:00 <b>Balloon Exercise for Hand and Eye Coordination</b></p> <p>10:30 <b>Courtyard Social &amp; This Day in History</b></p> <p>11:00 1:1 Soothing Visits</p> <p>12:45 Essential Oils and Relaxing Music</p> <p>1:35 <b>STAY FIT WITH SHERI</b></p> <p>2:30 <b>BRUSH TO CANVAS ART CLASS</b></p> <p>4:30 Sports on T.V</p>	<p><b>25</b></p> <p>10am - 3pm Schedule Face-Time or Zoom Calls w/Maritz</p> <p>9:30 Visits with Daily Chronicle and Inspirational Quotes</p> <p>10:00 <b>Exercise Class with Noodles</b></p> <p>11:00 1:1 Soothing Visits</p> <p>12:45 Essential Oils and Relaxing Music</p> <p>1:00 <b>Baby Sorting &amp; Organizing</b></p> <p>1:30 <b>Puzzles and Magazine</b></p> <p>2:00 <b>FAMILY TALK GAME</b></p> <p>3:30 <b>HAPPY HOUR AND BIRTHDAY CELEBRATION FEATURING SYLVIA &amp; SALVADOR</b></p> <p>4:30 Sports on T.V</p>	<p><b>26</b></p> <p>10am - 3pm Schedule Face-Time or Zoom Calls w/Maritz</p> <p>9:30 Visits with Daily Chronicle and Inspirational Quotes</p> <p>9:35 <b>BIBLE STUDY WITH PASTOR BOB</b></p> <p>11:00 1:1 Soothing Visits</p> <p>12:45 Essential Oils and Relaxing Music</p> <p>1:00 <b>SORTING AND ORGANIZING</b></p> <p>2:30 <b>MEMORIES IN THE MAKING WITH DIANE HOW</b></p> <p>4:30 Sports on T.V</p>	<p><b>27</b></p> <p>10am - 3pm Schedule Face-Time or Zoom Calls w/Maritz</p> <p>9:30 Visits with Daily Chronicle and Inspirational Quotes</p> <p>10:00 <b>Lets Get Fit Exercise Class</b></p> <p>10:30 <b>Bistro Social &amp; Trivia</b></p> <p>11:00 1:1 Soothing Visits</p> <p>12:45 Essential Oils and Relaxing Music</p> <p>1:00 <b>Nail Care/ Massage &amp; Hot Tea</b></p> <p>2:00 <b>Miscellaneous Arts and Crafts/ Working on Door Décor</b></p> <p>4:30 Sports on T.V</p>	<p><b>28</b></p> <p>10am - 3pm Schedule Face-Time or Zoom Calls w/Maritz</p> <p><b>HAPPY BIRTHDAY WILLIAM A.</b></p> <p>9:30 Visits with Daily Chronicle and Inspirational Quotes</p> <p>10:00 <b>Healthy Aging Exercise Class</b></p> <p>11:00 1:1 Soothing Visits</p> <p>12:45 Essential Oils and Relaxing Music</p> <p>1:00 <b>MEN'S GROUP &amp; BASKETBALL GAME</b></p> <p>2:30 <b>Bingo for Shopping Cart Prizes</b></p> <p>4:30 Sports on T.V</p>	<p><b>29</b></p> <p>10am - 3pm Schedule Face-Time or Zoom Calls w/Maritz</p> <p>9:30 Visits with Daily Chronicle and Inspirational Quotes</p> <p>10:00 <b>Exercise Class</b></p> <p>11:00 1:1 Soothing Visits</p> <p>12:45 Essential Oils and Relaxing Music</p> <p>1:00 <b>Miscellaneous Activities/ Puzzles and Magazines</b></p> <p>2:00 <b>Movie of your Choice</b></p> <p>4:30 Sports on T.V</p>