

# Lantern Crest Horizons

# July 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>Maritza Aguirre</b> <b>Life Enrichment</b> <b>Director</b> <b>@ The Ridge</b> 800 Lantern Crest Santee, Ca 92071 <b>Cell: (619) 495-5666</b></p> <p>Maritza.aguirre@lanterncrestsantee.com</p>		<p><b>Resident Birthdays</b></p> <p>Gloria B. 7/2 Philip L. 7/3 Juanita K P. 7/7</p>		<p><b>10am - 3pm Schedule Face-Time or Zoom Calls w/Maritza</b> <b>1</b></p> <p>9:30 <i>Delivery of Daily Chronicle and Inspirational Quotes</i></p> <p>10:00 <b>Lets Get Fit Exercise Class</b></p> <p>10:30 <b>Courtyard Social &amp; Relaxing / "Watering Gardening"</b></p> <p>11:00 1:1 Soothing Visits</p> <p>1:00 Essential Oils and Relaxing Music</p> <p>1:00 <b>Nail Care/ Massage &amp; Popsicles</b></p> <p>2:00 <b>MENS GROUP "MONEY COUNTING"</b></p> <p>4:30 Sports on T.V</p>	<p><b>10am - 3pm Schedule Face-Time or Zoom Calls w/Maritza</b> <b>2</b></p> <p>9:30 <i>Delivery of Daily Chronicle and Inspirational Quotes</i></p> <p>10:00 <b>Move to Music Exercise Class</b></p> <p>10:30 <b>Courtyard Social</b></p> <p>11:00 1:1 Soothing Visits</p> <p>1:00 Essential Oils and Relaxing Music</p> <p>1:00 <b>RING TOSS</b></p> <p>2:00 <b>Qwirkle Colourful Games</b></p> <p>2:30 <b>Beachball Parachute Game</b></p> <p>4:30 Sports on T.V</p>	<p><b>10am - 3pm Schedule Face-Time or Zoom Calls w/Maritza</b> <b>3</b></p> <p>9:30 <i>Delivery of Daily Chronicle and Inspirational Quotes</i></p> <p>10:00 <b>Beachball &amp; Getting to Know You Game</b></p> <p>11:00 1:1 Soothing Visits</p> <p>1:00 Essential Oils and Relaxing Music</p> <p>1:30 <b>Ice Cream Cone Social</b></p> <p>2:00 <b>Bowling Games</b></p> <p>2:30 <b>MOVE &amp; POPCORN-"Flag of our Fathers"</b></p> <p>4:30 Sports on T.V</p>
<p><b>10am - 3pm Schedule Face-Time or Zoom Calls w/Maritza</b> <b>4</b></p> <p><b>Happy 4th of July</b></p> <p>9:30 <i>Delivery of Daily Chronicle and Inspirational Quotes</i></p> <p>10:15 <b>LOVE ON A LEASH</b></p> <p>11:00 1:1 Soothing Visits</p> <p>11:30 <b>Happy Independence Day with Sylvia &amp; Salvador</b></p> <p>1:00 Essential Oils and Relaxing Music</p> <p>1:30 <b>Movie &amp; Popcorn in the Sun-Room "Big Jake"</b></p> <p>4:30 Sports on T.V</p>	<p><b>10am - 3pm Schedule Face-Time or Zoom Calls w/Maritza</b> <b>5</b></p> <p>9:30 <i>Delivery of Daily Chronicle and Inspirational Quotes</i></p> <p>10:00 <b>Balloon Exercise for Hand and Eye Coordination</b></p> <p>11:00 1:1 Soothing Visits</p> <p>1:00 Essential Oils and Relaxing Music</p> <p>1:30 <b>Ice Cream Social</b></p> <p>2:30 PAIRING &amp; SORTING</p> <p>3:30 <b>Basketball</b></p> <p>4:30 Sports on T.V</p>	<p><b>10am - 3pm Schedule Face-Time or Zoom Calls w/Maritza</b> <b>6</b></p> <p>9:30 <i>Delivery of Daily Chronicle and Inspirational Quotes</i></p> <p>10:00 <b>Exercise Class with Noodles</b></p> <p>10:30 <b>Courtyard Social</b></p> <p>11:00 1:1 Soothing Visits</p> <p>1:00 <b>Baby Sorting &amp; Organizing</b></p> <p>1:00 Essential Oils and Relaxing Music</p> <p>1:30 <b>Puzzles and Magazine</b></p> <p>2:00 <b>A,B,C BEACH BALL GAME</b></p> <p>3:30 <b>Happy Hour with Brown Sugar Oldies</b></p> <p>4:30 Sports on T.V</p>	<p><b>10am - 3pm Schedule Face-Time or Zoom Calls w/Maritza</b> <b>7</b></p> <p>9:30 <i>Delivery of Daily Chronicle and Inspirational Quotes</i></p> <p>10:00 <b>FLY SWATTERS &amp; BALLOON GAMES</b></p> <p>10:30 <b>Sing Along with Dan Miller</b></p> <p>11:00 1:1 Soothing Visits</p> <p>1:00 <b>Beachball Parachute Game</b></p> <p>1:00 Essential Oils and Relaxing Music</p> <p>1:30 <b>Root-Beer Floats Social</b></p> <p>2:30 <b>MEMORIES IN THE MAKING</b></p> <p>4:30 Sports on T.V</p>	<p><b>10am - 3pm Schedule Face-Time or Zoom Calls w/Maritza</b> <b>8</b></p> <p>9:30 <i>Delivery of Daily Chronicle and Inspirational Quotes</i></p> <p>10:00 <b>Lets Get Fit Exercise Class</b></p> <p>10:30 <b>Courtyard Social &amp; Relaxing / "Watering Gardening"</b></p> <p>11:00 1:1 Soothing Visits</p> <p>1:00 Essential Oils and Relaxing Music</p> <p>1:00 <b>Nail Care/ Massage &amp; Popsicles</b></p> <p>2:00 <b>MENS GROUP "MONEY COUNTING"</b></p> <p>4:30 Sports on T.V</p>	<p><b>10am - 3pm Schedule Face-Time or Zoom Calls w/Maritza</b> <b>9</b></p> <p>9:30 <i>Delivery of Daily Chronicle and Inspirational Quotes</i></p> <p>10:30 <b>Courtyard Social</b></p> <p>11:00 1:1 Soothing Visits</p> <p>1:00 Essential Oils and Relaxing Music</p> <p>1:00 <b>RING TOSS</b></p> <p>2:00 <b>Qwirkle Colourful Games</b></p> <p>2:30 <b>Beachball Parachute Game</b></p> <p>4:30 Sports on T.V</p>	<p><b>10am - 3pm Schedule Face-Time or Zoom Calls w/Maritza</b> <b>10</b></p> <p>9:30 <i>Delivery of Daily Chronicle and Inspirational Quotes</i></p> <p>10:00 <b>Beachball &amp; Getting to Know You Game</b></p> <p>11:00 1:1 Soothing Visits</p> <p>1:00 Essential Oils and Relaxing Music</p> <p>1:30 <b>Ice Cream Cone Social</b></p> <p>2:00 <b>Bowling Games</b></p> <p>2:30 <b>MOVE &amp; POPCORN-"The Great Escape"</b></p> <p>4:30 Sports on T.V</p>
<p><b>10am - 3pm Schedule Face-Time or Zoom Calls w/Maritza</b> <b>11</b></p> <p>9:30 <i>Delivery of Daily Chronicle and Inspirational Quotes</i></p> <p>10:15 <b>LOVE ON A LEASH</b></p> <p>11:00 1:1 Soothing Visits</p> <p>1:00 Essential Oils and Relaxing Music</p> <p>1:30 <b>Ukulele Sing Along with Bob Arij</b></p> <p>3:30 <b>Movie &amp; Popcorn in the Sun-Room "The Dolly Sisters"</b></p> <p>4:30 Sports on T.V</p>	<p><b>10am - 3pm Schedule Face-Time or Zoom Calls w/Maritza</b> <b>12</b></p> <p>9:30 <i>Delivery of Daily Chronicle and Inspirational Quotes</i></p> <p>10:00 <b>Balloon Exercise for Hand and Eye Coordination</b></p> <p>11:00 1:1 Soothing Visits</p> <p>1:00 Essential Oils and Relaxing Music</p> <p>1:30 <b>Ice Cream Social</b></p> <p>2:30 PAIRING &amp; SORTING</p> <p>3:30 <b>Basketball</b></p> <p>4:30 Sports on T.V</p>	<p><b>10am - 3pm Schedule Face-Time or Zoom Calls w/Maritza</b> <b>13</b></p> <p>9:30 <i>Delivery of Daily Chronicle and Inspirational Quotes</i></p> <p>10:00 <b>Exercise Class with Noodles</b></p> <p>10:30 <b>Courtyard Social</b></p> <p>11:00 1:1 Soothing Visits</p> <p>1:00 <b>Baby Sorting &amp; Organizing</b></p> <p>1:00 Essential Oils and Relaxing Music</p> <p>1:30 <b>Puzzles and Magazine</b></p> <p>2:00 <b>A,B,C BEACH BALL GAME</b></p> <p>3:30 <b>Happy Hour with Trevor &amp; Welcome New Residents</b></p> <p>4:30 Sports on T.V</p>	<p><b>10am - 3pm Schedule Face-Time or Zoom Calls w/Maritza</b> <b>14</b></p> <p>9:30 <i>Delivery of Daily Chronicle and Inspirational Quotes</i></p> <p>9:35 <b>BIBLE STUDY WITH PASTOR BOB</b></p> <p>10:15 <b>Dog Therapy with Maggie "Bristol Hospice"</b></p> <p>11:00 1:1 Soothing Visits</p> <p>1:00 <b>Beachball Parachute Game</b></p> <p>1:00 Essential Oils and Relaxing Music</p> <p>1:30 <b>Root-Beer Floats Social</b></p> <p>2:30 <b>MEMORIES IN THE MAKING WITH DIANE HOW</b></p> <p>4:30 Sports on T.V</p>	<p><b>10am - 3pm Schedule Face-Time or Zoom Calls w/Maritza</b> <b>15</b></p> <p>9:30 <i>Delivery of Daily Chronicle and Inspirational Quotes</i></p> <p>10:00 <b>Lets Get Fit Exercise Class</b></p> <p>10:30 <b>Courtyard Social &amp; Relaxing / "Watering Gardening"</b></p> <p>11:00 1:1 Soothing Visits</p> <p>1:00 Essential Oils and Relaxing Music</p> <p>1:00 <b>Nail Care/ Massage &amp; Popsicles</b></p> <p>2:00 <b>MENS GROUP "MONEY COUNTING"</b></p> <p>4:30 Sports on T.V</p>	<p><b>10am - 3pm Schedule Face-Time or Zoom Calls w/Maritza</b> <b>16</b></p> <p>9:30 <i>Delivery of Daily Chronicle and Inspirational Quotes</i></p> <p>10:30 <b>Courtyard Social</b></p> <p>11:00 1:1 Soothing Visits</p> <p>1:00 Essential Oils and Relaxing Music</p> <p>1:00 <b>RING TOSS</b></p> <p>2:00 <b>Qwirkle Colourful Games</b></p> <p>2:30 <b>Beachball Parachute Game</b></p> <p>4:30 Sports on T.V</p>	<p><b>10am - 3pm Schedule Face-Time or Zoom Calls w/Maritza</b> <b>17</b></p> <p>9:30 <i>Delivery of Daily Chronicle and Inspirational Quotes</i></p> <p>10:00 <b>Beachball &amp; Getting to Know You Game</b></p> <p>11:00 1:1 Soothing Visits</p> <p>1:00 Essential Oils and Relaxing Music</p> <p>1:30 <b>Ice Cream Cone Social</b></p> <p>2:00 <b>Bowling Games</b></p> <p>2:30 <b>MOVE &amp; POPCORN-"The Green Berets"</b></p> <p>4:30 Sports on T.V</p>
<p><b>10am - 3pm Schedule Face-Time or Zoom Calls w/Maritza</b> <b>18</b></p> <p>9:30 <i>Delivery of Daily Chronicle and Inspirational Quotes</i></p> <p>10:15 <b>LOVE ON A LEASH</b></p> <p>11:00 1:1 Soothing Visits</p> <p>1:00 Essential Oils and Relaxing Music</p> <p>1:30 <b>Ukulele Sing Along with Bob Arij</b></p> <p>3:30 <b>Movie &amp; Popcorn in the Sun-Room "Gregory Peck General Douglas MacArthur"</b></p> <p>4:30 Sports on T.V</p>	<p><b>10am - 3pm Schedule Face-Time or Zoom Calls w/Maritza</b> <b>19</b></p> <p>9:30 <i>Delivery of Daily Chronicle and Inspirational Quotes</i></p> <p>10:00 <b>Balloon Exercise for Hand and Eye Coordination</b></p> <p>11:00 1:1 Soothing Visits</p> <p>1:00 Essential Oils and Relaxing Music</p> <p>1:30 <b>Ice Cream Social</b></p> <p>2:30 PAIRING &amp; SORTING</p> <p>3:30 <b>Basketball</b></p> <p>4:30 Sports on T.V</p>	<p><b>10am - 3pm Schedule Face-Time or Zoom Calls w/Maritza</b> <b>20</b></p> <p>9:30 <i>Delivery of Daily Chronicle and Inspirational Quotes</i></p> <p>10:00 <b>Exercise Class with Noodles</b></p> <p>10:30 <b>Courtyard Social</b></p> <p>11:00 1:1 Soothing Visits</p> <p>1:00 <b>Baby Sorting &amp; Organizing</b></p> <p>1:00 Essential Oils and Relaxing Music</p> <p>1:30 <b>Puzzles and Magazine</b></p> <p>2:00 <b>A,B,C BEACH BALL GAME</b></p> <p>3:30 <b>Happy Hour with First String Band</b></p> <p>4:30 Sports on T.V</p>	<p><b>10am - 3pm Schedule Face-Time or Zoom Calls w/Maritza</b> <b>21</b></p> <p>9:30 <i>Delivery of Daily Chronicle and Inspirational Quotes</i></p> <p>9:35 <b>BIBLE STUDY WITH PASTOR BOB</b></p> <p>10:30 <b>Sing Along with Dan Miller</b></p> <p>11:00 1:1 Soothing Visits</p> <p>1:00 <b>Beachball Parachute Game</b></p> <p>1:00 Essential Oils and Relaxing Music</p> <p>1:30 <b>Root-Beer Floats Social</b></p> <p>2:30 <b>MEMORIES IN THE MAKING WITH DIANE HOW</b></p> <p>4:30 Sports on T.V</p>	<p><b>10am - 3pm Schedule Face-Time or Zoom Calls w/Maritza</b> <b>22</b></p> <p><b>ALL STAFF MEETING</b></p> <p>9:30 <i>Delivery of Daily Chronicle and Inspirational Quotes</i></p> <p>10:00 <b>Lets Get Fit Exercise Class</b></p> <p>10:30 <b>Courtyard Social &amp; Relaxing / "Watering Gardening"</b></p> <p>11:00 1:1 Soothing Visits</p> <p>1:00 Essential Oils and Relaxing Music</p> <p>1:00 <b>Nail Care/ Massage &amp; Popsicles</b></p> <p>2:00 <b>Inspirational Music with Steve and Diane</b></p> <p>4:30 Sports on T.V</p>	<p><b>10am - 3pm Schedule Face-Time or Zoom Calls w/Maritza</b> <b>23</b></p> <p>9:30 <i>Delivery of Daily Chronicle and Inspirational Quotes</i></p> <p>10:30 <b>Courtyard Social</b></p> <p>11:00 1:1 Soothing Visits</p> <p>1:00 Essential Oils and Relaxing Music</p> <p>1:00 <b>RING TOSS</b></p> <p>2:00 <b>Qwirkle Colourful Games</b></p> <p>2:30 <b>Beachball Parachute Game</b></p> <p>4:30 Sports on T.V</p>	<p><b>10am - 3pm Schedule Face-Time or Zoom Calls w/Maritza</b> <b>24</b></p> <p>9:30 <i>Delivery of Daily Chronicle and Inspirational Quotes</i></p> <p>10:00 <b>Beachball &amp; Getting to Know You Game</b></p> <p>11:00 1:1 Soothing Visits</p> <p>1:00 Essential Oils and Relaxing Music</p> <p>1:30 <b>Ice Cream Cone Social</b></p> <p>2:00 <b>Bowling Games</b></p> <p>2:30 <b>MOVE &amp; POPCORN-"Green Fried Tomatoes"</b></p> <p>4:30 Sports on T.V</p>
<p><b>10am - 3pm Schedule Face-Time or Zoom Calls w/Maritza</b> <b>25</b></p> <p>9:30 <i>Delivery of Daily Chronicle and Inspirational Quotes</i></p> <p>10:15 <b>LOVE ON A LEASH</b></p> <p>11:00 1:1 Soothing Visits</p> <p>1:00 Essential Oils and Relaxing Music</p> <p>1:30 <b>Ukulele Sing Along with Bob Arij</b></p> <p>3:30 <b>Movie &amp; Popcorn in the Sun-Room "Stage Door Canteen"</b></p> <p>4:30 Sports on T.V</p>	<p><b>10am - 3pm Schedule Face-Time or Zoom Calls w/Maritza</b> <b>26</b></p> <p>9:30 <i>Delivery of Daily Chronicle and Inspirational Quotes</i></p> <p>10:00 <b>Balloon Exercise for Hand and Eye Coordination</b></p> <p>11:00 1:1 Soothing Visits</p> <p>1:00 Essential Oils and Relaxing Music</p> <p>1:30 <b>Ice Cream Social</b></p> <p>2:30 PAIRING &amp; SORTING</p> <p>3:30 <b>Basketball</b></p> <p>4:30 Sports on T.V</p>	<p><b>10am - 3pm Schedule Face-Time or Zoom Calls w/Maritza</b> <b>27</b></p> <p>9:30 <i>Delivery of Daily Chronicle and Inspirational Quotes</i></p> <p>10:00 <b>Exercise Class with Noodles</b></p> <p>10:30 <b>Courtyard Social</b></p> <p>11:00 1:1 Soothing Visits</p> <p>1:00 <b>Baby Sorting &amp; Organizing</b></p> <p>1:00 Essential Oils and Relaxing Music</p> <p>1:30 <b>Puzzles and Magazine</b></p> <p>2:00 <b>A,B,C BEACH BALL GAME</b></p> <p>3:30 <b>Happy Hour &amp; Birthday Celebration with Sylvia &amp; Salvador</b></p> <p>4:30 Sports on T.V</p>	<p><b>10am - 3pm Schedule Face-Time or Zoom Calls w/Maritza</b> <b>28</b></p> <p>9:30 <i>Delivery of Daily Chronicle and Inspirational Quotes</i></p> <p>9:35 <b>BIBLE STUDY WITH PASTOR BOB</b></p> <p>10:15 <b>FLY SWATTERS &amp; BALLOON GAMES</b></p> <p>11:00 1:1 Soothing Visits</p> <p>1:00 <b>Beachball Parachute Game</b></p> <p>1:00 Essential Oils and Relaxing Music</p> <p>1:30 <b>Root-Beer Floats Social</b></p> <p>2:30 <b>MEMORIES IN THE MAKING WITH DIANE HOW</b></p> <p>4:30 Sports on T.V</p>	<p><b>10am - 3pm Schedule Face-Time or Zoom Calls w/Maritza</b> <b>29</b></p> <p>9:30 <i>Delivery of Daily Chronicle and Inspirational Quotes</i></p> <p>10:00 <b>Lets Get Fit Exercise Class</b></p> <p>10:30 <b>Courtyard Social &amp; Relaxing / "Watering Gardening"</b></p> <p>11:00 1:1 Soothing Visits</p> <p>1:00 Essential Oils and Relaxing Music</p> <p>1:00 <b>Nail Care/ Massage &amp; Popsicles</b></p> <p>2:00 <b>MENS GROUP "MONEY COUNTING"</b></p> <p>4:30 Sports on T.V</p>	<p><b>10am - 3pm Schedule Face-Time or Zoom Calls w/Maritza</b> <b>30</b></p> <p>9:30 <i>Delivery of Daily Chronicle and Inspirational Quotes</i></p> <p>10:30 <b>Courtyard Social</b></p> <p>11:00 1:1 Soothing Visits</p> <p>1:00 Essential Oils and Relaxing Music</p> <p>1:00 <b>RING TOSS</b></p> <p>2:00 <b>Qwirkle Colourful Games</b></p> <p>2:30 <b>Beachball Parachute Game</b></p> <p>4:30 Sports on T.V</p>	<p><b>10am - 3pm Schedule Face-Time or Zoom Calls w/Maritza</b> <b>31</b></p> <p>9:30 <i>Delivery of Daily Chronicle and Inspirational Quotes</i></p> <p>10:00 <b>Beachball &amp; Getting to Know You Game</b></p> <p>11:00 1:1 Soothing Visits</p> <p>1:00 Essential Oils and Relaxing Music</p> <p>1:30 <b>Ice Cream Cone Social</b></p> <p>2:00 <b>Bowling Games</b></p> <p>2:30 <b>MOVE &amp; POPCORN-"Frank Sinatra Collection On The Town"</b></p> <p>4:30 Sports on T.V</p>