



July 2021

Lantern Crest The Plaza

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Location Key PL - Plaza Lobby CDR - Catalina Dining Room MB - Miramar Bar MDT - Movie Dinner Theater BD - Bel Air Diner 50GR - 50's Game Room CH - Reflections Chapel		BRITTANY FAY LIFE ENRICHMENT DIRECTOR (619) 258-8886 Ext: 3910 brittany.fay@lanterncrestantsee.com	Please see Pointe Activity Calendar for Additional Activities	ANIMALS ARTS BIRTHDAY EXERCISE FILM GAMES HAPPY HOUR HEALTH INTELLECTUAL MUSIC RSVP SOCIAL SPIRITUAL	Happy Birthday Marie Decker!! Last Day to RSVP for 4th of July - Call Extension 3910		
FR - Fitness Room IPS - Indoor Pool and Spa TR - King Charles Royal Tea Room SC- Sunken Courtyard UC - Upper Courtyard BBC - Bocce Ball Court PL4 - Puzzle Lounge/Library	4 Catalina Dining Room Will Be Closing Early ~ To Go Orders 2:30pm - 3:30pm ~ Kitchen Closes at 3:30pm Happy Birthday Marvel Dawson!! Independence Day 9:00 † Sunday Morning Church Service with Pastor Bill [CH] 10:30 † Physical Wellness and Strength with Frank [FR] 11:30 ★ Sunday Champagne Brunch ~ 11:30am - 2:00pm at The Pointe [V] 1:00 † Arts and Crafts [PL4] 2:00 † Newspaper and Tea [TR] 3:00 † Bingo [BD] 7:00 † Tails on Trails: Dog Walking Group	5 9:00 ↔ Morning Stretches [MDT] 10:00 ↔ Cardio Drumming Class [FR] 11:00 ☒ Coffee in the Courtyard [UC] 1:00 ☒ Aromatherapy DIY Class [TR] 2:00 † Bingo [BD] 3:00 † Lantern Crest Bowling League [BD] 4:00 † Puzzles on the 4th Floor [PL4] 7:00 † Tails on Trails: Dog Walking Group	6 9:00 ★ St. Kieran's Communion Service [CH] 10:15 ↔ Core Strength and Weights with Karl [FR] 11:30 ☒ Cornhole by the Waterfall [SC] 12:30 ☒ Matinee Movie: Life As We Know It ~ Romance/Comedy, 1h 55min [MDT] 1:30 † Bunco [50GR] 3:00 † Technology Workshop [PL] 4:30 † Live Piano Music [CDR] 7:00 † Tails on Trails: Dog Walking Group	7 9:00 ↔ Morning Stretches [MDT] 9:30 ☒ Donut Worry!! It's A Pajama Party!! [MDT] 10:00 † Circuit Workouts [FR] 11:00 ☒ Table Talk and Tasty Treats with Chef Phil [BD] 1:00 † Dominoes [50GR] 2:00 † Bible Study with Pastor Mark from Foothills Church [CH] 3:30 † Men's Brew Crew [BD] 7:00 † Tails on Trails: Dog Walking Group	8 9:00 ↔ Morning Stretches [MDT] 10:15 ↔ Core Strength and Weights with Karl [FR] 11:00 ★ Lunch at Peohe's at Coronado Ferry Landing [CDR] 11:30 † Rummy [BD] 1:30 ☒ Cooking Class with Darci [BD] 2:00 † Armchair Astronomer: Mars: Water Discovered [MDT] 3:00 † Technology Workshop [PL] 4:00 ★ Culinary Action Station at The Pointe: Pasta Bar [V] 7:00 † Tails on Trails: Dog Walking Group	9 Happy Birthday Norma Sharpe!! 9:00 ↔ Morning Stretches [MDT] 10:00 ↔ Aquacize with Brittany [IPS] 11:00 † Free Blood Pressure Check with BrightStar [PL] 12:00 † Puzzles on the 4th Floor [PL4] 1:30 † Blackjack [BD] 2:30 † Communi-Tea Book Club! [TR] 3:00 † Happier Hour with Live Music [CDR] 4:30 † Technology Workshop [PL] 7:00 † Tails on Trails: Dog Walking Group	10 9:00 ↔ Morning Stretches [MDT] 10:00 ↔ Chair Yoga and Weights with Heidi [FR] 11:00 † Current Events and Coffee Chats [SC] 12:30 ☒ Milkshakes and Music [BD] 2:00 ☒ Greatest Events of WWII in Colour Series ~ Episode 5: Siege of Stalingrad [MDT] 3:30 † Bocce Ball and Beer [BBC] 7:00 † Tails on Trails: Dog Walking Group
Happy Birthday to You! Shirley James 7/31	11 Happy Birthday Barbara Crane!! 9:00 † Sunday Morning Church Service with Pastor Bill [CH] 10:30 † Physical Wellness and Strength with Frank [FR] 10:30 † Sunday Service with Frank Long [CH] 11:30 ★ Sunday Champagne Brunch ~ 11:30am - 2:00pm at The Pointe [V] 1:00 ★ 7-11 Trip for Free Slurpee Day! 2:00 † Newspaper and Tea [TR] 3:00 † Bingo [BD] 7:00 † Tails on Trails: Dog Walking Group	12 9:00 ↔ Morning Stretches [MDT] 10:00 ↔ Cardio Drumming Class [FR] 11:00 ☒ Coffee in the Courtyard [UC] 1:00 ☒ Aromatherapy DIY Class [TR] 2:00 † Veteran Picture Day Courtesy of Mission Health [V] 3:00 † Lantern Crest Bowling League [BD] 4:00 † Puzzles on the 4th Floor [PL4] 7:00 † Tails on Trails: Dog Walking Group	13 9:00 ★ St. Kieran's Communion Service [CH] 10:15 ↔ Core Strength and Weights with Karl [FR] 11:30 ☒ Cornhole by the Waterfall [SC] 12:30 ☒ Matinee Movie: Casino Royale ~ Action, 2h 24min [MDT] 1:30 † Bunco [50GR] 3:00 † Technology Workshop [PL] 4:30 † Live Piano Music [CDR] 7:00 † Tails on Trails: Dog Walking Group	14 9:00 ↔ Morning Stretches [MDT] 10:00 ↔ Circuit Workouts [FR] 11:00 ☒ Table Talk and Tasty Treats with Chef Phil [BD] 1:00 † Ice Cream Chat with Nutritionist Barbara Grant [BD] 1:30 Resident Council Board Meeting [V] 2:00 † Bible Study with Pastor Mark from Foothills Church [CH] 3:00 † Abbott Hearing Aid Clean and Check [PL] 3:30 † Women's Wine Time [TR] 7:00 † Tails on Trails: Dog Walking Group 8:00 † Movie Under the Stars [UC]	15 9:00 ↔ Morning Stretches [MDT] 10:15 ↔ Core Strength and Weights with Karl [FR] 11:30 † Rummy [BD] 1:30 ☒ Cooking Class with Darci [BD] 3:00 † Technology Workshop [PL] 4:00 ★ Culinary Action Station at The Pointe: Mediterranean Cuisine [V] 7:00 † Tails on Trails: Dog Walking Group	16 9:00 ↔ Morning Stretches [MDT] 10:00 ↔ Aquacize with Brittany [IPS] 11:00 † Free Blood Pressure Check with BrightStar [PL] 12:00 † Indoor Shopping Event [LB32] 12:00 † Puzzles on the 4th Floor [PL4] 1:30 † Blackjack [BD] 3:00 † Happier Hour with Live Music [CDR] 4:30 † Technology Workshop [PL] 7:00 † Tails on Trails: Dog Walking Group	17 9:00 ↔ Morning Stretches [MDT] 10:00 ↔ Chair Yoga and Weights with Heidi [FR] 11:00 † Current Events and Coffee Chats [SC] 12:30 ☒ Milkshakes and Music [BD] 2:00 ☒ Greatest Events of WWII in Colour Series ~ Episode 7: Battle of the Bulge [MDT] 3:30 † Bocce Ball and Beer [BBC] 7:00 † Tails on Trails: Dog Walking Group
Doctor Drives Monday thru Friday 9am - 3pm 9am - 1pm for Appts Further than 15 Miles	18 9:00 † Sunday Morning Church Service with Pastor Bill [CH] 10:30 ↔ Physical Wellness and Strength with Frank [FR] 11:30 ★ Sunday Champagne Brunch ~ 11:30am - 2:00pm at The Pointe [V] 1:00 † Arts and Crafts [PL4] 2:00 † Newspaper and Tea [TR] 3:00 † Bingo [BD] 7:00 † Tails on Trails: Dog Walking Group	19 9:00 ↔ Morning Stretches [MDT] 10:00 ↔ Cardio Drumming Class [FR] 11:00 ☒ Coffee in the Courtyard [UC] 1:00 ☒ Aromatherapy DIY Class [TR] 2:00 † Bingo [BD] 3:00 † Lantern Crest Bowling League [BD] 4:00 † Puzzles on the 4th Floor [PL4] 7:00 † Tails on Trails: Dog Walking Group	20 Happy Birthday Ron Crabb!! 9:00 ★ St. Kieran's Communion Service [CH] 10:15 ↔ Core Strength and Weights with Karl [FR] 11:00 † Richard Lederer - The Grammar Guy [MDT] 11:30 ☒ Cornhole by the Waterfall [SC] 12:30 ☒ Matinee Movie: The Terminal ~ Comedy, 2h 9min [MDT] 1:30 † Bunco [50GR] 3:00 † Technology Workshop [PL] 4:30 † Live Piano Music [CDR] 7:00 † Tails on Trails: Dog Walking Group	21 9:00 ↔ Morning Stretches [MDT] 10:00 ↔ Circuit Workouts [FR] 11:00 ☒ Table Talk and Tasty Treats with Chef Phil [BD] 12:30 † Veterans Ceremony Special Courtesy of Mission Health [MDT] 1:00 † Dominoes [50GR] 2:00 † Bible Study with Pastor Mark from Foothills Church [CH] 3:30 † Men's Brew Crew [BD] 7:00 † Tails on Trails: Dog Walking Group	22 All Staff Meeting: No Doctor Appointments After 12pm 9:00 ↔ Morning Stretches [MDT] 10:15 ↔ Core Strength and Weights with Karl [FR] 11:00 ★ Lunch Outing at Black Bear Diner 11:30 † Rummy [BD] 1:30 ☒ Cooking Class with Darci [BD] 3:00 † Technology Workshop [PL] 4:00 ★ Culinary Action Station at The Pointe: Louisiana Creole [V] 7:00 † Tails on Trails: Dog Walking Group	23 Tokyo Summer Olympics 2021 Begins - Check TV's Around Lantern Crest to Watch! 9:00 ↔ Morning Stretches [MDT] 10:00 ↔ Aquacize with Brittany [IPS] 11:00 † Free Blood Pressure Check with BrightStar [PL] 12:00 † Puzzles on the 4th Floor [PL4] 1:30 † Blackjack [BD] 2:30 † Communi-Tea Book Club! [TR] 3:00 † Happier Hour with Live Music [CDR] 4:30 † Technology Workshop [PL] 7:00 † Tails on Trails: Dog Walking Group	24 9:00 ↔ Morning Stretches [MDT] 10:00 ↔ Chair Yoga and Weights with Heidi [FR] 11:00 † Current Events and Coffee Chats [SC] 12:30 ★ Lantern Crest Paint Party Hosted by Nathan Mohle [LB32] 2:00 ☒ Greatest Events of WWII in Colour Series ~ Episode 8: Dresden Firestorm [MDT] 3:30 † Bocce Ball and Beer [BBC] 7:00 † Tails on Trails: Dog Walking Group
	25 9:00 † Sunday Morning Church Service with Pastor Bill [CH] 10:30 ↔ Physical Wellness and Strength with Frank [FR] 10:30 † Sunday Service with Frank Long [CH] 11:30 ★ Sunday Champagne Brunch ~ 11:30am - 2:00pm at The Pointe [V] 1:00 † Arts and Crafts [PL4] 2:00 † Newspaper and Tea [TR] 3:00 † Bingo [BD] 7:00 † Tails on Trails: Dog Walking Group	26 9:00 ↔ Morning Stretches [MDT] 10:00 ↔ Cardio Drumming Class [FR] 11:00 ☒ Coffee in the Courtyard [UC] 1:00 ☒ Aromatherapy DIY Class [TR] 2:00 † Bingo [BD] 3:00 † Lantern Crest Bowling League [BD] 4:00 † Puzzles on the 4th Floor [PL4] 7:00 † Tails on Trails: Dog Walking Group	27 9:00 ★ St. Kieran's Communion Service [CH] 10:15 ↔ Core Strength and Weights with Karl [FR] 11:30 ☒ Cornhole by the Waterfall [SC] 12:00 † July Birthday Special Luncheon [V] 12:30 ☒ Matinee Movie: The Lost Husband ~ Heartfelt, 1h 50min [MDT] 1:30 † Bunco [50GR] 2:30 † Stay Sharp with Sharp Healthcare - Medicine Management featuring Dr. Zaniel [MDT] 3:00 † Technology Workshop [PL] 4:30 † Live Piano Music [CDR] 7:00 † Tails on Trails: Dog Walking Group	28 9:00 ↔ Morning Stretches [MDT] 10:00 ☒ Coffee with Executive Director Diana Santana and Housekeeping Supervisor Sara [LP] 11:00 ☒ Table Talk and Tasty Treats with Chef Phil [BD] 1:00 † Dominoes [50GR] 2:00 † Bible Study with Pastor Mark from Foothills Church [CH] 3:30 † Women's Wine Time [TR] 7:00 † Tails on Trails: Dog Walking Group 8:00 † Movie Under the Stars [UC]	29 9:00 ↔ Morning Stretches [MDT] 10:15 ↔ Core Strength and Weights with Karl [FR] 11:30 † Rummy [BD] 1:30 ☒ Cooking Class with Darci [BD] 1:30 Dining Committee Meeting [V] 3:00 † Technology Workshop [PL] 4:00 ★ Culinary Action Station at The Pointe: Taco Bar [V] 7:00 † Tails on Trails: Dog Walking Group	30 9:00 ↔ Morning Stretches [MDT] 10:00 ↔ Aquacize with Brittany [IPS] 11:00 † Free Blood Pressure Check with BrightStar [PL] 12:00 † Puzzles on the 4th Floor [PL4] 1:30 † Blackjack [BD] 3:00 † Happier Hour with Live Music [CDR] 4:30 † Technology Workshop [PL] 7:00 † Tails on Trails: Dog Walking Group	31 Happy Birthday Shirley James!! 9:00 ↔ Morning Stretches [MDT] 10:00 ↔ Chair Yoga and Weights with Heidi [FR] 11:00 † Current Events and Coffee Chats [SC] 12:30 ☒ Milkshakes and Music [BD] 2:00 ☒ Greatest Events of WWII in Colour Series ~ Episodes 9 & 10 [MDT] 3:30 † Bocce Ball and Beer [BBC] 7:00 † Tails on Trails: Dog Walking Group