


# Lantern Crest Assisted Living

# September 2021

Sunday                      Monday                      Tuesday                      Wednesday                      Thursday                      Friday                      Saturday



**Maritza Aguirre**  
Life Enrichment Director  
At The Ridge  
800 Lantern Crest Way  
Santee, Ca 92071  
Cell: (619) 495-5666  
Maritza.aguirre@lanterncrestsantee.com

**Resident Birthdays**

Argero G.            9/7  
Rosario B.          9/23  
Jean L.                9/28  
Gary H.                9/29

**Take a Walk and Find "Bob Ross" 1**  
9:30 Delivery of the Daily Chronicle and Fun Extras  
10:00 Exercise Class [L1]  
10:30 Radio Garden with Irene [L1]  
11:00 1:1 Resident visits  
1:00 Art with Tracy & Jane [AC]  
2:00 Black Jack [CR]  
3:00 Rag Wreath Making [AC]  
4:30 Wine Down Wednesday with Jeffery Mosier [MDR]  
5:00 Evening Chat with a Friend in the Courtyard

**Take a Walk and Find "Bob Ross" 2**  
9:30 Delivery of the Daily Chronicle and Fun Extras  
10:00 Bocce Ball Is Back! Green Machine vs Red Warriors [L1]  
11:00 1:1 Resident visits  
1:00 Bingo for Gift Cards [AC]  
2:30 Armchair Travel "Highlights of Your Home Town" [RT]  
3:30 Stretch & Strength [L1]  
5:00 Evening Chat with a Friend in the Courtyard

**Take a Walk and Find "Bob Ross" 3**  
9:30 Delivery of the Daily Chronicle and Fun Extras  
10:00 Stretch and Strength Exercise Class [L1]  
10:30 Wheel of Fortune [L1]  
11:00 1:1 Resident visits  
1:00 Afternoon Movie and Popcorn "Some Like It Hot" [RT]  
1:30 D.I.Y Pot Painting & Succulent Arrangements [AC]  
2:30 Black Jack [CR]  
4:30 Friday Night Live with William Young [MDR]  
5:00 Evening Chat with a Friend in the Courtyard

**Take a Walk and Find "Bob Ross" 4**  
9:30 Delivery of the Daily Chronicle and Fun Extras  
10:00 Mornings with Irene at "Cafe de' Crest" - Coffee, Laughter and Good Friends [BISR]  
11:00 1:1 Resident visits  
1:00 Mind & Body Fun Exercise Class with Irene [L1]  
2:00 Word in a Word [L1]  
3:00 Framed Vintage Jewelry Projects [AC]  
5:00 Evening Chat with a Friend in the Courtyard

**Take a Walk and Find "Bob Ross" 5**  
9:30 Delivery of the Daily Chronicle and Fun Extras  
10:00 Chat with our Sous Chef Daniela [L1]  
10:45 Love on a Leash [L1]  
11:00 1:1 Resident visits  
1:00 Sunday Matinee with Popcorn "The Band Wagon"  
1:30 Trash Card Games [CR]  
2:30 Explore "Pinterest" with Maritza [AC]  
5:00 Evening Chat with a Friend in the Courtyard

**Happy Labor Day**  
**Take a Walk and Find "Bob Ross" 6**  
9:30 Delivery of the Daily Chronicle and Fun Extras  
10:00 Bistro Social & Calendar Planning  
10:30 Bible Study with Chaplin Scott [L1]  
11:00 1:1 Resident visits  
1:00 Drum Fit Class with Sheri [L1]  
2:00 Bingo for Prizes [AC]  
3:00 Miscellaneous Fair Craft's [AC]  
4:30 Labor Day Celebration with Sylvia & Salvador [MDR]  
5:00 Evening Chat with a Friend in the Courtyard

**Happy Birthday Archie. G**  
**Take a Walk and Find "Bob Ross" 7**  
9:30 Delivery of the Daily Chronicle and Fun Extras  
10:00 Core Workout & Stretch with Irene [L1]  
10:30 News, Views, Health and Horoscopes [L1]  
11:00 1:1 Resident visits  
1:00 Sip Wine & Paint Party "Pumpkins and Sunflowers on Canvas" [AC]  
4:30 Happy Hour with "Blue Zone" [MDR]  
5:00 Evening Chat with a Friend in the Courtyard

**Resident Council Meeting**  
**Take a Walk and Find "Bob Ross" 8**  
9:30 Delivery of the Daily Chronicle and Fun Extras  
10:00 Exercise Class [L1]  
10:30 Bible Study & Hymns w/ Pastor Bob [L1]  
11:00 1:1 Resident visits  
1:00 Art with Tracy & Jane [AC]  
2:00 Black Jack [CR]  
3:00 Resident Council Meeting [AC]  
4:30 Wine Down Wednesday with Trevor Mosier  
5:00 Evening Chat with a Friend in the Courtyard

**Chef's Corner 11:30 to 1:30**  
**Take a Walk and Find "Bob Ross" 9**  
9:30 Delivery of the Daily Chronicle and Fun Extras  
10:00 Bocce Ball Is Back! Green Machine vs Red Warriors [L1]  
11:00 1:1 Resident visits  
1:00 Bingo for Gift Cards [AC]  
2:30 Inspirational Music with Steve and Diane [MDR]  
3:30 Stretch & Strength [L1]  
5:00 Evening Chat with a Friend in the Courtyard

**Take a Walk and Find "Bob Ross" 10**  
9:30 Delivery of the Daily Chronicle and Fun Extras  
10:00 Stretch and Strength Exercise Class [L1]  
10:30 Jeopardy Game [L1]  
11:00 1:1 Resident visits  
1:00 Afternoon Movie and Popcorn "Carousel" [RT]  
1:30 D.I.Y Pot Painting & Succulent Arrangements [AC]  
2:30 Black Jack [CR]  
2:30 Love on a Leash  
4:30 Friday Night Live with William Young [MDR]  
5:00 Evening Chat with a Friend in the Courtyard

**Take a Walk and Find "Bob Ross" 11**  
9:30 Delivery of the Daily Chronicle and Fun Extras  
10:00 Mornings with Irene at "Cafe de' Crest" - Coffee, Laughter and Good Friends [BISR]  
11:00 1:1 Resident visits  
1:00 Mind & Body Fun Exercise Class with Irene [L1]  
2:00 Rummy-O Game [L1]  
3:00 Framed Vintage Jewelry Projects [AC]  
5:00 Evening Chat with a Friend in the Courtyard

**Happy Grandparents Day**  
**Take a Walk and Find "Bob Ross" 12**  
9:30 Delivery of the Daily Chronicle and Fun Extras  
10:00 Chat with our Sous Chef Daniela [L1]  
10:45 Love on a Leash [L1]  
11:00 1:1 Resident visits  
12:00 Grandparents Day Celebration with "First String Band" [MDR]  
1:00 Sunday Matinee with Popcorn "Speedway"  
1:30 Trash Card Games [CR]  
2:30 Explore "Pinterest" with Maritza [AC]  
5:00 Evening Chat with a Friend in the Courtyard

**Take a Walk and Find "Bob Ross" 13**  
9:30 Delivery of the Daily Chronicle and Fun Extras  
10:00 Bistro Social & Calendar Planning  
10:30 Bible Study with Chaplin Scott [L1]  
11:00 1:1 Resident visits  
1:00 Drum Fit Class with Sheri [L1]  
2:00 Bingo for Prizes [AC]  
3:00 Miscellaneous Fair Craft's [AC]  
5:00 Evening Chat with a Friend in the Courtyard

**Take a Walk and Find "Bob Ross" 14**  
9:30 Delivery of the Daily Chronicle and Fun Extras  
10:00 Core Workout & Stretch with Irene [L1]  
10:30 News, Views, Health and Horoscopes [L1]  
11:00 1:1 Resident visits  
1:00 Jeopardy Game [L1]  
2:30 Black Jack [CR]  
4:30 Happy Hour with "Brown Sugar Oldies" & Welcome New Residents [MDR]  
5:00 Evening Chat with a Friend in the Courtyard

**Take a Walk and Find "Bob Ross" 15**  
9:30 Delivery of the Daily Chronicle and Fun Extras  
10:00 Exercise Class [L1]  
10:30 Bible Study & Hymns w/ Pastor Bob [L1]  
11:00 1:1 Resident visits  
1:00 Art with Tracy & Jane [AC]  
2:00 Black Jack [CR]  
3:00 Rag Wreath Making [AC]  
4:30 Wine Down Wednesday with Jeffery Mosier  
5:00 Evening Chat with a Friend in the Courtyard

**Take a Walk and Find "Bob Ross" 16**  
9:30 Delivery of the Daily Chronicle and Fun Extras  
10:00 Bocce Ball Is Back! Green Machine vs Red Warriors [L1]  
11:00 1:1 Resident visits  
1:00 Bingo for Gift Cards [AC]  
2:30 Armchair Travel "Highlights of Your Home Town" [RT]  
3:30 Stretch & Strength [L1]  
5:00 Evening Chat with a Friend in the Courtyard

**Take a Walk and Find "Bob Ross" 17**  
9:30 Delivery of the Daily Chronicle and Fun Extras  
10:00 Stretch and Strength Exercise Class [L1]  
10:30 Wheel of Fortune [L1]  
11:00 1:1 Resident visits  
1:00 Jeanette Alessio-Way "The History Lady" Memories That Matter [RT]  
2:30 Black Jack [CR]  
4:30 Friday Night Live with William Young [MDR]  
5:00 Evening Chat with a Friend in the Courtyard

**Take a Walk and Find "Bob Ross" 18**  
9:30 Delivery of the Daily Chronicle and Fun Extras  
10:00 Mornings with Irene at "Cafe de' Crest" - Coffee, Laughter and Good Friends [BISR]  
11:00 1:1 Resident visits  
1:00 Mind & Body Fun Exercise Class with Irene [L1]  
2:00 Word in a Word [L1]  
3:00 Framed Vintage Jewelry Projects [AC]  
5:00 Evening Chat with a Friend in the Courtyard

**Take a Walk and Find "Bob Ross" 19**  
9:30 Delivery of the Daily Chronicle and Fun Extras  
10:00 Chat with our Sous Chef Daniela [L1]  
10:45 Love on a Leash [L1]  
11:00 1:1 Resident visits  
1:00 Sunday Matinee with Popcorn "LA LA Land"  
1:30 Trash Card Games [CR]  
2:30 Explore "Pinterest" with Maritza [AC]  
5:00 Evening Chat with a Friend in the Courtyard

**Take a Walk and Find "Bob Ross" 20**  
9:30 Delivery of the Daily Chronicle and Fun Extras  
10:00 Bistro Social & Calendar Planning  
10:30 Bible Study with Chaplin Scott [L1]  
11:00 1:1 Resident visits  
1:00 Drum Fit Class with Sheri [L1]  
2:00 Bingo for Prizes [AC]  
3:00 Miscellaneous Fair Craft's [AC]  
5:00 Evening Chat with a Friend in the Courtyard

**Take a Walk and Find "Bob Ross" 21**  
9:30 Delivery of the Daily Chronicle and Fun Extras  
10:00 Core Workout & Stretch with Irene [L1]  
10:30 News, Views, Health and Horoscopes [L1]  
11:00 1:1 Resident visits  
1:00 Cover The Number Dice Game [L1]  
2:30 Black Jack [CR]  
4:30 Happy Hour with "Band Diego" [MDR]  
5:00 Evening Chat with a Friend in the Courtyard

**All Staff Meeting @ 2:00pm**  
**Take a Walk and Find "Bob Ross" 22**  
9:30 Delivery of the Daily Chronicle and Fun Extras  
10:00 Exercise Class [L1]  
10:30 Bible Study & Hymns w/ Pastor Bob [L1]  
11:00 1:1 Resident visits  
1:00 Art with Tracy & Jane [AC]  
3:30 Rag Wreath Making [AC]  
4:30 Wine Down Wednesday with Trevor Mosier  
5:00 Evening Chat with a Friend in the Courtyard

**Chef's Corner 11:30 to 1:30**  
**Happy Birthday Rosie. B**  
**Take a Walk and Find "Bob Ross" 23**  
9:30 Delivery of the Daily Chronicle and Fun Extras  
10:00 Bocce Ball Is Back! Green Machine vs Red Warriors [L1]  
11:00 1:1 Resident visits  
1:00 Bingo for Gift Cards [AC]  
2:30 Armchair Travel "Highlights of Your Home Town" [RT]  
3:30 Stretch & Strength [L1]  
5:00 Evening Chat with a Friend in the Courtyard

**Take a Walk and Find "Bob Ross" 24**  
9:30 Delivery of the Daily Chronicle and Fun Extras  
10:00 Stretch and Strength Exercise Class [L1]  
10:30 Jeopardy Game [L1]  
11:00 1:1 Resident visits  
1:00 Afternoon Movie and Popcorn "Mama Mia" [RT]  
1:30 D.I.Y Pot Painting & Succulent Arrangements [AC]  
2:30 Black Jack [CR]  
2:30 Love on a Leash  
4:30 Friday Night Live with William Young [MDR]  
5:00 Evening Chat with a Friend in the Courtyard

**Take a Walk and Find "Bob Ross" 25**  
9:30 Delivery of the Daily Chronicle and Fun Extras  
10:00 Mornings with Irene at "Cafe de' Crest" - Coffee, Laughter and Good Friends [BISR]  
11:00 1:1 Resident visits  
1:00 Mind & Body Fun Exercise Class with Irene [L1]  
2:00 Rummy-O Game [L1]  
3:00 Framed Vintage Jewelry Projects [AC]  
5:00 Evening Chat with a Friend in the Courtyard


**Take a Walk and Find "Bob Ross" 26**  
9:30 Delivery of the Daily Chronicle and Fun Extras  
10:00 Chat with our Sous Chef Daniela [L1]  
10:45 Love on a Leash [L1]  
11:00 1:1 Resident visits  
1:00 Sunday Matinee with Popcorn "She Wore A Yellow Ribbon"  
1:30 Trash Card Games [CR]  
2:30 Explore "Pinterest" with Maritza [AC]  
5:00 Evening Chat with a Friend in the Courtyard

**Lantern Crest Art's & Craft's Fair**  
**Take a Walk and Find "Bob Ross" 27**  
9:30 Delivery of the Daily Chronicle and Fun Extras  
10:00 Bistro Social & Calendar Planning  
10:30 Bible Study with Chaplin Scott [L1]  
11:00 1:1 Resident visits  
1:00 Drum Fit Class with Sheri [L1]  
3:00 Lantern Crest Art's & Craft's Fair "Ridge Parking Lot"  
4:00 Live Music with "DOUBLE TAKE" The Ridge Parking Lot  
5:00 Evening Chat with a Friend in the Courtyard

**Happy Birthday Jean. L**  
**Take a Walk and Find "Bob Ross" 28**  
9:30 Delivery of the Daily Chronicle and Fun Extras  
10:00 Core Workout & Stretch with Irene [L1]  
10:30 News, Views, Health and Horoscopes [L1]  
11:00 1:1 Resident visits  
1:00 Jeopardy Game [L1]  
2:30 Black Jack [CR]  
4:30 Happy Hour & Birthday Celebration with "Kemosabe Band" [MDR]  
5:00 Evening Chat with a Friend in the Courtyard

**Happy Birthday Gary. H**  
**Take a Walk and Find "Bob Ross" 29**  
9:30 Delivery of the Daily Chronicle and Fun Extras  
10:00 Exercise Class [L1]  
10:30 Bible Study & Hymns w/ Pastor Bob [L1]  
11:00 1:1 Resident visits  
1:00 Art with Tracy & Jane [AC]  
2:00 Black Jack [CR]  
3:00 Rag Wreath Making [AC]  
4:30 Wine Down Wednesday with Jeffery Mosier  
5:00 Evening Chat with a Friend in the Courtyard

**Take a Walk and Find "Bob Ross" 30**  
9:30 Delivery of the Daily Chronicle and Fun Extras  
10:00 Bocce Ball Is Back! Green Machine vs Red Warriors [L1]  
11:00 1:1 Resident visits  
1:00 Bingo for Gift Cards [AC]  
2:30 Trash Game [RT]  
3:30 Stretch & Strength [L1]  
5:00 Evening Chat with a Friend in the Courtyard



#37205

**All Activities are subject to change without notice. Please check dailies for all updates. Thank you!**