

Lantern Crest Assisted Living

November 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
	1 Take a Walk and Find "Turkey Blue" 9:30 Delivery of the Daily Chronicle and Fun Extras 10:00 Bistro Social & Calendar Planning 10:30 Bible Study with Chaplin Scott at The Sports Lounge 11:00 1:1 Resident visits 1:00 Drum Fit Class with Sheri [L1] 2:00 Bingo for Prizes [AC] 3:00 Miscellaneous Holiday Crafts [AC] 5:00 Enjoy a Game with Friends at the "Sports Lounge"	2 Take a Walk and Find "Turkey Blue" 9:30 Delivery of the Daily Chronicle and Fun Extras 10:00 Core Workout & Stretch [L1] 10:30 News, Views, Health and Horoscopes [L1] 11:00 1:1 Resident visits 1:00 Crossword Puzzle [L1] 2:30 Black Jack [CR] 4:30 Happy Hour with "Blue Zone" [MDR] 5:00 Enjoy a Game with Friends at the "Sports Lounge"	3 Take a Walk and Find "Turkey Blue" 9:30 Delivery of the Daily Chronicle and Fun Extras 10:00 Exercise Class [L1] 10:30 Bible Study & Hymns w/ Pastor Bob [L1] 11:00 1:1 Resident visits 1:00 Black Jack [CR] 2:00 Holiday Arts & Crafts [AC] 3:00 Dominos at "The Sports Lounge" 4:30 Wine Down Wednesday with "Diane Surdock" [MDR] 5:00 Enjoy a Game with Friends at the "Sports Lounge"	4 Chef's Corner 11:30 to 1:30 Take a Walk and Find "Turkey Blue" 9:30 Delivery of the Daily Chronicle and Fun Extras 10:00 Bocce Ball Is Back! Green Machine vs Red Warriors [L1] 11:00 1:1 Resident visits 1:00 Bingo for Gift Cards [AC] 2:30 Armchair Travel "Highlights of Your Home Town" [RT] 3:30 Stretch & Strength [L1] 5:00 Enjoy a Game with Friends at the "Sports Lounge"	5 Take a Walk and Find "Turkey Blue" 9:30 Delivery of the Daily Chronicle and Fun Extras 10:00 Stretch and Strength Exercise Class [L1] 10:30 Family Feud Game [L1] 11:00 1:1 Resident visits 1:00 Afternoon Movie and Popcorn "An Affair to Remember" [RT] 1:15 Men's Brew Crew at "The Sports Lounge" 2:00 Love on a Leash 2:30 Black Jack [CR] 4:30 Friday Night Live with William Young [MDR] 5:00 Enjoy a Game with Friends at the "Sports Lounge"	6 Take a Walk and Find "Turkey Blue" 9:30 Delivery of the Daily Chronicle and Fun Extras 10:00 Mornings with Irene at "Cafe de' Crest" - Coffee, Laughter and Good Friends [BISR] 11:00 1:1 Resident visits 1:00 Exercise Class with Irene [L1] 1:45 Word in a Word [L1] 3:00 "Sport Lounge" - Cornhole Games & Social 5:00 Enjoy a Game with Friends at the "Sports Lounge"	
	7 Daylight Saving Time Ends Take a Walk and Find "Turkey Blue" 9:30 Delivery of the Daily Chronicle and Fun Extras 10:00 Chat with our Sous Chef [L1] 10:45 Love on a Leash [L1] 11:00 1:1 Resident visits 1:00 Sunday Matinee with Popcorn "Hidden Figures" 1:30 Sing-along with Myran Frame [MDR] 2:30 Trash Card Games [CR] 5:00 Enjoy a Game with Friends at the "Sports Lounge"	8 Take a Walk and Find "Turkey Blue" 9:30 Delivery of the Daily Chronicle and Fun Extras 10:00 Baking Sweets & Calendar Planning [LCK] 10:30 Bible Study with Chaplin Scott at The Sports Lounge 11:00 1:1 Resident visits 1:00 Drum Fit Class with Sheri [L1] 2:30 Bingo for Prizes [AC] 3:30 Miscellaneous Holiday Crafts [AC] 5:00 Enjoy a Game with Friends at the "Sports Lounge"	9 Take a Walk and Find "Turkey Blue" 9:30 Delivery of the Daily Chronicle and Fun Extras 10:00 Core Workout & Stretch [L1] 10:30 News, Views, Health and Horoscopes [L1] 11:00 1:1 Resident visits 1:30 The Ridge Hardhat Updates with DCI Construction [MDR] 2:30 Black Jack [CR] 4:30 Happy Hour & Welcome New Residents with "Music Station" [MDR] 5:00 Enjoy a Game with Friends at the "Sports Lounge"	10 Happy Birthday Helen H. Resident Council Meeting Take a Walk and Find "Turkey Blue" 9:30 Delivery of the Daily Chronicle and Fun Extras 10:00 Exercise Class [L1] 10:30 Our Daily Bread [L1] 11:00 1:1 Resident visits 1:00 Black Jack [CR] 3:00 Resident Council Meeting [MDR] 4:30 Wine Down Wednesday with "Jeffery Mosier" [MDR] 5:00 Enjoy a Game with Friends at the "Sports Lounge"	11 Happy Veterans Day Take a Walk and Find "Turkey Blue" 9:30 Delivery of the Daily Chronicle and Fun Extras 10:00 Bocce Ball Is Back! Green Machine vs Red Warriors [L1] 11:00 1:1 Resident visits 1:00 Bingo for Gift Cards [AC] 1:30 Veterans Day Celebration with The Golden Entertainment "Pattie & Gary" [MDR] 3:00 Armchair Travel "Highlights of Your Home Town" [RT] 5:00 Enjoy a Game with Friends at the "Sports Lounge"	12 Take a Walk and Find "Turkey Blue" 9:30 Delivery of the Daily Chronicle and Fun Extras 10:00 Stretch and Strength Exercise Class [L1] 10:30 Family Feud Game [L1] 11:00 1:1 Resident visits 1:15 Men's Brew Crew at "The Sports Lounge" 1:30 Jeanette Alessio-Way "The History Lady" Memories That Matter" November [RT] 2:30 Black Jack [CR] 4:30 Friday Night Live with William Young [MDR] 5:00 Enjoy a Game with Friends at the "Sports Lounge"	13 Take a Walk and Find "Turkey Blue" 9:30 Delivery of the Daily Chronicle and Fun Extras 10:00 Mornings with Irene at "Cafe de' Crest" - Coffee, Laughter and Good Friends [BISR] 11:00 1:1 Resident visits 1:00 Exercise Class with Irene [L1] 1:45 Word in a Word [L1] 3:00 "Sport Lounge" - Cornhole Games & Social 5:00 Enjoy a Game with Friends at the "Sports Lounge"
	14 Take a Walk and Find "Turkey Blue" 9:30 Delivery of the Daily Chronicle and Fun Extras 10:00 Chat with our Sous Chef [L1] 10:45 Love on a Leash [L1] 11:00 1:1 Resident visits 1:00 Sunday Matinee with Popcorn - Robin Williams & Patch Adams "Brilliant" 1:30 Harmony Express "1960's Music" [MDR] 2:30 Trash Card Games [CR] 5:00 Enjoy a Game with Friends at the "Sports Lounge"	15 Take a Walk and Find "Turkey Blue" 9:30 Delivery of the Daily Chronicle and Fun Extras 10:00 Baking Sweets & Calendar Planning [LCK] 10:30 Bible Study with Chaplin Scott at The Sports Lounge 11:00 1:1 Resident visits 1:00 Drum Fit Class with Sheri [L1] 2:30 Bingo for Prizes [AC] 3:30 Miscellaneous Holiday Crafts [AC] 5:00 Enjoy a Game with Friends at the "Sports Lounge"	16 Take a Walk and Find "Turkey Blue" 9:30 Delivery of the Daily Chronicle and Fun Extras 10:00 Tea Party at "The Plaza" with Life Enrichment 11:00 1:1 Resident visits 1:00 Jeopardy Game [L1] 2:30 Black Jack [CR] 4:30 Happy Hour with Sylvia & Salvador [MDR] 5:00 Enjoy a Game with Friends at the "Sports Lounge"	17 Take a Walk and Find "Turkey Blue" 9:30 Delivery of the Daily Chronicle and Fun Extras 10:00 Exercise Class [L1] 10:30 Bible Study & Hymns w/ Pastor Bob [L1] 11:00 1:1 Resident visits 1:00 Black Jack [CR] 1:30 Holiday Portraits 2:00 Holiday Arts & Crafts [AC] 3:00 Dominos at "The Sports Lounge" 4:30 Wine Down Wednesday with "Diane Surdock" [MDR] 5:00 Enjoy a Game with Friends at the "Sports Lounge"	18 Chef's Corner 11:30 to 1:30 Take a Walk and Find "Turkey Blue" 9:30 Delivery of the Daily Chronicle and Fun Extras 10:00 Bocce Ball Is Back! Green Machine vs Red Warriors [L1] 11:00 1:1 Resident visits 1:00 Bingo for Gift Cards [AC] 2:30 Armchair Travel "Highlights of Your Home Town" [RT] 3:30 Stretch & Strength [L1] 5:00 Enjoy a Game with Friends at the "Sports Lounge"	19 Take a Walk and Find "Turkey Blue" 9:30 Delivery of the Daily Chronicle and Fun Extras 10:00 Stretch and Strength Exercise Class [L1] 10:30 Family Feud Game [L1] 11:00 1:1 Resident visits 1:00 Afternoon Movie and Popcorn "The Aviator" [RT] 1:15 Men's Brew Crew at "The Sports Lounge" 2:00 Love on a Leash 2:30 Black Jack [CR] 4:30 Friday Night Live with William Young [MDR] 5:00 Enjoy a Game with Friends at the "Sports Lounge"	20 Take a Walk and Find "Turkey Blue" 9:30 Delivery of the Daily Chronicle and Fun Extras 10:00 Mornings with Irene at "Cafe de' Crest" - Coffee, Laughter and Good Friends [BISR] 11:00 1:1 Resident visits 1:00 Exercise Class with Irene [L1] 1:45 Word in a Word [L1] 3:00 "Sport Lounge" - Cornhole Games & Social 5:00 Enjoy a Game with Friends at the "Sports Lounge"
	21 Take a Walk and Find "Turkey Blue" 9:30 Delivery of the Daily Chronicle and Fun Extras 10:00 Chat with our Sous Chef [L1] 10:45 Love on a Leash [L1] 11:00 1:1 Resident visits 1:00 Sunday Matinee with Popcorn "Sabrina" 1:30 Sing-along with Myron Frame [MDR] 2:30 Trash Card Games [CR] 5:00 Enjoy a Game with Friends at the "Sports Lounge"	22 All Staff Meeting Take a Walk and Find "Turkey Blue" 9:30 Delivery of the Daily Chronicle and Fun Extras 10:00 Baking Sweets & Calendar Planning [LCK] 10:30 Bible Study with Chaplin Scott at The Sports Lounge 11:00 1:1 Resident visits 1:00 Drum Fit Class with Sheri [L1] 3:30 Bingo for Prizes [AC] 5:00 Enjoy a Game with Friends at the "Sports Lounge"	23 Take a Walk and Find "Turkey Blue" 9:30 Delivery of the Daily Chronicle and Fun Extras 10:00 Core Workout & Stretch [L1] 10:30 News, Views, Health and Horoscopes [L1] 11:00 1:1 Resident visits 1:00 Cover The Number Dice Game [L1] 2:30 Black Jack [CR] 4:30 Happy Hour with "First String Band" [MDR] 5:00 Enjoy a Game with Friends at the "Sports Lounge"	24 Take a Walk and Find "Turkey Blue" 9:30 Delivery of the Daily Chronicle and Fun Extras 10:00 Exercise Class [L1] 10:30 Turkey Show with "Rick" at The Ridge Parking Lot 11:00 1:1 Resident visits 1:00 Black Jack [CR] 1:30 Sip Wine & Holiday Painting Class with Irene & Maritza [AC] 4:30 Wine Down Wednesday with "Jeffery Mosier" [MDR] 5:00 Enjoy a Game with Friends at the "Sports Lounge"	25 Happy Thanksgiving Take a Walk and Find "Turkey Blue" 9:30 Delivery of the Daily Chronicle and Fun Extras 10:00 Bocce Ball Is Back! Green Machine vs Red Warriors [L1] 11:00 1:1 Resident visits 1:00 Bingo for Gift Cards [AC] 2:00 Inspirational Music with Steve and Diane [MDR] 5:00 Enjoy a Game with Friends at the "Sports Lounge"	26 Take a Walk and Find "Turkey Blue" 9:30 Delivery of the Daily Chronicle and Fun Extras 10:00 Stretch and Strength Exercise Class [L1] 10:30 Family Feud Game [L1] 11:00 1:1 Resident visits 1:00 Afternoon Movie and Popcorn "Steel Magnolias" [RT] 1:15 Men's Brew Crew at "The Sports Lounge" 2:30 Black Jack [CR] 4:30 Friday Night Live with William Young [MDR] 5:00 Enjoy a Game with Friends at the "Sports Lounge"	27 Take a Walk and Find "Turkey Blue" 9:30 Delivery of the Daily Chronicle and Fun Extras 10:00 Mornings with Irene at "Cafe de' Crest" - Coffee, Laughter and Good Friends [BISR] 11:00 1:1 Resident visits 1:00 Exercise Class with Irene [L1] 1:45 Word in a Word [L1] 3:00 "Sport Lounge" - Cornhole Games & Social 5:00 Enjoy a Game with Friends at the "Sports Lounge"
	28 Hanukkah Begins at Sundown Take a Walk and Find "Turkey Blue" 9:30 Delivery of the Daily Chronicle and Fun Extras 10:00 Chat with our Sous Chef [L1] 10:45 Love on a Leash [L1] 11:00 1:1 Resident visits 1:00 Sunday Matinee with Popcorn - Reese Witherspoon "Sweet Home Alabama" 1:30 "Brown Sugar Oldies" In Concert with full Band [MDR] 2:30 Trash Card Games [CR] 5:00 Enjoy a Game with Friends at the "Sports Lounge"	29 Take a Walk and Find "Turkey Blue" 9:30 Delivery of the Daily Chronicle and Fun Extras 10:00 Baking Sweets & Calendar Planning [LCK] 10:30 Bible Study with Chaplin Scott at The Sports Lounge 11:00 1:1 Resident visits 1:00 Drum Fit Class with Sheri [L1] 2:30 Bingo for Prizes [AC] 3:30 Miscellaneous Holiday Crafts [AC] 5:00 Enjoy a Game with Friends at the "Sports Lounge"	30 Take a Walk and Find "Turkey Blue" 9:30 Delivery of the Daily Chronicle and Fun Extras 10:00 Core Workout & Stretch [L1] 10:30 News, Views, Health and Horoscopes [L1] 11:00 1:1 Resident visits 1:00 Crossword Puzzle [L1] 2:30 Black Jack [CR] 4:30 Happy Hour & Birthday Celebration with "Band Diego" [MDR] 5:00 Enjoy a Game with Friends at the "Sports Lounge"	<div style="text-align: center;"> Maritza Aguirre Life Enrichment Director At The Ridge 800 Lantern Crest Way Santee, Ca 92071 Cell: (619) 495-5666 Maritza.aguirre@lanterncrestsantee.com </div>		<div style="text-align: center;"> Resident Birthdays Helen H. 11/10 </div>	<div style="text-align: center;">  <p>Starting November 1st we will be handing out Life Enrichment \$dollars for words of kindness, take a walk and find Turkey Blue and activity participation. Thank You!</p> </div>