

Lantern Crest Horizons

December 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><i>Maritza Aguirre</i> Life Enrichment Director At The Ridge 800 Lantern Crest Way Santee, Ca 92071 Cell: (619) 495-5666 Maritza.aguirre@lanterncrestsantee.com</p>		<p>Resident Birthdays Daisy F. 12/5 Joyce C. 12/13 Patrick C. 12/28</p>	<p>9:30 Delivery of Daily Chronicle and Inspirational Quotes 1 9:35 <u>Bible Study with Pastor Bob</u> 10:15 Fly Swatters & Balloon Games 11:00 1:1 Soothing Visits 1:00 Holiday Essential Oils & Relaxing Music 1:15 <u>Mexican Train Game</u> 2:30 <u>Holiday Memories in the Making with Diane & Daniel</u> 4:30 Sports on T.V</p>	<p>9:30 Delivery of Daily Chronicle and Inspirational Quotes 2 10:00 <u>Lets Get Fit Exercise Class with Daniel</u> 10:30 <u>Courtyard Social & Relaxing</u> 11:00 1:1 Soothing Visits 1:00 Holiday Essential Oils & Relaxing Music 1:15 Wood Variety Decorative Bird Houses with Daniel 2:15 <u>Merry Christmas Bingo Game</u> 2:30 <u>Men's Group & Finish the Sentence</u> 4:30 Sports on T.V</p>	<p>9:30 Delivery of Daily Chronicle and Inspirational Quotes 3 10:00 <u>Resistance Band Exercise with Charlotte</u> 11:00 1:1 Soothing Visits 1:00 Holiday Essential Oils & Relaxing Music 1:15 <u>Miscellaneous Holiday Craft's</u> 2:00 <u>LOVE ON A LEASH</u> 3:00 <u>Story-Time with Charlotte</u> 4:30 Sports on T.V</p>	<p>9:30 Delivery of Daily Chronicle and Inspirational Quotes 4 10:00 <u>Parachute Ball</u> 10:30 Courtyard and Story Time 11:00 1:1 Soothing Visits 1:00 Holiday Essential Oils & Relaxing Music 2:00 <u>Nail Care and Hand Massage</u> 2:30 <u>Movie & Popcorn in the Sun-Room "Santa Claus is Coming to Town"</u> 4:30 Sports on T.V</p>
<p>9:30 Delivery of Daily Chronicle and Inspirational Quotes 5 9:45 <u>Exercise Class with Frank From Mobile Therapy</u> 10:15 <u>LOVE ON A LEASH</u> 11:00 1:1 Soothing Visits 1:00 Holiday Essential Oils & Relaxing Music 1:30 <u>Ukulele Sing Along with Bob Aarii</u> 2:30 <u>Movie & Popcorn in the Sun-Room "White Christmas"</u> 4:30 Sports on T.V</p>	<p>9:30 Delivery of Daily Chronicle and Inspirational Quotes 6 10:00 <u>Drum Fit Class with Charlotte</u> 10:30 <u>Walk the Halls & Holiday Music</u> 11:00 1:1 Soothing Visits 1:00 Holiday Essential Oils & Relaxing Music 1:30 <u>Candy Cane Crafts</u> 2:30 <u>Cornhole Board Games</u> 3:30 <u>Hangman Game "Sunroom"</u> 4:30 Sports on T.V</p>	<p>9:30 Delivery of Daily Chronicle and Inspirational Quotes 7 10:00 <u>Exercise Class with Noodles</u> 10:30 <u>Bistro Social</u> 11:00 1:1 Soothing Visits 1:00 Holiday Essential Oils & Relaxing Music 1:15 <u>Nutcracker Ring Toss Game</u> 2:00 <u>Holiday Candy & Bingo</u> 3:00 <u>Mad Libs Game</u> 3:30 <u>Happy Hour with "First String Band"</u> 4:30 Sports on T.V</p>	<p>9:30 Delivery of Daily Chronicle and Inspirational Quotes 8 9:35 <u>Bible Study with Pastor Bob</u> 10:30 <u>Familiar Music with Dan</u> 11:00 1:1 Soothing Visits 1:00 Holiday Essential Oils & Relaxing Music 1:15 <u>Mexican Train Game</u> 2:30 <u>Holiday Memories in the Making with Diane & Daniel</u> 4:30 Sports on T.V</p>	<p>9:30 Delivery of Daily Chronicle and Inspirational Quotes 9 10:00 <u>Lets Get Fit Exercise Class with Daniel</u> 10:30 <u>Courtyard Social & Relaxing</u> 11:00 1:1 Soothing Visits 1:00 Holiday Essential Oils & Relaxing Music 1:15 Wood Variety Decorative Bird Houses with Daniel 2:15 <u>Merry Christmas Bingo Game</u> 2:30 <u>Men's Group & Finish the Sentence</u> 4:30 Sports on T.V</p>	<p>9:30 Delivery of Daily Chronicle and Inspirational Quotes 10 10:00 <u>Resistance Band Exercise with Charlotte</u> 11:00 1:1 Soothing Visits 1:00 Holiday Essential Oils & Relaxing Music 1:00 <u>Jeanette Alessio-Way "The History Lady" Memories that Matter "December"</u> 2:15 <u>Miscellaneous Holiday Craft's</u> 3:00 <u>Story-Time with Charlotte</u> 4:30 Sports on T.V</p>	<p>9:30 Delivery of Daily Chronicle and Inspirational Quotes 11 10:00 <u>Parachute Ball</u> 10:30 Courtyard and Story Time 11:00 1:1 Soothing Visits 1:00 Holiday Essential Oils & Relaxing Music 2:00 <u>Nail Care and Hand Massage</u> 2:30 <u>Movie & Popcorn in the Sun-Room "Rudolph The Red Nose Reindeer"</u> 4:30 Sports on T.V</p>
<p>9:30 Delivery of Daily Chronicle and Inspirational Quotes 12 9:45 <u>Exercise Class with Frank From Mobile Therapy</u> 10:15 <u>LOVE ON A LEASH</u> 11:00 1:1 Soothing Visits 1:00 Holiday Essential Oils & Relaxing Music 1:30 <u>Ukulele Sing Along with Bob Aarii</u> 2:30 <u>Movie & Popcorn in the Sun-Room "The Christmas Box"</u> 4:30 Sports on T.V</p>	<p>9:30 Delivery of Daily Chronicle and Inspirational Quotes 13 10:00 <u>Drum Fit Class with Charlotte</u> 10:30 <u>Walk the Halls & Holiday Music</u> 11:00 1:1 Soothing Visits 1:00 Holiday Essential Oils & Relaxing Music 1:30 <u>Candy Cane Crafts</u> 2:30 <u>Cornhole Board Games</u> 3:30 <u>Hangman Game "Sunroom"</u> 4:30 Sports on T.V</p>	<p>9:30 Delivery of Daily Chronicle and Inspirational Quotes 14 10:00 <u>Exercise Class with Noodles</u> 10:30 <u>Bistro Social</u> 11:00 1:1 Soothing Visits 1:00 Holiday Essential Oils & Relaxing Music 1:30 <u>The San Diego Festival Chorus</u> 2:30 <u>Holiday Candy & Bingo</u> 3:00 <u>Mad Libs Game</u> 3:30 <u>Happy Hour & Welcome New Residents with "Brown Sugar Oldies"</u> 4:30 Sports on T.V</p>	<p>9:30 Delivery of Daily Chronicle and Inspirational Quotes 15 9:35 <u>Bible Study with Pastor Bob</u> 10:15 Fly Swatters & Balloon Games 11:00 1:1 Soothing Visits 1:00 Holiday Essential Oils & Relaxing Music 1:15 <u>Mexican Train Game</u> 2:30 <u>Holiday Memories in the Making with Diane & Daniel</u> 4:30 Sports on T.V</p>	<p>9:30 Delivery of Daily Chronicle and Inspirational Quotes 16 10:00 <u>Lets Get Fit Exercise Class with Daniel</u> 10:30 <u>Courtyard Social & Relaxing</u> 11:00 1:1 Soothing Visits 1:00 Holiday Essential Oils & Relaxing Music 1:15 Wood Variety Decorative Bird Houses with Daniel 2:15 <u>Merry Christmas Bingo Game</u> 2:30 <u>Men's Group & Finish the Sentence</u> 4:30 Sports on T.V</p>	<p>9:30 Delivery of Daily Chronicle and Inspirational Quotes 17 10:00 <u>Resistance Band Exercise with Charlotte</u> 11:00 1:1 Soothing Visits 1:00 Holiday Essential Oils & Relaxing Music 1:15 <u>Miscellaneous Holiday Craft's</u> 2:00 <u>LOVE ON A LEASH</u> 3:00 <u>Story-Time with Charlotte</u> 4:30 Sports on T.V</p>	<p>9:30 Delivery of Daily Chronicle and Inspirational Quotes 18 10:00 <u>Parachute Ball</u> 10:30 Courtyard and Story Time 11:00 1:1 Soothing Visits 1:00 Holiday Essential Oils & Relaxing Music 2:00 <u>Nail Care and Hand Massage</u> 2:30 <u>Movie & Popcorn in the Sun-Room "The Polar Express"</u> 4:30 Sports on T.V</p>
<p>9:30 Delivery of Daily Chronicle and Inspirational Quotes 19 9:45 <u>Exercise Class with Frank From Mobile Therapy</u> 10:15 <u>LOVE ON A LEASH</u> 11:00 1:1 Soothing Visits 1:00 Holiday Essential Oils & Relaxing Music 1:30 <u>Ukulele Sing Along with Bob Aarii</u> 2:30 <u>Movie & Popcorn in the Sun-Room "Elf"</u> 4:30 Sports on T.V</p>	<p>9:30 Delivery of Daily Chronicle and Inspirational Quotes 20 10:00 <u>Drum Fit Class with Charlotte</u> 10:30 <u>Walk the Halls & Holiday Music</u> 11:00 1:1 Soothing Visits 1:00 Holiday Essential Oils & Relaxing Music 1:30 <u>Candy Cane Crafts</u> 2:30 <u>Cornhole Board Games</u> 3:30 <u>Hangman Game "Sunroom"</u> 4:30 Sports on T.V</p>	<p>9:30 Delivery of Daily Chronicle and Inspirational Quotes 21 10:00 <u>Exercise Class with Noodles</u> 10:30 <u>Bistro Social</u> 11:00 1:1 Soothing Visits 1:00 Holiday Essential Oils & Relaxing Music 1:15 <u>Nutcracker Ring Toss Game</u> 2:00 <u>Holiday Candy & Bingo</u> 3:00 <u>Mad Libs Game</u> 3:30 <u>Happy Hour with "Sylvia & Salvador"</u> 4:30 Sports on T.V</p>	<p>9:30 Delivery of Daily Chronicle and Inspirational Quotes 22 9:35 <u>Bible Study with Pastor Bob</u> 10:15 <u>Familiar Music with Dan</u> 11:00 1:1 Soothing Visits 1:00 Holiday Essential Oils & Relaxing Music 1:15 <u>Mexican Train Game</u> 2:30 <u>Holiday Memories in the Making with Diane & Daniel</u> 4:30 Sports on T.V</p>	<p>9:30 Delivery of Daily Chronicle and Inspirational Quotes 23 10:00 <u>Lets Get Fit Exercise Class with Daniel</u> 10:30 <u>Courtyard Social & Relaxing</u> 11:00 1:1 Soothing Visits 1:00 Holiday Essential Oils & Relaxing Music 1:15 Wood Variety Decorative Bird Houses with Daniel 2:00 <u>Inspirational Music with Steve & Diane</u> 2:30 <u>Men's Group & Finish the Sentence</u> 4:30 Sports on T.V</p>	<p><u>Happy Christmas Eve</u> 9:30 Delivery of Daily Chronicle and Inspirational Quotes 24 10:00 <u>Resistance Band Exercise with Charlotte</u> 11:00 1:1 Soothing Visits 1:00 Holiday Essential Oils & Relaxing Music 1:15 <u>Miscellaneous Holiday Craft's</u> 3:00 <u>Story-Time with Charlotte</u> 4:30 Sports on T.V</p>	<p><u>Happy Christmas Day</u> 11:00 1:1 Soothing Visits 25 11:00 Delivery of Daily Chronicle and Inspirational Quotes 12:00 <u>Holiday Elves Gift Giving</u> 1:00 Holiday Essential Oils & Relaxing Music 2:30 <u>Movie & Popcorn in the Sun-Room "Miracle on 34th Street"</u> 4:30 Sports on T.V</p>
<p>9:30 Delivery of Daily Chronicle and Inspirational Quotes 26 9:45 <u>Exercise Class with Frank From Mobile Therapy</u> 10:15 <u>LOVE ON A LEASH</u> 11:00 1:1 Soothing Visits 1:00 Holiday Essential Oils & Relaxing Music 1:30 <u>Cornhole Board Game</u> 2:30 <u>Movie & Popcorn in the Sun-Room "Home Alone 2"</u> 4:30 Sports on T.V</p>	<p>9:30 Delivery of Daily Chronicle and Inspirational Quotes 27 10:00 <u>Drum Fit Class with Charlotte</u> 10:30 <u>Walk the Halls & Holiday Music</u> 11:00 1:1 Soothing Visits 1:00 Holiday Essential Oils & Relaxing Music 1:30 <u>Candy Cane Crafts</u> 2:30 <u>Cornhole Board Games</u> 3:30 <u>Hangman Game "Sunroom"</u> 4:30 Sports on T.V</p>	<p>9:30 Delivery of Daily Chronicle and Inspirational Quotes 28 10:00 <u>Exercise Class with Noodles</u> 10:30 <u>Bistro Social</u> 11:00 1:1 Soothing Visits 1:00 Holiday Essential Oils & Relaxing Music 1:15 <u>Nutcracker Ring Toss Game</u> 2:00 <u>Holiday Candy & Bingo</u> 3:00 <u>Mad Libs Game</u> 3:30 <u>Happy Hour Birthday Celebration with "Brown Sugar Oldies"</u> 4:30 Sports on T.V</p>	<p>9:30 Delivery of Daily Chronicle and Inspirational Quotes 29 9:35 <u>Bible Study with Pastor Bob</u> 10:15 Fly Swatters & Balloon Games 11:00 1:1 Soothing Visits 1:00 Holiday Essential Oils & Relaxing Music 1:15 <u>Mexican Train Game</u> 2:30 <u>Holiday Memories in the Making with Diane & Daniel</u> 4:30 Sports on T.V</p>	<p>9:30 Delivery of Daily Chronicle and Inspirational Quotes 30 10:00 <u>Lets Get Fit Exercise Class with Daniel</u> 10:30 <u>Courtyard Social & Relaxing</u> 11:00 1:1 Soothing Visits 1:00 Holiday Essential Oils & Relaxing Music 1:15 Wood Variety Decorative Bird Houses with Daniel 2:15 <u>Merry Christmas Bingo Game</u> 2:30 <u>Men's Group & Finish the Sentence</u> 4:30 Sports on T.V</p>	<p><u>Happy New Year's Eve</u> 9:30 Delivery of Daily Chronicle and Inspirational Quotes 31 10:00 <u>Resistance Band Exercise with Charlotte</u> 11:00 1:1 Soothing Visits 12:00 <u>Noon Year's Eve Celebration with "Sylvia & Salvador"</u> 1:00 Holiday Essential Oils & Relaxing Music 1:15 <u>Miscellaneous Holiday Craft's</u> 3:00 <u>Story-Time with Charlotte</u> 4:30 Sports on T.V</p>	