

Lantern Crest Horizons

November 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
	1 9:30 Delivery of Daily Chronicle and Inspirational Quotes 10:00 Balloon Exercise for Hand and Eye Coordination 11:00 1:1 Soothing Visits 1:00 Fall Essential Oils & Daily Positive Thought & Affirmations 1:45 Drum Fit Class with Sheri Guzman 2:30 Mason Jar & Hot Cocoa Recipes 3:30 Mens Trip to the Sports Lounge 4:30 Sports on T.V	2 9:30 Happy Birthday Charles T. Delivery of Daily Chronicle and Inspirational Quotes 10:00 Exercise Class with Noodles 10:30 Courtyard Social 11:00 1:1 Soothing Visits 1:00 Fall Essential Oils & Daily Positive Thought & Affirmations 1:15 Gratitude Wreaths 2:00 Autumn Bingo 3:00 Mad Libs Game 3:30 Happy Hour with "Sophisticats" 4:30 Sports on T.V	3 9:30 Delivery of Daily Chronicle and Inspirational Quotes 9:35 Bible Study with Pastor Bob 10:15 Fly Swatters & Balloon Games 11:00 1:1 Soothing Visits 1:00 Fall Essential Oils & Daily Positive Thought & Affirmations 1:30 Fall Snack Mix Making 2:30 Memories in the Making with Diane & Daniel 4:30 Sports on T.V	4 9:30 Delivery of Daily Chronicle and Inspirational Quotes 10:00 Lets Get Fit Exercise Class with Daniel 10:30 Courtyard Social & Relaxing 1:1 Soothing Visits 1:00 Fall Essential Oils & Daily Positive Thought & Affirmations 1:15 Wood Variety Decorative Bird Houses with Daniel 2:00 Inspirational Music with Steve & Diane 2:30 Men's Group & Finish the Sentence 4:30 Sports on T.V	5 9:30 Delivery of Daily Chronicle and Inspirational Quotes 10:00 Story-Time with Charlotte 11:00 1:1 Soothing Visits 1:00 Fall Essential Oils & Daily Positive Thought & Affirmations 1:15 Thanksgiving Button Art 2:15 Baking Cinnamon Rolls with Charlotte 2:30 Love on a Leash 3:00 Balloon Exercise & Sing-along 4:30 Sports on T.V	6 9:30 Delivery of Daily Chronicle and Inspirational Quotes 10:00 Oldie Tunes & Kick Ball 10:30 Courtyard and Story Time 11:00 1:1 Soothing Visits 1:00 Fall Essential Oils & Daily Positive Thought & Affirmations 1:00 Pre-packaged Turkey Cookie Making for Our Local Fire Stations 2:00 Nail Care and Hand Massage 2:30 Movie & Popcorn in the Sun-Room "Runaway Bride" 4:30 Sports on T.V	
	7 9:30 Daylight Savings Time Ends Delivery of Daily Chronicle and Inspirational Quotes 9:45 Exercise Class with Frank From Mobile Therapy 10:15 LOVE ON A LEASH 11:00 1:1 Soothing Visits 1:00 Fall Essential Oils & Daily Positive Thought & Affirmations 1:30 Ukulele Sing Along with Bob Arie 2:30 Movie & Popcorn in the Sun-Room "Smokey and the Bandit" 4:30 Sports on T.V	8 9:30 Happy Birthday Dolores "Dee" Delivery of Daily Chronicle and Inspirational Quotes 10:00 Balloon Exercise for Hand and Eye Coordination 11:00 1:1 Soothing Visits 1:00 Fall Essential Oils & Daily Positive Thought & Affirmations 1:45 Drum Fit Class with Sheri Guzman 2:30 Mason Jar & Hot Cocoa Recipes 3:30 Mens Trip to the Sports Lounge 4:30 Sports on T.V	9 9:30 Delivery of Daily Chronicle and Inspirational Quotes 10:00 Exercise Class with Noodles 10:30 Courtyard Social 11:00 1:1 Soothing Visits 1:00 Fall Essential Oils & Daily Positive Thought & Affirmations 1:00 Gratitude Wreaths 1:30 The Ridge Hardhat Updates with DCI Construction 2:00 Autumn Bingo 3:00 Mad Libs Game 3:30 Happy Hour with "Brown Sugar Oldies" & Welcome New Residents 4:30 Sports on T.V	10 9:30 Delivery of Daily Chronicle and Inspirational Quotes 9:35 Daily Bread 10:30 Familiar Music with Dan 11:00 1:1 Soothing Visits 1:00 Fall Essential Oils & Daily Positive Thought & Affirmations 1:30 Fall Snack Mix Making 2:30 Memories in the Making with Diane & Daniel 4:30 Sports on T.V	11 9:30 Happy Veterans Day Delivery of Daily Chronicle and Inspirational Quotes 10:00 Lets Get Fit Exercise Class with Daniel 10:30 Courtyard Social & Relaxing 11:00 1:1 Soothing Visits 1:00 Fall Essential Oils & Daily Positive Thought & Affirmations 1:30 Veterans Day Celebration with The Golden Entertainment "Pattie & Gary" 2:30 Thank You Card Making for Our "First Responders, Essential workers" 3:00 Men's Group & Finish the Sentence 4:30 Sports on T.V	12 9:30 Delivery of Daily Chronicle and Inspirational Quotes 10:00 Story-Time with Charlotte 11:00 1:1 Soothing Visits 1:00 Fall Essential Oils & Daily Positive Thought & Affirmations 1:00 Thanksgiving Button Art 2:15 Jeanette Alessio-Way "The History Lady" Memories That Matter" November 3:00 Balloon Exercise & Sing-along 4:30 Sports on T.V	13 9:30 Delivery of Daily Chronicle and Inspirational Quotes 10:00 Oldie Tunes & Kick Ball 10:30 Courtyard and Story Time 11:00 1:1 Soothing Visits 1:00 Fall Essential Oils & Daily Positive Thought & Affirmations 1:00 Pre-packaged Turkey Cookie Making for Our Local Fire Stations & Essential Workers 2:00 Nail Care and Hand Massage 2:30 Movie & Popcorn in the Sun-Room "My Big Fat Greek Wedding" 4:30 Sports on T.V
	14 9:30 Delivery of Daily Chronicle and Inspirational Quotes 9:45 Exercise Class with Frank From Mobile Therapy 10:15 LOVE ON A LEASH 11:00 1:1 Soothing Visits 1:00 Fall Essential Oils & Daily Positive Thought & Affirmations 1:30 Sing Along 2:30 Movie & Popcorn in the Sun-Room "The Treasures of the Sierra Madre" 4:30 Sports on T.V	15 9:30 Delivery of Daily Chronicle and Inspirational Quotes 10:00 Balloon Exercise for Hand and Eye Coordination 11:00 1:1 Soothing Visits 1:00 Fall Essential Oils & Daily Positive Thought & Affirmations 1:45 Drum Fit Class with Sheri Guzman 2:30 Mason Jar & Hot Cocoa Recipes 3:30 Mens Trip to the Sports Lounge 4:30 Sports on T.V	16 9:30 Delivery of Daily Chronicle and Inspirational Quotes 10:00 Exercise Class with Noodles 10:30 Courtyard Social 11:00 1:1 Soothing Visits 1:00 Fall Essential Oils & Daily Positive Thought & Affirmations 1:15 Gratitude Wreaths 2:00 Autumn Bingo 3:00 Mad Libs Game 3:30 Happy Hour with "First String Band" 4:30 Sports on T.V	17 9:30 Delivery of Daily Chronicle and Inspirational Quotes 9:35 Bible Study with Pastor Bob 10:15 Fly Swatters & Balloon Games 11:00 1:1 Soothing Visits 1:00 Fall Essential Oils & Daily Positive Thought & Affirmations 1:30 Holiday Portraits 2:30 Memories in the Making with Diane & Daniel 4:30 Sports on T.V	18 9:30 Delivery of Daily Chronicle and Inspirational Quotes 10:00 Lets Get Fit Exercise Class with Daniel 10:30 Courtyard Social & Relaxing 11:00 1:1 Soothing Visits 1:00 Fall Essential Oils & Daily Positive Thought & Affirmations 1:15 Wood Variety Decorative Bird Houses with Daniel 2:15 Thank You Card Making for Our "First Responders, Essential worker's" 2:30 Men's Group & Finish the Sentence 4:30 Sports on T.V	19 9:30 Delivery of Daily Chronicle and Inspirational Quotes 10:00 Story-Time with Charlotte 11:00 1:1 Soothing Visits 1:00 Fall Essential Oils & Daily Positive Thought & Affirmations 1:15 Thanksgiving Button Art 2:15 Baking Cinnamon Rolls with Charlotte 2:30 Love on a Leash 3:00 Balloon Exercise & Sing-along 4:30 Sports on T.V	20 9:30 Delivery of Daily Chronicle and Inspirational Quotes 10:00 Oldie Tunes & Kick Ball 10:30 Courtyard and Story Time 11:00 1:1 Soothing Visits 1:00 Fall Essential Oils & Daily Positive Thought & Affirmations 1:00 Pre-packaged Turkey Cookie Making for Our Local Fire Stations & Essential Workers 2:00 Nail Care and Hand Massage 2:30 Movie & Popcorn in the Sun-Room Breakfast at Tiffany's" 4:30 Sports on T.V
	21 9:30 Delivery of Daily Chronicle and Inspirational Quotes 9:45 Exercise Class with Frank From Mobile Therapy 10:15 LOVE ON A LEASH 11:00 1:1 Soothing Visits 1:00 Fall Essential Oils & Daily Positive Thought & Affirmations 1:30 Ukulele Sing Along with Bob Arie 2:30 Movie & Popcorn in the Sun-Room "Some Like it Hot" 4:30 Sports on T.V	22 9:30 All Staff Meeting Delivery of Daily Chronicle and Inspirational Quotes 10:00 Balloon Exercise for Hand and Eye Coordination 11:00 1:1 Soothing Visits 1:00 Fall Essential Oils & Daily Positive Thought & Affirmations 1:45 Drum Fit Class with Sheri Guzman 2:00 Hallmark Movie 3:30 Mens Trip to the Sports Lounge 4:30 Sports on T.V	23 9:30 Delivery of Daily Chronicle and Inspirational Quotes 10:00 Tea Party at The Plaza" 11:00 1:1 Soothing Visits 1:00 Fall Essential Oils & Daily Positive Thought & Affirmations 1:15 Gratitude Wreaths 2:00 Autumn Bingo 3:00 Mad Libs Game 3:30 Happy Hour with "Sylvia & Salvador" 4:30 Sports on T.V	24 9:30 Delivery of Daily Chronicle and Inspirational Quotes 9:35 Bible Study with Pastor Bob 10:30 Familiar Music with Dan 10:45 Turkey Show with Richard 11:00 1:1 Soothing Visits 1:00 Fall Essential Oils & Daily Positive Thought & Affirmations 1:30 Fall Snack Mix Making 2:30 Memories in the Making with Diane & Daniel 4:30 Sports on T.V	25 9:30 Happy Thanksgiving Day Delivery of Daily Chronicle and Inspirational Quotes 10:00 Lets Get Fit Exercise Class with Daniel 10:30 Courtyard Social & Relaxing 11:00 1:1 Soothing Visits 1:00 Fall Essential Oils & Daily Positive Thought & Affirmations 1:15 Wood Variety Decorative Bird Houses with Daniel 2:15 Thank You Card Making for Our "First Responders, Essential worker's" 3:30 Men's Group & Finish the Sentence 4:30 Sports on T.V	26 9:30 Delivery of Daily Chronicle and Inspirational Quotes 10:00 Story-Time with Charlotte 11:00 1:1 Soothing Visits 1:00 Fall Essential Oils & Daily Positive Thought & Affirmations 1:15 Thanksgiving Button Art 2:15 Holiday Button Ornaments 3:00 Balloon Exercise & Sing-along 4:30 Sports on T.V	27 9:30 Delivery of Daily Chronicle and Inspirational Quotes 10:00 Oldie Tunes & Kick Ball 10:30 Courtyard and Story Time 11:00 1:1 Soothing Visits 1:00 Fall Essential Oils & Daily Positive Thought & Affirmations 1:00 Pre-packaged Turkey Cookie Making for Our Local Fire Stations & Essential Workers 2:00 Nail Care and Hand Massage 2:30 Movie & Popcorn in the Sun-Room "Grease" 4:30 Sports on T.V
28 9:30 Hanukkah begins at sundown Delivery of Daily Chronicle and Inspirational Quotes 9:45 Exercise Class with Frank From Mobile Therapy 10:15 LOVE ON A LEASH 11:00 1:1 Soothing Visits 1:00 Fall Essential Oils & Daily Positive Thought & Affirmations 1:30 Ukulele Sing Along with Bob Arie 2:30 Movie & Popcorn in the Sun-Room "Top Gun" 4:30 Sports on T.V	29 9:30 Delivery of Daily Chronicle and Inspirational Quotes 10:00 Balloon Exercise for Hand and Eye Coordination 11:00 1:1 Soothing Visits 1:00 Fall Essential Oils & Daily Positive Thought & Affirmations 1:45 Drum Fit Class with Sheri Guzman 2:30 Mason Jar & Hot Cocoa Recipes 3:30 Mens Trip to the Sports Lounge 4:30 Sports on T.V	30 9:30 Delivery of Daily Chronicle and Inspirational Quotes 10:00 Exercise Class with Noodles 10:30 Courtyard Social 11:00 1:1 Soothing Visits 1:00 Fall Essential Oils & Daily Positive Thought & Affirmations 1:15 Gratitude Wreaths 2:00 Autumn Bingo 3:00 Mad Libs Game 3:30 Happy Hour with "Brown Sugar Oldies & Birthday Celebration" 4:30 Sports on T.V	<p style="text-align: center;">Maritza Aguirre Life Enrichment Director At The Ridge 800 Lantern Crest Way Santee, Ca 92071 Cell: (619) 495-5666 Maritza.aguirre@lanterncrestsantee.com</p> <p style="text-align: center;">Resident Birthdays Charles T. 11/2 Dolores L. 11/8</p>				<p style="text-align: center;"><i>Activities are subject to change without notes.</i></p> <p style="text-align: center;">Thank you!</p>