

January 2022

Lantern Crest Assisted Living

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>January cont'd 30</p> <p><u>Take a Walk and Find "The Polar Bear"</u> 9:30 Delivery of the Daily Chronicle and Fun Extras 10:00 Chat with our Sous Chef Daniela [L1] 10:00 <u>Trip to Walmart</u> 10:45 <u>Love on a Leash [L1]</u> 11:00 1:1 Resident visits 1:00 <u>Sunday Matinee with Popcorn "Chicago"</u> 1:30 <u>Sing-Along with Myron & Robin Frame [CR]</u> 2:30 <u>Horsing [AC]</u> 5:00 Enjoy a Game with Friends at the "Sports Lounge"</p>	<p><u>Take a Walk and Find "The Polar Bear"</u> 31</p> <p>9:30 Delivery of the Daily Chronicle and Fun Extras 10:00 Exercise Class with Maritza at the "Sports Lounge" 10:30 <u>Bible Study with Chaplin Scott at The Sports Lounge</u> 11:00 1:1 Resident visits 1:00 <u>Baking Sweets & Calendar Planning [LCK]</u> 2:30 Bingo for Prizes [AC] 3:30 Miscellaneous Holiday Craft's [AC] 5:00 Enjoy a Game with Friends at the "Sports Lounge"</p>	<div style="text-align: center;">  <p>Lantern Crest SENIOR LIVING</p> </div>	<p>Maritza Aguirre Life Enrichment Director At The Ridge 800 Lantern Crest Way Santee, Ca 92071 Cell: (619) 495-5666 Maritza.aguirre@lanterncrestsantee.com</p>	<p style="text-align: center;">Resident Birthdays Shirley K. 1/13</p>	<p>Happy New Year's Welcome 2022!!! <u>Take a Walk and Find "The Polar Bear"</u> 9:30 Delivery of the Daily Chronicle and Fun Extras 10:00 <u>Mornings with Irene at "Cafe de' Crest" - Coffee, Laughter and Good Friends [BISR]</u> 11:00 1:1 Resident visits 1:00 Exercise Class with Irene [L1] 1:45 Word in a Word [L1] 3:00 <u>"Sport Lounge"- Cornhole Games & Social</u> 5:00 Enjoy a Game with Friends at the "Sports Lounge"</p>	<p>1</p>
<p><u>Take a Walk and Find "The Polar Bear"</u> 2</p> <p>9:30 Delivery of the Daily Chronicle and Fun Extras 10:00 Chat with our Sous Chef Daniela [L1] 10:00 <u>Trip to Walmart</u> 10:45 <u>Love on a Leash [L1]</u> 11:00 1:1 Resident visits 1:00 <u>Sunday Matinee with Popcorn "Grumpy Old Men"</u> 1:30 Trash Card Games [CR] 2:30 <u>Horsing [AC]</u> 5:00 Enjoy a Game with Friends at the "Sports Lounge"</p>	<p><u>Take a Walk and Find "The Polar Bear"</u> 3</p> <p>9:30 Delivery of the Daily Chronicle and Fun Extras 10:00 Exercise Class with Maritza at the "Sports Lounge" 10:30 <u>Calendar Planning with Maritza</u> 11:00 1:1 Resident visits 1:00 <u>Baking Sweets & Calendar Planning [LCK]</u> 2:30 Bingo for Prizes [AC] 3:30 Miscellaneous Holiday Craft's [AC] 5:00 Enjoy a Game with Friends at the "Sports Lounge"</p>	<p><u>Take a Walk and Find "The Polar Bear"</u> 4</p> <p>9:15 <u>St. Kieran's Communion Service with Jina Adams [RT]</u> 9:30 Delivery of the Daily Chronicle and Fun Extras 10:00 Core Workout & Stretch [L1] 10:30 News, Views, Health and Horoscopes [L1] 11:00 1:1 Resident visits 1:00 <u>Traveling to The Pacific North West with Irene [RT]</u> 2:30 Black Jack [CR] 4:30 <u>Happy Hour with "Blue Zone" [MDR]</u> 5:00 Enjoy a Game with Friends at the "Sports Lounge"</p>	<p><u>Take a Walk and Find "The Polar Bear"</u> 5</p> <p>9:30 Delivery of the Daily Chronicle and Fun Extras 10:00 Exercise Class [L1] 10:30 <u>Believers Communion/Bible Study & Hymns with Pastor Bob [L1]</u> 11:00 1:1 Resident visits 1:00 Black Jack [CR] 2:00 <u>New Year Crafts [AC]</u> 3:00 <u>Snacks and Refreshments [AC]</u> 4:30 <u>Wine Down Wednesday with "Cowboy Jack"</u> 5:00 Enjoy a Game with Friends at the "Sports Lounge"</p>	<p><u>Take a Walk and Find "The Polar Bear"</u> 6</p> <p>9:30 Delivery of the Daily Chronicle and Fun Extras 10:00 <u>Bocce Ball Is Back! Green Machine vs Red Warriors [L1]</u> 11:00 1:1 Resident visits 1:00 Bingo for Gift Cards [AC] 2:30 <u>Armchair Travel "Highlights of Your Home Town" [RT]</u> 3:30 <u>Shopping Outing</u> 3:30 Stretch & Strength [L1] 5:00 Enjoy a Game with Friends at the "Sports Lounge"</p>	<p><u>Take a Walk and Find "The Polar Bear"</u> 7</p> <p>9:30 Delivery of the Daily Chronicle and Fun Extras 10:00 Stretch and Strength Exercise Class [L1] 10:30 <u>Family Feud Game [L1]</u> 11:00 1:1 Resident visits 1:00 <u>Afternoon Movie and Popcorn "Funny Girl" [RT]</u> 1:15 <u>Brew Crew & Horse Racing "The Sports Lounge"</u> 2:30 Black Jack [CR] 5:00 Enjoy a Game with Friends at the "Sports Lounge"</p>	<p><u>Take a Walk and Find "The Polar Bear"</u> 8</p> <p>9:30 Delivery of the Daily Chronicle and Fun Extras 10:00 <u>Mornings with Irene at "Cafe de' Crest" - Coffee, Laughter and Good Friends [BISR]</u> 11:00 1:1 Resident visits 1:00 Exercise Class with Irene [L1] 1:45 <u>Crossword Puzzle [L1]</u> 3:00 <u>"Sport Lounge"- Cornhole Games & Social</u> 5:00 Enjoy a Game with Friends at the "Sports Lounge"</p>
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