

Sunday Monday Tuesday Wednesday Thursday Friday Saturday

### LOCATION KEY

- [LP] - 1st Floor Lobby Pointe
- [LB32] - 2nd Floor Latitude 32 Bar
- [V] - 2nd Floor Veranda Dining
- [TD] - 2nd Floor Terrazza Dining
- [FS] - 2nd Floor Fitness Studio
- [G2] - 2nd Floor Garden
- [PDP] - Pool Deck Patio
- [GR] - 3rd Floor Game Room
- [LL/P] - 3rd Floor Lantern Links
- [T] - 3rd Floor Theater
- [FR4] - 4th Floor Fitness Studio
- [L] - 4th Floor Library
- [AC] - 4th Floor Arts /Crafts Room

### HAPPY BIRTHDAY

Steve Deutsch ~ 1/2  
 Bob Almquist ~ 1/5  
 Fran Kern ~ 1/8  
 Donna Koslicki ~ 1/15  
 Marvlin Sivert ~ 1/18  
 Bob Waddel ~ 1/19  
 Shirley Walk ~ 1/26  
 Susan Petry ~ 1/28  
 Al Stovall ~ 1/29

All Activities Are Subject To Change Without Notice.

### DOCTOR DRIVES

Monday thru Friday  
 9 AM - 3 PM  
 9 AM - 1 PM for Appts Further than 15 Miles

### January cont'd 30

- 7:45 ★ Guardian Angels Catholic Church [LP]
- 8:15 ★ Shadow Mountain Church Drive [PL]
- 9:00 ★ Sunday Morning Church Service with Pastor Bill [CH]
- 9:30 ☞ Sunday Morning Coffee by the Garden with Club Paw-A-Dise [G2]
- 11:00 Sunday Champagne Brunch ~ 11:00am - 2pm [V]
- 12:30 ♣ Bridge Club [FS]
- 2:00 ♣ Rummy [GR]
- 3:00 ♣ \$1 Bingo [GR]
- 4:00 ♣ Penny Poker [GR]
- 4:00 ♣ Tails on Trails Walking Group

### 2

Happy Birthday Steve Deutsch!!  
 Sunday NFL Football in the Theater

- 7:45 ★ Guardian Angels Catholic Church [LP]
- 9:00 ★ Sunday Morning Church Service with Pastor Steven [CH]
- 9:30 ☞ Sunday Morning Coffee by the Garden with Club Paw-A-Dise [G2]
- 11:00 Sunday Champagne Brunch ~ 11:00am - 2pm [V]
- 12:30 ♣ Bridge Club [FS]
- 1:05 ☞ Sunday NFL Football: Chargers VS Broncos [T]
- 2:00 ♣ Rummy [GR]
- 3:00 ♣ \$1 Bingo [GR]
- 4:00 ♣ Penny Poker [GR]
- 4:00 ♣ Tails on Trails Walking Group
- 5:20 ☞ Sunday Night Football: Vikings VS Packers [LB32]

### 9

Sunday NFL Football in the Theater

- 7:45 ★ Guardian Angels Catholic Church [LP]
- 8:15 ★ Shadow Mountain Church Drive [PL]
- 9:00 ★ Sunday Morning Church Service with Pastor Bill [CH]
- 9:30 ☞ Sunday Morning Coffee by the Garden with Club Paw-A-Dise [G2]
- 10:30 ★ Spiritual Social and Coffee with Frank Long [CH]
- 11:00 Sunday Champagne Brunch ~ 11:00am - 2pm [V]
- 12:30 ♣ Bridge Club [FS]
- 1:15 ★ Cocktail Hour Show at Lamplighter Community Theater [LP]
- 1:25 ☞ Sunday NFL Football: Chargers VS Raiders [T]
- 2:00 ♣ Rummy [GR]

### 16

- 7:45 ★ Guardian Angels Catholic Church [LP]
- 8:15 ★ Shadow Mountain Church Drive [PL]
- 9:00 ★ Sunday Morning Church Service with Pastor Bill [CH]
- 9:30 ☞ Sunday Morning Coffee by the Garden with Club Paw-A-Dise [G2]
- 11:00 Sunday Champagne Brunch ~ 11:00am - 2pm [V]
- 12:30 ♣ Bridge Club [FS]
- 2:00 ♣ Rummy [GR]
- 3:00 ♣ \$1 Bingo [GR]
- 4:00 ♣ Penny Poker [GR]
- 4:00 ♣ Tails on Trails Walking Group

### 23

- 7:45 ★ Guardian Angels Catholic Church [LP]
- 8:15 ★ Shadow Mountain Church Drive [PL]
- 9:00 ★ Sunday Morning Church Service with Pastor Bill [CH]
- 9:30 ☞ Sunday Morning Coffee by the Garden with Club Paw-A-Dise [G2]
- 10:30 ★ Spiritual Social and Coffee with Frank Long [CH]
- 11:00 Sunday Champagne Brunch ~ 11:00am - 2pm [V]
- 12:30 ♣ Bridge Club [FS]
- 2:00 ♣ Rummy [GR]
- 3:00 ♣ \$1 Bingo [GR]
- 4:00 ♣ Penny Poker [GR]
- 4:00 ♣ Tails on Trails Walking Group

### 31

- 9:00 ↔ Strengthen and Stretch with Angie [FS]
- 10:00 ☞ Fireside Chats with Brittany [LP]
- 11:00 ↔ Let's Line Dance [FS]
- 1:00 ♪ Glee Club [GR]
- 2:00 ♣ Nickle Blackjack [GR]
- 3:00 ♣ Mexican Train [GR]
- 4:00 ♣ Tails on Trails Walking Group
- 4:30 ♪ Evening Piano Music [TD]
- 6:30 ☞ Games in the Game Room [GR]

### 3

- 9:00 ↔ Strengthen and Stretch with Angie [FS]
- 10:00 ☞ Fireside Chats with Brittany [LP]
- 11:00 ↔ Let's Line Dance [FS]
- 1:00 ♪ Glee Club [GR]
- 2:00 ♣ Nickle Blackjack [GR]
- 3:00 ♣ Mexican Train [GR]
- 4:00 ♣ Tails on Trails Walking Group
- 4:30 ♪ Evening Piano Music [TD]
- 5:20 ☞ Monday Night Football: Browns VS Steelers [LB32]
- 6:30 ☞ Games in the Game Room [GR]

### 10

- 9:00 ↔ Strengthen and Stretch with Angie [FS]
- 10:00 ☞ Fireside Chats with Brittany [LP]
- 11:00 ↔ Let's Line Dance [FS]
- 1:00 ♪ Glee Club [GR]
- 2:00 ♣ Nickle Blackjack [GR]
- 3:00 ♣ Mexican Train [GR]
- 4:00 ♣ Tails on Trails Walking Group
- 4:30 ♪ Evening Piano Music [TD]
- 6:30 ☞ Games in the Game Room [GR]

### 17

Martin Luther King, Jr. Day

- 9:00 ↔ Strengthen and Stretch with Angie [FS]
- 10:00 ☞ Fireside Chats with Brittany [LP]
- 11:00 ↔ Let's Line Dance [FS]
- 11:30 ☞ Travels with Galen at The Pointe ~ The Netherlands [T]
- 2:00 ♣ Nickle Blackjack [GR]
- 3:00 ♣ Mexican Train [GR]
- 4:00 ♣ Tails on Trails Walking Group
- 6:30 ☞ Games in the Game Room [GR]

### 24

- 9:00 ↔ Strengthen and Stretch with Angie [FS]
- 10:00 ☞ Fireside Chats with Brittany [LP]
- 11:00 ↔ Let's Line Dance [FS]
- 1:00 ♪ Glee Club [GR]
- 2:00 ♣ Nickle Blackjack [GR]
- 3:00 ♣ Mexican Train [GR]
- 4:00 ♣ Tails on Trails Walking Group
- 4:30 ♪ Evening Piano Music [TD]
- 6:30 ☞ Games in the Game Room [GR]

### RED STAR

All Activities With A  
 Require You to Sign Up.  
**Call Extension 5405**  
 to Sign Up for Activities!

### 4

- 9:00 † St. Kieran's Communion Service at The Ridge
- 9:30 ↔ Balance and Stability Class with Karl [FS]
- 11:00 ♣ Penny Poker [GR]
- 11:30 ♣ 10,000 Dice Game [GR]
- 1:00 ★ Arts and Crafts: Clothespin Coasters [AC]
- 2:00 ♪ Karaoke! [LB32]
- 3:00 ♣ Bingo [GR]
- 4:00 ♣ Rummy [GR]
- 4:00 ♣ Tails on Trails Walking Group
- 6:30 ☞ Games in the Game Room [GR]

### 11

- 9:00 † St. Kieran's Communion Service [CH]
- 9:30 ↔ Balance and Stability Class with Karl [FS]
- 11:00 ♣ Penny Poker [GR]
- 11:30 ☞ Growing Up on Alcatraz with Dick Fisher [MDT]
- 1:00 ★ Arts and Crafts: Clothespin Coasters [AC]
- 2:00 ♪ Karaoke! [LB32]
- 3:00 ♣ Bingo [GR]
- 4:00 ♣ Rummy [GR]
- 4:00 ♣ Tails on Trails Walking Group
- 6:30 ☞ Games in the Game Room [GR]

### 18

Happy Birthday Marylin Sivert!!

- 9:00 † St. Kieran's Communion Service at The Ridge
- 9:30 ↔ Balance and Stability Class with Karl [FS]
- 11:00 ♣ Penny Poker [GR]
- 11:30 ♣ 10,000 Dice Game [GR]
- 1:00 ★ Arts and Crafts: Painted Mason Jars [AC]
- 2:00 ♪ Karaoke! [LB32]
- 3:00 ♣ Bingo [GR]
- 4:00 ♣ Rummy [GR]
- 4:00 ♣ Tails on Trails Walking Group
- 5:30 ★ Family Movie Night ~ Pizza, Popcorn and Pajamas featuring Avengers Movie [MDT]
- 6:30 ☞ Games in the Game Room [GR]

### 25

- 9:00 † St. Kieran's Communion Service [CH]
- 9:30 ↔ Balance and Stability Class with Karl [FS]
- 11:00 ♣ Penny Poker [GR]
- 11:30 ♣ 10,000 Dice Game [GR]
- 1:00 ★ Arts and Crafts: Yarn Wrapped Wine Bottles [AC]
- 2:30 ☞ Sharp Seminar [MDT]
- 3:00 ♣ Bingo [GR]
- 4:00 ♣ Rummy [GR]
- 4:00 ♣ Tails on Trails Walking Group
- 6:30 ☞ Games in the Game Room [GR]

### BRITTANY FAY

LIFE ENRICHMENT DIRECTOR  
 (619) 258-8886 X 3910  
 brittany.fay@lanterncrestantsantee.com

### 5

Happy Birthday Bob Almquist!!  
 Last Day to Sign Up for Lamplighter Theater ~ \$18

- 9:30 ☞ Can You Dig It? Coffee in the Garden [G2]
- 10:00 Strengthen and Stretch with Angie [FS]
- 10:45 ★ Pointe Excursion: Janet's Cafe in Alpine [LP]
- 12:00 ☞ BrightStar Free Blood Pressure Check [LB32]
- 12:30 ☞ Matinee Movie: Rain Main (1988) ~ 2h 14min [T]
- 1:00 ☞ The Tasting Room: Air Fryer Buffalo Cauliflower [V]
- 2:00 † Bible Study with Pastor Mark from Foothills Church [L]
- 3:00 ☞ Pointe Happy Hour with Live Music from The Blue Zone Band [LB32]
- 4:00 ♣ Tails on Trails Walking Group
- 6:30 ☞ Games in the Game Room [GR]

### 12

- 9:30 ☞ Can You Dig It? Coffee in the Garden [G2]
- 10:00 Strengthen and Stretch with Angie [FS]
- 10:45 ★ Pointe Excursion: Grossmont Mall Shopping and Lunch at Panera Bread [LP]
- 12:00 ☞ BrightStar Free Blood Pressure Check [LB32]
- 12:30 ☞ Matinee Movie: The Piano (1993) ~ 2h 1min [T]
- 1:30 Resident Council Board Meeting [V]
- 2:00 † Bible Study with Pastor Mark from Foothills Church [L]
- 3:00 ☞ Pointe Happy Hour with Live Music from Cowboy Jack Johnson [LB32]
- 4:00 ♣ Tails on Trails Walking Group
- 6:30 ☞ Games in the Game Room [GR]

### 19

Happy Birthday Bob Waddel!!

- 9:30 ☞ Can You Dig It? Coffee in the Garden [G2]
- 10:00 Strengthen and Stretch with Angie [FS]
- 10:45 ★ Pointe Excursion: Joann's Fabric Store, CVS, and Smart and Final [LP]
- 12:00 ☞ BrightStar Free Blood Pressure Check [LB32]
- 1:30 ☞ All Residents Meeting [T]
- 3:00 ☞ Pointe Happy Hour with Live Music from The First String Band [LB32]
- 4:00 ♣ Tails on Trails Walking Group
- 6:30 ☞ Games in the Game Room [GR]

### 26

Happy Birthday Shirley Walk!!

- 10:00 ☞ Coffee with Executive Director Diana Santana [LP]
- 10:45 ★ Pointe Excursion: Burlington Coat Factory and Lunch at El Torito [LP]
- 12:00 ☞ BrightStar Free Blood Pressure Check [LB32]
- 12:30 ☞ Matinee Movie: Stepmom (1998) ~ 2h 5min [T]
- 1:00 ☞ The Tasting Room: Pasta Chips [V]
- 2:00 † Bible Study with Pastor Mark from Foothills Church [L]
- 3:00 ☞ Winter Wonderland Happy Hour with Live Music from The Brown Sugar Oldies [LB32]
- 4:00 ♣ Tails on Trails Walking Group
- 6:30 ☞ Games in the Game Room [GR]

### Please See The Plaza's Activity Calendar for Additional Activities

### 6

- 9:30 ↔ Balance and Stability Class with Karl [FS]
- 10:00 † Bible Study with Pastor Bill [L]
- 11:00 ☞ Comedy Hour ~ Just for Laughs! [T]
- 1:00 ☞ Cookies, Coffee, and Conversations [LP]
- 2:00 ♣ Nickle Blackjack [GR]
- 3:00 ♣ Cribbage [GR]
- 4:00 ♣ Culinary Action Station: Breakfast at Night [V]
- 4:00 ♣ Tails on Trails Walking Group
- 6:30 ☞ Games in the Game Room [GR]

### 13

- 9:30 ↔ Balance and Stability Class with Karl [FS]
- 10:00 † Bible Study with Pastor Bill [L]
- 11:00 ☞ Comedy Hour ~ Just for Laughs! [T]
- 1:00 ☞ New Resident Welcome- Cookies, Coffee, and Conversations [LP]
- 2:00 ♣ Nickle Blackjack [GR]
- 3:00 ♣ Cribbage [GR]
- 3:30 ☞ Women's Wine Time [LB32]
- 4:00 ♣ Culinary Action Station: Mexican Cuisine [V]
- 4:00 ♣ Tails on Trails Walking Group
- 6:30 ☞ Games in the Game Room [GR]

### 20

- 9:30 ↔ Balance and Stability Class with Karl [FS]
- 10:00 † Bible Study with Pastor Bill [L]
- 11:00 ☞ Comedy Hour ~ Just for Laughs! [T]
- 11:30 ★ Veterans Luncheon [LB32]
- 1:00 ☞ Cookies, Coffee, and Conversations [LP]
- 2:00 ♣ Nickle Blackjack [GR]
- 3:00 ☞ Abbott Hearing Aid Clean and Check [FS]
- 3:00 ♣ Cribbage [GR]
- 4:00 ♣ Culinary Action Station: Chinese Cuisine [V]
- 4:00 ♣ Tails on Trails Walking Group
- 6:30 ☞ Games in the Game Room [GR]

### 27

- 9:30 ↔ Balance and Stability Class with Karl [FS]
- 10:00 † Bible Study with Pastor Bill [L]
- 10:00 ☞ Lifetime Security and Planning with AJ Tota [MDT]
- 11:00 ☞ Comedy Hour ~ Just for Laughs! [T]
- 1:00 ☞ Cookies, Coffee, and Conversations [LP]
- 1:30 Dining Committee Meeting [V]
- 2:00 ♣ Nickle Blackjack [GR]
- 3:00 ♣ Cribbage [GR]
- 3:30 ☞ Women's Wine Time [LB32]
- 4:00 ♣ Culinary Action Station: Mediterranean Cuisine [V]
- 4:00 ♣ Tails on Trails Walking Group
- 6:30 ☞ Games in the Game Room [GR]

- ANIMALS
- ARTS
- EXERCISE
- FILM
- GAMES
- HAPPY HOUR
- HEALTH
- INTELLECTUAL
- MUSIC
- RSVP
- SOCIAL
- SPIRITUAL

### 7

- 9:00 ↔ Cardio Drumming Class Video Workout [FS]
- 10:00 ☞ Trivia Hour [L]
- 11:00 ↔ Let's Line Dance [FS]
- 11:30 ♣ 10,000 Dice Game [GR]
- 12:00 ☞ Bocce Ball and Beer [BBC]
- 12:30 ☞ Bridge Club [FS]
- 1:30 ☞ Paint and Sip Art Class [AC]
- 3:00 ♣ \$1 Bingo [GR]
- 4:00 ♣ Tails on Trails Walking Group
- 6:30 ☞ Friday Night Movie: My Fair Lady (1964) ~ 2h 53min [T]

### 14

Last Day to Sign Up for San Diego Symphony ~ \$72

- 9:00 ↔ Cardio Drumming Class Video Workout [FS]
- 10:00 ☞ Trivia Hour [L]
- 11:00 ↔ Let's Line Dance [FS]
- 11:30 ♣ 10,000 Dice Game [GR]
- 12:00 ☞ Bocce Ball and Beer [BBC]
- 12:30 ☞ Bridge Club [FS]
- 1:30 ☞ Paint and Sip Art Class [AC]
- 2:00 ☞ Communi-Tea Book Club! [TR]
- 3:00 ♣ \$1 Bingo [GR]
- 4:00 ♣ Tails on Trails Walking Group
- 6:30 ☞ Friday Night Movie: The Guns of Navarone (1961) ~ 2h 38min [T]

### 21

All Staff Meeting; No Doctor Appointments After 12pm

- 9:00 ↔ Cardio Drumming Class Video Workout [FS]
- 10:00 ☞ Trivia Hour [L]
- 11:00 ↔ Let's Line Dance [FS]
- 11:30 ♣ 10,000 Dice Game [GR]
- 12:00 ☞ Bocce Ball and Beer [BBC]
- 12:30 ☞ Bridge Club [FS]
- 1:30 ☞ Paint and Sip Art Class [AC]
- 3:00 ♣ \$1 Bingo [GR]
- 4:00 ♣ Tails on Trails Walking Group
- 6:30 ☞ Friday Night Movie: Awakenings (1990) ~ 2h 1min [T]

### 28

Happy Birthday Susan Petry!!

- 9:00 ↔ Cardio Drumming Class Video Workout [FS]
- 10:00 ☞ Trivia Hour [L]
- 11:00 ↔ Let's Line Dance [FS]
- 11:30 ♣ 10,000 Dice Game [GR]
- 12:00 ☞ Bocce Ball and Beer [BBC]
- 12:30 ☞ Bridge Club [FS]
- 1:30 ☞ Paint and Sip Art Class [AC]
- 2:00 ☞ Communi-Tea Book Club! [TR]
- 3:00 ♣ \$1 Bingo [GR]
- 4:00 ♣ Tails on Trails Walking Group
- 6:30 ☞ Friday Night Movie: Howard's End (1992) ~ 2h 22mins [T]

### New Year's Day 1

New Year's Day Buffet at The Plaza ~ 11am - 2pm ~ To Gos from 2:30pm - 3:30pm ~ Dining Closed at 3:30pm

- 10:00 ☞ Crossword in the Library [L]
- 11:00 ☞ Giant Scrabble in the Game Room [GR]
- 12:00 ☞ Series Saturday ~ The Final Table: A Global Cooking Competition [T]
- 2:00 ♣ Nickle Blackjack [GR]
- 3:30 ♣ Ladder Toss [FS]
- 4:00 ♣ Tails on Trails Walking Group

### 8

Happy Birthday Fran Kern!!

- 8:30 ★ Morning Walk at Parkway Plaza [LP]
- 10:00 ☞ Crossword in the Library [L]
- 11:00 ☞ Giant Scrabble in the Game Room [GR]
- 12:00 ☞ Series Saturday ~ The Final Table: A Global Cooking Competition [T]
- 12:30 ☞ Apple Cider and Hot Cocoa Bar [BD]
- 2:00 ♪ San Diego Children's Choir Performance [MDT]
- 3:00 † Spiritual Singing with Pianist Amy [GR]
- 3:30 ♣ Ladder Toss [FS]
- 4:00 ♣ Tails on Trails Walking Group

### 15

Happy Birthday Donna Koslicki!!

- 8:30 ★ Morning Walk at Parkway Plaza [LP]
- 10:00 ☞ Crossword in the Library [L]
- 11:00 ☞ Giant Scrabble in the Game Room [GR]
- 12:00 ☞ Series Saturday ~ The Final Table: A Global Cooking Competition [T]
- 12:30 ☞ Apple Cider and Hot Cocoa Bar [BD]
- 2:00 ♣ Nickle Blackjack [GR]
- 3:00 † Spiritual Singing with Pianist Amy [GR]
- 3:30 ♣ Ladder Toss [FS]
- 4:00 ♣ Tails on Trails Walking Group

### 22

- 8:30 ★ Morning Walk at Parkway Plaza [LP]
- 10:00 ☞ Crossword in the Library [L]
- 11:00 ☞ Giant Scrabble in the Game Room [GR]
- 12:00 ☞ Series Saturday ~ The Final Table: A Global Cooking Competition [T]
- 12:30 ☞ Apple Cider and Hot Cocoa Bar [BD]
- 2:00 ♣ Nickle Blackjack [GR]
- 3:00 † Spiritual Singing with Pianist Amy [GR]
- 3:30 ♣ Ladder Toss [FS]
- 4:00 ♣ Tails on Trails Walking Group

### 29

Happy Birthday Al Stovall!!

- 8:30 ★ Morning Walk at Parkway Plaza [LP]
- 10:00 ☞ Crossword in the Library [L]
- 11:00 ☞ Giant Scrabble in the Game Room [GR]
- 12:00 ☞ Series Saturday ~ The Final Table: A Global Cooking Competition [T]
- 12:30 ☞ Apple Cider and Hot Cocoa Bar [BD]
- 1:15 ★ San Diego Symphony at Civic Theater [LP]
- 2:00 ♣ Nickle Blackjack [GR]
- 3:00 † Spiritual Singing with Pianist Amy [GR]
- 3:30 ♣ Ladder Toss [FS]
- 4:00 ♣ Tails on Trails Walking Group