

# Lantern Crest Assisted Living

# June 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<b>Resident Birthdays</b> Joyce S. 6/6 June W. 6/24 Inez B. 6/30	<b>1</b> Take a walk and find "The Father's Day Plush Pop" 9:45 Daily Chronicle and Fun Extras 10:00 News, Views, Health and Horoscopes 10:15 <i>Stretch &amp; Strength with Angie from Mobile Therapy [L1]</i> 11:00 1:1 Resident visits 1:00 <i>Bingo for Prizes [AC]</i> 2:30 <i>Nail Care with Chloe [AC]</i> 3:30 <i>Making Healthy Juice from Our New Recipe Books [AC]</i> 4:30 <i>Wine Down Wednesday with "Cowboy Jack" [MDR]</i> 5:00 Enjoy a Game with Friends at the "Sports Lounge"	<b>2</b> Take a walk and find "The Father's Day Plush Pop" 9:45 Daily Chronicle and Fun Extras 10:00 <i>Bocce Ball Is Back! Green Machine vs Red Warriors [L1]</i> 11:00 1:1 Resident visits 1:00 <i>Blackjack [AC]</i> 1:30 <i>Special POP Delivery "Sponsored by Mission Hospice"</i> 2:30 <i>Popsicle Stick Wall Hanging Craft [AC]</i> 3:30 Essential Oils & Deep Breathing Exercise [AC] 5:00 Enjoy a Game with Friends at the "Sports Lounge"	<b>3</b> Take a walk and find "The Father's Day Plush Pop" 9:45 Daily Chronicle and Fun Extras 10:00 Stretch and Strength Exercise Class [L1] 10:30 <i>Family Feud Game [L1]</i> 11:00 1:1 Resident visits 1:00 <i>Afternoon Movie and Popcorn "Mama Mia!" [RT]</i> 2:00 <i>Love on a Leash Visits</i> 2:30 <i>Bingo for Prizes [CR]</i> 5:00 Enjoy a Game with Friends at the "Sports Lounge"	<b>4</b> Take a walk and find "The Father's Day Plush Pop" 9:45 Daily Chronicle and Fun Extras 10:00 <i>"Café de' Crest" - Bistro Social &amp; Watering Plants [BISR]</i> 11:00 1:1 Resident visits 1:00 Exercise Class [L1] 3:00 "Sport Lounge"- Cornhole Games & Social 5:00 Enjoy a Game with Friends at the "Sports Lounge"
<b>5</b> Take a walk and find "The Father's Day Plush Pop" 9:45 Daily Chronicle and Fun Extras 10:00 Chat with our Sous Chef Priscilla [L1] 10:00 <i>Trip to Walmart</i> 10:45 <i>Love on a Leash [L1]</i> 11:00 1:1 Resident visits 1:00 <i>Sunday Matinee with Popcorn "Book Club" [RT]</i> 1:30 Trash Card Games [CR] 2:30 <i>Horsereading [L1]</i> 5:00 Enjoy a Game with Friends at the "Sports Lounge"	<b>6</b> Happy Birthday Joyce S. Take a walk and find "The Father's Day Plush Pop" 9:45 Daily Chronicle and Fun Extras 10:00 <i>Exercise with Beach Ball at the "Sports Lounge"</i> 10:30 <i>Bible Study with Chaplin Scott from Bristol Hospice at The Sports Lounge</i> 11:00 1:1 Resident visits 1:00 <i>Baking Sweets &amp; Calendar Planning [LCK]</i> 2:30 <i>Bingo for Prizes [AC]</i> 3:30 Organizing The Art Room with Maritza [AC] 5:00 Enjoy a Game with Friends at the "Sports Lounge"	<b>7</b> Take a walk and find "The Father's Day Plush Pop" 9:15 <i>St. Kieran's Communion Service with Jina</i> 9:45 Daily Chronicle and Fun Extras 10:00 Workout & Stretch [L1] 10:30 News, Views, Health and Horoscopes [L1] 11:00 1:1 Resident visits 1:00 <i>Word in a Word [L1]</i> 1:00 <i>Wrapped in Love Club with Tracy &amp; Jane [LCK]</i> 2:30 Card Games [CR] 3:30 Jeopardy Game [L1] 4:30 <i>Happy Hour with "Blue Zone" [MDR]</i> 5:00 Enjoy a Game with Friends at the "Sports Lounge"	<b>8</b> Resident Council Meeting Take a walk and find "The Father's Day Plush Pop" 9:45 Daily Chronicle and Fun Extras 10:15 <i>Stretch &amp; Strength with Angie from Mobile Therapy [L1]</i> 10:30 <i>Bible Study &amp; Hymns w/ Pastor Bob [L1]</i> 11:00 1:1 Resident visits 1:00 <i>Bingo for Prizes [AC]</i> 2:15 <i>Hangman Game [L1]</i> 3:00 <i>Resident Council Meeting [RT]</i> 4:00 <i>Pick the Movies for July with Chloe [RT]</i> 5:00 Enjoy a Game with Friends at the "Sports Lounge"	<b>9</b> Chefs Corner 11:30-1:30pm Take a walk and find "The Father's Day Plush Pop" 9:45 Daily Chronicle and Fun Extras 10:00 <i>Bocce Ball Is Back! Green Machine vs Red Warriors [L1]</i> 11:00 1:1 Resident visits 1:00 <i>Blackjack [AC]</i> 1:30 <i>Special POP Delivery "Sponsored by Apreva Hospice"</i> 2:30 <i>Rainbow Popsicle Stick Craft [AC]</i> 3:30 Essential Oils & Deep Breathing Exercise [AC] 5:00 Enjoy a Game with Friends at the "Sports Lounge"	<b>10</b> Take a walk and find "The Father's Day Plush Pop" 9:45 Daily Chronicle and Fun Extras 10:00 Stretch and Strength Exercise Class [L1] 10:30 <i>Family Feud Game [L1]</i> 11:00 1:1 Resident visits 1:30 <i>Jeanette Alessio-Way "The History Lady" Memories that Matter "June" [RT]</i> 2:30 <i>Bingo for Prizes [CR]</i> 5:00 Enjoy a Game with Friends at the "Sports Lounge"	<b>11</b> Take a walk and find "The Father's Day Plush Pop" 9:45 Daily Chronicle and Fun Extras 10:00 <i>"Café de' Crest" - Bistro Social &amp; Watering Plants [BISR]</i> 11:00 1:1 Resident visits 1:00 Exercise Class [L1] 3:00 "Sport Lounge"- Cornhole Games & Social 5:00 Enjoy a Game with Friends at the "Sports Lounge"
<b>12</b> Take a walk and find "The Father's Day Plush Pop" 9:45 Daily Chronicle and Fun Extras 10:00 Chat with our Sous Chef Priscilla [L1] 10:00 <i>Trip to Walmart</i> 10:45 <i>Love on a Leash [L1]</i> 11:00 1:1 Resident visits 1:00 <i>Sunday Matinee with Popcorn "Dary O'Gill and the Little People" [RT]</i> 1:30 Trash Card Games [CR] 2:30 <i>Horsereading [L1]</i> 5:00 Enjoy a Game with Friends at the "Sports Lounge"	<b>13</b> Take a walk and find "The Father's Day Plush Pop" 9:45 Daily Chronicle and Fun Extras 10:00 <i>Exercise with Beach Ball at the "Sports Lounge"</i> 10:30 <i>Chat with Maritza at The Sports Lounge</i> 11:00 1:1 Resident visits 1:00 <i>Military Bingo with Justin from "Apreva Hospice" [AC]</i> 2:30 <i>Baking Sweets with Maritza [AC]</i> 3:30 Organizing The Art Room with Maritza [AC] 5:00 Enjoy a Game with Friends at the "Sports Lounge"	<b>14</b> Flag Day Take a walk and find "The Father's Day Plush Pop" 9:45 Daily Chronicle and Fun Extras 10:00 Workout & Stretch [L1] 10:30 News, Views, Health and Horoscopes [L1] 11:00 1:1 Resident visits 1:00 <i>Word in a Word [L1]</i> 1:00 <i>Wrapped in Love Club with Tracy &amp; Jane [LCK]</i> 2:30 Card Games [CR] 3:30 Jeopardy Game [L1] 4:30 <i>Happy Hour &amp; Welcome New Residents with "Music Station" [MDR]</i> 5:00 Enjoy a Game with Friends at the "Sports Lounge"	<b>15</b> Take a walk and find "The Father's Day Plush Pop" 9:45 Daily Chronicle and Fun Extras 10:15 <i>Stretch &amp; Strength with Angie from Mobile Therapy [L1]</i> 10:30 <i>Bible Study &amp; Believer's Communion Hymns w/ Pastor Bob [L1]</i> 11:00 1:1 Resident visits 1:00 <i>Bingo for Prizes [AC]</i> 2:30 <i>Nail Care with Chloe [AC]</i> 3:30 <i>Making Healthy Juice from Our New Recipe Books [AC]</i> 4:30 <i>Wine Down Wednesday with "Sax Sounds"</i> 5:00 Enjoy a Game with Friends at the "Sports Lounge"	<b>16</b> Take a walk and find "The Father's Day Plush Pop" 9:45 Daily Chronicle and Fun Extras 10:00 <i>Bocce Ball Is Back! Green Machine vs Red Warriors [L1]</i> 11:00 1:1 Resident visits 1:00 <i>Blackjack [AC]</i> 1:30 <i>The Ridge Emergency Protocol [RT]</i> 2:30 <i>Floating Shelves Wall Décor with Popsicle Sticks [AC]</i> 3:30 Essential Oils & Deep Breathing Exercise [AC] 5:00 Enjoy a Game with Friends at the "Sports Lounge"	<b>17</b> Take a walk and find "The Father's Day Plush Pop" 9:45 Daily Chronicle and Fun Extras 10:00 Stretch and Strength Exercise Class [L1] 10:30 <i>Family Feud Game [L1]</i> 11:00 1:1 Resident visits 1:00 <i>Afternoon Movie and Popcorn "The Gnome-Mobile" [RT]</i> 2:00 <i>Love on a Leash Visits</i> 2:30 <i>Bingo for Prizes [CR]</i> 5:00 Enjoy a Game with Friends at the "Sports Lounge"	<b>18</b> Take a walk and find "The Father's Day Plush Pop" 9:45 Daily Chronicle and Fun Extras 10:00 <i>"Café de' Crest" - Bistro Social &amp; Watering Plants [BISR]</i> 11:00 1:1 Resident visits 1:00 Exercise Class [L1] 3:00 "Sport Lounge"- Cornhole Games & Social 5:00 Enjoy a Game with Friends at the "Sports Lounge"
<b>19</b> Happy Father's Day Take a walk and find "The Father's Day Plush Pop" 9:45 Daily Chronicle and Fun Extras 10:00 Chat with our Sous Chef Priscilla [L1] 10:45 <i>Love on a Leash [L1]</i> 11:00 1:1 Resident visits 1:30 <i>Father's Day Celebration with "Double Take" [MDR]</i> 2:30 <i>St. Coumba Church Service "Protestant" with Bill Bixby [L1]</i> 5:00 Enjoy a Game with Friends at the "Sports Lounge"	<b>20</b> Take a walk and find "The Father's Day Plush Pop" 9:45 Daily Chronicle and Fun Extras 10:00 <i>Exercise with Beach Ball at the "Sports Lounge"</i> 10:30 <i>Bible Study with Chaplin Scott from Bristol Hospice at The Sports Lounge</i> 11:00 1:1 Resident visits 1:00 <i>Baking Sweets &amp; Calendar Planning [LCK]</i> 2:30 <i>Bingo for Prizes [AC]</i> 3:30 Organizing The Art Room with Maritza [AC] 5:00 Enjoy a Game with Friends at the "Sports Lounge"	<b>21</b> Take a walk and find "The Father's Day Plush Pop" 9:15 <i>St. Kieran's Communion Service with Jina</i> 9:45 Daily Chronicle and Fun Extras 10:00 Workout & Stretch [L1] 10:30 News, Views, Health and Horoscopes [L1] 11:00 1:1 Resident visits 1:00 <i>Word in a Word [L1]</i> 1:00 <i>Wrapped in Love Club with Tracy &amp; Jane [LCK]</i> 2:30 Card Games [CR] 3:30 Jeopardy Game [L1] 4:30 <i>Happy Hour with "First String Band" [MDR]</i> 5:00 Enjoy a Game with Friends at the "Sports Lounge"	<b>22</b> All Staff Meeting @ 2:00pm Take a walk and find "The Father's Day Plush Pop" 9:45 Daily Chronicle and Fun Extras 10:15 <i>Stretch &amp; Strength with Angie from Mobile Therapy [L1]</i> 10:30 <i>Bible Study &amp; Hymns w/ Pastor Bob [L1]</i> 11:00 1:1 Resident visits 1:00 <i>Bingo for Prizes [AC]</i> 3:30 <i>Making Healthy Juice from Our New Recipe Books [AC]</i> 5:00 Enjoy a Game with Friends at the "Sports Lounge"	<b>23</b> Chefs Corner 11:30-1:30pm Take a walk and find "The Father's Day Plush Pop" 9:45 Daily Chronicle and Fun Extras 10:00 <i>Bocce Ball Is Back! Green Machine vs Red Warriors [L1]</i> 11:00 1:1 Resident visits 1:00 <i>Blackjack [AC]</i> 1:30 <i>Special POP Delivery "Sponsored by Bridge Hospice"</i> 2:30 <i>Popsicle Stick Art on Canvas [AC]</i> 3:30 Essential Oils & Deep Breathing Exercise [AC] 5:00 Enjoy a Game with Friends at the "Sports Lounge"	<b>24</b> Happy Birthday June W. Take a walk and find "The Father's Day Plush Pop" 9:45 Daily Chronicle and Fun Extras 10:00 Stretch and Strength Exercise Class [L1] 10:30 <i>Family Feud Game [L1]</i> 11:00 1:1 Resident visits 1:00 <i>Afternoon Movie and Popcorn "The One &amp; Only Genuine, Original Family Band" [RT]</i> 2:30 <i>Bingo for Prizes [CR]</i> 5:00 Enjoy a Game with Friends at the "Sports Lounge"	<b>25</b> Take a walk and find "The Father's Day Plush Pop" 9:45 Daily Chronicle and Fun Extras 10:00 <i>"Café de' Crest" - Bistro Social &amp; Watering Plants [BISR]</i> 11:00 1:1 Resident visits 1:00 Exercise Class [L1] 3:00 "Sport Lounge"- Cornhole Games & Social 5:00 Enjoy a Game with Friends at the "Sports Lounge"
<b>26</b> Take a walk and find "The Father's Day Plush Pop" 9:45 Daily Chronicle and Fun Extras 10:00 Chat with our Sous Chef Priscilla [L1] 10:00 <i>Trip to Walmart</i> 10:45 <i>Love on a Leash [L1]</i> 11:00 1:1 Resident visits 1:00 <i>Sunday Matinee with Popcorn "The Happiest Millionaire" [RT]</i> 1:30 Trash Card Games [CR] 2:30 <i>Horsereading [L1]</i> 5:00 Enjoy a Game with Friends at the "Sports Lounge"	<b>27</b> Take a walk and find "The Father's Day Plush Pop" 9:45 Daily Chronicle and Fun Extras 10:00 <i>Exercise with Beach Ball at the "Sports Lounge"</i> 10:30 <i>Bible Study with Chaplin Scott from Bristol Hospice at The Sports Lounge</i> 11:00 1:1 Resident visits 1:00 <i>Baking Sweets &amp; Calendar Planning [LCK]</i> 2:30 <i>Bingo for Prizes [AC]</i> 3:30 Organizing The Art Room with Maritza [AC] 5:00 Enjoy a Game with Friends at the "Sports Lounge"	<b>28</b> Take a walk and find "The Father's Day Plush Pop" 9:45 Daily Chronicle and Fun Extras 10:00 Workout & Stretch [L1] 10:30 News, Views, Health and Horoscopes [L1] 11:00 1:1 Resident visits 1:00 <i>Word in a Word [L1]</i> 1:00 <i>Wrapped in Love Club with Tracy &amp; Jane [LCK]</i> 2:30 Card Games [CR] 3:30 Jeopardy Game [L1] 4:30 <i>Happy Hour &amp; Birthday Celebration with "Brown Sugar Oldies" [MDR]</i> 5:00 Enjoy a Game with Friends at the "Sports Lounge"	<b>29</b> Take a walk and find "The Father's Day Plush Pop" 9:45 Daily Chronicle and Fun Extras 10:15 <i>Stretch &amp; Strength with Angie from Mobile Therapy [L1]</i> 10:30 <i>Bible Study &amp; Hymns w/ Pastor Bob [L1]</i> 11:00 1:1 Resident visits 1:00 <i>Bingo for Prizes [AC]</i> 2:30 <i>Nail Care with Chloe [AC]</i> 3:30 <i>Making Healthy Juice from Our New Recipe Books [AC]</i> 5:00 Enjoy a Game with Friends at the "Sports Lounge"	<b>30</b> Happy Birthday Inez B. Take a walk and find "The Father's Day Plush Pop" 9:45 Daily Chronicle and Fun Extras 10:00 <i>Bocce Ball Is Back! Green Machine vs Red Warriors [L1]</i> 11:00 1:1 Resident visits 1:00 <i>Blackjack [AC]</i> 1:30 <i>Jean Landis New Book Signing &amp; She Wore Silver Wings DVD "Mission Hospice" [RT]</i> 2:30 <i>A Token of Love with Popsicle Sticks [AC]</i> 3:30 Essential Oils & Deep Breathing Exercise [AC] 5:00 Enjoy a Game with Friends at the "Sports Lounge"		<b>Maritza Aguirre</b> Life Enrichment Director At The Ridge 800 Lantern Crest Way Santee, Ca 92071 Cell: (619) 495-5666 Maritza.aguirre@lanterncrestsantee.com