

September 2022

Lantern Crest Assisted Living

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>Resident Birthdays Rosario B. 9/23 Jean L. 9/28</p>	 <p>Maritza Aguirre Life Enrichment Director At The Ridge 800 Lantern Crest Way Santee, Ca 92071 Cell: (619) 495-5666 Maritza.aguirre@lanterncrestsantee.com</p>					
<p>Take a walk and find "Plush Beer Mug" 4</p> <p>9:45 Daily Chronicle and Fun Extras [L1] 10:00 Trip to Walmart 10:45 Love on a Leash [L1] 11:00 1:1 Resident visits 1:00 Sunday Matinee with Popcorn "On The Road with Bob Hope & Bing Crosby" [RT] 1:30 Trash Card Games [CR] 2:30 Courtyard Social & Watering Gardening 5:00 Enjoy a Game with Friends at the "Sports Lounge"</p>	<p>Labor Day 5</p> <p>Take a walk and find "Plush Beer Mug" 5 9:45 Daily Chronicle and Fun Extras [L1] 10:00 POM-POM Exercise Class "Sports Lounge" 10:30 LCR Game at The Sports Lounge 11:00 1:1 Resident visits 1:00 Chat with our Sous Chef Daniela & Baking Sweets Plus Calendar Planning [LCK] 2:30 Bingo for Prizes [AC] 3:30 Autumn Crafts & Creations with Maritza [AC] 5:00 Enjoy a Game with Friends at the "Sports Lounge"</p>	<p>Take a walk and find "Plush Beer Mug" 6</p> <p>9:15 St. Kieran's Communion Service with Gina [RT] 9:45 Daily Chronicle and Fun Extras [L1] 10:00 Workout & Stretch [L1] 10:30 News, Views, Health and Horoscopes [L1] 11:00 1:1 Resident visits 1:00 Jeopardy Game [L1] 1:00 Wrapped in Love Club & Crafts with Tracy [AC] 1:30 Word in a Word [L1] 2:30 Card Games [CR] 4:30 Happy Hour with "Blue Zone Band" [MDR] 5:00 Enjoy a Game with Friends at the "Sports Lounge"</p>	<p>Take a walk and find "Plush Beer Mug" 7</p> <p>9:45 Daily Chronicle and Fun Extras [L1] 10:15 Stretch & Strength with Angie from Mobile Therapy [L1] 10:45 Bible Study & Hymns w/ Pastor Bob [L1] 11:00 1:1 Resident visits 11:00 Lunch outing to "Murieta's Mexican Food" 1:00 Bingo for Prizes [AC] 2:30 Nail Care & Hand Massage [AC] 3:30 Healthy Juicing with Chloe [AC] 4:30 Wine Down Wednesday with "Cowboy Jack" [MDR] 5:00 Enjoy a Game with Friends at the "Sports Lounge"</p>	<p>Chef's Corner from 11:30-1:00pm 1</p> <p>Take a walk and find "Plush Beer Mug" 1 9:45 Daily Chronicle and Fun Extras [L1] 10:00 Bocce Ball Is Back! Green Machine vs Red Warriors [L1] 11:00 1:1 Resident visits 1:00 Blackjack [CR] 2:30 Chloe's Trip to Hawaii Story Time [AC] 3:30 Baking Cookies [AC] 5:00 Enjoy a Game with Friends at the "Sports Lounge"</p>	<p>Take a walk and find "Plush Beer Mug" 2</p> <p>9:45 Daily Chronicle and Fun Extras [L1] 10:00 Drum Fit Class with Chloe [L1] 10:30 Family Feud Game [L1] 11:00 1:1 Resident visits 12:30 Afternoon Movie and Popcorn "9 to 5" 2:30 Bingo for Prizes [AC] 3:30 Starting the Holiday Card Making for Our Troops [AC] 5:00 Enjoy a Game with Friends at the "Sports Lounge"</p>	<p>Take a walk and find "Plush Beer Mug" 3</p> <p>9:45 Daily Chronicle and Fun Extras [L1] 10:00 "Café de Crest" - Bistro Social & Watering Plants [BISR] 11:00 1:1 Resident visits 1:00 Stretch and Strength Exercise Class [L1] 2:00 Nickel Poker [CR] 3:00 Bean Bag Toss Games [RT] 5:00 Enjoy a Game with Friends at the "Sports Lounge"</p>
<p>Happy Grandparent Day Patriot Day 11</p> <p>Take a walk and find "Plush Beer Mug" 11 9:45 Daily Chronicle and Fun Extras [L1] 10:00 Trip to Walmart 10:45 Love on a Leash [L1] 11:00 1:1 Resident visits 1:00 Sunday Matinee with Popcorn "Ghost" [RT] 1:30 Veteran Pinning Ceremony a Moment of Silence & Live Music Provided by "Bridge Hospice" [MDR] 2:30 Courtyard Social & Watering Gardening 5:00 Enjoy a Game with Friends at the "Sports Lounge"</p>	<p>Take a walk and find "Plush Beer Mug" 12</p> <p>9:45 Daily Chronicle and Fun Extras [L1] 10:00 POM-POM Exercise Class "Sports Lounge" 10:30 Bible Study with Chaplin Scott from Bristol Hospice at The Sports Lounge 11:00 1:1 Resident visits 1:00 Chat with our Sous Chef Daniela & Baking Sweets Plus Calendar Planning [LCK] 2:30 Bingo for Prizes [AC] 3:30 Autumn Crafts & Creations with Maritza [AC] 5:00 Enjoy a Game with Friends at the "Sports Lounge"</p>	<p>Take a walk and find "Plush Beer Mug" 13</p> <p>9:45 Daily Chronicle and Fun Extras [L1] 10:00 Workout & Stretch [L1] 10:30 News, Views, Health and Horoscopes [L1] 11:00 1:1 Resident visits 1:00 Jeopardy Game [L1] 1:00 Wrapped in Love Club & Crafts with Tracy [AC] 1:30 Word in a Word [L1] 2:30 Card Games [CR] 4:30 Happy Hour & Welcome New Residents with "Musicstation" [MDR] 5:00 Enjoy a Game with Friends at the "Sports Lounge"</p>	<p>Resident Council Meeting 14</p> <p>Take a walk and find "Plush Beer Mug" 14 9:45 Daily Chronicle and Fun Extras [L1] 10:15 Stretch & Strength with Angie from Mobile Therapy [L1] 10:45 News Views & Horoscopes [L1] 11:00 1:1 Resident visits 11:00 Lunch Outing "Omelette Factory" 1:00 Bingo for Prizes [AC] 2:30 Nail Care & Hand Massage [AC] 3:00 Resident Council Meeting 5:00 Enjoy a Game with Friends at the "Sports Lounge"</p>	<p>Chef's Corner from 11:30-1:00pm 15</p> <p>Take a walk and find "Plush Beer Mug" 15 9:45 Daily Chronicle and Fun Extras [L1] 10:00 Bocce Ball Is Back! Green Machine vs Red Warriors [L1] 11:00 1:1 Resident visits 1:00 Blackjack [CR] 1:30 Ice Cream Cone Delivery on the Tricycle with "Bridge Hospice" 2:30 Fall Silicone Mold Plaster of Paris Crafts [AC] 3:30 Baking Cookies [AC] 5:00 Enjoy a Game with Friends at the "Sports Lounge"</p>	<p>Take a walk and find "Plush Beer Mug" 16</p> <p>9:45 Daily Chronicle and Fun Extras [L1] 10:00 Drum Fit Class with Chloe [L1] 10:30 Family Feud Game [L1] 11:00 1:1 Resident visits 12:30 Afternoon Movie and Popcorn "Julie & Julia" 2:30 Bingo for Prizes [AC] 3:30 Holiday Card Making for Our Troops [AC] 5:00 Enjoy a Game with Friends at the "Sports Lounge"</p>	<p>Take a walk and find "Plush Beer Mug" 17</p> <p>9:45 Daily Chronicle and Fun Extras [L1] 10:00 "Café de Crest" - Bistro Social & Watering Plants [BISR] 11:00 1:1 Resident visits 1:00 Stretch and Strength Exercise Class [L1] 2:00 Nickel Poker [CR] 3:00 Bean Bag Toss Games [RT] 5:00 Enjoy a Game with Friends at the "Sports Lounge"</p>
<p>Take a walk and find "Plush Beer Mug" 18</p> <p>9:45 Daily Chronicle and Fun Extras [L1] 10:00 Trip to Walmart 10:45 Love on a Leash [L1] 11:00 1:1 Resident visits 1:00 Sunday Matinee with Popcorn "Top Gun" [RT] 1:30 Trash Card Games [CR] 2:30 Courtyard Social & Watering Gardening 5:00 Enjoy a Game with Friends at the "Sports Lounge"</p>	<p>Take a walk and find "Plush Beer Mug" 19</p> <p>9:45 Daily Chronicle and Fun Extras [L1] 10:00 POM-POM Exercise Class "Sports Lounge" 10:30 Bible Study with Chaplin Scott from Bristol Hospice at The Sports Lounge 11:00 1:1 Resident visits 1:00 Chat with our Sous Chef Daniela & Baking Sweets Plus Calendar Planning [LCK] 2:30 Bingo for Prizes [AC] 3:30 Autumn Crafts & Creations with Maritza [AC] 5:00 Enjoy a Game with Friends at the "Sports Lounge"</p>	<p>Take a walk and find "Plush Beer Mug" 20</p> <p>9:15 St. Kieran's Communion Service with Gina [RT] 9:45 Daily Chronicle and Fun Extras [L1] 10:00 Workout & Stretch [L1] 10:30 News, Views, Health and Horoscopes [L1] 11:00 1:1 Resident visits 1:00 Jeopardy Game [L1] 1:00 Wrapped in Love Club & Crafts with Tracy [AC] 1:30 Word in a Word [L1] 2:30 Card Games [CR] 4:30 Happy Hour with "First String Band" [MDR] 5:00 Enjoy a Game with Friends at the "Sports Lounge"</p>	<p>Take a walk and find "Plush Beer Mug" 21</p> <p>9:45 Daily Chronicle and Fun Extras [L1] 10:15 Stretch & Strength with Angie from Mobile Therapy [L1] 10:45 News Views & Horoscopes [L1] 11:00 1:1 Resident visits 11:00 Lunch Outing "Filippi's Pizza Grotto" 1:00 Bingo for Prizes [AC] 2:30 Nail Care & Hand Massage [AC] 3:30 Healthy Juicing with Chloe [AC] 4:30 Wine down Wednesday with "Sax Sounds" [MDR] 5:00 Enjoy a Game with Friends at the "Sports Lounge"</p>	<p>All Staff Meeting Autumn Begins 22</p> <p>Take a walk and find "Plush Beer Mug" 22 9:45 Daily Chronicle and Fun Extras [L1] 10:00 Bocce Ball Is Back! Green Machine vs Red Warriors [L1] 11:00 1:1 Resident visits 1:00 Blackjack [CR] 3:00 Fall Silicone Mold Plaster of Paris Crafts [AC] 4:30 Oktoberfest Celebration with "Oompah Katz" Authentic German Band & Top 5 Breweries in Santee "Beer Tasting" [MDR] 5:00 Enjoy a Game with Friends at the "Sports Lounge"</p>	<p>Happy Birthday Rosie B. 23</p> <p>Take a walk and find "Plush Beer Mug" 23 9:45 Daily Chronicle and Fun Extras [L1] 10:00 Drum Fit Class with Chloe [L1] 10:30 Family Feud Game [L1] 11:00 1:1 Resident visits 12:30 Afternoon Movie and Popcorn "Stage Door Canteen" 2:00 LOVE ON A LEASH 2:30 Bingo for Prizes [AC] 3:30 Holiday Card Making for Our Troops [AC] 5:00 Enjoy a Game with Friends at the "Sports Lounge"</p>	<p>Take a walk and find "Plush Beer Mug" 24</p> <p>9:45 Daily Chronicle and Fun Extras [L1] 10:00 "Café de Crest" - Bistro Social & Watering Plants [BISR] 11:00 1:1 Resident visits 1:00 Stretch and Strength Exercise Class [L1] 2:00 Nickel Poker [CR] 3:00 Bean Bag Toss Games [RT] 5:00 Enjoy a Game with Friends at the "Sports Lounge"</p>
<p>Take a walk and find "Plush Beer Mug" 25</p> <p>9:45 Daily Chronicle and Fun Extras [L1] 10:00 Trip to Walmart 10:45 Love on a Leash [L1] 11:00 1:1 Resident visits 1:00 Sunday Matinee with Popcorn "Groundhog Day" [RT] 1:30 Trash Card Games [CR] 2:30 Courtyard Social & Watering Gardening 5:00 Enjoy a Game with Friends at the "Sports Lounge"</p>	<p>Take a walk and find "Plush Beer Mug" 26</p> <p>9:45 Daily Chronicle and Fun Extras [L1] 10:00 POM-POM Exercise Class "Sports Lounge" 10:30 LCR Game at The Sports Lounge 11:00 1:1 Resident visits 1:00 Chat with our Sous Chef Daniela Baking Sweets & Calendar Planning [LCK] 2:30 Bingo for Prizes [AC] 3:30 Autumn Crafts & Creations with Maritza [AC] 5:00 Enjoy a Game with Friends at the "Sports Lounge"</p>	<p>Take a walk and find "Plush Beer Mug" 27</p> <p>9:45 Daily Chronicle and Fun Extras [L1] 10:00 Workout & Stretch [L1] 10:30 News, Views, Health and Horoscopes [L1] 11:00 1:1 Resident visits 1:00 Jeopardy Game [L1] 1:00 Wrapped in Love Club & Crafts with Tracy [AC] 1:30 Word in a Word [L1] 2:30 Card Games [CR] 4:30 Happy Hour & Birthday Celebration with "Brown Sugar Oldies" Cake Provided By Bridge Hospice 5:00 Enjoy a Game with Friends at the "Sports Lounge"</p>	<p>Happy Birthday Jean L. 28</p> <p>Take a walk and find "Plush Beer Mug" 28 9:45 Daily Chronicle and Fun Extras [L1] 10:15 Stretch & Strength with Angie from Mobile Therapy [L1] 10:45 Bible Study & Hymns w/ Pastor Bob [L1] 11:00 1:1 Resident visits 11:00 Lunch Outing "Olive Garden" 1:00 Bingo for Prizes [AC] 2:30 Nail Care & Hand Massage [AC] 3:30 Healthy Juicing with Chloe [AC] 5:00 Enjoy a Game with Friends at the "Sports Lounge"</p>	<p>Take a walk and find "Plush Beer Mug" 29</p> <p>9:45 Daily Chronicle and Fun Extras [L1] 10:00 Bocce Ball Is Back! Green Machine vs Red Warriors [L1] 11:00 1:1 Resident visits 1:00 Blackjack [CR] 2:30 Fall Silicone Mold Plaster of Paris Crafts [AC] 3:30 Baking Cookies [AC] 5:00 Enjoy a Game with Friends at the "Sports Lounge"</p>	<p>Take a walk and find "Plush Beer Mug" 30</p> <p>9:45 Daily Chronicle and Fun Extras [L1] 10:00 Drum Fit Class with Chloe [L1] 10:30 Family Feud Game [L1] 11:00 1:1 Resident visits 12:30 Afternoon Movie and Popcorn "Brides Maids" 2:30 Bingo for Prizes [AC] 3:30 Holiday Card Making for Our Troops [AC] 5:00 Enjoy a Game with Friends at the "Sports Lounge"</p>	