

September 2022

Lantern Crest Horizons

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p><i>Maritza Aguirre</i> Life Enrichment Director <i>At The Ridge</i> 800 Lantern Crest Way Santee, Ca 92071 Cell: (619) 495-5666 Maritza.aguirre@lanterncrestsantee.com</p> 	<p>Resident Birthdays Corinre A. 9/2 Patricia H. 9/16 Lucy K. 9/17 Craner E. 9/17 Shirley P. 9/28</p>		<p>9:30 Daily Chronicle and Inspirational Quotes with Life Enrichment 1</p> <p>10:00 Kick Ball Exercise Class</p> <p>10:30 Courtyard and Watering Garden</p> <p>11:00 1:1 Soothing Visits</p> <p>1:00 Magazine Collage Essential Oils & Hand Massage</p> <p>1:30 Root Beer floats</p> <p>2:30 Crafting with Gracie</p> <p>4:30 Sports on T.V</p>	<p>Happy Birthday Corinre A. 2</p> <p>9:30 Daily Chronicle and Inspirational Quotes with Life Enrichment</p> <p>10:30 Workout & Stretch</p> <p>11:00 1:1 Soothing Visits</p> <p>1:00 Magazine Collage Essential Oils & Hand Massage</p> <p>1:30 Holiday Card Making for Our Troops</p> <p>2:30 Bingo Extravaganza</p> <p>3:00 Finish the Sentence Game</p> <p>4:30 Sports on T.V</p>	<p>9:30 Daily Chronicle and Inspirational Quotes with Life Enrichment 3</p> <p>10:00 Stretch & Strenght Exercise</p> <p>10:30 Courtyard Social & Relaxing Music</p> <p>11:00 1:1 Soothing Visits</p> <p>1:00 Magazine Collage Essential Oils & Hand Massage</p> <p>1:30 Fall Yarn Pumpkin Balloon Crafts with Gracie</p> <p>2:00 Movie & Popcorn in the Sun-Room "Chicago"</p> <p>2:30 Fall Door Gnomes Projects</p> <p>4:30 Sports on T.V</p>
<p>9:30 Daily Chronicle and Inspirational Quotes with Life Enrichment 4</p> <p>10:15 LOVE ON A LEASH</p> <p>11:00 1:1 Soothing Visits</p> <p>1:00 Activity Baskets</p> <p>1:30 Ukulele Sing Along with Bob Arii</p> <p>2:30 Movie & Popcorn in the Sun-Room "Elvis King Creole"</p> <p>4:30 Sports on T.V</p>	<p>Labor Day 5</p> <p>9:30 Daily Chronicle and Inspirational Quotes with Life Enrichment</p> <p>10:00 Sing-along with Dan Miller</p> <p>11:00 1:1 Soothing Visits</p> <p>2:00 Storytime & Refreshments</p> <p>3:30 Exercise Your Mind with Riddles/ Activity Baskets</p> <p>4:30 Sports on T.V</p>	<p>9:30 Daily Chronicle and Inspirational Quotes with Life Enrichment 6</p> <p>10:00 Beach Ball & Pool Noodle Exercise Class</p> <p>10:30 Courtyard Social</p> <p>11:00 1:1 Soothing Visits</p> <p>1:00 Magazine Collage Essential Oils & Hand Massage</p> <p>1:30 Bingo Extravaganza</p> <p>2:30 Sorting & Organizing Art Room</p> <p>3:30 Happy Hour with "Brown Sugar Oldies"</p> <p>4:30 Sports on T.V</p>	<p>9:30 Daily Chronicle and Inspirational Quotes with Life Enrichment 7</p> <p>9:35 Bible Study with Pastor Bob</p> <p>10:15 Fly Swatters & Balloon Games</p> <p>11:00 1:1 Soothing Visits</p> <p>1:00 Magazine Collage Essential Oils & Hand Massage</p> <p>1:30 Nail Care</p> <p>2:30 Memories in the Making with Diane & Gracie "Welcome Fall"</p> <p>4:30 Sports on T.V</p>	<p>9:30 Daily Chronicle and Inspirational Quotes with Life Enrichment 8</p> <p>10:00 Kick Ball Exercise Class</p> <p>10:30 Courtyard and Watering Garden</p> <p>11:00 1:1 Soothing Visits</p> <p>1:00 Magazine Collage Essential Oils & Hand Massage</p> <p>1:30 Root Beer floats</p> <p>2:30 Crafting with Gracie</p> <p>4:30 Sports on T.V</p>	<p>9:30 Daily Chronicle and Inspirational Quotes with Life Enrichment 9</p> <p>10:30 Workout & Stretch</p> <p>11:00 1:1 Soothing Visits</p> <p>1:00 Jeanette Alessio-Way "The History Lady" Memories that Matter "September"</p> <p>2:00 LOVE ON A LEASH</p> <p>2:30 Bingo Extravaganza</p> <p>3:00 Finish the Sentence Game</p> <p>4:30 Sports on T.V</p>	<p>9:30 Daily Chronicle and Inspirational Quotes with Life Enrichment 10</p> <p>10:00 Stretch & Strenght Exercise</p> <p>10:30 Courtyard Social & Relaxing Music</p> <p>11:00 1:1 Soothing Visits</p> <p>1:00 Magazine Collage Essential Oils & Hand Massage</p> <p>1:30 Fall Yarn Pumpkin Balloon Crafts with Gracie</p> <p>2:00 Movie & Popcorn in the Sun-Room "Charlie and the Chocolate Factory"</p> <p>2:30 Fall Door Gnomes Projects</p> <p>4:30 Sports on T.V</p>
<p>Happy Grandparents Day Patriot Day 11</p> <p>9:30 Daily Chronicle and Inspirational Quotes with Life Enrichment</p> <p>10:15 LOVE ON A LEASH</p> <p>11:00 1:1 Soothing Visits</p> <p>1:00 Activity Baskets</p> <p>1:30 Moment of Silence with "Sax Sounds" Provided by "Bridge Hospice"</p> <p>2:30 Movie & Popcorn in the Sun-Room "Letters to Juliet"</p> <p>4:30 Sports on T.V</p>	<p>9:30 Daily Chronicle and Inspirational Quotes with Life Enrichment 12</p> <p>10:00 The Price is Right (CBS)</p> <p>11:00 1:1 Soothing Visits</p> <p>2:00 Storytime & Refreshments</p> <p>3:30 Exercise Your Mind with Riddles/ Activity Baskets</p> <p>4:30 Sports on T.V</p>	<p>9:30 Daily Chronicle and Inspirational Quotes with Life Enrichment 13</p> <p>10:00 Beach Ball & Pool Noodle Exercise Class</p> <p>10:30 Courtyard Social</p> <p>11:00 1:1 Soothing Visits</p> <p>1:00 Magazine Collage Essential Oils & Hand Massage</p> <p>1:30 Bingo Extravaganza</p> <p>2:30 Sorting & Organizing Art Room</p> <p>3:30 Happy Hour & Welcome New Residents with "First String Band"</p> <p>4:30 Sports on T.V</p>	<p>Resident Council Meeting 14</p> <p>9:30 Daily Chronicle and Inspirational Quotes with Life Enrichment</p> <p>10:00 Fly Swatters & Balloon Games</p> <p>11:00 1:1 Soothing Visits</p> <p>1:00 Magazine Collage Essential Oils & Hand Massage</p> <p>1:30 Nail Care</p> <p>2:30 Memories in the Making with Diane & Gracie "Welcome Fall"</p> <p>4:30 Sports on T.V</p>	<p>9:30 Daily Chronicle and Inspirational Quotes with Life Enrichment 15</p> <p>10:00 Kick Ball Exercise Class</p> <p>10:30 Courtyard and Watering Garden</p> <p>11:00 1:1 Soothing Visits</p> <p>1:00 Magazine Collage Essential Oils & Hand Massage</p> <p>1:30 Ice Cream Cone Delivery on the Tricycle with "Bridge Hospice"</p> <p>2:30 Crafting with Gracie</p> <p>4:30 Sports on T.V</p>	<p>Happy Birthday Patty H. 16</p> <p>9:30 Daily Chronicle and Inspirational Quotes with Life Enrichment</p> <p>10:30 Workout & Stretch</p> <p>11:00 1:1 Soothing Visits</p> <p>1:00 Magazine Collage Essential Oils & Hand Massage</p> <p>1:30 Holiday Card Making for Our Troops</p> <p>2:30 Bingo Extravaganza</p> <p>3:00 Finish the Sentence Game</p> <p>4:30 Sports on T.V</p>	<p>Happy Birthday Espy C. Happy Birthday Lucy K. 17</p> <p>9:30 Daily Chronicle and Inspirational Quotes with Life Enrichment</p> <p>10:00 Stretch & Strenght Exercise</p> <p>10:30 Courtyard Social & Relaxing Music</p> <p>11:00 1:1 Soothing Visits</p> <p>1:00 Magazine Collage Essential Oils & Hand Massage</p> <p>1:30 Fall Yarn Pumpkin Balloon Crafts with Gracie</p> <p>2:00 Movie & Popcorn in the Sun-Room "Now and Then"</p> <p>2:30 Fall Door Gnomes Projects</p> <p>4:30 Sports on T.V</p>
<p>9:30 Daily Chronicle and Inspirational Quotes with Life Enrichment 18</p> <p>10:15 LOVE ON A LEASH</p> <p>11:00 1:1 Soothing Visits</p> <p>1:00 Activity Baskets</p> <p>2:30 Movie & Popcorn in the Sun-Room "Forever Young"</p> <p>4:30 Sports on T.V</p>	<p>9:30 Daily Chronicle and Inspirational Quotes with Life Enrichment 19</p> <p>10:00 Sing-along with Dan Miller</p> <p>11:00 1:1 Soothing Visits</p> <p>2:00 Storytime & Refreshments</p> <p>3:30 Exercise Your Mind with Riddles/ Activity Baskets</p> <p>4:30 Sports on T.V</p>	<p>9:30 Daily Chronicle and Inspirational Quotes with Life Enrichment 20</p> <p>10:00 Beach Ball & Pool Noodle Exercise Class</p> <p>10:30 Courtyard Social</p> <p>11:00 1:1 Soothing Visits</p> <p>1:00 Magazine Collage Essential Oils & Hand Massage</p> <p>1:30 Bingo Extravaganza</p> <p>2:30 Sorting & Organizing Art Room</p> <p>3:30 Happy Hour with "Cowboy Jack"</p> <p>4:30 Sports on T.V</p>	<p>9:30 Daily Chronicle and Inspirational Quotes with Life Enrichment 21</p> <p>10:00 Fly Swatters & Balloon Games</p> <p>11:00 1:1 Soothing Visits</p> <p>1:00 Magazine Collage Essential Oils & Hand Massage</p> <p>1:30 Nail Care</p> <p>2:30 Memories in the Making with Diane & Gracie "Welcome Fall"</p> <p>4:30 Sports on T.V</p>	<p>All Staff Meeting Autumn Begins 22</p> <p>9:30 Daily Chronicle and Inspirational Quotes with Life Enrichment</p> <p>10:00 Kick Ball Exercise Class</p> <p>10:30 Courtyard and Watering Garden</p> <p>11:00 1:1 Soothing Visits</p> <p>1:00 Magazine Collage Essential Oils & Hand Massage</p> <p>1:30 Root Beer floats</p> <p>2:30 Crafting with Gracie</p> <p>4:30 Oktoberfest Celebration with "Oompah Katz" Authentic German Band [MDR]</p> <p>4:30 Sports on T.V</p>	<p>9:30 Daily Chronicle and Inspirational Quotes with Life Enrichment 23</p> <p>10:30 Workout & Stretch</p> <p>11:00 1:1 Soothing Visits</p> <p>1:00 Magazine Collage Essential Oils & Hand Massage</p> <p>1:30 Holiday Card Making for Our Troops</p> <p>2:00 LOVE ON A LEASH</p> <p>2:30 Bingo Extravaganza</p> <p>3:00 Finish the Sentence Game</p> <p>4:30 Sports on T.V</p>	<p>9:30 Daily Chronicle and Inspirational Quotes with Life Enrichment 24</p> <p>10:00 Stretch & Strenght Exercise</p> <p>10:30 Courtyard Social & Relaxing Music</p> <p>11:00 1:1 Soothing Visits</p> <p>1:00 Magazine Collage Essential Oils & Hand Massage</p> <p>1:30 Fall Yarn Pumpkin Balloon Crafts with Gracie</p> <p>2:00 Movie & Popcorn in the Sun-Room "Grease"</p> <p>2:30 Fall Door Gnomes Projects</p> <p>4:30 Sports on T.V</p>
<p>9:30 Daily Chronicle and Inspirational Quotes with Life Enrichment 25</p> <p>10:15 LOVE ON A LEASH</p> <p>11:00 1:1 Soothing Visits</p> <p>1:00 Activity Baskets</p> <p>1:30 Ukulele Sing Along with Bob Arii</p> <p>2:30 Movie & Popcorn in the Sun-Room "Darby O'Gill and the Little People"</p> <p>4:30 Sports on T.V</p>	<p>9:30 Daily Chronicle and Inspirational Quotes with Life Enrichment 26</p> <p>10:00 The Price is Right (CBS)</p> <p>11:00 1:1 Soothing Visits</p> <p>2:00 Storytime & Refreshments</p> <p>3:30 Exercise Your Mind with Riddles/ Activity Baskets</p> <p>4:30 Sports on T.V</p>	<p>9:30 Daily Chronicle and Inspirational Quotes with Life Enrichment 27</p> <p>10:00 Beach Ball & Pool Noodle Exercise Class</p> <p>10:30 Courtyard Social</p> <p>11:00 1:1 Soothing Visits</p> <p>1:00 Magazine Collage Essential Oils & Hand Massage</p> <p>1:30 Bingo Extravaganza</p> <p>2:30 Sorting & Organizing Art Room</p> <p>3:30 Happy Hour & Birthday Celebration with "The Sophisticates" Cake Provided By Bridge Hospice</p> <p>4:30 Sports on T.V</p>	<p>Happy Birthday Shirley P. 28</p> <p>9:30 Daily Chronicle and Inspirational Quotes with Life Enrichment</p> <p>9:35 Bible Study with Pastor Bob</p> <p>10:15 Fly Swatters & Balloon Games</p> <p>11:00 1:1 Soothing Visits</p> <p>1:00 Magazine Collage Essential Oils & Hand Massage</p> <p>1:30 Nail Care</p> <p>2:30 Memories in the Making with Diane & Gracie "Welcome Fall"</p> <p>4:30 Sports on T.V</p>	<p>9:30 Daily Chronicle and Inspirational Quotes with Life Enrichment 29</p> <p>10:00 Kick Ball Exercise Class</p> <p>10:30 Courtyard and Watering Garden</p> <p>11:00 1:1 Soothing Visits</p> <p>1:00 Magazine Collage Essential Oils & Hand Massage</p> <p>1:30 Root Beer floats</p> <p>2:30 Crafting with Gracie</p> <p>4:30 Sports on T.V</p>	<p>9:30 Daily Chronicle and Inspirational Quotes with Life Enrichment 30</p> <p>10:30 Workout & Stretch</p> <p>11:00 1:1 Soothing Visits</p> <p>1:00 Magazine Collage Essential Oils & Hand Massage</p> <p>1:30 Holiday Card Making for Our Troops</p> <p>2:30 Bingo Extravaganza</p> <p>3:00 Finish the Sentence Game</p> <p>4:30 Sports on T.V</p>	