October 2022

Lantern Crest Horizons

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
October cont'd 30 Daily Chronicle and Inspirational Quotes with Life Enrichment 15 LOVE ON A LEASH 100 1:1 Soothing Visits 100 Activity Baskets 130 Ukulele Sing Along with Bob Arii 130 Movie & Popcorn in the Sun-Room "Forever Young" 130 Sports on T.V	9:30 Daily Chronicle and Inspirational Quotes with Life Enrichment 10:00 The Price is Right (CBS) 11:00 1:1 Soothing Visits 2:00 Activity Baskets 3:30 Halloween Party with "The Sophisticats" 4:30 Sports on T.V	Lantern Crest SENIOR LIVING	Maritza Aguirre Life Enrichment Director At The Ridge 800 Lantern Crest Way Santee, Ca 92071 Cell: (619) 495-5666 Maritza.aguirre@ lanterncrestsantee.com	hello October	Resident Birthdays Stephen P. 10/2 Juanita A. 10/10 Julane S. 10/12 Carlos T. 10/26 Joan "Veda" B. 10/27	9:30 Daily Chronicle and Inspirational Quotes with Life Enrichment 10:00 Stretch & Strenght Exercise 10:30 Courtyard Social & Relaxing Music 11:00 1:1 Soothing Visits 1:00 Finish The Projects Essential Oils Hand Massage 1:30 Halloween T-Shirt Crafts with Grav 2:00 Movie & Popcorn in the Sun-Room "Heaven is for Real" 2:30 Fall Wreath Projects 4:30 Sports on T.V
VALUE OF ONLY LEADING	9:30 Daily Chronicle and Inspirational Quotes with Life Enrichment 10:00 Sing Along with Dan Miller 11:00 1:1 Soothing Visits 2:00 Activity Baskets 3:30 Exercise Your Mind with Riddles/ Activity Baskets 4:30 Sports on T.V	9:30 Daily Chronicle and Inspirational Quotes with Life Enrichment 10:00 Beach Ball & Pool Noodle Exercise Class 10:30 Courtyard Social 11:00 1:1 Soothing Visits 1:00 Finish The Projects Essential Oils & Hand Massage 1:30 Bingo Extravaganza 2:30 Sorting & Organizing Art Room/ Baby Time 3:30 Happy Hour with "Brown Sugar Oldies" 4:30 Sports on T.V	9:30 Daily Chronicle and Inspirational Quotes with Life Enrichment 9:35 Bible Study with Pastor Bob 10:15 Fly Swatters & Balloon Games 11:00 1:1 Soothing Visits 1:00 Finish The Projects Essential Oils & Hand Massage 1:30 Nail Care 2:30 Memories in the Making with Diane & Gracie "Halloween" 4:30 Sports on T.V	9:30 Daily Chronicle and Inspirational Quotes with Life Enrichment 10:00 Kick Ball Exercise Class 10:30 Courtyard and Watering Garden 11:00 1:1 Soothing Visits 1:00 Finish The Projects Essential Oils & Hand Massage 1:30 Ice Cream Cart Sponsored By "Bridge Hospice" 2:30 Scrapbooking & Rock Painting with Gracie 4:30 Sports on T.V	9:30 Daily Chronicle and Inspirational Quotes with Life Enrichment 10:30 Workout & Stretch 1:00 Finish The Projects Essential Oils & Hand Massage 1:30 Holiday Card Making 2:00 LOVE ON A LEASH 2:30 Bingo Extravaganza 3:00 Finish the Sentence Game 4:30 Sports on T.V	9:30 Daily Chronicle and Inspirational Quotes with Life Enrichment 10:00 Stretch & Strenght Exercise 10:30 Courtyard Social & Relaxing Music 11:00 1:1 Soothing Visits 1:00 Finish The Projects Essential Oils Hand Massage 1:30 Halloween T-Shirt Crafts with Grac 2:00 Movie & Popcorn in the Sun-Room "Titanic" 2:30 Fall Wreath Projects 4:30 Sports on T.V
Daily Chronicle and Inspirational Quotes with Life Enrichment DITS LOVE ON A LEASH 1:1 Soothing Visits COUNTY Baskets Ukulele Sing Along with Bob Arii Movie & Popcorn in the Sun-Room "The Young Victoria" Liston Sports on T.V	Happy Birthday Juanita A. 9:30 Daily Chronicle and Inspirational Quotes with Life Enrichment 10:00 The Price is Right (CBS) 11:00 1:1 Soothing Visits 2:00 Activity Baskets 3:30 Exercise Your Mind with Riddles/ Activity Baskets 4:30 Sports on T.V	9:30 Daily Chronicle and Inspirational Quotes with Life Enrichment 10:00 Beach Ball & Pool Noodle Exercise Class 10:30 Courtyard Social 11:00 1:1 Soothing Visits 1:00 Finish The Projects Essential Oils & Hand Massage 1:30 Bingo Extravaganza 2:30 Sorting & Organizing Art Room/ Baby Time Happy Hour & Welcome New Resident with "First String Band" 4:30 Sports on T.V	Resident Council Meeting 9:30 Daily Chronicle and Inspirational Quotes with Life Enrichment 9:35 Bible Study with Pastor Bob 10:15 Fly Swatters & Balloon Games 11:00 1:1 Soothing Visits 1:00 Finish The Projects Essential Oils & Hand Massage 1:30 Nail Care 2:30 Memories in the Making with Diane & Gracie "Halloween" 4:30 Sports on T.V	9:30 Daily Chronicle and Inspirational Quotes with Life Enrichment 10:00 Kick Ball Exercise Class 10:30 Courtyard and Watering Garden 11:00 1:1 Soothing Visits 1:00 Finish The Projects Essential Oils & Hand Massage 1:30 Apple Cider Social 2:30 Scrapbooking & Rock Painting with Gracie 4:30 Sports on T.V	9:30 Daily Chronicle and Inspirational Quotes with Life Enrichment 10:30 Workout & Stretch 11:00 1:1 Soothing Visits 1:00 Finish The Projects Essential Oils & Hand Massage 1:30 Jeanette Alessio-Way "The History Lady" Memories that Matter "October" 2:30 Bingo Extravaganza 3:00 Finish the Sentence Game 4:30 Sports on T.V	9:30 Daily Chronicle and Inspirational Quotes with Life Enrichment 10:00 Stretch & Strenght Exercise 10:30 Courtyard Social & Relaxing Music 11:00 1:1 Soothing Visits 1:00 Finish The Projects Essential Oils Hand Massage 1:30 Halloween T-Shirt Crafts with Gra 2:00 Movie & Popcorn in the Sun-Room "October Sky" 2:30 Fall Wreath Projects 4:30 Sports on T.V
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Daily Chronicle and Inspirational Quotes with Life Enrichment LOVE ON A LEASH 1:10 1:1 Soothing Visits 1:00 Activity Baskets 1:30 Ukulele Sing Along with Bob Arii Movie & Popcorn in the Sun-Room "Finding Neverland" 1:30 Sports on T.V	9:30 Daily Chronicle and Inspirational Quotes with Life Enrichment 10:00 The Price is Right (CBS) 11:00 1:1 Soothing Visits 2:00 Activity Baskets 3:30 Exercise Your Mind with Riddles/ Activity Baskets 4:30 Sports on T.V	9:30 Daily Chronicle and Inspirational Quotes with Life Enrichment 10:00 Beach Ball & Pool Noodle Exercise Class 10:30 Courtyard Social 11:00 1:1 Soothing Visits 1:00 Finish The Projects Essential Oils & Hand Massage 1:30 Bingo Extravaganza 2:30 Sorting & Organizing Art Room/ Baby Time Happy Hour & Birthday Celebration with "Sax Sounds" 4:30 Sports on T.V	Happy Birthday Carlos T. 9:30 Daily Chronicle and Inspirational Quotes with Life Enrichment 9:35 Bible Study with Pastor Bob 10:15 Fly Swatters & Balloon Games 11:00 1:1 Soothing Visits 1:00 Finish The Projects Essential Oils & Hand Massage 1:30 Nail Care 2:30 Memories in the Making with Diane & Gracie "Halloween" 4:30 Sports on T.V	Happy Birthday Joan "Veda" B. 9:30 Daily Chronicle and Inspirational Quotes with Life Enrichment 10:00 Kick Ball Exercise Class 10:30 Courtyard and Watering Garden 11:00 1:1 Soothing Visits 1:00 Finish The Projects Essential Oils & Hand Massage 1:30 Apple Cider Social 2:30 Scrapbooking & Rock Painting with Gracie 4:30 Sports on T.V	9:30 Daily Chronicle and Inspirational Quotes with Life Enrichment 10:30 Workout & Stretch 11:00 1:1 Soothing Visits 1:00 Finish The Projects Essential Oils & Hand Massage 1:30 Holiday Card Making 2:30 Bingo Extravaganza 3:00 Finish the Sentence Game 4:30 Sports on T.V	10:00 Stretch & Strenght Exercise 10:30 Courtyard Social & Relaxing Music 11:00 1:1 Soothing Visits 1:00 Finish The Projects Essential Oils & Han