

November 2022

Lantern Crest Horizons

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
		<p>9:30 Daily Chronicle and Inspirational Quotes with Life Enrichment 1</p> <p>10:00 Beach Ball & Pool Noodle Exercise Class</p> <p>10:30 Courtyard Social</p> <p>11:00 1:1 Soothing Visits</p> <p>1:00 Finish The Projects Essential Oils & Hand Massage</p> <p>1:30 Bingo Extravaganza</p> <p>2:30 Sorting & Organizing / Baby Time</p> <p>3:30 Happy Hour with "Brown Sugar Oldies"</p> <p>4:30 Sports on T.V</p>	<p>Happy Birthday Charles T. & Florence T. 2</p> <p>9:30 Daily Chronicle and Inspirational Quotes with Life Enrichment</p> <p>9:35 Bible Study with Pastor Bob</p> <p>10:15 Fly Swatters & Balloon Games</p> <p>11:00 1:1 Soothing Visits</p> <p>1:00 Finish The Projects Essential Oils & Hand Massage</p> <p>1:30 Nail Care</p> <p>2:30 Memories in the Making with Diane & Gracie "Thanksgiving"</p> <p>4:30 Sports on T.V</p>	<p>9:30 Daily Chronicle and Inspirational Quotes with Life Enrichment 3</p> <p>10:00 Kick Ball Exercise Class</p> <p>10:30 Courtyard and Watering Garden</p> <p>11:00 1:1 Soothing Visits</p> <p>1:00 Finish The Projects Essential Oils & Hand Massage</p> <p>1:30 Hot Coco Social with Gracie</p> <p>2:30 Wood Crafts with Gracie</p> <p>4:30 Sports on T.V</p>	<p>9:30 Daily Chronicle and Inspirational Quotes with Life Enrichment 4</p> <p>10:30 Workout & Stretch</p> <p>11:00 1:1 Soothing Visits</p> <p>1:00 Finish The Projects Essential Oils & Hand Massage</p> <p>1:30 Thanksgiving Crafts</p> <p>2:00 LOVE ON A LEASH</p> <p>2:30 Bingo Extravaganza</p> <p>3:00 Finish the Sentence Game</p> <p>4:30 Sports on T.V</p>	<p>Happy Birthday Ronald C. 5</p> <p>9:30 Daily Chronicle and Inspirational Quotes with Life Enrichment</p> <p>10:00 Stretch & Strenght Exercise</p> <p>10:30 Courtyard Social & Relaxing Music</p> <p>11:00 1:1 Soothing Visits</p> <p>1:00 Finish The Projects Essential Oils & Hand Massage</p> <p>1:30 Table Game and Trivia</p> <p>2:00 Movie & Popcorn in the Sun-Room "Fried Green Tomatoes"</p> <p>2:30 Balloon Exercise for Hand and Eye Coordination</p> <p>4:30 Sports on T.V</p>	
<p>Daylight Savings Time Ends 6</p> <p>9:30 Daily Chronicle and Inspirational Quotes with Life Enrichment</p> <p>10:15 LOVE ON A LEASH</p> <p>11:00 1:1 Soothing Visits</p> <p>1:00 "Celeste Appel" And The Angel's Sing</p> <p>2:30 Movie & Popcorn in the Sun-Room "Guys and Dolls"</p> <p>4:30 Sports on T.V</p>	<p>9:30 Daily Chronicle and Inspirational Quotes with Life Enrichment 7</p> <p>10:00 Sing Along with Dan Miller</p> <p>11:00 1:1 Soothing Visits</p> <p>2:00 Activity Baskets</p> <p>3:30 Exercise Your Mind with Riddles/ Activity Baskets</p> <p>4:30 Sports on T.V</p>	<p>Election Day 8</p> <p>9:30 Daily Chronicle and Inspirational Quotes with Life Enrichment</p> <p>10:00 Beach Ball & Pool Noodle Exercise Class</p> <p>10:30 Courtyard Social</p> <p>11:00 1:1 Soothing Visits</p> <p>1:00 Finish The Projects Essential Oils & Hand Massage</p> <p>1:30 Bingo Extravaganza</p> <p>2:30 Sorting & Organizing / Baby Time</p> <p>3:30 Happy Hour & Welcome New Residents with "First String Band"</p> <p>4:30 Sports on T.V</p>	<p>9:30 Daily Chronicle and Inspirational Quotes with Life Enrichment 9</p> <p>9:35 Bible Study with Pastor Bob</p> <p>10:15 Fly Swatters & Balloon Games</p> <p>11:00 1:1 Soothing Visits</p> <p>1:00 Finish The Projects Essential Oils & Hand Massage</p> <p>1:30 Nail Care</p> <p>2:30 Memories in the Making with Diane & Gracie "Thanksgiving"</p> <p>4:30 Sports on T.V</p>	<p>9:30 Daily Chronicle and Inspirational Quotes with Life Enrichment 10</p> <p>10:00 Kick Ball Exercise Class</p> <p>10:30 Courtyard and Watering Garden</p> <p>11:00 1:1 Soothing Visits</p> <p>1:00 Finish The Projects Essential Oils & Hand Massage</p> <p>1:30 Affogato "Coffee & Ice Cream" with Bridge Hospice</p> <p>1:30 Inspirational Music with "Steve & Diane"</p> <p>2:30 Wood Crafts with Gracie</p> <p>4:30 Sports on T.V</p>	<p>Veterans Day 11</p> <p>9:30 Daily Chronicle and Inspirational Quotes with Life Enrichment</p> <p>10:30 Workout & Stretch</p> <p>11:00 1:1 Soothing Visits</p> <p>1:00 Finish The Projects Essential Oils & Hand Massage</p> <p>1:30 Veterans Pinning Ceremony with "Mission Health Care"</p> <p>2:30 Bingo Extravaganza</p> <p>3:00 Finish the Sentence Game</p> <p>4:30 Sports on T.V</p>	<p>9:30 Daily Chronicle and Inspirational Quotes with Life Enrichment 12</p> <p>10:00 Stretch & Strenght Exercise</p> <p>10:30 Courtyard Social & Relaxing Music</p> <p>11:00 1:1 Soothing Visits</p> <p>1:00 Finish The Projects Essential Oils & Hand Massage</p> <p>1:30 Table Game and Trivia</p> <p>2:00 Movie & Popcorn in the Sun-Room "It Could Happen To You"</p> <p>2:30 Balloon Exercise for Hand and Eye Coordination</p> <p>4:30 Sports on T.V</p>	
<p>Join Us & Wear your Flannels and Thankful Quote T-Shirts 13</p> <p>World Kindness Day! Come get a Pin from "Life Enrichment"</p> <p>9:30 Daily Chronicle and Inspirational Quotes with Life Enrichment</p> <p>10:15 LOVE ON A LEASH</p> <p>11:00 1:1 Soothing Visits</p> <p>1:00 Activity Baskets</p> <p>1:30 Special Event with "The Sweet Hearts of Swing" (MDR)</p> <p>1:30 Ukulele Sing Along with Bob Arie</p> <p>2:30 Movie & Popcorn in the Sun-Room "Forrest Gump"</p> <p>4:30 Sports on T.V</p>	<p>Join Us & Wear your Flannels and Thankful Quote T-Shirts 14</p> <p>9:30 Daily Chronicle and Inspirational Quotes with Life Enrichment</p> <p>10:00 The Price is Right (CBS)</p> <p>11:00 1:1 Soothing Visits</p> <p>1:30 Andrew O. McKinn "The Music Puppeteer"</p> <p>2:00 Activity Baskets</p> <p>3:30 Exercise Your Mind with Riddles/ Activity Baskets</p> <p>4:30 Sports on T.V</p>	<p>Join Us & Wear your Flannels and Thankful Quote T-Shirts 15</p> <p>9:30 Daily Chronicle and Inspirational Quotes with Life Enrichment</p> <p>10:00 Beach Ball & Pool Noodle Exercise Class</p> <p>10:30 Courtyard Social</p> <p>11:00 1:1 Soothing Visits</p> <p>1:00 Finish The Projects Essential Oils & Hand Massage</p> <p>1:30 Bingo Extravaganza</p> <p>2:30 Sorting & Organizing / Baby Time</p> <p>3:30 Happy Hour with "Cowboy Jack"</p> <p>4:30 Sports on T.V</p>	<p>Join Us & Wear your Flannels and Thankful Quote T-Shirts 16</p> <p>9:30 Daily Chronicle and Inspirational Quotes with Life Enrichment</p> <p>9:35 Bible Study with Pastor Bob</p> <p>10:15 Fly Swatters & Balloon Games</p> <p>11:00 1:1 Soothing Visits</p> <p>1:00 Finish The Projects Essential Oils & Hand Massage</p> <p>1:30 Nail Care</p> <p>2:30 Memories in the Making with Diane & Gracie "Thanksgiving"</p> <p>4:30 Sports on T.V</p>	<p>Join Us & Wear your Flannels and Thankful Quote T-Shirts 17</p> <p>9:30 Daily Chronicle and Inspirational Quotes with Life Enrichment</p> <p>10:00 Kick Ball Exercise Class</p> <p>10:30 Courtyard and Watering Garden</p> <p>11:00 1:1 Soothing Visits</p> <p>1:00 Finish The Projects Essential Oils & Hand Massage</p> <p>1:30 Hot Coco Social with Gracie</p> <p>2:30 Wood Crafts with Gracie</p> <p>4:30 Sports on T.V</p>	<p>Join Us & Wear your Flannels and Thankful Quote T-Shirts 18</p> <p>9:30 Daily Chronicle and Inspirational Quotes with Life Enrichment</p> <p>10:30 Workout & Stretch</p> <p>11:00 1:1 Soothing Visits</p> <p>1:00 Finish The Projects Essential Oils & Hand Massage</p> <p>1:30 Jeanette Alessio-Way "The History Lady" Memories that Matter "November"</p> <p>2:00 LOVE ON A LEASH</p> <p>2:30 Bingo Extravaganza</p> <p>3:00 Finish the Sentence Game</p> <p>4:30 Sports on T.V</p>	<p>Happy Birthday Pearl B. 19</p> <p>Join Us & Wear your Flannels and Thankful Quote T-Shirts</p> <p>9:30 Daily Chronicle and Inspirational Quotes with Life Enrichment</p> <p>10:00 Stretch & Strenght Exercise</p> <p>10:30 Courtyard Social & Relaxing Music</p> <p>11:00 1:1 Soothing Visits</p> <p>1:00 Finish The Projects Essential Oils & Hand Massage</p> <p>1:30 Table Game and Trivia</p> <p>2:00 Movie & Popcorn in the Sun-Room "Bette Davis in The Star"</p> <p>2:30 Balloon Exercise for Hand and Eye Coordination</p> <p>4:30 Sports on T.V</p>	
<p>Happy Birthday Margaret H. The 76th Annual Mother Goose Parade on CBS8 20</p> <p>9:30 Daily Chronicle and Inspirational Quotes with Life Enrichment</p> <p>10:15 LOVE ON A LEASH</p> <p>11:00 1:1 Soothing Visits</p> <p>1:00 Activity Baskets</p> <p>1:30 Ukulele Sing Along with Bob Arie</p> <p>2:00 St. Columba church "Protestant" with Bill Bixby</p> <p>2:30 Movie & Popcorn in the Sun-Room "The Illusionist"</p> <p>4:30 Sports on T.V</p>	<p>9:30 Daily Chronicle and Inspirational Quotes with Life Enrichment 21</p> <p>10:00 Sing Along with Dan Miller</p> <p>11:00 1:1 Soothing Visits</p> <p>2:00 Activity Baskets</p> <p>3:30 Exercise Your Mind with Riddles/ Activity Baskets</p> <p>4:30 Sports on T.V</p>	<p>All Staff Meeting 22</p> <p>9:30 Daily Chronicle and Inspirational Quotes with Life Enrichment</p> <p>10:00 Beach Ball & Pool Noodle Exercise Class</p> <p>10:30 Courtyard Social</p> <p>11:00 1:1 Soothing Visits</p> <p>1:00 Bingo Extravaganza</p> <p>1:00 Finish The Projects Essential Oils & Hand Massage</p> <p>3:30 Happy Hour with "Blue Zone Band"</p> <p>4:30 Sports on T.V</p>	<p>9:30 Daily Chronicle and Inspirational Quotes with Life Enrichment 23</p> <p>9:35 Bible Study with Pastor Bob</p> <p>10:15 Fly Swatters & Balloon Games</p> <p>11:00 1:1 Soothing Visits</p> <p>1:00 Finish The Projects Essential Oils & Hand Massage</p> <p>1:30 Nail Care</p> <p>2:30 Memories in the Making with Diane & Gracie "Thanksgiving"</p> <p>4:30 Sports on T.V</p>	<p>Happy Thanksgiving Macy's Thanksgiving Day Parade NBC 24</p> <p>9:30 Daily Chronicle and Inspirational Quotes with Life Enrichment</p> <p>10:30 Courtyard and Watering Garden</p> <p>11:00 1:1 Soothing Visits</p> <p>12:00 Sax Sounds with "Tony"</p> <p>1:00 Finish The Projects Essential Oils & Hand Massage</p> <p>2:00 Hall Mark Movies on Chanel 74</p> <p>4:30 Sports on T.V</p>	<p>9:30 Daily Chronicle and Inspirational Quotes with Life Enrichment 25</p> <p>10:30 Workout & Stretch</p> <p>11:00 1:1 Soothing Visits</p> <p>1:00 Finish The Projects Essential Oils & Hand Massage</p> <p>1:30 Thanksgiving Crafts</p> <p>2:30 Bingo Extravaganza</p> <p>3:00 Finish the Sentence Game</p> <p>4:30 Sports on T.V</p>	<p>9:30 Daily Chronicle and Inspirational Quotes with Life Enrichment 26</p> <p>10:00 Stretch & Strenght Exercise</p> <p>10:30 Courtyard Social & Relaxing Music</p> <p>11:00 1:1 Soothing Visits</p> <p>1:00 Finish The Projects Essential Oils & Hand Massage</p> <p>1:30 Table Game and Trivia</p> <p>2:00 Movie & Popcorn in the Sun-Room "Viva Las Vegas"</p> <p>2:30 Balloon Exercise for Hand and Eye Coordination</p> <p>4:30 Sports on T.V</p>	
<p>9:30 Daily Chronicle and Inspirational Quotes with Life Enrichment 27</p> <p>10:15 LOVE ON A LEASH</p> <p>11:00 1:1 Soothing Visits</p> <p>1:00 Activity Baskets</p> <p>1:30 Ukulele Sing Along with Bob Arie</p> <p>2:30 Movie & Popcorn in the Sun-Room "The Secret Garden"</p> <p>4:30 Sports on T.V</p>	<p>9:30 Daily Chronicle and Inspirational Quotes with Life Enrichment 28</p> <p>10:00 The Price is Right (CBS)</p> <p>11:00 1:1 Soothing Visits</p> <p>2:00 Activity Baskets</p> <p>3:30 Exercise Your Mind with Riddles/ Activity Baskets</p> <p>4:30 Sports on T.V</p>	<p>9:30 Daily Chronicle and Inspirational Quotes with Life Enrichment 29</p> <p>10:00 Beach Ball & Pool Noodle Exercise Class</p> <p>10:30 Courtyard Social</p> <p>11:00 1:1 Soothing Visits</p> <p>1:00 Finish The Projects Essential Oils & Hand Massage</p> <p>1:30 Bingo Extravaganza</p> <p>2:30 Sorting & Organizing / Baby Time</p> <p>3:30 Happy Hour & Birthday Celebration with "The Sophisticat Band"</p> <p>4:30 Sports on T.V</p>	<p>9:30 Daily Chronicle and Inspirational Quotes with Life Enrichment 30</p> <p>9:35 Bible Study with Pastor Bob</p> <p>10:15 Fly Swatters & Balloon Games</p> <p>11:00 1:1 Soothing Visits</p> <p>1:00 Finish The Projects Essential Oils & Hand Massage</p> <p>1:30 Nail Care</p> <p>2:30 Memories in the Making with Diane & Gracie "Thanksgiving"</p> <p>4:30 Sports on T.V</p>	<p>Maritza Aguirre Life Enrichment Director At The Ridge 800 Lantern Crest Way Santee, Ca 92071 Cell: (619) 495-5666 Maritza.aguirre@lanterncrestsantee.com</p>			<p>Happy Birthday</p> <p>Charles T. 11/2 Florence T. 11/2 Ronald C. 11/5 Pearl B. 11/19 Margaret H. 11/20</p>