

Lantern Crest Assisted Living

November 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<p><i>Happy birthday Joan M.</i> Take a walk and find "Jumbo Turkey Leg" 1 9:15 <i>St. Kieran's Communion Church Service with "Gina" [RT]</i> 9:45 Daily Chronicle and Horoscopes 10:00 Workout & Stretch [L1] 10:30 <i>Family Feud [L1]</i> 11:00 1:1 Resident visits 1:00 Advantages and Disadvantages of the use of Technology "Questions on Technology and Devices with Chloe" [L1] 1:30 Word in a Word [L1] 2:30 Card Games [CR] 4:30 <i>Happy Hour with "Blue Zone Band" [MDR]</i> 5:00 Enjoy a Game with Friends at the "Sports Lounge"</p>	<p>Take a walk and find "Jumbo Turkey Leg" 2 9:45 Daily Chronicle and Horoscopes 10:15 <i>Stretch & Strength with Angie from Mobile Therapy [L1]</i> 10:45 <i>Bible Study & Hymns w/ Pastor Bob [L1]</i> 11:00 1:1 Resident visits 1:00 <i>Lunch Outing to "Casa De Pico"</i> 1:00 Bingo for Prizes [AC] 2:30 <i>MONOPOLY GAME at The "Sports Lounge"</i> 3:30 Healthy Juicing with Chloe [AC] 5:00 Enjoy a Game with Friends at the "Sports Lounge"</p>	<p>Take a walk and find "Jumbo Turkey Leg" 3 9:45 Daily Chronicle and Horoscopes 10:00 Bocce Ball Is Back! Green Machine vs Red Warriors [L1] 11:00 1:1 Resident visits 1:00 Blackjack [CR] 2:30 <i>Finishing Art & Crafts for the Fair [AC]</i> 3:30 Baking Cookies [AC] 5:00 Enjoy a Game with Friends at the "Sports Lounge"</p>	<p>Take a walk and find "Jumbo Turkey Leg" 4 9:45 Daily Chronicle and Horoscopes 10:00 Drum Fit Class with Chloe [L1] 10:30 <i>Large Crossword Puzzle [L1]</i> 11:00 1:1 Resident visits 12:30 <i>Afternoon Movie and Popcorn "Dr. Dolittle" [RT]</i> 2:00 <i>Love on a Leash</i> 2:30 Bingo for Prizes [AC] 3:30 <i>Family Feud [AC]</i> 5:00 Enjoy a Game with Friends at the "Sports Lounge"</p>	<p>Take a walk and find "Jumbo Turkey Leg" 5 9:45 Daily Chronicle and Horoscopes 10:00 "Café de Crest" - Bistro Coffee Social & Chronicle with Fall Flavors [BISR] 11:00 1:1 Resident visits 1:00 Stretch and Strength Exercise Class [L1] 2:00 Nickel Poker/ Card Games [CR] 3:00 Bean Bag Toss Games [RT] 5:00 Enjoy a Game with Friends at the "Sports Lounge"</p>
<p><i>Daylight Saving Time Ends</i> Take a walk and find "Jumbo Turkey Leg" 6 9:45 Daily Chronicle and Horoscopes 10:00 <i>Trip to Walmart or Target</i> 10:45 <i>Love on a Leash [L1]</i> 11:00 1:1 Resident visits 1:00 <i>"Celeste Appel" And The Angel's Sing [MDR]</i> 2:30 Trash Card Games [CR] 5:00 Enjoy a Game with Friends at the "Sports Lounge"</p>	<p>Take a walk and find "Jumbo Turkey Leg" 7 9:45 Daily Chronicle and Horoscopes 10:00 Exercise Class "Sports Lounge" 10:30 <i>Horse Racing Game with Gracie</i> 11:00 1:1 Resident visits 1:00 Chat with our Sous Chef Daniela & Gracie [LCK] 2:00 Bingo for Prizes with Gracie [AC] 5:00 Enjoy a Game with Friends at the "Sports Lounge"</p>	<p><i>Election Day</i> Take a walk and find "Jumbo Turkey Leg" 8 9:45 Daily Chronicle and Horoscopes 10:00 Workout & Stretch [L1] 10:30 <i>Family Feud [L1]</i> 11:00 1:1 Resident visits 1:00 Advantages and Disadvantages of the use of Technology "Questions on Technology and Devices with Chloe" [L1] 1:30 Word in a Word [L1] 2:30 Card Games [CR] 4:30 <i>Happy Hour & Welcome New Residents with "Musicstation" [MDR]</i> 5:00 Enjoy a Game with Friends at the "Sports Lounge"</p>	<p>Resident Council meeting Take a walk and find "Jumbo Turkey Leg" 9 9:45 Daily Chronicle and Horoscopes 10:00 <i>Dania Grant "Trip to Africa" [L1]</i> 11:00 <i>Lunch Outing to "Janet's Café & Deli"</i> 1:30 Bingo for Prizes [AC] 3:00 Resident Council Meeting [RT] 5:00 Enjoy a Game with Friends at the "Sports Lounge"</p>	<p><i>Happy Birthday Helen H.</i> Take a walk and find "Jumbo Turkey Leg" 10 9:45 Daily Chronicle and Horoscopes 10:00 Bocce Ball Is Back! Green Machine vs Red Warriors [L1] 11:00 1:1 Resident visits 1:00 Blackjack [CR] 1:30 <i>Affogato "Coffee & Ice Cream" with Bridge Hospice</i> 1:30 <i>Inspirational Music with Steve & Diane</i> 2:30 <i>Finishing Art & Crafts for the Fair [AC]</i> 3:30 Baking Cookies [AC] 5:00 Enjoy a Game with Friends at the "Sports Lounge"</p>	<p>Take a walk and find "Jumbo Turkey Leg" 11 <i>Veterans Day</i> 9:45 Daily Chronicle and Horoscopes 10:00 Drum Fit Class with Chloe [L1] 10:30 <i>Large Crossword Puzzle [L1]</i> 11:00 1:1 Resident visits 1:30 <i>Veteran Pinning Ceremony with "Mission Health Care" [RT]</i> 2:30 Bingo for Prizes [AC] 3:30 <i>Family Feud [AC]</i> 5:00 Enjoy a Game with Friends at the "Sports Lounge"</p>	<p>Take a walk and find "Jumbo Turkey Leg" 12 9:45 Daily Chronicle and Horoscopes 10:00 "Café de Crest" - Bistro Coffee Social & Chronicle with Fall Flavors [BISR] 11:00 1:1 Resident visits 1:00 Stretch and Strength Exercise Class [L1] 2:00 Nickel Poker/ Card Games [CR] 3:00 Bean Bag Toss Games [RT] 5:00 Enjoy a Game with Friends at the "Sports Lounge"</p>
<p><i>Join Us & Wear your Flannels and Thankful Quote T-Shirts</i> Take a walk and find "Jumbo Turkey Leg" 13 <i>World Kindness Day! Come get a Pin from "Life Enrichment"</i> 9:45 Daily Chronicle and Horoscopes 10:00 <i>Trip to Walmart or Target</i> 10:45 <i>Love on a Leash [L1]</i> 11:00 1:1 Resident visits 1:30 <i>Special Event with "The Sweet Hearts Of Swing" [MDR]</i> 2:30 Courtyard Social & Watering Gardening 5:00 Enjoy a Game with Friends at the "Sports Lounge"</p>	<p><i>Join Us & Wear your Flannels and Thankful Quote T-Shirts</i> Take a walk and find "Jumbo Turkey Leg" 14 9:45 Daily Chronicle and Horoscopes 10:00 POM-POM Exercise Class "Sports Lounge" 10:30 <i>Horse Racing Game with Tracy & Maritza</i> 11:00 1:1 Resident visits 1:30 <i>Andrew O. McKinn "The Musical Puppeteer" [MDR]</i> 2:30 Bingo for Prizes [AC] 3:30 Organizing Art & Crafts for the Annual Art Fair 5:00 Enjoy a Game with Friends at the "Sports Lounge"</p>	<p><i>Join Us & Wear your Flannels and Thankful Quote T-Shirts</i> Take a walk and find "Jumbo Turkey Leg" 15 9:15 <i>St. Kieran's Communion Church Service with "Gina" [RT]</i> 9:45 Daily Chronicle and Horoscopes 10:00 Workout & Stretch [L1] 10:30 <i>Family Feud [L1]</i> 11:00 1:1 Resident visits 1:00 Advantages and Disadvantages of the use of Technology "Questions on Technology and Devices with Chloe" [L1] 1:30 Word in a Word [L1] 2:30 Card Games [CR] 4:30 <i>Happy Hour with "First String Band" [MDR]</i> 5:00 Enjoy a Game with Friends at the "Sports Lounge"</p>	<p><i>Join Us & Wear your Flannels and Thankful Quote T-Shirts</i> Take a walk and find "Jumbo Turkey Leg" 16 9:45 Daily Chronicle and Horoscopes 10:15 <i>Stretch & Strength with Angie from Mobile Therapy [L1]</i> 10:45 <i>Bible Study & Hymns w/ Pastor Bob [L1]</i> 11:00 1:1 Resident visits 1:00 <i>Lunch Outing to "Jimmy's"</i> 1:00 Bingo for Prizes [AC] 2:30 <i>MONOPOLY GAME at The "Sports Lounge"</i> 3:30 Healthy Juicing with Chloe [AC] 5:00 Enjoy a Game with Friends at the "Sports Lounge"</p>	<p><i>Join Us & Wear your Flannels and Thankful Quote T-Shirts</i> Take a walk and find "Jumbo Turkey Leg" 17 9:45 Daily Chronicle and Horoscopes 10:00 Bocce Ball Is Back! Green Machine vs Red Warriors [L1] 11:00 1:1 Resident visits 1:00 Blackjack [CR] 2:30 <i>Finishing Art & Crafts for the Fair [AC]</i> 3:30 Baking Cookies [AC] 4:30 <i>"Trevor" The Piano Player is Back</i> 5:00 Enjoy a Game with Friends at the "Sports Lounge"</p>	<p><i>Join Us & Wear your Flannels and Thankful Quote T-Shirts</i> Take a walk and find "Jumbo Turkey Leg" 18 9:45 Daily Chronicle and Horoscopes 10:00 Drum Fit Class with Chloe [L1] 10:30 <i>Large Crossword Puzzle [L1]</i> 11:00 1:1 Resident visits 12:30 <i>Jeanette Alessio-Way "The History Lady" Memories that Matter "November"</i> 1:30 <i>Cover The Number Game with Chloe</i> 2:00 <i>Love on a Leash</i> 2:30 Bingo for Prizes [AC] 3:30 <i>Family Feud [AC]</i> 5:00 Enjoy a Game with Friends at the "Sports Lounge"</p>	<p><i>Join Us & Wear your Flannels and Thankful Quote T-Shirts</i> Take a walk and find "Jumbo Turkey Leg" 19 9:45 Daily Chronicle and Horoscopes 10:00 "Café de Crest" - Bistro Coffee Social & Chronicle with Fall Flavors [BISR] 11:00 1:1 Resident visits 1:00 Stretch and Strength Exercise Class [L1] 2:00 Nickel Poker/ Card Games [CR] 3:00 Bean Bag Toss Games [RT] 5:00 Enjoy a Game with Friends at the "Sports Lounge"</p>
<p>Take a walk and find "Jumbo Turkey Leg" 20 <i>The 76th Annual Mother Goose Parade on CBS8</i> 9:45 Daily Chronicle and Horoscopes 10:00 <i>Trip to Walmart or Target</i> 10:45 <i>Love on a Leash [L1]</i> 11:00 1:1 Resident visits 1:00 <i>Sunday Matinee with Popcorn "Must Love Dogs" [RT]</i> 1:30 Trash Card Games [CR] 2:00 <i>St. Columba Church "Protestant" with Bill Bixby</i> 2:30 Courtyard Social & Watering Gardening 5:00 Enjoy a Game with Friends at the "Sports Lounge"</p>	<p>Take a walk and find "Jumbo Turkey Leg" 21 9:45 Daily Chronicle and Horoscopes 10:00 POM-POM Exercise Class "Sports Lounge" 10:30 <i>Horse Racing Game with Tracy & Maritza</i> 11:00 1:1 Resident visits 1:00 Chat with our Sous Chef Daniela [LCK] 1:00 <i>Military Hero's "Stories" with Apreva Hospice</i> 2:30 Bingo for Prizes [AC] 3:30 Organizing Art & Crafts for the Annual Art Fair 5:00 Enjoy a Game with Friends at the "Sports Lounge"</p>	<p><i>All Staff Meeting</i> Take a walk and find "Jumbo Turkey Leg" 22 9:45 Daily Chronicle and Horoscopes 10:00 Workout & Stretch [L1] 10:30 <i>Family Feud [L1]</i> 11:00 1:1 Resident visits 1:00 Advantages and Disadvantages of the use of Technology "Questions on Technology and Devices with Chloe" [L1] 3:15 Card Games [CR] 4:30 <i>Happy Hour with "The Sophisticats Band" [MDR]</i> 5:00 Enjoy a Game with Friends at the "Sports Lounge"</p>	<p>Take a walk and find "Jumbo Turkey Leg" 23 9:45 Daily Chronicle and Horoscopes 10:00 <i>Annual Visit from "Bourbon Red Turkey" & Local Honeys, Jams and Jellies Sale</i> 10:15 <i>Stretch & Strength with Angie from Mobile Therapy [L1]</i> 10:45 <i>Bible Study & Hymns w/ Pastor Bob [L1]</i> 11:00 1:1 Resident visits 1:00 Bingo for Prizes [AC] 2:30 <i>MONOPOLY GAME at The "Sports Lounge"</i> 3:30 Healthy Juicing with Chloe [AC] 5:00 Enjoy a Game with Friends at the "Sports Lounge"</p>	<p><i>Happy Thanksgiving</i> Take a walk and find "Jumbo Turkey Leg" 24 <i>Macy's Thanksgiving Day Parade NBC</i> 9:45 Daily Chronicle and Horoscopes 10:00 Bocce Ball Is Back! Green Machine vs Red Warriors [L1] 11:00 1:1 Resident visits 12:00 <i>Thanksgiving Entertainment with "Sylvia & Salvador" [MDR]</i> 1:00 Blackjack [CR] 2:00 <i>Hall Mark Movies on Chanel 74</i> 5:00 Enjoy a Game with Friends at the "Sports Lounge"</p>	<p>Take a walk and find "Jumbo Turkey Leg" 25 9:45 Daily Chronicle and Horoscopes 10:00 Drum Fit Class with Chloe [L1] 10:30 <i>Large Crossword Puzzle [L1]</i> 11:00 1:1 Resident visits 12:30 <i>Afternoon Movie and Popcorn "Pearl Harbor" [RT]</i> 2:30 Bingo for Prizes [AC] 3:30 <i>Family Feud [AC]</i> 5:00 Enjoy a Game with Friends at the "Sports Lounge"</p>	<p>Take a walk and find "Jumbo Turkey Leg" 26 9:45 Daily Chronicle and Horoscopes 10:00 "Café de Crest" - Bistro Coffee Social & Chronicle with Fall Flavors [BISR] 11:00 1:1 Resident visits 1:00 Stretch and Strength Exercise Class [L1] 2:00 Nickel Poker/ Card Games [CR] 3:00 Bean Bag Toss Games [RT] 5:00 Enjoy a Game with Friends at the "Sports Lounge"</p>
<p>Take a walk and find "Jumbo Turkey Leg" 27 9:45 Daily Chronicle and Horoscopes 10:00 <i>Trip to Walmart or Target</i> 10:45 <i>Love on a Leash [L1]</i> 11:00 1:1 Resident visits 1:00 <i>Sunday Matinee with Popcorn "What About Bob" [RT]</i> 1:30 Trash Card Games [CR] 2:30 Courtyard Social & Watering Gardening 5:00 Enjoy a Game with Friends at the "Sports Lounge"</p>	<p>Take a walk and find "Jumbo Turkey Leg" 28 9:45 Daily Chronicle and Horoscopes 10:00 POM-POM Exercise Class "Sports Lounge" 10:30 <i>Horse Racing Game with Tracy & Maritza</i> 11:00 1:1 Resident visits 1:00 Chat with our Sous Chef Daniela Baking Sweets & Calendar Planning [LCK] 2:30 Bingo for Prizes [AC] 3:30 Organizing Art & Crafts for the Annual Art Fair 5:00 Enjoy a Game with Friends at the "Sports Lounge"</p>	<p>Take a walk and find "Jumbo Turkey Leg" 29 9:45 Daily Chronicle and Horoscopes 10:00 Workout & Stretch [L1] 10:30 <i>Family Feud [L1]</i> 11:00 1:1 Resident visits 1:00 Advantages and Disadvantages of the use of Technology "Questions on Technology and Devices with Chloe" [L1] 1:30 Word in a Word [L1] 2:30 Card Games [CR] 4:30 <i>Happy Hour & Birthday Celebration with "Brown Sugar Oldies" [MDR]</i> 5:00 Enjoy a Game with Friends at the "Sports Lounge"</p>	<p>Take a walk and find "Jumbo Turkey Leg" 30 9:45 Daily Chronicle and Horoscopes 10:15 <i>Stretch & Strength with Angie from Mobile Therapy [L1]</i> 10:45 <i>Bible Study & Hymns w/ Pastor Bob [L1]</i> 11:00 1:1 Resident visits 11:00 <i>Alzheimer's Association of San Diego Annual Craft Fair 2022!</i> 1:00 Bingo for Prizes [AC] 2:30 <i>MONOPOLY GAME at The "Sports Lounge"</i> 3:30 Healthy Juicing with Chloe [AC] 5:00 Enjoy a Game with Friends at the "Sports Lounge"</p>	<p>Maritza Aguirre <i>Life Enrichment Director</i> At The Ridge 800 Lantern Crest Way Santee, Ca 92071 Cell: (619) 495-5666 Maritza.aguirre@lanterncrestsantee.com</p>		<p>Resident Birthdays Joan M. 11/1 Helen H. 11/10</p>

