

November 2022

THE PLAZA AT LANTERN CREST

Grid of activity schedules for Sunday through Saturday, including location keys, activity titles, times, and icons.

Location Key
PL - Plaza Lobby
CDR - Catalina Dining Room
MB - Miramar Bar
MDT - Movie Dinner Theater
BD - Bel Air Diner
50GR - 50's Game Room
CH - Reflections Chapel

Sunday
All Activities With A RED STAR
Require You to Sign Up.
Call Extension 3910
to Sign Up for Activities!

Monday
BRITTANY FAY
LIFE ENRICHMENT
DIRECTOR
(619) 258-8886
Ext: 3910
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Tuesday
9:00 Indoor Water Aerobics with Peggy [IPS]
9:30 Morning Group Walks Around The Plaza [PL]
10:15 Core Strength and Weights with Karl [FR]
11:00 Cornhole by the Moss Wall [PL]
1:00 Dominoes [50GR]
2:00 Proposition Talk from League of Women's Voters [MDT]
3:00 Nickel Blackjack [BD]
4:00 Technology Help - Bring Your Device!
6:00 Evening Movie: Les Miserables 2012 (PG-13) ~ 2h 37mins [MDT]

Wednesday
9:00 Get To Know Your Senator Coffee Social with Senator Brian Jones [MDT]
9:30 Tai Chi for Beginners - Instructional Video [FR]
10:30 Whack it! Smack it! Balloon Ball [FR]
11:00 Got Bocce? Bocce Ball [BBC]
12:00 Online Shopping in Activities Office
1:00 \$1 Bingo [MDT]
1:45 Bible Study with Pastor Mark at The Pointe [L]
2:00 Jeopardy Trivia Game [MDT]
3:00 Men's Brew Crew [BD]
4:30 Excursion to Sprouts Grocery Shopping [PL]

Thursday
9:30 Morning Group Walks Around The Plaza [PL]
10:15 Core Strength and Weights with Karl [FR]
11:00 Teatime in the Tea Room [TR]
12:30 Matinee Movie: The Ultimate Gift 2007 (PG) 1h 57mins [MDT]
1:30 Cookin' Up Fun with Darci ~ Chicken Salad [CDR]
2:30 Cornhole Practice in the Lobby [PL]
3:00 Short Stories and Poetry [TR]
4:00 Culinary Action Station at The Pointe: Loaded Potato Bar [V]
5:15 NFL Thursday Night Football ~Eagles vs. Texans [MDT]

Friday
9:30 Coffee in the Greenhouse
10:00 Cardio Drumming Class Video Workout [FR]
11:00 Free Friday Vitals Check with Senior Helpers [PL]
11:30 Friday Chat with Life Enrichment Director Brittany Fay [TR]
12:30 Amy's Arts and Crafts: Hanging Wall Decoration [MDT]
1:00 Bridge Club
3:00 Happier Hour with Live Music from Double Take [CDR]
4:30 Technology Help - Bring Your Device! [PL]

Saturday
9:30 Morning Group Walks Around The Plaza [PL]
10:00 Chair Yoga with Heidi [FR]
11:00 Friendly Bow Wow and Coffee - Dog Group Social [CC]
11:30 Puzzles on the 4th Floor [PL4]
12:30 Hot Cocoa and Apple Cider Bar with Jukebox Music in the 50's Diner [BD]
1:30 Historical Fashion Show - Movies and Costume Magic [MDT]
3:00 Nickel Blackjack [50GR]
6:00 Evening Movie: Steel Magnolias 1988 (PG) 1h 58mins [MDT]

FR - Fitness Room
IPS - Indoor Pool and Spa
TR - King Charles Royal Tea Room
SC- Sunken Courtyard
CC - Coronado Courtyard
BBC - Bocce Ball Court
PL4 - Puzzle Lounge/Library

Daylight Saving Time Begins
Transportation to Pointe Brunch - Call Activities at 3910
8:00 Guardian Angels Catholic Church [PL]
8:15 Shadow Mountain Church Drive [PL]
9:00 Sunday Morning Church Service with Pastor Bill [CH]
10:00 NFL Sunday Football [MDT]
11:00 Sunday Champagne Brunch ~ 11:00am - 2:00pm at The Pointe [V]
12:00 Weekend Fast Food Run ~ 5 Guys Burgers [PL]
2:00 Puzzles on the 4th Floor [PL4]
3:00 Arts and Crafts: Beaded Pipe Cleaner Corn [MDT]
5:20 NFL Sunday Night Football Game ~ Titans vs Chiefs

Tai Chi for Beginners - Instructional Video [FR]
Strengthen and Stretch with Angie [FR]
Coffee in the Sea Lounge on the 2nd Floor [TL]
Bridge Club
Karaoke and Refreshments [MDT]
Who's Best?! Crossword Puzzle Match [PL]
Campus Golf Cart Cruise [PL]
Monday Night Buffet ~ 4pm - 7pm [CDR]
NFL Monday Night Football ~ Ravens vs. Saints [MDT]

Election Day
9:00 Indoor Water Aerobics with Peggy [IPS]
9:15 St. Kieran's Communion Service [CH]
9:30 Morning Group Walks Around The Plaza [PL]
10:15 Core Strength and Weights with Karl [FR]
11:00 Cornhole by the Moss Wall [PL]
1:00 Dominoes [50GR]
1:30 Table Talk and Tasty Treats with Chef Phil [BPD]
3:00 Nickel Blackjack [BD]
4:00 Technology Help - Bring Your Device!
6:00 Evening Movie: 1944 (PG-13) 1h 40mins [MDT]

Tai Chi for Beginners - Instructional Video [FR]
Whack it! Smack it! Balloon Ball [FR]
Fall Painting Class with Arist Jean-Pierre Gulli ~ \$15 [MDT]
Online Shopping in Activities Office
1:00 \$1 Bingo [MDT]
1:45 Bible Study with Pastor Mark at The Pointe [L]
2:00 Jeopardy Trivia Game [MDT]
3:00 Women's Wine Time [TR]
4:30 Excursion to Dinner at Phil's BBQ [PL]

Happy Birthday Joe Abuel!!
9:30 Morning Group Walks Around The Plaza [PL]
10:15 Core Strength and Weights with Karl [FR]
11:00 Teatime in the Tea Room [TR]
12:30 Matinee Movie: Sound of Music 1955 (G) 2h 55mins [MDT]
1:00 Resident Council Board Member Meeting [BPD]
1:30 Cookin' Up Fun with Darci ~ Caprese Panini [CDR]
2:30 New Resident Welcome!! [BPD]
4:00 Culinary Action Station at The Pointe: Chinese Cuisine [V]
5:15 NFL Thursday Night Football ~ Falcons vs. Panthers [MDT]

Veterans Day
10:00 Veterans Pinning Ceremony [MDT]
11:00 Free Friday Vitals Check with Senior Helpers [PL]
11:00 Veterans Remembrance Service at The Pointe [LP]
11:30 Friday Chat with Life Enrichment Director Brittany Fay [TR]
12:30 Amy's Arts and Crafts: Poppy Flower Vase [MDT]
1:00 Bridge Club
3:00 Happier Hour with Live Music from The Brown Sugar Oldies [CDR]
4:30 Technology Help - Bring Your Device! [PL]

Final Day Sign Up for Cornhole Tournament
9:30 Morning Group Walks Around The Plaza [PL]
10:00 Chair Yoga with Heidi [FR]
11:00 Friendly Bow Wow and Coffee - Dog Group Social [CC]
11:30 Puzzles on the 4th Floor [PL4]
12:30 Hot Cocoa and Apple Cider Bar with Jukebox Music in the 50's Diner [BD]
2:00 Scrabble with Friends [50GR]
3:00 Nickel Blackjack [50GR]
6:00 Evening Movie: A Walk to Remember 2002 (PG) 1h 42mins [MDT]

2BT - 2nd Floor Balcony Terrace
Happy Birthday!
Joe Abuel ~ 11/10
Gail Fox ~ 11/3
Elizabeth Giamonna ~ 11/23

Happy Birthday Gail Fox!!
Transportation to Pointe Brunch - Call Activities at 3910
World Kindness Day
8:00 Guardian Angels Catholic Church [PL]
8:15 Shadow Mountain Church Drive [PL]
9:00 Sunday Morning Church Service with Pastor Bill [CH]
10:00 NFL Sunday Football [MDT]
10:30 Spiritual Social and Coffee with Frank Long [CH]
11:00 Sunday Champagne Brunch ~ 11:00am - 2:00pm at The Pointe [V]
12:00 Weekend Fast Food Run ~ Panera Bread [PL]
2:00 Puzzles on the 4th Floor [PL4]
3:00 Arts and Crafts: Turkey Cookies [MDT]
5:20 NFL Sunday Night Football Game ~ Chargers vs 49ers

Tai Chi for Beginners - Instructional Video [FR]
Strengthen and Stretch with Angie [FR]
Coffee in the Sea Lounge on the 2nd Floor [TL]
Bridge Club
Karaoke and Refreshments [MDT]
First Annual Cornhole Tournament [PL]
Campus Golf Cart Cruise [PL]
Monday Night Buffet ~ 4pm - 7pm [CDR]
NFL Monday Night Football ~ Commanders vs. Eagles [MDT]

Indoor Water Aerobics with Peggy [IPS]
Morning Group Walks Around The Plaza [PL]
Core Strength and Weights with Karl [FR]
Cornhole by the Moss Wall [PL]
Veterans Luncheon at The Pointe [V]
Dominoes [50GR]
Nickel Blackjack [BD]
Technology Help - Bring Your Device!
Evening Movie: The One and Only Original, Genuine, Family Band 1968 (G) 1h 50mins [MDT]

Thankful and Grateful Pajama Breakfast [CDR]
Tai Chi for Beginners - Instructional Video [FR]
Whack it! Smack it! Balloon Ball [FR]
Got Bocce? Bocce Ball [BBC]
Online Shopping in Activities Office
1:00 \$1 Bingo [MDT]
Jeopardy Trivia Game [MDT]
Men's Brew Crew [BD]
Excursion to Target [PL]

Morning Group Walks Around The Plaza [PL]
Core Strength and Weights with Karl [FR]
Teatime in the Tea Room [TR]
All Residents Meeting [MDT]
Grateful Greeting from Lantern Crest [TR]
Short Stories and Poetry [TR]
Culinary Action Station at The Pointe: Mexican Cuisine [V]
NFL Thursday Night Football ~ Titans vs. Packers [MDT]

Coffee in the Greenhouse
Cardio Drumming Class Video Workout [FR]
Free Friday Vitals Check with Senior Helpers [PL]
Friday Chat with Life Enrichment Director Brittany Fay [TR]
Amy's Arts and Crafts: Nature Painting [MDT]
Bridge Club
Communi-Tea Book Club! [TR]
Happier Hour Birthday Celebration with Live Music from Tony the Sax Player [CDR]
Technology Help - Bring Your Device! [PL]

Morning Group Walks Around The Plaza [PL]
Chair Yoga with Heidi [FR]
Friendly Bow Wow and Coffee - Dog Group Social [CC]
Puzzles on the 4th Floor [PL4]
Holiday Shopping Fair ~ 12pm - 3pm [PL]
Scrabble with Friends [50GR]
Nickel Blackjack [50GR]
Evening Movie: Nights in Rodanthe 2008 (PG-13) 1h 36mins [MDT]

Bernie Gonzalez ~ 11/26
John McMahon ~ 11/26
Barbara Bennett ~ 11/27

Transportation to Pointe Brunch - Call Activities at 3910
8:00 Guardian Angels Catholic Church [PL]
8:15 Shadow Mountain Church Drive [PL]
9:00 Sunday Morning Church Service with Pastor Bill [CH]
10:00 NFL Sunday Football [MDT]
11:00 Sunday Champagne Brunch ~ 11:00am - 2:00pm at The Pointe [V]
12:00 Sunday Brunch at the Omelette Factory [PL]
2:00 Puzzles on the 4th Floor [PL4]
5:20 NFL Sunday Night Football Game ~Bengals vs. Steelers

Tai Chi for Beginners - Instructional Video [FR]
Strengthen and Stretch with Angie [FR]
Coffee in the Sea Lounge on the 2nd Floor [TL]
Travels with Galen and Maureen [T]
Bridge Club
Karaoke and Refreshments [MDT]
Who's Best?! Crossword Puzzle Match [PL]
Campus Golf Cart Cruise [PL]
Monday Night Buffet ~ 4pm - 7pm [CDR]
NFL Monday Night Football ~ 49ers vs. Cardinals [MDT]

All Staff Meeting: No Doctor Appointments After 12pm
9:00 Indoor Water Aerobics with Peggy [IPS]
9:15 St. Kieran's Communion Service [CH]
9:30 Morning Group Walks Around The Plaza [PL]
10:15 Core Strength and Weights with Karl [FR]
11:00 Cornhole by the Moss Wall [PL]
1:00 Dominoes [50GR]
1:30 Table Talk and Tasty Treats with Chef Phil [BPD]
3:00 Nickel Blackjack [BD]
4:00 Technology Help - Bring Your Device!
6:00 Evening Movie: Doris Day in the Pajama Game - A Musical Comedy! 1957 (PG-13) 1h 40mins [MDT]

Happy Birthday Elizabeth Giamonna!!
Tai Chi for Beginners - Instructional Video [FR]
Whack it! Smack it! Balloon Ball [FR]
Got Bocce? Bocce Ball [BBC]
Red the Turkey Visits at The Pointe [PDP]
Online Shopping in Activities Office
1:00 \$1 Bingo [MDT]
1:45 Bible Study with Pastor Mark at The Pointe [L]
2:00 Jeopardy Trivia Game [MDT]
3:00 Women's Wine Time [TR]

Catalina Dining Will Be Closing Early ~ Open for Breakfast 8am to 10am ~ Closed for Lunch ~ To Go from 2:30pm to 3:30pm ~ Dining Closed at 3:30pm
Happy Thanksgiving
9:00 Macy's Thanksgiving Day Parade [MDT]
10:00 Cookies and Coffee ~ What Are We Thankful For? [PL]
11:00 Thanksgiving Day Buffet at The Pointe ~ 11am to 2pm [V]
12:30 Matinee Movie: When Harry Met Sally 1988 (R) 1h 35mins [MDT]
2:00 Nickel Blackjack [50GR]
5:15 NFL Thursday Night Football ~ Patriots vs. Vikings [MDT]

Coffee in the Greenhouse
Cardio Drumming Class Video Workout [FR]
Free Friday Vitals Check with Senior Helpers [PL]
Friday Chat with Life Enrichment [TR]
Amy's Arts and Crafts: DIY Key Chain [MDT]
Bridge Club
Happier Hour with Live Music from The Tradesmen Band [CDR]
Technology Help - Bring Your Device! [PL]

Happy Birthday Bernie Gonzalez!!
Happy Birthday John McMahon!!
9:30 Morning Group Walks Around The Plaza [PL]
10:00 Chair Yoga with Heidi [FR]
11:00 Friendly Bow Wow and Coffee - Dog Group Social [CC]
11:30 Puzzles on the 4th Floor [PL4]
12:30 Hot Cocoa and Apple Cider Bar with Jukebox Music in the 50's Diner [BD]
2:00 Scrabble with Friends [50GR]
3:00 Nickel Blackjack [50GR]
6:00 Evening Movie: Elvis 2022 (PG-13) 2h 39mins [MDT]

Doctor Drives
Monday thru Friday
9am - 3pm
9am - 1pm for Appts Further than 15 Miles
No Appts after 12pm on the 22nd of Each Month due to Mandatory Staff Meeting

Happy Birthday Barbara Bennett!!
Transportation to Pointe Brunch - Call Activities at 3910
8:00 Guardian Angels Catholic Church [PL]
8:15 Shadow Mountain Church Drive [PL]
9:00 Sunday Morning Church Service with Pastor Bill [CH]
10:00 NFL Sunday Football [MDT]
10:30 Spiritual Social and Coffee with Frank Long [CH]
11:00 Sunday Champagne Brunch ~ 11:00am - 2:00pm at The Pointe [V]
12:00 Sunday Brunch at Janet's Cafe [PL]
2:00 Puzzles on the 4th Floor [PL4]
5:20 NFL Sunday Night Football Game ~ Packers vs. Eagles

Tai Chi for Beginners - Instructional Video [FR]
Strengthen and Stretch with Angie [FR]
Coffee in the Sea Lounge on the 2nd Floor [TL]
Bridge Club
Dining Committee Meeting [V]
Karaoke and Refreshments [MDT]
Who's Best?! Crossword Puzzle Match [PL]
Campus Golf Cart Cruise [PL]
Monday Night Buffet ~ 4pm - 7pm [CDR]
NFL Monday Night Football ~ Steelers vs. Colts [MDT]

Indoor Water Aerobics with Peggy [IPS]
Morning Group Walks Around The Plaza [PL]
Core Strength and Weights with Karl [FR]
Cornhole by the Moss Wall [PL]
Dominoes [50GR]
Nickel Blackjack [BD]
Technology Help - Bring Your Device!
Evening Movie: Good As It Gets 1997 (PG-13) 1h 40mins [MDT]

1,000 Years of Christmas Music with Chris Burns at the Santee Library
Tai Chi for Beginners - Instructional Video [FR]
Whack it! Smack it! Balloon Ball [FR]
Got Bocce? Bocce Ball [BBC]
Online Shopping in Activities Office
1:00 \$1 Bingo [MDT]
1:45 Bible Study with Pastor Mark at The Pointe [L]
2:00 Jeopardy Trivia Game [MDT]
3:00 Together We Drink!! Group Social [BD]
4:30 Excursion to Vons Grocery Shopping [PL]

Please see Pointe Activity Calendar for Additional Activities
Lantern Crest SENIOR LIVING
ANIMALS, ARTS, EXERCISE, FILM, GAMES, HAPPY HOUR, HEALTH, INTELLECTUAL, MUSIC, RSVP, SOCIAL, SPIRITUAL