

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Happy New Year's Take a walk and find "The Lunar New Year Rabbits"</p> <p>9:45 Daily Chronicle and Horoscopes</p> <p>10:00 Trip to Walmart or Target</p> <p>10:45 Love on a Leash [L1]</p> <p>11:00 1:1 Resident visits</p> <p>1:00 Sunday Matinee "A Fistful of Dollars" [RT]</p> <p>1:30 Trash Card Games [CR]</p> <p>5:00 Enjoy a Game with Friends at the "Sports Lounge"</p>	<p>Take a walk and find "The Lunar New Year Rabbits"</p> <p>9:45 Daily Chronicle and Horoscopes</p> <p>10:00 Exercise Class "Sports Lounge"</p> <p>10:30 Bible Study & Hymns w/ Pastor Bob at The Spots Lounge</p> <p>11:00 1:1 Resident visits</p> <p>11:15 Lunch with Pastor Bob</p> <p>1:00 Chat with our Sous Chef Daniela Baking Sweets & Calendar Planning [LCK]</p> <p>2:30 Bingo for Prizes [AC]</p> <p>5:00 Enjoy a Game with Friends at the "Sports Lounge"</p>	<p>Take a walk and find "The Lunar New Year Rabbits"</p> <p>9:15 St. Kieran's Communion Church Service with "Gina"</p> <p>9:45 Daily Chronicle and Horoscopes</p> <p>10:00 Balloon Volleyball Game [L1]</p> <p>11:00 1:1 Resident visits</p> <p>1:00 LCR Game [L1]</p> <p>1:30 Word in a Word [L1]</p> <p>2:30 Card Games [CR]</p> <p>4:30 Happy Hour with "Blue Zone Band" [MDR]</p> <p>5:00 Enjoy a Game with Friends at the "Sports Lounge"</p>	<p>Take a walk and find "The Lunar New Year Rabbits"</p> <p>9:45 Daily Chronicle and Horoscopes</p> <p>10:15 Stretch & Strength with Angie from Mobile Therapy [L1]</p> <p>11:00 1:1 Resident visits</p> <p>11:00 Lunch Outing "Janet's Cafe"</p> <p>1:00 Bingo for Prizes [AC]</p> <p>2:30 MONOPOLY GAME at The "Sports Lounge"</p> <p>3:30 Healthy Juicing with Chloe [AC]</p> <p>5:00 Enjoy a Game with Friends at the "Sports Lounge"</p>	<p>Take a walk and find "The Lunar New Year Rabbits"</p> <p>9:45 Daily Chronicle and Horoscopes</p> <p>10:00 Bocce Ball Is Back! Green Machine vs Red Warriors [L1]</p> <p>11:00 1:1 Resident visits</p> <p>1:00 Blackjack [CR]</p> <p>2:00 Lacing Heart Cardboard Crafts & Trivia with Chloe [AC]</p> <p>3:30 Flavored Mocha Social with Chloe [AC]</p> <p>5:00 Enjoy a Game with Friends at the "Sports Lounge"</p>	<p>Take a walk and find "The Lunar New Year Rabbits"</p> <p>9:45 Daily Chronicle and Horoscopes</p> <p>10:00 Drum Fit Class with Chloe [L1]</p> <p>10:30 Large Crossword Puzzle [L1]</p> <p>11:00 1:1 Resident visits</p> <p>12:30 Movie & Popcorn "Alice in Wonderland"</p> <p>2:30 Bingo for Prizes [AC]</p> <p>3:30 New Years & Lunar New Year Craft [AC]</p> <p>5:00 Enjoy a Game with Friends at the "Sports Lounge"</p>	<p>Take a walk and find "The Lunar New Year Rabbits"</p> <p>9:45 Daily Chronicle and Horoscopes</p> <p>10:00 "Café de' Crest" - Bistro Coffee Social & Chronicle with Holiday Flavors [BISR]</p> <p>11:00 1:1 Resident visits</p> <p>1:00 Chair Yoga & Essential Oils [L1]</p> <p>1:30 Nickel Poker/ Card Games [CR]</p> <p>3:00 Bean Bag Toss Games [RT]</p> <p>5:00 Enjoy a Game with Friends at the "Sports Lounge"</p>
<p>Take a walk and find "The Lunar New Year Rabbits"</p> <p>9:45 Daily Chronicle and Horoscopes</p> <p>10:00 Trip to Walmart or Target</p> <p>10:45 Love on a Leash [L1]</p> <p>11:00 1:1 Resident visits</p> <p>1:00 Sunday Matinee "Mona Lisa Smile" [RT]</p> <p>1:30 Trash Card Games [CR]</p> <p>2:30 Cover the Number Game [L1]</p> <p>5:00 Enjoy a Game with Friends at the "Sports Lounge"</p>	<p>Take a walk and find "The Lunar New Year Rabbits"</p> <p>9:45 Daily Chronicle and Horoscopes</p> <p>10:00 Exercise Class "Sports Lounge"</p> <p>10:30 Bible Study & Hymns w/ Pastor Bob at The Spots Lounge</p> <p>11:00 1:1 Resident visits</p> <p>11:15 Lunch with Pastor Bob</p> <p>1:00 Chat with our Sous Chef Daniela Baking Sweets & Calendar Planning [LCK]</p> <p>2:30 Bingo for Prizes [AC]</p> <p>5:00 Enjoy a Game with Friends at the "Sports Lounge"</p>	<p>Take a walk and find "The Lunar New Year Rabbits"</p> <p>9:45 Daily Chronicle and Horoscopes</p> <p>10:00 Balloon Volleyball Game [L1]</p> <p>11:00 1:1 Resident visits</p> <p>1:00 LCR Game [L1]</p> <p>1:30 Word in a Word [L1]</p> <p>2:30 Card Games [CR]</p> <p>4:30 Happy Hour & Welcoming New Residents with "Musicstation" [MDR]</p> <p>5:00 Enjoy a Game with Friends at the "Sports Lounge"</p>	<p>Resident Council Meeting Take a walk and find "The Lunar New Year Rabbits"</p> <p>9:45 Daily Chronicle and Horoscopes</p> <p>10:15 Stretch & Strength with Angie from Mobile Therapy [L1]</p> <p>11:00 1:1 Resident visits</p> <p>11:00 The Breakfast House</p> <p>1:00 Bingo for Prizes [AC]</p> <p>2:30 MONOPOLY GAME at The "Sports Lounge"</p> <p>3:00 Resident Council Meeting</p> <p>3:30 Healthy Juicing with Chloe [AC]</p> <p>5:00 Enjoy a Game with Friends at the "Sports Lounge"</p>	<p>Take a walk and find "The Lunar New Year Rabbits"</p> <p>Winter Olympics Begins</p> <p>9:45 Daily Chronicle and Horoscopes</p> <p>10:00 Bocce Ball Is Back! Green Machine vs Red Warriors [L1]</p> <p>11:00 1:1 Resident visits</p> <p>1:00 Blackjack [CR]</p> <p>1:00 One to One Visits with Derrik from "Mission"</p> <p>2:00 Lacing Heart Cardboard Crafts & Trivia with Chloe [AC]</p> <p>3:30 Flavored Mocha Social with Chloe [AC]</p> <p>5:00 Enjoy a Game with Friends at the "Sports Lounge"</p>	<p>Take a walk and find "The Lunar New Year Rabbits"</p> <p>9:45 Daily Chronicle and Horoscopes</p> <p>10:00 Drum Fit Class with Chloe [L1]</p> <p>10:30 Large Crossword Puzzle [L1]</p> <p>11:00 1:1 Resident visits</p> <p>1:00 Jeanette Alessio-Way "The History Lady" Memories that Matter "January"</p> <p>2:00 LOVE ON A LEASH</p> <p>2:30 Bingo for Prizes [AC]</p> <p>3:30 New Years & Lunar New Year Craft [AC]</p> <p>5:00 Enjoy a Game with Friends at the "Sports Lounge"</p>	<p>Take a walk and find "The Lunar New Year Rabbits"</p> <p>9:45 Daily Chronicle and Horoscopes</p> <p>10:00 "Café de' Crest" - Bistro Coffee Social & Chronicle with Holiday Flavors [BISR]</p> <p>11:00 1:1 Resident visits</p> <p>1:00 Chair Yoga & Essential Oils [L1]</p> <p>1:30 Nickel Poker/ Card Games [CR]</p> <p>3:00 Bean Bag Toss Games [RT]</p> <p>5:00 Enjoy a Game with Friends at the "Sports Lounge"</p>
<p>Take a walk and find "The Lunar New Year Rabbits"</p> <p>9:45 Daily Chronicle and Horoscopes</p> <p>10:00 Trip to Walmart or Target</p> <p>10:45 Love on a Leash [L1]</p> <p>11:00 1:1 Resident visits</p> <p>1:00 Sunday Matinee "Honey, I Shrank The Kids" [RT]</p> <p>1:30 Trash Card Games [CR]</p> <p>2:00 St. Columba Church "Protestant" with Bill Bixby [MDR]</p> <p>2:30 Cover the Number Game [L1]</p> <p>5:00 Enjoy a Game with Friends at the "Sports Lounge"</p>	<p>Martin Luther King JR. Day Take a walk and find "The Lunar New Year Rabbits"</p> <p>9:45 Daily Chronicle and Horoscopes</p> <p>10:00 Exercise Class "Sports Lounge"</p> <p>10:30 Bible Study & Hymns w/ Pastor Bob at The Spots Lounge</p> <p>11:00 1:1 Resident visits</p> <p>11:15 Lunch with Pastor Bob</p> <p>1:00 Chat with our Sous Chef Daniela Baking Sweets & Calendar Planning [LCK]</p> <p>2:30 Bingo for Prizes [AC]</p> <p>5:00 Enjoy a Game with Friends at the "Sports Lounge"</p>	<p>Take a walk and find "The Lunar New Year Rabbits"</p> <p>9:15 St. Kieran's Communion Church Service with "Gina"</p> <p>9:45 Daily Chronicle and Horoscopes</p> <p>10:00 Balloon Volleyball Game [L1]</p> <p>11:00 1:1 Resident visits</p> <p>1:00 LCR Game [L1]</p> <p>1:30 Word in a Word [L1]</p> <p>2:30 Card Games [CR]</p> <p>4:30 Happy Hour with "Frist String Band" [MDR]</p> <p>5:00 Enjoy a Game with Friends at the "Sports Lounge"</p>	<p>Take a walk and find "The Lunar New Year Rabbits"</p> <p>9:45 Daily Chronicle and Horoscopes</p> <p>10:00 Lunar New Year Tea at "The King Charles Royal Tea Room" Plaza</p> <p>10:15 Stretch & Strength with Angie from Mobile Therapy [L1]</p> <p>11:00 1:1 Resident visits</p> <p>1:30 Special Entertainment with "Double Take" [MDR]</p> <p>2:30 Bingo for Prizes</p> <p>3:30 Healthy Juicing with Chloe [AC]</p> <p>5:00 Enjoy a Game with Friends at the "Sports Lounge"</p>	<p>Take a walk and find "The Lunar New Year Rabbits"</p> <p>9:45 Daily Chronicle and Horoscopes</p> <p>10:00 Bocce Ball Is Back! Green Machine vs Red Warriors [L1]</p> <p>11:00 1:1 Resident visits</p> <p>1:30 Update on The Ridge Expansion with "Michael and Cliff from "DCI" [CR]</p> <p>2:30 Lacing Heart Cardboard Crafts & Trivia with Chloe [AC] [MDR]</p> <p>3:30 Flavored Mocha Social with Chloe [AC]</p> <p>5:00 Enjoy a Game with Friends at the "Sports Lounge"</p>	<p>Take a walk and find "The Lunar New Year Rabbits"</p> <p>9:45 Daily Chronicle and Horoscopes</p> <p>10:00 Drum Fit Class with Chloe [L1]</p> <p>10:30 Large Crossword Puzzle [L1]</p> <p>11:00 1:1 Resident visits</p> <p>12:30 Movie & Popcorn "Ever After"</p> <p>2:30 Bingo for Prizes [AC]</p> <p>3:30 New Years & Lunar New Year Craft [AC]</p> <p>5:00 Enjoy a Game with Friends at the "Sports Lounge"</p>	<p>Take a walk and find "The Lunar New Year Rabbits"</p> <p>9:45 Daily Chronicle and Horoscopes</p> <p>10:00 "Café de' Crest" - Bistro Coffee Social & Chronicle with Holiday Flavors [BISR]</p> <p>11:00 1:1 Resident visits</p> <p>1:00 Chair Yoga & Essential Oils [L1]</p> <p>1:30 Nickel Poker/ Card Games [CR]</p> <p>3:00 Bean Bag Toss Games [RT]</p> <p>5:00 Enjoy a Game with Friends at the "Sports Lounge"</p>
<p>Happy Birthday Linda K. Happy Lunar New Year Take a walk and find "The Lunar New Year Rabbits"</p> <p>Winter Olympics Ends!</p> <p>9:45 Daily Chronicle and Horoscopes</p> <p>10:00 Trip to Walmart or Target</p> <p>10:45 Love on a Leash [L1]</p> <p>11:00 1:1 Resident visits</p> <p>1:00 Sunday Matinee "Master and Commander" [RT]</p> <p>1:30 Lunar New Year Celebration with Sylvia & Salvador [MDR]</p> <p>2:30 Cover the Number Game [L1]</p> <p>5:00 Enjoy a Game with Friends at the "Sports Lounge"</p>	<p>All Staff Meeting @ 2pm Take a walk and find "The Lunar New Year Rabbits"</p> <p>9:45 Daily Chronicle and Horoscopes</p> <p>10:00 Exercise Class "Sports Lounge"</p> <p>10:30 Bible Study & Hymns w/ Pastor Bob at The Spots Lounge</p> <p>11:00 1:1 Resident visits</p> <p>11:15 Lunch with Pastor Bob</p> <p>1:00 Chat with our Sous Chef Daniela Baking Sweets & Calendar Planning [LCK]</p> <p>2:30 Bingo for Prizes [AC]</p> <p>5:00 Enjoy a Game with Friends at the "Sports Lounge"</p>	<p>Take a walk and find "The Lunar New Year Rabbits"</p> <p>9:45 Daily Chronicle and Horoscopes</p> <p>10:00 Balloon Volleyball Game [L1]</p> <p>11:00 1:1 Resident visits</p> <p>1:00 LCR Game [L1]</p> <p>1:30 Word in a Word [L1]</p> <p>2:30 Card Games [CR]</p> <p>4:30 Happy Hour with "The Sophisticats Band" [MDR]</p> <p>5:00 Enjoy a Game with Friends at the "Sports Lounge"</p>	<p>Take a walk and find "The Lunar New Year Rabbits"</p> <p>9:45 Daily Chronicle and Horoscopes</p> <p>10:15 Stretch & Strength with Angie from Mobile Therapy [L1]</p> <p>11:00 1:1 Resident visits</p> <p>11:00 Lunch Outing "Marieta's Mexican"</p> <p>1:00 Bingo for Prizes [AC]</p> <p>2:30 MONOPOLY GAME at The "Sports Lounge"</p> <p>3:30 Healthy Juicing with Chloe [AC]</p> <p>5:00 Enjoy a Game with Friends at the "Sports Lounge"</p>	<p>Take a walk and find "The Lunar New Year Rabbits"</p> <p>9:45 Daily Chronicle and Horoscopes</p> <p>10:00 Bocce Ball Is Back! Green Machine vs Red Warriors [L1]</p> <p>11:00 1:1 Resident visits</p> <p>1:00 Blackjack [CR]</p> <p>2:00 Lacing Heart Cardboard Crafts & Trivia with Chloe [AC]</p> <p>3:30 Flavored Mocha Social with Chloe [AC]</p> <p>4:30 Evening with Piano Player "Trevor Gibson" [MDR]</p> <p>5:00 Enjoy a Game with Friends at the "Sports Lounge"</p>	<p>National Activity Professionals Day! Take a walk and find "The Lunar New Year Rabbits"</p> <p>9:45 Daily Chronicle and Horoscopes</p> <p>10:00 Drum Fit Class with Chloe [L1]</p> <p>10:30 Large Crossword Puzzle [L1]</p> <p>11:00 1:1 Resident visits</p> <p>12:30 Movie & Popcorn "Show Boat"</p> <p>2:00 LOVE ON A LEASH</p> <p>2:30 Bingo for Prizes [AC]</p> <p>3:30 New Years & Lunar New Year Craft [AC]</p> <p>5:00 Enjoy a Game with Friends at the "Sports Lounge"</p>	<p>Take a walk and find "The Lunar New Year Rabbits"</p> <p>9:45 Daily Chronicle and Horoscopes</p> <p>10:00 "Café de' Crest" - Bistro Coffee Social & Chronicle with Holiday Flavors [BISR]</p> <p>11:00 1:1 Resident visits</p> <p>1:00 Chair Yoga & Essential Oils [L1]</p> <p>1:30 Nickel Poker/ Card Games [CR]</p> <p>3:00 Bean Bag Toss Games [RT]</p> <p>5:00 Enjoy a Game with Friends at the "Sports Lounge"</p>
<p>Take a walk and find "The Lunar New Year Rabbits"</p> <p>9:45 Daily Chronicle and Horoscopes</p> <p>10:00 Trip to Walmart or Target</p> <p>10:45 Love on a Leash [L1]</p> <p>11:00 1:1 Resident visits</p> <p>1:00 Sunday Matinee "The Pursuit Of Happiness" [RT]</p> <p>1:30 Trash Card Games [CR]</p> <p>2:30 Cover the Number Game [L1]</p> <p>5:00 Enjoy a Game with Friends at the "Sports Lounge"</p>	<p>Take a walk and find "The Lunar New Year Rabbits"</p> <p>9:45 Daily Chronicle and Horoscopes</p> <p>10:00 Exercise Class "Sports Lounge"</p> <p>10:30 Bible Study & Hymns w/ Pastor Bob at The Spots Lounge</p> <p>11:00 1:1 Resident visits</p> <p>11:15 Lunch with Pastor Bob</p> <p>1:00 Chat with our Sous Chef Daniela Baking Sweets & Calendar Planning [LCK]</p> <p>2:30 Bingo for Prizes [AC]</p> <p>5:00 Enjoy a Game with Friends at the "Sports Lounge"</p>	<p>Take a walk and find "The Lunar New Year Rabbits"</p> <p>Thank You Comfort & Peace for the Birthday Cakes</p> <p>9:45 Daily Chronicle and Horoscopes</p> <p>10:00 Balloon Volleyball Game [L1]</p> <p>11:00 1:1 Resident visits</p> <p>1:00 LCR Game [L1]</p> <p>1:30 Word in a Word [L1]</p> <p>2:30 Card Games [CR]</p> <p>4:30 Birthday Celebration & Happy Hour with "Brown Sugar Oldies" [MDR]</p> <p>5:00 Enjoy a Game with Friends at the "Sports Lounge"</p>	<p>Resident Birthdays</p> <p>Linda K. 1/22</p>			
<p>Maritza Aguirre Life Enrichment Director At The Ridge 800 Lantern Crest Way Santee, Ca 92071 Cell: (619) 495-5666 Maritza.aguirre@lanterncrestsantee.com</p>						