


# Lantern Crest

# The Ridge AL

# February 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Maritza Aguirre</b> <b>Life Enrichment Director</b> <b>At The Ridge</b> 800 Lantern Crest Way Santee, Ca 92071 <b>Cell: (619) 495-5666</b> <b>Maritza.aguirre@lanterncrestsantee.com</b>		<b>Resident Birthdays</b> Harvey S. 2/19	<b>1</b> <i>Take a walk and find "The Valentine's Bear"</i> 9:45 Daily Chronicle and Horoscopes 10:15 <a href="#">Stretch &amp; Strength with Angie from Mobile Therapy [L1]</a> 11:00 1:1 Resident visits 1:00 <b>Bingo for Prizes [AC]</b> 2:30 <b>MONOPOLY GAME at The "Sports Lounge"</b> 3:30 <b>Family Picture LOVE Sign Craft [AC]</b> 5:00 Enjoy a Game with Friends at the "Sports Lounge"	<b>2</b> <b>HAPPY GROUNDHOG DAY</b> <i>Take a walk and find "The Valentine's Bear"</i> 9:45 Daily Chronicle and Horoscopes 10:00 <b>Bocce Ball Is Back! Green Machine vs Red Warriors [L1]</b> 11:00 1:1 Resident visits 1:00 <b>Crafts Wine &amp; Hors D'oeures [AC]</b> 3:30 <b>February Trivia [AC]</b> 5:00 Enjoy a Game with Friends at the "Sports Lounge"	<b>3</b> <i>Take a walk and find "The Valentine's Bear"</i> 9:45 Daily Chronicle and Horoscopes 10:00 Drum Fit Class [L1] 10:30 <b>LCR Dice Game [L1]</b> 11:00 1:1 Resident visits 1:00 <b>Movie &amp; Popcorn "LOVE STORY" [RT]</b> 2:30 <b>Bingo for Prizes [AC]</b> 3:30 <b>Queen of Hearts Door Décor &amp; Color Me Calm [AC]</b> 5:00 Enjoy a Game with Friends at the "Sports Lounge"	<b>4</b> <i>Take a walk and find "The Valentine's Bear"</i> 9:45 Daily Chronicle and Horoscopes 10:00 <b>"Café de' Crest" - Bistro Coffee Social &amp; Chronicle [BISR]</b> 11:00 1:1 Resident visits 1:00 <b>Chair Yoga &amp; Essential Oils [L1]</b> 1:30 <b>Nickel Poker/ Card Games [CR]</b> 3:00 Bean Bag Toss Games [RT] 5:00 Enjoy a Game with Friends at the "Sports Lounge"
<b>5</b> <i>Take a walk and find "The Valentine's Bear"</i> 9:45 Daily Chronicle and Horoscopes 10:00 <b>Trip to Walmart or Target</b> 10:45 <b>Love on a Leash [L1]</b> 11:00 1:1 Resident visits 1:00 <b>Sunday Matinee "OVERBOARD" [RT]</b> 1:30 Trash Card Games [CR] 2:30 <b>Cover the Number Game [L1]</b> 5:00 Enjoy a Game with Friends at the "Sports Lounge"	<b>6</b> <i>Take a walk and find "The Valentine's Bear"</i> 9:45 Daily Chronicle and Horoscopes 10:00 <b>Exercise Class "Sports Lounge"</b> 10:30 <b>Bible Study &amp; Hymns w/ Pastor Bob at The Sports Lounge</b> 10:30 <b>Virtual Reality with LVN Evelyn from "ANCHOR HEALTH"</b> 11:00 1:1 Resident visits 11:15 <b>Lunch with Pastor Bob [MDR]</b> 1:00 <b>Chat with our Sous Chef Daniela Baking Sweets &amp; Calendar Planning [LCK]</b> 2:30 <b>Bingo for Prizes [AC]</b> 5:00 Enjoy a Game with Friends at the "Sports Lounge"	<b>7</b> <i>Take a walk and find "The Valentine's Bear"</i> 9:20 <b>St. Kieran's Communion Church Service with "Gina" [RT]</b> 9:45 Daily Chronicle and Horoscopes 10:00 <b>Exercise Class [L1]</b> 10:30 <b>Eat Well Live Well for your Heart with "Barbra Grant" [L1]</b> 11:00 1:1 Resident visits 1:00 <b>Valentine Crafts and Baking Sweets [AC]</b> 2:30 <b>Valentine's Strawberry Hot Chocolate [AC]</b> 4:30 <b>Happy Hour with "BLUE ZONE BAND" [MDR]</b> 5:00 Enjoy a Game with Friends at the "Sports Lounge"	<b>8</b> <b>RESIDENT COUNCIL MEETING</b> <i>Take a walk and find "The Valentine's Bear"</i> 9:45 Daily Chronicle and Horoscopes 10:15 <b>Stretch &amp; Strength with Angie from Mobile Therapy [L1]</b> 11:00 1:1 Resident visits 1:30 <b>Special Entertainment with "DOUBLE TAKE" [MDR]</b> 3:00 <b>RESIDENT COUNCIL [RT]</b> 5:00 Enjoy a Game with Friends at the "Sports Lounge"	<b>9</b> <i>Take a walk and find "The Valentine's Bear"</i> 9:45 Daily Chronicle and Horoscopes 10:00 <b>Bocce Ball Is Back! Green Machine vs Red Warriors [L1]</b> 11:00 1:1 Resident visits 1:00 <b>Crafts Wine &amp; Hors D'oeures [AC]</b> 3:30 <b>February Trivia [AC]</b> 5:00 Enjoy a Game with Friends at the "Sports Lounge"	<b>10</b> <i>Take a walk and find "The Valentine's Bear"</i> 9:45 Daily Chronicle and Horoscopes 10:00 Drum Fit Class [L1] 10:30 <b>LCR Dice Game [L1]</b> 11:00 1:1 Resident visits 1:00 <b>Jeanette Alessio-Way "The History Lady" Memories that Matter "FEBRUARY" [RT]</b> 2:30 <b>Bingo for Prizes [AC]</b> 3:30 <b>Queen of Hearts Door Décor &amp; Color Me Calm [AC]</b> 5:00 Enjoy a Game with Friends at the "Sports Lounge"	<b>11</b> <i>Take a walk and find "The Valentine's Bear"</i> 9:45 Daily Chronicle and Horoscopes 10:00 <b>"Café de' Crest" - Bistro Coffee Social &amp; Chronicle [BISR]</b> 11:00 1:1 Resident visits 1:00 <b>Chair Yoga &amp; Essential Oils [L1]</b> 1:30 <b>Nickel Poker/ Card Games [CR]</b> 3:00 Bean Bag Toss Games [RT] 5:00 Enjoy a Game with Friends at the "Sports Lounge"
<b>12</b> <b>SUPER BOWL LVII</b> <i>Take a walk and find "The Valentine's Bear"</i> 9:45 Daily Chronicle and Horoscopes 10:00 <b>Trip to Walmart or Target</b> 10:45 <b>Love on a Leash [L1]</b> 11:00 1:1 Resident visits 1:00 <b>Sunday Matinee "ONLY THE LONELY" [RT]</b> 1:00 Trash Card Games [CR] 2:00 <b>St. Columba Church "Protestant" with Bill Bixby [L1]</b> 5:00 Enjoy a Game with Friends at the "Sports Lounge"	<b>13</b> <i>Take a walk and find "The Valentine's Bear"</i> 9:45 Daily Chronicle and Horoscopes 10:00 <b>Exercise Class "Sports Lounge"</b> 10:30 <b>Bible Study &amp; Hymns w/ Pastor Bob at The Sports Lounge</b> 11:00 1:1 Resident visits 11:15 <b>Lunch with Pastor Bob [MDR]</b> 1:00 <b>Chat with our Sous Chef Daniela Baking Sweets &amp; Calendar Planning [LCK]</b> 2:00 <b>VALENTINE CARDS DELIVERY FROM DISTRICT #444 "STARBUCKS"</b> 2:30 <b>Bingo for Prizes [AC]</b> 5:00 Enjoy a Game with Friends at the "Sports Lounge"	<b>14</b> <b>HAPPY VALENTINE'S DAY</b> <i>Take a walk and find "The Valentine's Bear"</i> 9:45 Daily Chronicle and Horoscopes 10:00 <b>Balloon Volleyball Game [L1]</b> 11:00 1:1 Resident visits 1:00 <b>Valentine Crafts and Baking Sweets [AC]</b> 2:30 <b>Valentine's Strawberry Hot Chocolate [AC]</b> 4:30 <b>Happy Hour &amp; Welcome New Residents with "MUSICSTATION" [MDR]</b> 5:00 Enjoy a Game with Friends at the "Sports Lounge"	<b>15</b> <i>Take a walk and find "The Valentine's Bear"</i> 9:45 Daily Chronicle and Horoscopes 10:15 <b>Stretch &amp; Strength with Angie from Mobile Therapy [L1]</b> 11:00 1:1 Resident visits 1:00 <b>Bingo for Prizes [AC]</b> 2:30 <b>MONOPOLY GAME at The "Sports Lounge"</b> 3:30 <b>Family Picture LOVE Sign Craft [AC]</b> 5:00 Enjoy a Game with Friends at the "Sports Lounge"	<b>16</b> <i>Take a walk and find "The Valentine's Bear"</i> 9:45 Daily Chronicle and Horoscopes 10:00 <b>Bocce Ball Is Back! Green Machine vs Red Warriors [L1]</b> 11:00 1:1 Resident visits 1:30 <b>Inspirational Music with "STEVE &amp; DIANE" [MDR]</b> 2:30 <b>Word in a Word Game [L1]</b> 3:30 <b>February Trivia [AC]</b> 5:00 Enjoy a Game with Friends at the "Sports Lounge"	<b>17</b> <i>Take a walk and find "The Valentine's Bear"</i> 9:45 Daily Chronicle and Horoscopes 10:00 Drum Fit Class [L1] 10:30 <b>LCR Dice Game [L1]</b> 11:00 1:1 Resident visits 1:00 <b>Movie &amp; Popcorn "THE WEDDING SINGER" [RT]</b> 2:30 <b>Bingo for Prizes [AC]</b> 3:30 <b>Color Me Calm [AC]</b> 5:00 Enjoy a Game with Friends at the "Sports Lounge"	<b>18</b> <i>Take a walk and find "The Valentine's Bear"</i> 9:45 Daily Chronicle and Horoscopes 10:00 <b>"Café de' Crest" - Bistro Coffee Social &amp; Chronicle [BISR]</b> 11:00 1:1 Resident visits 1:00 <b>Chair Yoga &amp; Essential Oils [L1]</b> 1:30 <b>Nickel Poker/ Card Games [CR]</b> 3:00 Bean Bag Toss Games [RT] 5:00 Enjoy a Game with Friends at the "Sports Lounge"
<b>19</b> <b>Happy Birthday Harvey S.</b> <i>Take a walk and find "The Valentine's Bear"</i> 9:45 Daily Chronicle and Horoscopes 10:45 <b>Love on a Leash [L1]</b> 11:00 1:1 Resident visits 1:00 <b>Sunday Matinee "SUPERMAN RETURNS" [RT]</b> 1:30 Trash Card Games [CR] 2:30 <b>Cover the Number Game [L1]</b> 5:00 Enjoy a Game with Friends at the "Sports Lounge"	<b>20</b> <b>PRESIDENT'S DAY</b> <i>Take a walk and find "The Valentine's Bear"</i> 9:45 Daily Chronicle and Horoscopes 10:00 <b>Exercise Class "Sports Lounge"</b> 10:30 <b>Bible Study &amp; Hymns w/ Pastor Bob at The Sports Lounge</b> 11:00 1:1 Resident visits 11:15 <b>Lunch with Pastor Bob [MDR]</b> 1:00 <b>Chat with our Sous Chef Daniela [LCK]</b> 2:30 <b>Bingo for Prizes [AC]</b> 5:00 Enjoy a Game with Friends at the "Sports Lounge"	<b>21</b> <b>HAPPY MARDI GRAS</b> <i>Take a walk and find "The Valentine's Bear"</i> 9:20 <b>St. Kieran's Communion Church Service with "Gina" [RT]</b> 9:45 Daily Chronicle and Horoscopes 10:00 <b>Balloon Volleyball Game [L1]</b> 11:00 1:1 Resident visits 1:00 <b>Valentine Crafts and Baking Sweets [AC]</b> 2:30 <b>Valentine's Strawberry Hot Chocolate [AC]</b> 4:30 <b>Happy Hour with "FIRST STRING BAND" [MDR]</b> 5:00 Enjoy a Game with Friends at the "Sports Lounge"	<b>22</b> <b>ALL STAFF MEETING ASH WEDNESDAY</b> <i>Take a walk and find "The Valentine's Bear"</i> 9:45 Daily Chronicle and Horoscopes 10:15 <b>Stretch &amp; Strength with Angie from Mobile Therapy [L1]</b> 11:00 1:1 Resident visits 1:00 <b>Bingo for Prizes [AC]</b> 1:30 <b>Ash Wednesday with Daniela from "Sea Coast Hospice" [RT]</b> 2:30 <b>MONOPOLY GAME at The "Sports Lounge"</b> 3:30 <b>Family Picture LOVE Sign Craft [AC]</b> 5:00 Enjoy a Game with Friends at the "Sports Lounge"	<b>23</b> <i>Take a walk and find "The Valentine's Bear"</i> 9:45 Daily Chronicle and Horoscopes 10:00 <b>Bocce Ball Is Back! Green Machine vs Red Warriors [L1]</b> 11:00 1:1 Resident visits 1:30 <b>SUPPORTING SENIORS SOCIAL BY COMFORT &amp; PEACE HOSPICE "HEART AWARENESS"</b> 2:30 <b>Word in a Word Game [L1]</b> 3:30 <b>February Trivia [AC]</b> 4:30 <b>PIANO PERFORMANCE WITH "TREVOR GIBSON" [MDR]</b> 5:00 Enjoy a Game with Friends at the "Sports Lounge"	<b>24</b> <i>Take a walk and find "The Valentine's Bear"</i> 9:45 Daily Chronicle and Horoscopes 10:00 Drum Fit Class [L1] 10:30 <b>LCR Dice Game [L1]</b> 11:00 1:1 Resident visits 1:00 <b>Movie &amp; Popcorn "RETURN TO ME" [RT]</b> 2:30 <b>Bingo for Prizes [AC]</b> 3:30 <b>Color Me Calm [AC]</b> 5:00 Enjoy a Game with Friends at the "Sports Lounge"	<b>25</b> <i>Take a walk and find "The Valentine's Bear"</i> 9:45 Daily Chronicle and Horoscopes 10:00 <b>"Café de' Crest" - Bistro Coffee Social &amp; Chronicle [BISR]</b> 11:00 1:1 Resident visits 1:00 <b>Chair Yoga &amp; Essential Oils [L1]</b> 1:30 <b>Nickel Poker/ Card Games [CR]</b> 3:00 Bean Bag Toss Games [RT] 5:00 Enjoy a Game with Friends at the "Sports Lounge"
<b>26</b> <i>Take a walk and find "The Valentine's Bear"</i> 9:45 Daily Chronicle and Horoscopes 10:00 <b>Trip to Walmart or Target</b> 10:45 <b>Love on a Leash [L1]</b> 11:00 1:1 Resident visits 1:00 <b>Sunday Matinee "TITANIC" [RT]</b> 1:30 Trash Card Games [CR] 2:30 <b>Cover the Number Game [L1]</b> 5:00 Enjoy a Game with Friends at the "Sports Lounge"	<b>27</b> <i>Take a walk and find "The Valentine's Bear"</i> 9:45 Daily Chronicle and Horoscopes 10:00 <b>Exercise Class "Sports Lounge"</b> 10:30 <b>Bible Study &amp; Hymns w/ Pastor Bob at The Sports Lounge</b> 11:00 1:1 Resident visits 11:15 <b>Lunch with Pastor Bob [MDR]</b> 1:00 <b>Chat with our Sous Chef Daniela Baking Sweets &amp; Calendar Planning [LCK]</b> 2:30 <b>Bingo for Prizes [AC]</b> 5:00 Enjoy a Game with Friends at the "Sports Lounge"	<b>28</b> <i>Take a walk and find "The Valentine's Bear"</i> 9:45 Daily Chronicle and Horoscopes 10:00 <b>Balloon Volleyball Game [L1]</b> 11:00 1:1 Resident visits 1:00 <b>Valentine Crafts and Baking Sweets [AC]</b> 2:30 <b>Valentine's Strawberry Hot Chocolate [AC]</b> 4:30 <b>Happy Hour &amp; Birthday Celebration with "BROWN SUGAR OLDIES" Cakes Sponsored by "Comfort and Peace" [MDR]</b> 5:00 Enjoy a Game with Friends at the "Sports Lounge"	