

JANUARY 2023 AT THE PLAZA

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div><div><div>Happy Birthday to...</div><div>ALAN HAUCK ~ 1/3 LARRY KIEVIET ~ 1/11 JEANNINE SEWARD ~ 1/23 BETTY LIVINGSTON ~ 1/28 LORI GARDNER ~ 1/29 MARTINA PERU ~ 1/30</div></div><div><div>Location Key</div><div>PL - Plaza Lobby CDR - Catalina Dining Room MB - Miramar Bar MDT - Movie Dinner Theater BD - Bel Air Diner 50GR - 50's Game Room CH - Reflections Chapel FR - Fitness Room IPS - Indoor Pool and Spa TR - King Charles Royal Tea Room SC- Sunken Courtyard CC - Coronado Courtyard BBC - Bocce Ball Court PL4 - Puzzle Lounge/Library 2BT - 2nd Floor Balcony Terrace</div></div></div>	<div><div>Catalina Dining Room Open for Breakfast until 10am; Kitchen Closed for Lunch; To Gos from 2:30pm - 3:30pm; Closed at 3:30pm</div><div>New Year's Day Transportation to Pointe Brunch - Call Activities at 3910</div><div>8:00 ★ Guardian Angels Catholic Church [PL]</div><div>8:15 ★ Shadow Mountain Church Drive [PL]</div><div>9:00 † Sunday Morning Church Service with Pastor Bill [CH]</div><div>10:00 🏈 NFL Sunday Football [MB]</div><div>11:00 ★ New Years Day Brunch ~ 2:00pm at The Pointe [V]</div><div>12:00 ★ Weekend Fast Food Run ~ L&L Hawaiian BBQ [PL]</div><div>2:00 ♀ Puzzles on the 4th Floor [PL4]</div><div>3:00 ★ Arts and Crafts with Darci ~ Boys and Girls Paper Doll Chain [MDT]</div><div>5:20 🏈 NFL Sunday Night Football Game ~ Steelers VS Ravens</div></div> <div>1</div>	<div><div>A Walk of Life Marathon Pedometer Competition Begins!! Get Your Pedometer from Activities!</div><div>9:30 ↔ Tai Chi for Beginners - Instructional Video [FR]</div><div>10:15 ↔ Strengthen and Stretch with Angie [FR]</div><div>11:00 ☕ Coffee in the Sea Lounge on the 2nd Floor [TL]</div><div>1:00 ♣ Bridge Club</div><div>1:30 ♣ \$4 Bingo [MDT]</div><div>3:00 ♣ Who's Best?! Crossword Puzzle Match [PL]</div><div>3:30 ↔ Wii Sports in the Fitness Studio [FR]</div><div>5:15 🏈 NFL Monday Night Football ~ Bills VS Bengals [MDT]</div></div> <div>2</div>	<div><div>Happy Birthday Alan Hauck!!</div><div>9:00 ♀ Get Your Steps In - Morning Walk Around the Halls</div><div>9:30 ↔ Indoor Water Aerobics with Peggy [IPS]</div><div>10:15 ↔ Core Strength and Weights with Karl [FR]</div><div>11:00 ☕ Cornhole by the Moss Wall [PL]</div><div>12:00 ♀ Sit and Knit! [PL]</div><div>1:00 ♣ Dominoes [50GR]</div><div>3:00 ♣ Nickel Blackjack [BD]</div><div>4:00 ♀ Technology Help - Bring Your Device!</div><div>6:00 🏈 Evening Movie: The Pale Blue Eye (2022) Rated R - Crime, Mystery [MDT]</div></div> <div>3</div>	<div><div>9:00 ♀ Get Your Steps In - Morning Walk Around the Halls</div><div>9:15 ★ Santee Hall Wednesday - Handwriting Analysis with Paula Sassi</div><div>9:30 ↔ Tai Chi for Beginners - Instructional Video [FR]</div><div>10:30 Whack it! Smack it! Balloon Ball [FR]</div><div>11:00 ★ Excursion to GTM Discount Store [PL]</div><div>11:00 ☕ Got Bocce? Bocce Ball [BBC]</div><div>1:00 ♣ \$4 Bingo [MDT]</div><div>1:45 † Bible Study with Pastor Mark at The Pointe [L]</div><div>2:00 ♀ Jeopardy Trivia Game [MDT]</div><div>3:00 🏈 Men's Brew Crew [BD]</div></div> <div>4</div>	<div><div>9:00 ♀ Get Your Steps In - Morning Walk Around the Halls</div><div>10:15 ↔ Core Strength and Weights with Karl [FR]</div><div>11:00 ♣ Board Games and Beyond [50GR]</div><div>12:30 🏈 Matinee Movie: Daddy Day Care (2003) Rated PG - Comedy 1h 23mins [MDT]</div><div>1:30 ★ Cookin' Up Fun with Darci ~ 5 Layer Bean Dip in a Cup [CDR]</div><div>3:00 ♣ Short Stories and Poetry [TR]</div><div>4:00 ★ Culinary Action Station at The Pointe: Loaded Potato and Soup Bar [V]</div></div> <div>5</div>	<div><div>9:00 ♀ Get Your Steps In - Morning Walk Around the Halls</div><div>10:00 ↔ Cardio Drumming Class Video Workout [FR]</div><div>11:00 ♀ Free Friday Vitals Check with Senior Helpers [PL]</div><div>11:30 ☕ Friday Chat with Life Enrichment Director Brittany Fay [TR]</div><div>12:30 ★ Amy's Arts and Crafts: Build Your Own Clock [MDT]</div><div>1:00 ♣ Bridge Club</div><div>2:00 ☕ Planting Your Garden 101</div><div>3:00 🏈 Happier Hour with Live Music from Saxophone Player Tony Matoian [CDR]</div><div>4:30 ♀ Technology Help - Bring Your Device! [PL]</div></div> <div>6</div>	<div><div>9:00 ♀ Get Your Steps In - Morning Walk Around the Halls</div><div>10:00 ↔ Chair Yoga with Heidi [FR]</div><div>11:00 ♀ Friendly Bow Wow and Coffee - Dog Group Social [CC]</div><div>11:30 🏈 Comedy Series Saturday: Seinfeld [MDT]</div><div>12:30 ☕ Hot Cocoa and Apple Cider Bar with Jukebox Music in the 50's Diner [BD]</div><div>2:00 ♣ Scrabble with Friends [50GR]</div><div>3:00 ♣ Nickel Blackjack [50GR]</div><div>4:30 ♣ Puzzles on the 4th Floor [PL4]</div><div>6:00 🏈 Evening Movie: The Hunt for Red October (1990) Rated PG - Suspenseful 2h 15mins [MDT]</div></div> <div>7</div>
	<div><div>Transportation to Pointe Brunch - Call Activities at 3910</div><div>8:00 ★ Guardian Angels Catholic Church [PL]</div><div>8:15 ★ Shadow Mountain Church Drive [PL]</div><div>9:00 † Sunday Morning Church Service with Pastor Bill [CH]</div><div>10:00 🏈 NFL Sunday Football [MB]</div><div>10:30 † Spiritual Social and Coffee with Frank Long [CH]</div><div>11:00 ★ Sunday Champagne Brunch ~ 11:00am - 2:00pm at The Pointe [V]</div><div>12:00 ★ Weekend Fast Food Run ~ Crumbl Cookie and Starbucks [PL]</div><div>2:00 ♀ Puzzles on the 4th Floor [PL4]</div><div>3:00 ★ Arts and Crafts with Darci ~ Artic Animal Silhouette Part 1 [MDT]</div></div> <div>8</div>	<div><div>9:00 ♀ Get Your Steps In - Morning Walk Around the Halls</div><div>9:30 ↔ Tai Chi for Beginners - Instructional Video [FR]</div><div>10:15 ↔ Strengthen and Stretch with Angie [FR]</div><div>11:00 ☕ Coffee in the Sea Lounge on the 2nd Floor [TL]</div><div>1:00 ♣ Bridge Club</div><div>1:30 ♣ \$4 Bingo [MDT]</div><div>3:00 ♣ Who's Best?! Crossword Puzzle Match [PL]</div><div>3:30 ↔ Wii Sports in the Fitness Studio [FR]</div></div> <div>9</div>	<div><div>9:00 ♀ Get Your Steps In - Morning Walk Around the Halls</div><div>9:15 † St. Kieran's Communion Service [CH]</div><div>9:30 ↔ Indoor Water Aerobics with Peggy [IPS]</div><div>10:15 ↔ Core Strength and Weights with Karl [FR]</div><div>11:00 ☕ Cornhole by the Moss Wall [PL]</div><div>1:00 ♣ Dominoes [50GR]</div><div>1:30 ♀ Table Talk and Tasty Treats with Chef Phil [BPD]</div><div>3:00 ♣ Nickel Blackjack [BD]</div><div>4:00 ♀ Technology Help - Bring Your Device!</div><div>6:00 🏈 Evening Movie: Rescued by Ruby (2022) Rated G - Inspiring 1h 33mins [MDT]</div></div> <div>10</div>	<div><div>Happy Birthday Larry Kieviet!!</div><div>9:00 ♀ Get Your Steps In - Morning Walk Around the Halls</div><div>9:30 ↔ Tai Chi for Beginners - Instructional Video [FR]</div><div>10:30 Whack it! Smack it! Balloon Ball [FR]</div><div>11:00 ★ Brunch at The Broken Yolk Cafe [PL]</div><div>11:00 ☕ Got Bocce? Bocce Ball [BBC]</div><div>12:00 ★ Online Shopping in Activities Office</div><div>1:00 ♣ \$4 Bingo [MDT]</div><div>1:45 † Bible Study with Pastor Mark at The Pointe [L]</div><div>2:00 ♀ Jeopardy Trivia Game [MDT]</div><div>3:00 🏈 Women's Wine Time [TR]</div></div> <div>11</div>	<div><div>9:00 ♀ Get Your Steps In - Morning Walk Around the Halls</div><div>10:15 ↔ Core Strength and Weights with Karl [FR]</div><div>11:00 ♣ Board Games and Beyond [50GR]</div><div>12:30 🏈 Matinee Movie: Lucy and Desi Documentary (2022) 1h 43mins [MDT]</div><div>1:00 Resident Council Board Member Meeting [BPD]</div><div>1:30 ★ Cookin' Up Fun with Darci ~ Bloody Mary Cocktails [CDR]</div><div>2:30 ☕ New Resident Welcome!! [BPD]</div><div>4:00 ★ Culinary Action Station at The Pointe: Chinese Cuisine [V]</div></div> <div>12</div>	<div><div>9:00 ♀ Get Your Steps In - Morning Walk Around the Halls</div><div>10:00 ↔ Cardio Drumming Class Video Workout [FR]</div><div>11:00 ♀ Free Friday Vitals Check with Senior Helpers [PL]</div><div>11:30 ☕ Friday Chat with Life Enrichment Director Brittany Fay [TR]</div><div>12:30 ★ Amy's Arts and Crafts: Make Your Own Tea Hats [MDT]</div><div>1:00 ♣ Bridge Club</div><div>2:00 ☕ Planting Your Garden 101</div><div>3:00 🏈 Happier Hour with Live Music from The First String Band [CDR]</div><div>4:30 ♀ Technology Help - Bring Your Device! [PL]</div></div> <div>13</div>	<div><div>9:00 ♀ Get Your Steps In - Morning Walk Around the Halls</div><div>10:00 ↔ Chair Yoga with Heidi [FR]</div><div>10:30 ★ Grossmont Movie Theater: A Man Called Otto (2022) 2h 6mins</div><div>11:00 ♀ Friendly Bow Wow and Coffee - Dog Group Social [CC]</div><div>11:30 🏈 Comedy Series Saturday: Seinfeld [MDT]</div><div>12:30 ☕ Hot Cocoa and Apple Cider Bar with Jukebox Music in the 50's Diner [BD]</div><div>2:00 ♣ Scrabble with Friends [50GR]</div><div>3:00 ♣ Nickel Blackjack [50GR]</div><div>4:30 ♣ Puzzles on the 4th Floor [PL4]</div><div>6:00 🏈 Evening Movie: The Space Between Us (2016) Heartfelt, 2h [MDT]</div></div> <div>14</div>
	<div><div>Transportation to Pointe Brunch - Call Activities at 3910</div><div>8:00 ★ Guardian Angels Catholic Church [PL]</div><div>8:15 ★ Shadow Mountain Church Drive [PL]</div><div>9:00 † Sunday Morning Church Service with Pastor Bill [CH]</div><div>11:00 ★ Sunday Champagne Brunch ~ 11:00am - 2:00pm at The Pointe [V]</div><div>12:00 ★ Weekend Fast Food Run ~ McDonald's [PL]</div><div>2:00 ♀ Puzzles on the 4th Floor [PL4]</div><div>3:00 ★ Arts and Crafts with Darci ~ Artic Animal Silhouette Part 2 [MDT]</div></div> <div>15</div>	<div><div>Martin Luther King, Jr. Day</div><div>9:00 ♀ Get Your Steps In - Morning Walk Around the Halls</div><div>9:30 ↔ Tai Chi for Beginners - Instructional Video [FR]</div><div>10:15 ↔ Strengthen and Stretch with Angie [FR]</div><div>11:00 ☕ Coffee in the Sea Lounge on the 2nd Floor [TL]</div><div>11:30 ♀ Travels with Galen and Maureen to Sicily! [T]</div><div>12:30 🏈 MLK: The Assassination Tapes Documentary [MDT]</div><div>1:00 ♣ Bridge Club</div><div>1:30 ♣ \$4 Bingo [MDT]</div><div>3:00 ♣ Who's Best?! Crossword Puzzle Match [PL]</div><div>3:30 ↔ Wii Sports in the Fitness Studio [FR]</div></div> <div>16</div>	<div><div>9:00 ♀ Get Your Steps In - Morning Walk Around the Halls</div><div>9:30 ↔ Indoor Water Aerobics with Peggy [IPS]</div><div>10:15 ↔ Core Strength and Weights with Karl [FR]</div><div>11:00 ☕ Cornhole by the Moss Wall [PL]</div><div>11:30 ★ Veterans' Luncheon at The Pointe [V]</div><div>12:00 ♀ Sit and Knit! [PL]</div><div>1:00 ♣ Dominoes [50GR]</div><div>3:00 ♣ Nickel Blackjack [BD]</div><div>4:00 ♀ Technology Help - Bring Your Device!</div><div>6:00 🏈 Evening Movie: Harold and Mod (1971) Comedy/Drama; 1h 31mins [MDT]</div></div> <div>17</div>	<div><div>9:00 ♀ Get Your Steps In - Morning Walk Around the Halls</div><div>9:30 ↔ Tai Chi for Beginners - Instructional Video [FR]</div><div>10:30 Whack it! Smack it! Balloon Ball [FR]</div><div>11:00 ★ Excursion to Santee Trolley Square Center [PL]</div><div>11:00 ☕ Got Bocce? Bocce Ball [BBC]</div><div>1:00 ♣ \$4 Bingo [MDT]</div><div>2:00 ♀ Jeopardy Trivia Game [MDT]</div><div>3:00 🏈 Men's Brew Crew [BD]</div></div> <div>18</div>	<div><div>9:00 ♀ Get Your Steps In - Morning Walk Around the Halls</div><div>10:15 ↔ Core Strength and Weights with Karl [FR]</div><div>11:00 ♣ Board Games and Beyond [50GR]</div><div>12:00 ♀ All Residents Meeting [MDT]</div><div>1:30 ★ Cookin' Up Fun with Darci ~ Mini Egg and Tater Tot Burrito [CDR]</div><div>2:00 🏈 Matinee Movie: The Man from U.N.C.L.E. (2015) Action Adventure; 1h 56mins [MDT]</div><div>3:00 ♣ Short Stories and Poetry [TR]</div><div>4:00 ★ Culinary Action Station at The Pointe: Italian Cuisine [V]</div></div> <div>19</div>	<div><div>9:00 ♀ Get Your Steps In - Morning Walk Around the Halls</div><div>10:00 ↔ Cardio Drumming Class Video Workout [FR]</div><div>11:00 ♀ Free Friday Vitals Check with Senior Helpers [PL]</div><div>11:30 ☕ Friday Chat with Life Enrichment Director Brittany Fay [TR]</div><div>12:30 ★ Amy's Arts and Crafts: Chinese New Year Lanterns [MDT]</div><div>1:00 ♣ Bridge Club</div><div>2:00 ☕ Planting Your Garden 101</div><div>3:00 🏈 Happier Hour Birthday Celebration with Live Music from The Brown Sugar Oldies [CDR]</div><div>4:30 ♀ Technology Help - Bring Your Device! [PL]</div></div> <div>20</div>	<div><div>NFL Divisional Games - Schedule Will Be Posted</div><div>9:00 ♀ Get Your Steps In - Morning Walk Around the Halls</div><div>10:00 ↔ Chair Yoga with Heidi [FR]</div><div>11:00 ♀ Friendly Bow Wow and Coffee - Dog Group Social [CC]</div><div>11:30 ★ Chinese Lunar New Year Festival in Jeremy Henwood Park [PL]</div><div>11:30 🏈 Comedy Series Saturday: Seinfeld [MDT]</div><div>2:00 ♣ Scrabble with Friends [50GR]</div><div>3:00 ♣ Nickel Blackjack [50GR]</div><div>4:30 ♣ Puzzles on the 4th Floor [PL4]</div><div>6:00 🏈 Evening Movie: Wish Dragon (2022) Family Movie; 1h 42mins [MDT]</div></div> <div>21</div>

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JANUARY 2023 AT THE PLAZA

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<div><div>Happy Birthday to...</div><div>ALAN HAUCK ~ 1/3 LARRY KIEVIET ~ 1/11 JEANNINE SEWARD ~ 1/23 BETTY LIVINGSTON ~ 1/28 LORI GARDNER ~ 1/29 MARTINA PERU ~ 1/30</div><div>Location Key PL - Plaza Lobby CDR - Catalina Dining Room MB - Miramar Bar MDT - Movie Dinner Theater BD - Bel Air Diner 50GR - 50's Game Room CH - Reflections Chapel FR - Fitness Room IPS - Indoor Pool and Spa TR - King Charles Royal Tea Room SC- Sunken Courtyard CC - Coronado Courtyard BBC - Bocce Ball Court PL4 - Puzzle Lounge/Library 2BT - 2nd Floor Balcony Terrace</div></div>	<div><div>Chinese New Year! The Year of the Rabbit!</div><div>NFL Divisional Games - Schedule Will Be Posted</div><div>Transportation to Pointe Brunch - Call Activities at 3910</div><div>8:00 ★ Guardian Angels Catholic Church [PL]</div><div>8:15 ★ Shadow Mountain Church Drive [PL]</div><div>9:00 † Sunday Morning Church Service with Pastor Bill [CH]</div><div>10:30 † Spiritual Social and Coffee with Frank Long [CH]</div><div>11:00 ★ Sunday Champagne Brunch ~ 11:00am - 2:00pm at The Pointe [V]</div><div>12:00 ★ Weekend Fast Food Run ~ Panda Express [PL]</div><div>12:30 ★ Chinese Lunar New Year Festival in Jeremy Henwood Park [LP]</div><div>2:00 ☼ Puzzles on the 4th Floor [PL4]</div><div>3:00 ★ Arts and Crafts with Darci ~ Chinese New Year Egg Carton Dragon [MDT]</div></div>	<div><div>All Staff Meeting: No Doctor Appointments After 12pm</div><div>Happy Birthday Jeannine Seward!!</div><div>9:00 ☼ Get Your Steps In - Morning Walk Around the Halls</div><div>9:30 ↔ Tai Chi for Beginners - Instructional Video [FR]</div><div>10:15 ↔ Strengthen and Stretch with Angie [FR]</div><div>11:00 ☼ Coffee in the Sea Lounge on the 2nd Floor [TL]</div><div>12:30 ☼ Chinese Lunar New Year Social [PL]</div><div>1:00 ♠ Bridge Club</div><div>3:00 ♠ Who's Best?! Crossword Puzzle Match [PL]</div><div>3:30 ↔ Wii Sports in the Fitness Studio [FR]</div></div>	<div>9:00 ☼ Get Your Steps In - Morning Walk Around the Halls</div> <div>9:15 † St. Kieran's Communion Service [CH]</div> <div>9:30 ↔ Indoor Water Aerobics with Peggy [IPS]</div> <div>10:15 ↔ Core Strength and Weights with Karl [FR]</div> <div>11:00 ☼ Cornhole by the Moss Wall [PL]</div> <div>1:00 ♠ Dominoes [50GR]</div> <div>1:30 ☼ Table Talk and Tasty Treats with Chef Phil [BPD]</div> <div>3:00 ♠ Nickel Blackjack [BD]</div> <div>4:00 ☼ Technology Help - Bring Your Device!</div> <div>6:00 ☼ Evening Movie: The Father (2020) Drama; 1h 37mins [MDT]</div> <div><div>Last Day to Sign Up for Einstein Bros Weekend Fast Food Run</div><div>9:00 ☼ Get Your Steps In - Morning Walk Around the Halls</div><div>9:30 ↔ Tai Chi for Beginners - Instructional Video [FR]</div><div>10:30 Whack it! Smack it! Balloon Ball [FR]</div><div>11:00 ★ Excursion to Viejas Casino [PL]</div><div>11:00 ☼ Got Bocce? Bocce Ball [BBC]</div><div>12:00 ★ Online Shopping in Activities Office</div><div>1:00 ♠ \$4 Bingo [MDT]</div><div>1:45 † Bible Study with Pastor Mark at The Pointe [L]</div><div>2:00 ☼ Jeopardy Trivia Game [MDT]</div><div>3:00 ☼ Women's Wine Time [TR]</div></div>	<div>9:00 ☼ Get Your Steps In - Morning Walk Around the Halls</div> <div>10:15 ↔ Core Strength and Weights with Karl [FR]</div> <div>11:00 ★ High Tea Thursday [TR]</div> <div>12:30 ☼ Matinee Movie: The Age of Adaline (2015) Drama/Fantasy; 1h 52mins [MDT]</div> <div>1:30 ★ Cookin' Up Fun with Darci ~ All American Honey Ham Sandwich [CDR]</div> <div>3:00 February Activities Sign Up Frenzy [MDT]</div> <div>4:00 ★ Culinary Action Station at The Pointe [V]</div>	<div>9:00 ☼ Get Your Steps In - Morning Walk Around the Halls</div> <div>10:00 ↔ Cardio Drumming Class Video Workout [FR]</div> <div>11:00 ☼ Free Friday Vitals Check with Senior Helpers [PL]</div> <div>11:30 ☼ Friday Chat with Life Enrichment Director Brittany Fay [TR]</div> <div>12:30 ★ Amy's Arts and Crafts: Sharpie Tiles [MDT]</div> <div>1:00 ♠ Bridge Club</div> <div>2:00 ☼ Communi-Tea Book Club! [TR]</div> <div>3:00 ☼ Happier Hour with Live Music from The Tradesmen Band [CDR]</div> <div>4:30 ☼ Technology Help - Bring Your Device! [PL]</div>	<div>Happy Birthday Betty Livingston!!</div> <div>9:00 ☼ Get Your Steps In - Morning Walk Around the Halls</div> <div>10:00 ↔ Chair Yoga with Heidi [FR]</div> <div>11:00 ☼ Friendly Bow Wow and Coffee - Dog Group Social [CC]</div> <div>11:30 ☼ Comedy Series Saturday: Seinfeld [MDT]</div> <div>12:30 ☼ Hot Cocoa and Apple Cider Bar with Jukebox Music in the 50's Diner [BD]</div> <div>2:00 ♠ Scrabble with Friends [50GR]</div> <div>3:00 ♠ Nickel Blackjack [50GR]</div> <div>4:30 ♠ Puzzles on the 4th Floor [PL4]</div> <div>6:00 ☼ Evening Movie: Uncharted (2022) Action/Adventure; 1h 56mins [MDT]</div>	
	<div>Happy Birthday Lori Gardner!!</div> <div>NFL Conference Championship Games - Schedule Will Be Posted</div> <div>Transportation to Pointe Brunch - Call Activities at 3910</div> <div>8:00 ★ Guardian Angels Catholic Church [PL]</div> <div>8:15 ★ Shadow Mountain Church Drive [PL]</div> <div>9:00 † Sunday Morning Church Service with Pastor Bill [CH]</div> <div>11:00 ★ Sunday Champagne Brunch ~ 11:00am - 2:00pm at The Pointe [V]</div> <div>12:00 ★ Weekend Fast Food Run ~ Einstein Bros [PL]</div> <div>2:00 ☼ Puzzles on the 4th Floor [PL4]</div> <div>3:00 ★ Arts and Crafts with Darci ~ Book Page Paper Angel [MDT]</div>	<div>Happy Birthday Martina Peru!!</div> <div>9:00 ☼ Get Your Steps In - Morning Walk Around the Halls</div> <div>9:30 ↔ Tai Chi for Beginners - Instructional Video [FR]</div> <div>10:15 ↔ Strengthen and Stretch with Angie [FR]</div> <div>11:00 ☼ Coffee in the Sea Lounge on the 2nd Floor [TL]</div> <div>1:00 ♠ Bridge Club</div> <div>1:30 ♠ \$4 Bingo [MDT]</div> <div>1:30 Dining Committee Meeting [V]</div> <div>3:00 ♠ Who's Best?! Crossword Puzzle Match [PL]</div> <div>3:30 ↔ Wii Sports in the Fitness Studio [FR]</div>	<div>Last Day of a Walk of Life Marathon Pedometer Competition!!</div> <div>9:00 ☼ Get Your Steps In - Morning Walk Around the Halls</div> <div>9:30 ↔ Indoor Water Aerobics with Peggy [IPS]</div> <div>10:15 ↔ Core Strength and Weights with Karl [FR]</div> <div>11:00 ☼ Cornhole by the Moss Wall [PL]</div> <div>12:00 ☼ Sit and Knit! [PL]</div> <div>1:00 ♠ Dominoes [50GR]</div> <div>3:00 ♠ Nickel Blackjack [BD]</div> <div>4:00 ☼ Technology Help - Bring Your Device!</div> <div>6:00 ☼ Evening Movie: Hook (1991) Adventure/Comedy; 2h 22mins [MDT]</div>	All Activities With A RED STAR Require You to Sign Up. Call Extension 3910 to Sign Up for Activities!	BRITTANY FAY LIFE ENRICHMENT DIRECTOR (619) 258-8886 Ext: 3910 brittany.fay@lanterncrestsantee.com	Please see Pointe Activity Calendar for Additional Activities	☼ ARTS ↔ EXERCISE ☼ FILM ♠ GAMES ☼ HAPPY HOUR ☼ HEALTH ☼ INTELLECTUAL 🎵 MUSIC ★ RSVP ☼ SOCIAL † SPIRITUAL
<div>Activities is always looking for resident input & suggestions for new activities, movies & outings. You can find the 'Suggestion' Box hanging on the wall located just outside of the Activities office near the Sharp Clinic.</div>		<div>2023 HAPPY NEW YEAR</div>		<div>Doctor Drives Monday Thru Friday 9am - 3pm 9am - 1pm for Appts Further than 15 Miles No Appts after 12pm on the 22nd of Each Month due to Mandatory Staff Meeting</div>	<div>HAPPY CHINESE NEW YEAR 新年快乐 2023 YEAR OF THE RABBIT ACCESSCHINESE</div>		