

January 2023 at the Pointe

- ANIMALS
- ARTS
- EXERCISE
- FILM
- GAMES
- HAPPY HOUR
- HEALTH
- INTELLECTUAL
- MUSIC
- RSVP
- SOCIAL
- SPIRITUAL

LOCATION KEY

- [LP]- 1st Floor Lobby Pointe
- [LB32]- 2nd Floor Latitude 32 Bar
- [V]- 2nd Floor Veranda Dining
- [TD]- 2nd Floor Terrazza Dining
- [FS]- 2nd Floor Fitness Studio
- [G2]- 2nd Floor Garden
- [PDP]- Pool Deck Patio
- [GR]- 3rd Floor Game Room
- [LL/P]- 3rd Floor Lantern Links
- [T]- 3rd Floor Theater
- [FR4]- 4th Floor Fitness Studio
- [L]- 4th Floor Library
- [AC]- 4th Floor Arts /Crafts Room

Happy Birthday

- Steve Deutsch - 1/2
- Fran Kern - 1/8
- Donna Koslicki - 1/15
- Bob Waddel - 1/19
- Shirley Walk - 1/26
- Susan Petry - 1/28
- Al Stovall - 1/29
- Linda Scott - 1/29

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Happy Birthday Betty Broxovic!! 1</p> <p>Latitude 32 Bar Open for Breakfast; To Gos from 2:30pm - 3:30pm; Dining Closed at 3:30pm New Year's Day</p> <p>8:00 ★ Guardian Angels Catholic Church [LP]</p> <p>8:15 ★ Shadow Mountain Church Drive [PL]</p> <p>8:30 Bible Study with Sally Indger [L]</p> <p>9:00 ★ Sunday Morning Church Service with Pastor Steven [CH]</p> <p>9:30 ☞ Sunday Morning Coffee by the Garden with Club Paw-A-Dise [G2]</p> <p>11:00 ☞ New Years Day Brunch ~ 11:00am - 2pm [V]</p> <p>12:30 ♣ Bridge Club [FS]</p> <p>1:30 ♣ Lazy Sunday Puzzles in the Lobby [LP]</p> <p>2:00 Famous People From the Past: Sir Isaac Newton: Unhappy Scientific Genius [T]</p> <p>3:00 ♣ \$1 Bingo [GR]</p>	<p>Happy Birthday Steve Deutsch!! 2</p> <p>Last Day to RSVP for Pointe Outing Ext. 5405</p> <p>9:00 ↔ Strengthen & Stretch with Angie [FS]</p> <p>10:00 ☞ Color Me Calm [AC]</p> <p>11:00 ☞ Not Fast, Just Furious: Lantern Crest Walking Group [LP]</p> <p>2:00 ♣ Nickel Blackjack [GR]</p> <p>3:00 ♣ Mexican Train [GR]</p> <p>4:00 ☞ Monday Night ~ Hot Dog or Chili Cheese Dog with Fries Special ~ 10pts [TD]</p> <p>4:30 🎵 Evening Piano Music [TD]</p> <p>5:15 🏈 NFL Monday Night Football ~ Bills v. Bengals [LB32]</p>	<p>9:00 † St. Kieran's Communion Service at The Ridge 3</p> <p>9:15 ↔ Indoor Gentle Aquafit at The Plaza with Peggy [IPS]</p> <p>9:30 ↔ Balance & Stability Class with Karl [FS]</p> <p>10:30 ★ Weekly Outing to The Broken Yolk [LP]</p> <p>11:30 ♣ 10,000 Dice Game [GR]</p> <p>1:30 ☞ Paint & Sip Art Class: Rainbow Collage [AC]</p> <p>3:00 ♣ Bingo [GR]</p> <p>3:30 ☞ Technology Help in Activities Office</p> <p>4:30 🐾 Tails on Trails Walking Group</p> <p>6:00 ☞ Games in the Game Room [GR]</p>	<p>9:00 ↔ Strengthen & Stretch with Angie [FS] 4</p> <p>9:30 ★ Santee Hall Wednesday - Handwriting Analysis with Paula Sassi</p> <p>10:00 ☞ Can You Dig It? Coffee in the Garden [G2]</p> <p>11:00 🎵 Line Dancing in the Fitness Studio [FS]</p> <p>11:30 ★ Spice Up Your Life Cooking Class: Artichoke Dip [V]</p> <p>12:30 ☞ Matinee Movie: The Age of Adaline · PG-13 · 2015 · Romance/Fantasy · 1h 52m [T]</p> <p>2:00 † Bible Study with Pastor Mark from Foothills Church [L]</p> <p>3:00 🎵 Happy Hour with Live Music from The Blue Zone [LB32]</p> <p>4:30 🐾 Tails on Trails Walking Group</p> <p>6:00 ☞ Games in the Game Room [GR]</p>	<p>9:30 ↔ Balance & Stability Class with Karl [FS] 5</p> <p>10:00 † Bible Study with Pastor Bill [L]</p> <p>10:30 ↔ Tai Chi for Beginners Instructional Video [FS]</p> <p>11:00 ☞ Chat with Life Enrichment Director Brittany Fay [LP]</p> <p>1:00 ☞ Women's Wine Time Social [LB32]</p> <p>2:00 ♣ Nickel Blackjack [GR]</p> <p>3:00 ♣ Cribbage [GR]</p> <p>3:30 ☞ Technology Help in Activities Office</p> <p>4:00 Culinary Action Station: Loaded Potato and Soup Bar [V]</p> <p>4:30 🐾 Tails on Trails Walking Group</p> <p>6:00 ☞ Games in the Game Room [GR]</p>	<p>9:00 ↔ Cardio Drumming Class Video Workout [FS] 6</p> <p>10:00 ☞ Free Friday Vital Checks with Senior Helpers [LB32]</p> <p>10:30 ☞ Trivia Hour [L]</p> <p>11:00 ☞ Cornhole in the Studio [FS]</p> <p>11:30 ♣ 10,000 Dice Game [GR]</p> <p>12:30 ☞ Bridge Club [FS]</p> <p>1:00 ★ Arts & Crafts: Wine Cork Snowflakes [AC]</p> <p>3:00 ♣ \$1 Bingo [GR]</p> <p>4:30 🐾 Tails on Trails Walking Group</p> <p>7:00 ☞ Friday Night Movie: All the President's Men · PG · 1976 · Drama/Mystery · 2h 18m [T]</p>	<p>9:00 ↔ Yoga & Weights with Heidi [FS] 7</p> <p>10:00 ☞ Crossword in the Library [L]</p> <p>11:00 ☞ Not Fast, Just Furious: Lantern Crest Walking Group [LP]</p> <p>11:30 ♣ Bunco [GR]</p> <p>12:30 ☞ Hot Cocoa & Apple Cider Bar with Jukebox Music [LB32]</p> <p>2:00 ♣ Nickel Blackjack [GR]</p> <p>3:00 ♣ Sudoku Lesson & Challenge [GR]</p> <p>4:00 ☞ Sunset Cruise in the Golf Cart [LP]</p> <p>4:30 🐾 Tails on Trails Walking Group</p> <p>6:30 ☞ Games in the Game Room [GR]</p>
<p>Happy Birthday Fran Kern!! 8</p> <p>Happy Birthday Richard Creighton!!</p> <p>8:00 ★ Guardian Angels Catholic Church [LP]</p> <p>8:15 ★ Shadow Mountain Church Drive [PL]</p> <p>8:30 Bible Study with Sally Indger [L]</p> <p>9:00 ★ Sunday Morning Church Service with Pastor Bill [CH]</p> <p>9:30 ☞ Sunday Morning Coffee by the Garden with Club Paw-A-Dise [G2]</p> <p>10:30 ★ Spiritual Social and Coffee with Frank Long [CH]</p> <p>11:00 ☞ Sunday Champagne Brunch ~ 11:00am - 2pm [V]</p> <p>12:30 ♣ Bridge Club [FS]</p> <p>1:30 ♣ Lazy Sunday Puzzles in the Lobby [LP]</p> <p>2:00 Famous People From the Past: Norman Rockwell: An American Portrait [T]</p> <p>3:00 ♣ \$1 Bingo [GR]</p>	<p>Last Day to RSVP for Pointe Outing Ext. 5405 9</p> <p>9:00 ↔ Strengthen & Stretch with Angie [FS]</p> <p>10:00 ☞ Color Me Calm [AC]</p> <p>11:00 ☞ Not Fast, Just Furious: Lantern Crest Walking Group [LP]</p> <p>1:00 🎵 Glee Club [GR]</p> <p>2:00 ♣ Nickel Blackjack [GR]</p> <p>3:00 ☞ Democrat Social Club [L]</p> <p>3:00 ♣ Mexican Train [GR]</p> <p>4:00 ☞ Monday Night ~ Hot Dog or Chili Cheese Dog with Fries Special ~ 10pts [TD]</p> <p>4:30 🎵 Evening Piano Music [TD]</p>	<p>9:00 † St. Kieran's Communion Service [CH] 10</p> <p>9:15 ↔ Indoor Gentle Aquafit at The Plaza with Peggy [IPS]</p> <p>9:30 ↔ Balance & Stability Class with Karl [FS]</p> <p>10:30 ★ Weekly Outing to Khol's & Lowes [LP]</p> <p>11:30 ♣ 10,000 Dice Game [GR]</p> <p>1:30 ☞ Paint & Sip Art Class: Tie Die Tissue Paper [AC]</p> <p>3:00 ♣ Bingo [GR]</p> <p>3:30 ☞ Technology Help in Activities Office</p> <p>4:30 🐾 Tails on Trails Walking Group</p> <p>6:00 ☞ Games in the Game Room [GR]</p>	<p>9:00 ↔ Strengthen & Stretch with Angie [FS] 11</p> <p>10:00 ☞ Can You Dig It? Coffee in the Garden [G2]</p> <p>11:00 🎵 Line Dancing in the Fitness Studio [FS]</p> <p>11:30 ★ Spice Up Your Life Cooking Class: Frozen Snowball Punch [V]</p> <p>12:30 ☞ Matinee Movie: The Bucket List · PG-13 · 2007 · Comedy/Drama · 1h 37m [T]</p> <p>1:30 Resident Council Board Meeting [V]</p> <p>2:00 † Bible Study with Pastor Mark from Foothills Church [L]</p> <p>3:00 🎵 Happy Hour with Live Music from The Tradesmen Band [LB32]</p> <p>4:30 🐾 Tails on Trails Walking Group</p> <p>6:00 ☞ Games in the Game Room [GR]</p>	<p>Last Day to RSVP for Grossmont Movie Theater 12</p> <p>9:30 ↔ Balance & Stability Class with Karl [FS]</p> <p>10:00 † Bible Study with Pastor Bill [L]</p> <p>10:30 ↔ Tai Chi for Beginners Instructional Video [FS]</p> <p>11:00 ☞ Chat with Life Enrichment Director Brittany Fay [LP]</p> <p>1:00 ☞ New Resident Welcome-Cookies, Coffee, & Conversations [LP]</p> <p>2:00 ♣ Nickel Blackjack [GR]</p> <p>3:00 ♣ Cribbage [GR]</p> <p>3:30 ☞ Technology Help in Activities Office</p> <p>4:00 Culinary Action Station: Chinese Cuisine [V]</p> <p>4:30 🐾 Tails on Trails Walking Group</p> <p>6:00 ☞ Games in the Game Room [GR]</p>	<p>9:00 ↔ Cardio Drumming Class Video Workout [FS] 13</p> <p>10:00 ☞ Free Friday Vital Checks with Senior Helpers [LB32]</p> <p>10:30 ☞ Trivia Hour [L]</p> <p>11:00 ☞ Cornhole in the Studio [FS]</p> <p>11:30 ♣ 10,000 Dice Game [GR]</p> <p>12:30 ☞ Bridge Club [FS]</p> <p>1:00 ★ Arts & Crafts: Birch Log Decor [AC]</p> <p>3:00 ♣ \$1 Bingo [GR]</p> <p>4:30 🐾 Tails on Trails Walking Group</p> <p>7:00 ☞ Friday Night Movie: The Wizard of Oz · G · 1939 · Fantasy/Musical · 1h 52m [T]</p>	<p>9:00 ↔ Yoga & Weights with Heidi [FS] 14</p> <p>10:00 ☞ Crossword in the Library [L]</p> <p>10:30 ★ Grossmont Movie Theater: A Man Called Otto (2022) 2h 6mins</p> <p>11:00 ☞ Not Fast, Just Furious: Lantern Crest Walking Group [LP]</p> <p>11:30 ♣ Bunco [GR]</p> <p>12:30 ☞ Hot Cocoa & Apple Cider Bar with Jukebox Music [LB32]</p> <p>2:00 ♣ Nickel Blackjack [GR]</p> <p>3:00 ♣ Sudoku Lesson & Challenge [GR]</p> <p>4:00 ☞ Sunset Cruise in the Golf Cart [LP]</p> <p>4:30 🐾 Tails on Trails Walking Group</p> <p>6:30 ☞ Games in the Game Room [GR]</p>
<p>Happy Birthday Donna Koslicki!! 15</p> <p>8:00 ★ Guardian Angels Catholic Church [LP]</p> <p>8:15 ★ Shadow Mountain Church Drive [PL]</p> <p>8:30 Bible Study with Sally Indger [L]</p> <p>9:00 ★ Sunday Morning Church Service with Pastor Bill [CH]</p> <p>9:30 ☞ Sunday Morning Coffee by the Garden with Club Paw-A-Dise [G2]</p> <p>11:00 ☞ Sunday Champagne Brunch ~ 11:00am - 2pm [V]</p> <p>12:30 ♣ Bridge Club [FS]</p> <p>1:30 ♣ Lazy Sunday Puzzles in the Lobby [LP]</p> <p>2:00 Famous People From the Past: The Phantom: Comic Strip Crusader [T]</p> <p>3:00 ♣ \$1 Bingo [GR]</p>	<p>Last Day to RSVP for Pointe Outing Ext. 5405 16</p> <p>Martin Luther King, Jr. Day</p> <p>9:00 ↔ Strengthen & Stretch with Angie [FS]</p> <p>10:00 ☞ Color Me Calm [AC]</p> <p>10:30 ☞ MLK: The Assassination Tapes Documentary [T]</p> <p>11:00 ☞ Not Fast, Just Furious: Lantern Crest Walking Group [LP]</p> <p>11:30 ☞ Travels with Galen and Maureen to Sicily! [T]</p> <p>1:00 🎵 Glee Club [GR]</p> <p>2:00 ♣ Nickel Blackjack [GR]</p> <p>3:00 ♣ Mexican Train [GR]</p> <p>4:00 ☞ Monday Night ~ Hot Dog or Chili Cheese Dog with Fries Special ~ 10pts [TD]</p> <p>4:30 🎵 Evening Piano Music [TD]</p>	<p>9:00 † St. Kieran's Communion Service at The Ridge 17</p> <p>9:15 ↔ Indoor Gentle Aquafit at The Plaza with Peggy [IPS]</p> <p>9:30 ↔ Balance & Stability Class with Karl [FS]</p> <p>10:30 ★ Weekly Outing to Viejas Casino & Shopping [LP]</p> <p>11:30 ♣ 10,000 Dice Game [GR]</p> <p>11:30 ★ Veterans' Group Luncheon [LB32]</p> <p>1:30 ☞ Paint & Sip Art Class: Paper Lanterns [AC]</p> <p>3:00 ♣ Bingo [GR]</p> <p>3:30 ☞ Technology Help in Activities Office</p> <p>4:30 🐾 Tails on Trails Walking Group</p> <p>6:00 ☞ Games in the Game Room [GR]</p>	<p>9:00 ↔ Strengthen & Stretch with Angie [FS] 18</p> <p>10:00 ☞ Can You Dig It? Coffee in the Garden [G2]</p> <p>11:00 🎵 Line Dancing in the Fitness Studio [FS]</p> <p>11:30 ★ Spice Up Your Life Cooking Class: Snow Sandwiches [V]</p> <p>1:30 ☞ All Residents Meeting [T]</p> <p>3:00 ☞ Happy Hour Birthday Celebration with Live Music from Double Take [LB32]</p> <p>4:30 🐾 Tails on Trails Walking Group</p> <p>6:00 ☞ Games in the Game Room [GR]</p>	<p>Happy Birthday Bob Waddel!! 19</p> <p>9:30 ↔ Balance & Stability Class with Karl [FS]</p> <p>10:00 † Bible Study with Pastor Bill [L]</p> <p>10:30 ↔ Tai Chi for Beginners Instructional Video [FS]</p> <p>11:00 ☞ Chat with Life Enrichment Director Brittany Fay [LP]</p> <p>1:00 ☞ Men's Brew Crew [LB32]</p> <p>2:00 ♣ Nickel Blackjack [GR]</p> <p>3:00 ♣ Cribbage [GR]</p> <p>3:30 ☞ Technology Help in Activities Office</p> <p>4:00 Culinary Action Station: Italian Cuisine [V]</p> <p>4:30 🐾 Tails on Trails Walking Group</p> <p>6:00 ☞ Games in the Game Room [GR]</p>	<p>Last Day to RSVP for Chinese Lunar New Year Festival 20</p> <p>9:00 ↔ Cardio Drumming Class Video Workout [FS]</p> <p>10:00 ☞ Free Friday Vital Checks with Senior Helpers [LB32]</p> <p>10:30 ☞ Trivia Hour [L]</p> <p>11:00 ☞ Cornhole in the Studio [FS]</p> <p>11:30 ♣ 10,000 Dice Game [GR]</p> <p>12:30 ☞ Bridge Club [FS]</p> <p>1:00 ★ Arts & Crafts: Holiday Card Upcycle Craft [AC]</p> <p>3:00 ♣ \$1 Bingo [GR]</p> <p>4:30 🐾 Tails on Trails Walking Group</p> <p>7:00 ☞ Friday Night Movie: High Noon · PG · 1952 · Western/Drama · 1h 25m [T]</p>	<p>NFL Divisional Games - Schedule Will Be Posted 21</p> <p>9:00 ↔ Yoga & Weights with Heidi [FS]</p> <p>10:00 ☞ Crossword in the Library [L]</p> <p>11:00 ☞ Not Fast, Just Furious: Lantern Crest Walking Group [LP]</p> <p>11:30 ♣ Bunco [GR]</p> <p>12:30 ☞ Hot Cocoa & Apple Cider Bar with Jukebox Music [LB32]</p> <p>2:00 ♣ Nickel Blackjack [GR]</p> <p>3:00 ♣ Sudoku Lesson & Challenge [GR]</p> <p>4:00 ☞ Sunset Cruise in the Golf Cart [LP]</p> <p>4:30 🐾 Tails on Trails Walking Group</p> <p>6:30 ☞ Games in the Game Room [GR]</p>

January 2023 at the Pointe

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

- 🐾 ANIMALS
- 🎨 ARTS
- ↔ EXERCISE
- 🎬 FILM
- 🎮 GAMES
- 🕒 HAPPY HOUR
- 🏠 HEALTH
- 💡 INTELLECTUAL
- 🎵 MUSIC
- ★ RSVP
- 📺 SOCIAL
- ✝ SPIRITUAL

LOCATION KEY

- [LP]- 1st Floor Lobby Pointe
- [LB32]- 2nd Floor Latitude 32 Bar
- [V]- 2nd Floor Veranda Dining
- [TD]- 2nd Floor Terrazza Dining
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- [G2]- 2nd Floor Garden
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- [LL/P]- 3rd Floor Lantern Links
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Happy Birthday

- Steve Deutsch - 1/2
- Fran Kern - 1/8
- Donna Koslicki - 1/15
- Bob Waddel - 1/19
- Shirley Walk - 1/26
- Susan Petry - 1/28
- Al Stovall - 1/29
- Linda Scott - 1/29

Chinese New Year! The Year of the Rabbit! **22**

NFL Divisional Games - Schedule Will Be Posted

- 8:00 ★ Guardian Angels Catholic Church [LP]
- 8:15 ★ Shadow Mountain Church Drive [PL]
- 8:30 Bible Study with Sally Indger [L]
- 9:00 ★ Sunday Morning Church Service with Pastor Bill [CH]
- 9:30 ☞ Sunday Morning Coffee by the Garden with Club Paw-A-Dise [G2]
- 10:30 ★ Spiritual Social and Coffee with Frank Long [CH]
- 11:00 Sunday Champagne Brunch ~ 11:00am - 2pm [V]
- 12:30 ♣ Bridge Club [FS]
- 12:30 ★ Chinese Lunar New Year Festival in Jeremy Henwood Park [LP]
- 1:30 ♣ Lazy Sunday Puzzles in the Lobby [LP]
- 2:00 Famous People From the Past: Vincent Van Gogh: The Tragic Story of the Artist's Life [T]
- 3:00 ♣ \$1 Bingo [GR]

Happy Birthday Al Stovall!! **29**

Happy Birthday Linda Scott!!

NFL Conference Championship Games - Schedule Will Be Posted

- 8:00 ★ Guardian Angels Catholic Church [LP]
- 8:15 ★ Shadow Mountain Church Drive [PL]
- 8:30 Bible Study with Sally Indger [L]
- 9:00 ★ Sunday Morning Church Service with Pastor Bill [CH]
- 9:30 ☞ Sunday Morning Coffee by the Garden with Club Paw-A-Dise [G2]
- 11:00 Sunday Champagne Brunch ~ 11:00am - 2pm [V]
- 12:30 ♣ Bridge Club [FS]
- 1:30 ♣ Lazy Sunday Puzzles in the Lobby [LP]
- 2:00 Famous People From the Past: Henry Ford: Creator of First American Car [T]
- 3:00 ♣ \$1 Bingo [GR]

All Staff Meeting: No Doctor Appointments After 12pm **23**

Last Day to RSVP for Pointe Outing Ext. 5405

- 9:00 ↔ Strengthen & Stretch with Angie [FS]
- 10:00 ☞ Color Me Calm [AC]
- 11:00 Not Fast, Just Furious: Lantern Crest Walking Group [LP]
- 11:30 ☞ Chinese New Year Social in the Lobby [LP]
- 1:00 🎵 Glee Club [GR]
- 2:00 ♣ Resident-Led Nickel Blackjack [GR]
- 3:00 ♣ Mexican Train [GR]
- 4:00 ☞ Monday Night ~ Hot Dog or Chili Cheese Dog with Fries Special ~ 10pts [TD]
- 4:30 🎵 Evening Piano Music [TD]

Last Day to RSVP for Pointe Outing Ext. 5405 **30**

- 9:00 ↔ Strengthen & Stretch with Angie [FS]
- 10:00 ☞ Color Me Calm [AC]
- 11:00 Not Fast, Just Furious: Lantern Crest Walking Group [LP]
- 1:00 🎵 Glee Club [GR]
- 1:30 Dining Committee Meeting [V]
- 2:00 ♣ Nickel Blackjack [GR]
- 3:00 ♣ Mexican Train [GR]
- 4:00 ☞ Monday Night ~ Hot Dog or Chili Cheese Dog with Fries Special ~ 10pts [TD]
- 4:30 🎵 Evening Piano Music [TD]

9:00 ✝ St. Kieran's Communion Service [CH] **24**

- 9:15 ↔ Indoor Gentle Aquafit at The Plaza with Peggy [IPS]
- 9:30 ↔ Balance & Stability Class with Karl [FS]
- 10:30 ★ Weekly Outing to Los Coches Walmart [LP]
- 11:30 ♣ 10,000 Dice Game [GR]
- 1:30 ☞ Paint & Sip Art Class: Water Bead Air Fresheners [AC]
- 3:00 ♣ Bingo [GR]
- 3:30 ☞ Technology Help in Activities Office
- 4:30 🐾 Tails on Trails Walking Group
- 6:00 ☞ Games in the Game Room [GR]

9:15 ↔ Indoor Gentle Aquafit at The Plaza with Peggy [IPS] **31**

- 9:30 ↔ Balance & Stability Class with Karl [FS]
- 10:30 ★ Weekly Outing to Casa De Pico [LP]
- 11:30 ♣ 10,000 Dice Game [GR]
- 1:30 ☞ Paint & Sip Art Class: Make Your Own Art [AC]
- 3:00 ♣ Bingo [GR]
- 3:30 ☞ Technology Help in Activities Office
- 4:30 🐾 Tails on Trails Walking Group
- 6:00 ☞ Games in the Game Room [GR]

9:00 ↔ Strengthen & Stretch with Angie [FS] **25**

- 10:00 ☞ Can You Dig It? Coffee in the Garden [G2]
- 11:00 🎵 Line Dancing in the Fitness Studio [FS]
- 11:30 ★ Spice Up Your Life Cooking Class: Blueberry Yogurt Parfait [V]
- 12:30 ☞ Matinee Movie: Father Stu · TV-MA · 2022 · Drama · 2h 4m [T]
- 2:00 ✝ Bible Study with Pastor Mark from Foothills Church [L]
- 3:00 ☞ Script in Hand Performance in the Pointe Theater [LB32]
- 4:30 🐾 Tails on Trails Walking Group
- 6:00 ☞ Games in the Game Room [GR]

All Activities Are Subject To Change Without Notice.

DOCTOR DRIVES

Monday thru Friday
9 AM - 3 PM

9 AM- 1 PM
for Appts Further than 15 Miles

Happy Birthday Shirley Walk!! **26**

- 9:30 ↔ Balance & Stability Class with Karl [FS]
- 10:00 ✝ Bible Study with Pastor Bill [L]
- 10:30 ↔ Tai Chi for Beginners Instructional Video [FS]
- 11:00 ☞ Chat with Life Enrichment Director Brittany Fay [LP]
- 1:00 ☞ Cookies, Coffee, and Conversations [LP]
- 2:00 ♣ Nickel Blackjack [GR]
- 3:00 ♣ Cribbage [GR]
- 3:30 ☞ Technology Help in Activities Office
- 4:00 Culinary Action Station: Mexican Cuisine [V]
- 4:30 🐾 Tails on Trails Walking Group
- 6:00 ☞ Games in the Game Room [GR]

All Activities With A **RED STAR** Require You to Sign Up.

Call Extension **5405** to Sign Up for Activities!

9:00 ↔ Cardio Drumming Class Video Workout [FS] **27**

- 10:00 ☞ Free Friday Vital Checks with Senior Helpers [LB32]
- 10:30 ☞ Trivia Hour [L]
- 11:00 ☞ Cornhole in the Studio [FS]
- 11:30 ♣ 10,000 Dice Game [GR]
- 12:30 ☞ Bridge Club [FS]
- 1:00 ★ Arts & Crafts: Heart Garland [AC]
- 2:00 ☞ Communi-Tea Book Club! [TR]
- 3:00 ♣ \$1 Bingo [GR]
- 4:30 🐾 Tails on Trails Walking Group
- 6:00 ☞ Friday Night Movie: Les Misérables · PG-13 · 2012 · Musical/Drama · 2h 37m [T]

BRITTANY FAY

LIFE ENRICHMENT DIRECTOR

(619) 258-8886 X 3910

brittany.fay@lanterncrestsantee.co

Happy Birthday Susan Petry!! **28**

- 9:00 ↔ Yoga & Weights with Heidi [FS]
- 10:00 ☞ Crossword in the Library [L]
- 11:00 Not Fast, Just Furious: Lantern Crest Walking Group [LP]
- 11:30 ♣ Bunco [GR]
- 12:30 ☞ Hot Cocoa & Apple Cider Bar with Jukebox Music [LB32]
- 2:00 ♣ Nickel Blackjack [GR]
- 3:00 ♣ Sudoku Lesson & Challenge [GR]
- 4:00 ☞ Sunset Cruise in the Golf Cart [LP]
- 4:30 🐾 Tails on Trails Walking Group
- 6:30 ☞ Games in the Game Room [GR]

Please see Plaza Activity Calendar for Additional Activities



HAPPY CHINESE NEW YEAR 2023

Year Of The Rabbit

Activities is always looking for resident input & suggestions for new activities, movies & outings. You can find the 'Suggestion' Box hanging on the wall located just outside of the Activities office on the second floor.

