		1 - Do	March 2023 á	t The Plaza	
	Sunday	Monday	Tuesday	Wednesday	Thursday
Happy Birthday Let's Celebrate! Ted Holmsen • 03/01 Mike Sheehan • 03/03 Shirley Persin • 03/16 Wes Peterson • 03/18 Ursel Jones • 03/23 Esther Collins • 03/24 Dennis Tinkham • 03/27 Margarita Huddleston • 03/30 Dorothy Vigilante • 03/30	All Activities With A RED STAR Require You to Sign Up. Call Extension 3910 to Sign Up for Activities!	BRITTANY FAY LIFE ENRICHMENT DIRECTOR (619) 258-8886 Ext: 3910 brittany.fay@ lanterncrestsantee.com	Please see Pointe Activity Calendar for Additional Activities	Happy Birthday Ted Holmsen! 1 9:15 ★ Santee Hall Wednesday - Songs from Molly's Tavern 9:15 ➡ Tai Chi for Beginners - Instructional Video [FR] 10:30 Whack it! Smack it! Balloon Ball [FR] 11:00 ★ Excursion to Albertsons and Rite Aide [PL] 11:00 ➡ Got Bocce? Bocce Ball [BBC] 1:00 ♣ \$4 Bingo [MDT] 1:45 ➡ Bible Study with Pastor Mark at The Pointe [L] 2:00 ♀ Jeopardy Trivia Game [MDT] 3:00 ∯ Men's Brew Crew [BD] 1:00 ♣	 Happy Birthday Dr. Suess!! 9:30 ↔ Chair Bingo Exercise [FR] 10:15 ↔ Core Strength and Weights with Karl [FR] 11:00 ♣ Board Games and Beyo [50GR] 12:30 ♀ Matinee Movie: The Lo (2012) 1h 35m [MDT] 1:30 ★ Cookin' Up Fun with Da ~ Dr.Seuss Green Devil Eggs & Ham [CDR] 3:00 ♣ Short Stories and Poet [TR] 4:00 ★ Culinary Action Station The Pointe [V] 4:30 ♀ Technology Help - Brin Your Device! [PL]
Location Key PL - Plaza Lobby CDR - Catalina Dining Room MB - Miramar Bar MDT - Movie Dinner Theater BD - Bel Air Diner 50GR - 50's Game Room CH - Reflections Chapel FR - Fitness Room IPS - Indoor Pool and Spa TR - King Charles Royal Tea	8:15 🛨 Shadow Mountain Church	9:15 ↔ Tai Chi for Beginners - Instructional Video [FR] 10:15 ↔ Strengthen and Stretch with Angie [FR] 11:00 Coffee in the Sea Lounge on the 2nd Floor [TL] 1:00 Findge Club 1:00 Glee Club Performance at The Pointe ~ Rockin' to the Oldies [T] 1:30 S4 Bingo [MDT] 3:00 Learn to Line Dance! [MDT] 3:30 Wii Sports in the Fitness Studio [FR] 4:30 Evening Stroll [PL]	9:30 ↔ Indoor Water Aerobics with Peggy [IPS] 10:15 ↔ Core Strength and Weights with Karl [FR] 11:00 ♥ Cornhole by the Moss Wall [PL] 1:00 ♣ Dominoes [50GR] 2:00 ♥ Chat with Life Enrichment Director Brittany Fay [TR] 3:00 ♣ Nickel Blackjack [BD] 4:30 ♀ Technology Help - Bring Your Device! [PL] 6:00 ♥ Evening Movie: Limitless (2011) 1h 44m [MDT]	9:15 ↔ Tai Chi for Beginners - Instructional Video [FR] 10:30 Whack it! Smack it! Balloon Ball [FR] 11:00 ★ Excursion to Barona Casino [PL] 11:00 Got Bocce? Bocce Ball [BBC] 1:00 S4 Bingo [MDT] 1:45 Bible Study with Pastor Mark at The Pointe [L] 2:00 Jeopardy Trivia Game [MDT] 3:00 Women's Wine Time [BD] 4:30 Evening Stroll [PL]	10:15 ↔ Core Strength and Weights with Karl [FR] 11:00 ♣ Board Games and Beyo [50GR] 12:30 ♀ Matinee Movie: Bride Wars (2009) 1h 28m [MDT]
 TR - King Charles Royal Tea Room SC- Sunken Courtyard CC - Coronado Courtyard BBC - Bocce Ball Court PL4 - Puzzle Lounge/Library 2BT - 2nd Floor Balcony Terrace 	Daylight Saving Time Begins Transportation to Pointe Brunch - Call Activities at 3910 1 2 Brunch - Call Activities at 3910 8:00 ★ Guardian Angels Catholic Church [PL] 8:15 ★ Shadow Mountain Church Drive [PL] 9:00 * Sunday Morning Church Service with Pastor Bill [CH] 11:00 ★ Sunday Champagne Brunch ~ 11:00am - 2:00pm at The Pointe [V] 12:00 ★ Weekend Fast Food Run ~ Raising Cane's Chicken Fingers [PL] 2:00 ◇ Puzzles on the 4th Floor [PL4] 3:00 ★ Arts and Crafts with Darci ~ Paper Cloud Rainbow Rain Drops [MDT] 4:30 ◇ Technology Help - Bring Your Device! [PL]	9:15 ↔ Tai Chi for Beginners - 13 Instructional Video [FR] 10:15 ↔ Strengthen and Stretch with Angie [FR] 11:00 ➡ Coffee in the Sea Lounge on the 2nd Floor [TL] 1:00 ♣ Bridge Club 1:30 ♣ \$4 Bingo [MDT] 3:00 ♬ Learn to Line Dance! [MDT] 3:30 ↔ Wii Sports in the Fitness Studio [FR] 4:30 ↔ Evening Stroll [PL]	9:15 T St. Kieran's Communion Service 14 [CH] 9:30 ↔ Indoor Water Aerobics with Peggy [IPS] 10:15 ↔ Core Strength and Weights with Karl [FR] 11:00 C Cornhole by the Moss Wall [PL] 11:00 Road Scholar Online Lecture: Alice Austen - The Story of a Hidden Iconoclast [MDT] 1:00 ♣ Dominoes [50GR] 1:30 � Table Talk and Tasty Treats with Chef Phil [BPD] 3:00 ♣ Nickel Blackjack [BD] 4:30 � Technology Help - Bring Your Device! [PL] 6:00 ♀ Evening Movie: War of the Worlds (2005) 1h 56m [MDT]	9:15 ↔ Tai Chi for Beginners - Instructional Video [FR] 10:30 Whack it! Smack it! Balloon Ball [FR] 11:00 ★ Excursion to Lunch at McP's Irish Pub in Coronado [PL] 11:00 ➡ Got Bocce? Bocce Ball [BBC] 1:00 ♣ \$4 Bingo [MDT] 2:00 ♀ Jeopardy Trivia Game [MDT] 3:00 ∯ Men's Brew Crew [BD] 4:30 ↔ Evening Stroll [PL]	Happy Birthday Shirley Persin!! 9:30 ↔ Chair Bingo Exercise [F 10:15 ↔ Core Strength and Weights with Karl [FR] 11:00 ♣ Board Games and Beyo [50GR] 11:30 ♀ Matinee Movie: Darby

				1		
			Friday			Saturday
2	Ha		y Birthday Mike つ	10:00	++	Chair Yoga with
Ζ	9:15		Sheehan!! J Tai Chi for Beginners -	11:00	Q	Heidi [FR] Dr. Seuss Read
R]	10:00	••	Instructional Video [FR] Cardio Drumming Class			Along with Girl Scout Troop 5207 [CC]
eyond			Video Workout [FR] Free Friday Vitals Check	11:30	₩,	Comedy Series Saturday: Dick Van Dyke Show
Lorax			with Senior Helpers [PL]	12:00		[MDT] Girl Scout Cookies ~
] Darci			Amy's Arts and Crafts: Rain Sticks [MDT]			12-2pm [PL]
eviled	2:00	₽	Bridge Club Planting Your Garden 101	12:30	•	Hot Cocoa and Apple Cider Bar with Jukebox
oetry	3:00	<i>q</i> Q	Happier Hour with Live Music from Double Take			Music in the 50's Diner [BD]
ion at	4.30	••	[CDR] Evening Stroll [PL]	2:00	ġ.	Scrabble with Friends [50GR]
ring	4.50	•••				Nickel Blackjack [50GR] Puzzles on the 4th Floor [PL4]
				6:00	₩,	Evening Movie: West Side Story (2021) 2h 38m [MDT]
Q	9:15	••	Tai Chi for Beginners - 10	10:00	H	Chair Yoga with Heidi [FR]
			Instructional Video [FR]	11:00	Q.	Friendly Bow Wow and Coffee - Dog Group
R] eyond	10:00	••	Cardio Drumming Class	11.00	<u>ല</u> ,	Social [CC]
e	11:00	ហូ	Video Workout [FR] Free Friday Vitals Check		*	Comedy Series Saturday: Dick Van Dyke Show [MDT]
	12:30	*	with Senior Helpers [PL] Amy's Arts and Crafts:	12:00		Final Day to get Girl Scout Cookies ~12-2pm [PL]
ard PDl			Sharpie Tile Coasters [MDT]	12:30	₽	Hot Cocoa and Apple Cider Bar with Jukebox Music in
Darci			Bridge Club Planting Your Garden 101	2:00	÷.	the 50's Diner [BD] Scrabble with Friends
			Happier Hour with Live	3:00	ġ.	[50GR] Nickel Blackjack [50GR]
me‼			Music from Tony the Saxophone Player [CDR]	4:30	ġ.	Puzzles on the 4th Floor [PL4]
ord	4:30	++	Evening Stroll [PL]	6:00	₩,	Evening Movie: Beauty and the Beast (2017) 2h 56m
on at						[MDT]
ring						
6			k's Day Tai Chi for 17	Н		y Birthday Wes 18 Peterson!!
[FR]	2.10		Beginners - Instructional Video [FR]			Chair Yoga with Heidi [FR] Friendly Bow Wow and
R]	10:00	↔	Cardio Drumming Class	11:00	·¥	Coffee - Dog Group
eyond	11:00	Сî	Video Workout [FR] Free Friday Vitals Check	11:30	₩,	Social [CC] Comedy Series Saturday:
у	12:30	*	with Senior Helpers [PL] Amy's Arts and Crafts:			Dick Van Dyke Show [MDT]
m			Rainbow Door Hanger [MDT]	1:00	5	Expression Dance Studio Performance [MDT]
Ig			Bridge Club Planting Your Garden 101	2:00	ġ.	Scrabble with Friends [50GR]
etry			March Birthday Happier Hour with Live Music			Nickel Blackjack [50GR] Puzzles on the 4th Floor
ion at			from The First String			[PL4]
ring	4:30	↔	Band [CDR] Evening Stroll [PL]	6:00	÷.	Evening Movie: Wonder Woman (2017) 2h 21m
						[MDT]

		\	March 2023 á	t The Plaza	
	Sunday	Monday	Tuesday	Wednesday	Thursday
Happy Birthday Let's Celebrate! Ted Holmsen - 03/01 Mike Sheehan - 03/03 Shirley Persin - 03/16 Wes Peterson - 03/18 Ursel Jones - 03/23 Esther Collins - 03/24 Dennis Tinkham - 03/27 Margarita Huddleston - 03/30 Dorothy Vigilante - 03/30	Transportation to Pointe Brunch - Call Activities at 3910 19 8:00 ★ Guardian Angels Catholic Church [PL] 11 8:15 ★ Shadow Mountain Church Drive [PL] 9:00 Trive [PL] 9:00 Trive [PL] 9:00 Trive [PL] 9:00 Trive [PL] 11:00 ★ Sunday Morning Church Service with Pastor Bill [CH] 11:00 ★ Sunday Champagne Brunch ~ 11:00am - 2:00pm at The Pointe [V] 12:00 ★ Weekend Fast Food Run ~ In N Out Burger [PL] 2:00 ◇ Puzzles on the 4th Floor [PL4] 3:00 ★ Arts and Crafts with Darci~ Neurographic Art: Watercolors Part 1 [MDT] 4:30 ◇ Technology Help - Bring Your Device! [PL]	9:15 ↔ Tai Chi for Beginners - 20 Instructional Video [FR] 10:15 ↔ Strengthen and Stretch with Angie [FR] 11:00 Coffee in the Sea Lounge on the 2nd Floor [TL] 11:30 Travels with Galen and Maureen [T] 1:00 Bridge Club 1:30 Strenge Club	Wall [PL] 11:30 ★ Veterans' Luncheon at The Pointe [V]	All Staff Meeting: No Doctor Appointments After 12pm 9:15 ★ Excursion to Herrick Library for Wellness Wednesday Seminar ~ Better Health Through Culinary Medicine [PL] 9:15 ↔ Tai Chi for Beginners - Instructional Video [FR] 10:30 Whack it! Smack it! Balloon Ball [FR] 11:00 Got Bocce? Bocce Ball [BBC] 1:00 S4 Bingo [MDT] 1:45 Bible Study with Pastor Mark at The Pointe [L] 3:00 Women's Wine Time [BD] 4:30 Evening Stroll [PL]	Happy Birthday Ursel Jones!! 2 9:30 ↔ Chair Bingo Exercise 10:15 ↔ Core Strength and Weights with Karl [FR] 12:30 👾 Matinee Movie: Indiar Jones and the Raiders the Lost Ark (1981) 11 45m [MDT] 1:30 ★ Cookin' Up Fun with D ~ Shamrock Oreo Sha [CDR] 3:30 ♣ Who's Best?! Crosswo Puzzle Match [PL] 4:00 ★ Culinary Action Statio The Pointe [V] 4:30 ۞ Technology Help - Bri Your Device! [PL]
Location Key PL - Plaza Lobby CDR - Catalina Dining Room MB - Miramar Bar MDT - Movie Dinner Theater BD - Bel Air Diner 50GR - 50's Game Room CH - Reflections Chapel FR - Fitness Room IPS - Indoor Pool and Spa TR - King Charles Royal Tea	Your Device! [PL] Transportation to Pointe Brunch - Call Activities at 3910 26 8:00 ★ Guardian Angels Catholic Church [PL] 8:15 ★ Shadow Mountain Church Drive [PL] 9:00 T Sunday Morning Church Service with Pastor Bill [CH] 11:00 ★ Sunday Champagne Brunch ~ 11:00am - 2:00pm at The Pointe [V] 12:00 ★ Weekend Fast Food Run ~ Janet's Cafe and Deli Carlton Oaks [PL] 2:00 ❖ Puzzles on the 4th Floor [PL4] 3:00 ★ Arts and Crafts with Darci ~ Neurographic Art: Watercolors Part 2 [MDT] 4:30 ❖ Technology Help - Bring Your Device! [PL]	Happy Birthday Dennis Tinkham 27 9:15 ↔ Tai Chi for Beginners - Instructional Video [FR] 10:15 ↔ Strengthen and Stretch with Angie [FR] 11:00 ➡ Coffee in the Sea Lounge on the 2nd Floor [TL] 1:00 ➡ Bridge Club 1:30 ➡ \$4 Bingo [MDT] 2:00 Dining Committee Meeting [V] 3:00 ♬ Learn to Line Dance! [MDT] 3:30 ↔ Wii Sports in the Fitness Studio [FR] 4:30 ↔ Evening Stroll [PL]	9:15 The St. Kieran's Communion Service [CH] 28 9:30 ↔ Indoor Water Aerobics with Peggy [IPS] 10:15 10:15 ↔ Core Strength and Weights with Karl [FR] 11:00 ■ Cornhole by the Moss Wall [PL] 1:00 ♣ Dominoes [50GR] 1:30 ♦ Table Talk and Tasty Treats with Chef Phil [BPD] 2:30 ★ April Sign-Up Frenzy [MDT] 4:30 ♦ Technology Help - Bring Your Device! [PL] 6:00 € Evening Movie: The Color Purple (1985) 2h 33m [MDT]	Instructional Video [FR] 10:30 Whack it! Smack it! Balloon Ball [FR] 11:00 ★ Excursion to Windmill Farms Community Market [PL] 11:00 ➡ Got Bocce? Bocce Ball [BBC] 1:00 ➡ \$4 Bingo [MDT] 1:45 ➡ Bible Study with Pastor Mark at The Pointe [L] 2:00 ♀ Jeopardy Trivia Game [MDT] 3:00 ♀ Together We Drink	Happy Birthday Dorothy Vigilante!! 3 Happy Birthday Margarita Huddleston!! 9:30 ↔ Chair Bingo Exercise 10:15 ↔ Core Strength and Weights with Karl [FR] 11:00 ★ High Tea Thursday [T 12:30 ✿ Matinee Movie: Inside Minds of Cats (2022) 7m [MDT] 1:30 ★ Cookin' Up Fun with D ~ Spinach Crescent R [CDR] 3:30 ♣ Who's Best?! Crosswo Puzzle Match [PL] 4:00 ★ Culinary Action Statio The Pointe [V] 4:30 ۞ Technology Help - Bri Your Device! [PL]
Room SC- Sunken Courtyard CC - Coronado Courtyard BBC - Bocce Ball Court PL4 - Puzzle Lounge/Library 2BT - 2nd Floor Balcony Terrace	Activities is always looking for resident input & suggestions for new activities, movies & outings. You can find the 'Suggestion' Box hanging on the wall located just outside of the Activities office near the Sharp Clinic.		ORWARD nge Your clocks march 12th	Doctor Drives Monday Thru Friday 9am - 3pm For Appts further than 15 Miles 9am - 1pm No Appts after 12pm on the 22nd of Each Month due to Mandatory Staff Meeting	

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			Friday			Saturday
23 [FR] R] ana rrs of 1h Darci nake rord ion at	9:15 10:00 11:00 12:30 1:00 2:00	↔ ♥ ₩	Birthday Esther Collins!! 24 Tai Chi for Beginners - Instructional Video [FR] Cardio Drumming Class Video Workout [FR] Free Friday Vitals Check with Senior Helpers [PL] Amy's Arts and Crafts: Desert Painting [MDT] Bridge Club Communi-Tea Book Club! [TR] Happier Hour with Live Music from The	10:00 11:00 11:30 12:30 2:00 3:00 4:30	* Ý 🛱 🖻 ተተተ	Chair Yoga with Heidi [FR] 25 King Tut Exhibit at Del Mar Fairgrounds ~ \$33 Friendly Bow Wow and Coffee - Dog Group Social [CC] Comedy Series Saturday: Dick Van Dyke Show [MDT] Hot Cocoa and Apple Cider Bar with Jukebox Music in the 50's Diner [BD] Scrabble with Friends [50GR] Nickel Blackjack [50GR] Puzzles on the 4th Floor [PL4] Evening Movie: Catch Me If
ring	4:30	H	Tradesmen Band [CDR] Evening Stroll [PL]	0.00	*	You Can (2002) 2h 21m [MDT]
SO (FR)	10:00	•-1	Tai Chi for Beginners - 31 Instructional Video [FR] Cardio Drumming Class Video Workout [FR] Free Friday Vitals Check with Senior Helpers [PL]	₩ ₩ ₩	BI EX FI G	RTS IRTHDAY XERCISE LM AMES APPY HOUR
Darci Roll rord ion at ring	1:00 3:00	ř.	Amy's Arts and Crafts: Monogram Mugs [MDT] Bridge Club Happier Hour with Live Music from The Blue Zone [CDR] Evening Stroll [PL]	*	IN M R S	EALTH ITELLECTUAL USIC <mark>SVP</mark> OCIAL PIRITUAL
	- .50					

