

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>April cont'd</b> <b>30</b></p> <p>9:30 Daily Chronicle and Inspirational Quotes</p> <p>10:15 <b>LOVE ON A LEASH</b></p> <p>11:00 <b>1:1 Soothing Visits</b></p> <p>1:00 <b>Activity Baskets</b></p> <p>1:30 <b>Ukulele Sing Along with Bob Arie</b></p> <p>2:30 <b>Enjoy a Movie from the "MOVIE BASKET"</b></p> <p>4:30 Sports on T.V</p>					<p><b>Maritza Aguirre</b> <b>Life Enrichment Director</b> <b>At The Ridge</b> 800 Lantern Crest Way Santee, Ca 92071 <b>Cell: (619) 495-5666</b> <b>Maritza.aguirre@lanterncrestsantee.com</b></p>	<p><b>April Fool's Day</b> <b>1</b></p> <p>9:30 Daily Chronicle and Inspirational Quotes</p> <p>10:00 <b>Stretch &amp; Strenght Exercise</b></p> <p>10:30 <b>Balloon Volleyball</b></p> <p>11:00 <b>1:1 Soothing Visits</b></p> <p>1:00 <b>Stretch with Music Instrument &amp; Essential Oils</b></p> <p>1:30 <b>Peep's Milk Shakes</b></p> <p>2:30 <b>Round Table Hat Chat</b></p> <p>4:30 Sports on T.V</p>
<p><b>Palm Sunday</b> <b>2</b></p> <p>9:30 Daily Chronicle and Inspirational Quotes</p> <p>10:15 <b>LOVE ON A LEASH</b></p> <p>11:00 <b>1:1 Soothing Visits</b></p> <p>1:00 <b>Activity Baskets</b></p> <p>1:30 <b>Ukulele Sing Along with Bob Arie</b></p> <p>2:30 <b>Enjoy a Movie from the "MOVIE BASKET"</b></p> <p>4:30 Sports on T.V</p>	<p>9:30 Daily Chronicle and Inspirational Quotes <b>3</b></p> <p>9:45 <b>Bible Study &amp; Hymns w/ Pastor Bob</b></p> <p>11:00 <b>1:1 Soothing Visits</b></p> <p>2:00 <b>Activity Baskets</b></p> <p>3:30 Exercise Your Mind with Riddles/ Activity Baskets</p> <p>4:30 Sports on T.V</p>	<p>9:30 Daily Chronicle and Inspirational Quotes <b>4</b></p> <p>10:00 <b>Beach Ball &amp; Pool Noodle Exercise Class</b></p> <p>10:30 <b>April Hangman Game in the Sunroom</b></p> <p>11:00 <b>1:1 Soothing Visits</b></p> <p>1:00 <b>Stretch with Music Instrument &amp; Essential Oils</b></p> <p>1:30 <b>Bingo Extravaganza</b></p> <p>2:30 <b>Spring Splash with Pinecone Flowers "Craft"</b></p> <p>3:30 <b>Happy Hour with "BROWN SUGAR OLDIES"</b></p> <p>4:30 Sports on T.V</p>	<p><b>Pass Over Begins</b> <b>5</b></p> <p>9:30 Daily Chronicle and Inspirational Quotes</p> <p>10:00 <b>Drum Fit Exercise</b></p> <p>10:30 <b>Cool Down &amp; Breathing Exercise</b></p> <p>11:00 <b>1:1 Soothing Visits</b></p> <p>1:00 <b>Nail Care &amp; Hand Massage</b></p> <p>1:00 <b>Stretch with Music Instrument &amp; Essential Oils</b></p> <p>2:30 <b>Memories in the Making with Diane &amp; Jessica "Spring Art"</b></p> <p>4:30 Sports on T.V</p>	<p>9:30 Daily Chronicle and Inspirational Quotes <b>6</b></p> <p>10:00 <b>Kick Ball Exercise Class</b></p> <p>10:30 News Views &amp; Horoscopes</p> <p>11:00 <b>1:1 Soothing Visits</b></p> <p>1:00 <b>Stretch with Music Instrument &amp; Essential Oils</b></p> <p>1:30 <b>Easter Bunny Petting Zoo with "Richard Edwards"</b></p> <p>2:30 <b>Color Me Calm</b></p> <p>4:30 Sports on T.V</p>	<p><b>Good Friday</b> <b>7</b></p> <p>9:30 Daily Chronicle and Inspirational Quotes</p> <p>10:00 <b>Workout &amp; Stretch</b></p> <p>10:30 <b>Courtyard Social &amp; Watering Gardening</b></p> <p>11:00 <b>1:1 Soothing Visits</b></p> <p>1:00 <b>Stretch with Music Instrument &amp; Essential Oils</b></p> <p>1:30 <b>No Sew Sock Bunny "Craft"</b></p> <p>2:30 <b>Bingo Extravaganza</b></p> <p>3:00 <b>Finish the Sentence Game</b></p> <p>4:30 Sports on T.V</p>	<p>9:30 Daily Chronicle and Inspirational Quotes <b>8</b></p> <p>10:00 <b>Stretch &amp; Strenght Exercise</b></p> <p>10:30 <b>Balloon Volleyball</b></p> <p>11:00 <b>1:1 Soothing Visits</b></p> <p>1:00 <b>Stretch with Music Instrument &amp; Essential Oils</b></p> <p>1:30 <b>Peep's Milk Shakes</b></p> <p>2:30 <b>Round Table Hat Chat</b></p> <p>4:30 Sports on T.V</p>
<p><b>Happy Easter</b> <b>9</b></p> <p>9:30 Daily Chronicle and Inspirational Quotes</p> <p>10:15 <b>LOVE ON A LEASH</b></p> <p>10:30 <b>Easter Bunny Visits</b></p> <p>11:00 <b>1:1 Soothing Visits</b></p> <p>1:00 <b>Activity Baskets</b></p> <p>1:30 <b>Ukulele Sing Along with Bob Arie</b></p> <p>2:30 <b>Enjoy a Movie from the "MOVIE BASKET"</b></p> <p>4:30 Sports on T.V</p>	<p>9:30 Daily Chronicle and Inspirational Quotes <b>10</b></p> <p>10:00 <b>Sing-along with Dan Miller</b></p> <p>11:00 <b>1:1 Soothing Visits</b></p> <p>1:00 <b>Bible Study &amp; Hymns w/ Pastor Bob</b></p> <p>2:00 <b>Activity Baskets</b></p> <p>3:30 Exercise Your Mind with Riddles/ Activity Baskets</p> <p>4:30 Sports on T.V</p>	<p>9:30 Daily Chronicle and Inspirational Quotes <b>11</b></p> <p>10:00 <b>Beach Ball &amp; Pool Noodle Exercise Class</b></p> <p>10:30 <b>April Hangman Game in the Sunroom</b></p> <p>11:00 <b>1:1 Soothing Visits</b></p> <p>1:00 <b>Stretch with Music Instrument &amp; Essential Oils</b></p> <p>1:30 <b>Bingo Extravaganza</b></p> <p>2:30 <b>Cuddly POM POM Easter Bunny "Craft"</b></p> <p>3:30 <b>Happy Hour &amp; Welcoming New Residents with "FIRST STRING BAND"</b></p> <p>4:30 Sports on T.V</p>	<p>9:30 Daily Chronicle and Inspirational Quotes <b>12</b></p> <p>10:00 <b>Drum Fit Exercise</b></p> <p>10:30 <b>Cool Down &amp; Breathing Exercise</b></p> <p>11:00 <b>1:1 Soothing Visits</b></p> <p>1:00 <b>Stretch with Music Instrument &amp; Essential Oils</b></p> <p>1:30 <b>April Special Event with "Double Take"</b></p> <p>2:30 <b>Memories in the Making with Diane &amp; Jessica "Spring Art"</b></p> <p>4:30 Sports on T.V</p>	<p>9:30 Daily Chronicle and Inspirational Quotes <b>13</b></p> <p>10:00 <b>Master Gardeners Visit with "Herbs, Plants and Flower Potting"</b></p> <p>11:00 <b>1:1 Soothing Visits</b></p> <p>1:00 <b>Stretch with Music Instrument &amp; Essential Oils</b></p> <p>1:30 <b>Cotton Bud Print Dandelions "Craft"</b></p> <p>2:30 <b>Color Me Calm</b></p> <p>4:30 Sports on T.V</p>	<p>9:30 Daily Chronicle and Inspirational Quotes <b>14</b></p> <p>10:00 <b>Workout &amp; Stretch</b></p> <p>10:30 <b>Courtyard Social &amp; Watering Gardening</b></p> <p>11:00 <b>1:1 Soothing Visits</b></p> <p>1:00 <b>Janette Alessio-Way "The History Lady" Memories that Matter "April"</b></p> <p>2:30 <b>Bingo Extravaganza</b></p> <p>3:00 <b>Finish the Sentence Game</b></p> <p>4:30 Sports on T.V</p>	<p>9:30 Daily Chronicle and Inspirational Quotes <b>15</b></p> <p>10:00 <b>Stretch &amp; Strenght Exercise</b></p> <p>10:30 <b>Balloon Volleyball</b></p> <p>11:00 <b>1:1 Soothing Visits</b></p> <p>1:00 <b>Stretch with Music Instrument &amp; Essential Oils</b></p> <p>1:30 <b>Peep's Milk Shakes</b></p> <p>2:30 <b>Round Table Hat Chat</b></p> <p>4:30 Sports on T.V</p>
<p>9:30 Daily Chronicle and Inspirational Quotes <b>16</b></p> <p>10:15 <b>LOVE ON A LEASH</b></p> <p>11:00 <b>1:1 Soothing Visits</b></p> <p>1:00 <b>Activity Baskets</b></p> <p>1:30 <b>Ukulele Sing Along with Bob Arie</b></p> <p>2:30 <b>Enjoy a Movie from the "MOVIE BASKET"</b></p> <p>3:00 <b>St. Columba Church "PROTESTANT" with Bill Bixby</b></p> <p>4:30 Sports on T.V</p>	<p>9:30 Daily Chronicle and Inspirational Quotes <b>17</b></p> <p>9:45 <b>Bible Study &amp; Hymns w/ Pastor Bob</b></p> <p>11:00 <b>1:1 Soothing Visits</b></p> <p>2:00 <b>Activity Baskets</b></p> <p>3:30 Exercise Your Mind with Riddles/ Activity Baskets</p> <p>4:30 Sports on T.V</p>	<p>9:30 Daily Chronicle and Inspirational Quotes <b>18</b></p> <p>10:00 <b>Beach Ball &amp; Pool Noodle Exercise Class</b></p> <p>10:30 <b>April Hangman Game in the Sunroom</b></p> <p>11:00 <b>1:1 Soothing Visits</b></p> <p>1:00 <b>Stretch with Music Instrument &amp; Essential Oils</b></p> <p>1:30 <b>Bingo Extravaganza</b></p> <p>2:30 <b>Sticks &amp; Tube Spring Baskets "Craft"</b></p> <p>3:30 <b>Happy Hour with "SYLVIA &amp; SALVADOR"</b></p> <p>4:30 Sports on T.V</p>	<p>9:30 Daily Chronicle and Inspirational Quotes <b>19</b></p> <p>10:00 <b>Drum Fit Exercise</b></p> <p>10:30 <b>Cool Down &amp; Breathing Exercise</b></p> <p>11:00 <b>1:1 Soothing Visits</b></p> <p>1:00 <b>Nail Care &amp; Hand Massage</b></p> <p>1:00 <b>Stretch with Music Instrument &amp; Essential Oils</b></p> <p>1:30 <b>Ice Cream Social with "Bridge Home Health &amp; Hospice"</b></p> <p>2:30 <b>Memories in the Making with Diane &amp; Jessica "Spring Art"</b></p> <p>4:30 Sports on T.V</p>	<p>9:30 Daily Chronicle and Inspirational Quotes <b>20</b></p> <p>10:00 <b>Kick Ball Exercise Class</b></p> <p>10:30 News Views &amp; Horoscopes</p> <p>11:00 <b>1:1 Soothing Visits</b></p> <p>1:00 <b>Stretch with Music Instrument &amp; Essential Oils</b></p> <p>1:30 <b>Bow Tie Pasta Spring "Craft"</b></p> <p>2:30 <b>Color Me Calm</b></p> <p>4:30 Sports on T.V</p>	<p><b>All Staff Meeting</b> <b>21</b></p> <p>9:30 Daily Chronicle and Inspirational Quotes</p> <p>10:00 <b>Workout &amp; Stretch</b></p> <p>10:30 <b>Courtyard Social &amp; Watering Gardening</b></p> <p>11:00 <b>1:1 Soothing Visits</b></p> <p>1:00 <b>Stretch with Music Instrument &amp; Essential Oils</b></p> <p>3:00 <b>Bingo Extravaganza</b></p> <p>4:30 Sports on T.V</p>	<p>9:30 Daily Chronicle and Inspirational Quotes <b>22</b></p> <p>10:00 <b>Stretch &amp; Strenght Exercise</b></p> <p>10:30 <b>Balloon Volleyball</b></p> <p>11:00 <b>1:1 Soothing Visits</b></p> <p>1:00 <b>Stretch with Music Instrument &amp; Essential Oils</b></p> <p>1:30 <b>Peep's Milk Shakes</b></p> <p>2:30 <b>Round Table Hat Chat</b></p> <p>4:30 Sports on T.V</p>
<p>9:30 Daily Chronicle and Inspirational Quotes <b>23</b></p> <p>10:15 <b>LOVE ON A LEASH</b></p> <p>11:00 <b>1:1 Soothing Visits</b></p> <p>1:00 <b>Activity Baskets</b></p> <p>1:30 <b>Ukulele Sing Along with Bob Arie</b></p> <p>2:30 <b>Enjoy a Movie from the "MOVIE BASKET"</b></p> <p>4:30 Sports on T.V</p>	<p>9:30 Daily Chronicle and Inspirational Quotes <b>24</b></p> <p>10:00 <b>Sing-along with Dan Miller</b></p> <p>11:00 <b>1:1 Soothing Visits</b></p> <p>1:00 <b>Bible Study &amp; Hymns w/ Pastor Bob</b></p> <p>2:00 <b>Activity Baskets</b></p> <p>3:30 Exercise Your Mind with Riddles/ Activity Baskets</p> <p>4:30 Sports on T.V</p>	<p>9:30 Daily Chronicle and Inspirational Quotes <b>25</b></p> <p>10:00 <b>Beach Ball &amp; Pool Noodle Exercise Class</b></p> <p>10:30 <b>April Hangman Game in the Sunroom</b></p> <p>11:00 <b>1:1 Soothing Visits</b></p> <p>1:00 <b>Stretch with Music Instrument &amp; Essential Oils</b></p> <p>1:30 <b>Bingo Extravaganza</b></p> <p>2:30 <b>Spring Decorative Paper Wreathes</b></p> <p>3:30 <b>Happy Hour &amp; Birthday Celebration with "THE SOPHISTICATS" Cakes Sponsored by "Comfort &amp; Peace"</b></p> <p>4:30 Sports on T.V</p>	<p>9:30 Daily Chronicle and Inspirational Quotes <b>26</b></p> <p>10:00 <b>Drum Fit Exercise</b></p> <p>10:30 <b>Cool Down &amp; Breathing Exercise</b></p> <p>11:00 <b>1:1 Soothing Visits</b></p> <p>1:00 <b>Nail Care &amp; Hand Massage</b></p> <p>1:00 <b>Stretch with Music Instrument &amp; Essential Oils</b></p> <p>2:30 <b>Memories in the Making with Diane &amp; Jessica "Spring Art"</b></p> <p>4:30 Sports on T.V</p>	<p>9:30 Daily Chronicle and Inspirational Quotes <b>27</b></p> <p>10:00 <b>Kick Ball Exercise Class</b></p> <p>10:30 News Views &amp; Horoscopes</p> <p>11:00 <b>1:1 Soothing Visits</b></p> <p>1:00 <b>Stretch with Music Instrument &amp; Essential Oils</b></p> <p>1:30 <b>Inspirational music with "Steve &amp; Diane"</b></p> <p>2:30 <b>Color Me Calm</b></p> <p>4:30 Sports on T.V</p>	<p>9:30 Daily Chronicle and Inspirational Quotes <b>28</b></p> <p>10:00 <b>Workout &amp; Stretch</b></p> <p>10:30 <b>Courtyard Social &amp; Watering Gardening</b></p> <p>11:00 <b>1:1 Soothing Visits</b></p> <p>1:00 <b>Stretch with Music Instrument &amp; Essential Oils</b></p> <p>1:30 <b>Beautiful Flower Suncatchers with Mason Jar Lids "Crafts"</b></p> <p>2:30 <b>Bingo Extravaganza</b></p> <p>3:00 <b>Finish the Sentence Game</b></p> <p>4:30 Sports on T.V</p>	<p>9:30 Daily Chronicle and Inspirational Quotes <b>29</b></p> <p>10:00 <b>Stretch &amp; Strenght Exercise</b></p> <p>10:30 <b>Balloon Volleyball</b></p> <p>11:00 <b>1:1 Soothing Visits</b></p> <p>1:00 <b>Stretch with Music Instrument &amp; Essential Oils</b></p> <p>1:30 <b>Finish The Unfinish Crafts</b></p> <p>1:30 <b>Peep's Milk Shakes</b></p> <p>2:30 <b>Round Table Hat Chat</b></p> <p>4:30 Sports on T.V</p>