

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>9:30 Daily Chronicle and Inspirational Quotes</p> <p>9:45 Bible Study & Hymns w/ Pastor Bob</p> <p>11:00 1:1 Soothing Visits</p> <p>2:00 Activity Baskets</p> <p>3:30 Exercise Your Mind with Riddles/ Activity Baskets</p> <p>4:30 Sports on T.V</p>	<p>9:30 Daily Chronicle and Inspirational Quotes 1</p> <p>9:45 Bible Study & Hymns w/ Pastor Bob</p> <p>11:00 1:1 Soothing Visits</p> <p>2:00 Activity Baskets</p> <p>3:30 Exercise Your Mind with Riddles/ Activity Baskets</p> <p>4:30 Sports on T.V</p>	<p>9:30 Daily Chronicle and Inspirational Quotes 2</p> <p>10:00 Beach Ball & Pool Noodle Exercise Class</p> <p>10:30 Courtyard Social & Ice Tea</p> <p>11:00 1:1 Soothing Visits</p> <p>1:00 Stretch with Music Instrument & Essential Oils</p> <p>1:30 Bingo Extravaganza</p> <p>2:30 Cardboard Gardening Water Pitcher & Paper Flowers Crafts</p> <p>3:30 Happy Hour with "BROWN SUGAR OLDIES"</p> <p>4:30 Sports on T.V</p>	<p>9:30 Daily Chronicle and Inspirational Quotes 3</p> <p>10:00 Drum Fit Exercise</p> <p>10:30 Cool Down & Breathing Exercise</p> <p>11:00 1:1 Soothing Visits</p> <p>1:00 Nail Care & Hand Massage</p> <p>1:00 Stretch with Music Instrument & Essential Oils</p> <p>2:30 Memories in the Making with Diane & Jessica</p> <p>4:30 Sports on T.V</p>	<p>9:30 Daily Chronicle and Inspirational Quotes 4</p> <p>10:00 Kick Ball Exercise Class</p> <p>10:30 News Views & Horoscopes</p> <p>11:00 1:1 Soothing Visits</p> <p>1:00 Stretch with Music Instrument & Essential Oils</p> <p>1:30 Mini Pinatas</p> <p>2:30 Color Me Calm</p> <p>4:30 Sports on T.V</p>	<p>Cinco de Mayo! 5</p> <p>9:30 Daily Chronicle and Inspirational Quotes</p> <p>10:00 Workout & Stretch</p> <p>10:30 Courtyard Social & Watering Gardening</p> <p>11:00 1:1 Soothing Visits</p> <p>1:00 Stretch with Music Instrument & Essential Oils</p> <p>1:30 The Magic of Music with Instruments</p> <p>2:00 LOVE ON A LEASH</p> <p>2:30 Cinco de Mayo Celebration with Lani!</p> <p>3:00 Finish the Sentence Game</p> <p>4:30 Sports on T.V</p>	<p>The Kentucky Derby on NBC 6</p> <p>9:30 Daily Chronicle and Inspirational Quotes</p> <p>10:00 Stretch & Strenght Exercise</p> <p>10:30 Balloon Volleyball</p> <p>11:00 1:1 Soothing Visits</p> <p>1:00 Stretch with Music Instrument & Essential Oils</p> <p>1:30 Finish The Unfinish Crafts</p> <p>1:30 Ice Cream Social</p> <p>2:30 Round Table Hat Chat</p> <p>4:30 Sports on T.V</p>
<p>9:30 Daily Chronicle and Inspirational Quotes 7</p> <p>10:15 LOVE ON A LEASH</p> <p>11:00 1:1 Soothing Visits</p> <p>1:00 Activity Baskets</p> <p>1:30 Ukulele Sing Along with Bob Arii</p> <p>2:30 Enjoy a Movie from the "MOVIE BASKET"</p> <p>4:30 Sports on T.V</p>	<p>9:30 Daily Chronicle and Inspirational Quotes 8</p> <p>10:00 Sing-along with "Dan Miller"</p> <p>11:00 1:1 Soothing Visits</p> <p>1:00 Bible Study & Hymns w/ Pastor Bob</p> <p>2:00 Activity Baskets</p> <p>3:30 Exercise Your Mind with Riddles/ Activity Baskets</p> <p>4:30 Sports on T.V</p>	<p>9:30 Daily Chronicle and Inspirational Quotes 9</p> <p>10:00 Beach Ball & Pool Noodle Exercise Class</p> <p>10:30 Courtyard Social & Ice Tea</p> <p>11:00 1:1 Soothing Visits</p> <p>1:00 Stretch with Music Instrument & Essential Oils</p> <p>1:30 Bingo Extravaganza</p> <p>2:30 Cardboard Gardening Water Pitcher & Paper Flowers Crafts</p> <p>3:30 Happy Hour with "Sylvia & Salvador"</p> <p>4:30 Sports on T.V</p>	<p>National Receptionist Day 10</p> <p>9:30 Daily Chronicle and Inspirational Quotes</p> <p>10:00 Drum Fit Exercise</p> <p>10:30 Cool Down & Breathing Exercise</p> <p>11:00 1:1 Soothing Visits</p> <p>1:00 Nail Care & Hand Massage</p> <p>1:00 Stretch with Music Instrument & Essential Oils</p> <p>2:30 Memories in the Making with Diane & Jessica</p> <p>4:30 Sports on T.V</p>	<p>9:30 Daily Chronicle and Inspirational Quotes 11</p> <p>10:00 Kick Ball Exercise Class</p> <p>10:30 News Views & Horoscopes</p> <p>11:00 1:1 Soothing Visits</p> <p>1:00 Stretch with Music Instrument & Essential Oils</p> <p>1:30 Straw Painted Flowers Art</p> <p>2:30 Color Me Calm</p> <p>4:30 Sports on T.V</p>	<p>9:30 Daily Chronicle and Inspirational Quotes 12</p> <p>10:00 Workout & Stretch</p> <p>10:30 Courtyard Social & Watering Gardening</p> <p>11:00 1:1 Soothing Visits</p> <p>1:00 Stretch with Music Instrument & Essential Oils</p> <p>1:30 Ping Pong Games</p> <p>2:30 Bingo Extravaganza</p> <p>3:00 Finish the Sentence Game</p> <p>4:30 Sports on T.V</p>	<p>9:30 Daily Chronicle and Inspirational Quotes 13</p> <p>10:00 Stretch & Strenght Exercise</p> <p>10:30 Balloon Volleyball</p> <p>11:00 1:1 Soothing Visits</p> <p>1:00 Stretch with Music Instrument & Essential Oils</p> <p>1:30 Finish The Unfinish Crafts</p> <p>1:30 Ice Cream Social</p> <p>2:30 Round Table Hat Chat</p> <p>4:30 Sports on T.V</p>
<p>Happy Mother's Day 14</p> <p>9:30 Daily Chronicle and Inspirational Quotes</p> <p>10:15 LOVE ON A LEASH</p> <p>11:00 1:1 Soothing Visits</p> <p>1:00 Activity Baskets</p> <p>1:00 Mother's Day Special Visit with "Sylvia & Tempo"</p> <p>1:30 Ukulele Sing Along with Bob Arii</p> <p>2:30 Enjoy a Movie from the "MOVIE BASKET"</p> <p>4:30 Sports on T.V</p>	<p>9:30 Daily Chronicle and Inspirational Quotes 15</p> <p>9:45 Bible Study & Hymns w/ Pastor Bob</p> <p>11:00 1:1 Soothing Visits</p> <p>2:00 Activity Baskets</p> <p>3:30 Exercise Your Mind with Riddles/ Activity Baskets</p> <p>4:30 Sports on T.V</p>	<p>9:30 Daily Chronicle and Inspirational Quotes 16</p> <p>10:00 Beach Ball & Pool Noodle Exercise Class</p> <p>10:30 Courtyard Social & Ice Tea</p> <p>11:00 1:1 Soothing Visits</p> <p>1:00 Stretch with Music Instrument & Essential Oils</p> <p>1:30 Bingo Extravaganza</p> <p>2:30 Cardboard Gardening Water Pitcher & Paper Flowers Crafts</p> <p>3:30 Happy Hour & Welcome New Residents with "FIRST STRING BAND"</p> <p>4:30 Sports on T.V</p>	<p>9:30 Daily Chronicle and Inspirational Quotes 17</p> <p>10:00 Drum Fit Exercise</p> <p>10:30 Cool Down & Breathing Exercise</p> <p>11:00 1:1 Soothing Visits</p> <p>1:00 Nail Care & Hand Massage</p> <p>1:00 Stretch with Music Instrument & Essential Oils</p> <p>1:30 Special Event with "Double Take"</p> <p>2:30 Memories in the Making with Diane & Jessica</p> <p>4:30 Sports on T.V</p>	<p>Happy Birthday Louise C. 18</p> <p>9:30 Daily Chronicle and Inspirational Quotes</p> <p>10:00 Kick Ball Exercise Class</p> <p>10:30 News Views & Horoscopes</p> <p>11:00 1:1 Soothing Visits</p> <p>1:00 Stretch with Music Instrument & Essential Oils</p> <p>1:30 Egg Carton Baby Bee Craft</p> <p>2:30 Color Me Calm</p> <p>4:30 Sports on T.V</p>	<p>Happy Birthday Timothy D. R. 19</p> <p>9:30 Daily Chronicle and Inspirational Quotes</p> <p>10:00 Workout & Stretch</p> <p>10:30 Courtyard Social & Watering Gardening</p> <p>11:00 1:1 Soothing Visits</p> <p>1:00 Stretch with Music Instrument & Essential Oils</p> <p>1:30 Ping Pong Games</p> <p>2:00 LOVE ON A LEASH</p> <p>2:30 Bingo Extravaganza</p> <p>3:00 Finish the Sentence Game</p> <p>4:30 Sports on T.V</p>	<p>Armed Forces Day! 20</p> <p>9:30 Daily Chronicle and Inspirational Quotes</p> <p>10:00 Stretch & Strenght Exercise</p> <p>10:30 Balloon Volleyball</p> <p>11:00 1:1 Soothing Visits</p> <p>1:00 Stretch with Music Instrument & Essential Oils</p> <p>1:30 Finish The Unfinish Crafts</p> <p>1:30 Ice Cream Social</p> <p>2:30 Round Table Hat Chat</p> <p>4:30 Sports on T.V</p>
<p>9:30 Daily Chronicle and Inspirational Quotes 21</p> <p>10:15 LOVE ON A LEASH</p> <p>11:00 1:1 Soothing Visits</p> <p>1:00 Activity Baskets</p> <p>1:30 Ukulele Sing Along with Bob Arii</p> <p>2:30 Enjoy a Movie from the "MOVIE BASKET"</p> <p>3:00 St. Columba Church "PROTESTANT" with Bill Bixby</p> <p>4:30 Sports on T.V</p>	<p>All Staff Meeting 22</p> <p>9:30 Daily Chronicle and Inspirational Quotes</p> <p>10:00 Sing-along with "Dan Miller"</p> <p>11:00 1:1 Soothing Visits</p> <p>1:00 Bible Study & Hymns w/ Pastor Bob</p> <p>2:00 Activity Baskets</p> <p>3:30 Exercise Your Mind with Riddles/ Activity Baskets</p> <p>4:30 Sports on T.V</p>	<p>Happy Birthday Marilyn F. 23</p> <p>9:30 Daily Chronicle and Inspirational Quotes</p> <p>10:00 Beach Ball & Pool Noodle Exercise Class</p> <p>10:30 Courtyard Social & Ice Tea</p> <p>11:00 1:1 Soothing Visits</p> <p>1:00 Stretch with Music Instrument & Essential Oils</p> <p>1:30 King Kream Ice Cream Truck "Provided By Cabrillo Hospice"</p> <p>2:30 Cardboard Gardening Water Pitcher & Paper Flowers Crafts</p> <p>3:30 Happy Hour with "SYLVIA & SALVADOR"</p> <p>4:30 Sports on T.V</p>	<p>9:30 Daily Chronicle and Inspirational Quotes 24</p> <p>10:00 Drum Fit Exercise</p> <p>10:30 Cool Down & Breathing Exercise</p> <p>11:00 1:1 Soothing Visits</p> <p>1:00 Nail Care & Hand Massage</p> <p>1:00 Stretch with Music Instrument & Essential Oils</p> <p>2:30 Memories in the Making with Diane & Jessica</p> <p>4:30 Sports on T.V</p>	<p>9:30 Daily Chronicle and Inspirational Quotes 25</p> <p>10:00 Kick Ball Exercise Class</p> <p>10:30 News Views & Horoscopes</p> <p>11:00 1:1 Soothing Visits</p> <p>1:00 Stretch with Music Instrument & Essential Oils</p> <p>1:30 Inspirational music with "Steve & Diane"</p> <p>2:30 Color Me Calm</p> <p>4:30 Sports on T.V</p>	<p>9:30 Daily Chronicle and Inspirational Quotes 26</p> <p>10:00 Workout & Stretch</p> <p>10:30 Courtyard Social & Watering Gardening</p> <p>11:00 1:1 Soothing Visits</p> <p>1:00 Stretch with Music Instrument & Essential Oils</p> <p>1:30 Ping Pong Games</p> <p>2:30 Bingo Extravaganza</p> <p>3:00 Finish the Sentence Game</p> <p>4:30 Sports on T.V</p>	<p>9:30 Daily Chronicle and Inspirational Quotes 27</p> <p>10:00 Stretch & Strenght Exercise</p> <p>10:30 Balloon Volleyball</p> <p>11:00 1:1 Soothing Visits</p> <p>1:00 Stretch with Music Instrument & Essential Oils</p> <p>1:30 Finish The Unfinish Crafts</p> <p>1:30 Ice Cream Social</p> <p>2:30 Round Table Hat Chat</p> <p>4:30 Sports on T.V</p>
<p>9:30 Daily Chronicle and Inspirational Quotes 28</p> <p>10:15 LOVE ON A LEASH</p> <p>11:00 1:1 Soothing Visits</p> <p>1:00 Activity Baskets</p> <p>1:30 Ukulele Sing Along with Bob Arii</p> <p>2:30 Enjoy a Movie from the "MOVIE BASKET"</p> <p>4:30 Sports on T.V</p>	<p>Memorial Day 29</p> <p>9:30 Daily Chronicle and Inspirational Quotes</p> <p>9:45 Bible Study & Hymns w/ Pastor Bob</p> <p>11:00 1:1 Soothing Visits</p> <p>2:00 Activity Baskets</p> <p>3:30 Exercise Your Mind with Riddles/ Activity Baskets</p> <p>4:30 Sports on T.V</p>	<p>9:30 Daily Chronicle and Inspirational Quotes 30</p> <p>10:00 Beach Ball & Pool Noodle Exercise Class</p> <p>10:30 Courtyard Social & Ice Tea</p> <p>11:00 1:1 Soothing Visits</p> <p>1:00 Stretch with Music Instrument & Essential Oils</p> <p>1:30 Bingo Extravaganza</p> <p>2:30 Cardboard Gardening Water Pitcher & Paper Flowers Crafts</p> <p>3:30 Happy Hour & Birthday Celebration with "THE SOPHISTICATS" Cakes Sponsored by "Comfort & Peace"</p> <p>4:30 Sports on T.V</p>	<p>9:30 Daily Chronicle and Inspirational Quotes 31</p> <p>10:00 Drum Fit Exercise</p> <p>10:30 Cool Down & Breathing Exercise</p> <p>11:00 1:1 Soothing Visits</p> <p>1:00 Nail Care & Hand Massage</p> <p>1:00 Stretch with Music Instrument & Essential Oils</p> <p>2:30 Memories in the Making with Diane & Jessica</p> <p>4:30 Sports on T.V</p>	<p>Resident Birthdays</p> <p>Louise C. 5/18</p> <p>Timothy D. R. 5/19</p> <p>Marilyn F. 5/23</p>	 <p><i>Happy Mother's Day</i></p>	<p>Maritza Aguirre Life Enrichment Director At The Ridge 800 Lantern Crest Way Santee, Ca 92071 Cell: (619) 495-5666 Maritza.aguirre@lanterncrestsantee.com</p>